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## Regulation of Sodium Transport in the Inner Ear

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### Abstract

Na<sup>+</sup> concentrations in endolymph must be controlled to maintain hair cell function since the transduction channels of hair cells are cation-permeable, but not K<sup>+</sup>-selective. Flooding or fluctuations of the hair cell cytosol with Na<sup>+</sup> would be expected to lead to cellular dysfunction, hearing loss and vertigo. This review briefly describes cellular mechanisms known to be responsible for Na<sup>+</sup> homeostasis in each compartment of the inner ear, including the cochlea, saccule, semicircular canals and endolymphatic sac. The influx of Na<sup>+</sup> into endolymph of each of the organs is likely via passive diffusion, but these pathways have not yet been identified or characterized. Na<sup>+</sup> absorption is controlled by gate-keeper channels in the apical (endolymphatic) membrane of the transporting cells. Highly Na<sup>+</sup>-selective epithelial sodium channels (ENaC) control absorption by Reissner's membrane, saccular extramacular epithelium, semicircular canal duct epithelium and endolymphatic sac. ENaC activity is controlled by a number of signal pathways, but most notably by genomic regulation of channel numbers in the membrane via glucocorticoid signaling. Nonselective cation channels in the apical membrane of outer sulcus epithelial cells and vestibular transitional cells mediate Na<sup>+</sup> and parasensory K<sup>+</sup> absorption. The K<sup>+</sup>-mediated transduction current in hair cells is also accompanied by a Na<sup>+</sup> flux since the transduction channels are nonselective cation channels. Cation absorption by all of these cells is regulated by extracellular ATP via apical nonselective cation channels (P2X receptors). The heterogeneous population of epithelial cells in the endolymphatic sac is thought to have multiple absorptive pathways for Na<sup>+</sup> with regulatory pathways that include glucocorticoids and purinergic agonists.

### Keywords

inner ear; sodium homeostasis; epithelial sodium channel; Meniere's disease

## 1. Introduction

The luminal compartment (endolymphatic space) of the inner ear is separated from the abluminal compartment (perilymphatic space) by highly specialized epithelial cells with tight junctions. The endolymphatic space contains luminal fluid with high potassium

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concentration ( $[K^+]$ ) and low sodium concentration ( $[Na^+]$ ), which provides the ionic milieu needed to sustain transduction of sound and head acceleration into nerve impulses necessary for normal hearing and balance (Couloigner et al., 2006; Marcus and Wangemann, 2010). Although  $K^+$  is the primary current-carrying ion species for transduction,  $Na^+$  concentrations in endolymph must be maintained for control of hair cell function since the transduction channels of hair cells are cation-permeable, but not  $K^+$ -selective (Jorgensen and Kroese, 1994). Flooding or fluctuations of the hair cell cytosol with  $Na^+$  would be expected to lead to cellular dysfunction, hearing loss and vertigo (Shi et al., 2005).

Disregulation of  $Na^+$  homeostasis has been implicated in several inner ear conditions. For example, *a*) endolymphatic  $[Na^+]$  has been observed to markedly increase during ischemic anoxia (a cause of sudden hearing loss) (Konishi, 1979; Lazarini and Camargo, 2006; Sellick and Johnstone, 1972), *b*) nonsyndromic autosomal recessive deafness (DFNA8/10) has been associated with mutations of a  $Na^+$  transport regulatory gene (Guipponi et al., 2002) and *c*) change in endolymphatic  $[Na^+]$  has been proposed as a mechanism of premenstrual exacerbation of Meniere's disease (Andrews and Honrubia, 2010).

Although the molecular basis of  $K^+$  cycling in the inner ear has been widely reviewed (Couloigner et al., 2006; Hibino et al., 2010; Marcus and Wangemann, 2010; Wangemann, 2006; Zdebik et al., 2009), the transport systems and sites involved in  $Na^+$  homeostasis in the inner ear have largely been determined in the last decade and have received much less attention. The present review briefly describes  $Na^+$  homeostasis of the inner ear by the non-sensory epithelial cells of each compartment of the inner ear and its physiological significance. A striking homology in  $Na^+$  transport mechanisms is noted among Reissner's membrane, saccule extramacular epithelium and semicircular canal duct epithelium and between outer sulcus epithelium and vestibular transitional cells.

## 2. Cochlea

Normal  $Na^+$  flux in the cochlea is only about 1% of normal  $K^+$  flux (Konishi et al., 1978), indicative of the need for less active transport machinery for  $Na^+$  absorption than for  $K^+$  secretion. This is consistent with the observation of dense vascularization of the stria vascularis (seat of  $K^+$  secretion) compared with the avascular Reissner's membrane and single-vessel metabolic supply of the outer sulcus. This apparently 'low' transport rate of  $Na^+$  actually reflects the unusually high transport of  $K^+$  transport and does not imply that  $Na^+$  movements are physiologically unimportant (see Section 6).

