### REVIEW

## Neurogenesis in Alzheimer's disease

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Abstract

It is widely acknowledged that neural stem cells generate new neurons through the process of neurogenesis in the adult brain. In mammals, adult neurogenesis occurs in two areas of the CNS: the subventricular zone and the subgranular zone of the dentate gyrus of the hippocampus. The newly generated cells display neuronal morphology, generate action potentials and receive functional synaptic inputs, their properties being equivalent to those of mature neurons. Alzheimer's disease (AD) is the widespread cause of dementia, and is an age-related, progressive and irreversible neurodegenerative disease that results in massive neuronal death and deterioration of cognitive functions. Here, we overview the relations between adult neurogenesis and AD, and try to analyse the controversies in the field. We also summarise recent data obtained in the triple transgenic model of AD that show time- and region-specific impairment of neurogenesis, which may account for the early changes in synaptic plasticity and cognitive impairments that develop prior to gross neurodegenerative alterations and that could underlie new rescue therapies.

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Key words: Alzheimer's disease; hippocampus; neurodegeneration; neurogenesis; plasticity; subventricular zone.

#### Neurogenesis in the CNS

In the second half of the 20th century, one of neuroscience's central tenets was the 'no new neurons' doctrine, which was subsequently challenged experimentally and overthrown. The 'no new neurons' doctrine assumed that all neurons are generated (through the process generally known as neurogenesis) exclusively during prenatal development and early postnatal life; in an adult brain, neurogenesis was considered to be absent. This doctrine was initially formulated by Santiago Ramón y Cajal, who wrote: 'Once development was ended, the fonts of growth and regeneration of the axons and dendrites dried up irrevocably. In adult centres, the nerve paths are something fixed and immutable: everything may die, nothing may be regen-

Accepted for publication 5 January 2011 Article published online 16 February 2011 erated. It is for the science of the future to change, if possible, this harsh decree' (Cajal, 1913; Gross, 2000; Colucci-D'Amato et al. 2006). In the 1960s and 1970s, however, this doctrine was reconsidered following the seminal discovery of Joseph Altman (Altman, 1962; Altman & Das, 1965), who found thymidine-H<sup>3</sup>-labelled neurons and neuroblasts in the adult rat brain. This initial observation was subsequently confirmed at the ultrastructural level in the late 1970s (Kaplan & Hinds, 1977).

Adult neurogenesis is now generally acknowledged. Numerous experiments have demonstrated that, in adulthood, neurogenesis operates mainly in two areas of the mammalian CNS, in the anterior part of the subventricular zone (SVZ) along the lateral ventricles, and in the subgranular zone (SGZ) of the dentate gyrus (DG) of the hippocampus (Cajal, 1913; Taupin & Gage, 2002; Abrous et al. 2005; Colucci-D'Amato et al. 2006). In both areas, neurogenesis progresses as a complex multi-stage process, which starts with the proliferation of neural precursors residing in the SVZ and the SGZ (Taupin & Gage, 2002; Abrous et al. 2005). These areas (also known as neurogenic niches) contain multipotent neural stem cells (NSCs; Seaberg & van der Kooy, 2002; Taupin & Gage, 2002). The NSCs that exhibit slow self-renewal produce neural progenitor cells (NPCs) with a faster dividing cell cycle, which ultimately differentiate into neurons or neuroglia; the differentiation process is regulated by numerous trophic factors (Lois & Alvarez-

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Buylla, 1993; Seaberg & van der Kooy, 2002; Abrous et al. 2005). Another important pool of neural precursor cells is represented by astrocytes residing in the germinal centres of the adult brain; these astrocytes retain the stem cell properties throughout the life span, and are involved in both neuro- and glio-genesis (see Doetsch et al. 1999; Alvarez-Buylla et al. 2001; Gotz & Huttner, 2005 and Mori et al. 2005 for review). In addition, astrocytes appear to regulate the rate of proliferation of hippocampal stem cells, and favour the generation of new neurons (Song et al. 2002).

