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Drug-induced Liver Injury

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Abstract

Drug-induced liver injury (DILI) is common and nearly all classes of medications can cause liver disease. Most cases of DILI are benign, and improve after drug withdrawal. It is important to recognize and remove the offending agent as quickly as possible to prevent the progression to chronic liver disease and/or acute liver failure. There are no definite risk factors for DILI, but pre-existing liver disease and genetic susceptibility may predispose certain individuals. Although most patients have clinical symptoms that are identical to other liver diseases, some patients may present with symptoms of systemic hypersensitivity. Treatment of drug and herbal-induced liver injury consists of rapid drug discontinuation and supportive care targeted to alleviate unwanted symptoms.

Keywords

Drug-induced liver injury (DILI); drug-induced hepatitis; drug-induced cholestasis; acetaminophen; vanishing bile duct syndrome; herbal toxicity

Adverse drug reactions are an important cause of liver injury that may require discontinuation of the offending agent, hospitalization, or even liver transplantation.¹ Indeed, drug-induced hepatotoxicity is the most frequent cause of acute liver failure in US.² Because the liver is responsible for concentrating and metabolizing a majority of medications, it is a prime target for medication-induced damage. Among hepatotoxic drugs, acetaminophen (paracetamol) is the most often studied. However, a broad range of different pharmacological agents can induce liver damage, including anesthetics, anticancer drugs, antibiotics, antituberculosis agents, antiretrovirals, and cardiac medications. In addition, a plethora of traditional medical therapies and herbal remedies may also be hepatotoxic.

Depending on the duration of injury and the histological location of damage, drug-induced liver injury (DILI) is categorized as acute or chronic, and either as hepatitis, cholestatic, or a mixed pattern of injury. The hepatitis pattern is characterized by hepatocyte necrosis and is associated with a poor prognosis. There are three types of acute cholestatic drug-induced injury: bland cholestasis is the result of abnormal biliary secretion, and is not accompanied by significant hepatocellular damage; cholestatic hepatitis (mixed type) refers to cholestasis with concomitant hepatic parenchymal damage; and the third form of acute cholestasis is

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defined by the presence of bile duct injury or cholangiolitis. Medications may cause chronic cholestasis through two additional mechanisms: through the obliteration of bile ducts, also known as the vanishing bile duct syndrome, or by extrahepatic biliary obstruction, known as secondary sclerosing cholangitis.³⁻⁶

Mechanisms of Drug-induced Liver Injury

DILI may be the result of direct toxicity from the administered drug or their metabolites, or injury may result from immune-mediated mechanisms (see Figure 1). Although these mechanisms are distinct, they may also be interconnected; for example, initial hepatocyte destruction due to direct drug toxicity may be further enhanced by the subsequent inflammatory reaction. It is also important to recognize that oral medications with significant hepatic metabolism are more likely to result in DILI.⁷

The vast majority of drugs are liposoluble and metabolized in the liver and excreted in bile or urine. The first step of drug metabolism is known as a phase I reaction and is mediated by enzymes of the hepatic cytochrome p450 system.⁸ Intermediate bioactive products generated in this step may interact with various cellular organelles (e.g. mitochondria) leading to hepatocyte dysfunction and cellular demise.⁹ These potentially toxic intermediate products are then inactivated through glucurono-, glutathione- or sulfa-conjugation in subsequent phase II reactions. In order to limit hepatotoxicity, the generation rate for phase I products should not exceed the liver's capacity to inactivate them. Depletion or deficiency of the compounds responsible for the phase II conjugation reactions may result in accumulation of toxic metabolites. Such is the case in patients who abuse alcohol and ingest acetaminophen.¹⁰ In this example, even low-dose acetaminophen can result in severe liver damage.¹¹