### 2.1. Distribution of $Na^+$ transport-related channels and transporters

A number of  $Na^+$  transport-related channels and transporters have been identified in the cochlea, including the epithelial sodium channel (ENaC), non-selective cation channels,  $Na^+H^+$  exchanger (NHE-3), the  $Na^+$  pump ( $Na^+K^+$ -ATPase) and a  $Na^+K^+Cl^-$  cotransporter (NKCC1). *In situ* hybridization and immunohistochemical studies demonstrated the expression of  $\alpha$ -,  $\beta$ - and  $\gamma$ -subunits of ENaC in Reissner's membrane (Couloigner et al., 2001; Zhong and Liu, 2004), striavascularis, spiral ligament, organ of Corti and spiral limbus (Couloigner et al., 2001; Grunder et al., 2001; Zhong and Liu, 2004). NHE-3 was localized in the apical surface of stria marginal cells (Bond et al., 1998; Goto et al., 1999). Both  $\alpha$  and  $\beta$  subtypes of  $Na^+K^+$ -ATPase were found in stria vascularis, spiral limbus and Reissner's membrane (Erichsen et al., 1996; Marcus et al., 2011; McGuirt and Schulte, 1994). Among the two isoforms of NKCC (NKCC1 and NKCC2), only NKCC1 was found at the basolateral membrane of stria marginal cells (Crouch et al., 1997).

Among the various tissues found to express  $Na^+$  transport genes in the cochlea, the only functionally identified active  $Na^+$  absorption sites in the cochlea are Reissner's membrane

(Kim et al., 2009a; Lee and Marcus, 2003), outer sulcus cells (Chiba and Marcus, 2000; Chiba and Marcus, 2001; Lee et al., 2001; Marcus and Chiba, 1999; Yamazaki et al., 2011) and hair cells (Lumpkin et al., 1997) (Fig 1A).  $\text{Na}^+$  transport in non-sensory epithelial cells in the cochlea is mainly mediated by apically located ENaC of Reissner's membrane and nonselective cation channels of outer sulcus cells coupled with basolaterally located  $\text{Na}^+, \text{K}^+$ -ATPase (Fig 1D and E). Common to both absorption schemes,  $\text{Na}^+, \text{K}^+$ -ATPase in the basolateral membrane of epithelial cells provides the energy for  $\text{Na}^+$  absorption and  $\text{Na}^+$  entry pathways in the apical membrane provide a gating function for  $\text{Na}^+$  entry from endolymph into the cytosol.

## 2.2. Reissner's membrane

Among the cochlear epithelial cells, Reissner's membrane constitutes most of the luminal surface and is thought to be primarily responsible for  $\text{Na}^+$  homeostasis of cochlear endolymph.  $\text{Na}^+$  ions in the endolymphatic space are absorbed through apical ENaC and pumped out to the perilymphatic space through basolaterally located  $\text{Na}^+, \text{K}^+$ -ATPase (Fig 1A and D; red arrows in D). The net electrochemical driving force for  $\text{Na}^+$  across the apical membrane is thought to be directed from endolymph into the cytosol. The voltage across the apical membrane is likely greater than  $-100 \text{ mV}$  ( $> 80 \text{ mV}$  from the endocochlear potential and  $> -20 \text{ mV}$  from the basolateral membrane voltage of the epithelial cells, both referenced to the potential of perilymph). The membrane voltage of the cells is likely controlled primarily by a large  $\text{Cl}^-$  conductance (Kim and Marcus, 2010), which usually results in a membrane voltage less than that observed in cells that are dominated by  $\text{K}^+$  conductance. The electrical equivalent of the  $\text{Na}^+$  concentration is likely about  $60 \text{ mV}$ , outward directed (cytoplasmic  $[\text{Na}^+] \sim 10 \text{ mM}$ , endolymphatic  $[\text{Na}^+] \sim 1 \text{ mM}$ ). The inward-directed electrical potential difference ( $-100 \text{ mV}$ ) would therefore strongly overcome the outward-directed  $\text{Na}^+$  gradient ( $60 \text{ mV}$ ), leading to  $\text{Na}^+$  absorption across the apical membrane. Cytoplasmic  $\text{K}^+$  ions, which are exchanged with  $\text{Na}^+$  ions through  $\text{Na}^+, \text{K}^+$ -ATPase are recycled to the perilymphatic space through and apparently low density of basolaterally located  $\text{K}^+$  channels (Kim et al., 2009a; Yamazaki et al., 2011) (Fig 1D).  $\text{K}^+$  recycling occurs through the voltage-activated  $\text{K}^+$  channel (Kv1.5) in gerbil (Lee and Marcus, 2003) whereas  $\text{K}^+$  recycling occurs through multiple  $\text{K}^+$  channels (KCNJ10, KCNQ1, KCNQ3, KCNE2, KCNB1, KCNK1, KCNK2 and KCNK5) in mouse (Kim et al., 2009a). This  $\text{Na}^+$  transport scheme was determined by pharmacological responses of electrophysiological recordings of transepithelial short circuit current and epithelial cell membrane currents, employing vibrating probe and patch clamp of mouse and gerbil Reissner's membrane (Kim et al., 2009a; Lee and Marcus, 2003; Yamazaki et al., 2011).  $\text{Na}^+$  absorption through Reissner's membrane is regulated by glucocorticoids and by purinergic agonists (see Section 5).

## 2.3. Outer sulcus cells

The outer sulcus epithelium is located in the lateral cochlear wall, between the  $\text{K}^+$ -secreting stria vascularis and the  $\text{K}^+$ -absorbing sensory hair cells in the organ of Corti. Although the outer sulcus is capable of absorbing  $\text{Na}^+$ , this relatively small epithelial domain (compared to Reissner's membrane) also provides a parasensory shunt for  $\text{K}^+$  efflux (Fig 1A) (Lee et al., 2001).

