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## Choosing our words: Retrieval and selection processes recruit shared neural substrates in left ventrolateral prefrontal cortex

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### Abstract

When we speak, we constantly retrieve and select words for production in the face of multiple possible alternatives. Our ability to respond in such underdetermined situations is supported by left ventrolateral prefrontal cortical (VLPFC) regions, but there is active debate about whether these regions support: (1) selection between competing alternatives, (2) controlled retrieval from semantic memory, or (3) selection and controlled retrieval in distinct subregions of VLPFC (selection in mid-VLPFC and controlled retrieval in anterior-VLPFC). Each of these theories has been supported by some prior evidence, but challenged by other findings, leaving the debate unresolved. We propose that these discrepancies in the previous literature reflect problems in the way that selection and controlled retrieval processes have been operationalized and measured. Using improved measures, we find that shared neural substrates in left VLPFC support both selection and controlled retrieval, with no dissociation between mid and anterior regions. Moreover, selection and retrieval demands interact in left VLPFC, such that selection effects are greatest when retrieval demands are low, consistent with prior behavioral findings. These findings enable a synthesis and reinterpretation of prior evidence, and suggest that the ability to respond in underdetermined situations is affected by both selection and retrieval mechanisms for verbal material subserved by left VLPFC, and these processes interact in meaningful ways.

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One of the defining characteristics of human intelligence is the ability to respond flexibly to the environment. Rather than being tied to habitual responses, we are able to respond to a given environmental context in a wide variety of ways, informed by past experience, current context, and long-term goals. This ability is arguably what allows us to engage in an almost infinite repertoire of behaviors, including the most human behavior of all—language. During ordinary language production, words must constantly be retrieved and selected for production in the face of multiple possible alternatives. For example, when constructing a sentence, a speaker must not only choose the intended message, but must also retrieve and select among multiple syntactic structures and words which are all compatible with the intended message. There is broad consensus that our ability to respond in such underdetermined situations depends on cognitive control processes subserved by left ventrolateral prefrontal cortical (VLPFC) regions. However, exactly what this neural region does to support these fundamental cognitive processes is strongly debated.

Three competing theories have been proposed, positing that left VLPFC subserves (1) selection among competing alternatives (e.g. Botvinick, Braver, Barch, Carter, & Cohen, 2001; Thompson-Schill, D’Esposito, Aguirre, & Farah, 1997), (2) controlled retrieval from semantic memory (e.g. Martin & Cheng, 2006; Wagner, Paré-Blagoev, Clark, & Poldrack, 2001), or (3) selection and controlled retrieval in different regions of the VLPFC (selection in mid-VLPFC and controlled retrieval in anterior VLPFC) (e.g. Badre, Poldrack, Paré-Blagoev, Insler, & Wagner, 2005; Badre & Wagner, 2007). While each of these theories has

been supported by some prior evidence, each has also been challenged by other findings. Resolving this debate will advance our understanding of language production, in addition to speaking to broader issues about the nature of the functional organization of PFC, and the neural bases for specializations of distinct subregions (e.g. Duncan & Owen, 2000; Miller, 2000; Petrides, 2005).

According to the *selection hypothesis*, left VLPFC resolves competition between multiple automatically-activated representations, in order to select a single response for output (e.g. Botvinick et al., 2001; Thompson-Schill et al., 1997). The less differentiated the activation pattern across all possible responses, the more difficult it is to resolve the competition, and the greater the activation of left VLPFC (e.g. Thompson-Schill & Botvinick, 2006). This hypothesis is supported by evidence that left VLPFC is recruited in situations requiring selection between multiple competing representations. For example, in the frequently-used verb generation task, participants are instructed to say the first verb that comes to mind associated with a presented noun. Left VLPFC is more active when participants generate verbs for nouns with multiple verb associates (e.g. *ball*, associated with *kick*, *hit*, *threw* etc.) versus one associate (e.g. *scissors*, associated with *cut*) (Barch, Braver, Sabb, & Noll, 2000; Nagel, Schumacher, Goebel, & D'Esposito, 2008; Nelson, Reuter-Lorenz, Persson, Sylvester, & Jonides, 2009; Persson et al., 2004; Thompson-Schill et al., 1997). In addition, left VLPFC is more active, and responses are slowed, when people name pictures with low versus high name-agreement (Kan, Kable, Van Scoyoc, Chatterjee, & Thompson-Schill, 2006; Kan & Thompson-Schill, 2004), generate items from larger categories (e.g. flower) then from smaller categories (e.g. red flower) (Tremblay & Gracco, 2006), and select a specific attribute to match words (e.g. color) versus matching on overall similarity (Snyder, Feigenson, & Thompson-Schill, 2007).

Complimenting these findings, patients with left PFC damage are more impaired on generating verbs for nouns with many associates than with a single associate (Thompson-Schill et al., 1998; Tippett, Gendall, Farah, & Thompson-Schill, 2004). In addition, patients with left PFC damage have severely impaired spontaneous speech and verbal fluency, but preserved naming (Randolph, Bruan, Goldberg, & Chase, 1993; Robinson & Cipolotti, 2004; Robinson, Shallice, & Cipolotti, 2006). These patterns suggests that these patients are able to perform well when the response is well constrained by the stimulus, but experience difficulty when selection demands are high.

In contrast, according to the *controlled retrieval hypothesis*, left VLPFC retrieves responses from semantic memory, when such responses are effortful and require cognitive control (e.g. Martin & Cheng, 2006; Wagner et al., 2001). Thus, the weaker the connection between the stimulus and the most accessible response (association strength), the more difficult it is to retrieve a response, and the greater the activation of left VLPFC (e.g. Martin & Cheng, 2006; Wagner et al., 2001). This hypothesis is supported by evidence that left VLPFC is recruited when it is necessary to retrieve a weakly associated response. For example, left VLPFC is more active and responses are slowed when participants generate verbs for nouns with weak versus strong verb associates (Crescentini, Shallice, & Macaluso, 2010; Martin & Cheng, 2006), make semantic relatedness judgments about weakly associated (compared to strongly associated) words (Badre et al., 2005; Chou, Booth, Bitan, et al., 2006; Chou, Booth, Burman, et al., 2006; Chou, Chen, Wu, & Booth, 2009; Wagner et al., 2001), or retrieve information about briefly studied (versus well-studied) items (Souza, Donohue, & Bunge, 2009; Velanova et al., 2003). Consistent with this neuroimaging evidence, a patient with left VLPFC damage has been reported who has impaired retrieval of weakly associated (but not strongly associated) verbs (Martin & Cheng, 2006).

