Lack of Molecular Correlates of Plasmodium vivax Ookinete Development

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Abstract. Previous studies of *Plasmodium vivax* transmission to *Anopheles* spp. mosquitoes have not been able to predict mosquito infectivity on the basis of microscopic or molecular quantification of parasites (total parasites in the sample or total number of gametocytes) in infected blood. Two methods for production of *P. vivax* ookinete cultures *in vitro*, with yields of 10⁶ macrogametocytes, 10⁴ zygotes, and 10³ ookinetes, respectively, per 10 mL of *P. vivax*-infected patient blood with approximately 0.01% parasitemia, were used to study *P. vivax* sexual stage development. The quantity of gametocytes, determined by counting Giemsa-stained blood smears, and quantity and type of gametocyte as determined by quantitative reverse transcriptase–polymerase chain reaction for Pvalpha tubulin II and macrogametocyte-specific *pvg377* did not predict ookinete yield. Factors that affect the efficiency of *in vitro P. vivax* ookinete transformation remain poorly understood.

INTRODUCTION

Plasmodium vivax causes 70–80 million cases of malaria annually and predominates as the cause of malaria in South America and Asia.¹⁻⁴ In the Amazon basin region of Peru, *P. vivax* incidence has increased since 1991 and remains the predominant cause of malaria in the Iquitos region where most cases occur.^{5,6}

Plasmodium has a complex life cycle that consists of asexual development in a vertebrate host and sexual development in a mosquito vector. A small proportion of asexual parasites differentiate into sexually dimorphic microgametocytes and macrogametocytes within the vertebrate host. When mature gametocytes are taken up by the mosquito during a blood meal, specific molecular triggers initiate gametogenesis.7 Male microgametes fertilize female macrogametes to form zygotes that transform into ookinetes, the invasive form of the parasite that establishes infection in the mosquito. Successful transmission of the *Plasmodium* parasite depends on completion of the sexual cycle in the mosquito midgut. Interventions to block sexual development in the mosquito and thus prevent persons from infecting mosquitoes are actively being investigated for the development of transmission-blocking vacccines.8-11 The discovery of new transmission-blocking vaccine targets for *P. vivax* will be accelerated by the ability to generate sexual stage parasites in vitro for genetic, proteomic, cell biology, and biochemical analyses.

Two studies describing intentional *P. vivax* ookinete production *in vitro* have been published.^{12,13} Previous studies of *P. vivax* transmission to its *Anopheles* vector have not been able to define specific factors that predict parasite infectivity for mosquitoes on the basis of either microscopic examination of peripheral blood for the presence of *P. vivax* microgametocytes and macrogametocytes^{17,12,14} or molecular methods.¹⁵ Non-parasite factors, such as humoral immune mediators from the patient and mosquito innate immunity, potentially confounded those studies. To study *P. vivax* sexual stage devel-

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opment while minimizing the effects of potential confounding factors such as host cytokines, natural transmission-blocking antibodies in patient blood and/or mosquito-derived inhibitory factors, we tested the hypothesis that intrinsic parasite factors such as sex ratio and absolute gametocytemia might affect the production of *in vitro P. vivax* sexual stage parasites. Both classical parasitologic techniques and newly developed quantitative reverse transcription–polymerase chain reaction (qRT-PCR) assays based on sex-specific *P. vivax* markers were used to determine whether ookinete development could be correlated with gametocyte maturity or sex ratio in the *P. vivax*-infected blood.

MATERIALS AND METHODS

Enrollment of *P. vivax*-infected patients. Human participants were enrolled at local health posts in the region of Iquitos, Peru (Bellavista Nanay, Progreso, Masusa, Moronacocha, and San Juan) and hospitals (Hospital Apoyo Iquitos and Hospital Regional Loreto) in July 2009, after providing written informed consent in protocols approved by the Human Subjects Protection Program at the University of California San Diego and ethical committees at Universidad Peruana Cayetano Heredia, Lima, Peru and Asociación Benéfica PRISMA, Lima, Peru. This study was also registered with the Peruvian Ministry of Health, Directorate of Health (DISA, Loreto), Iquitos, Peru.