$\text{Na}^+$  (and  $\text{K}^+$ ) are driven from endolymph across the apical membrane of outer sulcus epithelial cells (Fig 1C) by the electrochemical gradients. The chemical gradient for  $\text{Na}^+$  is likely similar to that described above in Reissner's membrane, but the electrical potential difference between cytosol and endolymph is likely even greater. Substantial transport homology between outer sulcus cells and vestibular transitional cells has been established (see section 3.4), and the transitional cells have a measured voltage of nearly  $-90 \text{ mV}$  (Wangemann and Marcus, 1989). Support for the homology of this voltage in outer sulcus

cells was provided by the measurement of a dominant basolateral  $K^+$  conductance (Chiba and Marcus, 2001). The inward driving force from endolymph is therefore the sum of the cellular basolateral voltage and the endocochlear potential, or greater than about 160 mV. It is expected that  $K^+$  would be absorbed even more strongly than  $Na^+$ , since there is presumably very little concentration difference between the cytosol and endolymph and the 150-fold greater concentration would lead to greater conduction of  $K^+$  than  $Na^+$ . The driving force for  $K^+$  would therefore be the entire apical membrane voltage difference, unopposed by a chemical driving force. The same considerations are applicable to the hair cells, which also have nonselective cation channels in the apical membrane although the basolateral membrane potential is not as large as in the outer sulcus cells (Fig. 1C).

The ability of the outer sulcus epithelium to absorb  $Na^+$ ,  $K^+$  (and  $Ca^{2+}$ ) was demonstrated in ion substitution experiments employing the vibrating probe. Removal of either  $Na^+$  or  $K^+$  from the bath solution led to significant reductions in transepithelial current (Marcus and Chiba, 1999). The identity of the apical cation entry pathway(s) was determined by patch clamp recordings from excised apical membrane. The primary conductance was ascribed to nonselective cation channels that would be active at physiological membrane voltage and  $Ca^{2+}$  concentrations. Large-conductance  $K^+$  channels were also observed frequently, but they would only be expected to be active at strongly-depolarized membrane potentials and/or elevated cytosolic  $Ca^{2+}$  levels (Chiba and Marcus, 2000).

The nonselective cation channels were blocked by relatively low concentrations of  $Gd^{3+}$  ( $IC_{50}$  of the open probability = 0.6  $\mu M$ ); the transepithelial current was also blocked by  $Gd^{3+}$  (Chiba and Marcus, 2000; Marcus and Chiba, 1999). Amiloride (10  $\mu M$ –1 mM) and flufenamic acid also decreased both the transepithelial current and single-channel nonselective cation channel activity (Chiba and Marcus, 2000).

Exit of  $Na^+$  and  $K^+$  from the cytosol into perilymph is via the basolateral  $Na^+, K^+$ -ATPase and basolateral  $K^+$  channels, respectively (Fig 1C). The basolateral  $K^+$  channels were not identified molecularly but it was demonstrated by functional methods that they were not the  $Ca^{2+}$ -dependent maxi ( $-big$ )- $K^+$  channel or  $-small$   $-K^+$  channels or ATP-sensitive  $K^+$  channels (Chiba and Marcus, 2001). Absorption of both cations is regulated by purinergic agonists in endolymph (see section 5.2).

### 3. Vestibular system

#### 3.1. Distribution of $Na^+$ transport-related channels and transporters

A number of  $Na^+$  transport-related channels and transporters have been identified in the vestibular system, including ENaC, non-selective cation channels,  $Na^+$ ,  $H^+$ -exchanger (NHE-1), the  $Na^+$  pump ( $Na^+, K^+$ -ATPase) and a  $Na^+, K^+, Cl^-$ -cotransporter (NKCC1). ENaC was identified in the semicircular canal duct (Pondugula et al., 2006) and non-sensory cells of the extramacular epithelium of the saccule (Kim and Marcus, 2009).  $Na^+, K^+$ -ATPase was found in the basolateral surface of semicircular canal duct epithelial cells ( $\alpha_1$ -,  $\alpha_3$ -,  $\beta_1$ - and  $\beta_3$ -isoforms) (Pondugula et al., 2006; Pondugula et al., 2004), extramacular epithelium of the saccule (Kim and Marcus, 2009), vestibular dark cells ( $\alpha_1$ - and  $\beta_2$ -isoforms) (McGuirt and Schulte, 1994), and vestibular transitional cells ( $\alpha_1$ - and  $\beta_1$ -isoforms) (McGuirt and Schulte, 1994). NKCC1 was found in the basolateral membrane of vestibular dark cells and cellular membrane of transitional cells (Young et al., 2005). NHE-1 was expressed on the basolateral surface of dark cells and transitional cells (Wangemann et al., 1996; Wangemann et al., 1993).

Although various  $Na^+$ -transporting ion channels and transporters were identified by molecular studies, functionally identified epithelial cells involved in transepithelial  $Na^+$

transport are vestibular transitional cells, semicircular canal duct epithelial cells and extramacular epithelium of the saccule.  $\text{Na}^+$  absorption occurs through apically located ENaC and nonselective cation channels and pumped out via basolaterally located  $\text{Na}^+, \text{K}^+$ -ATPase, which is similar to transepithelial transport in the cochlea. Regulation of  $\text{Na}^+$  absorption by the vestibular system is reviewed below (Section 5).

