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A local glucose-and oxygen concentration-based insulin secretion model for pancreatic islets

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Abstract

Background: Because insulin is the main regulator of glucose homeostasis, quantitative models describing the dynamics of glucose-induced insulin secretion are of obvious interest. Here, a computational model is introduced that focuses not on organism-level concentrations, but on the quantitative modeling of local, cellular-level glucose-insulin dynamics by incorporating the detailed spatial distribution of the concentrations of interest within isolated avascular pancreatic islets.

Methods: All nutrient consumption and hormone release rates were assumed to follow Hill-type sigmoid dependences on local concentrations. Insulin secretion rates depend on both the glucose concentration and its time-gradient, resulting in second- and first-phase responses, respectively. Since hypoxia may also be an important limiting factor in avascular islets, oxygen and cell viability considerations were also built in by incorporating and extending our previous islet cell oxygen consumption model. A finite element method (FEM) framework is used to combine reactive rates with mass transport by convection and diffusion as well as fluid-mechanics.

Results: The model was calibrated using experimental results from dynamic glucose-stimulated insulin release (GSIR) perfusion studies with isolated islets. Further optimization is still needed, but calculated insulin responses to stepwise increments in the incoming glucose concentration are in good agreement with existing experimental insulin release data characterizing glucose and oxygen dependence. The model makes possible the detailed description of the intraislet spatial distributions of insulin, glucose, and oxygen levels. In agreement with recent observations, modeling also suggests that smaller islets perform better when transplanted and/or encapsulated.

Conclusions: An insulin secretion model was implemented by coupling local consumption and release rates to calculations of the spatial distributions of all species of interest. The resulting glucose-insulin control system fits in the general framework of a sigmoid proportional-integral-derivative controller, a generalized PID controller, more suitable for biological systems, which are always nonlinear due to the maximum response being limited. Because of the general framework of the implementation, simulations can be carried out for arbitrary geometries including cultured, perfused, transplanted, and encapsulated islets.

Keywords: diabetes mellitus, FEM model, glucose-insulin dynamics, Hill equation, islet perfusion, islets of Langerhans, oxygen consumption, PID controller

Background

In healthy humans, blood glucose levels have to be maintained in a relatively narrow range: typically 4-5 mM and usually within 3.5-7.0 mM (60-125 mg/dL) in fasting subjects [1,2]. This is mainly achieved via the finely-tuned glucose-insulin control system whereby β -cells located in pancreatic islets act as glucose sensors and adjust their insulin output as a function of the blood glucose level. Pancreatic islets are structurally well-defined spheroidal cell aggregates of about one to two thousand hormone-secreting endocrine cells (α , β , γ , and PP-cells). Human islets have diameters ranging up to about 500 μm with a size distribution that is well described by a Weibull distribution function, and islets with diameters of 100-150 μm are the most representative [3]. Because abnormalities in β -cell function are the main culprit behind elevated glucose levels, quantitative models describing the dynamics of glucose-stimulated insulin release (GSIR) are of obvious interest [1] for both type 1 (insulin-dependent or juvenile-onset) and type 2 (non-insulin dependent or adult-onset) diabetes mellitus. They could help not only to better understand the process, but also to more accurately assess β -cell function and insulin resistance. Abnormalities in β -cell function are critical in defining the risk and development of type 2 diabetes [4], a rapidly increasing therapeutic burden in industrialized nations due to the increasing prevalence of obesity [5,6]. A quantitative understanding of how healthy β -cells maintain normal glucose levels is also of critical importance for the development of 'artificial pancreas' systems [7] including automated closed-loop insulin delivery systems [8-10] as well as for the development of 'bioartificial pancreas' systems such as those using immune-isolated, encapsulated islets [11-13]. Accordingly, mathematical models have been developed to describe the glucose-insulin regulatory system using organism-level concentrations, and they are widely used, for example, to estimate glucose effectiveness and insulin sensitivity from intravenous glucose tolerance tests (IVGTT). They include curve-fitting models such as the "minimal model" [14] and many others [15-17] as well as paradigm models such as HOMA [18,19]. There is also considerable interest in models focusing on insulin release from encapsulated islets [20-26], an approach that is being explored as a possibility to immunoisolate and protect transplanted islets.

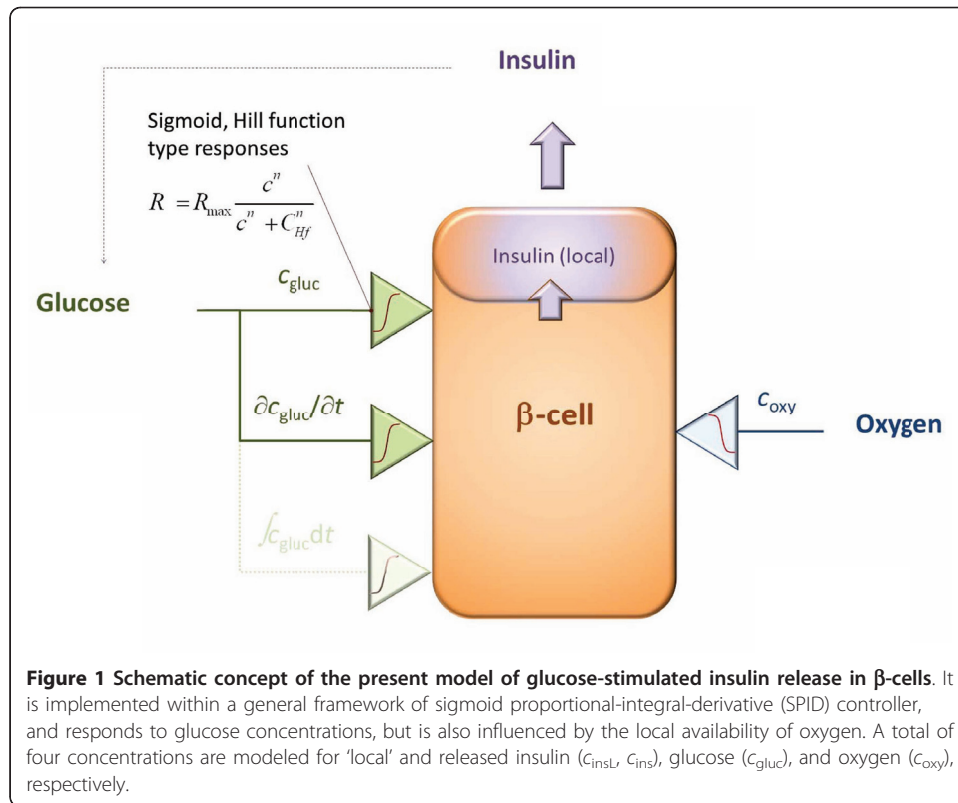
The goal of the present work is to develop a finite element method (FEM)-based model that (1) focuses not on organism-level concentrations, but on the quantitative modeling of local, cellular-level glucose-insulin dynamics by incorporating the detailed spatial distribution of the concentrations of interest and that (2) was calibrated by fitting experimental results from dynamic GSIR perfusion studies with isolated islets. Such perfusion studies allow the quantitative assessment of insulin release kinetics under fully controllable experimental conditions of varying external concentrations of glucose, oxygen, or other compounds of interest [27-30], and are now routinely used to assess islet quality and function. Microfluidic chip technologies make now possible even the quantitative monitoring of single islet insulin secretion with high time-resolution [31]. We focused on the modeling of such data because they are better suited for a first-step modeling than those of insulin release studies of fully vascularized islets in live organism, which are difficult to obtain accurately and are also influenced by many other factors. Lack of vasculature in the isolated islets considered here might cause some delay in the response compared with normal islets in their natural environment; however, the diffusion time (L^2/D) [32] to (or from) the middle of a 'standard' islet (d

= 150 μm) is roughly of the order of only 10 s for glucose and 100 s for insulin (with the diffusion coefficients used here)-relatively small delays. Furthermore, because of the spherical structure, most of the cell mass is located in the outer regions of the islets (i.e., about 70% within the outer third of the radius) further diminishing the roles of these delays.

By using a general approach that couples local (i.e., cellular level) hormone release and nutrient consumption rates with mass transport by convection and diffusion, the present approach allows implementation for arbitrary 2D or even 3D geometries including those with flowing fluid phases. Hence, the detailed spatial distribution of insulin release, hypoxia, and cell survival can be modeled within a unified framework for cultured, transplanted, encapsulated, or GSIR-perfused pancreatic islets. While there has been considerable work on modeling insulin secretion, no models that couple both convective and diffusive transport with reactive rates for arbitrary geometries have been published yet. Most published models incorporating mass transport focused on encapsulated islets for a bioartificial pancreas [20-26]. Only very few [21,24] included flow, and even those had to assume cylindrical symmetry. Furthermore, the present model also incorporates a comprehensive approach to account not only for first-and second-phase insulin response, but also for both the glucose-and the oxygen-dependence of insulin release. Because the lack of oxygen (hypoxia) due to oxygen diffusion limitations in avascular islets can be an important limiting [33] factor especially in cultured, encapsulated, and freshly transplanted islets [27,28,34,35], it was important to also incorporate this aspect of the glucose-insulin response in the model.

In response to a stepwise increase of glucose, normal, functioning islets release insulin in a biphasic manner: a relatively quick first phase consisting of a transient spike of 5-10 min is followed by a sustained second phase that is slower and somewhat delayed [36-39]. The effect of hypoxic conditions on the insulin release of perfused islets has been studied by a number of groups [27,28,34,35], and they seem to indicate that insulin release decreases nonlinearly with decreasing oxygen availability; however, only relatively few detailed concentration-dependence studies are available. Parametrization of the insulin release model here has been done to fit experimental insulin release data mainly from two studies with the most detailed concentration dependence data available: by Henquin and co-workers for glucose dependence [40] and by Dionne, Colton and co-workers for oxygen dependence [27].

In the present model, the insulin-secreting β -cells were assumed to act as sensors of both the local glucose concentration and its change (Figure 1). Insulin is released within the islets following Hill-type sigmoid response functions of the local (i.e., cellular level) glucose concentration, c_{gluc} , as well as its time-gradient, $\partial c_{\text{gluc}}/\partial t$, resulting in second-and first-phase insulin responses, respectively. Oxygen and glucose consumption by the islet cells were also incorporated in the model using Michaelis-Menten-type kinetics (Hill equation with $n_H = 1$). Since lack of oxygen (hypoxia) can be important in avascular islets [33], oxygen concentrations were allowed to limit the rate of insulin secretion using again a Hill-type equation. Finally, all the local (cellular-level) oxygen, glucose, and insulin concentrations were tied together with solute transfer equations to calculate observable, external concentrations as a function of time and incoming glucose and oxygen concentrations.



