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The potential use of 2-[¹⁸F]fluoro-2-deoxy-_p-galactose as a PET/ CT tracer for detection of hepatocellular carcinoma

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Abstract

Purpose—To evaluate the feasibility of using the hepatocyte specific PET tracer 2-[¹⁸F]fluoro-2deoxy-_{p-galactose} (FDGal) as a tracer for hepatocellular carcinoma (HCC).

Methods—In addition to standard clinical investigations, 39 patients with known HCC or suspected to have HCC underwent a part-body FDGal PET/CT (from base of skull to mid-thigh). Diagnosis of HCC was based on internationally approved criteria. FDGal PET/CT images were analyzed for areas with high (*hot spots*) or low (*cold spots*) tracer accumulation when compared to surrounding tissue.

Results—Seven patients did not have HCC and FDGal PET/CT was negative in each of them. Twenty-three patients had HCC and were included before treatment; FDGal PET/CT correctly identified 22 of these patients, which was comparable to contrast-enhanced CT. Interestingly, FDGal PET/CT was conclusive in 12 patients in whom conventional imaging techniques were inconclusive and required additional diagnostic investigations or close follow-up. Nine patients were included after treatment of HCC and in these patients FDGal PET/CT was able to distinguish between viable tumour tissue as *hot spots* and areas with low metabolic activity as *cold spots*. FDGal PET/CT detected extra-hepatic disease in nine patients which was a novel finding in eight patients.

Conclusion—FDGal PET/CT has great clinical potential as a PET tracer for detection of extrabut also intra-hepatic HCC. In the present study, the specificity of FDGal PET/CT was 100%, which is very promising but needs to be confirmed in a larger, prospective study.

Keywords

Nuclear hepatology; Cirrhosis; Hepatobiliary cancer; Molecular imaging; FDGal

Introduction

Hepatocellular carcinoma (HCC) is a primary liver cancer derived from hepatocytes. Worldwide, HCC is the sixth most common cancer and the third cause of cancer-related death [1]. Liver cirrhosis significantly increases the lifetime risk of developing HCC and in more than 80 percent of the cases HCC develops in association with liver cirrhosis [2]. Advances in treatment of cirrhosis have improved the survival of these patients and HCC is now the leading cause of death in patients with cirrhosis [2]. HCC is potentially curable by

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Conflicts of interest None.

liver transplantation, resection or radiofrequency ablation (RFA) [3] and the goal of surveillance programs is to detect HCC at an early stage defined as a lesion with a diameter <20 mm [3–6]. For this purpose, guidelines proposing diagnostic algorithms for optimized clinical management of the patient with an increased risk of developing HCC have been published [5, 6]. These guidelines are primarily based on radiological examinations such as contrast-enhanced ultrasound sonography (US), multi-phase computer-assisted tomography (CT) and magnetic resonance imaging (MRI) [2–11] but for small HCC the sensitivity of the noninvasive criteria is only around 30% [4]. Biopsy is the gold standard, but may be difficult to obtain from small liver lesions as small lesions are difficult to target with the biopsy needle or simply cannot be visualized with US used to guide the needle [12]; for small HCC lesions, a false negative rate of 30% has been reported for the first fine-needle biopsy [4]. Moreover, risks are related to the invasive biopsy procedure and the development of improved noninvasive diagnostic tools is therefore of utmost importance for better diagnosis of HCC.