Recently, a synthesis of the controlled retrieval and selection hypotheses has been proposed (the *two-process account*, Badre et al., 2005; Badre & Wagner, 2007; c.f. Gold et al., 2006), positing that left anterior-VLPFC (BA 47) supports controlled retrieval of semantic knowledge from posterior conceptual stores, while left mid-VLPFC (BA 45) supports post-retrieval selection between active representations, irrespective of whether they were retrieved in an automatic or controlled manner. Suggestive evidence is provided by a review of the literature which reported peak coordinates in left anterior or mid-VLPFC in six studies identified as manipulating controlled retrieval and/or selection demands<sup>1</sup> (Badre & Wagner, 2007). This review found that putative selection manipulations tended to activate left mid-VLPFC, while putative retrieval manipulations tended to activate left anterior-VLPFC.

However, the purity of the manipulations of selection and retrieval demands in these studies are debatable. For example, one of the included studies found that mid-VLPFC was more active for task-switch than task-repeat trials (Badre & Wagner, 2006), with the need to switch characterized as solely a manipulation of selection demands (because the old and new task rules compete, Badre & Wagner, 2007). However, many theories of task-switching argue that switching also requires retrieving the new rule from memory (e.g. Altmann & Gray, 2008; Miyake, Emerson, Padilla, & Ahn, 2004). Thus, while this evidence could be interpreted as consistent with the two-process account, it could be re-interpreted as consistent with other accounts as well.

Relatively few studies have directly tested this two-process account by manipulating selection and retrieval demands within the same experiment, and those studies have yielded inconsistent results. Only one study has found evidence suggesting differential responses to retrieval and selection demands in left anterior and mid-VLPFC, respectively: in a lexical decision task, left anterior-VLPFC was more active for unprimed (thus harder to retrieve) than primed (easier to retrieve) words, while mid-VLPFC was more active for words proceeded with an unrelated prime (presumably introducing competition) than unprimed words (Gold et al., 2006). However, region x condition interactions were not tested; thus, it is not clear if there is a full dissociation between these regions (as opposed to them supporting similar processes, with one contrast just failing to reach significance within each region, for example).

Three other experiments provide mixed results, finding selection or controlled retrieval in one or both regions of left VLPFC. In one experiment, participants decided which of two words was semantically related to a probe word: left anterior-VLPFC was specifically sensitive to the probe-target association strength (retrieval demand), while both left anterior and mid-VLPFC were more active when participants had to make a judgment based on a specific semantic feature (e.g. color, high selection demand) versus overall similarity (low selection demand) (Badre et al., 2005). Likewise, in a task in which participants retrieved meanings of street signs, left anterior-VLPFC was more active for newly learned (high retrieval demand) than well-learned (low retrieval demand) meanings, while left mid-VLPFC was sensitive to both retrieval demands and selection demands (one versus two sign meanings) (Souza et al., 2009). Finally, in the verb generation task and a noun generation variant (Crescentini et al., 2010), manipulations of controlled retrieval and selection were

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<sup>1</sup>There is debate about the underlying processes of selection and retrieval, with some researchers making theoretical arguments for a single process (e.g. Danker, Gunn, & Anderson, 2008; Martin & Byrne, 2006; Wagner et al., 2001). We thus primarily use the more theory-neutral terms *competition* and *association strength* in when describing the methods and results, but also include the terms *selection demands* and *retrieval demands* throughout our paper for consistency with the prior literature (e.g. Badre et al., 2005; Badre & Wagner, 2007; Martin & Cheng, 2006; Moss et al., 2005; Noppeney, Phillips, & Price, 2004; Souza et al., 2009; Thompson-Schill et al., 1997; Wagner et al., 2001), and given the evidence that indicates separate processes (Snyder et al., 2010, see Discussion section).

interpreted as yielding, but did not clearly indicate, a dissociation between mid and anterior VLPFC. Specifically, although left mid-VLPFC was sensitive to selection demands and left anterior-VLPFC was sensitive to retrieval demands, each region also showed trends for sensitivity to the other demand, and region x condition interactions were either non-significant (verb generation task) or not tested (noun generation task). Moreover, the manipulation of retrieval demands seemed problematic, yielding effects in the noun generation task in the opposite direction from predictions (with greater activation in VLPFC when retrieval demands were low), and yielding no effects in the whole-brain analysis. Thus, the results are difficult to interpret and do not clearly indicate a dissociation between mid and anterior VLPFC.

Given this conflicting and inconclusive evidence, the debate about these fundamental cognitive processes, and the neural substrates that subserve them, is unresolved. In the current study, we use purer measures of selection and retrieval demand (Snyder & Munakata, 2008), which allow us to examine these processes and their interaction in a way that was not previously possible. Specifically, prior studies of selection and retrieval during language production used measures of retrieval demand (association strength) and selection demand (competition) that were highly correlated, preventing cleanly separating these factors. Association strength was calculated in terms of *agreement*, the proportion of a norming sample giving the most frequent response, and competition was calculated in terms of *ratio*, the proportion giving the most frequent response over the proportion giving the second most frequent response. Conditions differing on one measure also differed on the other, confounding retrieval and selection demands.

This problem can be addressed using new measures based on latent semantic analyses (LSA) that unconfound retrieval and selection demands, and better capture the underlying theoretical constructs of association strength and competition (Snyder & Munakata, 2008). LSA is a technique for extracting the similarity of words by analyzing large bodies of text, capturing contextual as well as co-occurrence information (Landauer, Foltz, & Laham, 1998). LSA association values are absolute, that is, the association strength between any given stimulus and response is independent of alternative responses, consistent with characterizations of association strength as an a priori parameter that arises through semantic and linguistic experience (e.g. Wagner et al., 2001). In contrast, the previously used measure of association strength, *agreement*, is relative to alternative responses. Thus, if participants in the norming sample spread their responses fairly evenly between several strongly associated responses, the stimulus would be incorrectly classified as having low association strength when it in fact has both high association strength and high competition between alternative responses. Absolute LSA-based measures eliminate these problems with the previously used relative measures based on norming data, which makes purer, uncorrelated measures of both retrieval and selection demand possible. In addition, a new measure of competition (entropy, computed over LSA association values) reflects competition between all alternative responses, rather than just the two most active responses. In behavioral studies, these purer, more theoretically-justified measures of retrieval demands (LSA strength) and selection demands (LSA entropy) revealed effects of each factor on reaction times controlling for the effect of the other factor, challenging accounts that posited a role for only selection or controlled retrieval (Snyder & Munakata, 2008).