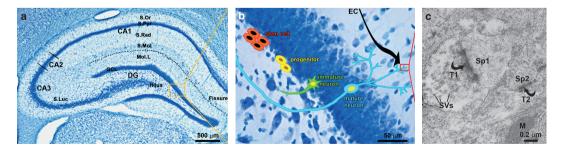
Immature neurons generated in the SVZ migrate via the rostral migratory stream to the olfactory bulb, where they differentiate into local interneurons (Lledo & Gheusi, 2003). Although many thousands of new neurons are born in the SVZ and migrate into the olfactory bulb every day, only a minority of them survive and acquire adult neuronal properties (Lois & Alvarez-Buylla, 1993; Seaberg & van der Kooy, 2002). A proportion of SVZ-derived neurons also migrate radially into neocortical areas and the hippocampal formation (Gould et al. 1999; Abrous et al. 2005). Incidentally, those cells may act as neuronal replacements after injury or disease (Brandt & Storch, 2008).

For the hippocampus, it has also been estimated that several thousands of new cells are generated in the SGZ daily (Abrous et al. 2005). However, within several days after their birth, and similarly to what happens in the SVZ, at least half of the newborn cells die (Abrous et al. 2005). The cells that remain alive differentiate mainly into DG granule neurons and survive for months, passing through several differentiation stages, and ultimately becoming immature and mature granule cells within their specific location in the DG granule cell layer (GCL; Abrous et al. 2005; Fig. 1a,b). These newly generated neurons receive synaptic inputs (Fig. 1c), extend axons along the mossy fibres tract that pass through the hilus and exhibit electrophysiological properties similar to those of mature dentate granule cells (Paterson et al. 1973; Levison & Goldman, 1993). In addition, these newly generated neurons express the full complement of ionotropic and metabotropic membrane receptors (Kempermann & Gage, 1999). From a functional point of view, CNS neurogenesis and, more specifically, hippocampal neurogenesis, play an important role in structural plasticity and network maintenance. Therefore, it is likely to contribute to information storage, as well as learning and memory processes (Paterson et al. 1973; Levison & Goldman, 1993; Kempermann & Gage, 1999; Abrous et al. 2005).

### Neurogenesis in Alzheimer's disease (AD)

Alzheimer's disease, described by the German neuropathologist Alois Alzheimer as 'Dementia Praecox' (Alzheimer, 1907) appears in both genetic (family AD) and sporadic forms. AD, the widespread cause of dementia, is characterised by progressive neurodegeneration and the appearance of specific histopathological markers represented by focal extracellular deposits of fibrillar  $\beta$ -amyloid (also called neuritic or senile plaques) in the brain parenchyma and in the wall of blood vessels, and by the intraneuronal accumulation of neurofibrillary tangles (NFT) formed as a result of the abnormal hyperphosphorylation of cytoskeletal Tau filaments (Selkoe, 2001). The initial neurodegenerative events of AD appear in the transentorhinal cortex, and subsequently spread to the entorhinal cortex and to the hippocampus. At the later stages of the disease the neurodegenerative process disseminates through the temporal, frontal and parietal lobes (Thompson et al. 2003, 2007). At these late stages the grey matter also undergoes severe atrophy manifested by a profound loss of neurons and synaptic contacts (Scheff et al. 2006).

The hippocampus is affected early in AD. As described above, the hippocampus is also one of only two neurogenic niches of the adult brain (Taupin, 2006). Therefore, the pathological process associated with AD is likely to impinge



**Fig. 1** Neurogenesis in the hippocampus: neuronal formation, maturation and connectivity. (a) Brightfield micrograph showing the anatomical divisions of the dorsal hippocampus including the DG, one of the adult brain neurogenic changes. (b) High-magnification detail of the GCL of the hippocampal DG with a schematic cartoon illustrating the different phases from putative hippocampal stem cells (in the SGZ) to mature neurons, passing by the previous stages of progenitors and immature neurons. (c) Electron micrograph illustrating the synaptic contacts established by tow axon terminals (T1–T2) onto the newly-formed neurons within the molecular layer (Mol.L) of the DG onto two neighbouring dendritic spines (SP1–SP2). DG, dentate gyrus; GCL, granule cell layer; M, mitochondria; S.Luc, stratum lucidum; S.Mol, stratum lacunosum molecular; S.Or, stratum oriens; S.Pyr, stratum pyramidale; S.Rad, stratum radiatum; SVs, synaptic vesicles.

upon neurogenesis. Impaired neurogenesis, in turn, can be relevant for the disease progression arguably being involved in the cognitive impairments linked with neurodegeneration (Haughey et al. 2002a; Seaberg & van der Kooy, 2002; Jin et al. 2004a; Chevallier et al. 2005; Lopez-Toledano & Shelanski, 2007; Verret et al. 2007; Rodríguez et al. 2008, 2009; Zhao et al. 2008).

