

Translational control of C/EBP α and C/EBP β isoform expression

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Transcription factors derived from CCAAT/enhancer binding protein (C/EBP) α and C/EBP β genes control differentiation and proliferation in a number of cell types. Various C/EBP isoforms arise from unique C/EBP β and C/EBP α mRNAs by differential initiation of translation. These isoforms retain different parts of the amino terminus and therefore display different functions in gene regulation and proliferation control. We show that PKR and mTOR signaling pathways control the ratio of C/EBP isoform expression through the eukaryotic translation initiation factors eIF-2 α and eIF-4E, respectively. An evolutionary conserved upstream open reading frame in C/EBP α and C/EBP β mRNAs is a prerequisite for regulated initiation from the different translation initiation sites and integrates translation factor activity. Deregulated translational control leading to aberrant C/EBP α and C/EBP β isoform expression or ectopic expression of truncated isoforms disrupts terminal differentiation and induces a transformed phenotype in 3T3-L1 cells. Our results demonstrate that the translational controlled ratio of C/EBP α and C/EBP β isoform expression determines cell fate.

[*Key Words*: CCAAT; enhancer binding protein; translational control; upstream open reading frame; cellular transformation; 3T3-L1 differentiation; proliferation]

Received March 31, 2000; revised version accepted June 12, 2000.

Transcription factors of the CCAAT/enhancer binding protein (C/EBP) family have decisive roles during differentiation in a number of cell types, including adipocytes, hepatocytes, enterocytes, keratinocytes, certain cells of the lung, mammary gland, the hematopoietic system, as well as in ovulation (Birkenmeier et al. 1989; Cao et al. 1991; Samuelsson et al. 1991; Lin and Lane 1992; Scott et al. 1992; Chandrasekaran and Gordon 1993; Piontkewitz et al. 1993; Freytag et al. 1994; Müller et al. 1995; Screpanti et al. 1995; Tanaka et al. 1995; Flodby et al. 1996; Pall et al. 1997; Sterneck et al. 1997; Swart et al. 1997; Zhang et al. 1997; Nerlov et al. 1998; Radoska et al. 1998). C/EBPs exert their function by regulating both the expression of tissue-specific genes and cell proliferation (Christy et al. 1989; Kaestner et al. 1990; Park et al. 1990; Umek et al. 1991; Lin et al. 1993; Ness et al. 1993; Buck et al. 1994; Constance et al. 1996; Oelgeschlager et al. 1996; Timchenko et al. 1997; McNagny et al. 1998; Buck et al. 1999; Müller et al. 1999). The importance of C/EBP proteins initially has been demonstrated in tissue culture model systems of adipogenesis and hematopoiesis (Lin and Lane 1992; Freytag et al. 1994; Hu et al. 1995; Müller et al. 1995; Nerlov et al. 1998) and has now been firmly established through analysis of the respective knockout mice (Screpanti et al. 1995; Tanaka et al. 1995; Wang et al. 1995; Flodby et al. 1996; Sterneck et al. 1997; Zhang et al. 1997).

Several C/EBP α and C/EBP β protein isoforms corresponding to full-length and amino-terminally extended and truncated proteins can be detected in the cell. These isoforms display contrasting functions in gene activation and cell proliferation (Descombes and Schibler 1991; Lin et al. 1993; Ossipow et al. 1993; Buck et al. 1994; Calkhoven et al. 1994, 1997; Freytag et al. 1994; Sears and Sealy 1994; Nerlov et al. 1998; Kowenz-Leutz and Leutz 1999). Changes in the isoform ratio were observed in inductive cellular processes such as acute phase response (An et al. 1996), in liver development and liver regeneration (Diehl et al. 1994; Rana et al. 1995; Timchenko et al. 1998), in mammary glands during lactation (Raught et al. 1995), and in tumorigenic conversion (Raught et al. 1996). These findings suggest that the expression of the C/EBP protein isoforms is regulated and that the ratio of isoforms is important in proliferation and differentiation control.

Initially, differential translation initiation from internal AUG codons via a mechanism called leaky scanning of ribosomes was proposed to be responsible for the generation of truncated cellular C/EBP isoforms (Descombes and Schibler 1991; Lin et al. 1993; Ossipow et al. 1993). Recently, however, it has been suggested that limited proteolytic cleavage accounts for amino-terminally truncated C/EBP isoforms (Baer et al. 1998; Welm et al. 1999). In view of the importance of C/EBP proteins in the determination of cell fate, it is of considerable interest to reveal how C/EBP isoforms are generated and how this process is regulated.

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Here we demonstrate that regulated initiation of translation from different sites is the prevailing mechanism for the generation of different protein isoforms from C/EBP α and C/EBP β mRNAs. The regulated expression of different C/EBP isoforms depends on the integrity of evolutionary conserved upstream open reading frames (uORF) in both C/EBP α and C/EBP β mRNAs. Signal transduction pathways regulating the function of the translation initiation factors eIF-2 and eIF-4E determine the ratio of C/EBP isoforms. Deregulated expression of truncated C/EBP α and C/EBP β isoforms interferes with terminal differentiation and induces cell transformation in 3T3-L1 adipocytes. Hence, regulation of translation initiation that determines C/EBP isoform ratio has a crucial role in the control of cell proliferation and differentiation in C/EBP α - and C/EBP β -expressing cells.

Results

Multiple C/EBP α and C/EBP β protein isoforms are generated from different translation initiation sites

As shown in Figure 1, comparison of C/EBP α and C/EBP β mRNAs from vertebrates revealed that the distribution and strength of potential translation initiation sites designated A, B1, B2, and C are highly conserved. All known C/EBP β genes have an upstream translation

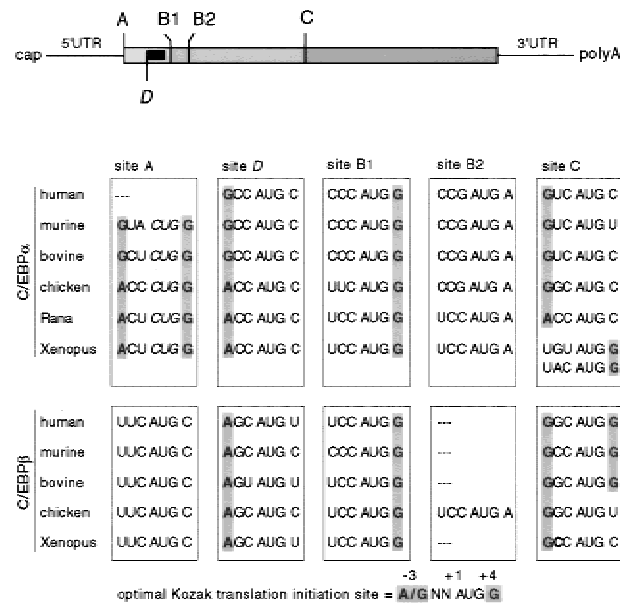


Figure 1. Representation of the vertebrate C/EBP α and C/EBP β mRNA structure and comparison of the potential translation initiation sites. (Top) Shaded areas indicate the C/EBP coding region. The potential translation initiation sites are designated A, B1, B2, and C. The solid box represents the small uORF initiated at site D, which is out of frame with respect to the C/EBP reading frame. (Below) Shading indicates critical nucleotides at position -3 and +4 corresponding to the optimal Kozak translation initiation consensus sequence (bottom).

