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## Regulation of hypothalamic renin-angiotensin system and oxidative stress by aldosterone

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### Abstract

In rats with salt-induced hypertension or post myocardial infarction (MI), AT<sub>1</sub> receptor (AT<sub>1</sub>R) densities and oxidative stress increase and neuronal nitric oxide synthase (nNOS) levels decrease in the paraventricular nucleus (PVN). The present study was designed to determine whether these changes may depend on activation of the aldosterone – “ouabain” neuromodulatory pathway. After intracerebroventricular (icv) infusion of aldosterone (20ng/h) for 14 days, blood pressure (BP) and heart rate (HR) were recorded in conscious Wistar rats, and mRNA and protein for nNOS, endothelial NOS (eNOS), AT<sub>1</sub>R and NADPH oxidase subunits were assessed in brain tissue. BP and HR were significantly increased by aldosterone. Aldosterone significantly increased mRNA and protein of AT<sub>1</sub>R, P22phox, P47phox, P67phox and Nox2, and decreased nNOS but not eNOS mRNA and protein in the PVN, and increased angiotensin converting enzyme (ACE) and AT<sub>1</sub>R binding densities in the PVN and SON. The increases in BP and HR as well as changes in mRNA, proteins and ACE and AT<sub>1</sub>R binding densities were all largely prevented by concomitant icv infusion of Digibind (to bind “ouabain”) or benzamil (to block presumably epithelial sodium channels). These data indicate that aldosterone via “ouabain” increases in the PVN ACE, AT<sub>1</sub>R and oxidative stress but decreases nNOS, and suggest that endogenous aldosterone may cause this similar pattern of changes observed in salt sensitive hypertension and heart failure post MI.

### Keywords

brain aldosterone; NADPH oxidase; oxidative stress; NO; AT<sub>1</sub>R; “ouabain”; sodium channels

### Introduction

Activation of the brain renin-angiotensin-aldosterone system (RAAS) plays an essential role in hyperactivity of the sympathetic nervous system and progressive cardiac dysfunction post myocardial infarction (MI) and salt-sensitive hypertension in rats (Wang *et al.*, 2004; Huang *et al.*, 2006a; Yu *et al.*, 2008). Hypothalamic aldosterone content increases and angiotensin converting enzyme (ACE) and AT<sub>1</sub> receptor (AT<sub>1</sub>R) mRNA and protein or binding, densities increase in several hypothalamic nuclei in Dahl salt-sensitive (S) rats and rats post MI (Wang *et al.*, 2003b; Tan *et al.*, 2004; Yu *et al.*, 2008). In rats post MI, neuronal NO synthase (nNOS) mRNA is decreased (Guggilam *et al.*, 2008), and NO-mediated inhibition

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of RSNA is blunted (Zhang *et al.*, 2001). In the paraventricular nucleus (PVN), AT<sub>1</sub>R stimulation appears to increase neuronal oxidative stress, decrease nitric oxide (NO), and to blunt NO-mediated inhibition of sympathetic nerve activity (Campese *et al.*, 2002; Campese *et al.*, 2005).

General blockade of mineralocorticoid receptors (MR) in the central nervous system (CNS) by intra-cerebroventricular (icv) infusion of an MR antagonist prevents sympathetic hyperactivity in Dahl S on high salt (Gomez-Sanchez *et al.*, 1992; Huang *et al.*, 2009) or rats post MI (Francis *et al.*, 2001; Huang & Leenen, 2005), and attenuates the up-regulation of AT<sub>1</sub>R and ACE and increase in oxidative stress in the hypothalamus (Yu *et al.*, 2008). Icv infusion of aldosterone causes sympathetic hyperactivity and hypertension in rats (Wang *et al.*, 2003a; Huang *et al.*, 2005; Zhang *et al.*, 2008), associated with increases in ACE and AT<sub>1</sub>R mRNA in the hypothalamus and oxidative stress in the PVN (Zhang *et al.*, 2008). Functionally, central effects of aldosterone depend on binding to MR (Zhang *et al.*, 2008), activation of sodium channels, presumably epithelial sodium channel (ENaC) (Wang *et al.*, 2003a), release of endogenous ouabain-like compounds (“ouabain”) (Wang *et al.*, 2003a) and AT<sub>1</sub>R stimulation (Zhang *et al.*, 2008). Activation of the aldosterone – MR – ENaC pathway may increase Na<sup>+</sup> entry into neurons or glia and thereby contribute to release of “ouabain” from magnocellular neurons containing “ouabain” in the supraoptic nucleus (SON) or PVN (Yamada *et al.*, 1992; Yoshika *et al.*, 2011), or increase production/release of “ouabain” by astrocytes (Kala *et al.*, 2000). “Ouabain” can inhibit Na<sup>+</sup>/K<sup>+</sup>-ATPase (Kent *et al.*, 2004) and thereby lower the neuronal membrane potential or increase intracellular Ca<sup>2+</sup> (Pulina *et al.*, 2010) which can enhance activity of angiotensinergic sympatho-excitatory pathways. “Ouabain” also contributes to the increases in hypothalamic ACE and AT<sub>1</sub>R binding densities in rats post MI (Tan *et al.*, 2004) or by central infusion of sodium (Huang *et al.*, 2006b), as well as to the increase in ACE mRNA and activity in Dahl S rats on high salt (Zhang *et al.*, 2008). We postulated that 1) “ouabain” also mediates the effects of aldosterone on AT<sub>1</sub>R and oxidative stress in the PVN; and 2) aldosterone decreases activity of the NO system in the PVN, also via release of “ouabain”.