# Neurogenesis in post mortem tissues and in animal models of AD

Alzheimer's disease, like every other form of dementia, is unique to humans; no other creature acquires AD (Toledano & Alvarez, 2004). Therefore, substantial efforts have been invested in generating relevant animal models of AD that reproduce various subsets of neuropathological, behavioural and/or biochemical alterations resembling those seen in human AD (Gotz et al. 2004; Cassel et al. 2008). The absence of a standard model makes it understandable, hence, that the data on neurogenesis arising from analysis of a post mortem AD brain (Haughey et al. 2002b; Jin et al. 2004b) as well as various transgenic mouse models of AD remain controversial.

The majority of studies performed on transgenic animals expressing the mutant amyloid precursor protein (APP) demonstrated decreased neurogenesis either in the DG or in both the DG and the SVZ (Feng et al. 2001; Haughey et al. 2002b; Wen et al. 2002; Wang et al. 2004; Donovan et al. 2006; Wolf et al. 2006; Zhang et al. 2007). However, in another study of APP<sub>swe, Ind</sub> mutant transgenic mouse, the enhanced neurogenesis linked to the presence of oligomeric A $\beta$  was described (Jin et al. 2004a; Chevallier et al. 2005; Lopez-Toledano & Shelanski, 2007). In transgenic mice expressing various mutated presenilins, enhanced as well as decreased neurogenesis was observed (Chevallier et al. 2005). Increased neurogenesis was also reported in the SVZ of young APP/presenilin 1 (PS1) mice (these animals expressed mutant APP and PS1). Similarly, an increase in neurogenesis was observed following in vivo and in vitro exposure to  $A\beta_{1-42}$  (Sotthibundhu et al. 2009). Analysis of post mortem brain tissues from humans clinically diagnosed with AD revealed a reduction in progenitors in the SVZ (Ziabreva et al. 2006), but an increase in progenitor cells in the DG (Jin et al. 2004b).

Obviously, the changes in neurogenesis associated with AD are complex and require further clarification, as all the animal models studied exhibit only a reduced profile of AD pathology; thus, it is unclear whether the observed variations in neurogenesis are dependent on genotype in these studies (Wolf et al. 2006; Herring et al. 2009). Regarding the data from post mortem human tissues, these are intrinsically controversial and/or difficult to interpret because the post mortem material as a rule reflects the late stages of the disease. In addition, artefacts and misinterpretations can arise from post mortem delay, stage of the disease and treatments provided (these factors occurring either in isolation or combined). Furthermore, the discrepancies also depend on the methods used for labelling proliferating cells. For example, doublecortin labelling is known to identify both young and immature neurons (Chevallier et al. 2005; Verret et al. 2007). This alone may alter the interpretation of the data because more than 50% of the newborn cells die (Abrous et al. 2005). Labelling with 5-bromo-2'-deoxyuridine (BrdU) also suffers from uncertainties because it may not detect a distinct proliferative state, but instead mark repaired DNA in post-mitotic neurons and/or in cells entering an abortive cell cycle (Cooper-Kuhn & Kuhn, 2002; Rakic, 2002).

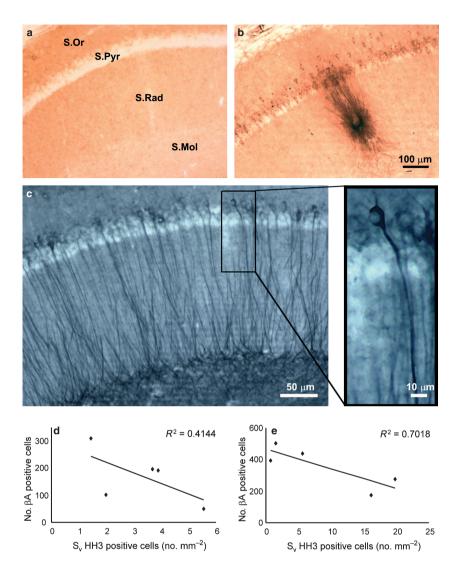
# Neurogenesis in a triple transgenic mouse model of AD