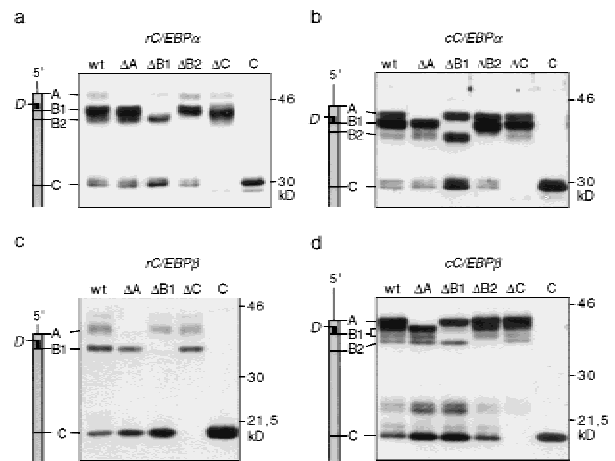


Figure 2. Identification of C/EBP α and C/EBP β translation initiation sites. Schematic representations of the C/EBP mRNAs with the initiation sites indicated in relation to the protein bands are shown at left. Wild-type cDNA (wt), constructs that lack distinct translation initiation codons (ΔA, ΔB1, ΔB2, ΔC, and ΔD) or an amino-terminal deletion construct (C) were transiently transfected in COS-1 cells. C/EBP protein expression was analyzed by immunoblotting of total cell extracts: (a) rC/EBP α ; (b) cC/EBP α ; (c) rC/EBP β ; (d) cC/EBP β .

initiation AUG codon (site A) that may give rise to an extended full-length protein isoform (Descombes and Schibler 1991; Kowenz-Leutz and Leutz 1999). In C/EBP α , an alternative CUG initiation codon is found at the A site, except in human C/EBP α (see Discussion). The most prominent C/EBP full-length translation products initiate at an AUG codon at site B1. In C/EBP α and in chicken C/EBP α a second initiation site, B2, follows a few codons downstream. Amino-terminally truncated C/EBP α and C/EBP β isoforms may arise from translation initiation at the downstream site, C. Intriguingly, all vertebrate C/EBP α and C/EBP β mRNAs contain an additional initiation site, D, between sites A and B1, from which a small uORF can be translated (site D, Fig. 1). A salient feature of this uORF is that it is always out of frame with respect to the C/EBP coding frame and terminates a few nucleotides 5' of site B1.

Translation initiation site null (Δ) mutations were introduced in C/EBP α and C/EBP β cDNAs of rat and chicken to determine whether isoform expression is initiated from multiple translation initiation sites. The resulting expression plasmids were transiently transfected into COS-1 cells, and protein expression was examined by immunoblotting. As shown in Figure 2, mutations of A, B1, B2, or C into noninitiation sites abolished expression of corresponding C/EBP α and C/EBP β isoforms. In addition, mutations that abrogated expression of the full-length isoforms simultaneously enhanced expression of truncated isoforms. This obvious lack of a precursor-product relationship suggested that C/EBP protein isoforms arise by differential usage of translation initiation sites rather than by limited proteolysis. To unequivocally distinguish between translational vs. proteolytic generation of isoforms, additional artificial initiation

sites (X) were introduced, 20–37 codons upstream of site C (Fig. 3). The rationale was that a proteolytic mechanism should process the full-length precursors to truncated isoforms regardless of the presence of site X, whereas translation-based events should give rise to novel proteins that initiate at the X site instead of the wild-type C site. As shown in Figure 3, C/EBP constructs that contain the X site gave rise to larger truncated isoforms at the expense of wild-type truncated isoforms. These results confirm that C/EBP isoforms are generated by a conserved translational mechanism.

Previously, it has been suggested that usage of respective initiation sites in chicken C/EBP α (cC/EBP α) may depend on the small uORF between sites A and B1 (Calkhoven et al. 1994). Others suggested that the uORF determines the frequency of initiation from the B1 site only (Lincoln et al. 1998). To resolve whether the uORF directs translation from internal initiation sites, two types of C/EBP α and C/EBP β mutants were constructed and analyzed: (1) mutation of the uORF initiation site (ΔD); and (2) optimization of the translation initiation sequence at position A (Aopt), which should prevent leaky scanning of ribosomes to the downstream D site. Figure 3 shows that both types of mutations almost entirely abolished the translation of truncated isoforms from the wild-type C or the X site. In addition, the ΔD mutation reduced translation from the upstream A site, whereas translation from B1 is enhanced [most clearly visible with rat C/EBP β (rC/EBP β)]. These results show

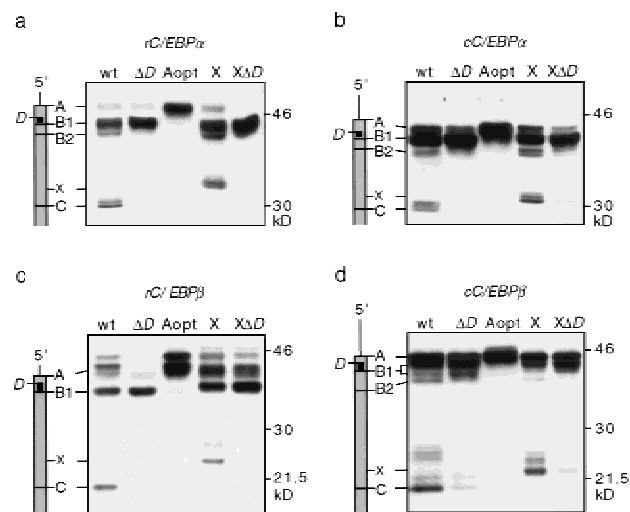


Figure 3. Translation of truncated C/EBP α and C/EBP β proteins from downstream initiation sites depends on the uORF. Schematic representations of the mRNAs with potential initiation sites indicated in relation to the protein bands are shown at left. COS-1 cells were transiently transfected with C/EBP wild-type (wt) and mutant constructs and analyzed for C/EBP protein expression by immunoblotting. In ΔD mutants, the uORF translation initiation site is mutated to a noninitiation site. In the Aopt mutant, the sequence context of site A is mutated to an optimal Kozak sequence. The X mutants harbor an additional, optimal translation initiation site upstream of site C. (a) rC/EBP α ; (b) cC/EBP α ; (c) rC/EBP β ; (d) cC/EBP β .

that the uORF is essential for differential translation initiation from C/EBP α and C/EBP β mRNAs. To rule out cell-type and species-specific effects, three other cell lines, quail (QT6) fibroblasts, 3T3-L1 pre-adipocytes, and human HeLa cells were examined for expression of C/EBP α and C/EBP β wild-type and key mutants, ΔD , X, and X ΔD . Similar results were obtained in all three cell types (data not shown), suggesting that translational control of C/EBP isoform expression mediated by the uORF is conserved during evolution and is not cell type specific.

To examine whether the efficiency of the uORF site D selection for translation modulates C/EBP isoform expression we generated mutants of rC/EBP α in which site D, normally in a suboptimal context, was either mutated in a weaker non-Kozak site (*d*) or placed in stronger optimal Kozak context (*Dopt*). Figure 4a shows that the C/EBP α isoform ratio shifts to a relatively more truncated isoform with the increase of site D strength. Hence, more efficient selection of uORF site D shifts the ratio of C/EBP isoform translation to a relatively more truncated isoform.

Next, we examined whether regulatory elements in the 5'- and/or 3'-untranslated regions (UTRs) would be required in addition to the C/EBP uORF to direct differential initiation of translation. The 5' and 3' UTRs were deleted or exchanged against unrelated sequences of the globin-3 gene, as shown in Figure 4b. It is evident that expression of truncated C/EBP isoforms initiated at internal C sites was maintained regardless of the UTRs. Subsequent mutation of the uORF initiation site confirmed that the uORF remained crucial for translation of truncated isoforms (Fig. 4b, ΔD).

