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## Cyclooxygenase-2 Signaling in Vocal Fold Fibroblasts

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### Abstract

**Objectives/Hypothesis**—Inflammation and its role in a coordinated fibroplastic response, which disrupts the structure of the vocal folds following injury, is critical. Cyclooxygenase-2 (COX-2) is an important enzyme involved in both inflammation and fibrosis; in addition, it is a prime target for therapeutic intervention. We sought to study this pathway in vocal fold fibroblasts to provide a foundation for future interventional studies.

**Study Design**—In vitro.

**Methods**—Human vocal fold fibroblasts were incubated with IL-1 $\beta$  to determine the effects on COX-2 signaling, along with upstream regulatory mechanisms and downstream mediators of wound healing. In vitro methods to assess mRNA expression, as well as intracellular and secreted protein (sodium dodecyl sulfate polyacrylamide gel electrophoresis and enzyme-linked immunosorbent assay) were employed.

**Results**—IL-1 $\beta$  regulation of COX-2 mRNA and protein levels was dose and time dependent and IL-1 $\beta$  altered PGE<sub>2</sub> metabolism, via regulation of both synthetic and degradative enzymes. IL-1 $\beta$  increased nuclear factor (NF)- $\kappa$ B activation and nuclear translocation. Inhibition of the p50 and p65 subunits of NF- $\kappa$ B decreased IL-1 $\beta$ -induced COX-2 transcription. IL-1 $\beta$  also altered mRNA expression of four cell-surface prostaglandin receptors.

**Conclusions**—Inflammation and fibrosis are important in the vocal fold pathophysiologic response to injury. Our data suggest that COX-2 and PGE<sub>2</sub> are inducible in human vocal fold fibroblasts, and this response appears to be NF- $\kappa$ B-dependent. We purport this fundamental investigation will lead to increased insight regarding injury and repair in the vocal folds, with the ultimate goal of developing novel clinical care paradigms.

### Keywords

Vocal fold; inflammation; cyclooxygenase; prostaglandin; NF- $\kappa$ B

## INTRODUCTION

Inflammation and its putative role in the coordination of a fibrotic response following injury is important in many organ systems. Given that disruption to the structure of the vocal folds

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is accompanied by potentially significant dysphonia,<sup>1</sup> insight into the pathophysiology underlying fibrosis might be particularly relevant. However, understanding of the specific biochemical and regulatory mechanisms underlying vocal fold injury and repair are only recently evolving. Cyclooxygenase (COX)-2 is an interesting enzyme given that its main downstream product, prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) has been shown to regulate both inflammatory and fibroplastic processes during tissue repair.<sup>2,3</sup> This pathway is activated by various inflammatory mediators including interleukin (IL)-1 $\beta$ , and both COX-2 and IL-1 $\beta$  have been implicated in vocal fold injury. Our laboratory and others have previously described increased IL-1 $\beta$  in both surgical and phonotraumatic injury in human and animal models.<sup>4,5</sup> In addition, increased COX-2 expression has been documented in phonotraumatic vocal fold lesions.<sup>6</sup>

In the skin, COX-2 expression and PGE<sub>2</sub> production in the wound bed increase in the transition from scarless to a fibrotic healing phenotype,<sup>3</sup> and in cases of impaired PGE<sub>2</sub> signaling, wound healing is altered.<sup>7-14</sup> In contrast, during early embryonic development, tissue repair is characterized by a limited inflammatory response due to the lack of inflammatory lineages. In humans, injury prior to the onset of the third trimester typically results in scarless healing.<sup>15</sup> In addition, the oral mucosa is less prone to scar formation, which correlates with a diminished inflammatory profile,<sup>16</sup> and anecdotal evidence suggests that the inflammatory response decreases with advancing age accompanied by reduced scarring.<sup>17</sup> These phenomena have been confirmed in various animal models. For example, the temporal dynamics of healing in the PU.1 knockout model, missing several leukocytic lineages including mast cells, neutrophils, and macrophages, are similar to wild-type. However, these animals heal with significantly reduced scarring.<sup>18</sup> Given that vocal fold fibrosis continues to perplex clinicians, perhaps the ideal therapeutic strategy is to avoid it through modulation of the inflammatory response.

