Six Degrees of Separation: The Oxygen Effect in the Development of Radiosensitizers

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## Abstract

The popular theory six degrees of separation is used in this review as an analogy to relate all radiosensitization to oxygen. As the prime mover of all radiosensitizers, the pervasive influence of oxygen has consciously or unconsciously influenced the direction of research and development and provided the benchmark against which all other compounds and approaches are measured. It is the aim of this review to develop the six degrees of separation from oxygen analogy as a unifying framework for conceptually organizing the field and for giving context to its varied subspecializations and theories. Under such a framework, it would become possible for one area to consider questions and problems found in other areas of radiosensitization, using a common analogy, that would allow for further development and unification of this multifaceted discipline. In this review, approaches to the development of radiosensitizers and the current state of research in this field are discussed, including promising new agents in various stages of clinical development.

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#### Introduction

The view that everything is connected to everything else according to the popular six degrees of separation theory finds corroboration on a therapeutic level in the field of radiosensitization. Analogous to a phylogenetic tree, the evolutionary lineage of radiation sensitizers from the oxygen radiosensitizers to the hypoxic cytotoxins can be traced back to a common ancestor—oxygen, the first "true" radiation sensitizer. The tree metaphor not only offers a way to keep track of the features of different radiosensitizers but also provides a framework for conceptualizing diverse mechanistic approaches. In this review, we outline the approaches to the development of radiosensitizers and discuss the current state of research.

As solid tumor growth outstrips the ability of the surrounding vasculature to supply blood and nutrients to the new cells, the tumor cell mass becomes increasingly heterogeneous, with microscopic and macroscopic areas of necrosis surrounded by cells that have very low oxygenation levels. Under normal circumstances, tumor cells would undergo apoptosis, mainly through the p53 pathway; however, these more aggressive, hypoxic cells adapt to the low oxygen levels by activation of a number of genes, including the hypoxia-inducible factor (HIF) pathway. HIF-1 $\alpha$ , in particular, is associated with the induction of vascular endothelial growth factor (VEGF) and factors regulating glucose transport and glycolysis such as GLUT-1 and GLUT-3 [1], enabling the tumor to independently build vasculature and to

support metabolic pathways. The ability of more aggressive cancer cells to survive hypoxic conditions leads to selection against apoptosis and an increased resistance to chemotherapy, as well as a propensity to metastasize. Indeed, tumor hypoxia itself [2], as well as elevated levels of HIF-1 $\alpha$  [3], has been linked to poor treatment success characterized by drug resistance, cancer recurrence, and poor survival rates. The low oxygen levels in tumors are also associated with a poor response to radiotherapy [4]. For example, nearly 40% of breast cancers have hypoxic regions with oxygen concentrations below that required for half-maximal radiosensitivity [5].

Well-oxygenated cells show enhanced radiosensitization compared to hypoxic cells. This oxygen enhancement ratio typically ranges between 2.5 and 3.0 [6]. Oxygen enhancement ratio is described as the relative sensitivity of oxic cells/anoxic cells to the lethal effects of low linear-energy-transfer (LET) radiation: As the level of oxygen increases, so does the sensitivity of cells to radiation. Through its unique electronic configuration, oxygen, the definitive blueprint for radiosensitizers,

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promotes free radical formation. As the most electron-affinic cellular molecule, it is readily reduced by electrons formed from the incident radiation. On irradiation of oxygenated tumors, energy transfer results in the radiolysis of water with the initial formation of an ion radical that then forms the highly reactive hydroxyl radical after reaction with another water molecule. The presence of oxygen leads to the formation of peroxide after reaction with the hydroxyl radical. Formation of peroxide results in "fixation" or permanent cellular and DNA damage. For this reason, oxygen is the definitive hypoxic cell sensitizer and its primacy in radiation sensitization is referred to the "oxygen effect."

In the absence of oxygen, peroxide is not formed and the sulfhydrylcontaining groups such as cysteine and glutathione can restore or reconstitute DNA through hydrogen donation. As a result, hypoxia, endemic to most solid cancers, can lead to radioresistance both through increased free radical scavenging and through changes in the pattern of gene expression (e.g., induced by upregulation of the transcription factor, HIF-1 $\alpha$ ), which alters the malignant potential of tumors leading to more aggressive survival traits and resistance to radiation and chemotherapy.

The oxygen effect has driven the evolution of radiosensitization from initial attempts to increase the oxygenation of tumors with hyperbaric gases to the use of increasingly sophisticated, targeted approaches that take advantage of physiological differences in  $PO_2$  between tumors and healthy tissue.

Radiosensitizers evolved from the same common ancestor—oxygen; as a result, however different their mechanisms of action, they are interrelated through the common thread of their dependence on (or independence from) the oxygen effect. Thus, understanding the mechanism of action of a radiosensitizer amounts to understanding where on the phylogenetic tree a compound's traits exist. Mechanistic categories of radiosensitizers are described below.