Finally, we determined whether the C/EBP α uORF could autonomously direct translation initiation to internal sites. To do so, the rC/EBP α uORF was placed in front of the coding sequence of MyoD (uORF-MyoD). As shown in Figure 4c, a truncated MyoD protein was generated in addition to the full-length protein from the uORF-MyoD construct. No such truncated MyoD protein was found when site D was mutated nor with wild-type MyoD (data not shown). Taken together, these results show that the C/EBP uORF is required for translation initiation at multiple sites and that it may function as an autonomous *cis*-regulatory mRNA element.

Translation regulation pathways control C/EBP protein isoform expression

Initiation of translation is affected by a number of pathways that control the activity and level of eukaryotic translation initiation factors (eIFs) (Hershey 1991; Morris 1995). The RNA-dependent protein kinase (PKR) affects translation initiation by phosphorylation-induced inactivation of the rate-limiting eIF-2 α , a component of the eIF-2 holocomplex (Meurs et al. 1990). We asked whether interference with PKR or eIF-2 function would modify C/EBP α and C/EBP β protein isoform ratios. For this purpose we employed the pre-adipocyte 3T3-L1 cell line, which undergoes C/EBP α and C/EBP β dependent differ-

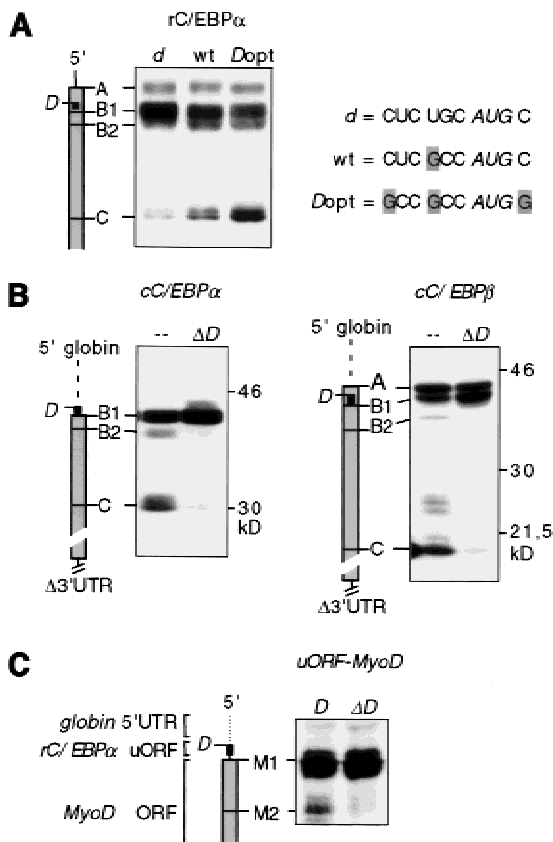


Figure 4. The uORF regulates translation from downstream initiation sites. Schematic representations of the mRNAs are shown at *left*. (a) The C/EBP α isoform ratio is modified by the efficiency of the uORF translation. The wild-type suboptimal sequence context of site *D* (wt) was placed in an optimal Kozak consensus sequence (*Dopt*) or in a non-Kozak context (*d*). Initiation site sequences are shown at *right*. (b) cC/EBP α and C/EBP β 5' UTRs were replaced by a 50-bp sequence of the β -globin leader, and the 3' UTRs were deleted. The uORF translation initiation site *D* was left intact (-) or was mutated to a noninitiation site (ΔD). (c) The Flag-tagged MyoD coding region was placed downstream of a 5' β -globin leader sequence and the rC/EBP α uORF sequence (*D*) or the uORF initiation site mutant (ΔD) as indicated. All constructs were transiently transfected in COS-1 cells. C/EBP or MyoD protein expression was analyzed by immunoblotting.

entiation upon hormone treatment (Yeh et al. 1995b). In these cells the eIF-2 pathway was constitutively activated by retroviral introduction of a kinase-inactive and dominant-negative PKR mutant (PKR $\Delta 6$) (Koromilas et al. 1992) or the eIF-2 α mutant S52A (Choi et al. 1992), which cannot be phosphorylated and thus resists inactivation by PKR. Transgene-expressing and control (empty vector) 3T3-L1 cultures were subjected to a standard differentiation protocol and analyzed for C/EBP α and C/EBP β protein isoform expression by immunoblotting. Figure 5a shows that ectopic expression of either PKR $\Delta 6$ or eIF-2 α S52A, shifts C/EBP α and C/EBP β isoform expression toward the truncated isoform. A similar shift in C/EBP isoform expression was obtained by treating dif-

ferentiated 3T3-L1 adipocytes with the PKR inhibitor 2-aminopurine (2-AP) (De Benedetti and Baglioni 1983).

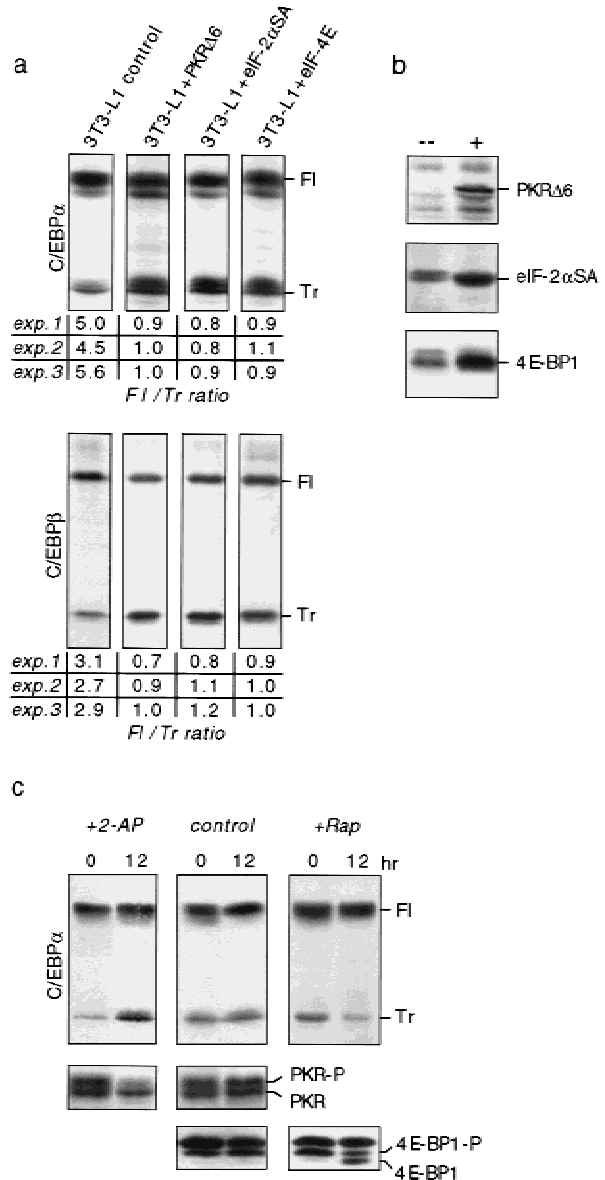


Figure 5. The ratio of C/EBP α and C/EBP β protein isoform expression is modulated by translation initiation factor activity. (a) 3T3-L1 cells ectopically expressing PKR $\Delta 6$, eIF-2 α S52A, eIF-4E, and control cells (empty vector) were induced to undergo adipogenesis and analyzed for expression of endogenous C/EBP α and C/EBP β isoforms at day 4 of the differentiation protocol by immunoblotting. (FI) Full-length isoform; (Tr) truncated isoform. Ratios of full-length vs. truncated C/EBP isoforms of three independent experiments are depicted *below*; immunoblots of experiment 1 are shown. (b) PKR $\Delta 6$, eIF-2 α S52A, and eIF-4E transgene expression were analyzed by immunoblotting in transgene (+) and control (-) cells. (c) 3T3-L1 cells at day 4 of differentiation were treated with 5 mM 2-aminopurine (+2-AP) or 1 μ M rapamycin (+Rap) for 12 hr and compared with control cultures for C/EBP α protein expression. *Bottom* panels show protein expression of endogenous PKR and 4E-BP1. The respective hyperphosphorylated forms are indicated (-P).

