# Antimicrobial Susceptibilities of Commonly Encountered Bacterial Isolates to Fosfomycin Determined by Agar Dilution and Disk Diffusion Methods<sup>'</sup>

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Received 16 March 2011/Returned for modification 24 May 2011/Accepted 5 June 2011

**We studied the antimicrobial activity of fosfomycin against 960 strains of commonly encountered bacteria associated with urinary tract infection using standard agar dilution and disk diffusion methods. Species studied included 3 common species of** *Enterobacteriaceae***,** *Pseudomonas aeruginosa***,** *Acinetobacter baumannii***, and** *Stenotrophomonas maltophilia***; methicillin-susceptible and -resistant** *Staphylococcus aureus***; and vancomycinsusceptible and resistant** *Enterococcus faecalis* **and** *E. faecium***. MICs and inhibition zone diameters were interpreted in accordance with both the currently recommended Clinical and Laboratory Standards Institute (CLSI) criteria for urinary tract isolates of** *Escherichia coli* **and** *Enterococcus faecalis* **and the European Committee on Antimicrobial Susceptibility Testing (EUCAST) criteria for** *Enterobacteriaceae***. Tentative zone diameter interpretive criteria were developed for species not currently published by CLSI or EUCAST.** *Escherichia coli* **was uniformly susceptible to fosfomycin, as were most strains of** *Klebsiella pneumoniae* **and** *Enterobacter cloacae***.** *A. baumannii* **was resistant to fosfomycin, while the prevalence of resistance in** *P. aeruginosa* **and** *S. maltophilia* **was greatly affected by the choice of MIC breakpoint. New tentative zone diameter criteria for** *K. pneumoniae***,** *E. cloacae***,** *S. aureus***, and** *E. faecium* **were able to be set, providing some interim laboratory guidance for disk diffusion until further breakpoint evaluations are undertaken by CLSI and EUCAST.**

Fosfomycin tromethamine is a phosphonic acid antibacterial agent that inhibits bacterial cell wall formation by interfering with peptidoglycan synthesis (3, 33). This agent is indicated for single-dose treatment of uncomplicated urinary tract infection due to *Escherichia coli* and *Enterococcus faecalis* in women (1, 19). Many studies have reported high fosfomycin susceptibility rates for these two urinary pathogens (2, 20, 30, 34), and its treatment effect is comparable to the effects of other antimicrobial agents (1, 10, 32).

In recent years, the rapid emergence and spread of antibiotic resistance among commonly encountered bacteria causing a variety of clinical infections, especially in intensive care units and long-term care facilities, have been impressive (25, 34, 37). Moreover, infections caused by these multidrug-resistant (MDR) bacteria contributed to higher mortality rates in these facilities (34). Due to the low rate of introduction of new antibiotics effective against these MDR pathogens, old antibiotic agents, such as fosfomycin and the polymyxins, are now being considered potential treatment alternatives (17–19). Several nonrandomized and observational studies have demon-

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strated that fosfomycin is a promising agent, particularly in combination with other agents, for the treatment of various infections due to MDR Gram-positive and Gram-negative bacteria (17–19). However, there are limited studies related to the *in vitro* activities of fosfomycin against these commonly encountered bacteria, except for *E. coli* and *E. faecalis* isolates from the urinary tract (2, 11, 12, 17, 19, 21, 22, 28). The majority of clinical use of fosfomycin is based on the reported *in vitro* activity against the isolated pathogen of this agent determined by applying MIC criteria described by the Clinical and Laboratory Standards Institute (CLSI; formerly the National Committee for Clinical Laboratory Standards [NCCLS]) (7) for *E. coli* and *E. faecalis* isolates. Interpretive criteria for *Enterobacteriaceae* are also available from the European Committee on Antimicrobial Susceptibility Testing (EUCAST) (14). Furthermore, the only recommended disk diffusion criteria for fosfomycin are those described by CLSI for *E. coli* and *E. faecalis* isolates from urine. Nevertheless, the disk diffusion susceptibility method is still widely used in most Asian countries, including Taiwan.