### 3.2. Semicircular canal duct epithelium

Transepithelial short circuit current of cultured primary canal duct epithelial cells was observed to be mostly ENaC-dependent (Fig 1A and 1B) since most of the current was inhibited by amiloride analogs (benzamil > amiloride >> EIPA) (Pondugula et al., 2004). This  $\text{Na}^+$  absorption is under control of glucocorticoids (Section 5). The canal epithelium is quite complex in that it also secretes  $\text{Cl}^-$  under control of beta2-adrenergic receptors and intracellular cAMP (Milhaud et al., 2002) and absorbs  $\text{Ca}^{2+}$  via a TRPV5/TRPV6 pathway that is likely dependent on regulation by vitamin D (Yamauchi et al., 2010).

$\text{Na}^+$  that enters the cell from endolymph is pumped out into perilymph through basolateral  $\text{Na}^+, \text{K}^+$ -ATPase.  $\text{K}^+$  that is pumped into the cell on the  $\text{Na}^+, \text{K}^+$ -ATPase is recycled to perilymph via basolaterally located  $\text{Ba}^{2+}$ -sensitive  $\text{K}^+$  channels (Fig 1A and 1B). These transport molecules were pharmacologically identified by the sensitivity of the transepithelial current to ouabain and to low concentrations of  $\text{Ba}^{2+}$  ( $\text{IC}_{50}$ : 210  $\mu\text{M}$ ) (Pondugula et al., 2006; Pondugula et al., 2004). Candidates for the  $\text{Ba}^{2+}$ -sensitive  $\text{K}^+$  channels in the semicircular canal duct epithelial cells were found to be Kir2.1, Kir2.2, Kir2.3, Kir2.4, Kir3.1, Kir3.3, Kir4.1, Kir4.2, Kir5.1 and Kir7.1 by RT-PCR (Pondugula et al., 2006).

### 3.3. Non-sensory extramacular epithelium of the saccule

The  $\text{Na}^+$  absorptive mechanism of extramacular epithelium of the mouse saccule is highly similar to that of mouse Reissner's membrane (Fig 1A and 1B). Transepithelial  $\text{Na}^+$  transport in extramacular epithelium of the saccule is mediated by apically located ENaC and secreted into the perilymph through basolaterally located  $\text{Na}^+, \text{K}^+$ -ATPase (Fig 1B and D). As before, transporters were identified by electrophysiologic and pharmacologic experiments using a vibrating probe (Kim and Marcus, 2009). Recycling of  $\text{K}^+$  at the basolateral membrane is mediated by multiple  $\text{K}^+$  channels (Fig 1B); however, the candidate  $\text{K}^+$  channels are different from Reissner's membrane. These channels are thought to be Kv channels (including KCNQs) and Kir channels. However, the experimental observations argue against the participation of  $\text{K}_{\text{ATP}}$ ,  $\text{K}_{\text{Ca}}$  and some acid-sensitive  $\text{K}_{2\text{P}}$  channels such as KCNK1, KCNK3, KCNK5, KCNK9 and KCNK17.

### 3.4. Vestibular transitional cells

The vestibular transitional cells are located between the  $\text{K}^+$ -secreting dark cells and the  $\text{K}^+$ -absorbing sensory hair cells in the ampullae and utricle, homologous to the outer sulcus cells in the cochlea (section 2.3). There are no dark cells in the saccule. Although the transitional cells in the ampulla are capable of absorbing  $\text{Na}^+$ , they are thought to primarily provide a parasensory shunt for  $\text{K}^+$  efflux (Fig 1A) (Lee et al., 2001). Ion transport by the transitional cells in the utricle and saccule have not been studied.

The cell model for transepithelial  $\text{Na}^+$  transport in the vestibular transitional cells is similar to that of cochlear outer sulcus cells (Fig 1A and C). The cations  $\text{K}^+$  and  $\text{Na}^+$  are absorbed through nonselective cation channels in the apical membrane of vestibular transitional cells. Transepithelial current at the apical surface of vestibular transitional cells towards the endolymphatic face of the epithelium was reduced by the application of  $\text{Gd}^{3+}$  and flufenamic acid, as for nonselective cation channels of outer sulcus epithelium (Lee et al.,



2001). Measurements of intracellular voltage are consistent with the exit of  $\text{Na}^+$  across the basolateral membrane into perilymph via the  $\text{Na}^+$  pump and  $\text{K}^+$  through selective basolateral channels. The cell membrane potential was reduced by ouabain, an inhibitor of  $\text{Na}^+, \text{K}^+$ -ATPase, and by the  $\text{K}^+$  channel blockers  $\text{Ba}^{2+}$ , quinidine, quinine,  $\text{Rb}^+$ ,  $\text{Cs}^+$ ,  $\text{NH}_4^+$  and  $\text{Tl}^+$  (Wangemann and Marcus, 1989). The vestibular transitional cells are thought to provide a parasensory shunt for  $\text{K}^+$  efflux in the same manner as the outer sulcus cells of the cochlea (Fig 1A) (Lee et al., 2001).

