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Staphylococcal biofilm disassembly

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Abstract

Staphylococcus aureus and *Staphylococcus epidermidis* are a frequent cause of biofilm-associated infections that are a tremendous burden on our healthcare system. Staphylococcal biofilms exhibit extraordinary resistance to antimicrobial killing, limiting the efficacy of antibiotic therapy and often require surgical intervention to remove infected tissues or implanted devices. Recent work has provided new insight into the molecular basis of biofilm development in these opportunistic pathogens. Extracellular bacterial products, environmental conditions, and polymicrobial interactions have all been shown to profoundly influence the ability of these bacteria to colonize and disperse from clinically relevant surfaces. In this article we review new developments in staphylococcal biofilm disassembly and set them in the context of potential strategies to control biofilm infections.

Introduction to staphylococcal biofilm development

Biofilms are complex microbial communities attached to a surface and embedded in an extracellular matrix. These communities can form on a diverse range of surface chemistries and numerous studies have investigated the factors required to carry out this intricate process. Bacteria of the genus *Staphylococcus* are thought to develop a biofilm in at least three stages: (i) cell attachment to a surface; (ii) assembly of these initial cells into a small clump, also called a microcolony; and (iii) growth of the biofilm into a mature structure. Once a biofilm is fully developed, it can disassemble (also called detachment or dispersion) through both mechanical and active processes. A number of excellent reviews cover the biofilm maturation process [1–3], and in this review, we will focus on biofilm disassembly.

Staphylococcal biofilm infections

In terms of bacterial infections, biofilms can manifest as growth on medical devices or a range of host tissues. The challenge presented by these infections is the recalcitrance to host defense mechanisms and antimicrobial therapy [4, 5], enabling the bacterial communities to persist and cause repeated waves of damage. Staphylococci have drawn attention as the dominant cause of biofilm-associated infections [2], with *Staphylococcus epidermidis* often cited as being associated with foreign body infections [6] and *S. aureus* with infections on host tissues (Figure 1), such as osteomyelitis [7], septic arthritis [8], and endocarditis [9]. The pronounced ability of staphylococci to develop biofilm-associated disease has drawn

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considerable interest over the past decade in understanding the complex mechanisms behind the formation of these persistent structures as well as developing strategies to target their disassembly.

Background on staphylococcal biofilm disassembly

The process of biofilm disassembly likely involves multiple steps that include degradation of the extracellular matrix and physiological changes that prepare cells for conditions outside the biofilm. One profound phenotype observed during biofilm disassembly is the conversion of bacteria existing in a state where they are resistant to antimicrobial chemotherapy to one where they regain sensitivity to these therapeutics [10, 11]. An in-depth understanding of staphylococcal molecular mechanisms and environmental conditions contributing to biofilm formation and disassembly could lead to innovative treatment options.

The benefits provided to bacteria through the biofilm mode of growth are impressive, but these advantages come at some cost and can trigger situations where biofilms disassemble. For example, matrix production imposes a synthetic burden on the bacteria and the nutrient gradients within biofilms can limit growth. Perhaps the most significant risk for biofilm bacteria occurs when local conditions deteriorate, such as nutrient depletion, the accumulation of wastes, the appearance of antimicrobial compounds, or other threats. Biofilm bacteria have a reduced ability to evade stresses because they are physically confined by the matrix. These costs associated with biofilm growth make it vital that bacteria possess mechanisms to separate from biofilms and assume a planktonic lifestyle for spreading to a more suitable habitat. Environmental conditions trigger active mechanisms that bring about bacterial separation [10]. The fact that disassembly can be triggered by several different cues could allow organisms to regulate their movement between the biofilm and planktonic growth states as the local environmental conditions change.