We report the *in vitro* activity of fosfomycin against nine commonly encountered bacterial species determined using the agar dilution and disk diffusion methods and an evaluation of the correlation between these two methods performed using methods described by the CLSI (8). Tentative disk diffusion resistant and susceptible zone diameter breakpoints are pro-

Published ahead of print on 13 June 2011.

Standard and organism		MIC $(\mu g/ml)$ for the following interpretive criteria:		Resistance and susceptibility zone diam breakpoints (mm) for the following interpretive criteria:					
	Susceptible	Intermediate	Resistant	Susceptible	Intermediate	Resistant			
<b>CLSI</b>									
<i>Escherichia coli</i> (urinary tract isolates only)	$\leq 64$	128	$\geq$ 256	$\geq 16$	$13 - 15$	$\leq 12$			
<i>Enterococcus faecalis</i> (urinary tract isolates only)	$\leq 64$	128	$\geq$ 256	$\geq 16$	$13 - 15$	$\leq 12$			
<b>EUCAST</b>									
Enterobacteriaceae i.v. <sup>a</sup>	$\leq 32$		>32	$NA^b$	<b>NA</b>	NA			
Enterobacteriaceae (fosfomycin trometamol, uncomplicated $UTIc$ only)	$\leq 32$		>32	<b>NA</b>	<b>NA</b>	<b>NA</b>			
Pseudomonas species i.v. $d$	$\leq 32$		>32	<b>NA</b>	<b>NA</b>	<b>NA</b>			
Staphylococcus species	$\leq 32$		>32	NA	NA	<b>NA</b>			

TABLE 1. Interpretive criteria of fosfomycin recommended by CLSI and EUCAST

*<sup>a</sup>* i.v., intravenous.

*<sup>b</sup>* NA, not available.

*<sup>c</sup>* UTI, urinary tract infection.

*<sup>d</sup>* Intravenous fosfomycin may be used in combination with other antibiotics to treat *P. aeruginosa* infections.

posed on the basis of the current MIC interpretive criteria recommended by the CLSI and EUCAST (7, 14).

#### **MATERIALS AND METHODS**

**Bacterial isolates.** A total of 960 consecutive nonduplicate isolates of commonly encountered bacterial species recovered from various clinical specimens taken from patients treated at the National Taiwan University Hospital were studied. The isolates included 100 isolates of each species or type, including methicillin-susceptible *Staphylococcus aureus* (MSSA), methicillin-resistant *S. aureus* (MRSA), *Escherichia coli*, *Klebsiella pneumoniae*, *Enterobacter cloacae*, *Pseudomonas aeruginosa*, *Acinetobacter baumannii*, vancomycin-susceptible *Enterococcus* spp. (50 isolates of *E. faecalis* and 50 isolates of *E. faecium*), and *Stenotrophomonas maltophilia*, collected from January 2008 to December 2008. Sixty isolates of vancomycin-resistant enterococci (VRE) (30 isolates of *E. faecalis* and 30 isolates of *E. faecium*) were collected from January 2007 to December 2008.

All isolates were identified by conventional methods. Gram-negative bacteria were further confirmed by means of the API 20NE system (bioMérieux, Marcy l'Etoile, France) and the GNI system (Vitek systems; bioMérieux Vitek, Hazelwood. MO). All isolates were stored at  $-70^{\circ}$ C in tryptic soy broth (Difco Laboratories, Detroit, MI) with 15% glycerol until they were tested against fosfomycin.

**Antimicrobial susceptibility testing.** The susceptibilities of all isolates to fosfomycin (Sigma Chemical Co., St. Louis, MO) were determined concomitantly by the agar dilution and disk diffusion methods described by the CLSI (5–7). The inoculated plates were incubated in ambient air at 35°C for 16 to 18 h. For susceptibility testing by the agar dilution method, Mueller-Hinton agar (BBL Microbiology Systems, Cockeysville, MD) supplemented with 25 µg/ml of glucose-6-phosphate was used. The MIC of each antimicrobial agent was defined as the lowest concentration that inhibited visible growth of the organism. Control strains, including *S. aureus* ATCC 29213, *E. coli* ATCC 25922, and *P. aeruginosa* ATCC 27853, were included in each set of tests.