For the present study, we selected the PVN as the main nucleus of interest (Zhang *et al.*, 2008), and the SON as a possible nucleus involved in aldosterone-induced “ouabain” release (Yoshika *et al.*, 2011). The cortex was used as a ‘control’. We examined in Wistar rats the effects of icv infusion of aldosterone on BP and HR, changes in mRNA expression and protein of AT<sub>1</sub>R, nNOS and eNOS, and NADPH oxidase subunits P22phox, P47phox, P67phox as well as the catalytic subunit Nox2 in the hypothalamic nuclei PVN and SON as well as cortex, with and without concomitant icv infusion of benzamil to block sodium channels or Digibind to bind “ouabain”. The results indicate that aldosterone mainly through sodium channels and “ouabain” release increases ACE and AT<sub>1</sub>R as well as expression of NADPH oxidase subunits and decreases activity of the NO system in the PVN.

## Methods

Male Wistar rats weighing ~200 g (Charles River, Montreal, Canada) were housed 2 per cage, in a climatized room on a 12-h light/dark cycle at constant room temperature and humidity, and given standard laboratory chow (120 μmol Na<sup>+</sup> per gram) and tap water ad libitum. All surgeries and in vivo experiments were performed at the University of Ottawa and were approved by the University of Ottawa Animal Care Committee, and conform with the Guide for the Care and Use of Laboratory Animals published by the US National Institute of Health (NIH Publication NO. 85-23, revised 1996).

## Experimental Protocol

After 5 days of acclimatization, under isoflurane anesthesia, a 23-gauge right-angled stainless steel cannula was implanted into the left lateral cerebral ventricle and fixed to the skull of the rat with acrylic cement (Huang *et al.*, 2005). The upper end of cannula was connected to an osmotic minipump (Model 2ML2, rate: 5 $\mu$ l/h, Alza, Palo Alto, CA.) for a two-week icv infusion. Two sets of 4 groups of rats were used. In each of the 2 sets, rats were allocated to one of the following treatments for 2 weeks: 1) icv infusion of aldosterone (20ng/h); 2) icv infusion of aldosterone (20ng/h) plus Digibind® (Glaxo Wellcome, Canada) (7 $\mu$ g/h); 3) icv infusion of aldosterone (20ng/h) plus benzamil (Sigma-Aldrich Ltd, Canada) (1 $\mu$ g/h, in 15% propylene glycol); and 4) icv vehicle (15% polyethylene glycol in aCSF). The dose of aldosterone (Sigma-Aldrich Ltd, Canada) is similar to the dose used in previous studies in rats (Gomez-Sanchez *et al.*, 1990; Wang *et al.*, 2003a; Huang *et al.*, 2005), in which icv aldosterone increased brain “ouabain”, sympathetic activity or BP, but had no demonstrable effects on plasma electrolytes, renin, vasopressin, or aldosterone. The doses of Digibind and benzamil were based on previous studies (Huang *et al.*, 2000, Wang & Leenen, 2003). At a CSF production of 6 ml/day and total CSF volume of 0.5 ml (Harnish & Samuel, 1988), icv infusion of benzamil at the rate of 1  $\mu$ g/h (0.003 $\mu$ mol/h) will result in a concentration of ~10  $\mu$ mol/l in the CSF, but steady state levels are likely a factor lower considering its distribution into brain tissue and clearance in the CNS. Icv infusion of benzamil at this rate may lead to maximal inhibition of ENaC (Kleyman & Cragoe Jr, 1988), but some inhibition of other sodium channels or transporters cannot be excluded.

At the end of the 2 week- infusion, in the first set of rats (n=6/group) the abdominal aorta was cannulated and resting BP and HR recorded in freely moving rats. Briefly, under isoflurane anesthesia a PE catheter (PE10 fused to PE50) was placed into the abdominal aorta via the right femoral artery. The catheter was filled with heparinized saline and exteriorized on the back of each rat. The following morning about 18 hours after the arterial cannulation, the arterial catheter was connected to a pressure transducer. The rat was allowed to rest for about 30 min, and BP and HR were then recorded for 5 minutes. The average of BP and HR recorded over 5 min was used as resting BP and HR. Rats were then decapitated without anesthesia and brains collected, frozen in dry-ice, and stored in  $-80^{\circ}\text{C}$  for in vitro autoradiography. In the second set of rats (n=8/group), BP was not measured. Brains of each group were sub-divided into 2 subgroups (n=4/subgroup) for measurement of either mRNA or protein for AT<sub>1</sub>R, NADPH oxidase subunits, nNOS, endothelial NO synthase (eNOS) in the PVN, SON and cortex.