Recently the triple transgenic mice model (3xTg-AD), which harbours three mutant genes for APP<sub>Swe</sub>, for PS1<sub>M146V</sub> and for tau<sub>P301L</sub>, was developed (Oddo et al. 2003a,b). These mice show temporal and region-specific  $A\beta$  and tau pathology, which closely resembles that seen in the human AD brain (Table 1). In addition, the 3xTg-AD animals show clear functional and cognitive impairments, including reduced LTP, as well as deficient spatial, long-term and contextual memory (Oddo et al. 2003a,b). The pathological changes start in the neocortex and expand towards the hippocampus (from 6 and 12 months old, respectively, for plaques, whereas NFTs start to be detectable from 12 months old; Rodríguez et al. 2008; Fig. 2). The functional deficits precede the appearance of histological hallmarks (Oddo et al. 2003a,b) and correlate with the accumulation of intraneuronal  $A\beta$  (Carroll et al. 2007; McKee et al. 2008; Fig. 2d,e). Therefore, the 3xTg-AD model is most accurate and relevant for studying the neurogenic and other pathological and physiological changes in AD, as even if there are other double transgenic animal models, such as the Tg2576xJNPL3 (APPSWE) mouse, and even if Tg2576 and VLW mice (Lewis et al. 2001; Ribe et al. 2005) reproduce plaques and NFTs (Table 1), they fail to completely mimic disease evolution by not developing early behavioural alterations and having ectopic (spinal cord) NFTs formation (Lewis et al. 2001), by not having plagues present throughout the whole hippocampus, and by not having long-lasting spatial memory deficits except at a very advanced (over 16 months) age (Ribe et al. 2005).

In experiments on 3xTg-AD animals, we found impaired neurogenic capabilities in both the SVZ and SGZ of the hippocampal DG (Rodríguez et al. 2008, 2009). In both neurogenic niches, the SVZ and SGZ of the 3xTg-AD mice, a fair number of newly generated cells can be detected with different proliferation markers, such as BrdU, Ki67, PCNA and HH3 (Abrous et al. 2005; Rodríguez et al. 2008, 2009; Figs 3a–f and 4a,b,d). These newly-formed cells always show the distinctive characteristics of proliferating cells, being Table 1 Neuropathology in the main AD animal models.