We have since replicated these behavioral results using a 2x2 design (high and low competition, high and low association strength), again finding strong effects of selection and controlled retrieval demands (Snyder et al., 2010). Moreover, this design allowed us to examine interactions between selection and retrieval demands, something prior studies had been unable as it was not possible to create a full 2 x 2 design with previously used measures of competition and association strength (Crescentini et al., 2010; Martin & Cheng,

2006). Importantly, there was a significant interaction in the behavioral results: the effects of selection demand on reaction times were greatest when retrieval demands were low. Our biologically-plausible neural network model replicates and explains this interaction (Snyder & Munakata, 2008). When it is easy to retrieve a response, activating multiple competing responses serves only to increase selection demands, slowing responding. However, when it is difficult to retrieve any response, spreading activation between multiple weakly associated responses (e.g. between *open* and *close* when generating a response for *folder*) increases the activation level of all responses, aiding retrieval and partially offsetting selection costs.

Thus, the ability to respond in underdetermined situations is affected by both selection and retrieval demands, and these processes interact in meaningful ways. These findings highlight the need for unconfounded measures of selection and retrieval demands in studies of localization of neural function, which is a major goal of the current study. There are two general possible neural implementations of this pattern of behavioral results. First, separate neural substrates could support selection and controlled retrieval— either different subregions of left VLPFC, as proposed by the two-process account (Badre & Wagner, 2007), or one process in left VLPFC and one elsewhere, as proposed by the selection (e.g. Thompson-Schill et al., 1997) and controlled retrieval (e.g. Martin & Cheng, 2006) accounts. Alternatively, shared neural substrates (e.g. left VLPFC) could support selection and controlled retrieval through different mechanisms. For instance, our neural network model suggests that competitive lateral inhibition is specifically critical for selection, while recurrent connectivity supports both retrieval and selection (Snyder et al., 2010). Moreover, if a common neural substrate supports both selection and controlled retrieval, then the activation pattern of left VLPFC should also show the interaction seen behaviorally, such that selection effects are stronger when retrieval demands are low.

In the current study we determine the neural substrates important for selection and controlled retrieval. By using unconfounded LSA-based measures of competition and association strength, and a full  $2 \times 2$  design, we are able to test for main and interactive effects of selection and retrieval demands on brain activity for the first time in a neuroimaging study. We demonstrate that the same regions of left VLPFC support both selection and controlled retrieval, contrary to previous theories. Moreover, selection and controlled retrieval interact in left VLPFC, with larger selection effects when retrieval demands are low.

## Methods

### Subjects

Eighteen healthy, right-handed, young adults (9 women) from the University of Colorado community participated in this study. Three additional subjects participated but were excluded from analysis due to excessively high error rates (>25%). In addition, one outlier was excluded from analysis<sup>2</sup>. All subjects were native English speakers, had no history of neurological conditions or head injury, and were not taking any psychoactive medication. Subjects gave informed consent and were treated in accordance with procedures approved by the University of Colorado Institutional Review Board.

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<sup>2</sup>This subject showed an unusual pattern, with much higher activation in mid-VLPFC in the easiest experimental condition (low competition and high association strength Cook's  $D z=2.75$ ). The pattern of results remained the same when this subject was included, although power was slightly reduced. Analyses excluding the outlier are presented in the main text of the Results section, while results with the outlier included are presented in the footnotes.

## Design and Stimuli

Stimuli were 100 nouns in a  $2 \times 2$  design: high and low association strength between nouns and possible verb responses (retrieval demand) crossed with high and low competition among alternative responses (selection demand), with 25 trials/condition (Figure 1). Association strength was calculated as in previous work (Snyder & Munakata, 2008; Snyder et al., 2010), using Latent Semantic Analysis (LSA, Landauer et al., 1998). LSA extracts the similarity of words, capturing contextual as well as co-occurrence information, and captures human semantic knowledge and behavior (e.g. Dunn, Almeida, Barclay, Waterreus, & Flicker, 2002; Landauer et al., 1998; Tse & Altarriba, 2007; Wolfe & Goldman, 2003). The “general reading up to first-year college” corpus was used, and a term-to-term (nouns to verbs) comparison was used to obtain the LSA cosine (association strength) between the nouns and all verb responses generated by two or more subjects in a separate norming sample ( $n=50$ ). Association strength was calculated as the average of three measures: (a) the strongest LSA cosine, (b) the LSA cosine for the most frequent response given by the norming sample, and (c) a weighted average of the LSA cosines for all verb responses given by the norming sample. Competition was defined as entropy ( $H = -\sum (p(i)*\ln p(i))$ , where  $p(i)$  is the cosine between the stimulus and each alternative response, divided by the sum of LSA cosines among all alternative responses) (Snyder & Munakata, 2008). Therefore, entropy is zero when there is only one response (e.g. the cosine is 1) and increases as additional responses are equally associated with the stimuli (Snyder & Munakata, 2008). High and low association strength conditions were matched on LSA entropy, while high and low competition conditions were matched on association strength, allowing unconfounded effects of each variable to be assessed.<sup>3</sup> Stimuli are the same as those in Snyder et al. (2010), and behavioral data from a separate, large, sample are reported in full in Snyder et al. (2010). The full stimulus set is available from the authors upon request.

## Procedure

Subjects were instructed to generate the first verb that came to mind when presented with a noun stimulus (e.g., “cat”). The verb could be either something the noun does (e.g., “meow”), or something you do with it (e.g., “feed”). Subjects were given an example and eight practice trials prior to entering the scanner, and were reminded of the instructions prior to beginning the task. During image acquisition, subjects completed 25 trials in each condition, for a total of 100 trials. On each trial, subjects view a fixation point for 500 ms, followed by a noun cue for 3500 ms, and respond by saying a verb associated with the noun. Verbal responses are collected with a fiber-optic noise-canceling microphone (Optoacoustics Ltd., Or-Yuhuda, Israel) via a procedure that has been found to minimize head motion (Barch, Sabb, Carter, Braver, & Noll, 1999). A rapid event-related paradigm was used: the sequence was optimized using Optseq ([surfer.nmr.mgh.harvard.edu/fswiki/optseq2](http://surfer.nmr.mgh.harvard.edu/fswiki/optseq2)),