Biofilm disassembly likely plays an important role in most biofilm associated infections. A well-characterized example is the devastating embolic events of endocarditis caused by detachment of the biofilm growing on heart valves [12]. The dissemination of bacteria from biofilm infections can also result in severe acute infections such as sepsis [13]. In addition, many cases of hospital-acquired pneumonia are caused by bacteria detached from biofilms that form in a patient's endotracheal tube or oropharynx [14, 15].

Because of their important role in human health and disease, considerable research effort has been aimed at defining the mechanistic basis of staphylococcal biofilm formation. This research effort has implicated numerous gene products in biofilm formation [1]. Many of these gene products have been identified by high-throughput screens assessing the ability of mutants to form biofilms [16, 17]. Finding genetic factors contributing to biofilm disassembly has lagged behind in large part because of the technical challenges in devising effective screening methods. However, in recent years progress toward uncovering the mechanisms of staphylococcal biofilm disassembly has been made and many of these mechanisms center around the breakdown or solubilization of the biofilm matrix. A summary of these disassembly mechanisms is outlined in Table 1 and Figure 2.

The staphylococcal biofilm matrix

Staphylococcal biofilms are encased in an extracellular matrix composed of proteins, polysaccharides, extracellular DNA (eDNA), and presumably host factors. Compounds capable of dissolving matrix components can disrupt established biofilms or prevent the formation of a biofilm [10, 13, 18–20]. The matrix provides protection from a variety of insults such as attack by immune cells or exposure to antimicrobials. The precise

composition of the biofilm matrix varies greatly depending on the *Staphylococcus* strain, its physiological status, the nutrients available and the prevailing physical conditions. Although much overlap exists between biofilm development in *S. aureus* and *S. epidermidis*, it should be noted that the biofilm matrix in these two species are not equivalent and variation has routinely been observed between strains of the same species.

The polysaccharide in *Staphylococcus* biofilms is a partially deacetylated β 1–6 linked acetylglucosamine homopolymer [21]. This poly-N-acetyl glucosamine (PNAG) polysaccharide, which is also referred to as polysaccharide intercellular adhesion (PIA), is synthesized by enzymes encoded by the *ica* operon and deposited on the cell wall surface [22]. Environmental growth conditions that likely contribute to the role of PNAG in the *Staphylococcus* biofilm matrix are anaerobic growth, the presence of sub-inhibitory concentrations of antibiotics, high temperatures or osmolarity, and other environmental stresses [1]. PNAG has been shown to play a crucial role in several *in vivo* animal models of Staphylococcal biofilm infections [23–25]. While some strains rely more on polysaccharides for robust biofilm formation, others form polysaccharide-independent biofilms with the matrix composed primarily of protein and eDNA [1, 16, 18, 26]. Support for the non-essential role of PNAG in many strains comes from *ica* locus deletions that do not change the biofilm phenotypes [10, 27, 28], although these experiments were not conducted in animal models of biofilm infection. In cases of polysaccharide-independent biofilm formation, proteins and eDNA most likely substitute for PNAG as a structural matrix component [11, 16, 18].

Proteins make up the second major biofilm matrix component, as evidenced by the susceptibility of staphylococcal biofilms to proteases (Figure 3) [10, 11, 27, 29–31]. Most *S. epidermidis* isolates and *S. aureus* strains producing high levels of PNAG form biofilms that are not susceptible to protease activity [32], presumably because these biofilms rely more heavily on polysaccharides for structural integrity. Some surface proteins, such as the fibronectin binding proteins [19], protein A [33], SasG [34, 35], and biofilm associated protein (BAP) [31, 36], have been defined as being important in cell-cell and cell-surface interactions, although BAP has not been found in human isolates. One protein recently described to have a structural role in the *S. aureus* biofilm matrix is beta toxin [37]. Beta toxin is capable of binding eDNA and the authors suggest it forms covalent crosslinks to itself in the presence of DNA. This crosslink is protease susceptible, providing the first link between eDNA and proteins in forming the skeletal framework upon which staphylococcal biofilms are established. However, many clinical strains of *S. aureus* do not produce beta toxin due to the presence of a converting prophage [38], suggesting that other DNA-binding matrix components await identification.