Positron emission tomography (PET) with the glucose analogue $2-[{}^{18}F]$ fluoro-2-deoxyglucose, FDG, is widely used in oncology, but FDG PET misses 30–50% of HCC lesions [13–16]. The feasibility of using PET tracers of other metabolic pathways have been published, most recently $\lceil 1 \cdot C \rceil$ -labelled acetate $\lceil 17 - 21 \rceil$, $\lceil 18F \rceil$ -labelled choline $\lceil 22 \rceil$, $\lceil 1 \cdot C \rceil$ labelled choline [23], and $[18F]$ -labelled fluorothymidine [24], but so far no studies have been convincing when using the tracers as single molecular imaging modalities. The largest prospective study with comparison of 11 C-acetate and FDG PET/CT concluded that both ¹¹C-acetate and FDG PET/CT as well as the two tracers used in combination had low sensitivity for the detection of small primary HCC [20]. Accordingly there is still a need for better imaging modalities for detection of HCC. A couple of decades ago, a few promising PET studies using the galactose analogue $2-[18F]$ fluoro-2-deoxy- p -galactose (FDGal) in experimental tumour models were published [25–28] but to the best of our knowledge no FDGal PET studies of patients with HCC have been published. FDGal is a tracer for galactose metabolism and avidly accumulates in the liver compared to other tissues [29–30]. FDGal can be synthesized using commercially available kits for FDG production with only minor modifications [31] and the production can thus readily be implemented at most clinical PET facilities or distributed to other nearby centres due to the radioactive half-life of 110 minutes. In the present feasibility study, we tested the potential use of FDGal as a PET tracer for HCC in patients with or suspected to have HCC. The aim was to study the uptake pattern of FDGal in intra- and extra-hepatic HCC lesions.

Materials and methods

Patients

Thirty-nine patients were enrolled. The diagnosis of HCC was based on multiphase contrastenhanced CT (ceCT) or MRI, plasma alpha-fetoprotein (AFP), contrast enhanced US, and/or histopathology according to internationally approved guidelines at the time of the study [5, 6]. All investigations were performed as *state-of-the-art*. Biopsy material was obtained from 29 patients. One patient (ID32) had a false-negative biopsy.

The study was approved by the Central Denmark Region Committees on Biomedical Research Ethics and conducted in accordance with the Helsinki II Declaration. The average radiation dose received from the FDGal PET/CT investigation was 4.4 mSv (range 2.0–8.9). No complications to the procedures were observed.

FDGal PET/CT

The patient fasted for at least six hours before the study but was encouraged to drink water. FDGal was produced according to a previously described procedure [31]. A part-body PET/ CT recording from base of the skull to mid-thighs was performed 70–95 minutes after intravenous injection of FDGal in an antecubital vein (median radioactive dose was 100 MBq, range 60–262 MBq). The camera was a combined 40-slice Siemens Biograph TruePoint PET/CT camera (Siemens AG, Erlangen, Germany) with a transaxial field-ofview of 21 cm (5–7 bed positions, 3-min scan in each bed position). The CT-scan was a lowdose CT (120 kV; mAs according to body weight: 25 mAs if \leq 70 kg, 30 mAs if 70–100 kg, and 50 mAs if ≥ 100 kg) and was reconstructed using a smooth filter and a slice thickness of 5 mm with an increment of 3 mm. PET data were reconstructed in an iterative mode using a Gaussian filter (8 mm full-width at half maximum) and the CT scan for attenuation correction yielding images with a central spatial resolution of 9 mm. Standardized uptake values (SUV) of FDGal were calculated by normalising the tissue concentrations of radioactivity for injected dose and body weight.

As FDGal is a novel PET tracer for human studies, we did not know the minimal tracer dose needed to achieve high-quality PET images when we initiated the study. Because the effective dose of FDGal is about twice that of FDG [31], we decided to start with a dose of 200 MBq which is half the dose normally used in FDG studies. Due to technical problems with the production of FDGal we injected 60 MBq in one patient (ID10). The quality of the PET images from this study was good and we accordingly decided to use a dose of 100 MBq FDGal in the subsequent patients.

Image interpretation

All FDGal PET/CT images were analyzed without knowledge of the clinical history of the patient and results from other imaging techniques and/or histopathology. The images were evaluated for lesions with increased or decreased uptake of FDGal compared to surrounding tissue. For an area with an increased uptake (*hot spot*) a tumour-to-background ratio (T/Bratio) was defined as the maximum SUV in that area divided by the average SUV in surrounding tissue. A T/B-ratio for areas with low uptake (*cold spots*) were similarly noted as the minimum SUV in that area divided by the average SUV in surrounding tissue. The FDGal PET images were then analyzed again by viewing them side-by-side with the ceCT images and/or images from other imaging modalities and with knowledge of clinical information on the patient in order to decide whether the suspicious areas on the PET images corresponded to the suspicious areas on ceCT and *vice versa*. Because FDGal PET is a novel imaging technique, the first 15 cases were used to build experience and these cases were therefore reviewed again blinded for patient ID.