For testing of susceptibility to fosfomycin by the disk diffusion method (5), Mueller-Hinton agar (BBL Microbiology Systems) was used. Fosfomycin disks  $(200 \mu g)$  containing 50  $\mu g$  of glucose-6-phosphate were used (BBL Microbiology Systems). *S. aureus* ATCC 25923, *E. coli* ATCC 25922, and *P. aeruginosa* ATCC 27853 were used as control strains. The susceptibility testing of each drug for each isolate was performed twice under the same conditions on the same day. Plates were read, and the mean of duplicate zone diameters of each drug for each isolate were determined after overnight incubation at 35°C in ambient air.

**Interpretation of susceptibility results.** Epidemiological cutoff values (ECVs) of fosfomycin were calculated statistically as previously described (39). Interpretive criteria for susceptibility categories by MIC were applied using both the CLSI interpretive criteria for urinary tract isolates of *E. coli* and *E. faecalis* (7) and the EUCAST interpretive criteria for all isolates of *Enterobacteriaceae* (12) (Table 1).

**Zone diameter analysis.** Tentative inhibition zone diameter interpretive criteria were developed using the error-rate-bounded methods recommended by the CLSI (7). For the tested species of *Enterobacteriaceae*, zone diameter criteria were analyzed both for pooled data and for separate species.

## **RESULTS**

**MIC distributions.** The MIC distributions of the 960 isolates are given in Table 2. Fosfomycin was highly active against *E. coli*, although a small number of strains appeared to have MICs that were about the calculated wild-type ECV of 1  $\mu$ g/ml. This MIC distribution differed markedly from that published by EUCAST on its website (http://www.srga.org /eucastwt/WT\_EUCAST.htm, accessed 14 February 2011). We found a modal value of 0.5  $\mu$ g/ml, while the EUCAST website modal MIC is 4  $\mu$ g/ml and has a greater spread of MICs and an ECV of 32  $\mu$ g/ml. The reasons for this difference are not clear.

The activity of fosfomycin against *K. pneumoniae* and *E. cloacae* was lower than that against *E. coli*. Some strains (23%) of *K. pneumoniae* had MICs above the calculated wild-type value. Even so, 92% of *K. pneumoniae* isolates and 85% of *E. cloacae* isolates had MICs of less than or equal to 64 µg/ml, the current CLSI clinical breakpoint for susceptibility in *E. coli*. However, the wide range of MICs observed with *E. cloacae* resulted in a very high calculated ECV.

*E. faecium* had slightly higher MIC values than *E. faecalis*, and almost no strains appeared to have MICs above the calculated ECVs for those two species. Fosfomycin was equally active against vancomycin-susceptible and -resistant strains. Modal MICs (32 to 64  $\mu$ g/ml) were higher than those observed for *Enterobacteriaceae*.

Fosfomycin showed good activity against *S. aureus*, with a modal MIC of  $1 \mu g/ml$  against both methicillin-susceptible and -resistant strains. The MIC distribution for methicillin-resistant strains was trimodal, resulting in a paradoxically lower calculated ECV for methicillin-resistant strains than for methicillin-susceptible strains. Ten percent of methicillin-resistant