The most recently described staphylococcal biofilm matrix component is eDNA. Autolytic activity from a subpopulation of cells results in the release of genomic DNA that contributes to cell adhesion during biofilm maturation. eDNA is thought to serve a structural role in the *S. aureus* biofilm matrix and facilitate both cell-cell and cell-surface interactions [39, 40], whereas it is only a minor component of biofilms formed by *S. epidermidis* [18]. Taken together, our understanding of the complexities of the staphylococcal biofilm matrix remains incomplete, especially the emerging role for eDNA, and published findings to date are predominantly based on *in vitro* work, leaving considerable room for future development of this important research area.

Molecular mechanisms of staphylococcal biofilm disassembly

A primary mechanism of biofilm disassembly utilized by *S. aureus* and *S. epidermidis* is the production of extracellular enzymes or surfactants that degrade and solubilize adhesive

components in the biofilm matrix. Since the biofilm matrix encases the bacterial cells within the biofilm colony, degradation of the matrix results in the detachment of cells from the colony and their release into the environment. Matrix-degrading gene products implicated in active staphylococcal biofilm dispersal include proteases, deoxyribonucleases (DNases), and surfactants.

One regulatory system controlling the production of matrix degrading enzymes is the accessory gene regulatory (*agr*) system. The *agr* system is controlled by a cyclic autoinducing peptide (AIP) that is synthesized and secreted into the environment. When the AIP concentration reaches a critical threshold concentration (in the low nanomolar range), it activates a two-component signal transduction cascade leading to the production of secreted virulence factors (for a recent review see [41]). The *agr* extracellular proteome includes multiple proteases and small pore-forming toxins called phenol-soluble modulins (PSMs). While the phenotypes of *agr* deficient strains in biofilms are variable depending on genetic background and assay conditions [10, 29, 42], activation of the *agr* system is generally accepted as being inhibitory towards biofilm maturation. In terms of species, *S. aureus* will not form a biofilm under conditions of high *agr* activity and reactivation of *agr* in a mature biofilm results in disassembly (Figure 4) [10]. Furthermore, the *S. aureus agr* system is more active in cells that have detached from a biofilm [43], and similar effects have been seen in *S. epidermidis* [13], providing further evidence that induction of the *agr* system results in biofilm disassembly.

The production of extracellular proteases has been implicated in the biofilm disassembly mechanism. In *S. aureus*, deletion of the genes encoding the proteases resulted in a significant increase in biofilm formation in flow cells, and a concomitant decrease in disassembly upon *agr* activation [10]. In addition, protease inhibitors have been shown to promote *S. aureus* biofilm formation under environmental conditions that normally accelerate disassembly [10, 16, 27]. Similarly, mutations that lead to strong upregulation of the extracellular proteases, such as *sarA* and *sigB* deficiencies, appear to lock *S. aureus* into a planktonic state [27, 29, 30], lending further support to the inverse correlation between protease expression and biofilm formation.

Recent work dissecting polymicrobial interactions in the nose uncovered that *S. epidermidis* is capable of producing a secreted protease named Esp that inhibits *S. aureus* biofilm formation and nasal colonization [44]. These findings support previous observations that *S. aureus* biofilm formation depends on the absence of extracellular protease activity and biofilm disassembly can target the proteinaceous matrix material, although the specific target(s) for Esp protease is not known. While the evidence of biofilm formation in the colonization state is limited, the fact that anti-biofilm treatments seem to also prevent colonization suggests there could be underappreciated parallels. However more work is needed to definitively determine if Esp protease activity inhibits nasal colonization via a biofilm disassembly mechanism or some other protease-dependent mechanism.