As shown in Figure 5c, concomitantly with 2-AP-induced dephosphorylation and inactivation of PKR, expression of truncated C/EBP α isoform was enhanced. These results show that high eIF-2 activity shifts the ratio of C/EBP isoform expression toward a more truncated isoform.

The FKBP12–rapamycin-associated protein (FRAP)/mammalian target of rapamycin (mTOR) (Brown et al. 1994) enhances the level of accessible eIF-4E (Lawrence and Abraham 1997); mTOR phosphorylates and inhibits phosphatase PP2A, which keeps the inhibitory 4E-binding protein 1 (4E-BP1, also called PHAS1) in an active unphosphorylated state (Lin et al. 1994; Pause et al. 1994; Brunn et al. 1997; Peterson et al. 1999). We generated 3T3-L1 cells that overexpressed eIF-4E by retroviral transfer and subjected them to the standard differentiation protocol. As shown in Figure 5a, enhanced levels of eIF-4E shift C/EBP α isoform expression toward the truncated isoform. On the other hand, when mTOR was inhibited by rapamycin, expression of the truncated C/EBP α isoform was reduced concomitantly with the dephosphorylation of 4E-BP1 (Fig. 5c). Similar results were obtained with C/EBP β (data not shown). In conclusion, two rate-limiting translation initiation factors control the ratio of C/EBP isoforms: At high eIF-2 and eIF-4E activity relatively more truncated C/EBP isoforms are expressed, whereas at lower eIF activity expression of the full-length isoforms dominates.

To investigate the role of the uORF in conjunction with eIF activity for the regulation of C/EBP α and C/EBP β isoform expression, we transiently transfected undifferentiated 3T3-L1 control cells and 3T3-L1 cells expressing eIF-2 α SA or eIF-4E transgenes with C/EBP α wild-type or the corresponding mutated uORF (ΔD) expression constructs. Figure 6a shows that the expression of truncated C/EBP isoforms depends on the uORF under conditions of enhanced eIF activity as well. eIF-4E has been implicated in the selection of upstream initiation sites in bicistronic messengers (Tahara et al. 1991). We examined the effect of increased eIF-4E levels on translation initiation from the uORF site *D*. To do so we fused the uORF of C/EBP α in frame to the C/EBP α coding sequence and tested the effect of eIF-4E on translation initiation from *D* and B1. As shown in Figure 6b, overexpression of eIF-4E enhanced translation initiation from the uORF initiation site *D* at the expense of initiation from site B1. These results indicate that the uORF is crucial for the modulation of C/EBP α isoform ratio through eIF activity.

Enhanced expression of the truncated C/EBP α or C/EBP β isoform alters proliferation and differentiation in 3T3-L1 cells

Terminal differentiated 3T3-L1 adipocytes form monolayers of contact-inhibited fat cells that store large amounts of lipids. We noticed that interference with translational control pathways altered the differentiation program of 3T3-L1 cells. Increased eIF activity re-

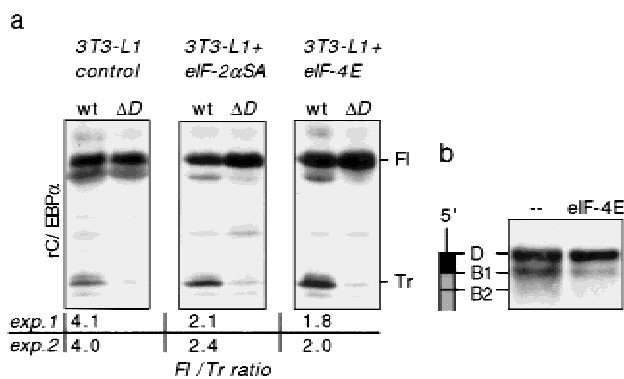


Figure 6. The uORF is essential for the modulation of C/EBP isoform expression through eIF activity in 3T3-L1 cells. (a) Undifferentiated 3T3-L1 control cells and cells expressing eIF-2 α S52A or eIF-4E were transiently transfected with wild-type rC/EBP α expression constructs (wt) or constructs with mutated uORF initiation site (ΔD). Cell extracts were analyzed for rC/EBP α expression by immunoblotting. (Fl) Full-length isoform; (Tr) truncated isoform. Ratios of full-length vs. truncated C/EBP isoforms of two independent experiments are depicted below; immunoblots of experiment 1 are shown. (b) A construct expressing a uORF-rC/EBP α fusion protein was cotransfected with an eIF-4E expression construct or empty vector (-) in COS-1 cells. uORF-rC/EBP α fusion protein expression was analyzed by immunoblotting of total cell extracts. A schematic representation of the mRNA is shown at left.

duced contact inhibition and resulted in foci formation in differentiating cultures (data not shown). To determine whether deregulated expression of C/EBP isoforms might account for the altered growth properties, we stably introduced truncated C/EBP α or C/EBP β isoforms by retroviral gene transfer and induced adipogenesis by the standard protocol. As shown in Figure 7, sustained ectopic expression of truncated C/EBP α or truncated C/EBP β isoform gave rise to a heterogeneous population of predominantly small and spindle-shaped cells that were poorly differentiated. The cells displayed reduced adherence to the culture dish, formed foci, and continued to multiply during differentiation, as shown by BrdU incorporation. Thus, up-regulation of truncated C/EBP isoforms prevents proliferation arrest and contact inhibition, interferes with terminal adipogenic differentiation, and induces a transformed phenotype. Apparently, proper translational regulation of C/EBP isoform expression is a prerequisite for terminal fat cell differentiation and proliferation arrest.

Discussion

Aberrant translational control of C/EBP α and C/EBP β isoform expression disrupts differentiation and induces cellular transformation

In this paper we show that the availability and activity of translation initiation factors determine the translation of C/EBP α and C/EBP β mRNAs into different tran-