# Increasing Oxygen Delivery to the Tumor: Oxygen Radiosensitizers

- 1. Hyperbaric oxygen
- 2. ARCON
- 3. RSR-13
- 4. Erythropoietin
- 5. Blood transfusions
- 6. Oxyrens
- 7. Local oxygenation

The age of radiosensitization was ushered in by the pioneering work of Thomlinson and Gray [7] demonstrating that the sensitivity of tumor cells to radiation damage depended on the presence of oxygen in the tumor microenvironment. This seminal discovery, describing diffusion-limited hypoxia, paved the way for the development of radiosensitizers that attempted to increase the oxygen content of tumors. Based on this model in which oxygen delivery is compromised by limited diffusion inside tumors, early approaches to improve oxygen status of tumors involved administration of hyperbaric oxygen (HBO) [8]. However, although breathing oxygen during radiotherapy had limited success in head and neck and cervical cancers, there was no benefit in other cancers such as the CNS, bladder, and skin. Moreover, the administration of HBO has proved cumbersome and has also resulted in serious adverse effects from oxygen toxicity in clinical application. Interest in this approach has, therefore, waned significantly.

Whereas exposure to HBO and carbogen (i.e., 95% oxygen/5% carbon dioxide) increases the oxygen diffusion distance, thereby reduc-

ing chronic hypoxia, these modalities do not address acute hypoxia resulting from inadequate blood flow in tumors or anemic hypoxia which may be tumor-associated or treatment-related. The failure of HBO or carbogen as radiosensitizers may be due, therefore, to their failure to correct these other causes of tumor hypoxia.

The need to address acute, as well as chronic hypoxia, led to the investigation of ARCON (Accelerated Radiotherapy, Carbogen, and Nicotinamide) [9,10], a mixed modality approach, to attempt to overcome tumor proliferation and reverse chronic and acute hypoxia, respectively. Nicotinamide, a vasodilator, was included in the regimen to increase tumor blood flow to increase tumor PO<sub>2</sub>. However, results in squamous cell carcinoma of the head and neck were mixed, with benefit reported in laryngeal tumors but not in oral cavity and oropharyngeal tumors [10].

Other direct-line descendants of the increased tumor oxygenation approach include the use of blood transfusions and dosing of erythropoietin to increase hemoglobin concentration. However, correction of anemia with blood transfusions or erythropoietin has, in some cases, shown a decrement in patient survival and is an area of recent controversy [11,12]. An alternative approach involves increasing tumor oxygen using hemoglobin-affecting drugs dubbed Oxyrens or oxygen release enhancers. Efaproxiral (RSR-13) is a synthetic allosteric modifier of hemoglobin that decreases hemoglobin-oxygen binding capacity, thereby enabling greater oxygen delivery to tissues. However, results from ongoing trials with this drug have had limited success. In particular, although Efaproxiral was well tolerated and shown to increase oxygen delivery, the ENRICH trial in patients with breast cancer metastatic to the brain did not demonstrate a radiosensitizing effect [13], and currently, there are no ongoing, actively recruiting clinical trials with this drug. Myo-inositol trispyrophosphate or OXY111A is a novel allosteric modulator of oxygen affinity to hemoglobin that has been shown to enhance delivery of oxygen to hypoxic tissues in preclinical studies resulting in the lower expression of HIF-1 $\alpha$  and VEGF with concomitant reduced angiogenesis compared to control [14,15]. Although no clinical or preclinical studies have described the activity of a combination of this drug with radiation, the development of OXY111A is still at an early stage with the compound currently in phase 1.

Using a different, but direct approach that is particularly applicable to nonresectable tumors, Ogawa et al. developed a radiosensitizing treatment that directly oxygenated the tumor through intratumoral administration of hydrogen peroxide either alone [16] or with a peroxidase inhibitor in the form of hyaluronic acid [17]. In a phase 1 trial, Kochi Oxydol-Radiation Therapy for Unresectable Carcinomas, type II (KORTUC II) was found to be well tolerated with adverse effects limited to mild local pain, with 9 of 11 patients demonstrating a complete response by RECIST criteria [18].

# **Oxygen Mimetics/Electron-Affinity Agents**

- 1. Nitroimidazoles
- 2. Transition metal complexes
- 3. Nitric oxide

The development of "oxygen mimetics," using the chemical properties of molecular oxygen as a template, feature compounds with high electron affinities and better diffusion properties into anoxic tissue. Unlike oxygen, which is rapidly consumed by respiring cells, these agents are less rapidly metabolized by tumors, enabling better diffusion and penetration into hypoxic regions. These compounds are described as "true radiosensitizers" in that they can theoretically substitute for oxygen in "fixing" radiation-induced damage of DNA, making it nonrepairable and hence lethal. They represent the first evolutionary branch off the main trunk in the development of potential radiosensitizers.