S. aureus secretes a potent DNase, also known as thermonuclease or micrococcal nuclease, that has been implicated in cell detachment from biofilms [40]. *S. aureus* biofilms are readily dispersed from microplate wells by the exogenous addition of DNases and restriction enzymes, indicating that eDNA is a major biofilm matrix adhesin in this species [18, 40]. It has been shown that a nuclease-deficient mutant strain of *S. aureus* exhibited significantly increased biofilm formation in flow cells compared with the biofilm capacity of a wild-type strain [40]. These findings suggest that nuclease may function as an endogenous mediator of biofilm disassembly in this species.

PSMs are surfactant-like peptides produced by both *S. aureus* and *S. epidermidis* and are capable of contributing to biofilm disassembly. PSMs are regulated by the *agr* quorum-sensing system and their amphiphilic α -helical structure lends them surfactant-like properties [45]. PSMs have been demonstrated to promote *S. epidermidis* biofilm disassembly *in vitro* and promote dissemination from colonized catheters in a mouse model of device-related infection [13]. In addition, the authors demonstrated that antibodies against PSMs inhibited bacterial spread from implanted catheters, showing that strategies to manipulate biofilm disassembly can prevent spread of infection and disease outcome. This important work is one of the only studies assessing the effect of biofilm disassembly in an animal model system, an area where more research is needed.

Environmental conditions promoting staphylococcal biofilm disassembly

In addition to the mechanistic complexity, the timing and extent of biofilm disassembly is likely to be under local regulation. Under favorable conditions, most wild-type biofilms release a small number of cells on a continual basis, but they also sporadically undergo major detachment events after prolonged periods of growth [43]. These events can be very heterogeneous in terms of timing, the regions of the biofilm affected, and perhaps the mechanism of detachment employed. This heterogeneity poses challenges to the investigation of biofilm disassembly mechanisms. One approach that has been used to overcome this challenge involves exposing biofilms to sudden changes in environmental conditions in order to induce a detachment event. This strategy has led to greater understanding of the process through which biofilm disassembly is triggered [10, 43]. One example of an environmental change that results in *S. aureus* biofilm disassembly is the removal of glucose from the growth medium. Under normal biofilm growth conditions, glucose represses the *agr* system through the non-maintained generation of low pH due to the excretion of acidic metabolites, and this common media supplement is used by many laboratories to induce staphylococcal biofilm formation. When glucose is depleted from the environment, the *agr* system reactivates and the production of matrix degrading enzymes and surfactants results in biofilm disassembly [10]. However, beyond glucose depletion, little is known about the contribution of other environmental conditions to the disassembly mechanism. Changes in nutrient levels are known to induce dispersion of *Pseudomonas aeruginosa* biofilms [46, 47], suggesting this is an area of research that warrants further investigation in staphylococcal strains.

Targeting biofilm disassembly

A directed approach to biofilm disassembly is possible through the targeting of biofilm matrix components. The diverse biofilm matrix chemistry, including proteinaceous material, eDNA, and polysaccharide, is susceptible to degradation by a range of exogenously added enzymes. A number of laboratories have observed that proteinase K and trypsin can readily disperse *S. aureus* and non-polysaccharide producing *S. epidermidis* biofilms [10, 11, 20, 26, 32]. Bovine DNase I addition has also been successful at dispersing *S. aureus* biofilms (Figure 3) [18, 40]. These types of experiments contributed to the mounting evidence that proteins and eDNA are important structural components of the staphylococcal biofilm matrix. In a similar manner, enzymes capable of degrading PNAG should disassemble biofilms containing this polysaccharide as the primary matrix component. To date, no staphylococcal enzymes have been identified that possess PNAG-degrading activity, but it is possible that they simply remain to be discovered. An enzyme called dispersin B (DspB), produced by *Actinobacillus actinomycetemcomitans* [48], inhibits biofilm formation and promotes biofilm disassembly in many strains of *S. epidermidis* and *S. aureus* that utilize PNAG as a dominant component of their biofilm matrix [18, 20, 26, 49]. Dispersin B is a β -hexosaminidase that can hydrolyze the glycosidic linkages of PNAG [48, 50]. There is