One of the earliest events in DILI is the inhibition of the mitochondrial respiratory chain, resulting in increased reactive oxygen species (ROS) and depletion of adenosine triphosphate (ATP).¹² There are several mechanisms contributing to mitochondrial dysfunction: the mitochondrial respiratory chain may be inhibited, diminishing ATP production and resulting in increased ROS levels.¹² Furthermore, certain drugs, such as amiodarone, may inhibit-oxidation of fatty acids, resulting in steatosis or steatohepatitis.¹³ Dideoxynucleotide analogs, often used in the treatment of HIV, may impair mitochondrial DNA replication.^{13,14} Drug toxicity may also result from the opening of the mitochondrial permeability transition pore (MPTP), which is strongly associated with cell death.¹⁵

ROS generation, ATP depletion, and the aforementioned mitochondrial insults may combine to induce intracellular damage. Ultimately, hepatocytes commit to apoptosis, but this process requires energy (ATP), which may not be available due to mitochondrial dysfunction and depleted ATP stores. In this instance, hepatocyte death occurs through the necrotic pathway, which may enhance hepatic inflammation.¹⁶

Immune-mediated injury is also an important mechanism of DILI and may be characterized by a prolonged interval between administration of the drug and recognized liver toxicity. The liver contains components of both the innate and adaptive immune system. Bioactive drug metabolites bind to cellular proteins and are exposed to major histocompatibility complex (MHC) molecules on antigen presenting cells.¹⁷ This interaction triggers an immune response directed against the hepatocyte. Halothane, for example, triggers the generation of antibodies directed against cytochrome p450 CYP2E1. Thus, identifying drug-induced antibodies in patients' blood may help in the diagnosis. Apart from antibody-mediated cell death, locally released cytokines and ROS also enhance hepatic injury.¹⁸ As classically described with halogenated anesthetics, immune-mediated DILI may be much more pronounced and severe after repeated exposures to the medication.¹⁹ Thus, a careful

medication history may reveal important information regarding reactions that appeared after previous administration of the respective drug.

Risk Factors for Drug-induced Liver Injury

In men, advanced age is correlated with cholestatic forms of DILI. Women are more prone to developing hepatitis, and are more likely to progress to acute liver failure.^{20,21}

Pre-existing liver pathology predisposes one to higher toxicity from drugs that are metabolized by the liver. For example, hepatitis B or C may augment the severity of inflammatory reactions to antituberculosis medication.²² Chronic alcohol consumption is also known to exacerbate drug toxicity.²³ Furthermore, acetaminophen is particularly toxic in heavy alcohol drinkers due to increased activation of the cytochrome p450 system, which leads to generation of the toxic metabolite acetaldehyde.²⁴ It is also recognized that non-alcoholic fatty liver disease (NAFLD) can also increase susceptibility for DILI.²⁵ Thus, particular attention is needed when medicating patients with liver disease (reviewed by Gupta and Lewis).²⁶ However, the presence of pre-existing liver disease does not mean that potentially hepatotoxic medications cannot be used. For example, statins are commonly used in patients with NAFLD. Genetic factors predisposing patients to DILI have been attributed to polymorphisms of the cytochrome p450 enzymes that either slow the metabolism of toxic drugs or accelerate the generation of bioreactive drug metabolites.²⁷⁻²⁹ Human leukocyte antigen (HLA) phenotype also plays a role in idiosyncratic, immune-mediated reactions to drugs.³⁰⁻³²

Clinical, Laboratory and Histopathological Features of Drug-induced Liver Injury

The majority of cases of DILI are acute illnesses that resolve quickly after the offending medication is stopped. The clinical symptoms are similar to other forms of hepatitis or cholestasis where fatigue, nausea, malaise, pruritus, and jaundice predominate. In some circumstances, abdominal pain that is indistinguishable from acute cholecystitis may be present.³³ Concurrent with the theory that immunologic mechanisms are responsible for certain forms of DILI, symptoms of systemic hypersensitivity may be occasionally seen (e.g. fever, rash and eosinophilia).

Certain medications may also cause chronic cholestasis, with clinical features remarkably similar to primary biliary cirrhosis (PBC). Prolonged jaundice, xanthomas, and pruritus have been described in patients taking a variety of different medications. Features that help to distinguish between PBC and drug-induced cholestasis are the lack of circulating anti-mitochondrial antibodies in the latter.³⁴ While PBC may result in end-stage liver disease (ESLD) and death, chronic cholestasis caused by medications is usually reversible and considered benign. Some forms of chronic medication-induced cholestasis are associated with destruction of the intra-hepatic bile ducts. Although the clinical features of this vanishing bile duct syndrome are similar to other forms of chronic cholestasis, the ductopenia is often irreversible and may lead to cirrhosis.