Also of particular relevance to COX-2 and PGE<sub>2</sub> signaling is that the regulatory effects of PGE<sub>2</sub> appear to be organ specific. Baseline PGE<sub>2</sub> concentrations are substantially higher in the lung compared to other tissues, and it is hypothesized that PGE<sub>2</sub> acts to limit the immune-inflammatory response and facilitate a more regenerative model of healing.<sup>19</sup> Furthermore, increased bleomycin-induced pulmonary fibrosis was observed in COX-2 deficient mice,<sup>20</sup> suggesting the potential that the lung is a privileged site for PGE<sub>2</sub>.<sup>19</sup> Given the anatomical proximity of the larynx to the lung, insight regarding COX-2 and PGE<sub>2</sub> is critically important in the development of novel clinical care paradigms. Our laboratory previously observed PGE<sub>2</sub> to have a bimodal expression pattern with peak expression in the acute inflammatory phase and then increased concentrations approximately 1 to 2 weeks following injury.<sup>4</sup> This pattern of expression is likely related to the complex nature of the PGE<sub>2</sub> interactions with mesenchymal cells.

With regard to PGE<sub>2</sub> metabolism, PGE<sub>2</sub> synthases (PGES) convert PGH<sub>2</sub> into PGE<sub>2</sub>.<sup>21</sup> PGE<sub>2</sub> acts through four E-prostanoid receptors coupled to G-proteins and calcium and cyclic adenosine monophosphate cAMP signaling.<sup>22-27</sup> PGE<sub>2</sub> inactivation occurs primarily via enzymatic oxidation by 15-hydroxy prostaglandin dehydrogenase (15-PGDH).<sup>28</sup> Upstream, regulation of COX-2 appears to be nuclear factor (NF)- $\kappa$ B-dependent in many cases. Mammalian NF- $\kappa$ B is made up of multiple subunits, including p65 (RelA) and p50. These complexes remain inactive and sequestered in the cytoplasm through binding to the inhibitor of NF- $\kappa$ B (I $\kappa$ B) family of proteins. Activation of this pathway is mediated via I $\kappa$ B kinases that induce phosphorylation and degradation of I $\kappa$ B proteins. This activated complex then translocates to the nucleus where it binds to specific DNA sequences ( $\kappa$ B sites) to regulate transcription of multiple genes, including COX-2.<sup>29</sup>

We hypothesize that increased insight into the inflammatory response in vocal fold fibroblasts, and furthermore the relationship between inflammatory events and the fibrotic fibroblast phenotype, will eventually lead to improved therapeutic strategies for this challenging patient population. We sought to describe this signaling pathway, acknowledging that altering various components of the cascade might lead to less favorable outcomes, similar to the lower airway. In the current study, we sought to describe the regulatory effects of IL-1 $\beta$  on COX-2 signaling in an immortalized human vocal fold fibroblast cell line, with the goal providing a foundation for future, intervention studies.

## MATERIALS AND METHODS

### Cell Model and Reagents

The HVOX human vocal fold fibroblast cell line was used in the current series of experiments.<sup>30</sup> IL-1 $\beta$  was purchased from Sigma-Aldrich (St. Louis, MO). Specific inhibitors to the p50 (NK- $\kappa$ B p50 NLS inhibitory peptide) and p65 (NF- $\kappa$ B p65 Ser529/536 inhibitory peptide) subunits of NF- $\kappa$ B were purchased from Imgenex (San Diego, CA).

### Reverse Transcriptase-Polymerase Chain Reaction

Total cellular RNA was isolated from HVOX, reverse transcribed, and amplified utilizing the OneStep RT-PCR Kit (Qiagen Inc., Santa Clara, CA) following the manufacturer's protocol. Briefly, 13.0  $\mu$ L of OneStep PCR Mix was added to 10 ng RNA with 2.0  $\mu$ L of each primer, incubated at 37°C for 1 hour, heated to 95°C for 6 minutes, and then subjected to 28 cycles of 30 seconds at 37°C, 30 seconds at 60°C, and 1 minute at 72°C. Polymerase chain reaction products were electrophoresed on a 1.5% agarose gel containing ethidium bromide. All experiments were performed in triplicate. Photographs of the resulting gel electrophoreses were subjected to image analysis using ImageJ (National Institutes of Health, Bethesda, MD) and standardized to  $\beta$ -actin, run concurrently with the same samples.