interest in utilizing this enzyme as an anti-biofilm agent [51], however the ability of *S. aureus* to form polysaccharide-independent biofilms suggests that such an application would have limitations. Finally, lysostaphin treatment disrupted established biofilms of *S. aureus* and *S. epidermidis* on abiotic surfaces [52]. Lysostaphin is a glycine endopeptidase produced by *Staphylococcus simulans* that degrades the pentaglycine bridge in the staphylococcal cell wall, perhaps indicating that cell wall material has an underappreciated role in the biofilm matrix. The treatment was also effective in a catheter mouse model of a *S. aureus* biofilm [53], suggesting lysostaphin could be a general therapy for staphylococcal biofilm infections.

Concluding remarks and future perspectives

Biofilm formation is an important mode of growth for *S. aureus* and *S. epidermidis* in many environments and is a significant contributor to the persistence of chronic infections. Staphylococcal biofilm disassembly likely plays a critical role in the transmission of these bacteria from host to host and in the spread of infection within a single host. Research on biofilm disassembly mechanisms is still in its infancy, but significant progress in uncovering molecular and biochemical mechanisms involved in the disassembly process has been made in the past five years. Despite these advances, there are still many open questions to be answered. For instance, in *agr*-mediated and *Esp*-mediated dispersal, the targets of the secreted proteases remain undetermined [10, 44]. Similarly, *Staphylococcus* strains secrete a potent thermonuclease enzyme, but its contribution to disassembly has not been investigated. In terms of environmental changes, little is known about conditions that trigger biofilm disassembly besides glucose removal. On the therapeutic side, the mechanism of action of *cis*-2-decenoic acid [54] and lysostaphin [52] on staphylococcal biofilms are unclear. At the same time, new important discoveries continue to be made, such as the recent determination that *S. aureus* produces D-amino acids in stationary phase [55] and that they have biofilm inhibitory properties [56], demonstrating that the disassembly field is rich with opportunities for future study. In biofilm pathogenesis models, investigators are only beginning to examine the consequences of targeting these disassembly mechanisms. One could imagine scenarios where addition of dispersal agents administered in combination with antibiotics could result in the elimination of biofilm infections. However, a major concern of utilizing biofilm dispersal agents clinically is the potential to spread the infection systemically or the generation of large detached biofilm chunks (also called 'clumps' or 'emboli') that have inherent resistance characteristics and could lead to embolism [57, 58]. Considering that most biofilm disassembly studies have been conducted using *in vitro* models of biofilm development, it is critical for future work to examine the consequences of the induction of biofilm disassembly in animal models of biofilm infection to address these concerns. Overall it is evident that our knowledge of the active mechanisms of disassembly are limited, and the more we gain insight on these mechanisms, the better we will be able to target the disassembly process for biofilm therapy.

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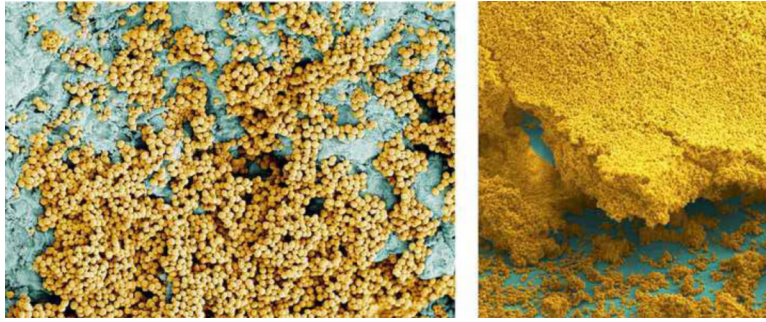


Figure 1. Images of *S. aureus* biofilms on host surfaces. *S. aureus* cells (gold colored) attaching to and forming a biofilm on a heart valve (left) and an endotracheal tube (right).