**Micropunch of the PVN, SON and cortex**—Six consecutive 100  $\mu$ m-thick coronal sections were cut with a cryostat ( $-18^{\circ}\text{C}$ ). The PVN was punched bilaterally with a blunt needle (ID: 0.5 mm) according to the method of Palkovits and Brownstein (Palkovits & Brownstein, 1983). The punched tissue was put in 0.5 ml of TRI Reagent (MRC Inc, OH) or protein extraction buffer, and total RNA and protein were extracted. The SON was punched at the same rostrocaudal level as the PVN and the dorsal cortex to serve as anatomic control region from the same cross-section.

**Real-time RT-PCR for AT<sub>1</sub>R, NADPH oxidase subunits, nNOS and eNOS mRNA**—Total RNA extracted from the punched tissue was subjected to reverse transcription as described previously (Zheng *et al.*, 2009). All gene-specific primer pairs were designed using BeaconDesign 4.0 (Biorad Laboratories, CA) and the sequences of the oligonucleotide primers were published previously (Zhu *et al.*, 2004; Sun *et al.*, 2006; Zheng *et al.*, 2006). Relative mRNA expression was calculated using the Pfaffl equation which relates expression of the target gene to expression of a reference gene (RPL19).

**Western Blot Assay of AT<sub>1</sub>R, NADPH oxidase subunits, nNOS and eNOS**

**protein**—The punched tissues were incubated with 100  $\mu$ l of lysis buffer (1 M Tris, 0.5 M EDTA, 10% SDS, Triton-X-100 and 100 mM phenylmethylsulfonyl fluoride). As described previously (Zheng *et al.*, 2009), the protein concentration was determined using a BCA protein assay kit (Pierce, Rockford, IL). The membrane was probed with primary antibodies (rabbit anti- AT<sub>1</sub>R, nNOS, eNOS, P22phox, P47phox, P67phox, Nox2 and GAPDH antibodies, Santa Cruz, CA). In a preliminary study, AT<sub>1</sub>R protein levels in different tissues and different brain nuclei showed the expected pattern of tissue and regional differences using an AT<sub>1</sub>R antibody from Santa Cruz, CA or from Abcam, CA. The antibody from Santa Cruz is raised against a peptide mapping within an N-terminal extracellular domain of the human AT<sub>1</sub> receptor, and the antibody from Abcam is corresponding to C terminal amino acids of the human AT<sub>1</sub> receptor. Western blots on different tissues including brain, kidney, heart and muscle were performed, and varying amounts of the same molecular band were found in various tissues. Specific areas in the brain were examined, and the level of AT<sub>1</sub> receptor protein varied as expected: protein levels were 10- fold lower in the SON compared to the PVN and close to undetectable in the optic tract (negative control). The signals were detected by digital image system (UVP BioImaging, Upland, CA) and the signals were quantified by Kodak 1D software (Eastman Kodak Company, Rochester, NY). The expressions of proteins were calculated as the ratio of intensity of the nNOS, eNOS, AT<sub>1</sub>R and NADPH oxidase subunits band relative to the intensity of the GAPDH band.

**In vitro autoradiography for ACE and AT<sub>1</sub>R binding densities**—The standard autoradiography protocol was performed as described in details previously (Huang *et al.*, 2006b). Briefly, serial cryostat 20- $\mu$ m sections were mounted onto Superfrost Plus microscope slides (VWR, West Chester, PA) and stored at  $-80^{\circ}\text{C}$ . To assess AT<sub>1</sub> - receptor binding, sections were pre-incubated in 5 mM Na<sub>2</sub>EDTA, 0.2% BSA, and 0.4 mM bacitracin (Sigma, USA) at room temperature for 15 min and then incubated in the same buffer with 0.3  $\mu$ Ci/ml <sup>125</sup>I-Sar<sup>1</sup>,Ile<sup>8</sup>-ANG II (specific activity of 2176 Ci/mmol, purchased from Department of Pharmacology and Research Institute of Pharmaceutical Sciences, School of Pharmacy, University of Mississippi, MS) plus PD 123319 ( $10^{-5}$ M; Sigma), an AT<sub>2</sub>-receptor antagonist, for 1 h at room temperature. Nonspecific binding was determined in the presence of 1  $\mu$ M unlabeled ANG II. For ACE autoradiography, the 10 mM phosphate incubation buffer (pH 7.4) contained 0.3  $\mu$ Ci/ml (30 pM) of <sup>125</sup>I-labeled 351A and 0.2% BSA. The derivate of lisinopril, 351A, was kindly donated by Dr. Sun (University of Tennessee Health Science Center, Memphis, TN) and iodinated by the chloramine T method (Chai *et al.*, 1987). Nonspecific binding was determined in the presence of 100 mM EDTA, which completely abolished the <sup>125</sup>I-351A binding signal. The two ligands at these concentrations cause maximal binding for measurement of actual densities. The slides were dried and then exposed to Kodak Biomax MR film (Eastman Kodak, Rochester, NY) for 48 h, along with a set of methylacrylate <sup>125</sup>I standards (Washington State University Peptide Radioiodination Service Center). The film was processed in a Kodak X-OMAT automatic developer. <sup>125</sup>I-labeled Ang II (<sup>125</sup>I-Ang II) binding and ACE binding densities were quantified using a computer-assisted image analysis system (AIS/C, Imaging Research, St. Catharines, ON, Canada) and converted to femtomoles per milligram and femtomoles per gram, respectively, by comparison with the calibrated relative optical density of the <sup>125</sup>I standards. Specific binding density was calculated as total binding minus nonspecific binding, which was <2–5% in control and experimental rats. ACE and AT<sub>1</sub> -receptor binding densities were measured bilaterally in coronal cryostat sections of the brain containing the magnocellular and parvocellular regions of the PVN (mPVN and pPVN) and the SON. For each rat, 4-6 sections containing the nucleus of interest were quantified and presented as average density for the entire nucleus. The localization of these nuclei was defined according to the rat brain atlas of Paxinos and Watson (Paxinos & Watson, 1998).