Patients were enrolled after presenting to local health posts and hospitals with a self-reported history of fever and a Giemsa-stained blood smear confirmed positive only for *P. vivax* malaria by at least two independent microscopists (a Ministry of Health health post technician and an independent malaria technician working at our Iquitos laboratory). Giemsa-stained thick blood smears were used to determine the number and type (sex) of gametocytes detected in a minimum of 10 oil-immersion high-powered (100× objective) fields until at least 200 leukocytes were counted.

Sampling and sample handling. Approximately 10–20 mL of venous blood was collected into citrate-phosphate-dextrose anticoagulant-containing tubes and transported from the health post to the laboratory in a 37°C water bath within 1 hour of blood draw. After blood was obtained, patients were referred for treatment with primaquine and chloroquine according to

National Peruvian Ministry of Health guidelines. Asexual and sexual stage parasite densities and microgametocytes and macrogametocytes were independently determined by two microscopists. No microscopic evidence of mixed *P. falciparum* infection was found.

Production of *P. vivax* **ookinetes.** *Plasmodium vivax*infected patient blood was first depleted of leukocytes by using a column of methylcellulose (CF-11; Whatman, Maidstone, United Kingdom). Autoclaved glass wool and CF-11 powder was packed into a sterile 20-mL syringe until the loosely packed volume of CF-11 was 10 mL. A 21-gauge needle was placed on the end of the syringe. The column was pre-warmed in a 37°C incubator and equilibrated with 10 mL of 37°C suspended animation (SA) solution, (10 mM Tris, 170 mM NaCl, 10 mM glucose, pH 7.4).^{13,16} Parasitized patient blood was pelleted by centrifugation, resuspended in three volumes of pre-warmed SA, and gravity filtered over the CF-11 column in a 37°C incubator with ambient gas conditions. Flow-through was collected and centrifuged to collect leukocyte-depleted parasitized erythrocytes.

Gametocytes were then stimulated to undergo gametogenesis by using either exflagellation solution (XaES) containing xanthurenic acid (10 mM Tris, 170 mM NaCl, 10 mM glucose, 25 mM NaHCO₃, 50–100 mM xanthenuric acid, 20% fetal calf serum, pH 8.4¹⁷), or heat-inactivated AB⁺ human serum (HS) at pH 8.2–8.4 adjusted with NaOH (Figure 1) at approximately 25°C with ambient gas conditions. One hour after gametogenesis, parasites were centrifuged and resuspended at approximately 25°C in filter-sterilized ookinete media (RPMI 1640 medium, 25 mM HEPES, 2 mM L-glutamine, 2 g/liter of NaHCO₃, 50 mg/liter of hypoxanthine, 15–20% heat-inactivated AB+ human serum, 100 units of penicillin/mL, 100 µg of streptomycin/mL, pH 8.2–8.4 adjusted with NaOH) to 20% hematocrit. Centrifugation was performed at 800 × g for 3 minutes. Cultures were incubated for 24–36 hours at

Collect P. vivax infected blood Collect 10-20 ml whole blood in heparinized v **transport to lab at 37C wihtin 1 hour Maintainence of sample temperature at 37C for initial processing is critical as a 2-3C drop in temperature can stimulate gametogenesis . ed vacutainer samples were transported using 37C transportable incubators samples were processed using 37C incubators and warmed centrifuges Wash and resuspend collected blood in 37C suspended animation medium Remove leukocytes using pre-prepared Blood filtered by gravity flow and packed CF11 column at 37C ashed with 3 column volumes of suspended animation medium *removes < 10% gametocytes Stimulate gametogenesis HS Stimulate gametogenesis ES Centrifuge cultures at 800 x g for 5 minutes resuspend in 21C AB+ human serum to 10-20% hct for 20-30 minutes Centifuge cultures at 800 x g for 5 minutes resuspend in 21 C exflagellation solution to 10-20% hct for 20-30 minutes Support ookinete development: Aliquot maximum of 10 ml of sexual stage cultures into 25 ml unvented flasks Centrifuge gametes/zygotes at 800 x g for 5 minutes Resuspend pellet in RT ookinete medium at 10-20% hct Place on rocker for 36 - 48 hours ¥ Removal of uninfected pRBC and debris: Parasites retained by magnetic column eluted by removing column from stand with MACS magnetic column purification using ookinete media as binding/wash buffer elute remaining parasites in ookinete media Separation of self-adherent macrogametes on 6-11% interface: adherent macrogametes discontinuous Nycodenz gradient 16%-11%-6% for 20 minutes at 10,000 x g 11-16% interface: zygotes and ookinetes