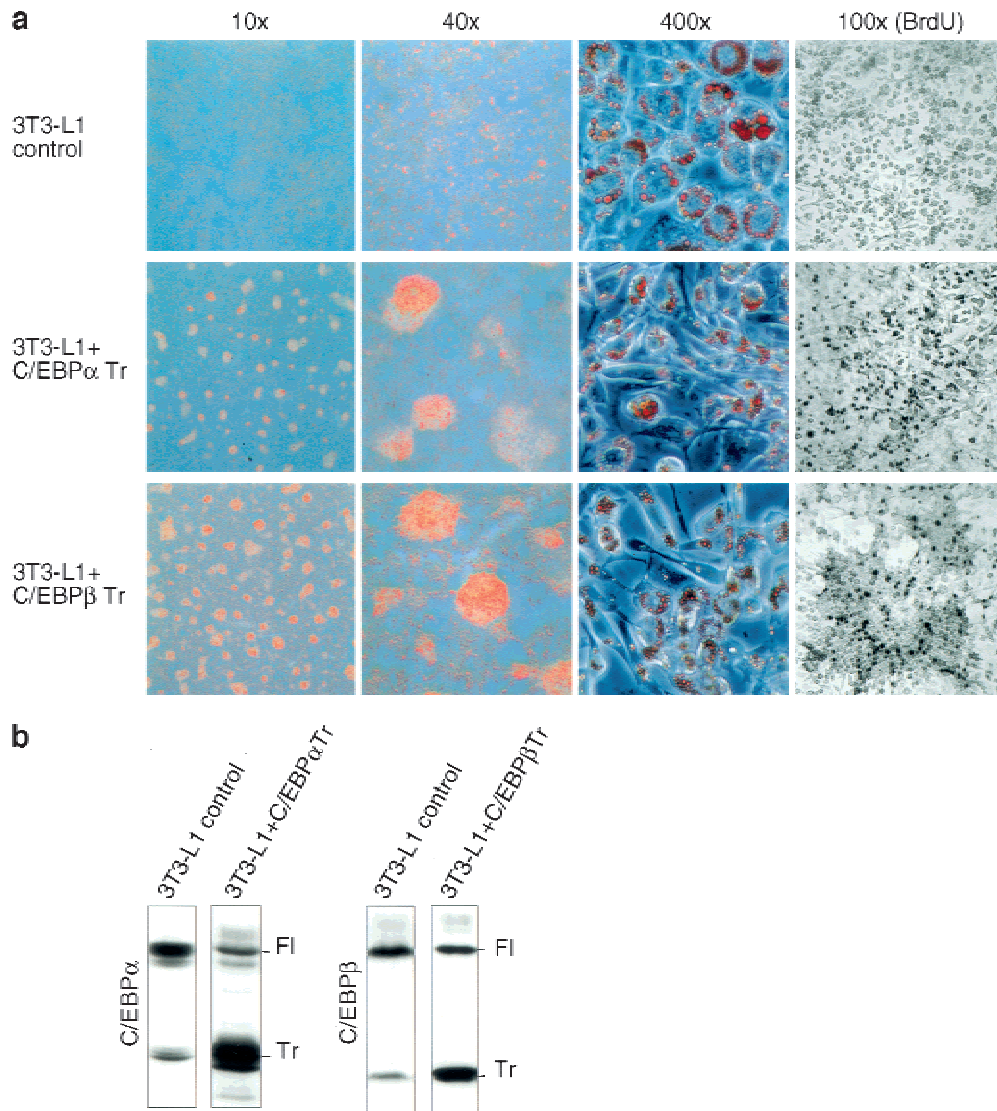


Figure 7. Constitutive ectopic expression of truncated C/EBP α or C/EBP β induces cellular transformation in differentiating 3T3-L1 cells. (a) 3T3-L1 control cells and 3T3-L1 ectopically expressing truncated rC/EBP α or truncated rC/EBP β were induced to undergo adipogenesis. At day 8 of differentiation cells were fixed and stained with Oil Red O (lipid staining). Microscopic pictures of different magnifications (as indicated) are shown. In parallel experiments the cells were incubated for 8 hr with BrdU, fixed and stained by immunohistochemistry (right). (b) Ectopic and endogenous expression of C/EBP protein isoforms was analyzed by immunoblotting. (FI) Full-length isoform; (Tr) truncated isoform.

scription factor isoforms. The individual C/EBP α and C/EBP β protein isoforms have different biological activities that determine cell fate. Full-length C/EBP α and C/EBP β isoforms, translated from the B1 site, are transcriptional activators and induce differentiation and cell-cycle arrest in various cell types (Ness et al. 1993; Ossipow et al. 1993; Buck et al. 1994; Freytag et al. 1994; Müller et al. 1995; Wu et al. 1995; Nerlov et al. 1998). Recently, it was shown that the extended C/EBP β isoform, generated from the A site, may recruit the chromatin remodeling SWI/SNF complex to activate a different set of target genes in comparison to full-length C/EBP β (Kowenz-Leutz and Leutz 1999). Truncated isoforms, initiated at the C site, display little if any trans-

activation and permit, or even induce, the cell cycle to proceed (Lin et al. 1993). Furthermore, the truncated isoforms, even at substoichiometric levels, may counteract the functions of full-length isoform levels (Descombes and Schibler 1991; Ossipow et al. 1993; Raught et al. 1995; Calkhoven et al. 1997). Thus, the biological effect evoked by C/EBP α and C/EBP β proteins will depend strongly on the ratio of their isoforms. Full-length C/EBP isoforms prevail in differentiating cells both in vivo and in tissue culture, reflecting proliferation arrest and expression of tissue-specific C/EBP target genes. Enhanced expression of the truncated isoform results in a transformed phenotype of 3T3-L1 adipocytes. These cells lost contact inhibition and continued to proliferate during

differentiation, which suggests that down-regulation of truncated C/EBP α isoforms is essential for cessation of proliferation and terminal differentiation. Constitutive activation of eIF-2 or eIF-4E, which deregulated C/EBP α and C/EBP β isoform expression, induced a similar transformed phenotype in 3T3-L1 adipocytes.

Deregulated eIF activity has been shown to transform fibroblasts (Koromilas et al. 1992; Donze et al. 1995). Although deregulated eIF activity will affect translation of many genes, it is tempting to speculate that inadequate adjustment of C/EBP isoform ratios contributes to neoplastic conversion in tissues that express C/EBP α and/or C/EBP β . A correlation has been found between enhanced eIF-2 activity and enhanced truncated C/EBP β expression in mammary epithelial cancer cells (Raught et al. 1996). In addition, up-regulation of eIF-4E is an early event in colon cancer cells known to express C/EBPs (Rosenwald et al. 1999). Also, the myxoid liposarcoma-specific chromosomal rearrangement of the CHOP gene, TLS-CHOP, which is required for oncogenic transformation, interferes with C/EBP function (Zinszner et al. 1994).

Differential initiation of translation generates different C/EBP isoforms

Initially, truncated C/EBP α and C/EBP β isoforms were proposed to arise by a ribosomal scanning mechanism to alternative translation initiation sites in their mRNAs (Descombes and Schibler 1991; Lin et al. 1993; Ossipow et al. 1993; An et al. 1996). In contrast, limited proteolysis recently has been suggested to account for the generation of truncated isoforms (Baer et al. 1998; Welm et al. 1999). We showed by a mutagenesis approach that different C/EBP α and C/EBP β protein isoforms originate from all evolutionary conserved translation initiation sites (termed A, B1, B2, and C; Fig. 1). Elimination of upstream initiation sites increases expression of truncated C/EBP isoforms. Moreover, introduction of novel initiation sites (X) between B and C sites results in production of novel isoforms initiated at the X rather than at the C site. Shift of translation initiation to downstream initiation sites once upstream sites were removed, and substitution of the wild-type truncated products (C) by alternative products once an extra initiation codon (X) was introduced argue strongly in favor of a translational mechanism in the generation of truncated C/EBP isoforms. Although we cannot rule out that limited proteolysis of C/EBPs might occur under specific conditions (Welm et al. 1999), our results are incompatible with precursor-product relationships between full-length and truncated proteins and consistent with observations reported by Sears and Sealy (1994), who also failed to find a precursor-product relationship by pulse-chase labeling. Additional experiments, using bicistronic constructs also ruled out the possibility that truncated proteins are generated by internal ribosomal entry sites in C/EBP mRNAs (data not shown). We conclude that translational control is the prevailing mechanism of C/EBP α and C/EBP β isoform expression in vertebrates.