<sup>3</sup>One might ask whether association strength can truly be measured (or exist) independent of competition (e.g. Anderson & Reder, 1999). For example, if when any given word occurs in the text corpus it represents a case in which the word’s synonyms were not used, does it decrease the association strengths of the synonyms with the co-occurring words in the text? This “push-pull” relationship between measures of association strength and competition would occur if our measures were based only on the co-occurrence of items in the text corpus, and if alternative responses in our high selection demand conditions were mutually exclusive across paragraphs of text, but neither is the case. The association strength estimates derived from LSA are not simple contiguity frequencies, co-occurrence counts, or correlations in usage (Landauer et al., 1998). Rather, they capture contextual information (this is the “latent” part of the semantic analysis), such that words can be strongly associated even if they never directly co-occur together, so long as they occur in contexts with similar meanings (Landauer et al., 1998). That is, LSA can accurately estimate the association strength between word pairs never observed together, by fitting them simultaneously in a higher-dimensional semantic space (Landauer & Dumais, 1997). In addition, alternative responses in the high selection demand conditions are not generally mutually exclusive synonyms but rather multiple actions associated with the noun. For example, talking about a cat purring in one sentence of a paragraph does not preclude talking about it licking in another sentence (or even within the same sentence), and since LSA learns associations over paragraphs rather than relying on simple contiguity, it would learn the association between *cat* and each of these verbs. Thus, our LSA-based measures do not involve an inherent trade-off such that nouns with multiple alternative verb responses have lower association strengths.

including 50 null events (fixations) with a log jitter to maximize power. Presentation of items from each condition was intermixed, with first-order counterbalancing. Within-condition, item order was randomized across subjects. Data was acquired in one functional run, lasting about 9 minutes.

### Image Acquisition and Processing

Data was acquired with a 3T GE Signal whole-body MRI scanner at the University of Colorado Health Sciences Center, using T2\*-weighted echo, echo-planer imaging (EPI) (TR= 2000 ms, TE= 32 ms, flip angle= 70°). Functional data were collected in a single run of 258 EPI volumes, each consisting of 32 4 mm thick slices (gap=0 mm, filed-of-view (FOV)=220 mm, in-plane matrix= 64 × 64, in-plane resolution= 3.44 × 3.44 mm<sup>2</sup>), angled parallel to the AC-PC line. Prior to the functional run, high-resolution T1-weighted 3D IR-SPGR full head anatomical images were acquired along the coronal plane (TR=9 ms, TE=2 ms, flip angle=10°, inversion time=500 ms; 220 mm FOV, 256 × 256 matrix, 0.87 mm × 0.87 mm in-plane resolution, 124 slices, 1.7-mm slice thickness). The scanner was equipped with a standard head coil and participants heads were secured with moldable pillows to minimize head motion. Stimuli were displayed through fiber-optic goggles and participants responding by speaking into a fiber-optic noise-canceling microphone (Optoacoustics Ltd., Or-Yuhuda, Israel) positioned directly above the mouth. All participants met our criteria for minimal head motion (< 2 mm translation/2° rotation in any direction).

Image pre-processing and analysis were largely conducted with FSL (FMRIB's Software Library). After discarding the first six volumes of the run to allow the MR signal to reach steady state, the remaining images in each participant's time series were motion corrected using MCFLIRT (Jenkinson & Smith, 2001), and non-brain voxels removed using BET. Images in the data series were spatially smoothed with a 3D Gaussian kernel (FWHM = 8 mm), intensity normalized for all volumes by the same factor, and high-pass filtered to remove high-frequency noise ( $\sigma=100$  sec) was applied. After statistical analysis for each participant's time series, the statistical maps (reflecting each participant's response in each condition) were normalized into the common MNI-152 stereotaxic space, using FLIRT (FMRIB's Linear Image Registration Tool) (Jenkinson, Bannister, Brady, & Smith, 2002) before random effect group analyses were performed. Subsequent statistical analyses were conducted using FEAT (FMRIB's Easy Analysis Tool). GLM analyses of the fMRI time series data were conducted, then subjected to group-level random effects analysis.

## Results

### Behavioral results

Reaction time (RT) data were analyzed with a 2 × 2 repeated-measures ANOVA. Replicating previous findings (Snyder et al., 2010), participants were slowed by greater competition (greater selection demand,  $F(1,16)=119.16, p<.001$ ) and lower association strength (greater retrieval demand,  $F(1,16)=578.80, p<.001$ )<sup>4</sup>. Specifically, RTs were longer in the high competition (log RT M=7.70, SE=.02) than low competition (log RT M=7.62, SE=.02) conditions, and longer in the low association strength (log RT M=7.72, SE=.02) than high association strength (log RT M=7.60, SE=.02) conditions. Also consistent with previous results, the effects of competition (selection costs) were numerically higher under high association strength (low retrieval demands) (log RT difference M=.10, SE=.01) than under low association strength (high retrieval demands) (log RT difference M=.07, SE=.01),

<sup>4</sup>The pattern of results for the 2 × 2 behavioral data ANOVA remained the same with the outlier included, with significant main effects of competition ( $F(1,17)=53.92, p<.001$ ) and association strength ( $F(1,17)=650.99, p<.001$ ), and a non-significant interaction ( $F(1,17)=1.43, p=.248$ ).

although the interaction did not reach significance given the small number of subjects ( $F(1,16)=1.82, p=.197$ ).