FIGURE 1. Flow chart of the *Plasmodium vivax* sexual state parasite culture protocol. pRBC = packed red blood cells; RT = room temperature (19–21°C); hct = hematocrit.

approximately 25°C with ambient gas conditions hours to enable ookinete development.

Purification of sexual stage parasites. Most uninfected erythrocytes were removed from sexual stage parasite cultures by using density gradient centrifugation (Lympholyte-H; Cedarlane Laboratories, Burlington, NC) according to manufacturer's instructions. Parasites were collected from the gradient interface, washed twice in ookinete medium, and further purified by selection on a MidiMACS magnetic separator with an LD-50 column (Miltenyi Biotec, Bergisch Gladbach, Germany) according to manufacturer's instructions. For magnetic separation, ookinete media was used in place of MACS buffer. Positively selected parasites were centrifuged and resuspended in 100-500 µL of ookinete media; 10 µL of this suspension was used to make Giemsa-stained thin blood smears, and sexual stage parasites were quantified by using light microscopy. Ookinete yield was then calculated and reported as number of mature ookinetes/10 mL of infected patient blood.

Sexual stage and sex-specific gene expression analysis. RNA and DNA were extracted from *P. vivax*-infected patient blood by using Trizol (Invitrogen, Carlsbad, CA) according to manufacturer instructions. DNA contamination was removed from isolated RNA samples by using RNase-free recombinant DNase I (DNA-free; Ambion, Austin, TX) according to manufacturer's instructions. RNA and DNA yields were quantified spectrophotometrically by using NanoDrop ND-1000 (Thermo Scientific, Wilmington, DE.

A PCR based on species-specific primers for *P. falciparum Pfs25* (PF10_0303) was used to confirm the absence of *P. falciparum* mixed infections in all samples (Table 1). Expression of the gametocyte genes *pvs230* (PVX_003905) and *pvs28* (PVX_111180) and the microgametocyte-specific gene alpha tubulin II (PVX_090155) (predicted on the basis of *P. falciparum* alpha tubulin II)¹⁸ and the macrogametocyte-specific gene *pvg377* (PVX_101400) were determined by using qRT-PCR (Table 1). Reverse transcription of RNA to cDNA was carried out by using a first strand synthesis kit (SuperScript III; Invitrogen) according to the manufacturer's instructions.

TABLE 1

Plasmodium vivax	gametocyte stage- and sex-specific gene primers*
Primer or probe	Sequence
pvs230 F	5'-TCAGTACAACCACCTGTTCAGCCA-3'
pvs230 R	5'-ACAAGTCCACGAGCTTCTTCACCT-3'
pvs230 probe	5'-6-FAM-AAATCGTCCCGCACAACTGC
	TTTGCCT-BHQ-3'
pvs28 F	5'-AACTGTGGAGACTACGCTGTGTGT-3'
pvs28 R	5'-ACATGGTGCTGTTCACATTAGCGG-3'
pvs28 probe	5'-6-FAM-AACGGCGTTCTGTGTGGAAA
	GGGAAA-BHQ-3'
alpha tubulin II F	5'-CTAGGGAAGGTACTCACAGATACG-3
alpha tubulin II R	5'-CCCGACTGTCTATAAACTCTGC-3'
alpha tubulin II	5'-6-FAM-TGCTGGCCATCACCTCAAGT
probe	ATCA-BHQ-3'
Pfg377 F	5'-CTGTACAGGTCTACAAGGCTTC-3'
Pfg377 R	5'-GAGTTGTATGGTTCCACCACAG-3'
Pfg377 probe	5'-6-FAM-ATAACTCCTACGATGCGGC
	GAAGAAG-BHQ-3'
Pfs25 F	5'-TCTTGTACATTGGGAACTTTGCCT-3'
Pfs25 R	5'-TGCGAAAGTTACCGTGGATACTG-3'