Lesion and transgenic mouse, rat and primate models	Neuropathology	Reference
Ageing	Cholinergic involution	Sani et al. (2003)
	and amyloid deposition	Fischer et al. (1992)
		Michalek et al. (1989)
Electrolytic lesion	Neuronal death	Lescaudron and Stein (1999)
		Vale-Martinez et al. (2002)
Inspecific toxins (NMDA, ibotenic acid,	Neuronal death	Dunnett et al. (1991)
quisalic acid, quinolic acid, colchicine,		Winkler et al. (1998)
alkaloids, alcohol)		Boegman et al. (1985)
		Shaughnessy et al. (1994)
		Di Patre et al. (1989)
		Arendt (1994)
Specific toxins (AF64A, 192Ig-G saporin)	Cholinergic neuronal death	Waite et al. (1995)
	-	Chrobak et al. (1988)
		Hanin (1996)
		Wiley et al. (1991); Wiley (1992
β-Amyloid	Cholinergic dysfunction	Giovannini et al. (2002)
	5,	Pavia et al. (2000)
S1M146L	Diffused plagues	Blanchard et al. (2003)
VPP751SL	Plaques	Blanchard et al. (2003)
VPP/Ld/2	Plaques	Moechars et al. (1996)
<b>PPSwe</b>	Plaques	Eriksen and Janus (2007)
APP Swedish, 695.K670N M671L	Plaques	Sturchler-Pierrat et al. (1997)
APP751SL/ PS1M146L	Plaques	Blanchard et al. (2003)
APPSWE/PS1dE9	Plagues	Savonenko et al. (2005)
APPSwedish and PS1M146L	Plaques	Janus et al. (2000)
APP695SWE	Plaques	Hsiao et al. (1996)
APPV717F	Plagues	Dodart et al. (2000)
670N/M671L and V717F	Plaques	Janus et al. (2000)
APP Swedish, 695.K670N-M671L and	Plaques	Eriksen and Janus (2007)
Indiana V717F		
gAPPsw and PS1 M146L	Plaques	Takeuchi et al. (2000)
VPSwedish and V717F	Plagues	Chishti et al. (2001)
337M	Tangles	Tanemura et al. (2002)
R/2N	Tangles	Tatebayashi et al. (2002)
auP301L (4R,2-,3-)	Tangles	Lewis et al. (2000)
301L	Tangles	Gotz et al. (2001)
auP301L	Tangles	Arendash et al. (2004)
3015/G272V	Tangles	Schindowski et al. (2006)
3015	Tangles	Allen et al. (2002)
272V, P301L, R406W	Tangles	Eriksen and Janus (2007)
ndogenous tau knocked out	Tangles	Andorfer et al. (2003)
301L TET-off	Tangles	Ramsden et al. (2005)
TauTg	Tangles	Ishihara et al. (2001)
g2576×JNPL3 (APPSWE)	Plagues and tangles	Lewis et al. (2001)
g2576 and VLW	Plagues and tangles	Ribe et al. (2005)
xTg-AD	Plagues and tangles	Oddo et al. (2003b)
g478	None	Flood et al. (2009)
q1116	None	Flood et al. (2009)
670M/N671L	Plagues	Kloskowska et al. (2010)
g478/Tg1116	Plaques	Flood et al. (2009)

NMDA, N-methyl-D-aspartic acid; AF64A, ethylcholine mustard aziridinium ion; 192 IgG Saporin, 12 clone monoclonal antibody to the nerve growth factor receptor; APP, amyloid precursor protein; APP7515L, single transgenic mouse expressing APP751SL mutation; APP/Ld/2, single transgenic mouse expressing APP London V642I mutation; APP<sub>swe</sub>, double transgenic mouse expressing APP Swedish 695.K670N-M671L mutations; APP Swedish 695.K670N/M671L, double transgenic mouse expressing APP Swedish 695.K670N-M671L mutations; PS1<sub>M146L</sub>, single transgenic mouse expressing PS1M146L mutation; APP<sub>7515L</sub>/ PS1<sub>M146L</sub>, double transgenic mouse expressing APP751SL and PS1M146L mutations; APP<sub>5WE</sub>/PS1<sub>dE9</sub>, double transgenic mouse expressing APPswe (KM 593/594 NL) and PS1dE9 mutations; APPSwedish and PS1<sup>M146L</sup>, double transgenic mouse expressing APP swe (K595N, M596L) and PS1 (A246E) mutations; APP<sub>6955WE</sub>, double transgenic mouse expressing Swedish double mutations K670N/M671L; APP<sup>V717F</sup>, double transgenic mouse expressing Swedish and Indiana (D664A) mutations; K670N/M671L and V717F, double transgenic mouse expressing APP Swedish K670N/M671L and V717F mutations; K670N/M671L and Indiana V717F, double transgenic mouse expressing APP Swedish K670N/M671L and Indiana V717F mutations; TqAPPsw and PS1 M146L, double transgenic mouse expressing APP Swedish K670N/M671L and PS1M146L mutations; APPSwedish and V717F, double transgenic mouse expressing APP Swedish (KM670/671NL) and V717F mutations; V337M, single transgenic mouse expressing human Tau V337M mutation; 4R/2N, single transgenic mouse expressing human Tau R406W mutation; Tau<sup>P301L</sup> (4R,2-,3-), single transgenic mouse expressing tau P301L mutation; P301L, single transgenic mouse expressing tau P301L mutation; G272V, P301L, R406W, triple transgenic mouse expressing G272V, P301L and R406W mutations; Htau, mouse model with endogenous tau knocked out; P301L TET-off, single transgenic mouse model expressing P301L mutation regulated by tetracycline responsive promoters; 7TauTg, single transgenic mouse model overexpressing tau protein without L neurofilament subunit; Tg2576×JNPL3, triple transgenic mouse expressing APP Swedish (KM670/671NL), V717F and tau P301L mutations; Tq2576×VLW, triple transgenic mouse expressing APP Swedish (KM670/671NL), V717F and triple tau (G272V, P301L and R406W) mutations; 3xTg-AD, triple transgenic mouse expressing APPSwedish, PS1<sup>M146L</sup> and Tau<sup>P301L</sup>, Tg478, single transgenic rat expressing APP Swedish K670N/M671L mutation; Tg1116, single transgenic rat expressing APP V717I mutation; K670M/N671L, single transgenic rat expressing APP Swedish K670N/M671L mutation; Tg478/Tg1116, double transgenic rat expressing APP Swedish K670N/M671L and V717I mutations; Tg478/Tg1116/Tg11587, triple transgenic rat expressing APP Swedish K670N/M671L, V717I and PS-1 M146V mutations.