### Left VLPFC region of interest analyses

Region of interest (ROI) analyses were conducted for the key regions hypothesized to play a role in controlled retrieval and selection: left anterior-VLPFC and left mid-VLPFC. Spherical ROIs were defined around the mean coordinates identified in Badre and Wagner (2007) for left anterior-VLPFC ( $-48, 30, -6$ ) and left mid-VLPFC ( $-50, 25, 14$ )<sup>5</sup>, with a radius of 10 mm. Activation for each condition versus fixation baseline within each ROI was extracted for each participant and subjected to a  $2 \times 2 \times 2$  (competition  $\times$  association strength  $\times$  region) repeated measures ANOVA. There was a significant main effect of competition (selection demand), with greater activation in the high competition than low competition conditions ( $F(1,16)=15.32, p=.001$ ), and a significant main effect of association strength (retrieval demand), with greater activation in the low association strength than high association strength conditions ( $F(1,16)=21.53, p<.001$ ). There was also a significant competition  $\times$  association strength interaction: effects of competition were greatest when association strength was high (low retrieval demand) ( $F(1,16)=4.68, p=.046$ ). There was no main effect of region ( $F(1,16)=0.27, p=.6$ ). Importantly, there were no interactions with region (region  $\times$  competition  $F(1,16)=0.72, p=.4$ ; region  $\times$  association strength  $F(1,16)=0.95, p=.3$ ; region  $\times$  competition  $\times$  association strength  $F(1,16)=0.09, p=.8$ ). Within each VLPFC ROI, main effects of competition and association strength were significant and the interaction between competition and association strength was marginal, as confirmed by  $2 \times 2$  (competition  $\times$  association strength ANOVAs run for anterior and mid-VLPFC ROIs separately (anterior VLPFC: competition  $F(1,16)=8.47, p=.01$ , association strength  $F(1,16)=16.11, p=.001$ , competition  $\times$  association strength interaction  $F(1,16)=3.60, p=.076$ ; mid VLPFC: competition  $F(1,16)=14.92, p=.001$ , association strength  $F(1,16)=22.39, p<.001$ , competition  $\times$  association strength interaction  $F(1,16)=4.39, p=.052$ ).<sup>6</sup> Thus, the left anterior and mid-VLPFC ROIs showed similar patterns of activity (Figure 2).

### Whole-brain analysis

In addition, exploratory whole-brain analyses were conducted for the following key contrasts: (1) high vs. low association strength, collapsing across levels of competition (controlled retrieval), (2) high vs. low competition, collapsing across levels of association strength (selection), (3) high vs. low competition with high association strength (selection with low retrieval demand), and (4) high vs. low competition with low association strength (selection with high retrieval demand) (see Table 1, Figure 3). In addition to mid (BA 45) and anterior (BA 47) left VLPFC, both competition and association strength manipulations engaged a larger frontal network, prominently including the pre-supplementary motor area (pre-SMA) in the superior frontal gyrus and right VLPFC. As in the ROI analysis, competition effects are most apparent when association strength is high (retrieval demands are low). The association strength manipulation additionally recruited a wide network of

<sup>5</sup>These ROIs were chosen because they represent the mean coordinates from six previous studies of selection and controlled retrieval, and are thus likely to be more reliable than coordinates from any individual study. To confirm that the results were not specific to the choice of ROI coordinates, additional analyses were conducted with anatomically defined ROIs for anterior-VLPFC (left inferior gyrus pars orbitalis) and mid-VLPFC (left inferior gyrus pars triangularis), and yielded the same pattern of results. We therefore report only the coordinate-based ROIs, which represent a stronger test of the two-process account.

<sup>6</sup>The pattern of results for all ANOVAs remained the same with the outlier included, with significant main effects of competition and association strength and a marginal interaction.  $2 \times 2 \times 2$  ANOVA: competition ( $F(1,17)=12.10, p=.003$ ), association strength ( $F(1,17)=18.61, p<.001$ ), competition  $\times$  association strength interaction ( $F(1,17)=4.24, p=.055$ ), with no interactions with region (region  $\times$  competition  $F(1,17)=0.04, p=.8$ ; region  $\times$  association strength  $F(1,17)=1.73, p=.2$ ; region  $\times$  competition  $\times$  association strength  $F(1,17)=0.20, p=.7$ ). Anterior VLPFC: competition ( $F(1,17)=10.49, p=.005$ ), association strength ( $F(1,17)=12.04, p=.003$ ), competition  $\times$  association strength interaction ( $F(1,17)=3.55, p=.077$ ). Mid VLPFC: competition ( $F(1,17)=5.03, p=.038$ ), association strength ( $F(1,17)=22.18, p<.001$ ), competition  $\times$  association strength interaction ( $F(1,17)=3.61, p=.075$ ).



other medial and lateral PFC areas. In addition, both competition and association strength manipulations activated posterior cortical areas, including temporal and occipital cortex.

## Discussion

The current study used LSA-based measures to unconfound competition and association strength, which revealed main and interactive effects of selection and retrieval demand on activation of left ventrolateral prefrontal cortex. Specifically, left VLPFC was more active when there was high competition between alternative responses (revealing an effect of selection demand), and when possible responses were weakly associated with the noun cue (revealing an effect of retrieval demand). Moreover, consistent with previous behavioral findings (Snyder et al., 2010), selection and controlled retrieval interact in left VLPFC, with increased activation in this region increasing with greater demands on selection, when retrieval demands are low. When retrieval demands are high, selection demands did not modulate the observed activation of this region. It is possible that when retrieval demands are high, selection costs may be partially offset by the advantage multiple responses confer on retrieval (Snyder et al., 2010). Thus, it may be impossible to observe an effect of selection demands if retrieval demands are high, potentially explaining the null results for selection manipulations in some previous studies. This finding also suggests that future studies investigating selection processes should seek to minimize retrieval demands in order to increase power for observing selection effects.

Critically, in the current study both mid and anterior VLPFC show nearly identical profiles, with no significant interactions between region and any task condition. Thus, the same regions of left VLPFC support both selection and controlled retrieval, and these processes interact. These results challenge previous accounts, and may help to explain mixed findings in the prior literature. Previous studies of selection and retrieval during language production used response-frequency based measures that were highly correlated, such that conditions differing on one measure also differed on the other, confounding retrieval and selection demands. Two recent studies attempted to address this problem by creating high and low selection demand conditions matched on retrieval demand, and high and low retrieval demand conditions matched on selection demand (e.g. Crescentini et al., 2010; Martin & Chang, 2006). However, attempting to separate highly collinear variables in this way tends to produce severe restrictions of range and thus low power and manipulation failures. Indeed, a re-analysis of Martin & Cheng's (2006) conditions with LSA-based measures revealed that the high and low selection demand conditions did not actually differ in competition (while the high and low retrieval demand conditions *did* differ in association strength), likely explaining the failure to find an effect of selection demand in this study (Snyder & Munakata, 2008). It is likely that a similar manipulation failure occurred for retrieval demands in Crescentini et al. (2010), given the failure to find an effect of retrieval demand in the whole-brain analysis, and unexpected results in the ROI analyses (greater VLPFC activation in the low retrieval demand condition for the noun-generation task).<sup>7</sup> Thus, previous attempts to disentangle the effects of selection and retrieval demands have proved unsatisfactory. Using LSA-based measures to disentangle these factors, the results of the current study challenge previous theories that posit a single role of left VLPFC in either selection or retrieval, or a functional dissociation between mid and anterior VLPFC.