**Statistical Analysis**—For comparison of the measured parameters in the 4 groups, one-way ANOVA was performed. When F values were significant, Newman-Keuls test was applied to identify which groups were significantly different. Statistical significance was defined as  $p < 0.05$ .

## Results

Icv infusion of aldosterone caused significant increases in mean arterial pressure (MAP) and HR (Table 1). These increases were largely prevented by icv infusion of Digibind or benzamil. There was no significant difference in gain of body weight among treatment groups.

### Effects of icv infusion of aldosterone and central blockades on AT<sub>1</sub>R, NADPH oxidase subunits and NOS mRNA and protein

**AT<sub>1</sub>R mRNA and protein**—Icv infusion of aldosterone significantly increased AT<sub>1</sub>R mRNA expression by ~150% and protein by ~50% in the PVN, but not in the SON and cortex (Fig 1). The increases in AT<sub>1</sub>R mRNA expression and protein in the PVN were prevented by icv infusion of either benzamil or Digibind.

AT<sub>1</sub>R binding densities were very low in the SON compared to the mPVN and pPVN. Icv aldosterone significantly increased ACE and AT<sub>1</sub>R binding densities by 20-35% both in the PVN and SON (Table 2). These increases were prevented /attenuated by icv infusion of either benzamil or Digibind

**NADPH oxidase subunits mRNA and protein**—Icv infusion of aldosterone significantly increased P22phox, P47phox, P67phox and Nox2 mRNA expression in the PVN by 80-160% (Fig 2, 3). Aldosterone had no effects on P22phox protein, but increased P47phox, P67phox and Nox2 protein by 40-70% in the PVN. Aldosterone increased P22phox mRNA and protein in the SON, but had no effects on mRNA and protein of the other oxidase subunits in the SON, and no effects at all in the cortex.

The increases in mRNA of P22, P47 and P67phox and Nox2, and in protein of P47 and P67phox and Nox2 in the PVN, and in mRNA and protein of P22phox in the SON were all prevented by icv infusion of benzamil or Digibind (Fig 2, 3).

**NOS mRNA and protein**—Icv infusion of aldosterone significantly decreased nNOS mRNA and protein by ~50% in the PVN but not in the SON and cortex. Aldosterone had no effects on eNOS expression and protein in these 3 regions (Fig 4).

The decreases in nNOS mRNA and protein in the PVN were prevented by icv infusion of benzamil or Digibind (Fig 4). In the SON, nNOS mRNA expression and protein were not affected by icv infusion of aldosterone alone, but significantly increased by icv aldosterone together with benzamil. Aldosterone alone or combined with either blockade did not affect eNOS mRNA expression and protein in the PVN, SON or cortex. Benzamil or Digibind had no effects on any parameter in the cortex.

## Discussion

The main new findings of the present study are that in rats, chronic icv infusion of aldosterone increases in the PVN mRNA or protein of AT<sub>1</sub>R and ACE and of the NADPH oxidase subunits P22, P47, P67phox and Nox2, but decreases mRNA and protein of nNOS. These effects are largely prevented by central infusion of Digibind or benzamil.



Functional studies indicate that an aldosterone – ENaC – “ouabain” neuromodulatory pathway is involved in the chronic activation of central pathways causing sympatho-excitation. Icv infusion of aldosterone increases “ouabain” in the hypothalamus, which is prevented by icv infusion of the sodium channel blocker benzamil (Wang *et al.*, 2003a). Sympathetic hyperactivity and hypertension induced by icv infusion of aldosterone can be prevented by icv infusion of benzamil or Digibind (Wang *et al.*, 2003a). Aldosterone induced increase in hypothalamic “ouabain” appears to enhance AT<sub>1</sub> receptor stimulation and thereby sympathetic hyperactivity, since sympatho-excitatory and pressor effects elicited by aldosterone or ouabain infused icv or directly into the PVN can be blocked by an AT<sub>1</sub> receptor blocker (Huang *et al.*, 1996; Yu *et al.*, 2008; Zhang *et al.*, 2008; Yoshika *et al.*, 2011). As evidence for a functional role in pathophysiology, in Dahl S rats on high salt intake (Huang & Leenen, 1998; Huang *et al.*, 2009), Wistar rats with chronic icv infusion of Na<sup>+</sup>-rich aCSF (Huang *et al.*, 2006b) and in rats post MI (Huang *et al.*, 2000; Huang & Leenen, 2005; Yu *et al.*, 2008), icv infusion of an aldosterone synthase inhibitor, MR blocker, benzamil, Digibind or AT<sub>1</sub> receptor blocker largely prevent sympathetic hyperactivity, hypertension or cardiac remodeling. The actual neuro-anatomical pathways for this neuromodulatory pathway have not yet been established. One may speculate that aldosterone via MR activates sodium channels, presumably ENaC, possibly in magnocellular neurons containing “ouabain” in the SON and PVN (Yamada *et al.*, 1992; Yoshika *et al.*, 2011) leading to “ouabain” release as recently demonstrated by Yoshika *et al.* (Yoshika *et al.*, 2011), and thereby enhanced Ang II release and AT<sub>1</sub>R stimulation, possibly in the PVN (Huang & Leenen, 1996; Gabor & Leenen, 2009).

