

n-3 polyunsaturated fatty acids in the maternal diet modify the postnatal development of nervous regulation of intestinal permeability in piglets

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Non-technical summary In this study, we demonstrated that supplementation of the maternal diet with a particular fatty acid, 18:3 *n*-3, the precursor of the *n*-3 fatty acid family, modified intestinal permeability, probably via diet-induced neuroplastic changes of the enteric nervous system of newborn piglets. These findings suggest that feeding fatty acids of the *n*-3 family during pregnancy and lactation impact newborn intestinal barrier function. However, the beneficial versus harmful consequences of this increased intestinal permeability remain to be elucidated.

Abstract The intestinal epithelial barrier (IEB) plays a key role in the maintenance of gut homeostasis and the development of the immune system in newborns. The enteric nervous system (ENS), a key regulator of gastrointestinal functions, has been shown to be modulated by nutritional factors. However, it remains currently unknown whether maternal diet, in particular *n*-3 polyunsaturated fatty acids (*n*-3PUFAs), can impact upon the IEB in newborn piglets and whether the ENS is involved in this effect. Sows received either a control diet (lard based) or an *n*-3PUFA diet (linseed oil based) during gestation and lactation. Intestinal paracellular permeability was assessed in Ussing chambers on piglets at birth, 3, 7, 14, 21 and 28 postnatal days (PND). Basal jejunal permeability increased significantly and similarly in both groups until PND14 and decreased thereafter. However, at PND28, permeability was higher in *n*-3PUFA animals as compared to controls. In addition, a vasoactive intestinal peptide (VIP) receptor antagonist increased paracellular permeability in controls but not in *n*-3PUFA piglets. Conversely, atropine and hexamethonium decreased paracellular permeability in the *n*-3PUFA group but not in the control group. Moreover, the *n*-3PUFA diet increased the proportion of choline acetyltransferase (ChAT)-immunoreactive (IR) neurons and decreased the proportion of VIP-IR neurons in the submucosal plexus of piglet jejunum compared to controls. In addition, in primary culture of rat ENS, we showed that 20:5*n*-3 but not 18:3*n*-3 increased the proportion of ChAT-IR neurons and decreased the proportion of VIP-IR neurons. In conclusion, supplementation of the maternal diet with *n*-3PUFAs modified intestinal permeability probably via diet-induced neuroplastic changes in the ENS of newborn piglets.

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Abbreviations CCH, carbachol; ChAT, choline acetyltransferase; ENS, enteric nervous system; FD4, FITC-dextran 4000; IEB, intestinal epithelial barrier; IL-1 β , interleukin-1 β ; IL-6, interleukin-6; IL-10, interleukin-10; LC-PUFA, long-chain polyunsaturated fatty acid; MUFA, monounsaturated fatty acid; PGP9.5, protein gene product 9.5; PND, post-natal day; PUFA, polyunsaturated fatty acid; SFA, saturated fatty acid; TNF α , tumour necrosis factor α ; TTX, tetrodotoxin; VIP, vasoactive intestinal peptide; VIPra, VIP receptor antagonist; ZO-1: zonula occludens 1.

Introduction

The intestinal epithelial barrier (IEB) plays a key role in the immune system development of newborns. The IEB is located at the interface between exogenous substances within the intestinal lumen (bacteria, pathogens, antigens ...) and the immune system (Freier, 1989). After birth, individuals with a high intestinal permeability are at risk from excessive passage of toxins and development of inflammation (Israel, 1994). However, a high permeability seems also necessary to educate the immune system by regulating the passage of antigens involved in the development of oral tolerance (da Silva *et al.* 2002; Gebbers & Laissue, 2004; Zhang *et al.* 2010). Polyunsaturated fatty acids of the $n-3$ family ($n-3$ PUFAs) are known for their beneficial effect on intestinal inflammatory disorders. A high 18:3 $n-3$ maternal diet reduced the inflammation response in experimental colitis in rat pups (Jacobson *et al.* 2004). $n-3$ PUFA supplementation also reduces the incidence of necrotizing enterocolitis in a murine model (Caplan & Jilling, 2001). Dietary $n-3$ PUFAs are also beneficial for oral tolerance acquisition in mice (Harbige & Fisher, 2001). Moreover, supplementation of the maternal diet with $n-3$ PUFAs during pregnancy and lactation decreased the risk of food allergy in infants with a family history of allergic disease (Furuhjelm *et al.* 2009).