The conservation of translation initiation site distribution and sequence context further supports the experimental data. The sequence context of initiation codons determines the fidelity and frequency of their selection, as has been described by Kozak (1989). Only two deviations from the conserved initiation sites were found. First, the A site in human C/EBP α is apparently absent. However, an immunoreactive band corresponding to an extended isoform was detected in extracts of the human HL-60 leukemia cell line, indicating that translation may be initiated from a functionally equivalent A site (a GUG codon; C.F. Calkhoven, unpubl.). The second exception is that a B2 site is present in all C/EBP α isoforms examined and in cC/EBP β but not in mammalian and *Xenopus laevis* C/EBP β .

The C/EBP uORF mediates differential translation initiation

A small uORF is located between the A and the B sites in all vertebrate C/EBP α and C/EBP β mRNAs. The uORF is out of frame with respect to the C/EBP reading frame and terminates just upstream of the major initiation site B1. Fusion of the uORF to the C/EBP reading frame revealed that site D is selected for translation. Our data show that the uORF has a crucial role in the regulation of isoform expression. Three lines of evidence show that the uORF is paramount for translation initiation at downstream initiation sites. First, different types of mutations that disrupt the function of the uORF concomitantly abrogate translation initiation at downstream sites. Second, the efficiency of translation from site C is proportional to the efficiency of site D selection. Third, the uORF mediates translation from downstream initiation sites in a different mRNA context (MyoD transcript) and thus displays an autonomous function.

The observation that removal of the uORF initiation codon abolished initiation at the C site (or X site) and optimization of the uORF site D enhances initiation at C indicates that uORF translation is required for its function. This implies that translation reinitiation rather than leaky scanning is the mechanism of downstream initiation at C (or X). Translation from site B1 is not dependent on the uORF. In contrast, it is inversely regulated to the strength of the D site. This indicates that translation from B1 mainly results from leaky scanning over the wild-type D site (or the weak mutant site *d*). However, the optimization of the D site (*Dopt*), which does not allow leaky scanning of ribosomes (data not shown), diminishes but does not completely abolish translation from B1 (as one would expect with leaky scanning as the only mechanism). Hence, immediate reinitiation after uORF translation seems to occur as well. Taken together, translation from site C appears to depend strictly on uORF translation, whereas initiation at site B1 can occur by either leaky scanning or by immediate reinitiation.

Removal of the D site also revealed that the uORF is involved in regulation of initiation at site A. We presume that under certain cellular conditions translation of the

uORF may cause cueing of ribosomes and thus increase the probability of initiation at the weak initiation site A. Although several details need to be solved, the data show that a conserved uORF in vertebrate C/EBP α and C/EBP β mRNAs directs the translation from multiple translation sites.

Translational control and cell fate

Kinases PKR and mTOR, implicated in C/EBP isoform translation, are involved in many cellular processes. A major function of PKR is to mediate translational repression after virus infection and interferon signaling (Wek 1994). However, regulating PKR activity also appears to be essential for normal cell proliferation and differentiation. Others showed that both the inactivation of PKR in quiescent cells or ectopic expression of the PKR phosphorylation-defective eIF-2 α S52A mutant induces proliferation and even transformation (Koromilas et al. 1992; Meurs et al. 1993; Barber et al. 1994; Donze et al. 1995). We also observed loss of contact inhibition and persistent proliferation in differentiating 3T3-L1 cells expressing dominant-negative PKR Δ 6 or eIF-2 α S52A (data not shown). Augmentation of rate-limiting eIF-2 α enhanced expression of truncated C/EBP forms in an uORF-dependent manner. A paradigm of eIF-2 function and translational control is provided by the yeast transcription factor GCN4. In yeast, high levels of eIF-2 mediate multiple translation reinitiation events after initial uORF translation (Mueller and Hinnebusch 1986; Hinnebusch 1994). In a similar fashion, elevated eIF-2 levels might enhance translation reinitiation at C/EBP C sites after translation of the uORF.

The FRAP/mTOR kinases are involved in the regulation of several cellular processes, including cell proliferation, transcriptional response to nutrients, and mRNA translation (Brown et al. 1994; Zheng and Schreiber 1997; Peterson and Schreiber 1998; Beck and Hall 1999; Cardenas et al. 1999; Dennis et al. 1999; Hardwick et al. 1999; Kuruvilla and Schreiber 1999). Our data show that inhibition of FRAP/mTOR function by rapamycin reduced expression of the truncated C/EBP isoforms, whereas overexpression of eIF-4E enhanced expression of the truncated isoforms in an uORF-dependent manner. Others have shown that eIF-4E is implicated in selection of upstream initiation sites in bicistronic messengers (Tahara et al. 1991). Accordingly, we observed enhanced translation initiation from uORF site *D* upon overexpression of eIF-4E (Fig. 6b). As the translation of the uORF determines reinitiation at the downstream site C (Fig. 4a), it is presumably eIF-4E-mediated enhanced *D*-site usage that leads to increased expression of truncated C/EBP isoforms. Our data are also in accordance with that of Yeh et al. (1995a), who showed that treatment of 3T3-L1 cells with rapamycin at the onset of the differentiation program inhibits their clonal expansion, a prerequisite for 3T3-L1 differentiation. It is possible that the observed repression of truncated C/EBP isoforms is responsible for failure of clonal expansion.

Taken together, pathways that modulate the activity

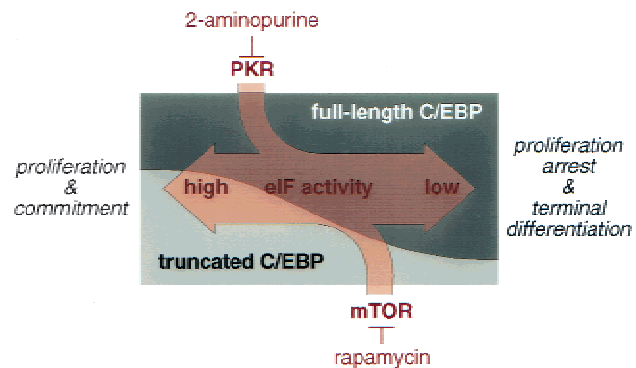


Figure 8. Translation initiation factor activity determines cell fate through modulation of the C/EBP isoform ratio.

of eIF-2 and eIF-4E alter the ratio of C/EBP isoforms in conjunction with their uORF. According to the working model shown in Figure 8, pathways that activate translation (e.g., by various growth factors) concomitantly enhance expression of truncated C/EBP isoforms, which in turn supports proliferation. In contrast, pathways that decrease eIF functions will preferentially shift C/EBP expression to full-length isoforms and thus support growth arrest and differentiation. We suggest that the C/EBP uORF acts as a mediator for translation factor activity to adjust the ratio of C/EBP isoforms accordingly and so determine cell fate.

It is noteworthy that in addition to C/EBPs, a number of other key regulatory proteins involved in proliferation and differentiation are regulated at the translational level. Among these proteins are the CDK inhibitor p27 (Hengst and Reed 1996), cyclin D1 (Rousseau et al. 1996), CLN3 (Polymenis and Schmidt 1997), thrombopoietin (Ghildardi et al. 1998), PDGF2 (Bernstein et al. 1995), BCL-2 (Harigai et al. 1996), AdoMetDC (Hill and Morris 1993), and c-Myc (Hann et al. 1992). Fewer than 10% of vertebrate mRNAs have upstream initiation codons and/or uORFs. However, two-thirds of the transcripts encoding growth regulatory proteins (growth factors, cytokines, oncogenes, etc.) have such features (Kozak 1987, 1991). An attractive possibility, therefore, is that the expression of mRNAs encoding critical proteins that determine cell fate are restricted in their translation to permissive eIF activities that are under environmental control. Only in a specific window of eIF activity such proteins are generated or their composition adjusted to allow proliferation or differentiation. It is evident that such a safeguard, which controls entry into the cell cycle, independently of transcriptional regulation, is also prone to tumorigenic conversion.