#### 4. Endolymphatic sac

The epithelial cells of the endolymphatic sac consist primarily of two types: mitochondria-rich cells and ribosome-rich cells (Peters et al., 2002). Little is known about the ion transport properties of each cell type, since most experimental protocols used do not identify the specific cell type under study. However, at least one study of  $\text{Na}^+$  movements identified the most active cells as rich in mitochondria by staining (Miyashita et al., 2007). Further, a cooperative model of  $\text{Na}^+$  absorption involving both major cell types has been proposed (Kim and Wangemann, 2010). Many ion channels and transporters potentially involved in  $\text{Na}^+$  transport in the endolymphatic sac epithelial cells were reported, including a nonselective cation channel (Miyashita et al., 2001; Wu and Mori, 1999), low-amiloride-affinity  $\text{Na}^+$  channel (LAASC) (Mori and Wu, 1996),  $\alpha$ -,  $\beta$ - and  $\gamma$ -subunits of ENaC (Kim et al., 2009b), NHE at the apical membrane (Son et al., 2009), NKCC1 and 2 (Akiyama et al., 2007), and  $\text{Na}^+, \text{K}^+$ -ATPase at the basolateral membrane (Mizukoshi et al., 1988).

Low amiloride-affinity  $\text{Na}^+$  channels, nonselective cation channels, ENaC, NHE,  $\text{Na}^+, \text{K}^+$ -ATPase and delayed rectifier  $\text{K}^+$  channels were identified to be involved in  $\text{Na}^+$  absorption by functional studies (Fig 1A and D). Low amiloride-affinity  $\text{Na}^+$  channels were identified in a patch clamp study and the permeability ratio of  $\text{Na}^+$  over  $\text{K}^+$  was approximately 5:1 (Mori and Wu, 1996). A nonselective cation channel was also identified in an excised patch clamp study and the relative ion permeability was in the order  $\text{K}^+ = \text{Na}^+ > \text{Ca}^{2+} \gg \text{Cl}^-$  (Miyashita et al., 2001). The nonselective cation channel was sensitive to cytosolic  $[\text{Ca}^{2+}]$  and was voltage-dependent (Miyashita et al., 2001). ENaC and NHE were identified in cultured human endolymphatic epithelial cells by RT-PCR and by measurement of transepithelial current and its sensitivity to NHE inhibitors in confluent monolayers (Kim et al., 2009b; Son et al., 2009). Among the three isoforms of NHEs identified by RT-PCR (NHE1,2,3) in cultured human endolymphatic sac epithelial cells, NHE2 are the most likely to regulate pH and  $\text{Na}^+$  concentration of luminal fluid of endolymphatic sac, although evidence for the involvement of NHE1 (a basolateral NHE isoform in other epithelia) was also found (Son et al., 2009).  $\text{Na}^+, \text{K}^+$ -ATPase is thought to provide the driving force for  $\text{Na}^+$  absorption in endolymphatic sac epithelium. Immunostaining of  $\text{Na}^+, \text{K}^+$ -ATPase was especially prominent in the mitochondria-rich cells, which were identified by strong mitochondrial staining (Miyashita et al., 2007). This finding is correlated with the assumption that  $\text{Na}^+, \text{K}^+$ -ATPase activity, a major energy consuming process, requires a large number of mitochondria to supply the metabolic fuel.  $\text{K}^+$  ions in the cytosol exchanged with  $\text{Na}^+$  ions by  $\text{Na}^+, \text{K}^+$ -ATPase would be recycled via delayed-rectifier  $\text{K}^+$  channels, demonstrated in the guinea pig endolymphatic sac epithelial cells in a patch clamp study (Wu and Mori, 1996).

#### 5. Regulation of $\text{Na}^+$ absorption in the inner ear

Glucocorticoid and ATP or UTP have been observed to regulate  $\text{Na}^+$  transport in the inner ear by molecular and functional studies. Glucocorticoid increased  $\text{Na}^+$  absorption via ENaC in Reissner's membrane (Kim et al., 2009a), semicircular canal duct epithelial cells (Pondugula et al., 2006; Pondugula et al., 2010; Pondugula et al., 2004) and extramacular

epithelium of saccule (Kim and Marcus, 2009). ATP increased  $\text{Na}^+$  absorption via a ligand-gated nonselective cation channel (P2X2 receptor) in the outer sulcus cells, vestibular transitional cells (Lee et al., 2001) and endolymphatic sac epithelium (Wu and Mori, 1999) and UTP decreased  $\text{Na}^+$  absorption via the P2Y4 receptor acting on ENaC in Reissner's membrane (Kim et al., 2010).

### 5.1. Glucocorticoid

Functional and molecular studies demonstrated that the synthetic glucocorticoid dexamethasone increased transepithelial  $\text{Na}^+$  transport in Reissner's membrane, saccule extramacular epithelium and primary cultures of semicircular canal duct epithelium via the glucocorticoid receptor (GR) pathway (Kim et al., 2009a; Kim and Marcus, 2009; Pondugula et al., 2006). The inactive forms of native glucocorticoid are converted *in vivo* to the active form by 11 $\beta$ -hydroxysteroid dehydrogenase and the active forms of glucocorticoid binds to GR (Fig 2). Activated GR then increases ENaC expression at the cell surface via the SGK1–Nedd4-2 regulatory pathway. The number of ENaC channels at the apical membrane is controlled by highly-active exocytotic and endocytotic membrane trafficking. The removal of ENaC from the apical membrane is controlled by the key regulatory proteins SGK1 (serum- and glucocorticoid-regulated kinase 1) and Nedd4-2 (neural precursor cell-expressed developmentally downregulated 4-2). Nedd4-2 is an ubiquitin protein ligase that binds to PY motifs in the C-terminal of  $\alpha$ -,  $\beta$ - and  $\gamma$ -ENaC subunits, which reduces ENaC expression in the cell surface by ubiquitination of ENaC and its subsequent endocytosis. Activation of SGK1 by glucocorticoid leads to binding and phosphorylation of SGK1 to Nedd4-2, which decreases the binding of Nedd4-2 to ENaC and the subsequent increase in ENaC expression at the cell surface (Snyder et al., 2004; Stockand, 2002).