$n-3$ PUFAs' beneficial effect upon intestinal inflammation could partly be accounted for by an effect upon the IEB. However, the effects of $n-3$ PUFAs on intestinal permeability are not fully elucidated, as different models and different $n-3$ PUFAs have led to conflicting results. In particular, while long chain PUFAs (20:5 $n-3$ and 22:6 $n-3$) increased paracellular permeability in Caco-2 monolayers (Usami *et al.* 2001, 2003), Rosella *et al.* (2000) showed that 20:5 $n-3$ did not modify paracellular permeability in the same model. In contrast, $n-3$ PUFAs (20:5 $n-3$ and 22:6 $n-3$) reduced IL-4 induced increase in permeability in human intestinal epithelial cell culture (T84) (Willemsen *et al.* 2008). *In vivo*, in adult rats, dietary $n-3$ PUFAs (20:5 $n-3$ and 22:6 $n-3$) had no effect on paracellular jejunal permeability (Vine *et al.* 2002). In contrast, supplementation of the maternal diet with fish oil (20:5 $n-3$ and 22:6 $n-3$) increased paracellular permeability in rat colon at 15 days of age (Innis *et al.* 2010). This led to increased susceptibility to dinitrobenzene sulfonic acid-induced colitis later in life, at 3 months of age (Innis *et al.* 2010). Finally, besides this unclear effect of $n-3$ PUFAs upon the IEB in adults, their impact on newborn IEB function has not yet been described in much detail.

The IEB function is influenced by various physiological stimuli such as nutrients, mediators from the immune system or the enteric nervous system (ENS) (Pacha, 2000; Keita & Söderholm, 2010). The ENS forms a neuronal network embedded within the gastrointestinal wall and divided into two plexuses: the myenteric and the

submucosal plexus. Submucosal neurons innervate the mucosa and regulate absorption and secretion of fluid and electrolytes (Hens *et al.* 2000). More recently, the role of the ENS on the control of paracellular permeability has been demonstrated. In pigs, tetrodotoxin (TTX, a blocker of Na⁺ channels) increased basal jejunal paracellular permeability suggesting that a basal neuronal activity exerts an inhibitory tonus on intestinal permeability (Hayden & Carey, 2000). *In vivo* studies in animal models suggested that different neuromediators participate in this regulation (Hällgren *et al.* 1998; Hayden & Carey, 2000). In particular, vasoactive intestinal peptide (VIP) has been shown to decrease paracellular permeability *in vivo* and *in vitro* (Hällgren *et al.* 1998; Neunlist *et al.* 2003; Boudry *et al.* 2011). Conversely, acetylcholine (ACh) has been shown to increase the paracellular permeability of rat (Phillips *et al.* 1987), rabbit (Greenwood & Mantle, 1992), mice (Cameron & Perdue, 2007) and piglets (Boudry *et al.* 2011).

The development of the ENS is associated with a time-dependent change in the expression of major neuromediators within enteric neurons which occurs during the pre- and post-natal period (Newgreen & Young, 2002). In piglet small intestine, 12% of submucosal neurons are VIP-immunoreactive (IR) at birth; this proportion increases to 23% at PND3 (Van Haver *et al.* 2008) and reaches 50% at 6 weeks post-natal (Hens *et al.* 2000). Concerning the cholinergic population, in the rat colon, the proportion of choline acetyltransferase (ChAT)-IR neurons increases within the first 5 weeks post-natal from 2 to 13%, and is probably responsible for the development of colonic motility in rat pups (de Vries *et al.* 2010). By analogy with its impact upon motility, the post-natal maturation of VIP-IR and ChAT-IR neurons could also impact upon the regulation of the IEB function by the ENS. Furthermore, recent data suggest that endogenous (such as glial cell line-derived nerve growth factor) or exogenous (such as butyrate) factors induce neuroplastic changes in ENS and impact on GI functions (Rodrigues *et al.* 2010; Soret *et al.* 2010). However, whether $n-3$ PUFAs can induce neuroplastic changes in the ENS and their functional impact upon gut permeability remain currently unknown.