Methods

Mass transport model (convective and diffusive)

For a fully comprehensive description, a total of four concentrations were used each with their corresponding equation (application mode) for 'local' and released insulin, glucose, and oxygen, respectively (c_{insL} , c_{ins} , c_{gluc} , and c_{oxy}). Accordingly, for each of them, diffusion was assumed to be governed by the generic diffusion equation in its nonconservative formulation (incompressible fluid) [32,41]:

$$\frac{\partial c}{\partial t} + \nabla \cdot (-D\nabla c) = R - \mathbf{u} \cdot \nabla c \quad (1)$$

where, c denotes the concentration [mol m^{-3}] and D the diffusion coefficient [$\text{m}^2 \text{s}^{-1}$] of the species of interest, R the reaction rate [$\text{mol m}^{-3} \text{s}^{-1}$], \mathbf{u} the velocity field [m s^{-1}], and ∇ the standard *del (nabla)* operator, $\nabla = \mathbf{i} \frac{\partial}{\partial x} + \mathbf{j} \frac{\partial}{\partial y} + \mathbf{k} \frac{\partial}{\partial z}$ [42]. The following diffusion coefficients were used as consensus estimates of values available from the literature: oxygen, $D_{oxy,w} = 3.0 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$ in aqueous media and $D_{oxy,t} = 2.0 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$ in islet tissue ([33] and references therein); glucose, $D_{gluc,w} = 0.9 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$ and $D_{gluc,t} = 0.3 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$; insulin, $D_{ins,w} = 0.15 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$ and $D_{ins,t} = 0.05 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$ [23,24]. Published tissue values for glucose vary over a wide range (0.04 - $0.5 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$) [32,43-46]; a value toward the higher end of this range ($0.3 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$) was used here. Very few tissue values for insulin are available (and the existence of dimers and hexamers only complicates the situation) [32,47]; the value used here was lowered compared to water in a manner similar to glucose. For the case of

encapsulated islets, the following diffusion coefficients were used for the capsule (e.g., hydrogel matrices such as alginate): $D_{oxy,c} = 2.5 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$, $D_{gluc,c} = 0.6 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$, $D_{ins,c} = 0.1 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$ [23,48].

Consumption and release rates

All consumption and release rates were assumed to follow Hill-type dependence on the local concentrations (generalized Michaelis-Menten kinetics):

$$R = f_H(c) = R_{\max} \frac{c^n}{c^n + C_{Hf}^n} \quad (2)$$

The three parameters of this function are R_{\max} , the maximum reaction rate [$\text{mol m}^{-3} \text{ s}^{-1}$], C_{Hf} , the concentration corresponding to half-maximal response [mol m^{-3}], and n , the Hill slope characterizing the shape of the response. This function introduced by A. V. Hill [49,50] provides a convenient mathematical function for biological/pharmacological applications [51]: it allows transition from zero to a limited maximum rate via a smooth, continuously derivable function of adjustable width. Mathematically, the well-known two-parameter Michaelis-Menten equation [52] represents a special case ($n = 1$) of the Hill equation, and eq. 2 also shows analogy with the logistic equation, one of the most widely used sigmoid functional forms, being equivalent with a logarithmic logistic function, $y = f(x) = R_{\max}/(1 + \beta e^{-n \ln x})$. Obviously, different parameter values are used for the different release and consumption functions (i.e., insulin, glucose, oxygen; e.g., $C_{Hf,gluc}$, $C_{Hf,oxy}$, etc.).

Oxygen consumption and cell viability

For oxygen consumption, the basic values used in our previous model [33,53] were maintained ($n_{oxy} = 1$, $R_{\max,oxy} = -0.034 \text{ mol m}^{-3} \text{ s}^{-1}$, $C_{Hf,oxy} = 1 \text{ }\mu\text{M}$ -corresponding to a partial oxygen pressure of $p_{Hf,oxy} = 0.7 \text{ mmHg}$) since, by all indications, the assumption of a regular Michaelis-Menten kinetics (i.e., $n_{oxy} = 1$) gives an adequate fit [54,55]. Accordingly, at very low oxygen concentrations, where cells only try to survive, oxygen consumption scales with the available concentration c_{oxy} and, at sufficiently high concentration, it plateaus at a maximum (R_{\max}). As before [33], to account for the increased metabolic demand of insulin release and production at higher glucose concentrations, a dependence of R_{oxy} on the local glucose concentration was also introduced via a modulating function $\phi_{o,g}(c_{gluc})$:

$$R_{oxy} = R_{\max,oxy} \frac{c_{oxy}}{c_{oxy} + C_{Hf,oxy}} \cdot \varphi_{o,g}(c_{gluc}) \cdot \delta(c_{oxy} > C_{cr,oxy}) \quad (3)$$

A number of experiments have shown increased oxygen consumption rate in islets when going from low to high glucose concentrations [56-58]. Here, in a slight update of our previous model [33], we assumed that the oxygen consumption rate contains a base-rate and an additional component that increases due to the increasing metabolic demand in parallel with the insulin secretion rate (cf. eq. 6) as a function of the glucose concentration:

$$\varphi_{o,g}(c_{gluc}) = \phi_{sc} \left(\varphi_{base} + \varphi_{metab} \frac{C_{gluc}^{n_{ins2,gluc}}}{c_{gluc}^{n_{ins2,gluc}} + C_{Hf,ins2,gluc}^{n_{ins2,gluc}}} \right) \quad (4)$$

Lacking detailed data, as a first estimate, we assumed the base rate to represent 50% of the total rate possible ($\phi_{\text{base}} = \phi_{\text{metab}} = 0.5$). To maintain the previously used consumption rate at low (3 mM) glucose, a scaling factor is used, $\Phi_{\text{sc}} = 1.8$. The metabolic component fully parallels that used for insulin secretion ($n_{\text{ins2,gluc}} = 2.5$, $C_{\text{Hf,ins2,gluc}} = 7$ mM; see eq. 6 later). With this selection, oxygen consumption increases about 70% when going from low (3 mM) to high glucose (15 mM)-slightly less than used previously in our preliminary model [33], but in good agreement with the approximately 50%-100% fold increase seen in various experimental settings [35,36,56-60]. As before [33], a step-down function, δ , was also added to account for necrosis and cut the oxygen consumption of those tissues where the oxygen concentration c_{oxy} falls below a critical value, $C_{\text{cr,oxy}} = 0.1 \mu\text{M}$ (corresponding to $p_{\text{cr,oxy}} = 0.07 \text{ mmHg}$). To avoid computational problems due to abrupt transitions, COMSOL's smoothed Heaviside function with a continuous first derivative and without overshoot `f1c1hs` [61] was used as step-down function, $\delta(c_{\text{oxy}} > C_{\text{cr,oxy}}) = \text{f1c1hs}(c_{\text{oxy}} - 1.0 \times 10^{-4}, 0.5 \times 10^{-4})$.

Glucose consumption

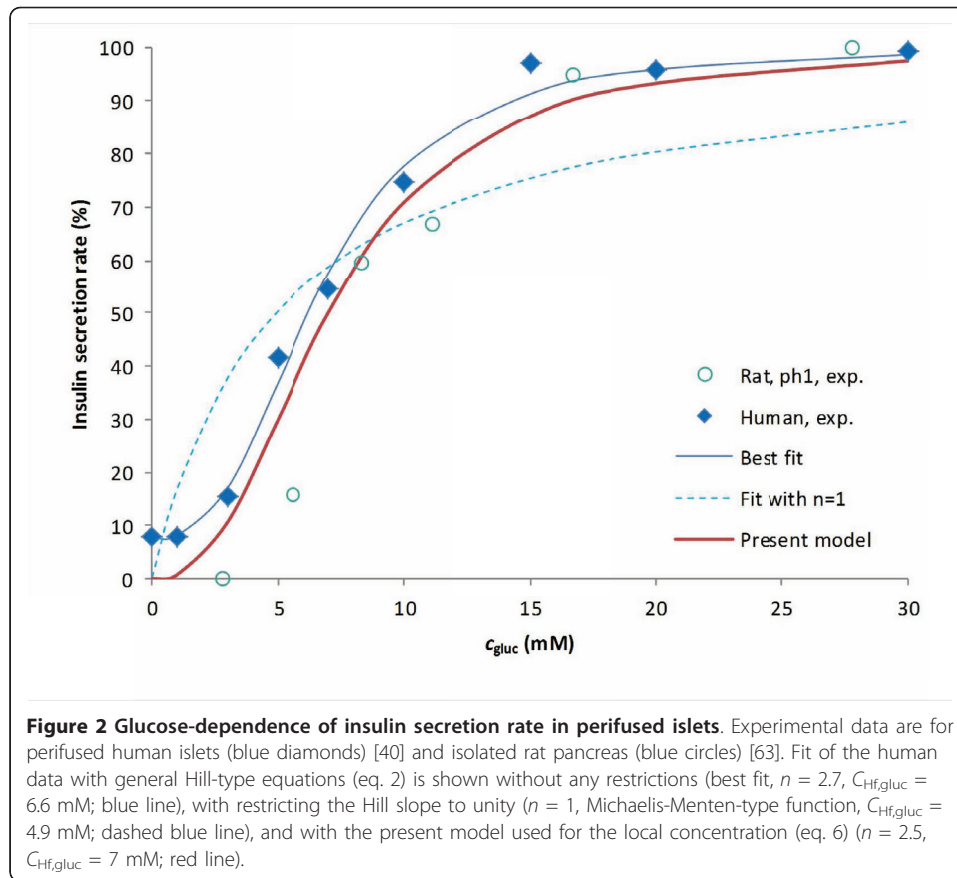
Glucose consumption, in a manner very similar to oxygen consumption, was assumed to also follow simple Michaelis-Menten kinetics ($n_{\text{gluc}} = 1$) with $R_{\text{max,gluc}} = -0.028 \text{ mol m}^{-3} \text{ s}^{-1}$ and $C_{\text{Hf,gluc}} = 10 \mu\text{M}$ [23,24,46]:

$$R_{\text{gluc}} = R_{\text{max,gluc}} \frac{c_{\text{gluc}}}{c_{\text{gluc}} + C_{\text{Hf,gluc}}} \quad (5)$$

These parameter values are draft first estimates only; however, changes in glucose concentrations due to glucose consumption by islets have only minimal influence on insulin release or cell survival because oxygen diffusion limitations in tissue or in media are far more severe than for glucose [55,62]. Even if oxygen is consumed at approximately the same rate as glucose on a molar basis and has a 3-4-fold higher diffusion coefficient (i.e., D_{ws} used here of 3.0×10^{-9} vs. $0.9 \times 10^{-9} \text{ m}^2 \text{ s}^{-1}$), this is more than offset by the differences in the concentrations available under physiological conditions. The solubility of oxygen in culture media or in tissue is much lower than that of glucose; hence, the available oxygen concentrations are much more limited (e.g., around 0.05-0.2 mM vs. 3-15 mM assuming physiologically relevant conditions) [62]. Glucose consumption by islet cells alters the glucose levels reaching the glucose-sensing β -cells only minimally.