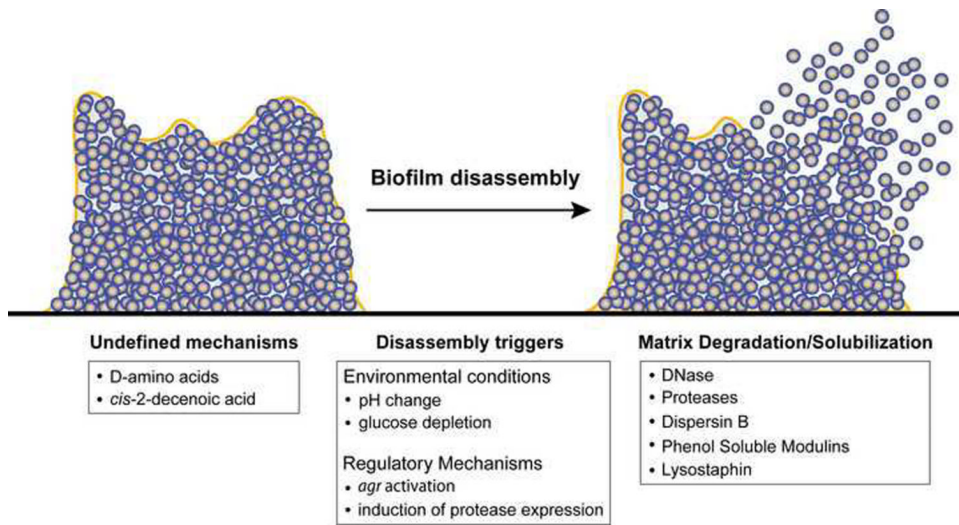


Figure 2. Model of known Staphylococcal biofilm disassembly mechanisms. See text and Table 1 for details.

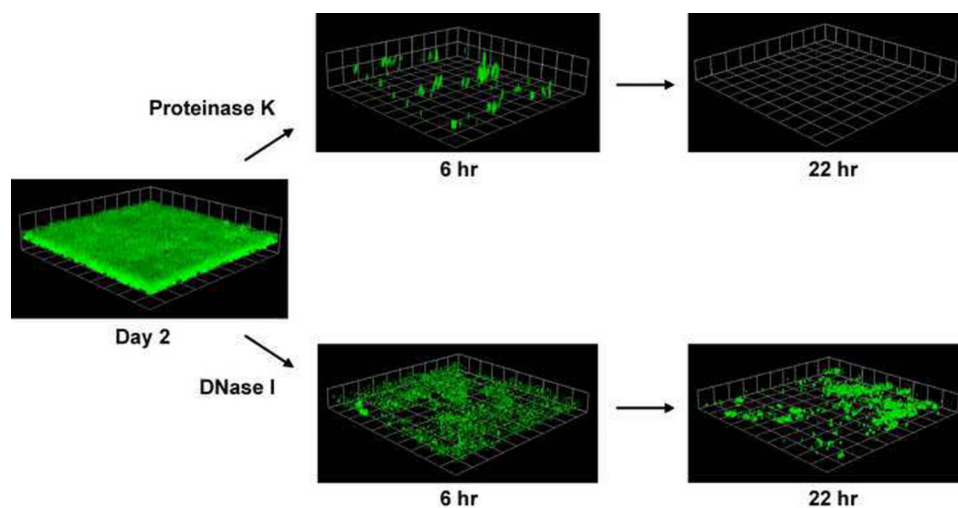


Figure 3. Susceptibility of *S. aureus* biofilms to proteinase K and bovine DNaseI. Flow cell biofilms formed by a methicillin-resistant *S. aureus* (MRSA) isolate expressing GFP were treated with either proteinase K or bovine DNaseI and imaged at 6 and 22 hr post treatment. GFP-expressing biofilms were visualized with confocal laser scanning microscopy (CLSM) and each side of a grid square in the images represents 20 μM . This figure was adapted from a previous publication [11].