### Western Blots

Cells were lysed with M-PER (Mammalian Protein Extraction Solution; Pierce, Rockford, IL). Equivalent amounts of proteins were separated by 7.5% sodium dodecyl sulfate polyacrylamide gel electrophoresis gel and transferred to nitrocellulose membranes (Whatman, Kent, United Kingdom). The membranes were blocked overnight in 5% nonfat milk, and after rinsing, incubated at room temperature for 1 hour with the primary antibodies against COX-2 (1:10,000) (Santa Cruz Biotechnology, Inc., Santa Cruz, CA). After washing, blots were subsequently incubated for 1 hour at room temperature with horseradish peroxidase-labelled secondary antibody (Bio-Rad Western Blot Kit; Bio-Rad Laboratories, Hercules, CA). The Bio-Rad Western Blot Kit was then utilized according to the manufacturer's recommended protocol to detect specifically labeled bands.

### Enzyme-Linked Immunoassay

PGE<sub>2</sub> synthesis was assayed via a commercially-available enzyme-linked immunoassay (ELISA) kit (R&D Systems, Minneapolis, MN). Concentrations were standardized to total cellular protein.

### NF- $\kappa$ B Activation and Nuclear Translocation

Activated nuclear NF- $\kappa$ B in HVOX cells 1 hour following treatment with IL-1 $\beta$  was assayed using commercially available ELISAs for both the p50 and p65 subunits (Active Motif, Carlsbad, CA). Nuclear/cytoplasm fractionation was performed via a commercially available kit (Active Motif).

## Statistical Analyses

One-way analyses of variance were performed using SPSS version 12.0 (SPSS Inc., Chicago, IL). Pending a significant main effect at  $P = .05$ , post hoc comparisons were employed using the Tukey method.

## RESULTS

### IL-1 $\beta$ Induced COX-2 Transcription, Steady State Protein Levels, and PGE<sub>2</sub> Synthesis

As shown in Figure 1A and 1B, IL-1 $\beta$  increased COX-2 mRNA expression as early as 1 hour ( $P < .001$ ) and expression continued to increase through 4 hours in a dose-dependent fashion ( $P = .002$ ). Steady state COX-2 protein levels increased as early as 6 hours following IL-1 $\beta$  treatment (Fig. 1C, representative gel). Following 24 hours of IL-1 $\beta$  treatment, PGE<sub>2</sub> secretion into the supernatant increased in a dose-dependent manner (Fig. 1D;  $P < .001$ ).

### IL-1 $\beta$ Regulated P50 and P65 Transcription, Activation, and Nuclear Translocation

One hour of IL-1 $\beta$  treatment increased both p50 and p65 subunit mRNA expression modestly (Fig. 2A). The ratio of nuclear to cytoplasmic-activated p50 and p65 subunits was calculated based on ELISA data to quantify NF- $\kappa$ B activation. At baseline, the nuclear to cytoplasmic ratios of both p50 and p65 were  $<1$  (i.e., increased concentrations in the cytoplasm compared to the nucleus). As shown in Figure 2B, within 1 hour of IL-1 $\beta$  treatment, nuclear translocation of both subunits was observed with ratios of approximately 1.5 to 2.5 for both subunits ( $P < .001$ ; control versus IL-1 $\beta$  treatment). No significant dose response was observed for either subunit.

### IL-1 $\beta$ -Induced COX-2 Expression is NF- $\kappa$ B Dependent

We sought to determine the effects of inhibiting the p50 and p65 subunits both separately and in combination to confirm the regulatory role of these proteins in IL-1 $\beta$ -induced COX-2 mRNA expression. As proof of principle, we investigated the effect of these inhibitors on NF- $\kappa$ B activation as determined by ELISA of the cytoplasmic and nuclear fractions. As shown in Figure 3A, these inhibitors diminished the inherent NF- $\kappa$ B response to IL-1 $\beta$ , back to baseline. Interestingly, as shown in Figure 3B, the p50 inhibitor alone increased baseline COX-2 mRNA expression, and when the cells were cotreated with the p50 inhibitor and IL-1 $\beta$ , COX-2 mRNA expression increased when compared to IL-1 $\beta$  treatment alone. In contrast, the p65 inhibitor had no effect on basal COX-2 mRNA expression and yielded a moderate decrease in IL-1 $\beta$ -induced COX-2 expression. However, when used in combination, the p50 and p65 inhibitors completely abrogated IL-1 $\beta$ -induced COX-2 mRNA expression.