The most well studied and representative class of oxygen mimetics is that of the nitroimidazoles, which undergo enzymatic and radiationinduced redox reactions. These agents have no intrinsic activity; their effect only becomes evident in the presence of ionizing radiation to "fix" or stabilize DNA radical lesions in an oxygen-deficient cell. In preclinical studies, the 2-nitroimidazole, misonidazole, had a higher electron affinity and was more effective than the 5-nitro imidazole, metronidazole (Flagyl), resulting in significant sensitization of tumors to radiation without concomitant effects in normal tissues [19–21]. In hypoxic tumor cells, nitroimidazoles undergo a series of enzymatic reductions, mediated by nitroreductase enzymes expressed under hypoxic conditions, leading to the generation of highly reactive anion radicals, which then irreversibly bind to cellular components.

In clinical trials, however, misonidazole caused severe peripheral and central neuropathy, which precluded safe and efficacious use in combination with radiotherapy. Notably, at clinically tolerable doses, misonidazole was ineffective as a radiosensitizer [22]. Interestingly, the less electron-affinic 5-subsituted nitroimidazole, metronidazole, did not cause the same level of neuropathy but was an inferior radiosensitizer. Although neurotoxicity associated with nitroimidazole therapy is not fully understood, this effect has been attributed to a redox reaction of catecholamine and serotonin neurotransmitters with the nitroimidazoles leading to the oxidative formation of neurotoxic semiquinone radicals [23,24]. An alternative hypothesis suggests that the generation of highly reactive nitro anion radicals is responsible for "axonal swelling with increased water retention" [25]. This alternative hypothesis was supported by data from less lipophilic analogs, including the nitrotriazole, Sanazole, that were found to be less neurotoxic [26]. Secondgeneration nitroimidazole radiosensitizers (e.g., nimorazole, etanidazole) were designed to increase hydrophilicity and thereby minimize exposure to neural tissues. Of these, etanidazole, had the best preclinical toxicity and efficacy profile but, unfortunately, did not afford any global benefit for patients of head and neck cancers in randomized studies [27].

Nitrogen oxides and nitric oxide, in particular, act as radiosensitizers through many different mechanisms and by direct and indirect means. Although nitric oxide as a radiosensitizer is described in more detail below, it is important to note that one mechanism of its action is in "fixing" radiation-induced damage to cellular molecules, in an analogous way to oxygen.

#### **Transition Metal Complexes**

- 1. Platinum analogs
- 2. Motexafin gadolinium

Mimicking the redox systems of the nitroimidazoles, the chemistry of transition metal complexes has been exploited for use in radiosensitization. By far, the most successful and best-known clinical example of a metal complex, which enhances the effect of radiation in hypoxic cells, is the cytotoxic drug, cisplatin. Several possible mechanisms by which platinum complexes (cisplatin, oxaliplatin, and carboplatin) sensitize tumors to radiation have been described, including inhibition of DNA repair [28]. However, like the nitroimidazoles, they also have the potential to form radicals by accepting hydrated electrons generated by ionizing radiation and "fix" radiation damage. Importantly, these agents are not selective and therefore possess significant normal tissue toxicity arising from the metal-mediated generation of the hydroxyl radical through the Fenton reaction [28].

In contrast to cisplatin, radiosensitizers based on lanthanide (III) complexes have little or no intrinsic activity but undergo futile redox cycling [29,30]: In the 3+ oxidation state, the metal complexes have high electron affinity allowing ready electron transfer between the metal and other cellular substrates such as DNA, water, oxygen, and intracellular reducing agents [31]. The subsequent catalytic transfer of the electron to oxygen not only produces reactive species like hydrogen peroxide that lead to oxidative damage by direct attack of biological macromolecules but also regenerates the initial parent compound in an unchanged form. The cycle repeats itself and can potentially deplete the cell of the reservoir of its cytoprotective agents and energy. This catalytic behavior has been termed *futile redox cycling* and is ultimately toxic to cells by inhibiting cellular repair [22].

Gadolinium porphyrin complexes, composed of the lanthanide coordinated to a porphyrin (motexafin gadolinium, MGd, Xcytrin or Gd(III)-tex), have been investigated as potential radiosensitizers [32-34]. In vitro studies suggest that gadolinium is able to deplete ascorbate and glutathione by direct binding, leading to a consequent increase in free radical production with improved radiosensitivity [35]. Although, preclinically, this radiosensitization effect was not uniform over different tumor types [36], clinical development demonstrated a benefit to patients [34]. In a phase 1 study, MRI showed a passive accumulation of the drug in tumor cells, presumably by extravasation from leaky vessels [32,34]. In a phase 3 study, patients with non-small cell lung cancer (NSCLC) brain metastases when treated with whole brain RT and Xcytrin experienced a significantly prolonged interval to neurological progression compared to patients treated with RT alone [37]. In 2007, Pharmacyclics received a nonapprovable letter from the US Food and Drug Administration for Xcytrin, and no further development has been reported.