*Primers and probes were used to determine expression of the following *P. vivax* sexual stage-specific genes: *pvs230* (PVX_003905), *pvs28* (PVX_111180), microgametocytespecific gene alpha tubulin II (*ATii*, PVX_098630), and macrogametocyte-specific gene *pvg377* (PVX_101400). BHQ = Black Hole Quencher. All primers and probes were obtained from Integrated DNA Technologies (San Diego, CA). Endpoint, non-quantitative PCR was performed with P. falciparum Pfs25-specific primers by using Platinum High Fidelity SuperMix (Invitrogen) and 250 nM primers for 40 cycles with an annealing temperature of 55°C and an extension temperature of 68°C. Quantitative PCR was performed by using gene-specific internal hybridization probes with an Opticon3 real-time thermal cycler (Bio-Rad, Hercules, CA), 40 cycles performed with High Fidelity SuperMix-UDG (Invitrogen), 250 nM primers and 150 nM of probe in 15-µL reaction volume, an annealing temperature of 52°C, and an extension temperature of 68°C. Standard curves for quantification were made using known quantities of plasmid standards containing the gene of interest. Three types of negative controls were included for each sample and gene-specific primer combination: 1) no DNA, 2) no probe and 3) RNA without reverse transcriptase. Samples were run in triplicate, and Student's t test was used to determine significance.

RESULTS

Description of human participants and sampling. Twenty adults (> 18 years old) who came to the local health facilities in the region of Iquitos, Peru, with fever or complaints consistent with acute malaria were enrolled in this study. All were microscopically confirmed to have *P. vivax* malaria and had microscopically detectable gametocytes. Six patients had fewer than 1,000 gametocytes/ μ L of blood, 11 of 20 patients had 1,000–5,000 gametocytes/ μ L of blood, and three patients had more than 5,000 gametocytes and macrogametocytes; in six samples, only microgametocytes were microscopically observed; and in nine samples, only macrogametocytes were microscopically observed (Table 2).

To determine whether sub-patent *P. falciparum* gametocytes might be present, isolated RNA was subjected to PCR by using primers for *P. falciparum* Pfs25.¹⁹ Only *P. vivax*-specific primers resulted in RT-PCR amplification of patient samples,

TABLE 2

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Summary of Plasmodium vivax-infected blood samples*							
Sample no.	Parasites	Gametocytes	Macro	Micro	Ookinete yield		
1	5.6×10^{3}	1.3×10^{3}	+	+	_		
2	2.8×10^{4}	3.2×10^{3}	+		_		
3	3.7×10^{3}	7.2×10^{3}		+	6.2×10^{3}		
4	9.1×10^{3}	8.0×10^2	+	+	1.0×10^{3}		
5	1.7×10^4	4.0×10^{2}	+		_		
6	1.4×10^4	4.2×10^{3}	+		1.1×10^2		
7	1.0×10^4	3.8×10^{3}	+		1.3×10^{2}		
8	1.4×10^{3}	4.3×10^{3}		+	1.4×10^{3}		
9	1.2×10^4	1.6×10^{4}		+	1.2×10^{3}		
10	2.4×10^{3}	2.1×10^{3}	+	+	_		
11	1.5×10^{3}	6.0×10^{2}	+	+	3.0×10^{3}		
12	1.1×10^4	2.9×10^{3}		+	_		
13	3.1×10^{3}	3.0×10^{2}		+	_		
14	1.6×10^{3}	7.0×10^{2}		+	_		
15	2.4×10^{3}	1.3×10^{3}	+		1.4×10^{2}		
16	3.6×10^{3}	2.4×10^{3}	+		_		
17	1.9×10^{3}	5.0×10^{2}	+		_		
18	5.9×10^{3}	1.6×10^{3}	+		_		
19	1.7×10^4	4.5×10^{3}	+	+	_		
20	8.6×10^3	7.3×10^{3}	+		_		