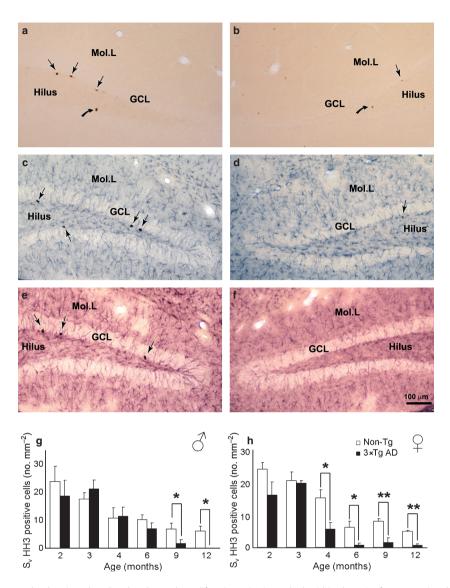


**Fig. 2** Brightfield micrographs showing the presence of  $\beta$ -amyloid within the pyramidal neurons of CA1 as well as the presence of a plaque in 12 months 3xTg-AD mice (b) compared with a non-Tg control animal (a). (c) We can see the accumulation phosphorylated Tau within the CA1 of 3xTg-AD mice. (d,e) Linear correlations between the mean number of cells containing  $\beta$ -amyloid in the hippocampal CA1 and the mean area density of HH3-positive cells in the GCL of the DG of male (d) and female (e) 3xTg-AD mice. S.Mol, stratum lacunosum molecular; S.Or, stratum oriens; S.Pyr, stratum pyramidale; S.Rad, stratum radiatum. Modified from Rodríguez et al. (2008) with permission.

mainly localized in the inferior part of the GCL and demonstrating typical morphology such as irregular shape and small size (Figs 1b, 3a–f and 4a,b,d). Sometimes they tend to appear close together and/or form clusters (Abrous et al. 2005; Rodríguez et al. 2008, 2009), which rarely co-localize with glial fibrillary acidic protein (GFAP; the main glial cytoskeletal component; < 5%; Rodríguez et al. 2008, 2009; Figs 3c–f and 4d).

In the GCL of the hippocampal DG of 3xTg-AD mice (as in normal aging; Kuhn et al. 1997; Abrous et al. 2005), the rate of neurogenesis starts to decrease from the age of 6 months (over 50% reduction when compared with early ages such as 2 months) and decreases further at later ages (Fig. 3g,h), affecting more females than males (Rodríguez et al. 2008). The age-dependent decrease in neurogenesis, however, is much more prominent in the 3xTg-AD mice when compared with the controls. From 9 to 12 months old, both genders retained very little capacity of forming new cells within the GCL; in non-Tg control animals the neurogenic levels that account approximately for a 20–35% of the young age levels were still preserved (Fig. 3g,h). A significant decrease in neurogenesis was also observed in the SVZ during normal aging, but at a lower level ranging between 19% and 31% (Rodríguez et al. 2009; Fig. 4a–c). The 3xTg-AD when compared with normal animals presented a further 40% decrease (Fig. 4c), that appears as early as 3 months old, and is sustained through later ages (Rodríguez et al. 2009).