## Hypoxic Cytotoxins (HACs)

- 1. Mitomycin, porfiromycin, and apaziquone
- 2. Tirapazamine
- 3. AQ4N

Like a family tree, the radiosensitizer evolutionary branches diverge in an entirely different direction with hypoxic cytotoxins. These classes of compounds attempt to exploit, rather than overcome, tumor hypoxia. The drawbacks of tumor reoxygenation and the oxygen mimetics led to an interest in research on hypoxia-selective agents that had independent cytotoxic activity in addition to radiosensitization. These hypoxia-activated cytotoxins (HACs) were developed based on the hypothesis that the differences in oxygenation between normal and malignant cells can be turned from a prognostic handicap into a clinical advantage [2,38]. Conceptually, compounds that are converted to cytotoxic agents under different oxygenation states should be effective radiosensitizers. For all of these compounds, because activation occurs rapidly, a balance of key parameters was found to be critical for effective antitumor activity. Of these the reduction potential [39,40], a factor that influences the ratio of activity under hypoxic versus normoxic conditions, the relative expression of the relevant reductases in tumor versus normal tissue [41], and tumor penetration [42] have proven to be most important [43].

## Mitomycin, Porfiromycin, Apaziquone

Mitomycin C (MMC) is the prototype radiosensitizing natural product cytotoxin that undergoes enzymatic reduction to generate an alkylating species; however, it has severe adverse effects attributed to its lack of preferential selectivity for hypoxic cells and, in most clinical trials, was only administered once or twice during a radiotherapy course [44]. Although it is no longer widely used clinically, MMC did demonstrate the potential of bioreductively activated drugs to selectively kill hypoxic cells in solid tumors [45]. The molecular mechanism of MMC, bioactivation through CYP 450 reductive metabolism, followed by a N-alkylation [46], represents a model for HAC. These include Porfiromycin (methyl mitomycin) [47], a close analog of MMC that has an improved therapeutic index compared to MMC. The combination of radiotherapy and Porfiromycin has been studied both preclinically [47-49] and in a number of long-term trials in patients with squamous cell cancer of the head comparing the effect of radiotherapy with either Porfiromycin or MMC [50,51]. Despite promising preclinical data, Porfiromycin was found not be as effective as MMC when combined with radiotherapy for the treatment of this tumor type [50].

Structurally similar to MMC, apaziquone (EOquin, EO9) is a bioreductive cytotoxic agent that retains the indolequinone functionality required for activity [52]. Apaziquone undergoes an oxygen dependent one electron reduction, mediated by NQO1 (NAD(P)H: Quinone oxidoreductase, EC 1.6.99.2) [53] to give a radical species with cytotoxic activity through DNA double-strand breaks. Although NQO1 is the primary activation catalyst for this drug, activity under hypoxic conditions has been reported in those tumors that have low or no levels of NQO1. Under these conditions, activation of apaziquone is catalyzed by singleelectron reductases, for example, CYP450s. In addition, the drug also undergoes an oxygen-independent two electron reduction by DT diaphorase [54,55]. In early clinical studies of the drug administered IV, however, poor pharmacokinetic properties, especially rapid clearance and poor tumor penetration as well as an unfavorable toxicity profile, resulted in a reexamination of the route of delivery [56]. Apaziquone is now being developed for superficial bladder cancer and is being administered intravesically [52,57-59].

# Tirapazamine

Originally identified as a herbicidal agent, the nitroxide tirapazamine (TPZ) was first described as a potential anticancer agent in 1986 [60]. The chemical structure of this compound incorporates a 1,2,4benzotriazine-1,4 dioxide group that is susceptible to bioreduction. TPZ differs from the oxygen mimetics in that it does not "fix" radiationinduced DNA damage, but like the HAPs and HACs, is preferentially cytotoxic under hypoxic conditions. Unlike other HAPs and HACs, however, bioreduction results in the generation of a cytotoxic radical that exerts its effects directly on the surrounding tissue. In a form of futile cycling, TPZ undergoes reversible, one-electron reduction to form a neutral radical intermediate under aerobic conditions. Under hypoxic conditions, this radical is stabilized and can act as a cytotoxic agent in its own right [61]. Further hemolytic cleavage results in the expulsion of a hydroxyl radical, a known DNA-damaging species [40].