The diagnosis of DILI is typically made by establishing a temporal relationship between drug exposure and development of signs and symptoms of liver disease. Exclusion of infectious, autoimmune or other forms of liver disease is essential. A thorough medical history and a high clinical suspicion is the basis for a correct diagnosis. The astute clinician should actively investigate the chronological relationship between drug administration and onset of pathology. Drugs that have a dose-dependent toxicity usually elicit clinical features within hours to days, while immune-mediated reactions may manifest weeks after administering the drug. Another important feature that helps to confirm DILI is

improvement after drug withdrawal. A rechallenge test may be confirmatory; however, re-administration of the drug is not practical in the clinical setting due to safety concerns, and is not recommended. The diagnosis of DILI is associated with increased levels of hepatic enzymes and bilirubin. The pattern of these abnormalities may be hepatocellular, cholestatic, or mixed (see Table 1). The hepatocellular pattern is characterized by increased levels of alanine aminotransferase (ALT) and aspartate aminotransferase (AST), which reflects hepatocyte destruction and is potentially associated with a worse prognosis. Toxic levels of acetaminophen can elevate liver enzymes above 20,000IU/L. Alkaline phosphatase elevation is the predominant laboratory feature of cholestatic DILI. Histopathological findings of DILI are not specific. The extent of hepatocyte necrosis may portend a worse outcome, while eosinophilia is potentially a marker of better prognosis.³⁵

As the main challenge is to establish a causal relationship between a certain medication and liver injury, several clinical scales have been developed. The scoring criteria are based on the chronological relationship between drug intake/drug withdrawal and clinical effect, clinical course of reaction, exclusion of other potential causes, and rechallenge.

The Rousse Uclaf Causality Assessment Method of the Council of International Organization of Medical Science (RUCAM/CIOMS) is the most frequently used criteria set for the diagnosis of DILI.³⁶ In addition to the aforementioned criteria, the RUCAM/CIOMS scale scores several risk factors (age, alcohol consumption, and pregnancy) and separates DILI into the three patterns described above: hepatocellular, cholestatic, and mixed.^{37,38}

The Maria and Victorino (M&V) Scoring system simplifies the approach by using only five of the seven criteria of the RUCAM/CIOMS scale, but also considers the presence of extra-hepatic manifestations such as fever, rash, arthralgia, eosinophilia, or cytopenia.³⁹ A major critique of the M&V scale is the omission of the liver injury pattern. In addition, the M&V scale is not sensitive to diagnosing chronic forms of DILI and fulminant drug-induced hepatitis.^{40,41}

In clinical practice these scales are not consistently used for the diagnosis of DILI. In order to obtain better data concerning drug hepatotoxicity and to provide access to a case registry, the National Institutes of Health (US) has sponsored an on-going research consortium titled the Drug-Induced Liver Injury Network (DILIN).⁴²⁻⁴⁴

Management of DILI

The management of DILI is based upon proper diagnosis, recognition of the offending agent, and its withdrawal. The decision to discontinue the medication is based on the values of liver enzymes. Drug administration should be stopped whenever ALT > 8 x upper limit of normal (ULN), ALT > 5 x ULN for three weeks, ALT > 3 x ULN + bilirubin > 2 x ULN, prothrombin time/international normalized ratio (PT-INR) > 1.5 x ULN or in the presence of symptoms suggesting liver injury.³⁶ Even after stopping the drug, the outcome may vary from complete resolution to acute liver failure and death. With the exception of N-acetylcysteine employed in acetaminophen intoxication, no other specific antidotes are currently employed.