Materials and methods

DNA constructs

C/EBP constructs All mutations were generated by site-directed mutagenesis following the method of Kunkel (Ausubel et al. 1993; Kunkel et al. 1991). cC/EBP α mutants were generated

on the cC/EBP α wt-pSG5 template (Calkhoven et al. 1994) with oligonucleotide primers ΔA (accctgg \rightarrow ccccggg), 5'-cgccccgtcgcagccccgggtttgccggagccc-3'; $\Delta B1$ (ttcatgg \rightarrow ttctctg), 5'-ggctgtagtgcttctctcagcaagccaacttc-3'; $\Delta B2$ (ccgatga \rightarrow cggggag), 5'-cccggccccgggagcagcggccagcaccacc-3'; ΔC (ggcatgc \rightarrow gggatcc), 5'-ttccacgggatccacggggcc-3'; ΔD (accatgc \rightarrow aggatcc), 5'-cgggccccttcagatccccgcagcgtg-3'; Aopt (cgaaccctgg \rightarrow gccaccatgg), 5'-cgccccctgcgccaccatggattgccggagc-3'; and X (gacctct \rightarrow gccatgg), 5'-cgagttctcggccgcatgttcagcacgaagc-3'. The C mutant was generated by introducing an *EcoRI* site with primer 5'-ggggattcgaattccacggcatg-3' and subsequent removal of the *EcoRI* fragment containing the 5' UTR and amino-terminal C/EBP sequences. For the cC/EBP α -5' β -globin/ $\Delta 3'$ UTR and corresponding ΔD mutants a *HindIII* site was introduced upstream of site D with primer 5'-cgagagccggcgaagctgttccgaaccctgg-3', and the *KpnI-HindIII* 5' UTR fragment was exchanged for the *KpnI-HindIII* fragment of pBAT (Annweiler et al. 1991) containing the β -globin leader sequence. The 3' UTR was removed by *ApaI-BamHI* digestion. A cC/EBP β (NF-M) *EcoRI* cDNA fragment (Katz et al. 1993) was cloned into pSG5, and mutants were generated on the cC/EBP β wt-pSG5 template with the primers ΔA (ttcatgc \rightarrow tgaattc), 5'-cccccttgcctgaattcaacgcctgtgg-3'; $\Delta B1$ (ttcatgg \rightarrow tccattgaa), 5'-cgctttaaattcattgaagtgcttaattctattacaggcggg-3'; $\Delta B2$ (tccatga \rightarrow tctagaa), 5'-ggggcctctagaaccgaacttacgtagg-3'; ΔC (ggcatgt \rightarrow ggaattc), 5'-ggaccgggggaattccctcgcctcagcgc-3'; ΔD (agcatgc \rightarrow agcaagc), 5'-ggcctgggacgcagcttgcctcccattcagcc-3'; Aopt (gcttcatgc \rightarrow gccaccatgg), 5'-gcatcccccttggccaccatggagcctgtggcc-3'; Dopt (cgcagcatgc \rightarrow gccaccatgg), 5'-ggtgctcggcggccaccatggctcccattcagcc-3'; and X (gagaccctgg \rightarrow gccaccatgg), 5'-ggagccggtcttcgccaccatggactcttgcgaagg-3'. The C mutant was generated by introducing an *EcoRI* site with primer 5'-cogtaaggaagaattcggagcggggccagg-3' and subsequent removal of the *EcoRI* fragment containing the 5' UTR and amino-terminal cC/EBP β sequences. For cC/EBP β -5' β -globin/ $\Delta 3'$ UTR and corresponding ΔD mutants a *HindIII* site was introduced upstream of site D with primer 5'-ccgtctctctccaagctccctttgc-3', and the *KpnI-HindIII* 5' UTR fragment was exchanged for the *KpnI-HindIII* fragment of pBAT (Annweiler et al. 1991) containing the β -globin leader sequence. The 3' UTR was removed by *BamHI-EcoRI* digestion after introduction of a *BamHI* site downstream of the C/EBP β stop codon with primer 5'-cgctgctgacccccggatccggccggc-3'. A rC/EBP α wild-type clone containing the cDNA sequence was generated by cloning a 590-bp *EcoRI-NotI* PCR fragment (primers, 5'-ccggaattccattcgcgacccaaagctgcg-3' and 5'-cgcggatccgatctggaactgcaagtggagg-3') from genomic DNA containing the 5'UTR, together with the *NotI-BamHI* rC/EBP α cDNA fragment (Landschulz et al. 1988) into pSG5, which was used as template for further mutagenesis with the primers ΔA (gtactgg \rightarrow cggatcc), 5'-ggcgagttggcgcatcctgtggcgccg-3'; $\Delta B1$ (cccatgg \rightarrow cccatcg), 5'-ctctaactcccccatcgatcgccgac-3'; $\Delta B2$ (ccgatga \rightarrow cggatcc), 5'-cggccccggatccgcagccacctc-3'; ΔC (gtcatgt \rightarrow gtgaatt), 5'-ggcgggtcgggtgaattcccgggggcgacagg-3'; ΔD (ggcatgc \rightarrow gggatcc), 5'-cggagctcgggatccccgggagaactcctaactccc-3'; Aopt (gggtactgg \rightarrow gccgcatgg), 5'-ggcgagttgccgcctgggtggcgccg-3'; d (ggcatgc \rightarrow tgcattg), 5'-ccgcccagcctctgcatcggggagaactc-3'; Dopt (ctcggcatgc \rightarrow gccgcatgg), 5'-gctggagggcctgcagcggccatggcgggagaactcctaactc-3'; X (gcccacctct \rightarrow gccgcatgg), 5'-cgagttcctggcccattgctccagcacagccgc-3'; and uORF+C/EBP α fusion (taactc \rightarrow aactc), 5'-ccatgcccggagagctcaactccccatgg-3'. The C mutant was generated by cloning a 725-bp *EcoRI-BamHI* PCR fragment (primers 5'-gcaattcatgctcgcggggcgcagcggacc-3' and 5'-gcccagatcctcagcagctgtgccatggccttgacc-3') into pcDNA3. A rat C/EBP β wt-pSG5 vector was generated by cloning the IL-6-DBP *EcoRI* cDNA fragment (Poli et al. 1990) into pSG5 and used as template for further mutagenesis with the primers ΔA (ttcatgc \rightarrow tgaattc), 5'-ggccccgtc-

gaattcaccgctgctgccc-3'; $\Delta B1$ (cccatgg \rightarrow cccatgg), 5'-gcctttagaccattgaattggccaacttc-3'; ΔC (ggcatgg \rightarrow gcatcg), 5'-cgacggccccgcgatcggccggcttccc-3'; ΔD (agatgc \rightarrow agaattc), 5'-ggcctggagcagcaattcctcccgcgccc-3'; Aopt (gcttcatgc \rightarrow gccaccatgg), 5'-gggccccggccaccatggccccgctgctggc-3'; and X (gcccactca \rightarrow gccgcatgg), 5'-gcctcccggccatggaggccagcggg-3'. The C mutant was generated by removal of the *EcoRI* fragment containing the 5' UTR and amino-terminal C/EBP sequences from the rC/EBP β X-pSG5 construct. The MyoD-uORF-pSG5 [gcatcggcgaggagaactctaa (uORF) ctccccatgg (MyoD)] and MyoD- Δ uORF-pSG5 [ggg atc (ΔD uORF) cgggagaactcctaactccccatgg (MyoD)] vectors were generated by combined cloning of a *KpnI-NcoI* fragment containing the β -globin leader and rC/EBP α -uORF or ΔD sequences (from the cC/EBP α -5' β -globin/ $\Delta 3'$ UTR mutants), together with a *NcoI-XbaI* fragment containing amino-terminal Flag-tagged human MyoD coding region into pSG5.

