# Potential for Chlorine Gas-induced Injury in the Extrapulmonary Vasculature

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Exposure to chlorine gas (Cl<sub>2</sub>) primarily causes injury to the lung and is characterized by inflammation and oxidative stress mediated by reactive chlorine species. Reducing lung injury and improving respiratory function are the principal therapeutic goals in treating individuals exposed to Cl<sub>2</sub> gas. Less is known on the potential for Cl<sub>2</sub> gas exposure to cause injury to extrapulmonary tissues and specifically to mediate endothelial dysfunction. This concept is forwarded in this article on the basis that (1) many irritant gases whose reactivity is limited to the lung have now been shown to have effects that promote endothelial dysfunction in the systemic vasculature, and as such lead to the acute and chronic cardiovascular disease events (e.g., myocardial infarctions and atherosclerosis); and (2) that endogenously produced reactive chlorine species are now considered to be central in the development of cardiovascular diseases. This article discusses these two areas with the view of providing a framework in which potential extrapulmonary toxic effects of Cl<sub>2</sub> gas exposure may be considered.

**Keywords:** nitric oxide; endothelial dysfunction; chlorination; inflammation

Exposure to chlorine (Cl<sub>2</sub>) gas remains an ongoing health concern, both via its possible use in chemical warfare and via accidental exposure during industrial manufacturing and transport. Indeed, approximately 15million tons of Cl<sub>2</sub> are produced annually in the United States for a variety of industrial purposes (e.g., water purification, pharmaceutical and disinfectant development) and is transported predominantly by rail to all cities. Therefore there is potential to expose large numbers of civilians to Cl<sub>2</sub> gas, and this is underscored by incidents related to largescale Cl<sub>2</sub>-induced toxicity after accidental release (1-4). Cl<sub>2</sub> gas-mediated toxicity is complex, consisting of an initial injury to the lungs that continues even after cessation of Cl<sub>2</sub> exposure, ultimately leading to pulmonary dysfunction, hypoxemia and compromised oxygen delivery, vital organ perfusion, and function. Understanding the mechanisms by which Cl<sub>2</sub> gas exposure causes lung injury are central to the development of therapeutics that can be administered after Cl<sub>2</sub> exposure in both civilian and military casualty scenarios. In this article we focus on the potential for Cl<sub>2</sub> gas exposure to promote injury to extrapulmonary tissues and suggest that this relatively underappreciated aspect of Cl<sub>2</sub> toxicity requires consideration especially in the context of development of post-exposure therapeutics.

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## INHALED TOXICANTS, EXTRAPULMONARY INJURY, AND ENDOTHELIAL DYSFUNCTION: AN EMERGING PARADIGM

An emerging theme in pulmonary and vascular toxicology is the concept that an insult compartmentalized in the lung can result in extrapulmonary vascular injury. This is exemplified by environmental exposure to inhaled irritants and the subsequent increased susceptibility to cardiovascular disease (e.g., atherosclerosis) (5–8). Key examples in the latter case include the association of cigarette smoke, particulate matter, or ozone exposure with the acceleration of atherosclerosis, a chronic inflammatory disease of the vessel wall that underlies many cardiovascular diseases and that contributes substantially to morbidity and mortality worldwide. Clinical and epidemiologic studies together with recent experimental studies have definitively linked exposure to inhaled irritants with cardiovascular disease (5-12). Like most inhaled toxicants, the direct reactivity between the inhaled species and biological molecules is restricted to the lung compartment, suggesting that the effects on systemic vascular function that lead to enhanced atherogenesis are mediated by formation of secondary and diffusible species. This is further indicated by the fact that in this setting vascular dysfunction is a chronic process (years) compared with the relatively fast (seconds to minutes) reactivity between inhaled species and lung biomolecules. The precise mediators and mechanisms linking inhalation of toxicants with extrapulmonary vascular dysfunction are still under investigation and depend on the nature of the inhaled irritant(s) involved. However, one common mechanism by which diverse environmental/inhaled stressors may predispose the systemic vasculature to inflammatory disease is to induce dysfunction in the endothelial nitric oxide (NO) signaling pathway leading to endothelial dysfunction, a clinical term that is fast becoming synonymous with inflammatory vascular disease (13, 14).