Our results are in agreement with the majority of data obtained from APP mutant animals (Feng et al. 2001;



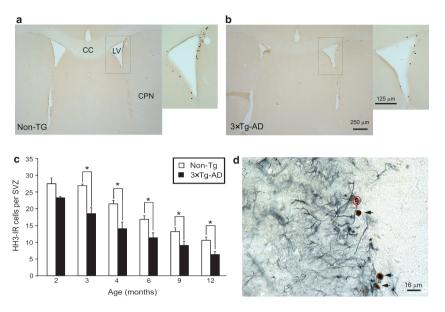
**Fig. 3** (a–d) Photomicrographs showing phosphorylated HH3 (a proliferating mitotic marker) within the DG of non-Tg mice. (a,b) Single labelling of HH3-positive cells (arrows) in the DG of 2 (a) and 12 months (b) non-Tg mice. (c,d) Dual labelling of HH3-positive cells (arrows) and glial cells (GFAP, blue) in the DG of 2 (c) and 12 months (d) non-Tg mice. Brightfield micrographs showing HH3-labelled cells within the DG of 3xTg-AD. (e,f) Dual labelling of HH3-positive cells (arrows) and glial cells (GFAP, red) in the DG of 2 (e) and 12 months (f) 3xTg-AD mice. (g,h) Bar graphs showing the mean area density HH3-labelled cells within the GCL of the dorsal DG of both 3xTg-AD and control non-Tg-AD mice males (g) and females (h). Asterisks indicate a significant difference in the means. GCL, granule cell layer; Mol.L, molecular layer. Modified from Rodríguez et al. (2008) with permission.

Haughey et al. 2002b; Wen et al. 2002; Wang et al. 2004; Donovan et al. 2006; Wolf et al. 2006; Zhang et al. 2007), and have recently been confirmed and expanded by showing a generalised decrease not only in proliferating cells but also in early neuronal progenitors and neuroblasts (Hamilton et al. 2010). All in all, these data suggest that the process of impaired neuronal proliferation and/or its deregulation can be not only a consequence of the disease but may represent a cause for the cognitive alterations associated with AD.

Studies in the 3xTg-AD model also demonstrated that female mice are affected earlier than males (4 vs. 9 months old; Fig. 3g,h; Rodríguez et al. 2008). These findings are not

only in line with the recently reported sexual dimorphism observed in cognitive performances (Clinton et al. 2007), but also correlate to the well-known fact that AD affects women earlier and with more severity than men (Baum, 2005; Webber et al. 2005). Several lines of evidence suggest that this difference, even with a potential similar disruption mechanism, might be exacerbated by the circulating levels of oestrogens (Manly et al. 2000; Baum, 2005; Webber et al. 2005) as a result of the endocrine status (Galea et al. 2006).

However, the exact mechanism by which neurogenesis is affected during the progression of AD needs to be fully understood and ultimately discovered. Recent evidence



**Fig. 4** Brightfield micrographs showing phosphorylated HH3 (a proliferating mitotic marker) within the SVZ of both non-Tg and 3xTg-AD mice. (a,b) Single labelling of HH3-positive cells in the SVZ of 3 months non-Tg (a) and 3 months 3xTg-AD mice (b). (c) Bar graphs showing the mean area density of HH3-labelled cells within the SVZ of both control non-Tg and 3xTg-AD mice. Asterisks indicate a significant difference in the means. (d) Photomicrograph showing one of the few examples of co-localisation (marked by red circle) of HH3-positive cells (arrows) and glial cells (GFAP, blue/black; asterisks) in the SVZ of a 6 months non-Tg mouse, as the majority of proliferating cells did not have glial phenotype. CC, corpus callosum; CPU, caudate putamen nucleus; LV, lateral ventricles; SVZ, subventricular zone. Modified from Rodríguez et al. (2009) with permission.