pBabe-puro retroviral constructs rC/EBP α Tr-pBabe-puro was generated by cloning the *EcoRI-BamHI* fragment from rC/EBP α C-pSG5 into pBabe-puro (Morgenstern and Land 1990). rC/EBP β pBabe-puro was generated by cloning the *EcoRI* fragment from rC/EBP β C-pSG5 into pBabe-puro. A human eIF-2 α *EcoRI-HindIII* 1.6-kb fragment was cloned from SP65-2a (Ernst et al. 1987) into pSG5. eIF-2 α wt-pSG5 was used for creating the S52A mutant (Choi et al. 1992) with the primer 5'-cttagtgatggccagaaggcgtatccg-3'. The *BamHI* eIF-2 α S52A fragment from eIF-2 α S52A-pSG5 was cloned into pBabe-puro. Human PKR (Meurs et al. 1990) was cloned by PCR from HeLa cells using the primers 5'-gggaatcaactccacttccg-3' and 5'-gggagactgtgtcattgcaactc-3', tagged with *BamHI* sites and cloned into pSG5. The dominant-negative PKR $\Delta 6$ mutant (Koromilas et al. 1992) was generated on PKR-pSG5 with primer 5'-ggtcaagactaagtctctgtgataaggcacttgg-3', and the *BamHI* fragment was cloned into pBabe-puro. Human eIF-4E (Rychlik et al. 1987) was cloned by PCR from HeLa cells using the primers 5'-gattcagatcgatctaatgg-3' and 5'-cctatgagaataactcagaagg-3', tagged with *BamHI* sites, and cloned into pBabe-puro.

Cells and tissue culture

COS-1 cells (ATCC, CRL-1650) were propagated in DMEM, F12, and 5% FCS (GIBCO); HeLa cells (ATCC, CCL-2) in DMEM and 10% FCS; 3T3-L1 cells (ATCC, CL-173) in DMEM and 10% FCS (Seromed); QT6 cells (ATCC, CRL 1708) in DMEM, 8% FCS, and 2% heat-inactivated chicken serum; and Phoenix E cells (G.P. Nolan, Stanford University School of Medicine, Stanford, CA; ATCC, SD 3444) in DMEM and 10% FCS in a humidified atmosphere with 5% CO₂ at 37°C. Induction of adipogenic differentiation in 3T3-L1 cells was induced in 2-day confluent cultures (designated day 0) with 2 days of incubation in medium containing 10 μ g/ml insulin (Sigma), 1 μ M dexamethasone (Sigma), and 0.5 mM 3-isobutyl-1-methylxanthine (Sigma) (days 1-2), followed by incubation in 10 μ g/ml insulin with medium exchange every second day (days 3-8) (Yeh et al. 1995b). Medium for pBabe-puro-infected 3T3-L1 cells contained an additional 0.5 μ g/ml puromycin (Sigma). Rapamycin (Calbiochem) was used in a concentration of 1 μ M, and 2-aminopurine (Calbiochem) was used in a concentration of 5 mM.

Oil-Red-O staining 3T3-L1 cells were washed with PBS, fixed with 4% paraformaldehyde overnight at 4°C, stained with Oil-Red-O solution for 5 min [2:3, 0.3% (wt/vol) Oil Red O (Sigma) in isopropanol and water before filtering], and analyzed by bright-field microscopy.

BrdU labeling 3T3-L1 cells were labeled with BrdU for 8 hr following the manufacturer's protocol (BrdU Labeling and Detection Kit II, Boehringer Mannheim).

Retroviral methods

The ecotropic-packaging cell line Phoenix E was transiently transfected with the calcium phosphate-DNA precipitation method, and infectious virus was harvested after 48 hr. 3T3-L1 target cells (5×10^5) were infected as described in Pear et al. (1993) and selected for puromycin (2 $\mu\text{g}/\text{ml}$) resistance.

Transfections

COS-1 cells were transfected with 5 μg of pSG5-based expression vector using DEAE-dextran/chloroquine as described by Gonzalez and Joly (1995). HeLa and 3T3-L1 cells were transfected with 0.75 μg of pSG5-based expression vector using GenePORTER (Gene Therapy Systems, Inc) following the protocol of the manufacturer in six-well culture trays. Transfected cells were harvested 24 hr after transfection. QT6 cells were transfected with 5 μg of pSG5-based expression vector using the calcium phosphate-DNA precipitation method as described in Ausubel et al. (1993).

Western blot analysis

Cells were lysed rapidly in 0.5 M NaOH, neutralized by adding 0.5 M HCl, or directly lysed in RIPA buffer (150 mM NaCl, 50 mM Tris-HCl at pH 7.5, 1% NP-40, 0.1% SDS), supplemented with SDS loading buffer, sonicated, and boiled. The proteins were separated on a 12.5% SDS-polyacrylamide gel and electroblotted on PVDF membrane (Immobilon-P, Millipore). Western blot analysis was performed, as described in Calkhoven et al. (1994), followed by luminescent detection according to the manufacturer's protocol (Amersham Life Technologies, ECL system). The following antisera were used: 1:1500 cC/EBP α (Calkhoven et al. 1994) and 1:3000 cC/EBP β /NF-M (Katz et al. 1993); 0.5 $\mu\text{g}/\text{ml}$ rC/EBP α (14AA), rC/EBP β (C-19), PKR (M-515), PKR (K-17), 4E-BP1 (R-113), and eIF-2 α (C-20); 1:2000 anti-goat immunoglobulin HRP (Sc-2020) (all from Santa Cruz Biotechnology Inc.); 0.5 $\mu\text{g}/\text{ml}$ eIF-4E (E27620) (Transduction Laboratories); 10 $\mu\text{g}/\text{ml}$ anti-Flag M2 (IB13026) (Eastman Kodak Company); 1:2000 anti-mouse immunoglobulin HRP (NA931) and 1:5000 anti-rabbit immunoglobulin HRP (NA934) (Amersham Life Technologies). Protein bands were quantified using the FUJIFILM Science Lab/Image Gauge computer program.

Acknowledgments

We offer special thanks to Marion Bengs for extensive technical assistance. We thank Dr. Garry P. Nolan for providing the Phoenix E cells, Dr. Adri A.M. Thomas for providing an eIF-2 α clone, Dr. Steven L. McKnight for providing a rC/EBP α clone, Valeria Poli for providing an IL-6DBP clone, Dr. Barbara Winter for providing a MyoD clone, Dr. Stéphane Ansieau for the Flag-tagged MyoD construct, and Dr. Dipak Ramji for *X. laevis* C/EBP β sequence information. This research is supported by the Deutsche Forschungsgemeinschaft by grants to A.L. (LE77072-2/LE770/3-1). C.F.C. was supported by a Marie Curie /TMR fellowship (ERBFMBICT961254).

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