Nitric oxide produced by the endothelial isoform of nitric oxide synthase from L-arginine has diverse physiologic roles in the vasculature, including regulating approximately 25% of basal blood flow (NO is a vasodilator) in humans, regulating cellular respiration, maintaining an anti-inflammatory, antithrombotic, antioxidant, and anti-smooth muscle proliferation state (15, 16). NO is central therefore in vascular homeostasis mechanisms. Aberrant NO signaling is a common feature in endothelial dysfunction and may contribute to the development of inflammatory diseases. In general this occurs by either decreased NO synthesis and/or redirection of NO from "physiologic" to "pathologic" (or proinflammatory) signaling processes. An in-depth review of the mechanisms that lead to this scenario is beyond the purview of this article, with discussion below focused on potential mechanisms of endothelial dysfunction associated with increased exposure to reactive chlorine species.

#### **REACTIVE CHLORINE SPECIES AND VASCULAR INJURY**

Several lines of evidence implicate a role for reactive chlorine species in the development of vascular diseases, with most attention focused on myeloperoxidase (MPO)-derived hypochlo-

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rous acid (HOCl) (17–20) and subsequent generation of reactive chlorine species (e.g., reactive chloramines) (21). Myeloperoxidase is primarily expressed in neutrophils, and during the latter's activation it catalyzes the formation of HOCl (Equation 1), a component of the phagocytic arsenal that is responsible for killing invading pathogens.

$$H_2O_2 + Cl \rightarrow HOCl + OH \tag{1}$$

HOCl (pKa = 7.5) and its derivative salts (e.g., NaOCl, the reactive component of bleach), react with multiple biological molecules, including lipids, amino acids, and nucleic acids, at relatively rapid rates, forming a variety of chlorination and oxidation products (22-30). In addition, HOCl can promote nitration of biomolecules (e.g., forming 3-nitrotyrosine) by reacting with nitrite to form the nitrating species nitrylchloride (31, 32). Depending on the tissue/cellular environment and dose of HOCl, these reactivities can result in a spectrum of modifications with diverse functional effects that encompass killing invading pathogens to promoting cytotoxicity of host tissues and perturbation of signaling pathways that regulate inflammation and hence vascular disease. A specific role for HOCl in the development of vascular disease is evidenced by (1) detection of chlorinated lipids, sterols, and proteins in atherosclerotic lesions (33–36); (2) reagent HOCl promoting vascular endothelial dysfunction (37-42) (discussed in more detail below); (3) decreased inflammation in MPO-deficient mice (43), increased atherosclerosis in MPO-transgenic mice (44, 45), and lack of coronary heart disease in humans who are MPO deficient (46); and (4) significant associations with degree of MPO activity and severity of myocardial infarctions (18). In summary, HOCl is considered one of the key reactive species that can promote oxidation, chlorination, and nitration of biomolecules, thereby leading to the development of inflammatory disease in the cardiovascular system.

### MECHANISMS OF HOCL-INDUCED ATHEROSCLEROSIS AND ENDOTHELIAL DYSFUNCTION

In discussing the mechanisms by which HOCl may promote vascular injury, we will focus on atherosclerosis and coronary artery disease for which most evidence exists. Many studies have identified sites on specific proteins that are modified by HOCl that are associated a pro-atherogenic function (reviewed in Reference 18). This is exemplified by low- and high-density lipoproteins (LDL and HDL, respectively), on which markers indicating modification by HOCl have been detected in human atheroma. Importantly, the specific modifications have been shown to convert both LDL and HDL into pro-atherogenic particles (47-50). Furthermore, increased chlorotyrosine levels measured on HDL in outpatient cardiology subjects is significantly associated with an elevated risk for cardiovascular disease (18). Ongoing studies are identifying a diverse array of proteins that are modified by HOCl and that lead to altered function and ultimately a proinflammatory state. With regard to endothelial dysfunction specifically, several studies have documented that exposure of endothelial cells to physiologically relevant doses of HOCl promotes dysfunction in eNOS-derived NO signaling (37-42). Our group has shown that HOCl chlorinates L-Arginine, with the resultant mono- and di-chlorinated products being competitive inhibitors with native L-arginine for eNOS-dependent NO production (41, 42). Other groups have demonstrated that HOCl, either directly or via stimulation of reactive oxygen species from NADPH oxidase, compromises eNOS structural stability and hence inhibits NO formation (38, 39). Similarly, HOCl-dependent oxidation of lipids can result in aldehydic products that in turn may inhibit eNOS (51). Finally, HOCldependent protein modification forms epitopes that are recognized by the receptor for advanced glycation end products (RAGE) (52). Activation of these receptors on the endothelium is proinflammatory in part via inhibition of eNOS-derived NO signaling (53). In other words, via multiple distinct mechanisms HOCl promotes dysfunction in the eNOS-derived NO-signaling pathway.