Activity of  $\text{Na}^+$ , $\text{K}^+$ -ATPase (Reissner's membrane and semicircular canal) and  $\text{K}^+$  channels (semicircular canal) involved in  $\text{Na}^+$  absorption were also observed to be increased by dexamethasone. WNK, a protein kinase, was reported to increase  $\text{Na}^+$  transport if phosphorylated by SGK1 in some cell types, and four isoforms of WNK are present in Reissner's membrane, with WNK4 upregulated by exposure to dexamethasone (Kim et al., 2009a) (Fig 2). In semicircular canal duct epithelium, glucocorticoid-stimulated  $\text{Na}^+$  absorption was reported to be positively regulated by phosphatidylinositol 3-kinase and negatively regulated by protein kinase C (Fig 2) (Pondugula et al., 2010). Although the mechanism of glucocorticoid-enhanced  $\text{Na}^+$  absorption via ENaC was not defined molecularly, dexamethasone also increased ENaC dependent  $\text{Na}^+$  absorption via genomic action of glucocorticoid receptors in the saccular extramacular epithelium (Kim and Marcus, 2009).

Channelopathies of inner ear epithelial cells have been suggested as one important etiology of endolymphatic hydrops (Gates, 2005). Synthetic glucocorticoids, such as dexamethasone and prednisolone, have been used to treat Meniere's disease, and have been effective in controlling vertigo in ~52% to 76% of cases (Barrs et al., 2001). Therefore, it is tempting to speculate that some cases of Meniere's disease result from increased endolymphatic [ $\text{Na}^+$ ] and that effective treatment by glucocorticoids is a result of increased  $\text{Na}^+$  absorption by Reissner's membrane, the saccule and the semicircular canals.

### 5.2. Purinergic receptors

Some mechanisms and pathways for purinergic signaling in the control of  $\text{K}^+$  secretion and cation absorption in the inner ear were recently reviewed (Lee and Marcus, 2008). Extracellular ATP exerts its effects through P2 purinergic receptors, which are divided into two families of ligand-gated ion channels and G protein-coupled receptors termed P2X and P2Y receptors, respectively (Lee and Marcus, 2008).  $\text{Na}^+$  absorption from endolymph is

modulated by at least two purinergic receptors: ionotropic P2X2 receptors and metabotropic P2Y4 receptors.

Purinergic receptors are expressed and regulate transport in Reissner's membrane, outer sulcus cells, vestibular transitional cells, semicircular canal duct and endolymphatic sac epithelia. In addition, functional P2X receptors permeable to Na<sup>+</sup> have been demonstrated at the apical aspect of hair cells (Housley et al., 1998). Further, transepithelial ion currents across Reissner's membrane are controlled by P2Y4 receptors (Kim et al., 2010) (Fig 1). The P2X2 receptor channels are nonselective cation channels that open upon binding with purinergic agonists and are permeable to Na<sup>+</sup>, K<sup>+</sup> and Ca<sup>2+</sup> (North, 2002). ATP was reported to increase in endolymph during noise exposure, which would lead to an increased parasensory K<sup>+</sup> flux via P2X2 receptors (Lee and Marcus, 2008). This has been proposed in the cochlea to serve as a protective mechanism to reduce the flux through the sensory pathway during intense stimulation and is likely also operant in the vestibular system (Lee and Marcus, 2008).

Extracellular UTP decreased ENaC-dependent transepithelial current via P2Y<sub>4</sub> receptors in Reissner's membrane, although the membrane location of the receptor was not determined (Kim et al., 2010). Signaling was thought to be mediated by a decrease of phosphatidylinositol 4,5-bisphosphate in the plasma membrane through phospholipase C activation. It is not yet known if the effect is directly on proteins in the Na<sup>+</sup> transport pathway or if the effect is indirect, such as through a membrane potential change.

Extracellular ATP increased transepithelial current via P2X<sub>2</sub> receptors in outer sulcus cells and vestibular transitional cells (Fig 1) (Lee et al., 2001). These ligand-gated channels must be in the apical membrane in order to account for the direction of current changes. This stimulated current is in addition to nonselective cation channel-mediated current in the absence of exogenous purinergic agonists (Sections 2.3 and 3.4). It is not yet resolved whether these two currents are mediated by separate types of channels or whether the P2X2 receptors in these cells mediate the currents observed in both the presence and absence of exogenous agonist. It is conceivable that there may be constitutive autocrine ATP/UTP release into the unstirred layer adjacent to the apical membrane that partially activated the receptors in the absence of exogenous purines (Corriden and Insel, 2010).

Extracellular ATP caused a biphasic change to the transepithelial voltage and resistance of semicircular canal duct epithelial cells in primary culture when added to the basolateral side but not when added to the apical side (Pondugula et al., 2010). These effects were consistent with regulation of Cl<sup>-</sup> secretion and paracellular permeability but not Na<sup>+</sup> absorption.