Felder’s group (Zhang *et al.*, 2008) recently reported that in Sprague-Dawley rats, chronic icv infusion of aldosterone at 22.5ng/h for 1 week upregulates AT<sub>1</sub>R and ACE mRNA in hypothalamic tissue and increases oxidative stress in the PVN as assessed by dihydroethidium staining. Moreover, icv infusion of the radical scavenger tempol prevents the aldosterone-induced sympathetic hyperactivity and hypertension (Zhang *et al.*, 2008). The present study suggests that increased activity of NADPH oxidase and NADPH oxidase-derived reactive oxidative species (ROS) in the PVN are major contributors to the aldosterone-induced increases in oxidative stress in the PVN. NADPH oxidase is a multicomponent enzyme complex that consists of the two membrane-spanning polypeptide subunits p22phox and Nox2, and three cytoplasmic polypeptide subunits p40phox, p47phox, and p67phox, contributing together to enzymatic activity and production of superoxide (DeLeo & Quinn, 1996). In the present study, aldosterone caused clear increases in mRNA and protein of p47phox, p67phox and Nox2 subunits as well as increase in mRNA of p22phox in the PVN. Enzymatic activity per se was not measured in the present study. It is likely that this increased as well, since all relevant components such as membrane-located catalytic subunits as well as the cytosolic subunits needed to assemble the active oxidase significantly increased at both the mRNA and protein level. For P22phox only the mRNA was found increased but not the protein, possibly reflecting enhanced turnover of protein for this particular subunit.

Ang II up-regulates the gene expression of most NADPH oxidase subunits (Mollnau *et al.*, 2002). An increase in Nox2 protein is likely a critical component for increased activity considering that icv injections of adenoviral vector expressing small interfering RNA to selectively silence Nox2 markedly attenuate Ang II-mediated ROS production and pressor actions in the CNS (Peterson *et al.*, 2009). In the present study, icv infusion of aldosterone infusion up-regulated AT<sub>1</sub> receptors in the PVN, which may contribute to an Ang II-induced increase in NADPH oxidase derived ROS-generating activity.

In addition, we show that aldosterone appears to decrease NO –mediated inhibition in the PVN. An increase in NO in the PVN by e.g. microinjection of sodium nitroprusside

decreases renal sympathetic nerve activity, BP and HR (Zhang *et al.*, 1997), and inhibition of NO is associated with sympatho-excitation (Zhang *et al.*, 1997). To our knowledge, the present study is the first showing that chronic icv infusion of aldosterone decreases nNOS mRNA and protein in the PVN with no effects on eNOS mRNA and protein. The aldosterone -induced decrease in nNOS may reflect an effect of AT<sub>1</sub> receptor mediated increase in oxidative stress on abundance of nNOS in the PVN (Campese *et al.*, 2002, Campese *et al.*, 2004). Acutely, Ang II can activate this NO -mediated negative feedback loop thereby attenuating the Ang II-induced sympatho-excitation (Latchford & Ferguson, 2003; Li *et al.*, 2006). However, icv infusion of Ang II decreases nNOS mRNA in the PVN, and appears to decrease NO release and NO-mediated inhibition (Campese *et al.*, 2002).

The present study also assessed some of the pathways/mechanisms which may mediate the effects of aldosterone on the above sympatho-excitatory and -inhibitory mechanisms. Icv infusion of benzamil or of Digibind fully prevented the changes in mRNA and protein in the PVN, consistent with the concept that sodium channels and “ouabain” mediate the effects of central aldosterone on the PVN. Regarding the action of “ouabain”, it is tempting to speculate that “ouabain” in the PVN enhances Ang II release resulting in increased AT<sub>1</sub>R stimulation and oxidative stress (Zhang *et al.*, 2008), the latter contributing to the increase in AT<sub>1</sub>R expression (Liu *et al.*, 2008), as well as the decrease in nNOS expression (Campese *et al.*, 2002). Zhang *et al.* (Zhang *et al.*, 2008) demonstrated that icv infusion of an MR block or superoxide dismutase mimetic, but not the AT<sub>1</sub> receptor blocker losartan attenuated or prevented the increase in hypothalamic AT<sub>1</sub> receptor mRNA expression induced by chronic icv infusion of aldosterone. All 3 blockers/compounds attenuated aldosterone-induced superoxide production in the PVN, but the inhibitory effect was larger for an MR blocker compared with losartan (Zhang *et al.*, 2008). Zhang *et al.* suggested that aldosterone may increase oxidative stress and AT<sub>1</sub> receptor mRNA expression in the PVN by both a direct effect and an indirect effect through AT<sub>1</sub> receptor stimulation (Zhang *et al.*, 2008). In the present study, benzamil and Digibind similarly inhibited aldosterone induced increases in mRNA and protein expression of AT<sub>1</sub> receptor and NADPH oxidase subunits as well as increases in Ang II and ACE binding densities. Together, these findings suggest that aldosterone via MR increases “ouabain” release, presumably from magnocellular neurons (Yoshika *et al.*, 2011), and “ouabain” mediates both direct and indirect effects of aldosterone contributing to increased oxidative stress in the PVN. The aldosterone- induced hypertension unlikely contributes to these changes in the PVN. Up-regulation of hypothalamic AT<sub>1</sub> receptor and NADPH oxidase subunits is also observed in rats after myocardial infarction with increased hypothalamic aldosterone and without hypertension (Yu *et al.*, 2008). The increase in BP, however, may activate the nucleus tractus solitarius (NTS) through the arterial baroreflex, and via afferent pathways from the NTS (Shioya & Tanaka, 1989) attenuate the extent of these changes in the PVN.