Insulin release

Obviously, the most crucial part of the present model is the functional form describing the glucose-(and oxygen) dependence of the insulin secretion rate, R_{ins} . Glucose (or oxygen) is not a substrate *per se* for insulin production; hence, there is no direct justification for the use of Michaelis-Menten-type enzyme kinetics. Nevertheless, the corresponding generalized form (Hill equation, eq. 2) provides a mathematically convenient functionality that fits well the experimental results. A Hill function with $n > 1$ is needed because glucose-insulin response is clearly more abrupt than the rectangular hyperbola of the Michaelis-Menten equation corresponding to $n = 1$ as clearly illustrated by the sigmoid-type curve of Figure 2 and by other similar data from various sources [36,40,63,64]. In fact, such a function has been used as early as 1972 by Grodsky ($n = 3.3$, $C_{\text{Hf,ins,gluc}} = 8.3 \text{ mM}$; isolated rat pancreas) and justified as resulting from insulin release from individual packets with normally distributed sensitivity



thresholds [63]. However, except for some recent work by Pedersen, Cobelli and co-workers [65,66], such a sigmoid functional dependence has been mostly neglected since then, and most models [21,23,24] used flatter ($n = 1$) response functions combined with exponentially decreasing time-functions. To have a model that can be used for arbitrary incoming glucose profiles, the use of explicit time dependency was avoided here; however, use of an additional ‘local’ insulin compartment with first order release kinetics (see later) achieves a similar effect. A sufficiently abrupt sigmoid response function on c_{gluc} ensures an upper limit (plateau) at high glucose concentrations as well as essentially no response at low concentrations (Figure 2) eliminating the need for a specified minimum threshold for effect.

Accordingly, the main function used here to describe the glucose-insulin dynamics of the second-phase response is:

$$R_{ins,ph2} = R_{max,ins2} \frac{c_{gluc}^{n_{ins2,gluc}}}{c_{gluc}^{n_{ins2,gluc}} + C_{Hf,ins2,gluc}^{n_{ins2,gluc}}} \quad (6)$$

with $n_{ins2,gluc} = 2.5$, $C_{Hf,ins2,gluc} = 7$ mM, and $R_{max,ins2} = 3.0 \times 10^{-5} \text{ mol m}^{-3} \text{ s}^{-1}$. These values were obtained here by calculating the predicted insulin output in response to a stepwise increase in incoming glucose and adjusting $n_{ins2,gluc}$ and $C_{Hf,ins2,gluc}$ to obtain best fit with the human islet data of Henquin and co-workers (staircase experiment) [40] (Figure 2). Topp and co-workers used a similar Hill function ($n = 2$, $C_{Hf} = 7.8$ mM) for insulin secretion based on (rat) data from Malaisse [67]. Compared to

Table 1 Summary of Hill function (eq. 2) parameters used in the present model (Figure 1, eq. 3-9)

Model	Var.	C_{Hf}	n	R_{max}	Comments
R_{oxy} , oxygen consumption, base	c_{oxy}	1 μ M	1	-0.034 mol/m ³ /s	Cut to 0 below critical value, $c_{oxy} < C_{cr,oxy}$.
R_{oxy} , oxygen consumption, $\phi_{o,g}$ metabolic part	c_{gluc}	7 mM	2.5	N/A	Due to increasing metabolic demand; parallels second-phase insulin secretion rate.
R_{gluc} , glucose consumption	c_{gluc}	10 μ M	1	-0.028 mol/m ³ /s	Contrary to oxygen, has no significant influence on model results.
$R_{ins,ph2}$, insulin secretion rate, second-phase	c_{gluc}	7 mM	2.5	3×10^{-5} mol/m ³ /s	Total secretion rate is modulated by local oxygen availability (last row).
$R_{ins,ph1}$, insulin secretion rate, first-phase	$\partial c_{gluc}/\partial t$	0.03 mM/s	2	21×10^{-5} mol/m ³ /s	Modulated via eq. 8 to have maximum sensibility around $c_{gluc} = 5$ mM and be limited at very large or low c_{gluc} .
Insulin secretion rate, $\phi_{o,g}$ oxygen dependence	c_{oxy}	3 μ M	3	N/A	To abruptly limit insulin secretion if c_{oxy} becomes critically low.

rodents, human insulin response is left-shifted, and a half-maximal response for a glucose concentration around 7 mM seems reasonable [40,68]. The activity of glucokinase, which serves as glucose sensor in β -cells and is also generally considered as rate-limiting for their glucose usage, shows a sigmoid-type dependence on c_{gluc} (i.e., eq. 2 with $C_{Hf,gluc} = 8.4$ mM, $n_{gluc} = 1.7$ [69] or $C_{Hf,gluc} = 7.0$ mM, $n_{gluc} = 1.7$ [70]) in general agreement with eqs. 5 and 6 and their parameterization (Table 1). $R_{max,ins2}$ corresponds to a maximum (second phase) secretion rate of ~ 20 pg/IEQ/min for human islets [37,40,71].

To incorporate a simple model of the first-phase response, we also added a component that depends on the glucose time-gradient ($c_t = \partial c_{gluc}/\partial t$). This is non-zero only when the glucose concentration is increasing, i.e., only when $c_t > 0$. Again, a Hill-type sigmoid response was assumed to ensure a plateau:

$$R_{ins,ph1} = R_{max,ins1} \frac{\left(\frac{\partial c_{gluc}}{\partial t}\right)^{n_{ins1,gluc}}}{\left(\frac{\partial c_{gluc}}{\partial t}\right)^{n_{ins1,gluc}} + C_{t_{Hf,ins1,gluc}}^{n_{ins1,gluc}}} \cdot \sigma_{i1,g}(c_{gluc}) \quad (7)$$

with $n_{ins1,gluc} = 2$, $C_{t_{Hf,ins1,gluc}} = 0.03$ mM s⁻¹, and $R_{max,ins1} = 21.0 \times 10^{-5}$ mol m⁻³ s⁻¹. These parameters are more difficult to directly calibrate from existing data on insulin responses to stepwise glucose increases; hence, they have to be considered as exploratory settings. Constant glucose ramps have been explored with perfused rat islets in an attempt to quantify these responses [72]; however, the gradients used there are too small (1.5-4.5 μ M/s) to allow a clear separation between first- and second-phase responses for quantitation. The $C_{t_{Hf}}$ value used here (0.03 mM/s) was selected so as to give an approximately linear response for a range that likely covers normal physiologic conditions (e.g., 5 mM increase in 10-20 min: 0.005-0.01 mM/s) as well as dynamic perfusion conditions (e.g., 2-6 mM increases in 1 min: 0.03-0.10 mM/s). A completely linear (i.e., proportional) glucose gradient dependent term has been used in a few previous models mainly following Jaffrin [20,26,72-74] (one of them [73] also allowing modulation of the proportionality constant by glucose concentration). Here, one

additional modulating function, $\sigma_{i1,g}$ has also been incorporated to reduce this gradient-dependent response for islets that are already operating at an elevated second-phase secretion rate and to maximize it around c_{gluc} values where islets are likely to be most sensitive ($C_m = 5$ mM) using a derivative of a sigmoid function:

$$\sigma_{i1,g}(c_{gluc}) = \frac{4c_{gluc}^4 C_m^4}{(c_{gluc}^4 + C_m^4)^2} \quad (8)$$

With all these, total insulin release is obtained as the sum of first-and second-phase releases and an additional modulating function to account for the limiting effect of oxygen availability, which can become important in the core region of larger avascular islets especially under hypoxic conditions:

$$R_{ins} = (R_{ins,ph1} + R_{ins,ph2}) \cdot \phi_{i,o}(c_{oxy}) \quad (9)$$

We assumed an abrupt Hill-type (eq. 2) modulating function as $\phi_{i,o}(c_{oxy})$ with $n_{ins,oxy} = 3$ and $C_{Hf,ins,oxy} = 3 \mu\text{M}$ ($p_{Hf,ins,oxy} = 2$ mmHg) so that insulin secretion starts becoming limited for local oxygen concentrations that are below $\sim 6 \mu\text{M}$ (corresponding to a partial pressure of $p_{O_2} \approx 4$ mmHg) (Additional file 1, Figure S1). This is a somewhat similar, but mathematically more convenient function than the bilinear one introduced by Avgoustiniatos [75] and used by Colton and co-workers [76] to account for insulin secretion limitations at low oxygen ($p_{O_2} < 5.1$ mmHg assumed by them) as it is a smooth sigmoid function with a continuous derivative (Additional file 1, Figure S1).