The purpose of this study was therefore to investigate the effect of 18:3 $n-3$ in the maternal diet on the development of intestinal permeability of newborn piglets and the possible involvement of $n-3$ PUFA-induced modifications of the ENS.

Methods

Animals and diets

The experimental protocol was designed in compliance with recommendations of French law (Decree: 2001-464 29/05/01) and EEC (86/609/CEE) for the care and use of

Table 1. Composition of diets

Ingredients (g kg ⁻¹)	Control		<i>n</i> -3PUFA	
	Gestation	Lactation	Gestation	Lactation
Wheat	221	227	221	227
Corn	100	120	100	120
Barley	337	254	337	254
Wheat bran	155	100	155	100
Soybean meal	90	210	90	210
Sugar beet pulp	50	—	50	—
Calcium carbonate	19	11	19	11
Dicalcium phosphate	3	13	3	13
Sodium chloride	5	5	5	5
Trace element and vitamin mix	5	5	5	5
Linseed oil	—	—	15	55
Lard	15	55	—	—
Fatty acid composition (g (kg diet) ⁻¹)				
SFA	9.2	33.9	4.5	9.9
MUFA	7.7	27.0	5.4	13.6
PUFA	12.0	20.3	15.3	39
<i>n</i> -6PUFA	10.5	18.1	10.0	16.4
18:2 <i>n</i> -6	10.4	17.9	10.0	16.4
<i>n</i> -3PUFA	1.5	2.0	5.3	22.6
18:3 <i>n</i> -3	1.4	1.9	5.2	22.6
18:2 <i>n</i> -6/18:3 <i>n</i> -3	7.8	9.5	2.0	0.7

laboratory animals under the certificate of authorization to experiment on living animals no. 35–69. Twelve (2 × 6) sows (Large White × Landrace, 241 ± 5 kg) and their piglets ((Large White × Landrace) × Pietrain) from the experimental herd of INRA (St Gilles, France) were used.

Isocaloric and isolipidic diets were formulated accordingly to nutrient and energy needs of pregnant and lactating sows. They were composed of a standard (no lipid added) gestation or lactation diet (Cooperl, Lamballe, France) supplied with 40 ppm α -tocopherol and either lard (control) or linseed oil (*n*-3 PUFA) (Valorex, France) (Table 1). Sows were separated into two groups at the 28th day of gestation: the first group received the control diet throughout the rest of gestation and lactation while the second received the *n*-3PUFA diet. Sows were given 2.8 kg day⁻¹ of food during gestation and 7 kg day⁻¹ during lactation, the transition from 2.8 to 7 kg day⁻¹ being gradual within 1 week.

Sows were weighed every 3 weeks. Parturitions were not induced. The number of piglets was adjusted to 10–12 piglets 48 h after parturition, by removing the extra piglets from the litter. Piglets were weighed weekly, starting at birth.

Tissue collection

One piglet per litter was killed at birth before suckling (day 0), then at 3, 7, 14, 21 and 28 post-natal days (PND). Piglets were separated from the sow 1 h before killing. Each piglet was killed by electronarcosis and exsanguination. After opening the abdominal cavity, the proximal jejunum was collected. Segments of 20 cm were rinsed and placed in a Ringer bicarbonate solution (Na⁺ 145 mM, Cl⁻ 128 mM, PO₄³⁻ 0.32 mM, Ca⁺ 2 mM, Mg²⁺ 1 mM, HCO₃⁻ 25 mM, SO₄²⁻ 1 mM, K⁺ 6.3 mM, pH 7.4) for immediate Ussing chamber experimentation. Segments of 10 cm were immediately frozen for the fatty acid composition and stored at -20°C until analysis. For RNA extraction, 100 mg of jejunum was placed into RNAlater (Applied Biosystems, France) at 4°C for 24 h and then maintained at -20°C for later analysis. For Western blot analysis, segments of 1 cm were immediately frozen and stored at -80°C until analysis. For histomorphometry and immunohistochemistry, segments of 5 cm were stripped of external muscle, stretched and placed in 4% formaldehyde for 4 h and stored in 0.1 M phosphate buffered saline (PBS) containing 0.01% NaN₃ at 4°C.