Severe cases that progress to acute liver failure may require liver transplantation. Several different scoring systems have been proposed to determine candidates for this procedure. The King's College Criteria for acute liver failure divides patients in two classes, depending on the etiology (see Table 2), and is useful to predict which patients will survive and which patients will require liver transplantation.⁴⁵

The model for end-stage liver disease (MELD) criteria, which uses bilirubin, creatinine, and INR can also be used to assess the risk of developing fulminant hepatic failure following acetaminophen intoxication.⁴⁶ More recently, computed tomography (CT)-obtained hepatic volumetric analysis has been suggested as a novel parameter in predicting prognosis in DILI patients.⁴⁷ Additional factors associated with a poor prognosis are concurrent hepatitis B virus (HBV), hepatitis C virus (HCV), or HIV infection.

Specific Examples of DILI

Nearly every class of medication can illicit liver injury; listed below are some examples, but the list is not meant to be conclusive. Consultation with a pharmaceutical reference such as Micromedex is recommended if DILI is suspected.

Acetaminophen is the classic example of acute, dose-related DILI, and is responsible for the largest number of cases. Acetaminophen is either glucuronylated or sulfa-conjugated to compounds that are excreted in urine. A fraction of the drug is metabolized by CYP2E1, CYP1A2 and CYP3A4 to a toxic intermediate metabolite (N-acetyl-p-benzo-quinone imine, NAPQI) that can interact with intracellular proteins and induce hepatocyte death.⁹ Generated NAPQI is rapidly bound by glutathione (GST), which prevents the toxic effects. Hepatotoxicity occurs when GST is depleted or when NAPQI generation exceeds GST binding capacity. It is important to recognize that both GST depletion and increased generation of NAPQI occur in alcoholics, and these patients can develop severe liver injury even with low (2–4g/day) doses of acetaminophen.⁴⁸ Symptoms in the first 24 hours post ingestion typically consist of nausea, vomiting and malaise (phase 1). These symptoms usually abate for 24 hours (phase 2). Then, hepatocellular destruction occurs between 72 and 96 hours post ingestion and is associated with abdominal pain and jaundice, accompanied by nausea and vomiting. Coagulopathy, hepatic encephalopathy and renal failure characterize severe cases, potentially resulting in death. Rising serum levels of AST and ALT reflect hepatocyte destruction. Centrilobular necrosis in zone 3 is classically observed on liver biopsy. Clinical suspicion and a good history provide the diagnosis, which is confirmed by serum acetaminophen levels. The acetaminophen concentration (plotted on the Rumack–Matthew nomogram) and the King’s College Criteria are used to predict prognosis.⁴⁹ Initial therapeutic measures include gastric emptying by lavage or ipecac syrup and activated charcoal administration within four hours of ingestion. N-acetyl-cysteine is the specific antidote and can be administered orally or intravenously. Patients that recover from acetaminophen toxicity have no long-term hepatic sequelae. Severe acetaminophen intoxication cases may progress to acute liver failure, and need for liver transplantation is predicted by the King’s College Criteria.

Anesthetics

Halothane-induced DILI usually occurs after multiple exposures and is thought to be driven by immunologic mechanisms.^{50,51} The conversion of halothane to trifluoroacetylchloride by the cytochrome p450 (especially by CYP2E1) results in the formation of trifluoroacetylated proteins that serve as neoantigens and drive the production of autoantibodies (anti-CYP2E1) that mediate hepatic destruction.^{52–54} Clinical history may reveal fever and jaundice after previous administration(s). Hepatocyte destruction is reflected by elevated serum transaminases, while eosinophilia suggests the immune reaction. Biopsy findings may range from leukocyte infiltration to massive hepatic necrosis. Most of the cases are mild, but acute liver failure may occur, potentially requiring liver transplant.⁵¹ Although case reports exist, liver toxicity from newer-generation halogenated anesthetics, such as isoflurane or sevoflurane, is uncommon.