For a correct time-scale of insulin release, an extra compartment had to be added; otherwise insulin responses decreased too quickly compared to experimental observations (~ 1 min vs. ~ 5 -10 min). Hence, insulin is assumed to be first secreted in a 'local' compartment (Figure 1) in response to the current local glucose concentration (R_{ins} , eq. 9) and then released from here following a first order kinetics [$dc_{insL}/dt = R_{ins} - k_{insL}(c_{insL} - c_{ins})$; $k_{insL} = 0.003 \text{ s}^{-1}$, corresponding to a half-life $t_{1/2}$ of approximately 4 min]. 'Local' insulin was modeled as an additional concentration with the regular convection model (eq. 1), but having a very low diffusivity ($D_{insL,t} = 1.0 \times 10^{-16} \text{ m}^2 \text{ s}^{-1}$). Throughout the entire model building process, special care was taken to keep the number of parameters as low as possible to avoid over-parameterization [77]; however, inclusion of this compartment was necessary. The model has been parameterized by fitting experimental insulin release data from two detailed concentration-dependence perfusion studies: one concentrating on the effect of glucose using isolated human islets [40] and one concentrating on the effect of hypoxia using isolated rat islets [27].

Fluid dynamics model

To incorporate media flow in the perfusion tube, these convection and diffusion models need to be coupled to a fluid dynamics model. Accordingly, the incompressible Navier-Stokes model for Newtonian flow (constant viscosity) was used for fluid dynamics to calculate the velocity field \mathbf{u} that results from convection [32,41]:

$$\rho \frac{\partial \mathbf{u}}{\partial t} - \eta \nabla^2 \mathbf{u} + \rho(\mathbf{u} \cdot \nabla) \mathbf{u} + \nabla p = \mathbf{F} \quad (10)$$

$$\nabla \cdot \mathbf{u} = 0$$

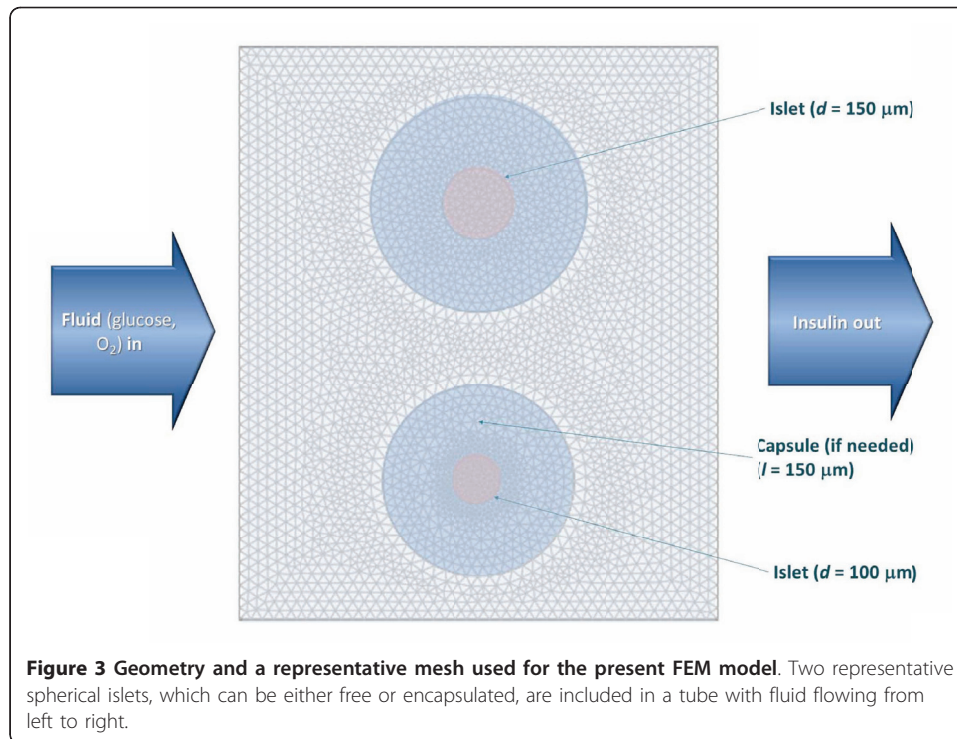
Here, ρ denotes density [kg m^{-3}], η viscosity [$\text{kg m}^{-1} \text{s}^{-1} = \text{Pa s}$], p pressure [Pa , N m^{-2} , $\text{kg m}^{-1} \text{s}^{-2}$], and \mathbf{F} volume force [N m^{-3} , $\text{kg m}^{-2} \text{s}^{-2}$]. The first equation is the momentum balance; the second one is simply the equation of continuity for incompressible fluids. The flowing media was assumed to be an essentially aqueous media at body temperature; i.e., the following values were used: $T_0 = 310.15 \text{ K}$, $\rho = 993 \text{ kg m}^{-3}$, $\eta = 0.7 \times 10^{-3} \text{ Pa s}$, $c_p = 4200 \text{ J kg}^{-1} \text{K}^{-1}$, $k_c = 0.634 \text{ J s}^{-1} \text{m}^{-1} \text{K}^{-1}$, $\alpha = 2.1 \times 10^{-4} \text{ K}^{-1}$. As previously [33], incoming media was assumed to be in equilibrium with atmospheric oxygen and, thus, have an oxygen concentration of $c_{\text{oxy, in}} = 0.200 \text{ mol m}^{-3}$ (mM) corresponding to $p_{\text{O}_2} \approx 140 \text{ mmHg}$. A number of GSIR perfusion studies including [40] used solutions gassed with enriched oxygen (e.g., 95% $\text{O}_2 + 5\% \text{CO}_2$; $p_{\text{O}_2} \approx 720 \text{ mmHg}$); however, with the islet sizes used here, atmospheric oxygen already provides sufficient oxygenation so that the extra oxygen has no effect on model-calculated insulin secretion (see Results section). Inflow velocity was set to $v_{\text{in}} = 10^{-4} \text{ m s}^{-1}$ (corresponding to a flow rate of 0.1 mL/min in a $\sim 4 \text{ mm}$ tube), and along the inlet, a parabolic inflow velocity profile was used: $4v_{\text{in}}s(1-s)$, s being the boundary segment length.

Model implementation

The models were implemented in COMSOL Multiphysics 3.5 (formerly FEMLAB; COMSOL Inc., Burlington, MA) and solved as time-dependent (transient) problems allowing intermediate time-steps for the solver. Computations were done with the Pardiso direct solver as linear system solver with an imposed maximum step of 0.5 s, which was needed to not miss changes in the incoming glucose concentrations that could be otherwise overstepped by the solver. With these setting, all computation times were reasonable being about real time; i.e., about 1 h for each perfusion simulations of 1 h interval.

As a representative case, a 2D cross-section of a cylindrical tube with two spherical islets of 100 and 150 μm diameter was used allowing for the possibility of either free or encapsulated islets (capsule thickness $l = 150 \mu\text{m}$; fluid flowing from left to right) (Figure 3). Stepwise increments in the incoming glucose concentration were implemented using again the smoothed Heaviside step function at predefined time points t_i , $c_{\text{gluc}} = c_{\text{low}} + \sum c_{\text{step}, i} \text{flc1hs}(t - t_i, \tau)$. For FEM, COMSOL's predefined 'Extra fine' mesh size was used (5,000-10,000 mesh elements; Figure 3). In the convection and diffusion models, the following boundary conditions were used: insulation/symmetry, $\mathbf{n} \cdot (-D\nabla c + c\mathbf{u}) = 0$, for walls, continuity for islets. For the outflow, convective flux was used for insulin, glucose, and oxygen, $\mathbf{n} \cdot (-D\nabla c) = 0$. For the inflow, inward flux was used for all components with zero for insulin ($N_0 = 0$), $c_{\text{gluc}} v_{\text{in}}$ for glucose, and $c_{\text{oxy, in}} v_{\text{in}}$ for oxygen. In the incompressible Navier-Stokes model, no slip ($\mathbf{u} = 0$) was used along all surfaces corresponding to liquid-solid interfaces. For the outlet, pressure, no viscous stress with $p_0 = 0$ was imposed.

For visualization of the results, surface plots were used for c_{ins} , c_{oxy} , and R_{ins} . For 3D plots, c_{ins} was also used as height data. A contour plot (vector with isolevels) was used for c_{gluc} to highlight the changes in glucose. To characterize fluid flow, arrows and streamlines for the velocity field were also used. Animations were generated with the same settings used for the corresponding graphs. Total insulin secretion as a function

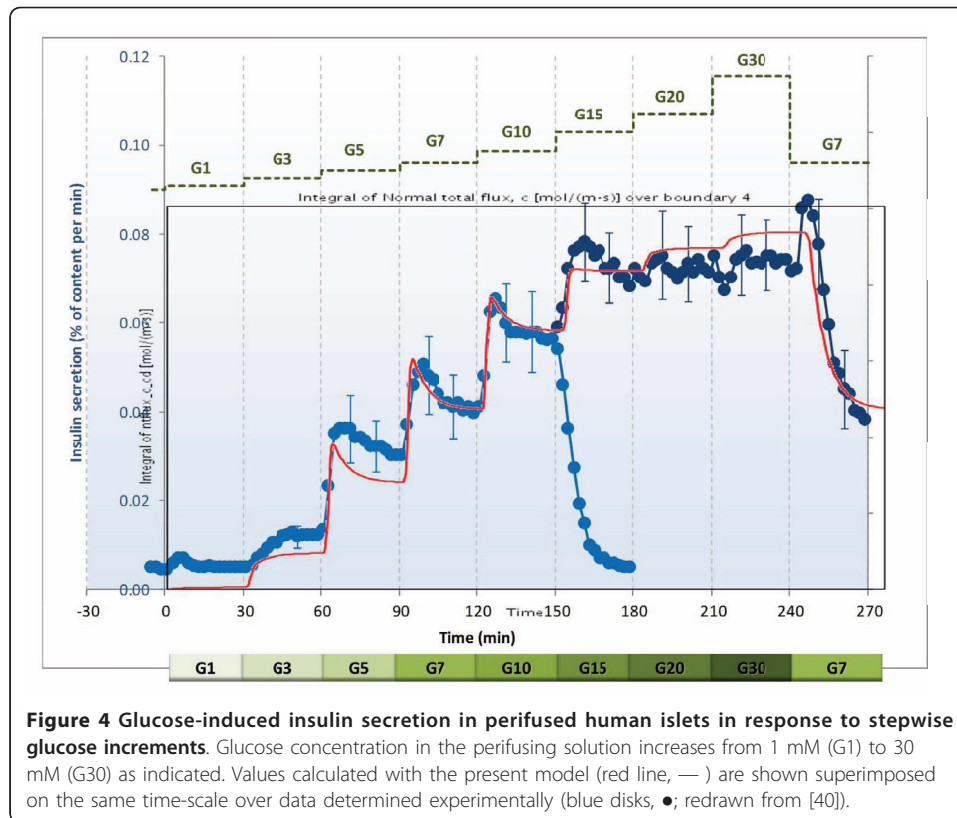


of time was visualized using boundary integration for the total flux along the outflow boundary.

