

CLINICAL UTILITY GENE CARD

Clinical utility gene card for: Joubert syndrome

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1. DISEASE CHARACTERISTICS

1.1 Name of the disease (synonyms)

Joubert syndrome (JS);¹⁻⁴ Joubert-Boltshauser syndrome; Joubert syndrome related disorders (JSRD), including: Cerebellar vermian hypoplasia/aplasia, oligophrenia, congenital ataxia, ocular coloboma, and hepatic fibrosis (COACH) syndrome; Cerebellooculorenal or cerebello-oculo-renal (COR) syndrome; Dekaban-Arima syndrome; Váradi-Papp syndrome or orofacioidigital type VI (OFDVI) syndrome; Malta syndrome.

1.2 OMIM# of the disease

213300, 243910, 216360, and 277170.

1.3 Name of the analysed genes or DNA/chromosome segments

JBTS1/INPP5E, JBTS2/TMEM216, JBTS3/AHI1, JBTS4/NPHP1, JBTS5/CEP290, JBTS6/TMEM67, JBTS7/RPGRI1L, JBTS8/ARL13B, JBTS9/CC2D2A, and JBTS10/OFD1.

1.4 OMIM# of the gene(s)

613037, 613277, 608894, 607100, 610142, 609884, 610937, 608922, 612013, and 300170.

1.5 Mutational spectrum

Missense and nonsense mutations, splice site mutations, deletions, and insertions. Genomic rearrangements so far reported only for NPHP1 (homozygous deletions represent >95% mutations) and CEP290 (heterozygous multiexon deletion reported in a single patient). Marked allelic heterogeneity, with a large number of mutations, was reported in each of the 10 genes. Gene-phenotype correlations are known for selected genes (about 50% patients with COR phenotype and about 75% patients with COACH phenotype have mutations in CEP290 and TMEM67 genes, respectively).

1.6 Analytical methods

Direct sequencing of coding genomic regions and splice site junctions; multiplex microsatellite analysis for detection of NPHP1 homozygous deletion. Possibly, qPCR or targeted array-CGH for detection of genomic rearrangements in other genes.

1.7 Analytical validation

Direct sequencing of both DNA strands; verification of sequence and qPCR results in an independent experiment.

1.8 Estimated frequency of the disease

(incidence at birth ('birth prevalence') or population prevalence)

No good population-based data on JSRD prevalence have been published. A likely underestimated frequency between 1/80 000 and 1/100 000 live births is based on unpublished data.

1.9 If applicable, prevalence in the ethnic group of investigated person

In Ashkenazi Jews, the estimated carrier frequency of the founder mutation p.R73L in the *TMEM216* gene is about 1%.

1.10 Diagnostic setting

	Yes	No
A. (Differential) diagnostics	<input checked="" type="checkbox"/>	<input type="checkbox"/>
B. Predictive testing	<input type="checkbox"/>	<input checked="" type="checkbox"/>
C. Risk assessment in relatives	<input checked="" type="checkbox"/>	<input type="checkbox"/>
D. Prenatal	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Comment: The early detection of breathing abnormalities and/or oculomotor apraxia is suggestive of JS and related disorders. Definite diagnosis is made based on the identification of the characteristic hindbrain malformation on brain imaging, that is, the 'molar tooth sign' or its component features.

2. TEST CHARACTERISTICS

Genotype or disease	A: True positives		C: False negatives	
	B: False positives		D: True negatives	
	Present	Absent		
Test				
Positive	A	B	Sensitivity:	A/(A+C)
			Specificity:	D/(D+B)
Negative	C	D	Positive predictive value:	A/(A+B)
			Negative predictive value:	D/(C+D)

2.1 Analytical sensitivity

(proportion of positive tests if the genotype is present)

Nearly 100%. A test for large deletions/duplications in genes other than NPHP1 should be considered, especially in patients in whom a single heterozygous mutation has been detected with conventional sequencing. The presence of deep intronic mutations is not explored with current screening methods.

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2.2 Analytical specificity

(proportion of negative tests if the genotype is not present)

Nearly 100%.

2.3 Clinical sensitivity

(proportion of positive tests if the disease is present)

The overall clinical sensitivity for JSRD can be estimated at <50%, although a comprehensive mutation screening of all known genes in a cohort of JSRD patients has not been reported to date. It is expected that several disease-causative genes still remain to be identified.

The clinical sensitivity can be dependent on variable factors, such as age or family history, and can be higher in selected clinical subgroups based on existing gene–phenotype correlates. For instance, ~75% of patients with JSRD and congenital liver fibrosis (including COACH syndrome) carry mutations in the *TMEM67* gene, and few additional patients are mutated either in *RPGRIP1L* or *CC2D2A*, raising the clinical sensitivity to >90% in this specific JSRD subgroup.

2.4 Clinical specificity

(proportion of negative tests if the disease is not present)

The clinical specificity is unknown, as a large number of patients with similar phenotypes (eg, cerebellar vermis hypoplasia without the molar tooth sign) have not been tested for mutations, and as mutations in JSRD-causative genes have been documented in patients with other conditions.

In particular, JSRD is allelic to the following disorders:

- Meckel syndrome at five gene loci (*TMEM216*, *CEP290*, *TMEM67*, *RPGRIP1L*, and *CC2D2A*);
- Nephronophthisis and Senior–Løken syndrome at four gene loci (*NPHP1*, *CEP290*, *TMEM67*, and *RPGRIP1L*);
- Leber Congenital Amaurosis at one gene locus (*CEP290*);
- Oro-facio-digital type I syndrome at one gene locus (*OFD1*).