Non-steroidal Anti-inflammatory Drugs

Due to their extensive use, non-steroidal anti-inflammatory drugs (NSAIDs) are also an important cause of hepatotoxicity.^{55,56} Diclofenac, the most studied in this class, is glucuronylated and also subjected to cytochrome p450-mediated reactions that result in bioactive products.^{57,58} Both reactive metabolites and immune mechanisms mediate toxicity. Decreased prostaglandin synthesis due to cyclooxygenase (COX) inhibition may also enhance injury. Chronic diclofenac administration may result in elevated ALT levels in the first four–six months of therapy, but severe toxicity has also been reported.⁵⁹ Besides diclofenac, bromfenac, nimesulide and sulindac are the NSAIDs most frequently associated with hepatotoxicity.^{56,60} Nimesulide administration has been reported to illicit severe toxicity resulting in acute liver failure.⁶¹ Sulindac and ibuprofen are associated with cholestatic DILI that is reversible after drug withdrawal, although fatal cases have also been reported.^{62,63}

Antimicrobial Medications

Antibiotic-induced hepatotoxicity is responsible for 25–45% of DILI cases.^{43,64,65} Antituberculosis drugs are reported to be hepatotoxic in up to 35% of patients receiving these medications.^{66–69} The American Thoracic Society has published formal guidelines on how to monitor these patients for DILI.⁷⁰ Isoniazid (INH) is metabolized in the liver mainly to mono- and diacetylhydrazine and several other compounds. Genetic variations in rates of INH metabolism exist; slow metabolizers are likely to develop high transaminase levels in response to INH administration. Co-administration of drugs that increase cytochrome p450 activity has an additional effect: rifampin, for example, enhances the toxicity of INH.^{71,72} Most patients recover in several weeks after discontinuing the drug, while continuing the medication may result in severe hepatotoxicity (potentially leading to acute liver failure).^{21,70,73} Rifampin alone seldom induces DILI (in up to 2.7% of patients); however, it may occur in patients with pre-existing liver disease.^{72,74–76} Mechanistically, rifampin competes with bilirubin for the bile salt export pump, and results in hyperbilirubinemia and cholestatic liver disease.⁷⁷ In addition, drug-induced hypersensitivity may also be responsible for a minority of cases.

Pirazinamide is generally not toxic *per se*, but when administered in combination with other drugs (INH, rifampin, ethambutol or quinolones) the risk of hepatic adverse reaction is significantly increased.^{78–82} Therefore, rifampin is no longer combined with pirazinamide for treating latent tuberculosis infections.⁷⁰

Other Antibiotics

Beta-lactams, such as penicillins and cephalosporins, are commonly associated with DILI. The presence of beta-lactamase inhibitors (clavulanic acid) significantly increases the frequency of adverse reactions leading to cholestasis or a mixed pattern of liver injury. DILI induced by clavulanic acid compounds typically is manifested by reversible jaundice, but severe cases requiring liver transplant or resulting in fatal outcomes have been reported.^{30,83–85} Penicillinase-resistant penicillins are also associated with cholestatic forms of DILI.^{86–89} Macrolides are generally associated with reversible cholestatic liver injury. The risk of erythromycin inducing DILI is estimated at 3.6/100,000 cases.⁹⁰ Patients present with abdominal pain, anorexia, nausea, and vomiting two–four weeks following the initial administration or after two–three days if re-challenged, suggesting a hypersensitivity mechanism. Liver abnormalities generally subside within two–five weeks after stopping the drug.⁹¹ In rare cases, cholestasis persists for up to six months.

Sulfonamide-induced liver injury occurs within the first month of administering the medication. Most forms of liver injury are cholestatic, but inflammation and necrosis may

also occur. The patients usually recover within several weeks after stopping the antibiotic, although chronic cholestasis or enhanced severity has been reported.^{92–95} Macroclantin is well recognized to induce both acute and chronic liver disease, and may be indistinguishable from autoimmune hepatitis.^{96,97}

Antifungals

Ketoconazole and other azoles are associated with an increased risk of hepatotoxicity. Liver injury generally presents as increased transaminase levels that are usually reversible.⁹⁸ Although the hepatitis pattern is the most common, cholestatic and mixed forms have been observed.^{99,100} Patients on antifungal therapy require careful monitoring, and administration should be abruptly stopped if the liver enzymes become elevated. Failure to do so can result in severe liver damage, and death.^{100,101} Oral terbinafine rarely induces DILI (1/45,000 to 1/54,000); however, severe cases have been reported, thus monitoring liver enzymes at baseline and after four–six weeks of treatment may assess for the potential hepatotoxicity of the drug.^{102,103}