Results

39 patients were enrolled in the study; patient characteristics are given in Table 1. Twentythree patients had HCC and had the FDGal PET/CT performed before receiving any treatment of the disease (Table 2). Nine subjects were included after previous treatment for HCC (Table 3). Seven patients were suspected to have HCC, but did not (Table 4).

As seen in Table 1, alcohol $(n=12)$ and viral hepatitis C $(n=10)$ were dominant etiological factors. The majority of patients with liver disease were stable being in Child-Pugh [32] class A (*n*=19), 9 patients were in class B, and only 4 patient were in class C. Seven patients were not classified according to the Child-Pugh score because they did not have any underlying liver disease.

Patients with HCC included before treatment

Of the 23 patients with HCC investigated before receiving any treatment, seven patients had one or few FDGal positive nodules with T/B-ratios between 1.2–1.9, i.e. *hot spots* (Table 2). For all seven patients, the FDGal PET/CT was in accordance with other imaging modalities and clinical information. Fig. 1 shows an example of a single nodule in the right liver lobe of a patient (ID33) with severe cirrhosis. ID22 had one large tumour with central necrosis; the T/B-ratio was 1.5 in the viable tumour tissue and 0.4 in the necrotic area (Fig. 2). In ID27, FDGal PET/CT showed three lesions with SUV values between 1.4 and 1.8 whereas ceCT showed no lesions and MRI showed one lesion; a biopsy showed HCC and follow-up showed rapid progression with several lesions on US and the patient died 46 days later. In ID06, FDGal PET/CT showed more suspicious areas than ceCT and follow-up showed progression in these areas.

In ten cases (Table 2), the FDGal PET/CT images were interpreted as multinodular disease with an average T/B-ratio of 1.6 (1.3–2.8). In all ten cases, the areas of increased FDGal uptake corresponded with areas identified as tumour nodules on ceCT. In ID19, areas of necrotic tumour tissue were scattered within the large multinodular tumour. In ID20, other imaging modalities did not suggest multinodular disease at the time that FDGal PET/CT was performed, but close follow-up showed rapid progression to multinodular disease.

In five cases, the FDGal PET/CT images revealed only areas of low FDGal uptake when compared to the surrounding liver tissue (mean T/B-ratio 0.5, range 0.2–0.8). This corresponded to tumours being described as necrotic and/or hypoperfused on ceCT. FDGal PET/CT was thus able to detect tumour areas with low metabolic activity as *cold spots*. Fig. 3 shows an example of a tumour with low metabolic activity.

In one case (In ID28), FDGal PET/CT was false-negative, as it did not reveal any *hot* or *cold spots*, whereas both ceCT and US showed a lesion. The HCC diagnosis was confirmed by a biopsy.

Patients included after treatment of HCC

The results from the nine patients with suspected relapse after previous treatment of HCC are summarized in Table 3. In all nine cases, FDGal PET/CT was in accordance with other imaging modalities and clinical information. In ID39, pre-treatment ceCT showed several lesions and a series of transarterial chemoembolization (TACE) was planned. FDGal PET/ CT was performed after the first series and showed low uptake in the treated area (*cold spot*) and high uptake (*hot spot*) in the area still to be treated.

ID34 had previously been treated for HCC and relapse was suspected due to the finding of a tumour mass in the left kidney on MRI. FDGal PET/CT was without any suspicious lesions in the liver and the tumour mass in the kidney did not accumulate FDGal. A biopsy showed renal cell carcinoma and the patient accordingly did not have relapse of the HCC but had developed a second cancer.

Patients without HCC

FDGal PET/CT was without any *hot* or *cold spots* in all seven cases suspected to have HCC but in whom the diagnosis was refuted (Table 4). In all cases, plasma AFP was normal (1– 46 ng/ml) and ceCT showed suspicious but inconclusive lesions and enhanced follow-up was necessary to reach a final diagnosis.