*Total parasite density and total gametocyte density were calculated by determining the number of parasites per 200 leukocytes. Densities are shown as no. per microliter of blood. The presence of macrogametocytes (Macro) and/or microgametocytes (Micro) on blood smear is denoted as +. For cultures that generated ookinetes, yields are shown as no. ookinetes/10 mL of patient blood.



FIGURE 2. Comparison of xanthurenic acid and human serum on *in vitro* ookinete development of *Plasmodium vivax*. Giemsa-stained thin blood smears of *P. vivax* sexual stage parasite cultures derived from a single patient sample were equally divided and treated with two gametogenesis protocols using either exflagellation solution (XaES) or human serum (HS). **A**, Cultured sexual stage parasite forms generated by using XaES to stimulate gametogenesis. Elongated forms generated using this protocol showed normal immature and mature ookinete morphology and abnormal elongated forms. Approximately 30-40% of elongated parasites derived by using this method had either immature or abnormal morphology. **B**, Cultured sexual stage parasite forms generated by using HS to stimulate gametogenesis. More than 90% of elongated forms generated by using this protocol showed characteristic mature ookinete morphology. Scale bars = 5 μ m.

confirming the absence of mixed *P. falciparum* infection in this patient population.

Effect of xanthurenic acid on *P. vivax* **ookinete yield.** Experimental production of *P. vivax* ookinetes *in vitro* has been reported, which included the use of xanthurenic acid to stimulate gametogenesis.^{12,13,20} Although xanthurenic acid is known to enhance gametogenesis,^{12,21-23} empiric evidence has also demonstrated that serum alone can be sufficient for *P. falciparum* gametogenesis.^{24,25}

To determine whether gametogenesis using xanthurenic acid or heat-inactivated serum improved ookinete yield, four patient blood samples were divided equally and each was treated with two different solutions to stimulate gametogenesis (Figure 2 and Table 3). Cultures treated with XaES contained more parasites with abnormal morphology compared with HS (Figure 2). For this reason, HS was used to stimulate gametogenesis in the remaining experiments.

Plasmodium vivax sexual stage parasite cultures in which HS was used contained round and elongated forms (Figure 3). Of the 20 samples collected for this study, HS-produced cultures generated round forms, either macrogametes and/or zygotes; seven (35%) produced ookinetes. The elongated morphology of ookinetes clearly distinguished these forms from round gametocytes, macrogametes, and zygotes. Round forms could represent macrogametocytes or microgametocytes, macrogametes, or zygotes. Round, intraerythrocytic gametocytes

TABLE 3

Comparison of *Plasmodium vivax* ookinete yields by using two gametogenesis protocols*

	Xanthurenic acid			Human serum			
Sample no.	Round	Ookinete	Ookinete yield	Round	Ookinete	Ookinete yield	
1	+	_	0	+	_	0	
2	+	_	0	+	_	0	
3	+	_	0	+	+	3.8×10^{3}	
4	+	+	$6.0 imes 10^2$	+	+	$5.0 imes 10^2$	

*Four patient samples were equally divided and stimulated to undergo gametogenesis using two induction solutions, either exflagellation solution with xanthurenic acid or heat-inactivated human serum. The presence of round forms, which include macrogametes and zygotes (Round), and of ookinete forms is noted by +. Ookinete yields for each sample are described as no. ookinetes/5 mL of patient blood; only mature ookinete forms were quantified.