Effects of aldosterone were largely limited in the PVN. No changes were noted in the cortex, whereas the SON showed an increase in P22phox mRNA and protein but not the other NADPH oxidase subunits, neither a change in nNOS. The relevance of the isolated change in P22phox is not readily apparent. Aldosterone also did not increase AT<sub>1</sub>R mRNA and protein in the SON but did increase the low AT<sub>1</sub>R binding densities. This dissociation may reflect a re-distribution of the protein to the membrane. Benzamil prevented the aldosterone-induced increase in P22phox mRNA in the SON (Fig 2) but not the increases in P22phox protein and ACE binding density in the SON. Moreover, aldosterone alone did not affect nNOS in the SON, but aldosterone combined with benzamil increased both nNOS mRNA and protein. These results may reflect an involvement of other regulatory mechanisms in the SON, some being activated after blockade of sodium channels.

## Limitations of the present study

The present study did not assess whether icv infusion of benzamil or Digibind alone affects mRNA and protein levels for nNOS, eNOS, AT<sub>1</sub>R and NADPH oxidase subunits in the brain of control rats. This seems unlikely, since in Wistar rats chronic icv infusion of benzamil (Wang & Leenen, 2003) at the same rate as used in the present study has no effects on resting BP and hypothalamic “ouabain” levels and icv infusion of Digibind (34) does not affect BP, HR, and AT<sub>1</sub>R and ACE binding densities in the hypothalamus. Previous studies demonstrated that central blockade of MR, ENaC or AT<sub>1</sub>R, or central infusion of tempol largely prevent sympathetic hyperactivity and hypertension caused by acute (Wang *et al.*, 2003a) or chronic (Huang *et al.*, 2005; Zhang *et al.*, 2008) central infusion of aldosterone. Further studies are needed to assess to what extent the effects of aldosterone in the PVN shown in the present study indeed are mediated by AT<sub>1</sub>R stimulation and contribute to the sympatho-excitation.

## Perspectives

The PVN plays a pivotal role in the increase in sympathetic activity post MI. Both an increase in excitatory (Zhang *et al.*, 2008) and decrease in inhibitory (Zhang *et al.*, 1997; Li *et al.*, 2002) mechanisms contribute to enhanced output from the PVN. The same pattern can be induced by central infusion of aldosterone (Zhang *et al.*, 2008; present study). Further studies using an aldosterone synthase inhibitor and MR blocker may determine whether post MI aldosterone produced locally in the CNS or derived from the circulation also activates the PVN and to what extent this activation is mediated by MR or other – non-genomic – actions of aldosterone.

## Conclusion

The present study demonstrates that an increase in brain aldosterone up-regulates AT<sub>1</sub>R and ACE, increases oxidative stress, and decreases activity of the NO system particularly in the PVN. It is possible that aldosterone in the CNS mainly via activation of ENaC and “ouabain”, 1) increases angiotensinergic activity and thereby oxidative stress in the PVN; and 2) decreases activity of NO system in the PVN possibly as a result of increased oxidative stress. Both together may mediate aldosterone induced sympathetic hyperactivity post MI or in salt-sensitive hypertension.

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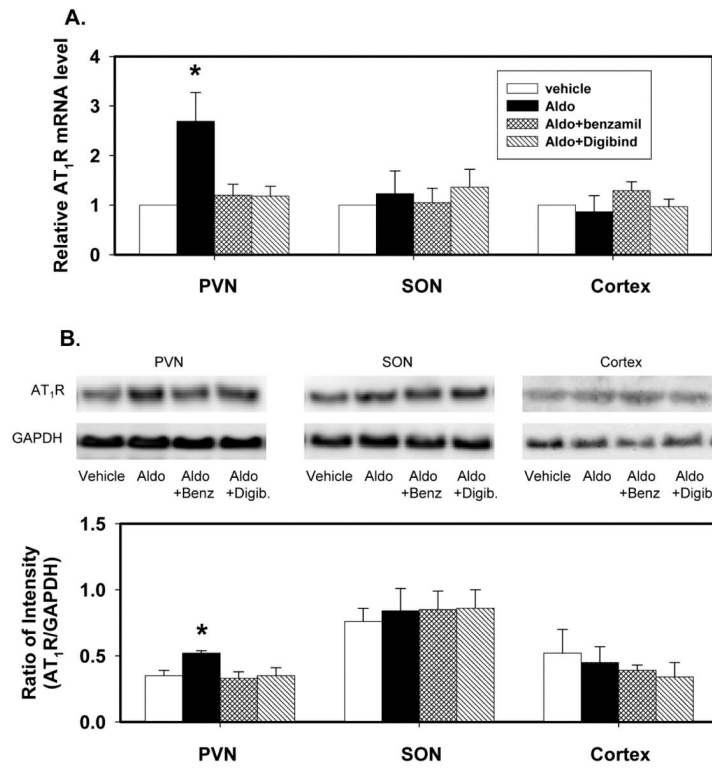
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**Fig. 1.**