### IL-1 $\beta$ Regulates the PGE<sub>2</sub> Synthetic and Degradative Enzymes

Next, we sought to investigate the effects of IL-1 $\beta$  on the synthetic and degradative enzymes associated with PGE<sub>2</sub> metabolism. As shown in Figure 4, IL-1 $\beta$  increased mPGES-1 mRNA in a time- and dose-dependent manner at 1 hour and 4 hours (Fig. 4A;  $P = .017$  and  $P = .001$ , respectively). IL-1 $\beta$  decreased 15-PGDH mRNA expression in HVOX cells (Fig. 4B, representative gel), but this effect was not observed until 24 hours.

### Vocal Fold Fibroblasts Express the Four EP Receptors, and mRNA Expression of These Receptors Is Regulated by IL-1 $\beta$

Given that PGE<sub>2</sub> signaling is likely both paracrine and autocrine, we sought to describe the EP receptor response to IL-1 $\beta$ . As shown in Figure 5 (representative gel), HVOX express all

four EP receptors. Receptor mRNA levels increased in a dose-dependent manner in response to IL-1 $\beta$ . This response was consistent across all four receptors.

## DISCUSSION

During early embryonic development, tissue repair is rapid and results in recapitulation of the uninjured tissue. This response is characterized by a limited inflammatory response due to the lack of inflammatory lineages.<sup>15</sup> To date, this link between inflammation and fibrosis has not been exploited therapeutically for vocal fold injury. We hypothesize that modulation of the acute, inflammatory response following vocal fold injury might lead to improved long-term histological and functional outcomes. Specifically, we hypothesize that COX-2 expression and PGE<sub>2</sub> production in the wound bed increase in the transition from scarless to a fibrotic healing phenotype as has been described in the skin.<sup>3</sup> Our laboratory and others have provided cursory information regarding the acute response to surgical injury implicating both COX-2 and PGE<sub>2</sub> in vocal fold injury and repair.<sup>6,32</sup> Systemic COX-2 inhibition has been shown to effectively limit fibrosis in multiple tissues, including the kidney, ureter, and heart.<sup>32-35</sup> In addition, topical COX-2 inhibition has been shown to diminish cutaneous fibrosis.<sup>36</sup> However, as mentioned previously, COX-2 inhibition in the lung is in fact profibrotic, and therefore a suboptimal therapeutic option.

As such, we sought to describe the fundamental COX-2 and PGE<sub>2</sub> signaling machinery in our human vocal fold fibroblast cell line. IL-1 $\beta$ , a prototypic proinflammatory mediator implicated in vocal fold injury,<sup>4,38,39</sup> induced COX-2 mRNA and protein levels in a dose- and time-dependent manner. Transcription of COX-2 appears to be NF- $\kappa$ B dependent, as inhibition of both the p50 and p65 subunits of NF- $\kappa$ B attenuates IL-1 $\beta$ -induced COX-2 transcription. However, our finding that the inhibition of the p50 subunit in isolation does not in fact limit transcription is confounding, as these subunits are known to both homo- and heterodimerize,<sup>39</sup> and inhibition of either of the subunits should effectively inhibit transcription. One might speculate the COX-2 transcription is therefore highly dependent on the p65 subunit as has been previously described in endothelial cells, for example.<sup>40</sup> This phenomena warrants future investigation. In addition, this observation might also suggest the potential for alternative signaling pathways mediating COX-2 metabolism in vocal fold fibroblasts as described in synoviocytes, for example. In these cells, stress proteins were actually shown to block NF- $\kappa$ B activation, and transcription of multiple proinflammatory genes was mediated via map kinase.<sup>41</sup>

In our cells, IL-1 $\beta$  regulated PGE<sub>2</sub> metabolism via increased transcription of the major synthetic enzyme (mPGES-1) as well as decreased expression of the degradative enzyme 15-PGDH. Similar to other cell lines, PGE<sub>2</sub> signaling in vocal fold fibroblasts appears to be both autocrine and paracrine as IL-1 $\beta$  increased PGE<sub>2</sub> production, limited PGE<sub>2</sub> degradation, and altered the expression profile of the four cell surface prostaglandin receptors. Beyond insight regarding fundamental signaling pathways in human vocal fold fibroblasts, it is hypothesized that this type of investigation might eventually provide a platform for advances in clinical care paradigms.