FIGURE 3. Giemsa-stained thin blood smears of *in vitro* generated *Plasmodium vivax* sexual stage parasites and Giemsa-stained thin blood smears of *P. vivax* sexual stage forms. **A**, Microgamete with eosinophilic nucleus. **B**, Round forms with basophilic cytoplasm, dispersed hemozoin, and a single small nucleus not contained within an erythrocyte. **C**, Round forms with basophilic cytoplasm, dispersed hemozoin, and a large eosinophilic nucleus not contained within an erythrocyte. **D**, Ookinetes with characteristic elongated form, localized hemozoin, and eosinophilic nuclei. Occasionally, two eosinophilic nuclei are visualized in a single ookinete. Additionally, parasites are seen with one to multiple, occasionally peri-nuclear, foci that do not stain well with Giemsa (\rightarrow). Scale bars = 5 µm.

were rarely observed at the end of the sexual stage parasite culture period. Round, erythrocyte-free parasites had three distinct nuclear morphologies: a single small eosinophilic nucleus, a single large eosinophilic nucleus, and two eosinophilic nuclei. It is likely that the round forms with a single, large nucleus or multiple nuclei represented zygotes, which are diploid. Elongated forms represented ookinetes and had the typical banana-shaped morphology of *Plasmodium* ookinetes with one large nucleus and multiple cleared regions, which may constitute vacuoles (Figure 3).

Sensitvity of qRT-PCR for detection of *P. vivax* gametocytes compared with that of microscopy. Under the conditions described in this report, morphologically mature ookinetes appeared within the 16–28 hours of culture initiation. Unlike *P. falciparum*, which has morphologically distinct gametocyte developmental stages, *P. vivax* gametocytes are thought to be fully functional when appearing simultaneously with asexual forms. Additionally, the low parasite and gametocyte densities common in *P. vivax* infection might have resulted in an underestimation of the microgametocytes or macrogametocytes present.

To determine whether a sensitive, molecular quantification method might provide a more accurate estimate of parasite density and sex ratio, qRT-PCR was performed on a subset of 12 samples using four sets of gene-specific primers and probes for gametocyte sex determination. The qRT-PCR and microscopic examination detected macrogametocytes in 83% (10 of 12) and 50% (6 of 12) of samples, respectively (Table 4). The qRT-PCR and microscopic analysis detected microgametocytes in 75% (9 of 12) and 67% (8 of 12) of samples, respectively. Both qRT-PCR and microscopic examination detected microgametocytes in 75% (6 of 8) samples that generated ookinetes and/or zygotes in sexual stage culture.

Zygote and ookinete development did not correlate with levels of parasitemia or gametocytemia as determined either microscopically or by qRT-PCR. Samples with detectable microgametocytes and macrogametocytes appeared more likely to produce zygotes and ookinetes, but this was not statistically significant by Student's t test. Ookinete production did not correlate with total gametocyte density, macrogametocytes density, microgametocytes ratio.

Correlation of production of *P. vivax* **sexual stage parasites** *in vitro* **with gametocyte density, maturity, or sex ratio.** Samples with microgametocytes and macrogametocytes (observed microscopically) in the *ex vivo* obtained *P. vivax* parasites appeared more likely to produce zygotes and ookinetes, but

TABLE 4

Comparison of quantitative real time PCR and light microscopy for gametocyte quantification and sexual differentiation of *Plasmodium vivax**

	R	Real-time RT-PCR			Light microscopy		
ID no.	Pvg377	ATii	Pvs28	F Gc	M Gc	Gc	
3†	+	_	4.7×10^{3}	_	+	7.2×10^{3}	
6†	-	_	$7.6 imes 10^4$	+	-	4.2×10^{3}	
7†	+	+	3.4×10^{6}	+	-	3.8×10^{3}	
8†	+	+	1.3×10^{6}	-	+	4.3×10^{3}	
9†	+	+	7.9×10^{6}	-	+	1.6×10^{4}	
11†	+	+	5.5×10^{5}	+	+	6.4×10^{2}	
12	+	+	2.4×10^{6}	-	+	2.9×10^{3}	
13	+	_	$1.8 imes 10^4$	-	+	2.9×10^{2}	
14	_	+	1.1×10^4	-	+	6.9×10^{2}	
16	+	+	2.2×10^{6}	+	-	2.4×10^{3}	
18	+	+	7.3×10^{4}	+	-	1.6×10^{3}	
20	+	+	3.4×10^{5}	+	+	7.3×10^{3}	