TPZ was found to markedly increase radiation-induced cell death in a dose- and schedule-dependent manner, particularly in hypoxic tumors [62]. Promising results were obtained in various preclinical studies and early-phase clinical trials in lung cancer, cervical cancer, ovarian cancer, melanoma, and head and neck cancer, with specific synergy being seen between TPZ and fractionated radiation and platinum-based chemotherapy. However, despite these encouraging results, several phase 3 trials failed to demonstrate any benefit in response rate, overall survival, or progression-free survival of adding TPZ to chemotherapy or radiation therapy in NSCLC or head and neck cancer. A recent review describes the key clinical studies in the development of TPZ [63]. Research into TPZ is now focused on the identification of the specific characteristics that resulted in the observed narrow therapeutic window and designing improved analogs. Preliminary results suggest that, once activated, TPZ reacts very quickly. A consequence of these kinetics is that cytotoxic activity occurs in a small area of cells that have the requisite level of hypoxia for activation, with little cell killing, or poor bystander effect, beyond this region. In addition, TPZ has been shown to have poor tumor penetration properties that may arise from not just poor physicochemical properties but also from vascular disrupting activity that increases tumor hypoxia and restricts tumor penetration further [64]. Analogs with improved physicochemical properties are the subject of current research [65-67]; however, the future of TPZ itself is uncertain and may depend on the ability to select those patients who have tumors that are profoundly hypoxic.

# AQ4N

Exploiting the observation that N-oxides are nontoxic metabolites of tertiary amine drugs, AQ4N (banoxantrone) was designed to have antitumor activity once it was reduced from a benign, fully oxidized species, with little intrinsic activity, by CYP450 enzymes, particularly CYP3A [68–70]. The high polarity of the di-N-oxide functional groups on the side chains prevented entry into cell nuclei and DNA binding, contributing to the very low intrinsic activity of the fully oxidized derivative [69]. AQ4N was also designed to release a stable and persistent cytotoxin, AQ4 a potent DNA intercalator and topoisomerase II poison [70], similar in structure to mitoxantrone, that would, potentially, have a greater bystander effect. This feature was to circumvent the drawback of TPZ and analogs that are activated and consumed in areas of specific hypoxia. In preclinical models, AQ4N enhanced the effect of radiation in an additive manner, independent of the schedule of dosing with respect to radiation [71-73]. AQ4N has been investigated in the clinic as a single agent and in combination with radiation and temozolomide. Although single-agent trials were promising [74-76], with AQ4N exhibiting accumulation in the tumor, low overall toxicity and some partial responses in patients, results from combination trials with radiation have not been reported to date and no new studies are planned.

# **Direct Targeting of Hypoxia-Related Molecules**

- 1. HIF-1α
- 2. Inhibitor of apoptosis (IAP) proteins, Survivin and XIAP

HIF-1 $\alpha$  is the central transcriptional mediator of the hypoxic response in tumor cells and its overexpression is associated with increased angiogenesis, radioresistance, and a clinically poor prognosis in a variety of malignant tumors [77]. Therefore, HIF-1 $\alpha$  and related proteins may serve as a radiotherapeutic target. Although there are no anticancer drugs that explicitly target HIF-1 $\alpha$ , there are a surprising number of approved and experimental drugs that decrease levels of HIF-1 $\alpha$ . These fall into a wide category of mechanisms that include antibodies against HER2, topoisomerase inhibitors, inhibitors of DNA activation through HDAC, and HSP90 inhibitors [78–80].

Several novel small molecule inhibitors of HIF-1 $\alpha$  are now in early clinical trials. PX-478, an orally administered compound with radiosensitizing properties, derived from the clinical alkylating agent melphalan [81], is an inhibitor of HIF-1 $\alpha$  expression [81–83]. In a phase 1 trial of PX-478 [84], 35% of patients achieved a stable disease response along with dose-proportional inhibition of HIF-1 $\alpha$ levels. Interestingly, because PX-478 differs chemically from melphalan solely through oxidation to an N-oxide functionality, by analogy with the N-oxide AQ4N, PX-478 could also be considered as a hypoxia-activated cytotoxic agent. Nevertheless, data to date describe the activity of PX-478 as being linked to changes in HIF-1 $\alpha$  signaling after irradiation, suggesting a mechanism independent of melphalanlike effects [85,86]. However, the association with melphalan, which does not have radiosensitizing properties, diminishes the attractiveness for the development of PX-478 in combination with radiation.

Phase 1 clinical trials with EZN-2968, an antisense oligonucleotide inhibitor of HIF-1 $\alpha$  expression, demonstrated safety and potential activity in one patient with metastatic renal cell carcinoma [80].