## CONCLUSION

Fundamental investigation regarding cell behavior in the context of vocal fold injury and repair might hold the potential to ultimately lead to physiologically sound pharmacological therapies for many patients with voice disorders. Our data suggest that COX-2 and its lipid mediator byproduct, PGE<sub>2</sub> are inducible in human vocal fold fibroblasts, and induction of this enzyme appears to be NF- $\kappa$ B dependent. COX-2 has been shown to be a viable therapeutic target for several models of injury and repair; pharmacological agents with a

direct impact on COX-2 signaling are readily available. We hypothesize that this pathway might prove useful as a means to limit the inflammatory response following vocal fold injury, and therefore facilitate a more regenerative model of vocal fold repair.

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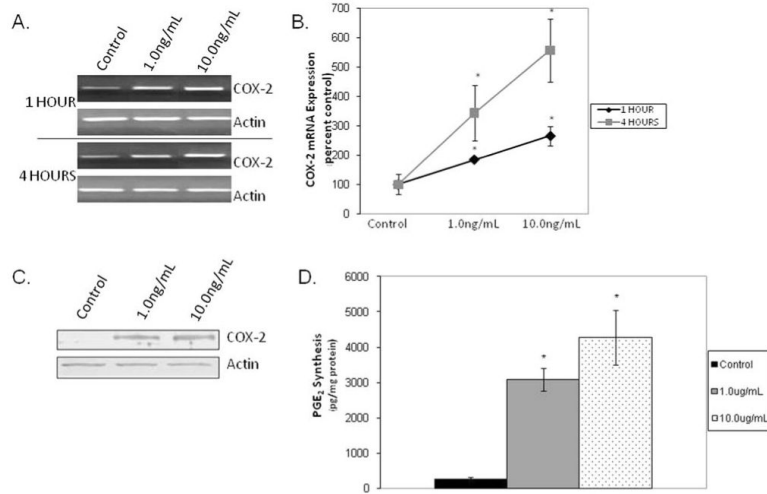
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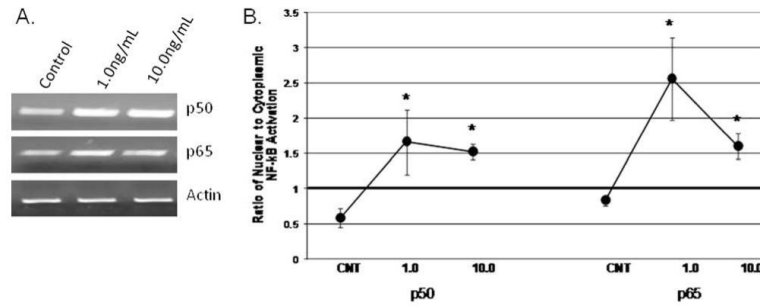
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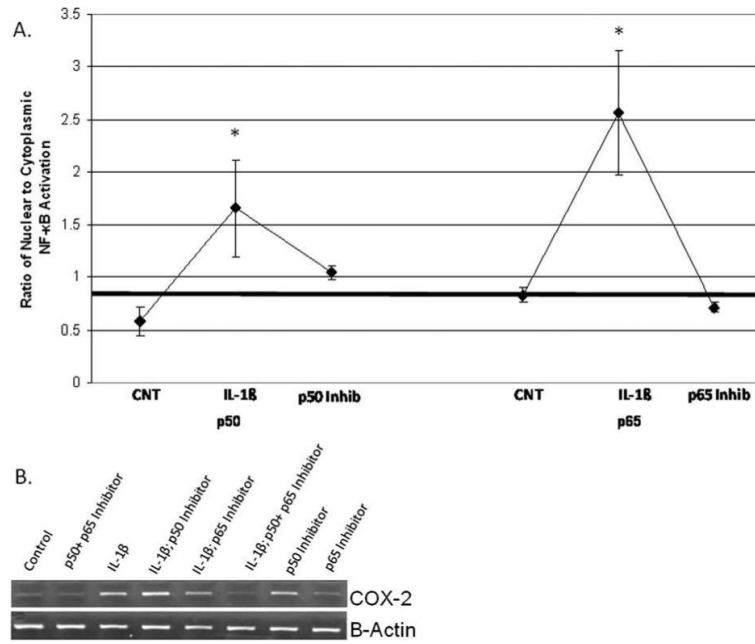