Determination of fatty acid composition

Total lipids of the intestine were extracted with the method described by Folch *et al.* (1957) (chloroform and methanol; 2:1, v/v). Fatty acid composition was determined as previously described (de Quelen *et al.* 2010).

Ussing chamber experiments

Jejunal permeability. Segments of proximal jejunum were stripped of external muscle and mounted in Ussing chambers (0.6 cm² exposed surface area) as previously described (Boudry *et al.* 2002). Tissues were bathed with a Ringer bicarbonate solution with D-glucose (16 mmol l⁻¹) on the serosal side osmotically balanced by mannitol (16 mmol l⁻¹) on the mucosal side (8 ml on each side). Bathing solutions were maintained at 39°C and gassed with 5% CO₂-95% O₂. Tissue viability was continuously monitored via trans-epithelial potential difference measurement every 30 min. Fluorescein-isothiocyanate conjugated dextran 4000 Da (FD4, Sigma, France) was used to examine intestinal permeability. FD4 (375 mg l⁻¹) was added to the mucosal buffer 10 min after tissues had been mounted. Serosal samples (500 μ l) were taken at 30 min intervals for 2 h and replaced with fresh buffer to maintain constant volume. The concentration of FD4 in the samples was measured with a fluorimeter (fluorimeter LB940 Mithras, Berthold) and fluxes expressed as nanogram per square centimetre per hour (ng cm⁻² h⁻¹).

Table 2. Primer sequences used in real-time PCR reactions

Gene	Protein name	Forward Primer	Reverse Primer	Accession no.
ChAT	Choline acetyl transferase	5'-AGCTAGCCTTCTACAGGCTCCAT-3'	5'-CGTCTCATAGGTAGGCACGA-3'	J03021
Claudin 1	Claudin 1	5'-CGGCCCTTGAGCCGGTGCTA-3'	5'-TCTGCCCGGTGCTCTGCGAC -3'	FJ873109
GAPDH	Glyceraldehyde 3-phosphate dehydrogenase	5'-CATCCATGACAACTTCGGCA-3'	5'-GCATGGACTGTGGTCATGAGTC-3'	AF017079
IL-1 β	Interleukin-1 β	5'-GTGATGGCTAACTACGGTGACAA-3'	5'-CTCCATTCTCAGAGAACCAAG-3'	M86725
IL-6	Interleukin-6	5'-GTCGAGGCTGTGCAGATTAGT-3	5'-TTCTGTGACTGCAGCTTATCC-3'	M80258
IL-10	Interleukin-10	5'-CGGCGTGTGCATCAATTTCTG-3'	5'-CCCCTCTTTGGAGCTTGCTA-3'	L20001
occludin	occludin	5'-AGGTGCACCTCCAGATTGGCT-3'	5'-AGCATTGGTCGAATGGGCGTC -3'	FN400888
S6		5'-GTTGGATCTCTTTTCGTGGCGCC-3'	5'-TCCACCACTGATTCGGACCACAT -3	XM_003121890
TNF α	Tumour necrosis factor	5'-ATCGGCCCCAGAAAGGAAGAG-3'	5'-GATGGCAGAGAGGAGTTGAC-3'	M29079
VIP	Vasoactive intestinal peptide	5'-GCCTCACGGAAGTTCAGCACCC-3'	5'-AGTCTGTCCCTCAGAGCAGAAGGT-3'	GU576974
ZO-1	Zonula occludens 1	5'-CGGCCCTTGAGCCGGTGCTA-3'	5'-TCTGCCCGGTGCTCTGCGAC -3'	XM_003121672

Neuropharmacology of paracellular permeability. The general neurotoxin TTX (10^{-6} M, Sigma), the neuropeptide VIP (10^{-6} M, Sigma), the specific VIP receptor antagonist VIPra (VIP6-28 10^{-6} M, Sigma), the acetylcholine receptor agonist carbachol (CCH, 10^{-3} M, Sigma) or the specific acetylcholine receptor antagonists atropine (muscarinic antagonist, 10^{-5} M, Sigma) and hexamethonium (nicotinic antagonist, 10^{-5} M, Sigma) were added to the serosal side of the chamber before the addition of FD4 to the mucosal side, and the 2 h flux was determined.