*A subset of samples were analyzed by qRT-PCR to determine the sensitivity of gametocyte sex detection on the basis of expression of Pvg377 (PVX_101400) or ATii (PVX_098630) RNA from macro- or microgametocytes, respectively. Mature gametocyte density was quantified by expression of Pvs28 (PVX_11180) RNA from patient samples. Gametocyte density is expressed as no. parasites/µL of patient blood. PCR = polymerase chain reaction; ID = identification; RT = reverse transcription; FGc = macrogametes detected on slide; MGc = microgametes detected on slide; ATii = alpha tubilun ii; ii, Gc = gametocytes detected on slide; + = detected; - = not detected.

†Samples that generated ookinetes

this was not statistically significant, likely because of small sample sizes. Although consistent with previous reports,^{7,12,26,27} data from *in vitro* cultivated *P. falciparum* ookinetes (where skewing of gametocytes can occur because of chromosomal deletions or other artifacts that affect gametocyte sex ratio²⁸) suggest that ookinete development is strongly associated with gametocyte maturity and the macrogametocyte: microgametocyte sex ratio.

In *P. falciparum*, gametocyte development is morphologically distinct and can be readily differentiated into five forms by Giemsa staining. Additionally, gametocyte development is correlated with carefully regulated gene expression. For instance, *Pfs230* is expressed early in gametocyte development but *Pfs28* is not expressed until the gametocyte reaches stage V. Although we suspect that gene regulation is similarly regulated during *P. vivax* gametogenesis, gametocyte maturity cannot be assessed by morphology. Because *P. vivax* gametocytes cannot be routinely produced in a controlled, *in vitro* environment, this type of differential gametocyte gene regulation has not been definitively established. Therefore, we used *Pvs230* and *Pvs28* to quantify the number of *P. vivax* gametocytes by qRT-PCR.

The qRT-PCR more sensitively detected gametocytes than light microscopy. Therefore, we hypothesized that ookinete production would correlate with gametocyte density and sex ratio as determined by qRT-PCR. Surprisingly, this was not demonstrated (Figure 4B and Table 4). The production of zygotes and ookinetes did not significantly correlate with microscopically determined gametocyte density or detection of microgametocytes and macrogametocytes by either microscopy or qRT-PCR. Ookinete production did not correlate with gametocyte density, macrogametocyte density, microgametocyte density, or the macrogametocyte:microgametocyte ratio (Figure 4B).

DISCUSSION

Using a refined approach to producing *P. vivax* ookinetes from *ex vivo* obtained gametocytes, we tested the hypothesis that sex ratios, as determined by using standard microscopy and with new qRT-PCR assays, would be associated with ookinete yield in culture. Although we observed a range of male:female gametocyte ratios in patient-derived samples, there was no quantitative association with ookinete yield. The use of xanthurenic acid, the so-called gametocyte exflagellation factor, was not necessary for optimal *P. vivax* ookinete production and was associated with abnormal ookinete morphology. Overall, given the typically low parasitemia found in *P. vivax* malaria, absolute yields of *P. vivax* ookinetes were relatively low: $10^3/10$ mL of blood.

Molecular approaches to quantification of stage-specific gametocyte genes carried out by using qRT-PCR has promise for studying P. vivax gametocytes ex vivo. The qRT-PCR also has the advantage of potentially determining the proportion of gametocytes at a particular developmental stage. Using microgametocyte-specific gene primers for Pvalpha tubulin II and macrogametocyte-specific gene primers for pvg377, we found that qRT-PCR more sensitively and precisely detects and quantifies gametocytes, consistent with previous reports.^{25,29,30} For these reasons, a qRT-PCR approach was developed to more precisely assess gametocyte sex (Figure 4). Twenty patient samples were obtained and stimulated to generate sexual stage parasites in vitro. Although only 14 samples contained macrogametocytes detectable by light microscopy, all samples generated round forms (despite some of which lacked apparent macrogametocytes), which could represent macrogametes or zygotes, indicating that all samples contained macrogametocytes. Three samples that did not have microscopically detectable microgametocytes produced ookinetes. However, samples containing both macrogametocytes and microgametocytes may have failed to generate ookinetes. Thus, lack of ookinete development does not necessarily indicate lack of microgametocytes but the presence of ookinetes in culture necessitates that mature microgametocytes were present in the sample. Because ookinetes could not have been generated without the presence of both microgametocytes and macrogametocytes in culture, this clearly indicated that microscopy was inadequate for the accurate detection and quantification of P. vivax gametocytes in peripheral patient blood samples.