Results and Discussion

First-and second-phase insulin responses

Following implementation of the model, the values of the adjustable parameters of eqs. 4-9 were selected (Table 1) so as to fit insulin secretion data from islet perfusion experiments with detailed dose responses for glucose-[40,78] and oxygen-dependence [27]. For this purpose, model-predicted insulin responses to stepwise increments in the incoming glucose content were calculated as boundary integrals on the exiting surface of the out-flowing fluid, and these were then fitted to the experimental insulin responses measured as a function of time. First, the parameters of the second-phase response (eq. 6) were fitted to the results of the staircase experiment [40], then those of the first-phase response (eq. 7 and 8). Fine-tuning of the values has been done in a few iterative rounds to also fit the oxygen dependence [27]. As Figure 4 shows, acceptable quantitative agreement can be obtained for both phase 1 and phase 2 responses of the insulin secretion of human islets as measured recently in detailed experiments [40]. The amplitude of the insulin response, which depends on the mass of functional islets present, was adjusted for best fit, but it is within the expected range if calculated for the corresponding number of islet equivalents (IEQ). During the modeling [79], it became apparent that in order to have a correct time-scale and not a very short-term first-phase release, some delay mechanism has to be introduced. After exploring several possibilities, the delay was modeled by incorporation of a 'localized' insulin compartment (e.g., intracellular) from which insulin is then released to the surroundings via



first order kinetics (k_{insL}) (Figure 1). A main reason for this choice was that conceptually, to a good extent, this insulin secreted and stored 'locally' can be considered as the insulin in the readily releasable pool (RRP) of granules in current dynamic cellular models of biphasic insulin secretion [37,65]. It is being filled in response to glucose stimulation (R_{ins} , eq. 9) and then gradually emptied (k_{insL}). Our goal at this point, is not to model the detailed cellular and subcellular mechanisms responsible for the biphasic secretion and the staircase response [37,65,66], but to identify functional forms for local responses (R_{ins}) that when integrated with the descriptions of spatial distribution of the relevant concentrations can give an adequate quantitative description ($c_{gluc}, c_{oxy} \rightarrow R_{ins} \rightarrow c_{ins}$). Most perfusion experiments intended to assess islet quality are performed as single step low-high-low glucose perfusion experiments; a fit for one such data is shown in Figure 5. Again, except for an underestimate of the first-phase peak, acceptable agreement is obtained. First-phase insulin secretion has been shown to be greater following a larger step-up in glucose to the same final value (e.g., both in human [40] and in mouse [80] islets). The present model should account for this as its first-phase insulin secretion rate is determined by the glucose gradient, which increases directly with the size of the step-up; however, some fine-tuning of the parameters is still needed. The predicted first-phase decay (resulting from k_{insL}) may be a bit too slow ($t_{1/2} \approx 4$ min); however, the prediction of the second-phase decay is more adequate, and to keep the model as simple as possible, we chose to use only one single 'local' insulin 'compartment', hence, a single first-order release rate k_{insL} .

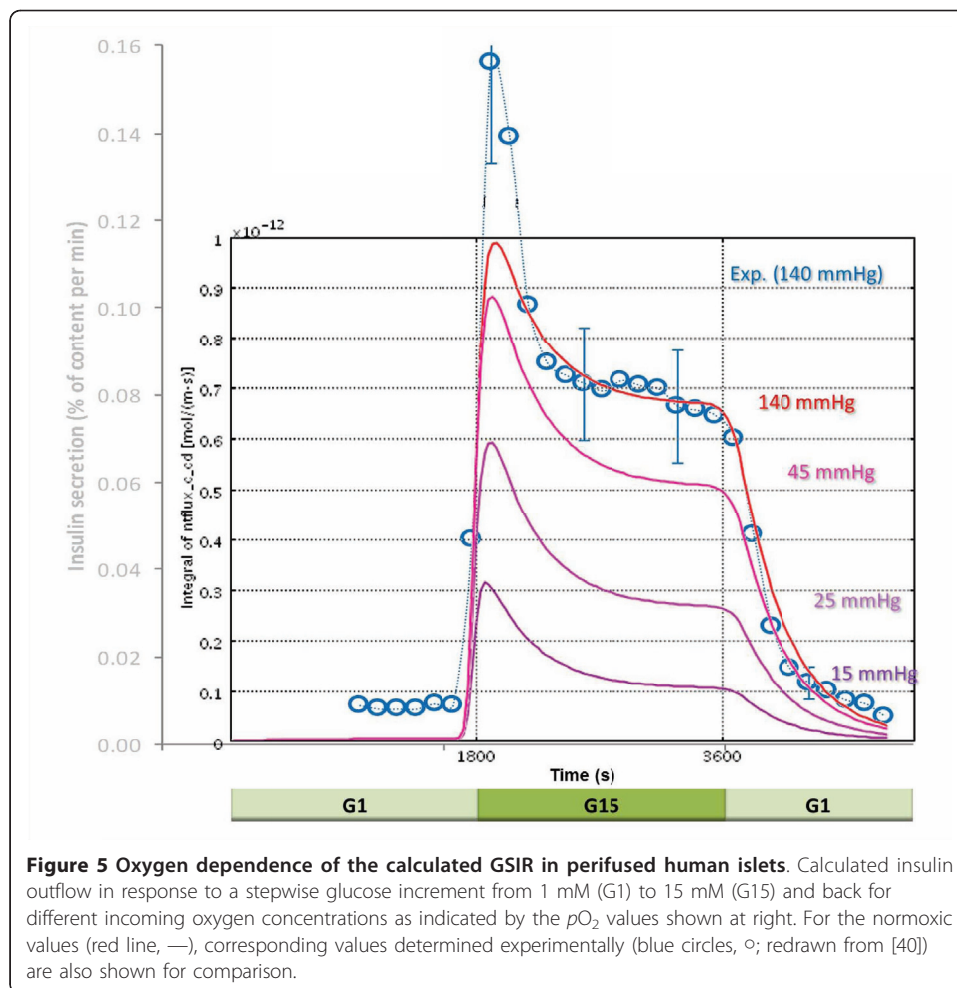
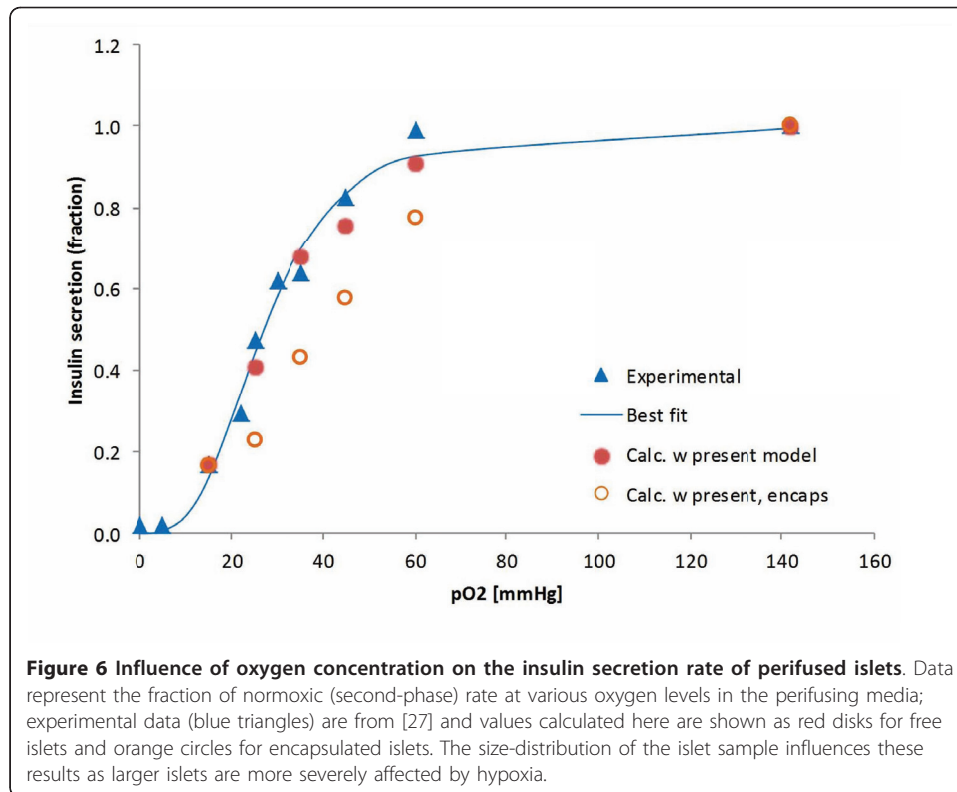


Figure 5 Oxygen dependence of the calculated GSIR in perfused human islets. Calculated insulin outflow in response to a stepwise glucose increment from 1 mM (G1) to 15 mM (G15) and back for different incoming oxygen concentrations as indicated by the pO_2 values shown at right. For the normoxic values (red line, —), corresponding values determined experimentally (blue circles, \circ ; redrawn from [40]) are also shown for comparison.