Morphometry

Histological sections ($5\ \mu\text{m}$) were stained with haematoxylin and eosin then examined under a light microscope (Nikon ECLIPSE E400, Nikon Instruments, France) and image analysis software (NIS-Elements AR3.0, Nikon Instruments). Villi height and area and crypt depth were measured in 15–20 well-oriented crypt-villus units per piglet.

Immunohistochemistry and identification of cholinergic and VIPergic neuronal cell populations

Inner submucosal plexus were obtained by microdissection of the fixed proximal jejunum. They were then permeabilized for 24 h in PBS/NaN₃ containing 0.5% Triton X-100 (Sigma, France) and 4% horse serum (Sigma). Submucosal plexuses were incubated overnight at 4°C with rabbit anti-protein gene product 9.5 (PGP9.5, 1:2000; Tebu-bio; France) and mouse anti-VIP (1:1000; Biogenesis, UK) or goat anti-ChAT (1:200; Millipore, France). After incubation with primary antibodies, tissues were incubated for 3h at room temperature with the following secondary antibodies coupled to fluorochromes:

anti-rabbit IgG (for PGP9.5 revelation) conjugated to fluorescein isothiocyanate (1:200; Jackson Immuno-Research Laboratories, Inc., USA) and either anti-mouse IgG (for VIP revelation) or anti-goat IgG (for ChAT revelation) both conjugated to carboxymethylindocyanine (1:500; Jackson ImmunoResearch). Pictures were acquired with a digital camera (Nikon DS-Ri1, Nikon Instruments, France) coupled to a fluorescence microscope (Nikon ECLIPSE E400) and analysed with image analysis software (NIS-Elements AR3.0, Nikon Instruments). The number of ChAT-IR or VIP-IR cells and PGP9.5-IR cells was counted in at least 10 ganglia per tissue and per condition. Data are expressed as the percentage of ChAT-IR or VIP-IR neurons normalized to the total number of PGP9.5-IR neurons.

Expression of neuronal marker, tight junction protein and cytokines by RT-PCR analysis

Total RNA was extracted from tissue as previously described (Boudry *et al.* 2009). Primers were designed using Primer Express Software (Applied Biosystems) or Primer Blast (NCBI) based on *Sus scrofa* published nucleotides sequences (Icare) and are described in Table 2. Real time RT-PCR was performed as previously described (Boudry *et al.* 2009).

Expression of tight junction proteins (zonula occludens 1, claudin 4 and occludin) by Western blot analysis

Samples of 100 mg of jejunum were homogenized in glass tubes containing 1ml of extracting buffer (1ml of tissue protein extraction reagent (Pierce, France), 1 mM of protease inhibitor cocktail (Sigma, France), 1 mM of sodium orthovanadate (Sigma) and 1 mM

of phenylmethylsulfonyl fluoride (Sigma)) for 15 min on ice and centrifuged (10,000 g, 15 min, 4°C). Supernatants were collected and stored at -80°C. An aliquot of 30 µg protein was mixed with a loading buffer (0.5 M Tris-HCl, 4% SDS, 20% glycerol, 10% 2-mercaptoethanol, 0.004% bromophenol blue) and boiled for 5 min at 95°C before loading onto one-dimension SDS-PAGE gels (10%). For zonula occludens 1 (ZO-1) analysis, proteins were extracted using the Nucleospin RNA/Protein kit (Macherey-Nagel, Hoerd, France) according to manufacturer's instructions with the following modifications. The protein pellets were resuspended in 1% SDS, sonicated and diluted 1:1 in PSB-tris(2-carboxyethyl)phosphine (TCEP) before incubation for 3 min at 95°C for complete protein dissolving and denaturation. Forty micrograms of proteins was loaded onto 4–8% SDS-polyacrylamide gels. After electrophoresis, proteins were transferred to a nitrocellulose membrane (Amersham Biotech, USA) and blocked in blocking buffer (0.1 M PBS, 0.05% Tween 20 (Sigma, France), 3% powdered milk). Blots were then incubated with different primary antibodies overnight at 4°C: mouse monoclonal anti-claudin4 (22 kDa, 1:200, Invitrogen, USA); rabbit monoclonal anti-actin (45 kDa, 1:2000, Sigma, USA); affinity purified rabbit anti-ZO-1 (220 kDa, 1:500, Zymed Laboratories, USA) or rabbit polyclonal anti-occludin (65 kDa, 1:250, Tebu-bio, France). After three washes with PBS, membranes were incubated for 2 h with secondary horseradish peroxidase conjugated antibodies raised against goat, mouse (1:10,000) or rabbit (1:5000) IgG (Santa Cruz Biotechnology, Inc., USA or ThermoFisher, France). Signals were revealed by the ECL Plus Western Blot detection kit (Amersham Biotech, USA). Autoradiograms were scanned, and densitometric values (arbitrary units) were determined using ImageJ or the ImageQuant software (Bio-Rad).