The endolymphatic sac expresses several P2Y receptors (Mori et al., 2009) and ATP-stimulated membrane currents (*K<sub>d</sub>* 12 μM) were observed in one or more of the epithelial cells types (Wu and Mori, 1999). The functional significance for sac ion absorption and/or secretion is not yet known.

## 6. Etiology of elevated endolymphatic [Na<sup>+</sup>]

Elevated endolymphatic [Na<sup>+</sup>] can lead to hearing loss through alterations of the mechanical properties of the tectorial membrane (Kronester-Frei, 1979) and function of the inner hair cells, which can form blebs of their apical membrane in response to Na<sup>+</sup> loading (Shi et al., 2005). Changes in net transport rate of Na<sup>+</sup> (as well as other solutes) leads to volume changes of endolymph, since net solute flux is coupled to water movements. Hearing loss and/or vertigo associated with clinical conditions identified as Meniere's syndrome and Scheibe's deformity usually include swelling and shrinking of the inner ear lumen, respectively.



Endolymphatic  $[Na^+]$  rises markedly within minutes during anoxia in the cochlea (Konishi, 1979; Sellick and Johnstone, 1972)(ca. 10 -fold in 30 minutes) and vestibular labyrinth (Sellick et al., 1972). Reductions in cochlear blood flow (ischemic anoxia) has been implicated in a large number of idiopathic hearing loss patients (Lazarini and Camargo, 2006). TNF- $\alpha$  has been proposed as a cellular mediator between infection, autoimmune disorders and systemic inflammatory responses and vasoconstriction (ischemia) (Scherer et al., 2010). If a patient with hearing loss due to ischemia and the accompanying elevated endolymphatic  $[Na^+]$  is to recover, it is reasonable to speculate that part of that process would involve stimulated  $Na^+$  reabsorption.

Other pathologic conditions may also lead to elevated endolymphatic  $[Na^+]$ . Increases in endolymphatic  $[Na^+]$  likely occur during genetic or acute conditions that down-regulate the activity of the  $K^+$  channel KCNJ10 (Kir4.1), the channel expressed in the plasma membrane of stria intermediate cells that constitutes the site of EP generation (Marcus et al., 2002). A large, graded reduction in  $[K^+]$  of cochlear endolymph was observed in heterozygous and homozygous KCNJ10 mice compared to wild type mice (Marcus et al., 2002). It is assumed that large decreases in endolymphatic  $[K^+]$  are accompanied by increases in  $[Na^+]$  to maintain approximate osmotic balance. However, small decreases in endolymphatic  $[K^+]$  have been observed during cisplatin administration that were not accompanied by a measureable increase in  $[Na^+]$ (Laurell et al., 1995) . Oxidative and nitrate stress in the stria vascularis occurs under a number of conditions and it has been shown that sufficient stress leads to a downregulation of KCNJ10 (Singh and Wangemann, 2007). It remains to be demonstrated directly whether  $[Na^+]$  is elevated under these conditions. It should be noted that an often-used model of endolymphatic hydrops created by obliteration or obstruction of the endolymphatic sac and/or duct does not result in changes to the cochlear endolymphatic  $[Na^+]$  (e.g., (Ikeda and Morizono, 1991; Konishi et al., 1981)).

Nonsyndromic autosomal recessive deafness (DFNA8/10) has been associated with mutations of the transmembrane serine protease TMPRSS3 (Guipponi et al., 2002). TMPRSS3 activates the epithelial  $Na^+$  channel (ENaC), a key pathway for  $Na^+$ absorption by several inner ear epithelia (*vide infra*). Thus, it is possible that inner ear ENaC is a substrate of TMPRSS3 and that a dysfunction of ENaC is involved in the pathogenesis of DFNA8/10. Other isoforms of TMPRSS are also implicated in hearing loss, including TMPRSS1, 2, 5 and 10 (Guipponi et al., 2008), although their capacity to activate ENaC has not been reported.

The  $Na^+$  transport mechanisms described here were determined in mature healthy animal models. Constellations of expressed transport genes are known to vary during development in many systems due to markedly evolving needs of the developing organism, during changed ionic and hormonal status of fluids and in the presence of gene mutations. For example, recent studies have shown that mutations of a deafness gene (Slc26a4) in one cell type can lead to pathological changes in transport genes in other cells (Singh and Wangemann, 2007; Wangemann et al., 2004). Further, important transport functions such as cell-cell communication can be altered during embryonic times and lead to developmental problems in hearing (Kim and Wangemann, 2011). Epithelial  $Na^+$  transport genes in particular are known to undergo *postpartum* changes in activity and expression with critical functional significance in the lung (Eaton et al., 2009). Genetic and disruptions to ion homeostasis, including that of  $Na^+$ , have been proposed as important factors in the etiology of Meniere's syndrome by way of making the ear more fragile and susceptible to instability and dysfunction of hearing and balance function (Rauch, 2010).