Species	Subgroup <sup><math>a</math></sup>	No. of isolates with the following MIC $(\mu g/ml)$ :												$ECV^b$ $(\mu g/ml)$	$%$ isolates with MICless than or equal to current breakpoint <sup>c</sup>			
		Total	0.25	0.5		$\overline{c}$	$\overline{4}$	8	16	32	64	128	256	512	>512		<b>CLSI</b>	<b>EUCAST</b>
Escherichia coli Klebsiella pneumoniae Enterobacter cloacae		100 100 100	15	70 6	6 1 6	5 3	2 12 6	45 16	2 19 18	8 17	7 13	2 8	5 6	$\mathbf{1}$	1	16 512	100 92 85	100 85 72
Enterococcus faecalis	Van <sup>s</sup> Van <sup>r</sup> Combined	50 30 80							8	37 28 65	5 1 6	$\mathbf{1}$ 1				64 64 64	99 100 98.8	94 96.7 91.3
Enterococcus faecium	Van <sup>s</sup> Van <sup>r</sup> Combined	50 30 80								11 8 19	33 18 51	5 $\overline{4}$ 9				128 128 128	95 86.7 88.8	62 26.7 25.0
Staphylococcus aureus	Meth <sup>s</sup> Meth <sup>r</sup> Combined	100 100 200		20 12 32	46 32 78	20 5 25	8 27 35	9 9	4 $\overline{c}$ 6	$\overline{c}$ $\overline{c}$ $\overline{4}$		$\pm$			10 10	4 $\overline{c}$ $\overline{2}$	100 89 94.5	100 89 94.5
Acinetobacter baumannii Pseudomonas aeruginosa Stenotrophomonas maltophilia		100 100 100				4	4	1	4	16	3 51 58	68 15 32	29 2 $\overline{7}$		3 $\mathbf{1}$	256 256 128	3 80 59	$\bf{0}$ 29 1

TABLE 2. MIC distributions, epidemiological cutoff values, and susceptibility rates of the species examined

<sup>a</sup> Van<sup>s</sup>, vancomycin susceptible; Van<sup>r</sup>, vancomycin resistant; Meth<sup>s</sup>, methicillin susceptible; Meth<sup>r</sup>

<sup>b</sup> Epidemiological (wild-type) cutoff values calculated using the statistical method (29).

 $c$  The CLSI clinical breakpoint for *E. coli* and *E. faecalis* from the urinary tract is  $\leq 64 \mu g$ /ml. The EUCAST breakpoint for *Enterobacteriaceae* is  $\leq 32 \mu g$ /ml.

strains had MICs well above those for the other strains and greater than  $512 \mu g/ml$ .

The modal MICs for *A. baumannii*, *P. aeruginosa*, and *S.* maltophilia were high at 128, 64, and 64  $\mu$ g/ml, respectively. Calculated ECVs were consequently very high.

**Resistance rates.** Putative rates of susceptibility based on the currently available MIC interpretive criteria from CLSI and EUCAST are included in Table 2. These rates highlight the critical difference between the two breakpoints when they are applied to *E. faecium*, *P. aeruginosa*, and *S. maltophilia*, whose wild-type MIC distributions tend to straddle the two susceptible breakpoints. *A. baumannii* appears to be naturally resistant using either set of breakpoints, as noted previously by others (15).

**Zone diameter interpretive criteria.** The tentative zone diameter breakpoints for most of the species tested were estimated using error-rate-bounded methods (Table 3). Figure 1 shows the scattergrams of MIC versus zone diameters for three organism groups (*Enterobacteriaceae*, *Enterococcus* species, and *S. aureus*), including proposed interpretive criteria recommended by the CLSI and the EUCAST. Using the currently listed MIC breakpoints from either standard, it was not possible to establish interpretive criteria for either *A. baumannii* or *S. maltophilia* effectively. The lower EUCAST breakpoint also meant that zone diameter interpretive criteria could not be set for *P. aeruginosa* using that standard.

The tentative zone diameter criteria using the CLSI MIC breakpoints were analyzed in two different ways. First, the currently listed zone diameter criteria (susceptible,  $\leq 16$  mm; intermediate, 13 to 15 mm; resistant,  $\leq$ 12 mm) were applied to all species that could be analyzed. Second, alternative criteria

that minimized the error rates while remaining practical for laboratory use were developed.

In the application of EUCAST MIC breakpoints, essentially a single value separating susceptible from nonsusceptible, zone diameter interpretive criteria were developed using two breakpoints (susceptible and resistant), one for susceptible and one for resistant, and three breakpoints (susceptible, intermediate, and resistant), which included an intermediate category. The exceptions to this were (i) *E. coli*, where no resistance was detected with the MIC breakpoint and instead two alternatives were proposed, and (ii) *E. faecalis* and *E. faecium* combined, where the MIC distributions required the use of three breakpoints.