Effect of *n*-3 PUFAs on enteric neurons phenotype in cell culture

Primary enteric neuron cultures were prepared from the small intestine of embryos of rats (E15) as described by Chevalier *et al.* (2008). Cells were maintained in culture for 14 days, half of the medium (DMEM-F12 (1:1) containing 1% of N-2 supplement, Invitrogen, France) being replaced every 2 days. Cultures were then incubated with either 18:3*n*-3 (C₁₈H₂₉O₂Na, Biovalley, France) or 20:5*n*-3 (C₂₀H₂₉O₂Na, Sigma) at two concentrations (1 and 10 µM) for 48 h. *n*-3PUFAs were diluted in the culture medium. Ascorbic acid at 0.1 mM (Sigma) was added to the medium as antioxidant.

After incubation of cultures with *n*-3PUFAs during 48 h, cells were fixed in 0.1 M PBS containing 4% paraformaldehyde for 3 h at room temperature. After

washes with 0.1 M PBS, they were then permeabilized for 30 min with 0.1 M PBS containing 0.1% NaN₃, 0.5% Triton X-100 (Sigma) and 4% horse serum (Sigma). Cells were then incubated sequentially with the primary antibodies for 1.5 h and the secondary antibodies for 30 min (with washes with 0.1 M PBS in between) in the following order: mouse anti-VIP (1:800; Biogenesis, USA) followed by donkey anti-mouse IgG conjugated to FluoProbes 488 (1:200; Interchim, France); goat anti-ChAT (1:200; Millipore) followed by anti-goat IgG conjugated to carboxymethylindocyanine (1:500; Jackson ImmunoResearch); and finally mouse anti-HuC/HuD (1:200; Invitrogen) and anti-mouse IgG conjugated to 7-amino-4-indodicarbocyanin (1:500; Jackson ImmunoResearch). Pictures were acquired with a digital camera (model DP71, Olympus, France) coupled to a fluorescence microscope (Olympus IX 50) and analysed with the Cell B software (Soft Imaging System, Olympus). To determine the general neurochemical phenotype, an average of 20 ganglia were analysed per well and per condition. Data are expressed as the percentage of ChAT-IR or VIP-IR neurons normalized to the total number of HU-IR neurons.

Statistical analysis

Data are expressed as mean values with the standard error of the mean. The significance of differences was determined using the Student's *t* test. For time course experiments in Ussing chambers, a two-way ANOVA was employed. Differences were considered significant for $P \leq 0.05$.

Results

Effect of *n*-3PUFAs in the maternal diet on piglet growth

The maternal diet had no effect on litter size (number of piglets per litter: 14.8 ± 1.3 for control group *vs.* 13.6 ± 1.4 for *n*-3PUFA, $P > 0.05$) or mean birth weight of live piglets (1.65 ± 0.1 for control group *vs.* 1.61 ± 0.09 kg for *n*-3PUFAs, $P > 0.05$). Average piglet daily weight gain from birth to PND28 was not different between the two groups (0.27 ± 0.01 for control group *vs.* 0.25 ± 0.01 kg day⁻¹ for *n*-3PUFAs, $P > 0.05$).