Given that the current study found that shared neural substrates in VLPFC responded to both selection and retrieval demands, one could argue that these manipulations might affect a single process rather than separate selection and controlled retrieval processes. For example,

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<sup>7</sup>A formal re-analysis with LSA-based measures cannot be carried out because the tasks were in Italian, for which there is currently no LSA corpus.

it has been proposed that VLPFC activity is determined by a single memory activation value, which depends on the association strength between cues and items in memory, such that when multiple items are associated with the memory cue, the association strength of each is weakened by competition (Danker et al., 2008). Items with lower activation values are retrieved more slowly and require more control (and thus more VLPFC activity) than those with higher activation values (Danker et al., 2008). While this account is consistent with results presented here, other evidence indicates that selection and controlled retrieval processes are separable (but interacting) at the level of neural mechanisms.

Specifically, as predicted by a neural network model of the verb generation task, selection and retrieval processes can be dissociated through the effects of neural inhibition (Snyder et al., 2010). Selection, but not controlled retrieval, depends on neural inhibition. During selection, competitive lateral inhibition, via GABAergic interneurons, may serve to suppress competing representations (Phillips & Silverstein, 2003). When selection demands are high, populations of excitatory neurons representing multiple competing response options become active. These excitatory neurons in turn activate GABAergic interneurons, which then suppress the activity of other excitatory neurons with which they synapse. Because the most active excitatory neurons send more inhibition than they receive, this lateral inhibition serves to strengthen the most active representation and suppress competing representations, allowing one winning response to be selected. In contrast, the effects of retrieval demands are a direct consequence of the strength of the synaptic weights between stimuli (e.g. nouns) and their associated representations (e.g. verbs): weaker weights cause a slower build-up of activation, requiring more time to reach the threshold to make a response (Snyder et al., 2010). In addition, we speculate that sustained neuronal activation, enabled by recurrent connections in PFC networks, may support retrieval of weakly active representations, and may also contribute to selection by increasing the difference in activation levels between the most active representation and its competitors (that is, increasing the *gain*, or signal-to-noise ratio) (e.g. Hahnloser, Sarpeshkar, Mahowald, Douglas, & Seung, 2000; Snyder & Munakata, 2008; Stedron, Sahni, & Munakata, 2005). As predicted from this framework in which neural inhibition affects selection but not retrieval, increased GABAergic function through the GABA agonist midazolam leads to improvements in selection, while decreased GABAergic function associated with anxiety is linked to impairments in selection, with no effects on retrieval (Snyder et al., 2010). Thus, rather than favoring a single-process account, we posit that the same areas of left VLPFC support both selection and controlled retrieval through partially dissociable neural mechanisms.

Future work along (at least) three lines is needed to fully understand selection and retrieval processes for verbal as well non-verbal material. First, although mid and anterior VLPFC both contribute to selection and retrieval, they could potentially act on different types of representations of the same stimuli. For example, several theories posit a rostral-caudal gradient in PFC, with representations becoming increasingly abstract in more anterior areas (e.g. Badre, 2008; Petrides, 2005). Thus, it is possible that anterior-VLPFC retrieves and selects among more abstract semantic representations of the response options, while mid-VLPFC acts on less abstract (e.g. lexical) representations of the same responses. This possibility could be tested in future studies that manipulate the abstractness of the relevant representations. Second, the current study focused exclusively on selection and controlled retrieval during language production, and future work is needed to determine whether these findings extend to other domains.

Finally, while we have focused here on the role of competitive inhibitory dynamics and recurrent connectivity in left VLPFC, it is probable that other brain regions and mechanisms also contribute to selection and controlled retrieval. Both processes clearly tap a larger network of brain areas, including other prefrontal regions and posterior cortical areas

involved in representing semantic knowledge. Of particular interest, posterior dorsal anterior cingulate cortex extending into the pre-supplementary motor area (pdACC/pre-SMA) was robustly activated by both selection and retrieval demands. In the *cascade-of-control model* (e.g. Banich, 2009; Milham & Banich, 2005), this region is involved in guiding responding when earlier prefrontal processing areas have failed to exert adequate top-down control (see Siltan et al., 2010 for ERP evidence). While this model was developed based on evidence from the Stroop task and focused on interactions with dorsolateral PFC (rather than VLPFC), pdACC/pre-SMA may play a similar role during language production, as a final stage of control when left VLPFC has not been fully effective in retrieving or selecting words. Future research could test this possibility by investigating the temporal dynamics of the activation of left VLPFC and pdACC/pre-SMA, potentially through combined ERP/fMRI studies. In addition, future experimental and modeling work is needed to fully elucidate how these processes are neurally implemented. For example, NMDA synapses may also play a crucial role in selection, because their voltage-dependent properties can implement a gain mechanism in which bottom-up signals are selectively amplified, depending on their top-down saliency (e.g. Raffone, Murre, & Wolters, 2003).

In sum, the findings of the current study enable a synthesis and reinterpretation of prior evidence, and suggest that the ability to respond in underdetermined situations is affected by both selection and retrieval mechanisms subserved by left VLPFC, and these processes interact in meaningful ways. While we are normally able to successfully deploy cognitive control mechanisms to retrieve responses and select between competing representations, this ability is compromised in a wide variety of clinical disorders, including ADHD (e.g. Tucha et al., 2005), anxiety and depression (e.g. Basso et al., 2007), autism (e.g. Kleinmans, Akshoomoff, & Delis, 2005), schizophrenia (e.g. Moore, Savla, Woods, Jeste, & Palmer, 2006), Huntington's Disease (e.g. Randolph et al., 1993; Troyer, Moscovitch, Winocur, Leach, & Freedman, 1998) and Parkinson's Disease (e.g. Troyer et al., 1998). Better understanding these fundamental aspects of language production may ultimately have implications for better understanding and treating these deficits. Finally, beyond the domain of language, these findings may have broader implications for understanding the functional organization of prefrontal cortex by illustrating how what have been conceptualized as distinct cognitive processes can be supported by shared neural substrates.