Oxygen dependence

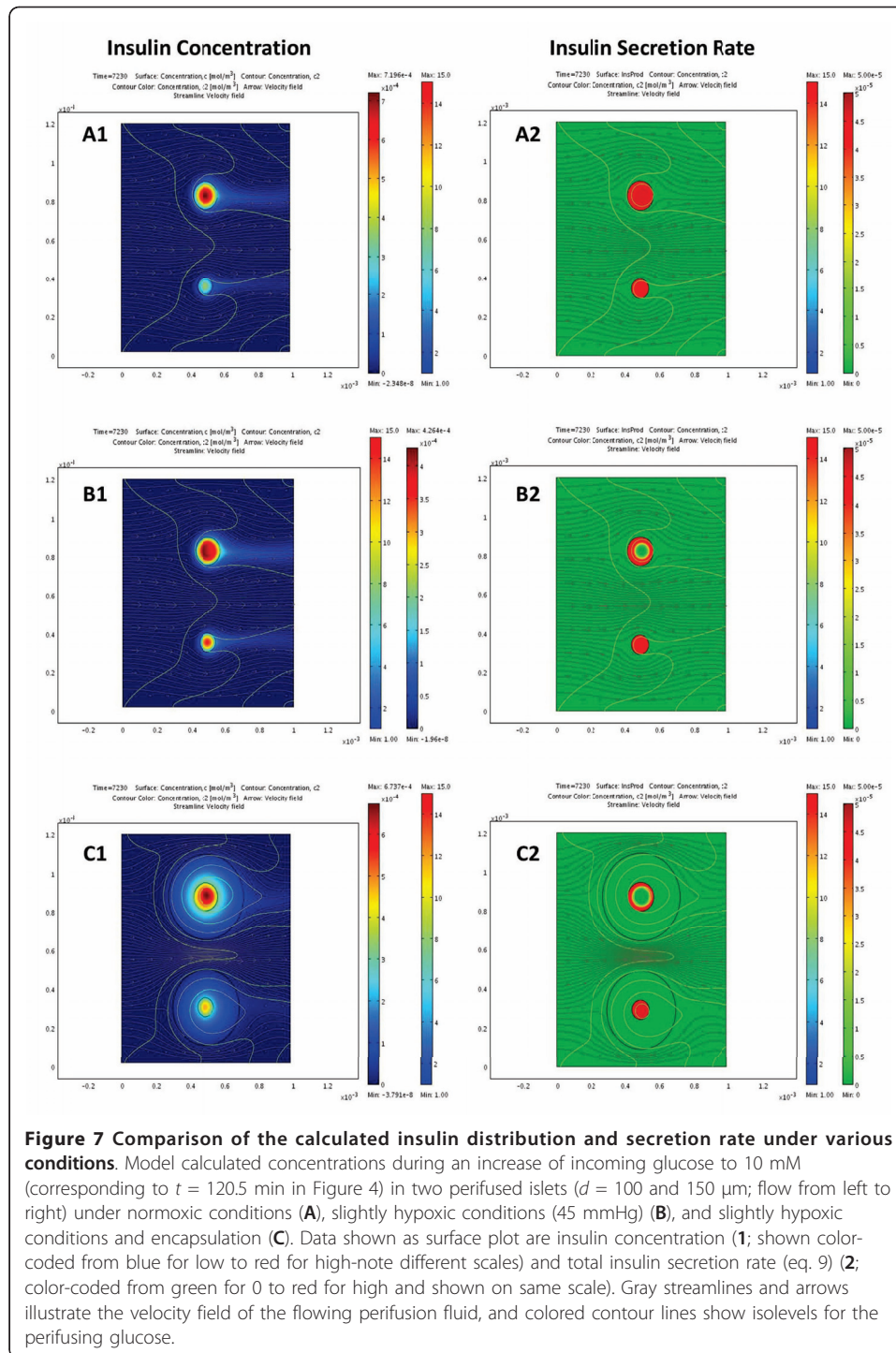
Because oxygen diffusion is a limiting factor in avascular islets, hypoxia can limit insulin secretion. The oxygen dependence of local insulin release has been parameterized so as to fit the only detailed data available, which, however, are for rat islets [27]. Insulin secretion profiles calculated here for different incoming oxygen concentrations in response to a single glucose step are shown in Figure 5 for a few representative cases. As Figure 6 shows, they give a good quantitative fit of the experimental data of reference [27]. The problem, however, is complicated by the fact that due to the larger diffusion distance, hypoxia is much more severe in the core regions of larger islets [33]; hence, hypoxia will have different effects on the insulin response of differently sized islets. This can be seen in Figure 7 and Figure 8, which show the calculated spatial distributions of insulin, oxygen, and glucose concentrations under normoxic and slightly hypoxic conditions as surface plots. Figure 9 provides further illustration by comparing oxygen concentrations and insulin secretion rates along a vertical cross section of the two islets.

Accordingly, the overall experimental response to hypoxic conditions will depend on the size-distribution of the islet sample. Human islets seem to follow a Weibull distribution with the expected value of islet diameter being around $95 \mu\text{m}$ and the expected

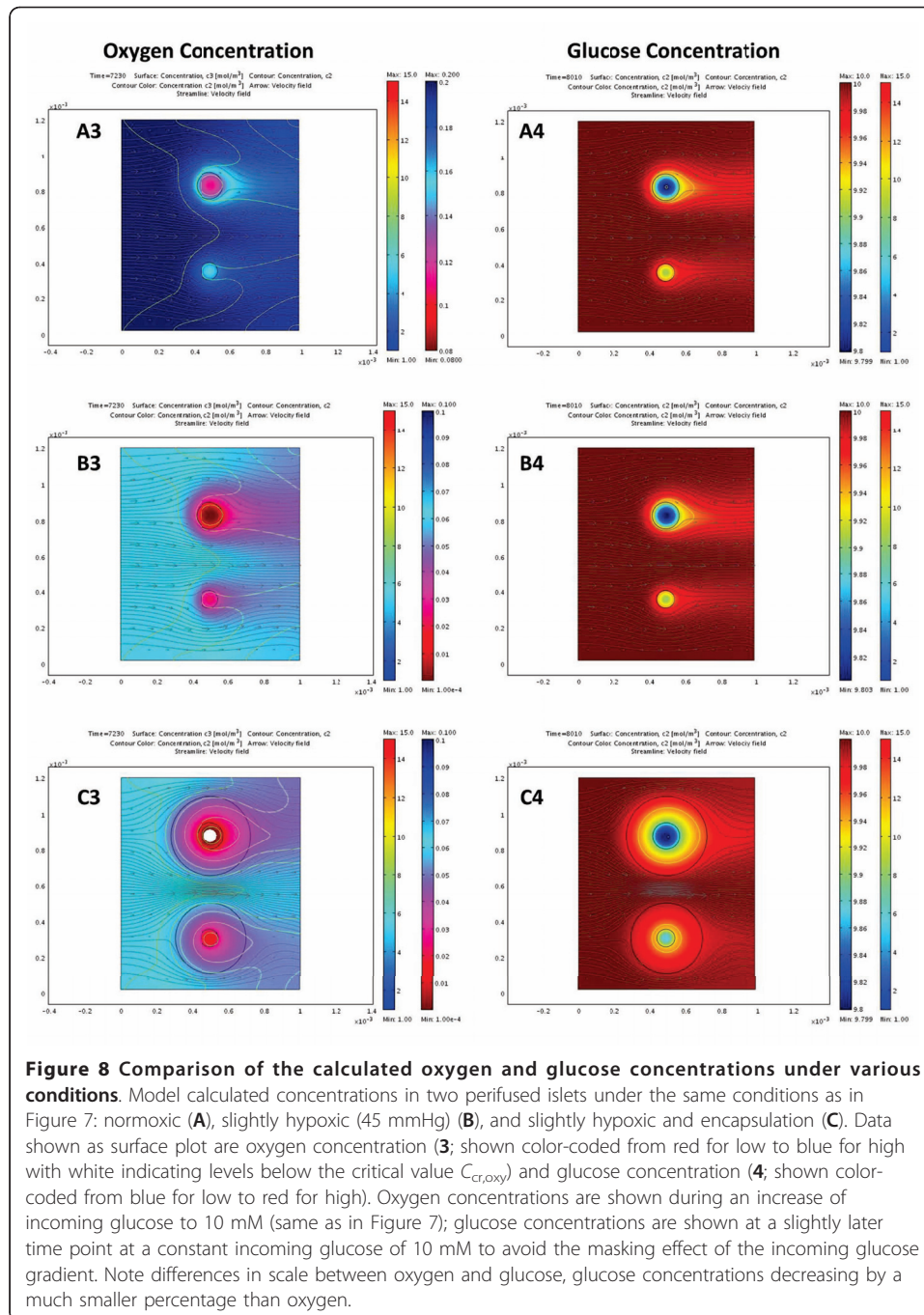


value of islet volume being $1.2 \times 10^6 \mu\text{m}^3$ (corresponding to an islet with $d = 133 \mu\text{m}$) [3]. In other words, most (human) islets are expected to have a diameter around $100 \mu\text{m}$, but most of the islet mass (volume) is coming from islets with a diameter around $150 \mu\text{m}$, which has been traditionally used as the standard islet (islet equivalent, IEQ) [81,82]. Consequently, we chose two islets with $d = 100$ and $150 \mu\text{m}$ as representative for our simplified modeling.

It is important to note that even though local insulin release is becoming limited only for oxygen concentrations below 4 mmHg ($\approx 6 \mu\text{M}$; eq. 9), the total insulin secretion of the islets starts decreasing rapidly if surrounding oxygen levels drop below $\sim 50 \text{ mmHg}$ and is already half-maximal around 25 mmHg (Figure 6). The reason, of course, is that oxygen concentrations in the core of larger islets are considerably less than in the surrounding media due to diffusion limitations (see Figure 8 and 9). It is also worth noting that overall insulin response remains essentially unchanged until oxygen pressures decrease down to $\sim 50 \text{ mmHg}$ (Figure 6), values that are present in well vascularized tissues, and then decreases rapidly. This agrees well even with results of *in vivo* experiments in dogs suggesting that moderate hypoxia ($p_{\text{O}_2} \approx 40 \text{ mmHg}$) does not affect insulin response, whereas more severe hypoxia ($p_{\text{O}_2} \approx 25 \text{ mmHg}$) markedly inhibits it [83]. A number of GSIR perfusion studies including [40] used solutions gassed with enriched oxygen (e.g., $95\% \text{ O}_2 + 5\% \text{ CO}_2$; $p_{\text{O}_2} \approx 720 \text{ mmHg}$). Compared to atmospheric oxygen ($p_{\text{O}_2} \approx 140 \text{ mmHg}$), this does not produce any changes in the insulin profile calculated with the present model (e.g., Figure 4) since with the islet sizes used here atmospheric oxygen already provides sufficient oxygenation so that insulin secretion is not limited (Figure 8A, Figure 9A). On the other hand, transplanted