indicates several potential systems as shown in the APP and in the 3xTg-AD models (Crews & Masliah, 2010; Crews et al. 2010; Hamilton et al. 2010). The potential mechanisms include the following. (i) Abnormal activation of the p35 cyclin-dependent kinase-5 (CDK5), which becomes hyperactive during the progression of AD as a result of  $A\beta$  accumulation and plaque formation. Abnormal activity of CDK5 may cause physiological alterations in NPCs, impair or even arrest neuroblast migration, and trigger aberrant synaptic plasticity (Ohshima et al. 1996; Chae et al. 1997; Fischer et al. 2005; Johansson et al. 2005; Hirota et al. 2007; Jessberger et al. 2008; Lagace et al. 2008; Crews & Masliah, 2010). (ii) Altered metabolism in NPCs as shown by abnormal accumulation of lipid droplets in the SVZ, which is directly linked with the ApoE4 risk genetic factor (Hamilton et al. 2010). (iii) Parallel abnormal Tau hyperphosphorylation in adjacent SVZ striatal neurons and in DG hilar neurons, which may impair the maturation and network connectivity of newlyformed cells (Kippin et al. 2005; Tozuka et al. 2005; Ge et al. 2006, 2007; Liu et al. 2006; Hamilton et al. 2010).

# Neurogenesis modulation: a potential therapeutic approach to AD

The changes in the neurogenesis observed during the initial stages and progression of AD suggest that a potential enhancement and/or potentiation of the new production of neurons in neurogenic sites may represent a valid thera-

peutic strategy to halt and/or delay the cognitive and mnesic alterations associated with the disease. Therefore, interventions preserving neurogenesis could be helpful. For example, increased physical/cognitive activity is associated with reduced risk of AD (Wang et al. 2002; Benedetti et al. 2008). Longitudinal studies suggest that regular physical activity and a higher educational level may help prevent the development of dementia (Costa et al. 2007; Mohajeri & Leuba, 2009). Voluntary running (RUN) and environmental enrichment (ENR) housing environments in rodents have been used to reproduce the physical and cognitive 'active' lifestyle in humans (Cracchiolo et al. 2007; Wood et al. 2010). Exposure to either RUN or ENR enhanced memory in normal rodents (Nilsson et al. 1999; van Praag et al. 1999; Kempermann et al. 2002), and in neuropathologically incomplete transgenic mouse models of AD (Adlard et al. 2005; Lazarov et al. 2005; Costa et al. 2007; Nichol et al. 2007, 2009), as well as increasing hippocampal neurogenesis (Wen et al. 2004; Lazarov et al. 2005; Wolf et al. 2006; Catlow et al. 2009; Herring et al. 2009). Furthermore, we have recently demonstrated that in the 3xTg-AD mice, environmental enrichment (6 month exposure) not only increased the neurogenesis rate, but in fact recovered it to the normal values observed in age-matched controls at 9 months old (J.J. Rodríguez, H.N. Noristani, M. Olabarria, J. Fletcher, T.D.D. Somerville, C.Y. Yeh, A. Verkhratsky, submitted).

Treatments with antidepressants and 5-HT receptor agonists also have been shown to increase neurogenesis rate and brain-derived neurotrophic factor production, which in parallel increased the survival of the newly-formed neurons (Santarelli et al. 2003). This 5-HT facilitation of neurogenesis agrees with our recent findings of serotonin fibre sprouting at late ages (12–18 months) when neurogenesis in the 3xTg-AD model is almost absent (Noristani et al. 2010). Finally, there is preliminary evidence of neurosphere neuroprotection increase in neuronal survival, which can directly affect neurons in the newborn through an immunomodulatory mechanism (Pluchino et al. 2005).

### Conclusions

Here we provide compelling evidence for the impairment of cell proliferation and neurogenesis in both neurogenic niches of the adult brain, the SVZ and the SGZ of the hippocampal DG, during the progression of AD. Both neurogenic areas are involved in the supply of new neurons to the neocortex and hippocampus, two of the brain regions primarily affected by AD (Haughey et al. 2002a; Brandt & Storch, 2008; Sotthibundhu et al. 2009). The degree of impaired neurogenesis increases with age, and is more pronounced in females. This latter finding is in agreement with the disease prevalence and appears early in the SVZ suggesting a differential effect on neurogenic regions, which can be a reflection of the different role and final circuit incorporation of the newly-formed cells (neocortex vs. hippocampus). Without doubt, the regulation of endogenous neurogenesis is a major target in the development of future treatments for neurodegenerative disorders, including AD. Although these neurogenic therapies theoretically have the potential to halt or even reverse cognitive decline, further understanding of the factors regulating neurogenesis in AD may prove invaluable for the development of these future treatments.

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