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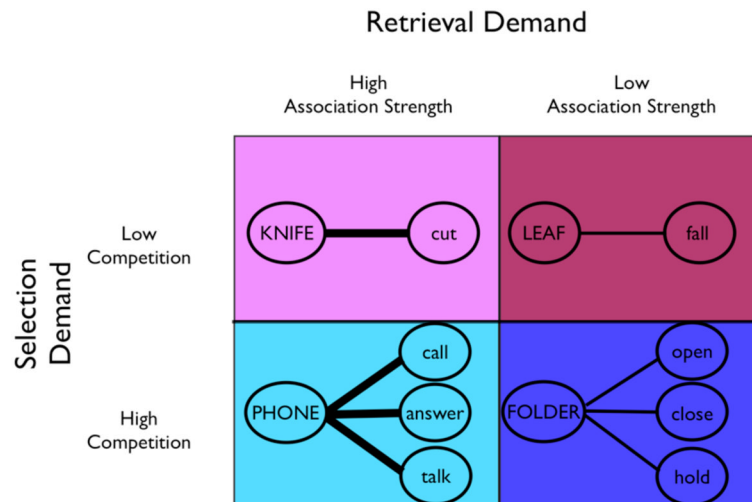
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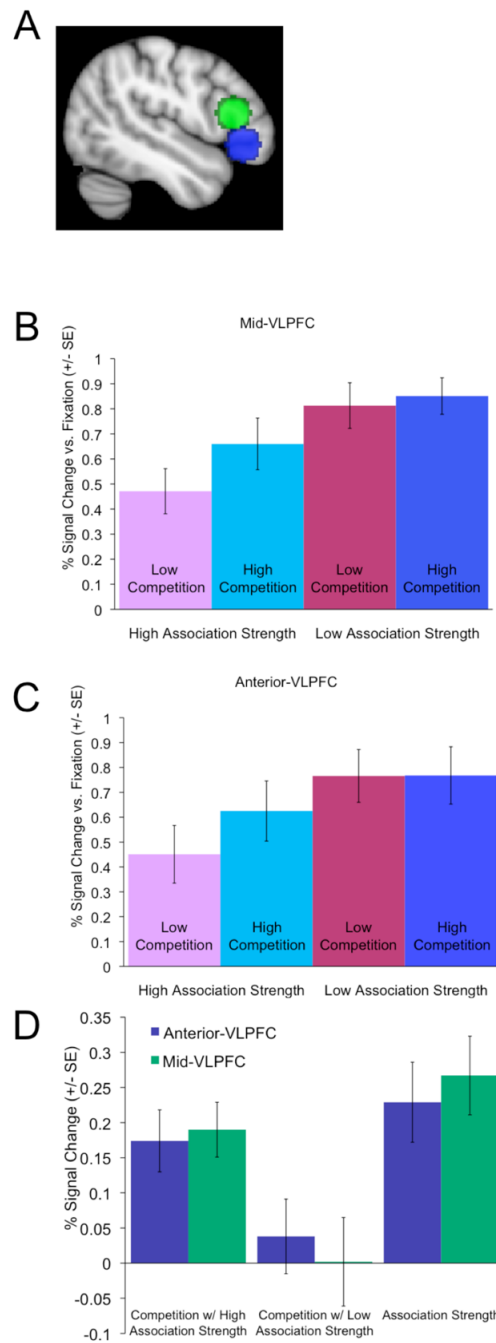
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**Figure 1.**

Verb generation task design with example items. Selection demand (high versus low competition) is crossed with retrieval demand (high versus low association strength). Nouns in the high selection demand conditions have multiple possible verb responses, while nouns in the low selection demand conditions have few possible verb responses (quantified as the LSA entropy, see Methods). Nouns in the high retrieval demand conditions have only weakly associated verb responses, while nouns in the low retrieval demand conditions have strongly associated verb responses (quantified as the LSA cosine, see Methods). High and low selection demand conditions are matched on retrieval demand, and high and low retrieval demand conditions are matched on selection demand, allowing the effects of each to be examined.

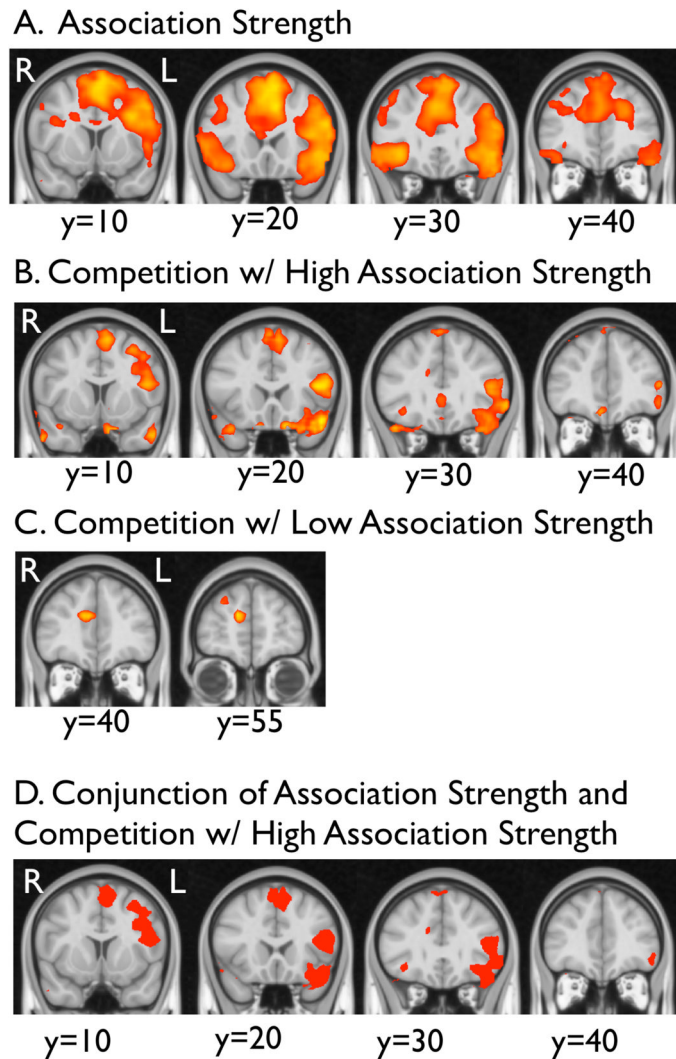


**Figure 2.**

VLPFC region of interest activation. (A) Regions of interest were defined in anterior-VLPFC (blue) and mid-VLPFC (green). Both mid-VLPFC (B) and anterior-VLPFC (C) are sensitive to both competition (selection demand) and association strength (retrieval demands), and competition effects are strongest when association strength is high (retrieval demands are low). Mid and anterior VLPFC respond similarly (D), with no significant condition by region interactions. (D) depicts % signal change for each key contrast: competition w/ high association strength= high competition/high association strength – low competition/high association strength; Competition w/ low association strength= high



competition/low association strength – low competition/low association strength;  
Association strength= low association strength – high association strength).