This study has at least four important limitations. First, parasitized blood was only obtained as convenience samples from patients with symptomatic acute *P. vivax* malaria and



FIGURE 4. Quantitative reverse transcription-polymerase chain reaction (RT-PCR) used to analyze *Plasmodium vivax* gametocyte sex ratios. Parasite RNA was isolated by using Trizol reagent, treated with DNase, and used for RT-PCR. **A**, Standard curves were based on plasmid standards with the target PCR product for *pvg377* (PVX_101400) associated with macrogametocytes; Pvalpha tubulin ii (*ATii*, PVX_098630) associated with microgametocyte; *Pvs28* (PVX_111180) produced by both sexes of gametocytes; and the gametocyte gene *Pvs230* (PVX_003905). **B**, No correlation was seen between ookinete production and the number of mature gametocytes in culture, as determined by the ratio of *Pvs28* to *Pvs230* by quantitative RT-PCR (qRT-PCR). No correlation could be demonstrated between ookinete production and the number of male gametocytes in culture, as determined by the ratio of *ATii-to-Pvs28* by qRT-PCR. All qRT-PCR results were normalized to RNA concentration.

low parasitemia (approximately 0.1%). Obtaining blood from patients with higher parasitemias would likely improve ookinete yields. Whether gametocytes obtained from patients with asymptomatic parasitemias would more efficiently produce ookinetes also needs to be tested. An attractive hypothesis to test is whether human cytokine responses leading to reactive oxidative intermediates might damage gametocytes as has previously been suggested.31-33 Second, in vitro ookinete formation was not compared with natural ookinete formation within the mosquito gut of experimentally infected mosquitoes. In the previous study from Thailand, there was only a loose, not statistically significant association in ookinete formation when compared between mosquito midgut and in vitro culture conditions.12 Third, we did not assess the infectivity of mature P. vivax ookinetes for gliding motility or mosquito infectivity. Fourth, some recent work based on morphologic classification by light microscopy has demonstrated widely varying sex ratios of P. vivax in South Korea with only approximately half of observed patients having both sexes.³⁴ A number of investigators have considered the importance of naturally occurring sex ratios in malaria transmission, studying rodent Plasmodium species,35,36 in vitro P. falciparum models and samples obtained ex vivo from infected humans.37 We speculate that sex ratios in outbred P. vivax parasite populations will have less relevance to transmission compared with that found in laboratory-based studies using inbred strains. Future work will address these limitations.

Of note, detection of microgametocytes and macrogametes in this study was done by light microscopy and quantification of these forms was done by using RT-PCR, but detection and quantification of sexual stage parasites was accomplished by light microscopy only. After the experimental work in this report was finished and the manuscript being revised, a report about promiscuous expression of the *P. falciparum* alpha tubulin II in males and female gametocytes was published³⁸; antibodies specific to male-specific and female-specific *P. vivax* sexual stage forms are needed to resolve the discrepancy between gene expression and protein expression as previously described.¹⁸

The results in this report here build on previous work and contribute to the continued efforts at *in vitro* production of *P. vivax* sexual stage parasites. The availability of *P. vivax* sexual stage parasites will enable in-depth investigations into the mechanisms underlying successful transmission-blocking interventions. Obtaining *P. vivax* ookinetes will further promote our understanding of sexual stage parasite development in this parasite that is not amenable to continuous *in vitro* propagation, by facilitating genetic and biochemical analyses of sexual stage parasites.

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