Extra-hepatic disease

Nine of the patients had extra-hepatic metastases which were FDGal PET/CT positive (Table 5). While the presence of extra-hepatic disease was known in ID13, it was a novel finding in the other eight cases. Fig. 4 shows an example of an extra-hepatic metastasis in the neck of the left femur bone.

Discussion

This paper presents the first clinical study of the potential use of FDGal PET/CT for the detection of HCC. The main results are the ability of FDGal PET/CT to detect extra-hepatic HCC lesions and the interesting fact that FDGal PET/CT was negative in all patients in whom HCC was suspected but the diagnosis refuted. Furthermore, FDGal PET/CT could visualise metabolically active intra-hepatic HCC lesions with a T/B-ratio between 1.2 and 2.8. In patients with tumours described as being necrotic or hypoperfused on other imaging modalities, the T/B-ratio of FDGal was between 0.2 and 0.8 which indicates low metabolic activity. Evaluated on a patient-to-patient basis, FDGal PET/CT was true-positive in 22 out of the 23 patients with HCC who were included before treatment. This was comparable to multi-phase ceCT, which was also true-positive in 22/23 and is used as *state-of-the-art* imaging modality for radiological diagnosis of HCC at many centres. Interestingly, the two imaging modalities did not miss the same patient and in combination, they correctly identified all 23 patients.

In several cases, FDGal PET/CT showed definite *hot spots* in cases where ceCT was described as showing "suspicious areas" with the need for enhanced follow-up (Tables 2–4). In four cases (IDs 6, 20, 24, and 27), FDGal PET/CT detected more nodules than other imaging modalities at the time of investigation and follow-up showed rapid progression, indicating that FDGal PET/CT may be able to detect more lesions at an earlier time point than the conventional morphologically based imaging modalities. Due to the welldocumented low sensitivity of FDG PET/CT for the detection of HCC [13–16], this imaging modality is not used as a standard clinical investigation of patients with HCC at our institution. Because of this we did not consider it useful to compare FDGal PET/CT with FDG PET/CT but instead preferred to compare FDGal PET/CT with standard clinical investigations. In the patients included after treatment of HCC (Table 3), FDGal PET/CT correctly identified subjects with relapse. This promising finding suggests that FDGal PET/ CT may also be useful in monitoring treatment response in patients with HCC, but this needs to be tested in a larger, prospective clinical study.

FDGal PET/CT was true-negative in all seven patients without HCC. This indicates a high specificity of FDGal PET which is particularly interesting finding since CT, US and/or MRI were inconclusive in all seven cases, making enhanced follow-up necessary in order to reach a final diagnosis (Table 4). Actually, in ID40 ceCT, MRI and ultrasound showed a suspicious nodule which was negative on FDGal PET/CT and a biopsy showed that it was an adenoma. Although our material is too limited to draw any robust conclusion on the general specificity of FDGal PET/CT, we find the data encouraging. Moreover, the absence of false-positive lesions on the FDGal PET/CT images is interesting with regards to common benign and pre-malignant changes in cirrhotic livers such as the presence of regeneration and dysplastic nodules, which complicates the radiologic diagnosis of HCC [7, 8] and could be a potential source for false-positive FDGal PET/CT. However, our material indicates that FDGal does not accumulate in such nodules and a negative FDGal PET/CT thus seems to be a powerful supplement in ruling out HCC in patients with suspected HCC.

In eight of the nine cases with extra-hepatic disease, the presence of extra-hepatic disease was unknown prior to the FDGal PET/CT (Table 5). ID15 had an extra-hepatic metastasis in

a lymph node in the common hepato-biliary ligament, which was positive on FDGal PET/ CT. Enlarged lymph nodes located in the common hepato-biliary ligament are often seen in patients with cirrhosis and using conventional imaging techniques it may be difficult to evaluate whether they are benign or malignant. The maximum SUV on FDGal PET/CT was 5, which was significantly higher than the surrounding tissue creating a T/B-ratio of 2.4. The metastasis was accordingly easily identified and the use of FDGal PET in conjunction with ceCT may increase the specificity of ceCT suspicious lymph nodes in that particular area.