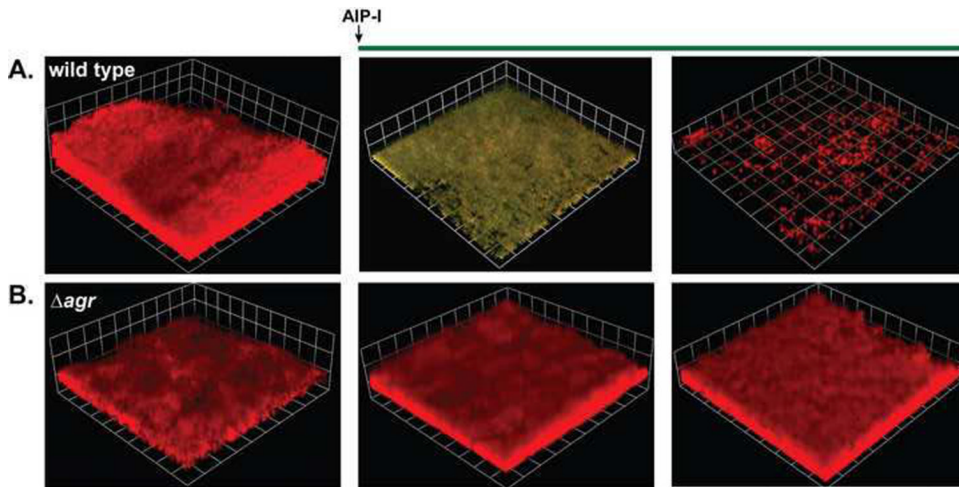


Figure 4.

AIP-mediated biofilm disassembly. Dual-labeled biofilms (P_{sarA} -RFP, P_{agrP3} -GFP) were grown for 2 days, and autoinducing peptide (AIP-I, 50 nM final) was added to the growth media. Biofilm integrity and RFP and GFP fluorescence were monitored with confocal laser scanning microscopy (CLSM) at Day 3 and 4. For the image reconstructions shown, AIP-I was added exogenously to either an *agr* type I wild type strain (A) or an *agr* deficient strain (B). The addition of AIP-I induces the *agr* system and disassembles the biofilm only in the wild type strain. Greenish yellow color indicates expression of the *agr* P_3 -GFP reporter and each side of a grid square in the images represents 20 μ M. This figure was adapted from a previous publication [10].

Table 1

Biofilm disassembly mechanisms

Species	Process or agent	Mechanism	Refs.
<i>S. aureus</i> & <i>S. epidermidis</i>	<i>agr</i> activation	Expression of <i>agr</i> regulated factors	[10, 13, 43]
<i>S. aureus</i>	Autoinducing peptide (AIP)	Activation of <i>agr</i> system	[10, 11]
<i>S. aureus</i> & <i>S. epidermidis</i>	Phenol-soluble modulins	Surfactant-mediated detachment	[13, 42]
<i>S. aureus</i>	Induction of extracellular protease expression	Cutting of matrix proteins	[10, 31]
<i>S. aureus</i>	pH change	Reactivation of <i>agr</i> or other regulatory systems	[10]
<i>S. aureus</i> & <i>S. epidermidis</i>	DNaseI addition	Degradation of eDNA matrix	[11, 18, 39, 40]
<i>S. epidermidis</i>	Dispersin B addition	Degradation of polysaccharide matrix	[18, 20]
<i>S. aureus</i> & <i>S. epidermidis</i>	Protease K, trypsin, V8, Esp, or other protease addition	Degradation of proteinaceous matrix	[10, 19, 20, 26, 44]
<i>S. aureus</i> & <i>S. epidermidis</i>	Lysostaphin addition	Degradation of cell wall	[52, 53]
<i>S. aureus</i>	cis-2-decenoic acid addition	Unknown	[54]
<i>S. aureus</i>	D-amino acids	Unknown	[56]