**Figure 3.**

Exploratory whole-brain analysis activation. In addition to left VLPFC, both association strength (retrieval demand) (A) and competition (selection demand) with high association strength (low retrieval demand) (B) activate wider prefrontal networks, while competition with low association strength (high retrieval demand) (C) activates medial frontal cortex ( $p < .05$ , two-tailed). A conjunction analysis confirms that association strength and competition with high association strength manipulations activate shared areas of left VLPFC and anterior cingulate/pre-supplementary motor area (D). Thus, prefrontal areas recruited by association strength manipulations (retrieval demand) are also recruited by competition manipulations (selection demand), even when association strength is high (retrieval demands are low). See Table 1 for all significant areas of activation in the whole-brain random effects analysis.

Table 1

Peak Voxel Coordinates, Anatomical Locations, and Approximate Brodmann's Areas from Exploratory Whole-Brain Random Effects Analysis

Contrast	Region	BA	Max Z	No. of voxels	x	y	z	
Selection (high competition > low competition, collapsing across levels of association strength)	Superior frontal gyrus (L)	6	3.30	181	-6	16	60	
	Inferior frontal gyrus (VLPFC) (L)	45	3.24	127	-44	20	14	
	Inferior frontal gyrus (VLPFC) (L)	47	3.07	103	-30	26	-16	
	Inferior frontal gyrus (VLPFC) (R)	47	2.98	59	36	28	-12	
	Medial frontal gyrus (R)	10	2.88	33	10	56	12	
	Middle temporal gyrus (L)	21	3.00	41	-66	-28	-6	
	Middle temporal gyrus (R)	21	3.15	36	56	10	-36	
	Inferior occipital gyrus (R)	17	3.01	42	16	-92	-8	
	Lingual gyrus (L)	18	3.09	63	-14	-92	-14	
	Inferior frontal gyrus (VLPFC) (L)	45	3.18	362	-42	20	14	
	Superior frontal gyrus (L)	6	3.17	245	-6	14	60	
	Inferior frontal gyrus (R)	47	3.23	68	42	26	-24	
	Inferior frontal gyrus (L)	47	3.01	21	-56	28	-6	
	Parahippocampal gyrus (R)	35	3.03	94	16	-32	-16	
Selection w/ Low Retrieval Demands (high competition/high association strength > low competition/high association strength)	Inferior temporal gyrus (L)	37	3.09	75	-52	-52	-4	
	Middle temporal gyrus (L)	21	2.93	53	-68	-30	-4	
	Superior temporal gyrus (L)	38	3.23	254	-42	24	-26	
	Brainstem	n/a	3.11	289	30	-74	-30	
	Brainstem	n/a	3.06	81	-26	-58	-34	
	Medial frontal gyrus	10	2.80	29	10	54	18	
	Selection w/ High Retrieval Demands (high competition/low association strength > low competition/low association strength)	Large left/medial frontal cluster:		5.38	11947			
		Local maxima*:	6	5.38		-6	14	60
		Superior frontal gyrus (L)	6	3.70		4	4	64
		Superior frontal gyrus (R)	6	3.70		4	4	64
Superior frontal gyrus (L)		8	4.53		-4	24	54	
Retrieval (low association strength > high association strength, collapsing across levels of competition)	Anterior cingulate (L)	32	3.09		-2	38	26	

Contrast	Region	BA	Max Z	No. of voxels	x	y	z
	Anterior cingulate (R)	24	3.03		10	34	22
	Cingulate gyrus (L)	32	4.49		-8	18	38
	Cingulate gyrus (R)	32	3.18		12	22	38
	Inferior frontal gyrus (VLPFC) (L)	45	4.87		-90	24	18
	Inferior frontal gyrus (VLPFC) (L)	47	4.54		-46	26	-4
	Middle frontal gyrus (L)	6	4.50		-46	4	46
	Middle frontal gyrus (L)	9	4.25		-44	10	38
	Middle frontal gyrus (L)	11	2.90		-44	48	-12
	Medial frontal gyrus (L)	6	5.03		-2	12	52
	Medial frontal gyrus (L)	8	2.94		-4	48	48
	Insula (L)	13	3.77		-48	12	2
	Large right frontal cluster:	4.46	12.42				
	Local maxima *:						
	Inferior frontal gyrus (VLPFC) (R)	45	2.85		60	20	6
	Inferior frontal gyrus (VLPFC) (R)	47	3.91		52	26	-6
	Middle frontal gyrus (R)	11	2.68		40	40	-20
	Superior frontal gyrus (L)	10	3.98	978	-26	46	24
	Superior frontal gyrus (R)	9	3.29	364	30	52	32
	Middle frontal gyrus (R)	6	3.35	80	50	6	44
	Middle frontal gyrus (R)	11	2.93	36	44	50	-18
	Superior frontal gyrus (R)	10	3.15	26	26	62	-12
	Middle frontal gyrus (R)	8	2.94	20	44	26	42
	Large posterior cortical cluster:						
	Local maxima *:						
	Cuneus (R)	17	2.76		20	-76	2
	Lingual gyrus (L)	17	4.12		-16	-94	-12
	Lingual gyrus (L)	18	4.08		-2	-96	-18
	Lingual gyrus (R)	18	4.28		14	-88	-16
	Middle occipital gyrus (L)	19	3.86		-26	-84	18
	Middle occipital gyrus (R)	19	3.38		30	-84	10
	Middle temporal gyrus (L)	21	3.94		-56	-48	-2

Contrast	Region	BA	Max Z	No. of voxels	x	y	z
	Superior temporal gyrus (L)	22	2.69		-66	-60	12
	Precuneus (R)	31	3.56		30	-76	14
	Fusiform gyrus (L)	37	3.31		-48	-66	-22
	Superior temporal gyrus (R)	22	2.90	28	34	-56	16
	Middle temporal gyrus (R)	21	2.72	20	52	-26	-10
	Precuneus (R)	7	3.20	26	4	-84	44
	Fusiform gyrus (R)	37	2.93	20	36	-52	-26

All clusters  $z > 2.58$ ,  $p < 0.01$ , two-tailed. BA = Brodmann's area, L = left, R = right.

\* When there was more than one local maximum in the same BA and hemisphere, the peak with the highest maximum Z is reported.