Conclusion

Based on the present study, we believe that FDGal PET/CT is a promising imaging modality for detection of HCC. In particular, we find the apparently high specificity of FDGal PET/ CT and the ability of the method to detect extra-hepatic HCC nodules interesting. The present study was a feasibility study and the clinical impact of FDGal PET/CT needs to be validated in a prospective clinical study. A key issue that needs to be studied is the potential use of FDGal PET/CT for detecting small intra-hepatic HCC lesions which are poorly visualized by existing imaging methods.

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Fig 1.

PET/CT image of an FDGal positive HCC lesion (arrow) in a cirrhotic liver (ID33; coronal view). The diagnosis was based on plasma AFP (1076 ng/ml) and multi-phase ceCT according to internationally approved guidelines [5, 6]. The aetiology was alcoholic cirrhosis.

Fig. 2.

FDGal PET/CT image (a) and ceCT image in arterial phase (b) of a large necrotic HCC (white arrows) with adjacent viable tumour tissue (red arrows) (ID22, transaxial view). The patient did not have cirrhosis and the aetiology was unknown. Plasma AFP was 3047 ng/ml and the multi-phase ceCT typical for HCC [5, 6].

Fig. 3.

Example of a large HCC with low metabolic activity seen as an area with low FDGal uptake on the FDGal PET/CT image (a), atypical low contrast-enhancement in the arterial phase of multi-phase ceCT, and typical washout pattern in the late venous phase on ceCT(c) (ID12, transaxial view). A biopsy showed HCC (medium differentiated). The aetiology was alcoholic cirrhosis and plasma AFP was 11 ng/ml.

Fig. 4.

FDGal PET/CT image showing a metastasis in the neck of the left femur bone (ID27, coronal view). The liver is large and cirrhotic with no visible tumours in this plane. Radioactivity in the kidneys is physiological due to excretion of FDGal in the urine. The patient had cirrhosis (hepatitis C) and HCC was verified by biopsy. AFP was 13 ng/ml.

Table 1

Patient characteristics

Qualitative variables are given as total and continuous variables are given as median [range]. HCV, hepatitis C virus; HBV, hepatitis B virus; PBC, primary biliary cirrhosis; AFP, alpha-fetoprotein.

a Seven patients without liver disease were not classified according to the Child-Pugh classification.

b Other causes included cryptogenic cirrhosis (*n*=6), steatosis (*n*=1), McKusick Kaufmann Syndrome (*n*=1), and unknown (*n*=2).

c One patient (ID32) had a false-negative biopsy.

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Table 2

Patients with HCC included before treatment Patients with HCC included before treatment

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Patients with HCC included after treatment Patients with HCC included after treatment

FDGal, 2-[18F]fluoro-2-deoxy-D-galactose; ceCT, contrast-enhanced CT; T/B-ratio, tumour-to-background ratio; F, female; M, male; TACE, transarterial chemoembolization; RFA, radiofrequency 2. t, rDOan, 2-1 ⁻ r)111000-2-000xy-1-gaactoos; cec1, contrast-ennameto C1, 1/B-tauo, tunnour-to-background ratio,
ablation; SBRT, stereotactic body radiation therapy. ID34 was allergic to contrast and a ceCT was not performed ablation; SBRT, stereotactic body radiation therapy. ID34 was allergic to contrast and a ceCT was not performed.

FDGal, 2-[¹⁸F]fluoro-2-deoxy-p-galactose; ceCT, contrast-enhanced CT; F, female; M, male; US, ultrasound sonography; MRI, magnetic resonance imaging. FDGal, 2-[¹⁸F]fluoro-2-deoxy-p-galactose; ceCT, contrast-enhanced CT; F, female; M, male; US, ultrasound sonography; MRI, magnetic resonance imaging.

Table 5

Patients with extra-hepatic metastases

F, female; M, male; FDGal, 2-[18F]fluoro-2-deoxy-D-galactose; T/B-ratio, tumour-to-background ratio when compared to contra-lateral side.