HIV Antiretroviral Therapy

Up to 18% of patients treated with highly active antiretroviral therapy (HAART) develop DILI. The risk is increased by alcohol consumption, older age, and female gender. In addition, HBV and HCV co-infection enhances both the frequency and the severity of liver injury.^{104–109} Successful treatment of the HCV infection results in reduced hepatic toxicity of antiretroviral drugs.^{110,111} Drug combinations employed in HAART complicate the attempts to clearly identify the hepatotoxic potential of each individual medication. Clinical manifestations range from asymptomatic patients to acute liver failure and death. Although all antiretrovirals may induce hepatotoxicity, non-nucleoside analog reverse transcriptase inhibitors are the most likely culprits. Hypersensitivity and idiosyncratic mechanisms are implicated in the liver toxicity caused by these agents. Nevirapine is associated with a high incidence of liver toxicity,¹¹² and the risk is associated with HLA-DRB*0101 and low body mass index (BMI).^{113–119} Clinically, hepatotoxicity due to nevirapine occurs either early or after several months of therapy and it has a mixed pattern of liver injury.¹²⁰ A risk factor for abacavir-induced DILI is HLA-B*5701 positivity, thus patients should be screened for this phenotype prior to abacavir treatment.^{121,122} Liver toxicity occurs through mitochondrial damage resulting in lactic acidosis and hepatic steatosis.^{123–125} Protease inhibitors induce DILI in 6–11% of patients, but the incidence is significantly increased in HBV or HCV co-infections and alcohol consumption.^{126,127} Among this class of drugs, ritonavir is the most frequently associated with hepatotoxicity. Interestingly, simultaneously employing two protease inhibitors does not augment liver toxicity.^{128,129} Although many protease inhibitors increase unconjugated bilirubin levels, liver injury is not reported with this abnormality.¹³⁰

Oral Hypoglycemics

The first drug of the thiazolidinedione class, troglitazone, was withdrawn due to its potential to cause severe hepatotoxicity.^{131,132} Rarely, rosiglitazone and pioglitazone have been reported to cause hepatotoxicity, including cases of hepatic failure.^{133–137} Among sulfonylureas, glimepiride is associated with cholestatic DILI.^{138–140}

Lipid-lowering Agents

Statins induce a reversible, dose-dependent rise in aminotransferase levels and very rarely result in liver failure.^{2,141,142} Monitoring the liver tests at the beginning and during statin therapy is under debate.^{143,144} Autoimmune-like hepatitis has been reported in several cases and may be correlated with HLA-DR3, DR4, or DR5.^{145–148} Interestingly, HCV infection did not significantly increase aminotransferase levels during statin treatment.^{149,150}

Ezetimibe (which inhibits the intestinal absorption of cholesterol) was initially reported to be safe.^{151–153} However, ezetimibe was recently shown to induce cholestatic DILI or an autoimmune-like hepatitis when employed alone or in combination with a simvastatin.¹⁵⁴ Despite these associations, statins can often be safely used in patients with chronic liver disease.

Herbal or Traditional Remedies

Herbal remedies are widely used for a multitude of purposes and evidence about their hepatotoxicity is accumulating.¹⁵⁵ Although the use of herbal products has been consistently rising, no regulatory guidelines or standards are issued for their composition.^{156,157} These factors make it difficult to clearly establish their hepatic toxicities. A notable case of herbal toxicity is reported for Herbalife® products. Interestingly, Herbalife ingestion has resulted in different patterns of liver injury including one case of fulminant hepatic failure.¹⁵⁸ Further research revealed that contamination with *Bacillus subtilis* was thought to be responsible for the liver toxicity of Herbalife.¹⁵⁹ Surprisingly, Spirulina, taken for its broad range of protective effects, was also recorded as the culprit for one case of DILI.¹⁶⁰