The expression of HIF-1 $\alpha$  is closely correlated with the expression of a family of proteins , the inhibitors of apoptosis (IAP) that regulate cell death [87]. Of these, survivin and XIAP [88,89] are upregulated in malignant tissue, but not in normal tissue, making them attractive therapeutic targets. Inactivation of these IAPs using antisense oligonucleotides has resulted in radiosensitization [90] as well as chemosensitization effects [91,92]. In addition, a survivin-based vaccination phase 1 study in oral cancer patients demonstrated that the peptide vaccination with survivin-based peptides was safe and had some therapeutic potential [93]. Further clinical trials, including a study in adult anaplastic glioma, are in progress [94].

Reduction of HIF-1 $\alpha$  corresponds to a change in tumor oxygen response. Consequently, there are many compounds that are not necessarily regarded as HIF-1 $\alpha$  inhibitors but nevertheless influence translation, expression, transcription, degradation, or clearance of HIF-1 $\alpha$ , acting on different molecular targets. In addition to those described above, these include aminoflavone, digoxin, and hsp90 and HDAC inhibitors [80]. Although molecules that reduce HIF-1 $\alpha$  levels have a clear potential to act as effective hypoxic radiosensitizers, data on combination therapy are mostly limited to the preclinical stage, and none of these compounds are currently being developed as radiosensitizers.

## Hypoxia and/or Radiation-Activated Prodrugs of Cytotoxins (HAPs)

- 1. TH-302
- 2. PR-104

As offshoots of hypoxic cytotoxins, the hypoxia-activated prodrugs were designed to exploit tumor hypoxia, incorporating specific functional groups in their structure that can be bioreduced under hypoxia or after irradiation to release known cytotoxic agents. Unlike hypoxic cytotoxins, the hypoxia-activated prodrugs possess a significant bystander effect: These agents release a cytotoxic species with an appreciable half-life that can diffuse into tumors and exert a pronounced cell-killing effect away from the zone of activation.

For example, TH-302 [95–97], currently in phase 2 clinical trials, contains a 2-nitroimidazole functionality that serves as a hypoxic trigger releasing an achiral phosphoramidate cytotoxin, related in structure to ifosfamide. Although the alkylating nature of the TH-302 ifosfamide-like "warhead" would be expected to predominantly account for a

radiosensitizing effect, it could be expected that the nitroimidazole functionality may also contribute to the effect at sufficiently elevated doses. Although preclinical studies have shown radiation sensitivity enhancement of tumor cells [98], no clinical studies of TH-302 as a potential radiosensitizer have been initiated.

Activation under deep hypoxia by nitroreductases has been exploited through the development of nitrobenzamide mustards, as exemplified by the prototypical compound, SN 23862. The nitrobenzamides exploit the metabolic switch from electron withdrawing to donating functional group interconversion; bioreduction of nitro to hydroxylamino and amino, to activate DNA cross-linking cytotoxins. Of the many nitrobenzamides studied, PR-104 is a water-soluble double prodrug that is hydrolyzed by systemic phosphatases to a lipophilic intermediate (PR-104A) that is able to diffuse to and from the hypoxic activation zone inside the tumor mass. Although hypoxic bioreduction activates a cytotoxic nitrogen mustard-alkylating agent, PR-104 can also be activated by aldo-keto reductase independent of hypoxia [99], suggesting that there would be additional cytotoxicity under normoxic conditions. In an in vitro preclinical study comparing the oxygen dependence and tissue transport properties of PR-104A with tirapazamine, performed in the context of predicting antitumor activity in combination with radiation, Hicks et al. [100] confirmed that PR-104 had different PK/PD characteristics compared to tirapazamine and was significantly more cytotoxic when combined with radiation in mouse xenograft models. These marked differences were attributed to a bystander effect resulting from diffusion of active metabolites away from severely hypoxic zones. Although a phase 1 study was completed [101], a phase 2 trial in NSCLC with docetaxel did not demonstrate sufficient efficacy for further development. In addition, the combination of PR-104 and sorafenib in hepatocellular carcinoma was not well tolerated, resulting in the termination of the trial. Current development of PR-104 is focused on AML [102].

## **Nitric Oxide**

- 1. NO donors
- 2. TSP-1/CD47
- 3. VEGF

Is there another endogenous molecule or molecules that can not only mimic but possibly improve on the effects of oxygen as a radiosensitizer? The answer is nitric oxide (NO). Similar to the oxidative stress induced by oxygen, nitric oxide or NO can "fix" or stabilize damage to critical cellular/molecular species through nitrosative stress pathways. Studies on the role of the endogenous vasodilator, nitric oxide in cancer suggest a number of different and contradictory roles for this ubiquitous molecule, depending on its concentration, the latency of effect and the cell type. Oxidative and nitrosative stress pathways involve the generation of reactive species such as peroxynitrite (ONOO–), nitrous acid, and nitric acid that are directly and indirectly cytotoxic through mechanisms that include DNA cross-linking [103], glutathione depletion [104], protein nitrosylation [105], and inhibition of mitochondrial respiration [106].