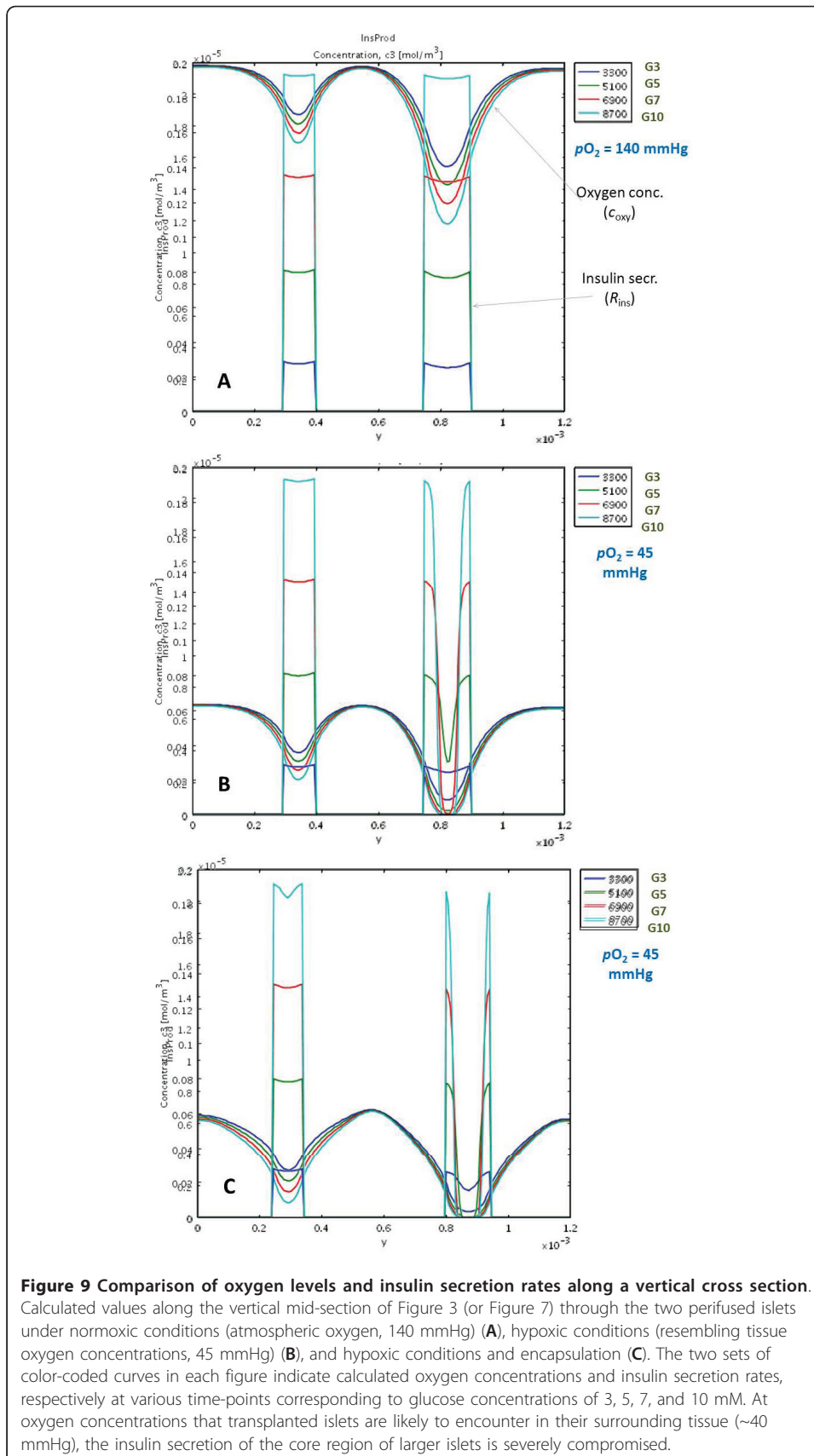


islets are likely to be subject to oxygen levels below 50 mmHg [84] depending on the seeding density and the vascularization of the surrounding tissue, which can further limit their insulin secreting ability. Availability of oxygen is the main limiting factor because, under physiological conditions, oxygen concentrations are considerably lower than glucose concentrations (e.g., around 0.05-0.2 mM vs. 3-15 mM) [62], and this is well illustrated by the present calculation in Figure 8 that compares oxygen and



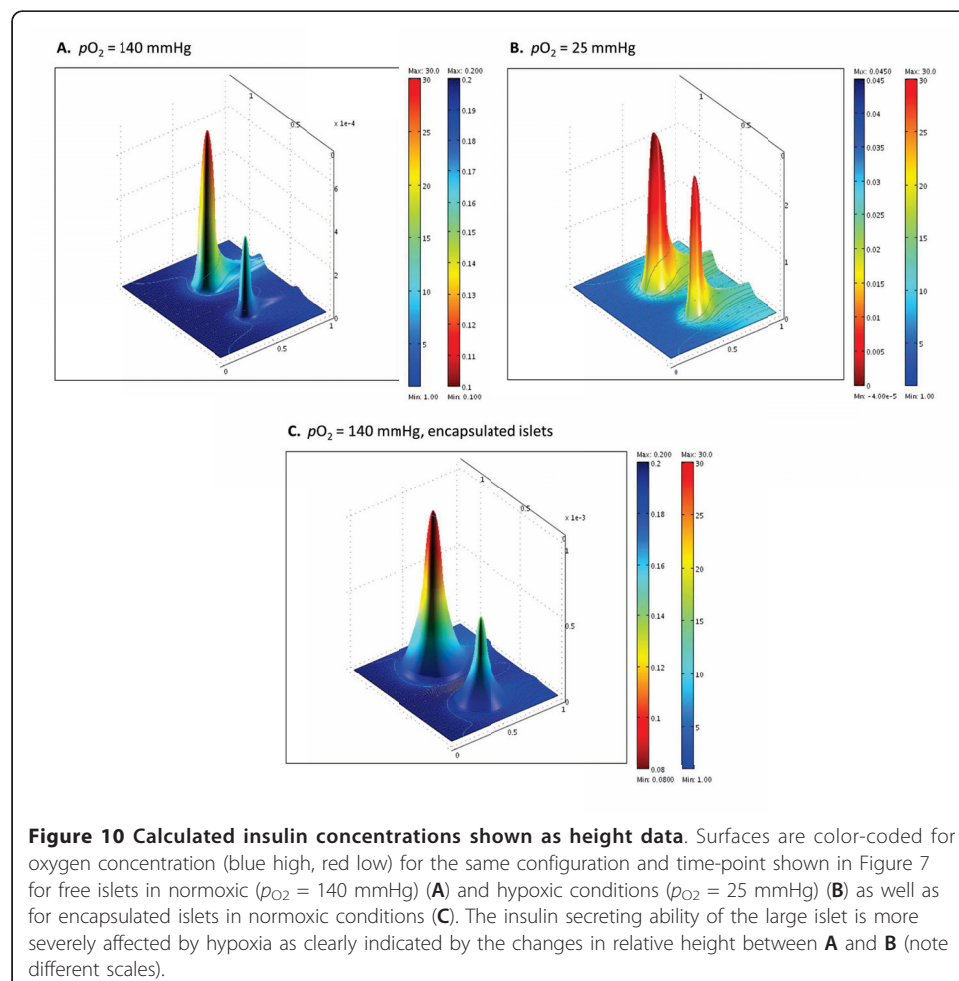
glucose concentrations across the islets. Whereas glucose concentrations in the center of larger islets are only a few percent lower than at the periphery, oxygen concentrations in the center are considerably lower than at the periphery. R. T. Kennedy and co-workers measured somewhat larger glucose concentration decreases in the center of cultured islets (10-20%) [45], but even those are much less severe than the corresponding oxygen decreases.

With the calibrated model, detailed simulations for arbitrary inflow conditions and for arbitrary islet arrangements can be performed, and corresponding detailed graphics



and animations can easily be generated. For example, calculated insulin, oxygen, and glucose concentrations along the perfusion chamber with two islets during a glucose gradient are shown in Figure 7 together with the insulin secretion rates. A set of similar results is shown in Figure 9 along a vertical cross-section through the middle of these figures. To illustrate the easy generalizability of the present approach, Additional file 1, Figure S2 shows the results of calculations obtained for a case where a supporting filter was included in the tube. While this perturbs the flow, it has essentially no effect on the overall insulin output justifying the simplifying assumptions made for the present geometry (Figure 3). Increases in the perfusion rate (e.g., up to ten-fold) also have no significant effect on calculated insulin output.

Figure 10 shows 3D graphs with insulin as height data and color-coded for the oxygen concentrations to further highlight the results of decreasing oxygen concentration in the core region of larger islets. A corresponding set of animations are included as Supporting Information to illustrate the time-course of the first-and second-phase responses following a glucose step (Additional file 2, Video S1; Additional file 3, Video S2). At normoxic conditions ($p_{O_2} = 140$ mmHg in the incoming media), the core region of even large islets is still sufficiently oxygenized due to the flowing media; hence, their insulin secretion is not limited. However, this is no longer true for hypoxic