Several other more common examples of liver injury due to herbal compounds are provided in Table 3. Further complicating the identification of individual toxic components, alternative medicine frequently employs mixtures of several components. For example, acute hepatitis and liver failure were reported for LipoKinetix, a weight loss product containing norephedrine, caffeine, yohimbine, diiodothyronine and sodium usniate, leading to its withdrawal from the US market in 2001.^{161,162} Chinese herbal medicines comprised of multiple compounds have been shown to result in liver injury; for example, Dai-Saiko-To and Sho-Saiko-To can induce acute hepatitis.^{163–165}

Conclusions

Hepatotoxicity is a potential complication of nearly all classes of medication. Most cases of DILI are benign, and improve after drug withdrawal. It is important to recognize and remove the offending agent as quickly as possible to prevent the progression to chronic liver disease and/or fulminant hepatic failure. There are no definite risk factors for DILI, but pre-existing liver disease and genetic susceptibility may predispose certain individuals. Although most patients have clinical symptoms that are identical to other liver diseases, some patients may present with symptoms of systemic hypersensitivity. Treatment of drug- and herbal-induced liver injury consists of rapid drug discontinuation and supportive care targeted to alleviate unwanted symptoms.

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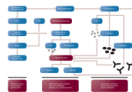


Figure 1. Mechanisms of Drug-induced Liver Injury

Drugs are metabolized by the liver p450 system in a series of phase I and phase II reactions (left column). Toxic intermediates can illicit hepatocyte damage and death by inducing apoptosis or necrosis (center column). Drugs that bind to cellular membranes can elicit an immunologic reaction upon presentation to major histocompatibility complex (MHC) particles, resulting in inflammation (right column).

Table 1

Types of Drug-induced Liver Injury

Type	Enzymatic profile	Prognosis
Hepatocellular	ALT > 2ULN Serum ALT/Serum Alk. Phos $\geq 5^*$	More severe prognosis
Cholestatic	Alk Phos ≥ 2 ULN Serum ALT/Serum Alk Phos $\leq 2^*$	More prone to chronic disease
Mixed	ALT > 2 ULN Serum ALT/Serum Alk Phos between 2 and 5*	More prone to chronic disease

* The values in the ratios are expressed as ULN multiples.

ALT = alanine aminotransferase; ULN = upper limit of normal; Alk Phos = alkaline phosphatase.

Table 2

King's College Criteria for Liver Transplantation

Acetaminophen	Non-acetaminophen
pH<7.3	INR>6.5/PT>100 seconds or any three of the following:
Lactic acid>3.5mM at 8 hours	• INR>3.4/PT >50 seconds
Lactic acid>3.0mM at 12 hours	• Bilirubin >17.5mg/dl
Creatinine>3.4mg/dl	• Jaundice for >7 days
INR>6.5/PT>100sec	• Age between 10 and 40
Encephalopathy grade 3 or 4	• Etiology: drug reaction or unknown

Table 3

Hepatotoxicity Associated with Herbal Medications

Herbal supplement	Use	Type of Liver Injury	Refs.
Chaparral-Larrea Tridentata	Multiple	Cholestasis, zone 3 necrosis, chronic hepatitis	166, 167
Comfrey–Symphytum Officinale	Anti-inflammatory	Veno-occlusive disease, cholestasis in some cases	168
Greater Celandine - Chelidonium Majus	Irritable bowel syndrome Biliary dyskinesia	Cholestasis, autoimmune reaction	169, 170
Kava root	Anxiety, depression, sleeping aid	Necrosis, cholestasis, fulminant hepatic failure	171
Cascara Sagrada-Rhamnus Prusiana	Laxative	Cholestatic hepatitis	172
Germander - Teucrium Chamaedrys	Multiple	Cholestatic hepatitis, chronic hepatitis, cirrhosis	173–176
Jin Bu Huan Lycopodium Serratum	Sedative, analgesic	Acute and chronic hepatitis	177–179
Ma Huang - Ephedra Sinica	Weight reduction	Acute hepatitis	180–182