Nitric oxide is generated endogenously by nitric oxide synthase in mammals through the oxidation of L-arginine [107]. As an uncharged free radical, nitric oxide freely diffuses across cell membranes and is able to bind to soluble guanylate cyclase (sGC), its most sensitive known target, to induce the production of cyclic GMP, thereby regulating vascular physiology.

The applicability of nitric oxide donors in a clinical oncology setting is controversial. NO at low concentrations is antiapoptotic and proangiogenic whereas, at higher levels, is proapoptotic through activation of downstream signaling pathways or after conversion to other reactive nitrogen species [108,109]. Accordingly, some studies have demonstrated improved tumor oxygenation and blood flow linked with radiosensitization resulting in tumor shrinkage, whereas other studies have reported the opposite, that is, decreased blood flow with increased rate of tumor growth, presumably linked to the expression of hypoxiamediated transcription factors [110]. Nevertheless, more recent reports have demonstrated a radiation and chemosensitizing effect of low concentrations of nitric oxide, delivered as an NO patch or by a donor molecule [111–113].

These apparently contradictory results could also be attributed to the heterogeneous vasoresponsive capacity of tumor vessels depending on the presence or absence of smooth muscle cells and the structural relationship between vascular beds of the tumor relative to surrounding normal tissues, resulting in blood flow redistribution through steal or antisteal effects [114]. The presence of nitric oxide has also been established in conjunction with the oxygen mimetics, in that 5-nitroimidazoles [115] and sanazole [116] have been reported to release nitric oxide.

In a phase 1 study of NSCLC patients [117], tumor shrinkage and decreased blood flow was associated with administration of the nitric oxide synthase inhibitor, *N*-nitro-L-arginine (L-NNA) as assessed by dynamic contrast-enhanced computed tomography. The extrapolation from these data would suggest that NO donation increases tumor perfusion and therefore tumor growth. However, in a phase 2 study, prostate cancer patients who had failed primary therapy [118] were treated with low-dose sustained delivery of glyceryl trinitrate resulting in a significant decrease in prostate-specific antigen. The authors suggested that, although low-dose NO had no direct cytotoxic effect, NO decreased the emergence of a more malignant phenotype, including invasion and metastases, presumably by decreasing tumor hypoxia through improved tumor blood flow.

In contrast to directly modulating NO levels, thrombospondin 1 (TSP-1), acting through its receptor CD-47, mediates NO inhibition and antiangiogenesis. TSP-1 dysregulation has been observed in a number of human and murine tumors [119]. TSP-1 expression is frequently suppressed in tumors, preventing nitric oxide antagonism and thereby promoting NO proangiogenic effects. However, increased circulating TSP-1 levels derived from nontumorigenic stromal cells have been reported. Whereas local NO production drives tumor angiogenesis, systemic NO-mediated vasodilation preferentially enhances normal tissue perfusion at the expense of the tumor, similar to the steal effect. The known ability of endogenous TSP-1 to vasoconstrict and limit NO-driven responses in normal tissue increases tumor perfusion by decreasing circulation to healthy tissues [119]. Therapeutic concepts to modulate the TSP-1/CD47 interaction have been described in the literature [120] but have not yet advanced into formal development.

In contrast to these nonclinical experimental therapeutic modalities, bevacizumab [121], etaracizumab, sorafenib, and sunitinib are US Food and Drug Administration–approved drugs that have demonstrated clinical efficacy in oncology and act specifically, or in part, by blocking the VEGF pathway. In angiogenesis, VEGF stimulates endothelial nitric oxide release, whereas NO negatively feeds back on VEGF action [121]. This precise regulation maintains vascular homeostasis. In cancer, dysregulation occurs when VEGF, driven by tumor hypoxia, is overexpressed, leading to excessive endothelial cell proliferation and neovascularization.

Although literature describing the radiosensitizing properties of nitric oxide is extensive, nitric oxide has also been described as a radioprotectant. This seemingly contradictory behavior could [122] be attributed to NO concentration gradients with low doses resulting in cell survival signaling and high doses likely participating in the generation of free radicals, resulting in direct cytotoxicity and in the fixation of radiation-induced radical damage. Liebmann et al. [123] demonstrated that pretreatment with nitric oxide donors enhanced the survival of mice to whole body irradiation. RRx-001, a nonexplosive pernitro compound possessing a novel pharmacophore and which originated in the defense industry has been tested in animal models of radiosensitization and radioprotection. In preclinical models, preliminary data suggested that RRx-001 protected intestinal crypt cells against the effects of irradiation while significantly radiosensitizing SCCVII and RIF-1 syngeneic tumor models [124]. In a related approach, Maxhimer et al. [125] reported radioprotection of soft tissue and prevention of apoptosis in irradiated muscle in vivo by suppression of CD-47 expression, although it is possible that the mechanism could be NO-independent.