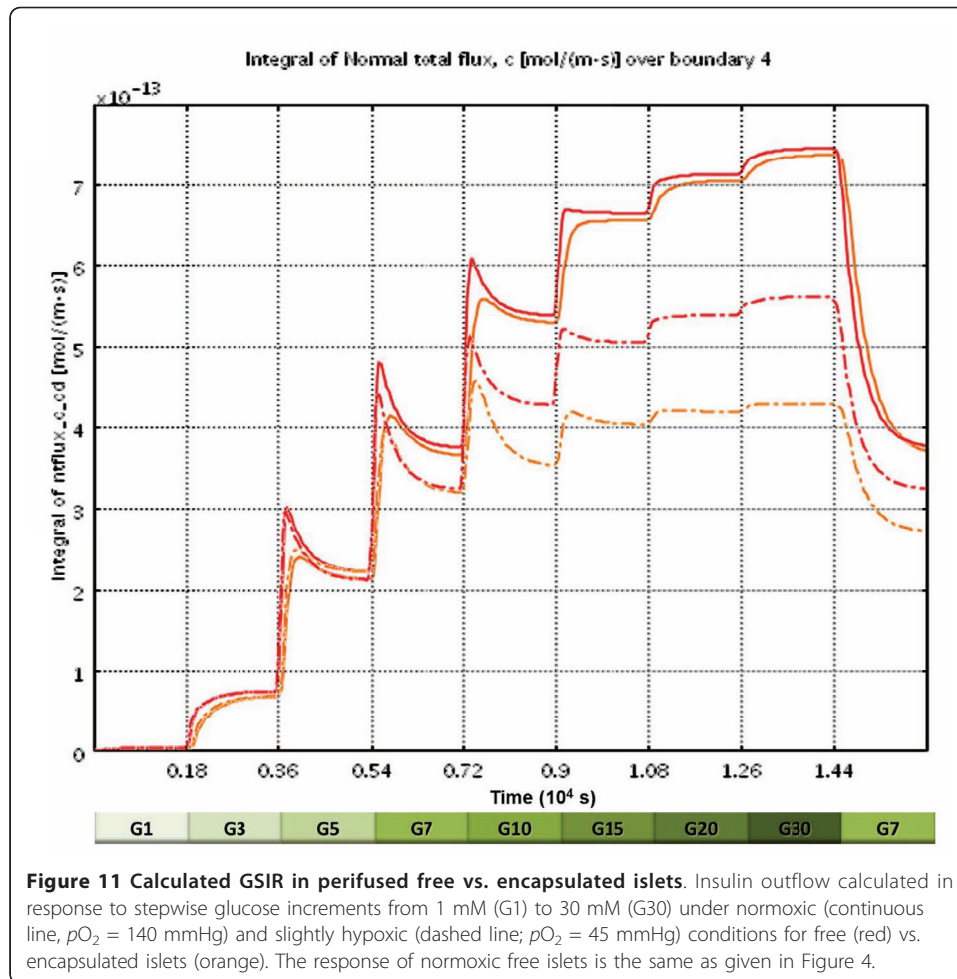


conditions as illustrated by Figure 9B or by Figure 10B showing the corresponding results for p_{O_2} of 45 and 25 mmHg, respectively in the incoming media. Contrary to the previous case, the two islets are predicted to secrete about similar insulin amounts despite their different sizes due to the more severe oxygen limitations in the core region of the larger islet, which restricts insulin secretion to an outside shell only in large islets. These results are in good agreement with observations suggesting that smaller islets tend to perform better in islet transplantation (with or without encapsulation) [85-88].

Encapsulated islets

In patients with type 1 diabetes mellitus, the transplantation of pancreatic islet cells can normalize metabolic control in a way that has been virtually impossible to achieve with exogenous insulin, and is being explored, in a selected cohort of patients with brittle diabetes, as an experimental therapy [89,90]. To avoid the need for life-long immunosuppression, islet encapsulation using semi-permeable membranes and various techniques has long been explored as a possible approach to develop a bioartificial pancreas—an organ capable of releasing insulin in a biomimetic manner in response to plasma glucose changes [11-13]. Many failed attempts [91] made it clear that minimizing the extra volume of encapsulating material (as well as cellular overgrowth) and the corresponding diffusional limitations are crucial for graft success. Hence, there is a considerable interest in modeling the insulin responses of such devices [20-26].

Encapsulated islets remain avascular; hence, the present software can be easily extended to model their behavior under perfusion or tissue transplant conditions. For example, as Figure 11 shows, simulations with the present model for microencapsulated islets (assuming hydrogel-like encapsulating material of a relatively modest width, $l = 150 \mu\text{m}$) predicts that perfusion results in somewhat delayed and dampened insulin response, but insulin response kinetics is maintained to a good degree. This is in good agreement with some experimental results obtained, for example, with alginate microencapsulated islets (using oxygen-enriched perfusion media to minimize the effects of oxygen limitation) [92,93]. However, at lower perfusing oxygen concentrations, such as those mimicking tissue oxygen concentrations that transplanted islets are likely to encounter even in well-vascularized tissue ($p_{O_2} = 35\text{-}45 \text{ mmHg}$; $c_{O_2} = 0.05\text{-}0.065 \text{ mM}$), the loss in insulin secreting ability is much more significant as the encapsulated islets here suffer much more heavily from hypoxia (Figure 7, Figure 9, and Figure 10). Whereas, under these conditions, free islets can still secrete insulin at around 70-75% of their normal rate (and, for transplanted islets, will improve with time as their vasculature is restored), encapsulated islets can only operate at around 50% of the full rate and their response is especially hampered at larger glucose levels (Figure 6, Figure 11). As nicely illustrated by Figure 7 and Figure 9, only a relatively small percentage of the encapsulated islets cells is able to secrete insulin at full capacity; oxygen diffusion limitations severely restrict the hormone secreting ability of the core regions even at this relatively thin microcapsule size—further emphasizing the need for conformal/nano-coating or other alternative approaches [13,94,95]. These results reconfirm the finding of some previous modeling work with cultured or encapsulated islets [75,76], which focused on the limiting effect of hypoxia but without incorporating



details of the glucose-insulin response, that also suggested that the use of smaller islets (or islet cell aggregates) could reduce the impact of oxygen diffusion limitation.

Modeling considerations

Obviously, this is still a much simplified, exploratory model; the actual mechanism of glucose-induced insulin secretion in β -cells is complex and involves various molecular-level events [1,2,36,37,39,70,96,97]. The present model gives an adequate quantitative description of the main distinctive features of insulin release, but, at this stage, does not account for interspecies differences and does not incorporate a number of effects known to affect glucose-induced insulin release including, e.g., amplifiers such as glucagon-like peptide-1 (GLP-1) as well as time-dependent effects (i.e., both time-dependent inhibition and potentiation; e.g., the “glucose priming” effect) [98].

One of the most complex technical control systems that is widely used in industrial control systems and has been suggested as a possibility for the glucose-insulin control system is the proportional-integral-derivative controller (PID controller) [1,8-10]. PID controllers are also particularly promising for closed-loop insulin delivery systems with continuous glucose sensors [8-10,99]. This control loop feedback mechanism uses a combination of proportional, integral, and differential (PID) terms so that the control signal has elements that are functions of the error signal itself ($\varepsilon = \zeta - \zeta_o$, the difference

between the existing output ζ and its desired value ζ_o), its integral ($\int \varepsilon dt$), and its differential ($d\varepsilon/dt$). In other words, the controller output signal ψ can be written as a function of time as:

$$\psi_{PID}(t) = \alpha_p \varepsilon(t) + \alpha_i \int_0^t \varepsilon(\tau) d\tau + \alpha_d \frac{d\varepsilon(t)}{dt} \quad (11)$$

PID control works great in linear systems; however, biological systems are never fully linear: proportional responses are only possible over some limited range as biological responses (e.g., hormone secretion rates, enzymatic degradation rates, nerve firing rates, etc.) are always limited between zero and some maximum value. Biologic systems are always nonlinear, never stationary, but robust, which often comes from coupling of different, overlapping systems [1]. Accordingly, responses in biologic systems are much better described by sigmoid functions; hence, the present suggestion for sigmoid proportional-integral-derivative controllers (SPID controllers) for biologic responses. Use of the Hill function f_H (eq. 2) allows sigmoid responses with limited maximum rates (R_{max}) and flexible shapes (n):

$$\psi_{SPID}(t) = \alpha_p f_H[\varepsilon(t)] + \alpha_i f_H \left[\int_{t-\theta}^t \varepsilon(\tau) d\tau \right] + \alpha_d f_H \left[\frac{d\varepsilon(t)}{dt} \right] \quad (12)$$

Here, we used the sigmoid direct (proportional) term to model the oxygen and glucose consumptions as well as the second phase insulin release, and the sigmoid differential term to model the first-phase insulin release (with c_{gluc} itself as the “error” signal ε ; Figure 1). As always, the role of the differential term is to speed up the system; i.e., to give a large correction signal as soon as possible when the monitored value changes suddenly—exactly the role played by the first-phase insulin secretion. In the present model, we could not yet implement an integral term despite a clear need for such a term over a specified time interval to account, for example, for some inertia and/or delay in insulin secretion (integral control is part of several models, i.e., [8-10,73,99,100]). However, addition of the extra compartment for delayed insulin release actually incorporates some elements usually accounted for by such an integral term.

Conclusion

In conclusion, a comprehensive insulin secretion model for avascular pancreatic islets has been implemented using Hill-type sigmoid response functions to describe both glucose and oxygen dependence. Detailed spatial distributions of all concentrations of interest are incorporated and coupled via local consumption and release functions. Following parameterization, good fit could be obtained with experimental perfusion data of human islets. Further optimization of the model is required; however, the present approach makes it relatively straightforward to couple arbitrarily complex hormone secretion and nutrient consumption kinetics with diffusive and even convective transport and run simulations with realistic geometries without symmetry or other restrictions—problems that seriously limited previous glucose-insulin modeling attempts. Because of the general framework of the implementation, the model not only helps in the elucidation of the quantitative aspects of the insulin secretion dynamics, but also

allows the *in silico* exploration of various conformations involving cultured, perfused, transplanted, or encapsulated islets including the simulation of GSIR perfusion experiments or the study of the performance of bioartificial pancreas type devices.

Additional material

Additional file 1: Supporting Information, Figures S1 and S2. Two supporting figures with Figure S1 showing the local oxygen-dependent modulating function and Figure S2 showing model calculations with a supporting filter included in the perfusion tube.

Additional file 2: Supporting Information, Video S1. Movie file showing the time-course of the insulin response of two islets to a glucose step (3 mM → 11 mM → 3 mM) under normoxic conditions (pO_2 140 mmHg) in a 3D representation with insulin concentration as height data and a surface color-coded for oxygen concentration (similar to Figure 10).

Additional file 3: Supporting Information, Video S2. Movie file showing the time-course of the insulin response of two islets to a glucose step (3 mM → 11 mM → 3 mM) under hypoxic conditions (pO_2 25 mmHg) in a 3D representation with insulin concentration as height data and a surface color-coded for oxygen concentration (similar to Figure 10).

Acknowledgements

The financial support of the Diabetes Research Institute Foundation <http://www.diabetesresearch.org> that made this work possible is gratefully acknowledged.

Authors' contributions

PB is the only author.

Competing interests

The author declares that he has no competing interests.

Received: 25 April 2011 Accepted: 21 June 2011 Published: 21 June 2011

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doi:10.1186/1742-4682-8-20

Cite this article as: Buchwald: A local glucose-and oxygen concentration-based insulin secretion model for pancreatic islets. *Theoretical Biology and Medical Modelling* 2011 **8**:20.

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