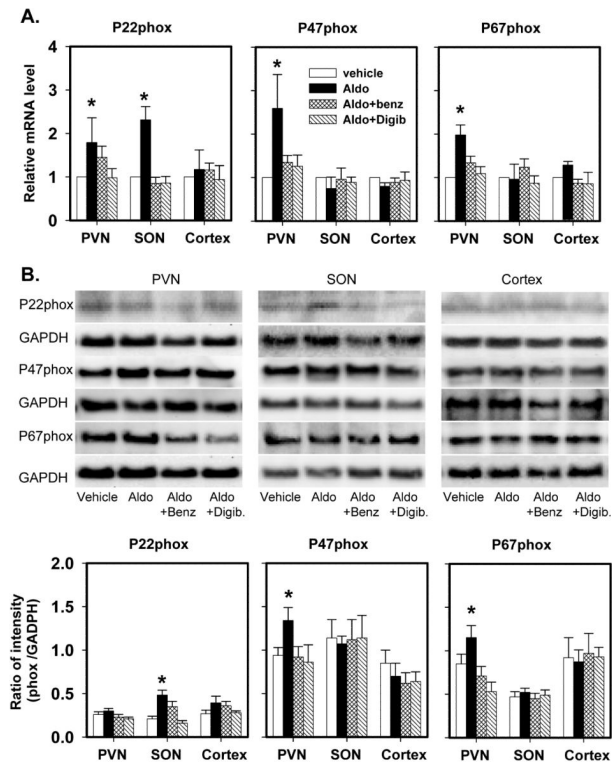
AT<sub>1</sub>R mRNA expression (A) and protein (B) in the PVN, SON and cortex of rats after icv infusion of vehicle, aldosterone (Aldo), aldosterone plus benzamil (Aldo+Benz), or aldosterone plus Digibind (Aldo+Digib) for 2 weeks.

mRNA levels are expressed relative to the levels in rats treated with vehicle, assigned a value of 1.

Data are means±SEM (n= 4/group).

F=7.3 (p=0.001) for mRNA; and F=6.6 (p=0.003) for protein in the PVN.

\* p<0.05, versus vehicle.

**Fig. 2.**

P22phox, P47phox and P67phox mRNA expression (A) and protein (B) in the PVN, SON and cortex of rats after icv infusion of vehicle, aldosterone (Aldo), aldosterone plus benzamil (Aldo+Benz), or aldosterone plus Digibind (Aldo+Digib) for 2 weeks. mRNA levels are expressed relative to the levels in rats treated with vehicle, assigned a value of 1.

Data are means $\pm$ SEM (n= 4/ group).

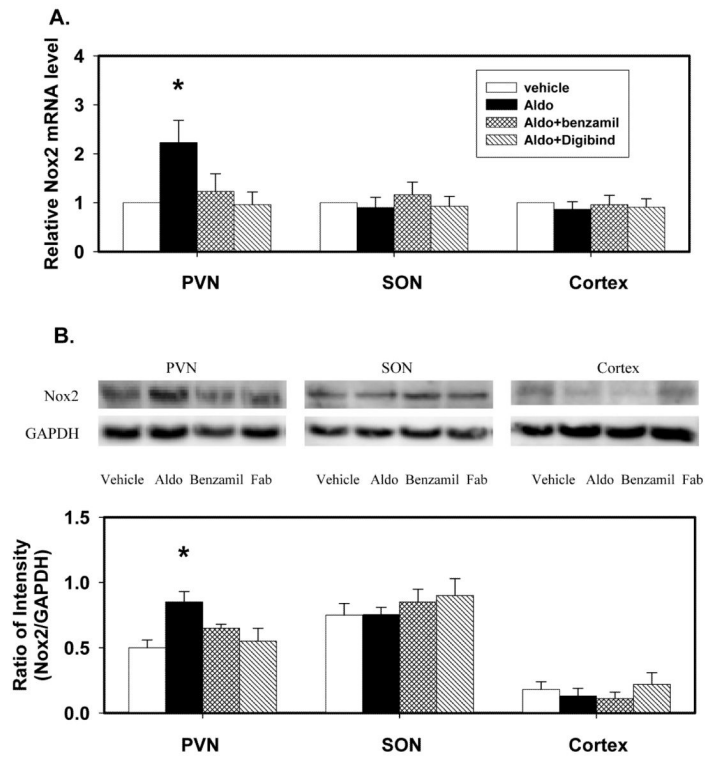
For P22phox, F=3.2 (p=0.01) for mRNA in the PVN; and F=5.3 (p=0.004) for mRNA and F=6.4 (p=0.003) for protein in the SON.