#### Conclusions

In this review, we have proposed a phylogenetic tree as a metaphor for the interrelatedness between different classes of radiosensitizers with disparate mechanisms of actions. Radiosensitization approaches, starting from molecular oxygen, as the common ancestor, initially focused on mimicking oxygen's unique properties, first by increasing intratumoral oxygen concentration and then by mimicking its electron affinity to fix the effects of radical damage (Figure 1).

With the relative lack of success of these approaches, the development of radiosensitizers turned toward exploitation of tumor hypoxia. In this logical branching point, hypoxia became a therapeutic disadvantage that could be harnessed and used to kill tumor cells, turning the hypoxia problem into an opportunity.

Although the promise of first in class compounds like mitomycin C and misonidazole was never fully realized, subsequent generations of radiosensitizers were built on these basic concepts and became increasingly sophisticated, including chimeric compounds, that embodied different but established approaches. Today, the pipeline of potential radiosensitizers contains compounds with diverse functionalities and equally diverse sources, including the agrochemical and aerospace industry, as well as natural and biologically targeted products.

With more than 60% of cancer patients receiving radiotherapy at some period in the natural history of their diseases, there has been a recent focus on the development of molecular targeted compounds that show preclinical promise as radiosensitizers and as chemosensitizers. Before this, existing drugs with radiosensitizing properties (e.g., platinum analogs) were not widely used for their sensitizing effects, in part, because of the risk of enhancing radiation damage to normal tissues.

The six degrees of separation that we have applied to radiosensitizers to explain their connectedness to oxygen and to each other can also be used to account for their relatively neglected clinical status. Overgaard, in a recent review on radiosensitizers [126], lamented that despite intense preclinical interest, radiosensitizers were all but ignored in routine clinical practice. He attributed this clinical apathy to lack of commercial support for an area with a poor track record for the identification and development of new compounds. In a sense, the problem is that radio-

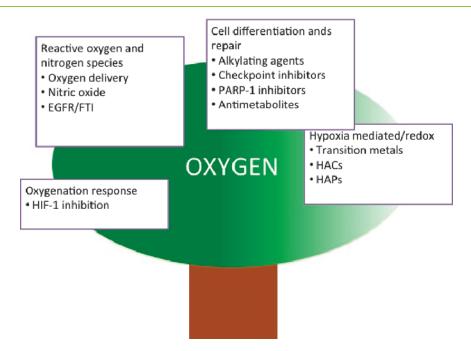


Figure 1. Radiosensitization relationship tree.

sensitizers are too connected: If compounds that are representative of a class of treatment repeatedly fail clinically, the perception of commercial and clinical viability of interconnected approaches is affected. For example, interest in hypoxic radiosensitizers has waned because of the continued failure of the nitroimidazoles and of tirapazamine itself. Moreover, the lack of benefit of increased  $O_2$  delivery approaches undermined not only the oxygen sensitization branch area as a whole but also because of oxygen's centrality, the entire field of radiosensitization was adversely affected. However, there remains a large unmet medical need to potentiate the effects of radiotherapy. In a similar way to exploiting the hypoxia phenomenon, the interconnectedness of radiosensitizers also represents a potential advantage, because clinical success is more likely to rejuvenate this overlapping field compared to many other therapeutic areas.

Nitric oxide represents a radical departure from other radiosensitizers. As an endogenous compound, nitric oxide may equal or surpass its molecular cousin, oxygen, as a hypoxic radiosensitizer, through pleiotropic phenotypic effects on tumor perfusion, cell signaling, mitochondrial respiration, the fixation of radiation-induced damage, and the radioprotection of normal tissue. However, unlike oxygen, in the context of radiosensitization, the clinical role and utility of NO is poorly understood, with often contradictory and controversial reported effects. Whether nitric oxide functions as a radiosensitizer may ultimately be contextual to the tumor microenvironment, depending on the architecture of the vasculature, the presence or absence of smooth muscle coverage, hypoxic status, thrombospondin 1/CD47 concentration and expression, and the effect of NO on angiogenesis. This may make NO manipulation an ideal candidate for a personalized radiosensitization approach tailored to specific patient and tumor types/ microenvironmental characteristics. Effective delivery of nitric oxide both systemically and directly to the tumor may be critical to the success of this approach. Compounds that release nitric oxide or nitric oxide precursors have the potential to drive innovation and result in a new fertile branch of the radiosensitizer tree.

Using the six degrees of separation for radiosensitizers, all of which are descended from the common ancestor oxygen, it is possible to transcend the traditional boundaries of chemical structure and compound class. This way, all the compounds in the phylogenetic tree can be evaluated as a related group in the context of the oxygen effect. This knowledge can be then used in the design of new radiosensitizers and combination therapies.

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