## **DISCUSSION**

Renewed interest in the therapeutic potential of fosfomycin for the treatment of MDR pathogens has brought a range of recent studies on its *in vitro* activity (12, 13, 15, 23, 24, 26, 36, 40, 41). The CLSI breakpoints have been the ones most widely applied in these studies, although the problem of which breakpoints are most appropriate has been highlighted (15) and remains. In the current M100 standard (7), CLSI MIC and zone diameter breakpoints are restricted to urinary tract isolates of *E. coli* and *E. faecali*s, while the current EUCAST breakpoints are for MIC values only but apply to isolates of *Enterobacteriaceae* from all sites (in theory). The documents describing the rationale for the selection of CLSI and EUCAST breakpoints have not yet been published. Besides the CLSI and EUCAST breakpoints, other breakpoints are extant: those of the British Society for Antimicrobial Chemo-





*<sup>a</sup>* Includes *E. coli*, *K. pneumoniae*, and *E. cloacae* only. *<sup>b</sup>* Alternative with only 2 breakpoints, as no resistant strains were detected.

*c* High rates of resistance in wild-type *E. faecium* precluded their inclusion. *d*  $S \geq$ , diameter greater than or equal to the breakpoint for susceptibility;  $dS\geq$ , diameter greater than or equal to the breakpoint for susceptibility; I, intermediate diameter;  $\leq R$ , diameter greater than or equal to the breakpoint for resistance.

therapy (BSAC) (4) and the Comité de l'Antibiogramme de la Société Française de Microbiologie (CA-SFM) (9). In the former method, the medium used is Iso-Sensitest, not Mueller-Hinton, so the BSAC breakpoints may be different for that reason. The CA-SFM method does use Mueller-Hinton medium and CA-SFM appears to have applied the EUCAST MIC breakpoint but uses a lower-strength fosfomycin disk  $(50 \mu g)$ for disk diffusion testing, so the CA-SFM zone diameter breakpoints are not applicable to our study. The CA-SFM breakpoints do extend the EUCAST MIC breakpoints, however, beyond *Enterobacteriaceae* to include *P. aeruginosa*, *Staphylococcus* spp., and *Streptococcus pneumoniae*.

Our results demonstrate that fosfomycin is very active against *S. aureus*, including most of the large number of methicillinresistant strains tested, although clearly resistant strains of MRSA (MICs  $> 512 \mu g/ml$ ) were noted. These findings are consistent with those presented in previous publications (19). Fosfomycin was equally active against vancomycin-susceptible and vancomycin-resistant strains of both species of *Enterococcus* tested. Activity against vancomycin-resistant *E. faecalis* has previously been shown (19, 36). However, fosfomycin was less active against *E. faecium* than *E. faecalis*, resulting in a proportion of wild-type *E. faecium* isolates testing intermediate using the CLSI breakpoints and resistant using the EUCAST breakpoints. This has only a small influence on the ability to set zone diameter breakpoints using CLSI MIC breakpoint criteria and the combined data for the two species, but it resulted in the inability to include *E. faecium* in the zone diameter breakpoint setting using the EUCAST MIC criteria. Hence, we propose tentative zone diameter interpretive criteria based on correlation with EUCAST MIC interpretive criteria for *E. faecalis* only.

The wild-type MIC distribution of *K. pneumoniae* was some 32-fold higher than that of *E. coli*. Nevertheless, the calculated ECV was lower than either the CLSI or EUCAST susceptible breakpoint. Fosfomycin certainly appears to have considerable potential for treatment of MDR strains of this species, as also suggested by the findings of several other groups (11, 13, 16, 18, 23, 26, 40). The broad spread of the presumed wild-type distribution of *E. cloacae* was not expected and resulted in a high calculated ECV. Nevertheless, more than 70% had MICs below or at the EUCAST susceptible breakpoint and more than 80% had MICs below or at the CLSI susceptible breakpoint, and tentative zone diameter criteria were therefore able to be developed. By way of comparison, Marchese et al. reported that 60% of *E. cloacae* isolates were susceptible to fosfomycin (27). For *E. cloacae* isolates, a high major error rate (11%) was found for correlation of the disk diffusion method using the currently published CLSI zone diameter and MIC interpretive criteria. Our alternative proposal for zone diameter interpretive criteria was still associated with a high major