For P47phox, F=6.2 (p=0.003) for mRNA; and F=7.3 (p=0.001) for protein in the PVN.

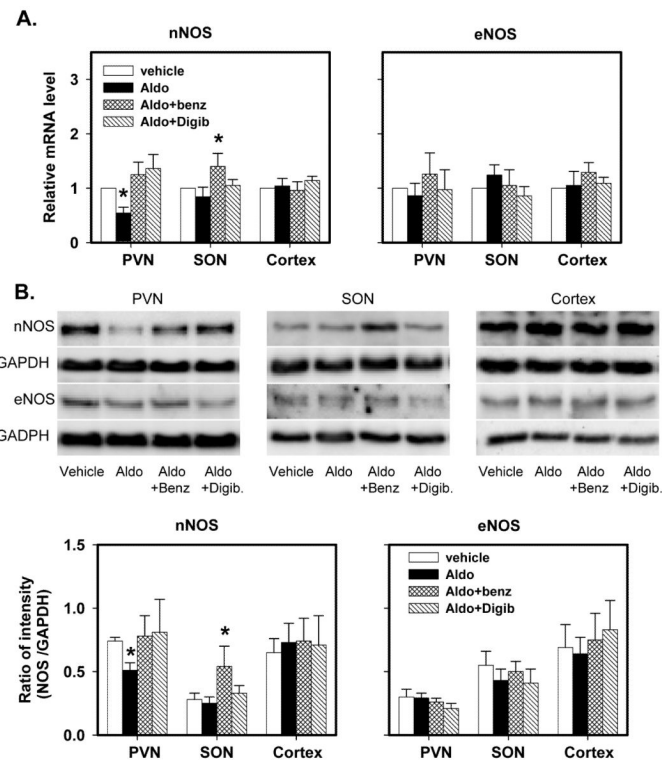
For P67phox, F=6.3 (p=0.003) for mRNA; and F=7.3 (p=0.001) for protein in the PVN.

\* p<0.05, versus vehicle.





**Fig. 3.** Nox2 mRNA expression (A) and protein (B) in the PVN, SON and cortex of rats after icv infusion of vehicle, aldosterone (Aldo), aldosterone plus benzamil (Aldo+Benz), or aldosterone plus Digibind (Aldo+Digib) for 2 weeks. mRNA levels are expressed relative to the levels in rats treated with vehicle, assigned a value of 1. Data are means±SEM (n= 4/group). F=4.0 (p=0.003) for mRNA; and F=8.2 (p=0.001) for protein in the PVN. \* p<0.05, versus vehicle.

**Fig. 4.**

nNOS and eNOS mRNA expression (A) and protein (B) in the PVN, SON and cortex of rats after icv infusion of vehicle, aldosterone (Aldo), aldosterone plus benzamil (Aldo+Benz), or aldosterone plus Digibind (Aldo+Digib) for 2 weeks.

mRNA levels are expressed relative to the levels in rats treated with vehicle, assigned a value of 1.

Data are means $\pm$ SEM (n= 4/group).

For nNOS, F=5.3 (p=0.004) for mRNA; and F=8.7 (p=0.0003) for protein in the PVN.

F=3.2 (p=0.007) for mRNA; and F=6.4 (p=0.003) for protein in the SON.

\* p<0.05, versus vehicle.

**Table 1**

Gain of body weight and resting MAP and HR in rats treated with icv infusion of vehicle, or of aldosterone alone or combined with Digibind or benzamil for 2 weeks.

	N	Gain of body weight (g)	MAP (mmHg)	HR (bpm)
vehicle	6	81±4	103±4	392±13
aldosterone	6	83±4	122±3*	439±10*
aldosterone + Digibind	6	79±3	107±4 <sup>#</sup>	404±18
aldosterone + benzamil	6	78±5	112±3 <sup>#</sup>	410±15

Data are means±SEM.

F=5.6 (p=0.003) for MAP and F=3.4 (p=0.005) for HR.

\* p<0.05, vs vehicle

<sup>#</sup> p<0.05, vs aldosterone.

Table 2

ACE and AT<sub>1</sub>R binding densities measured by autoradiography in the PVN and SON in rats treated with icv infusion of vehicle, aldosterone (Aldo), aldosterone plus benzamil (Aldo+Benz), or aldosterone plus Digibind (Aldo+Digib) for 2 weeks.

	N	vehicle	Aldo	Aldo+Benz	Aldo+Digib
<b>AT<sub>1</sub>R densities (fmol/mg)</b>					
mPVN	6	468±16	635±21*	465±17#	508±26#
pPVN	6	370±14	476±16*	370±12#	402±18#
SON	6	128±7	170±10*	138±7#	146±12
<b>ACE densities (fmol/g)</b>					
mPVN	6	1740±57	2129±89*	1834±59#	1857±94#
pPVN	6	669±39	883±37*	757±60	788±34
SON	6	1057±39	1381±43*	1236±74	1297±88*

Data are means±SEM.

\* p<0.05, vs vehicle

# p<0.05, vs aldosterone.

mPVN: magnocellular region of paraventricular nucleus

pPVN: parvocellular region of paraventricular nucleus

SON: supraoptic nucleus.