## Summary

This review has focused on the epithelial domains in the inner ear that have been shown to absorb  $\text{Na}^+$  from endolymph. The transport pathways responsible and the known regulatory pathways were described. Dysfunction of  $\text{Na}^+$  transport in the inner ear can be one of the causes of endolymphatic hydrops or sensory hair cell dysfunction. However, there are likely yet-to-be-determined  $\text{Na}^+$  transport pathways in inner ear epithelial cells whose discovery will enable our understanding and eventual treatment of inner ear disorders. Potentially important aspects of the topic that have not been addressed include embryonic development of  $\text{Na}^+$  transport, mutations of  $\text{Na}^+$  transport-related genes that lead to hearing loss and vertigo, and  $\text{Na}^+$  transport genes whose specific function in the inner ear have not yet been clearly established.

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## Abbreviations

<b>ATP</b>	adenosine triphosphate
<b>cAMP</b>	cyclic adenosine monophosphate
<b>EIPA</b>	ethylisopropylamiloride
<b>ENaC</b>	epithelial sodium channel
<b>LAASC</b>	low-amiloride-affinity $\text{Na}^+$ channel
<b>Nedd</b>	<u>ne</u> ural precursor cell-expressed <u>d</u> evelopmentally <u>d</u> ownregulated
<b>NHE</b>	$\text{Na}^+$ , $\text{H}^+$ -exchanger
<b>NKCC</b>	$\text{Na}^+$ , $\text{K}^+$ , $\text{Cl}^-$ cotransporter
<b>NSC</b>	non-selective cation
<b>PI3K</b>	phosphatidylinositol 3-kinase
<b>RT-PCR</b>	reverse transcriptase polymerase chain reaction
<b>SGK</b>	<u>s</u> erum- and <u>g</u> lucocorticoid-regulated <u>k</u> inase
<b>UTP</b>	uridine triphosphate

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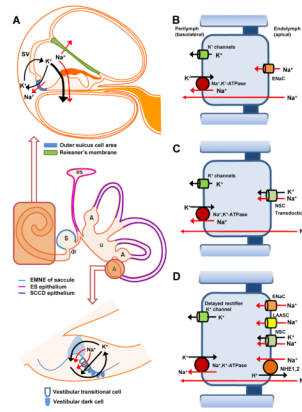
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**Figure 1. Schematic drawing of transepithelial Na<sup>+</sup> transport in the inner ear**

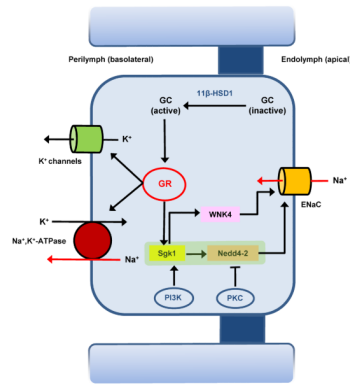
**A)** Na<sup>+</sup> ions in the endolymphatic space are absorbed (*red arrows*) by cochlear, vestibular and sac epithelial cells. Cochlear cross section (*upper panel*), vestibular system with endolymphatic sac (*middle panel*) and ampulla (*bottom panel*). Absorptive cells are rendered in colors identified in the legends.

**B)** Transport model for epithelial sodium channel (ENaC)-mediated Na<sup>+</sup> absorption (Reissner's membrane, saccule and semicircular canal duct). Na<sup>+</sup> absorption by these cells is regulated by glucocorticoid and purinergic signaling pathways (see text).

**C)** Na<sup>+</sup> absorption mediated by nonselective cation (NSC) channels (outer sulcus cells and vestibular transitional cells; transduction channels of cochlear and vestibular hair cells). Na<sup>+</sup> absorption by all of these cells is regulated by purinergic signaling pathways (see text).

**D)** Na<sup>+</sup> absorption by the endolymphatic sac mediated by cationchannels of different ion permeabilities (ENaC, NSC and low amiloride-affinity sodium channel (LAASC)) and electroneutral Na<sup>+</sup>H<sup>+</sup> exchange (NHE). The depicted transport processes are modeled here in one cell but may occur in multiple cell types. Na<sup>+</sup> absorption by these cells is thought to be regulated by glucocorticoid and purinergic signaling pathways (see text).

All cell models extrude Na<sup>+</sup> from the cell cytosol into the basolateral fluid, perilymph, via the Na<sup>+</sup>-pump (Na<sup>+</sup>,K<sup>+</sup>-ATPase) in parallel with a K<sup>+</sup> conductance. S, saccule; es, endolymphatic sac; u, utricle; dr, ductus reuniens; A, ampulla of semicircular canal duct.



**Figure 2.**

Schematic drawing of glucocorticoid-regulated Na<sup>+</sup> absorption in the mouse Reissner's membrane and rat semicircular canal duct epithelial cells. Inactive forms of glucocorticoid are activated by 11β-hydroxysteroid dehydrogenase 1 (11β-HSD1), which then increases ENaC expression via the glucocorticoid receptor (GR) – serum glucocorticoid-regulated kinase 1 (SGK1) - Neural precursor cell-expressed developmentally downregulated 4-2 (Nedd4-2) pathway. WNK4 was also suggested to be involved in the glucocorticoid regulated-Na<sup>+</sup> transport pathway in Reissner's membrane. Glucocorticoid-stimulated Na<sup>+</sup> absorption is positively regulated by phosphatidylinositol 3-kinase (PI3K) and negatively regulated by protein kinase C (PKC) in canal epithelial cells. The rate of Na<sup>+</sup> absorption is stimulated by glucocorticoid activation of GR in mouse saccule; however, the mechanism of glucocorticoid-enhanced Na<sup>+</sup> absorption via ENaC was not defined molecularly.