FIG. 1. Scattergrams of MICs versus zone diameters for three organism groups, including proposed interpretive criteria recommended by the CLSI and EUCAST. (A) *Enterobacteriaceae* ( $n = 300$ ); (B) *Enterococcus* species ( $n = 160$ ); (C) *S. aureus* ( $n = 200$ ). Heavy dashed lines, proposed breakpoints using CLSI susceptible, intermediate, and resistant interpretive criteria; dashed line, proposed breakpoint using EUCAST susceptible and resistant interpretive criteria only.

error rate (6%), but that was the lowest rate that could be achieved.

Because we included only three major species of *Enterobacteriaceae*, albeit ones that are frequently multiresistant, we chose to develop tentative zone diameter interpretive criteria for both the pooled and separate species. However, we would advocate the use of the species-specific zone diameter interpretive criteria for *E. coli*, *K. pneumoniae*, and *E. cloacae* until further species can be added to the pool of data for *Enterobacteriaceae*.

We found that fosfomycin had no useful activity against *A. baumannii* but that a significant proportion of wild-type *P. aeruginosa* isolates have MICs below the CLSI susceptible breakpoint. However, the MIC distribution of *P. aeruginosa* species straddles the EUCAST susceptible breakpoint. Further work, including clinical studies, is needed to determine if wildtype *P. aeruginosa* strains are truly susceptible to fosfomycin (35). The MIC distribution of *S. maltophilia* is essentially above the EUCAST susceptible breakpoint and also straddles the CLSI susceptible breakpoint, calling into question whether this species will be truly susceptible *in vivo*.

Until further data are available, particularly data on the pharmacodynamics and target attainment rates of fosfomycin, it is likely that CLSI and EUCAST will not be able to reevaluate the breakpoint criteria for fosfomycin effectively. In the meantime, laboratories wishing to test strains from infections that clinicians may wish to treat with fosfomycin must default to the use of the currently published breakpoints while being aware of their limitations. We have attempted to provide some interim criteria for disk diffusion by using and extrapolating from the currently published MIC interpretive criteria of CLSI and EUCAST. The criteria may assist laboratories until such time as new interpretive criteria are established by the standards-setting bodies.

MIC results represent only *in vitro* susceptibility data for these commonly encountered pathogens. Because our current knowledge of the pharmacodynamics of fosfomycin is so limited, responses to fosfomycin *in vivo* could be different from those predicted by current interpretive criteria. Responses could also vary by tissue and through synergism with other frequently coadministered antimicrobial agents (28, 31, 32, 38). While fosfomycin is an alternative treatment choice for infections caused by multidrug-resistant pathogens, combination therapy is usually recommended when the fosfomycin MIC values are higher and because there is a tendency for resistance to develop during treatment with fosfomycin alone (15).

There are two main limitations of this study. First, isolates enrolled in this study were collected from only a single center from Taiwan, and the interpretive criteria, if they are to be adopted by other centers, should be considered tentative. It will be necessary to expand this work to other centers and geographic regions before formal breakpoint analysis is conducted. Second, the mechanisms of resistance to fosfomycin were not determined for these isolates. In developing interpretive criteria, it is useful to include isolates with known mechanisms of resistance to help in establishing the breakpoint categories.

In conclusion, our data suggested good *in vitro* activity of fosfomycin against MSSA, MRSA, vancomycin-susceptible enterococci, VRE, *E. coli*, and *K. pneumonia*e isolates. In addition, it appears to have useful activity against *E. cloacae* and possibly *P. aeruginosa*. Furthermore, the disk diffusion test can be considered an alternative method to determine the fosfomycin susceptibility of these species, depending on which method and MIC breakpoints are used (CLSI or EUCAST). More pharmacodynamic and clinical trial data are required to validate the suitability of the current breakpoints for a wider range of species than we have examined.

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