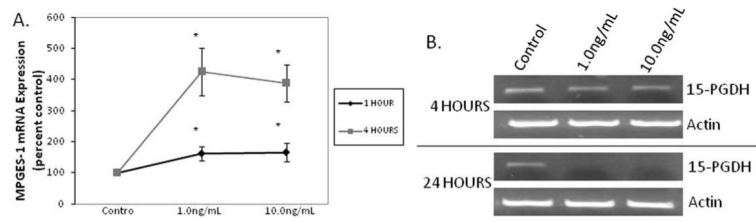
**Fig. 1.** Interleukin (IL)-1 $\beta$ -induced cyclooxygenase-2 (COX-2) mRNA expression at 1 and 4 hours was dose and time dependent; (A) representative gel and (B) densitometric analyses;  $n = 3$ . IL-1 $\beta$  increased steady state COX-2 protein levels as early as 6 hours; (C) representative gel; as well as (D) prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) synthesis at 24 hours ( $n = 3$ ; \* $P < .05$ ).



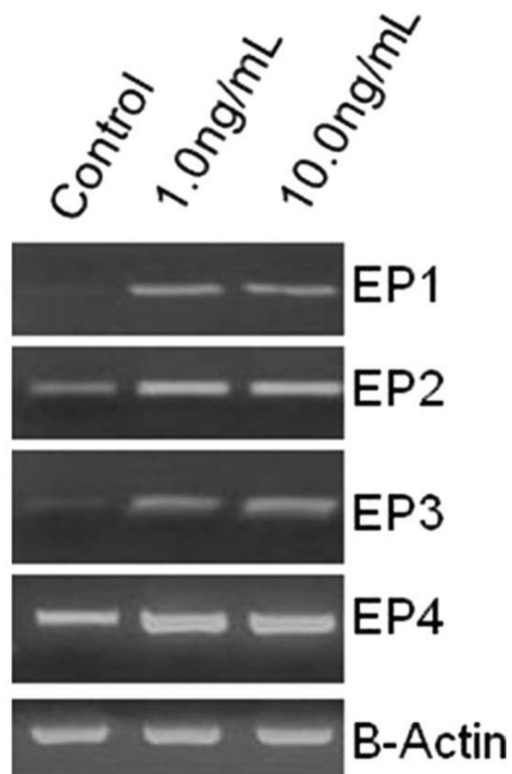
**Fig. 2.** Interleukin (IL)-1 $\beta$  treatment for 1 hour increased transcription of the p50 and p65 subunits of nuclear factor (NF)- $\kappa$ B (A) (representative gel) and (B) increased nuclear translocation of both subunits (n = 3; \* $P$  < .05) at 1 hour.



**Fig. 3.** Pretreatment (2 hours) with inhibitors of the p50 and p65 subunits of nuclear factor (NF)- $\kappa$ B decreased interleukin (IL)-1 $\beta$ -induced nuclear translocation of each subunit (A) ( $n = 3$ ). Inhibition of the p50 and p65 subunits individually had no effect on IL-1 $\beta$ -induced cyclooxygenase-2 (COX-2) mRNA expression. (B) Combined inhibition of both subunits abrogated this effect (representative gel).



**Fig. 4.** Interleukin (IL)-1 $\beta$  increased mPGES-1 mRNA expression in a dose- and time-dependent manner (A) (densitometric analysis; n = 3; \* $P$  < .05). IL-1 $\beta$  decreased 15-PGDH mRNA expression in a similar dose- and time-dependent manner (B).



**Fig. 5.** Interleukin-1 $\beta$  increased transcription of the four cell surface prostaglandin receptors (1 hour; representative gel).