2.5 Positive clinical predictive value

(life time risk to develop the disease if the test is positive)

The penetrance of disease-associated mutations is 100%, with clinical variability. Multiorgan involvement, such as retinal, renal, or hepatic disease, may develop at a later age (for instance, retinal dystrophy may present with congenital blindness or with progressive retinopathy; juvenile nephronophthisis usually becomes symptomatic towards the end of the first decade of life; congenital hepatic fibrosis is also progressive and may manifest at a variable age).

2.6 Negative clinical predictive value

(probability of not developing the disease if the test is negative)

JSRD are congenital disorders, and the neurological phenotype associated with the brain malformation manifests either in the neonatal period (hypotonia, irregular breathing, and nystagmus) or in the first year (developmental delay and oculomotor apraxia). A particular facial phenotype (open mouth, protruded tongue, high-arched eyebrows, and anteverted nostrils) is commonly observed in infancy. Very rarely, mild phenotypes may remain undiagnosed for years.

Proband in that family had been tested:

If mutations with established pathogenic significance in a given gene have been detected in the proband, the probability for a relative (eg, a sibling) to develop the disease if the test is negative is negligible.

Proband in that family had not been tested:

If mutations with established pathogenic significance are not detected in the proband, the clinical predictive value of a negative genetic test is low (<50%), even if all known genes have been comprehensively screened, as not all JSRD-causative genes are known. Nevertheless, a one in four recurrence risk in the future pregnancies should be assigned.

3. CLINICAL UTILITY

3.1 (Differential) diagnostics: the tested person is clinically affected
(To be answered if in 1.10 'A' was marked)

3.1.1 Can a diagnosis be made other than through a genetic test?

No	<input type="checkbox"/>	(continue with 3.1.4)
Yes	<input checked="" type="checkbox"/>	
		Clinically <input checked="" type="checkbox"/>
		Imaging <input checked="" type="checkbox"/>
		Endoscopy <input type="checkbox"/>
		Biochemistry <input type="checkbox"/>
		Electrophysiology <input type="checkbox"/>
		Other (please describe) <input type="checkbox"/>

3.1.2 Describe the burden of alternative diagnostic methods to the patient

Brain magnetic resonance imaging usually requires sedation or general anaesthesia in neonates and young children. Clinical diagnosis without brain imaging or genetic testing is nonspecific in many patients.

3.1.3 How is the cost effectiveness of alternative diagnostic methods to be judged?

Brain magnetic resonance imaging is necessary and sufficient to diagnose JSRD based on the identification of the 'molar tooth sign'.

3.1.4 Will disease management be influenced by the result of a genetic test?

No	<input type="checkbox"/>	
Yes	<input checked="" type="checkbox"/>	
Therapy (please describe)		Therapy is foreseeable for specific complications of Joubert syndrome-related disorders; for instance, renal insufficiency related to nephronophthisis must be adequately managed and may eventually require dialysis or renal transplantation.
Prognosis (please describe)		Mutations in distinct genes are preferentially associated with a very high incidence of hepatic fibrosis (<i>TMEM67</i>) or nephronophthisis (<i>NPHP1</i> , <i>RPGRIP1L</i> , and <i>CEP290</i>), two life-threatening complications of Joubert syndrome-related disorders.
Management (please describe)		Once the diagnosis of Joubert syndrome-related disorders is made, the extent of multiorgan involvement should be evaluated through an articulated diagnostic protocol. To this aim, the knowledge of the causative gene may help address the diagnostic workflow based on known gene–phenotype correlates. For instance, patients carrying mutations either in <i>NPHP1</i> , <i>CEP290</i> , or <i>RPGRIP1L</i> must undergo an accurate nephrologic follow-up from the first years of life that is needed to detect early signs of renal dysfunction and plan appropriate therapies. Similarly, <i>TMEM67</i> mutations are nearly invariably associated with congenital liver fibrosis that should be adequately investigated and followed-up to prevent potential complications.

3.2 Predictive Setting: The tested person is clinically unaffected but carries an increased risk based on family history

(To be answered if in 1.10 'B' was marked)

3.2.1 Will the result of a genetic test influence lifestyle and prevention?

If the test result is **positive** (please describe)

If the test result is **negative** (please describe)

3.2.2 Which options in view of lifestyle and prevention does a person at-risk have if no genetic test has been done (please describe)?

Not applicable.

3.3 Genetic risk assessment in family members of a diseased person

(To be answered if in 1.10 'C' was marked)

3.3.1 Does the result of a genetic test resolve the genetic situation in that family?

Genetic testing of parents and healthy siblings may disclose whether they are heterozygous carriers of a pathogenic mutation.

The detection of heterozygous mutations in both parents sets the recurrence risk for future pregnancies at one in four, and enables prenatal diagnosis.

3.3.2 Can a genetic test in the index patient save genetic or other tests in family members?

No.

3.3.3 Does a positive genetic test result in the index patient enable a predictive test in a family member?

Identifying the causal mutations in the probands allows for carrier testing in parents and relatives.

3.4 Prenatal diagnosis

(To be answered if in 1.10 'D' was marked)

3.4.1 Does a positive genetic test result in the index patient enable a prenatal diagnosis?

Yes. Prenatal diagnosis is feasible in families in which the causative mutations (according to autosomal recessive or X-linked inheritance) have been identified in the proband and confirmed in carrier parents. Prenatal imaging should be considered to confirm the genetic diagnosis, particularly with mutations that are of less certain pathogenicity (eg, missense).

4. IF APPLICABLE, FURTHER CONSEQUENCES OF TESTING

Please assume that the result of a genetic test has no immediate medical consequences. Is there any evidence that a genetic test is nevertheless useful for the patient or his/her relatives? (Please describe).

Confirmation of the diagnosis may end a diagnostic odyssey and helps in avoiding additional unnecessary investigations and the stress of uncertainty for the family. Contact with appropriate patient organisation may prove helpful.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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