### CHLORINE GAS-INDUCED TOXICITY: DOES EXTRAPULMONARY VASCULAR INJURY OCCUR, AND IF SO, HOW?

Much of the lung injury caused by Cl<sub>2</sub> gas exposure is thought to occur via its hydrolysis to form HOCl (discussed in other articles in this issue) via mechanisms similar to those described above. The potential for Cl<sub>2</sub> gas to induce extrapulmonary vascular injury and specifically endothelial dysfunction has not been investigated. As indicated above, however, the paradigm for inhaled irritants mediating extrapulmonary injury is established, and a role for reactive chlorine species in vascular disease clearly indicated. It is interesting to speculate, therefore, that Cl<sub>2</sub> gas exposure will also fall into the category of inhaled reactive gases that can have detrimental effects on the systemic vasculature, and preliminary studies in our laboratory using a rat model exposed to Cl<sub>2</sub> gas indeed support this concept (unpublished observations). Moreover, case reports of Cl<sub>2</sub> inhalation toxicity also support this potential with incidences of hypertension and liver toxicity being cited (2, 54). Clearly, a direct cause and effect of Cl<sub>2</sub> exposure and extrapulmonary tissue injury from case studies is difficult to conclude. We cite these simply to highlight the need for consideration of extrapulmonary effects of Cl2 gas exposure and note that these, similar to lung injury, may also manifest both on acute and chronic time scales.

The question then arises: how could  $Cl_2$  gas exposure result in extrapulmonary injury? This question also applies to the myriad of inhaled toxicants (see above) that also cause dysfunction in systemic tissues. Common mechanisms may include stress responses associated with a lung irritation/toxicity and stimulation of inflammation. Due the reactive nature of inhaled irritants, the latter is likely to be mediated by activation of alveolar macrophages and epithelial cells in the lung compartment, resulting in the up-regulation and secretion of proinflammatory cytokines into the circulation. Interestingly, some of these (e.g., TNF- $\alpha$ ) can in turn promote endothelial dysfunction by inhibiting eNOS-dependent signaling (55). Whereas HOCl formation is unique to Cl<sub>2</sub> gas exposure compared with non-Cl<sub>2</sub> gas inhaled irritants, due to its high reactivity this reactive species is unlikely to be able to migrate away from the lung to directly cause injury to distal tissues. However, HOClderived products that would be unique to Cl<sub>2</sub> gas exposure that could exit the lung and mediate effects in other tissues can be proposed. These include a variety of chlorinated products which can have relatively higher stabilities than HOCl. One example pertinent to endothelial dysfunction is chlorination of L-arginine (41), for example, as discussed above.

#### PERSPECTIVES

A focus of this issue on  $Cl_2$  gas toxicity underscores the potential for  $Cl_2$  gas to cause injury in civilian and military settings and highlights the need for more mechanistic information on how  $Cl_2$ gas exposure promotes toxicity. This information is vital for the development and use of effective therapeutics. The lung is the primary target, damage to which manifests in both acute and chronic symptoms. The goal of this article was to highlight the



**Figure 1.** Hypothesis: inhaled chlorine gas induction of extrapulmonary vascular dysfunction. Chlorine gas inhalation causes progressive lung damage resulting in acute lung injury (ALI), adult respiratory distress syndrome (ARDS), and reactive airway syndrome (RAS). Proposed mechanisms of injury include increased exposure to hypochlorous acid (HOCI) and secondary formation of proinflammatory cytokines. In addition, we hypothesize that inhaled chlorine gas also causes extrapulmonary vascular dysfunction and specifically endothelial dysfunction secondary to formation of chlorinated products and release of proinflammatory cytokines into the circulation.

potential for Cl<sub>2</sub> gas toxicity to promote injury to extrapulmonary tissues also. This concept (illustrated in Figure 1) is based on observations that (1) Cl<sub>2</sub>-derived species are critical in development of inflammatory vascular disease, and (2) chemically diverse inhaled irritants are now established risk factors for the development of cardiovascular disease with causative mechanisms beginning to be identified. Cl<sub>2</sub> gas exposure can fit into both categories. Clearly, the hypothesis that Cl<sub>2</sub> gas promotes extrapulmonary dysfunction requires vigorous testing, and ongoing efforts are beginning to address this. We feel that emerging data do suggest a role for  $Cl_2$  gas in promoting endothelial dysfunction. The prevalence of endothelial dysfunction, coupled with its key role in the development of a cardiovascular diseases, mandates a better understanding of the potential for Cl<sub>2</sub> gas to mediate endothelial dysfunction which in turn will lead to more efficacious and targeted preventive and treatment therapeutics.

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