Effect of *n*-3PUFAs in the maternal diet on the development of piglet jejunal permeability and structure

Basal jejunal permeability to FD4 increased until PND14 in both groups starting at birth (Fig. 1). After PND14, paracellular permeability decreased in both groups but was higher in *n*-3PUFA piglets compared to control piglets at PND28 (+76%, $P < 0.05$, Fig. 1). We next

Table 3. Levels of tight junction protein and cytokines mRNA in the jejunum of control and *n*-3PUFA piglets at PND28

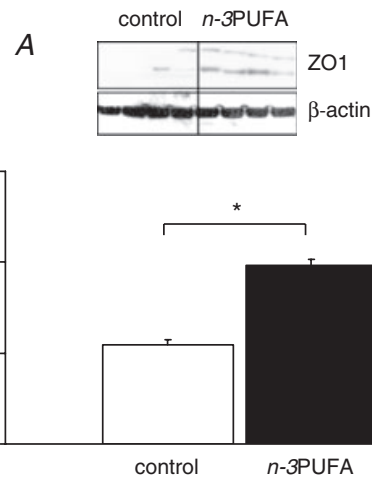
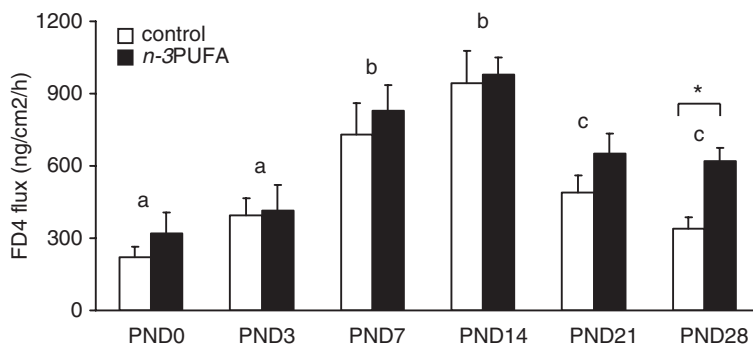
	Control	<i>n</i> -3PUFA
ZO-1 ^a	0.8 ± 0.3	2.2 ± 1.9
Claudin-1 ^a	0.8 ± 0.4	1.4 ± 1.2
Occludin ^a	0.6 ± 0.1	0.5 ± 0.03
IL-10 ^b	1.5 ± 0.6	1.3 ± 0.6
IL-1 β ^b	2.3 ± 0.8	2.6 ± 1.0
IL-6 ^b	1.9 ± 1.6	4.3 ± 2.7
TNF α ^b	0.9 ± 0.3	1.5 ± 0.5

^aNormalized to S6 mRNA level; ^bnormalized to GAPDH mRNA level.

determined if the difference in intestinal permeability at PND28 could be due to difference in the mucosal structure of the jejunum. Villus height (262 ± 19 for control *vs.* $258 \pm 15 \mu\text{m}$ for *n*-3PUFA, $P > 0.05$), villus area ($41,190 \pm 5600$ for control *vs.* $43,666 \pm 5500 \mu\text{m}^2$ for *n*-3PUFA, $P > 0.05$) and crypt depth (232 ± 18 for control *vs.* $229 \pm 16 \mu\text{m}$ for *n*-3PUFA, $P > 0.05$) of piglet jejunum did not differ between the two groups. At PND28, real-time PCR analysis revealed that the *n*-3PUFA diet had no effect on jejunal mRNA relative expression of key tight junction proteins ($P > 0.05$, Table 3). Western blot analysis did not reveal any difference between dietary groups for claudin 4 expression (0.4 ± 0.05 for control *vs.* 0.5 ± 0.04 claudin4/ β -actin for *n*-3PUFA, $P > 0.05$) and occludin expression (0.4 ± 0.1 for control *vs.* 0.3 ± 0.1 occludin/ β -actin for *n*-3PUFA, $P > 0.05$). However, ZO-1 expression was increased in *n*-3PUFA piglet intestine compared to control animals ($P < 0.05$, Fig. 2). We also investigated whether *n*-3PUFA diet induced changes in cytokine expression in the jejunum. RT-PCR analysis revealed no difference in cytokines mRNA level (IL-10, IL-1 β , IL-6 and TNF α , $P > 0.05$, Table 3).

Effect of *n*-3PUFAs in the maternal diet on fatty acid composition of piglet jejunum at PND28

Total lipid content and proportions of saturated fatty acid (SFA) and monounsaturated fatty acid (MUFA) were

**Figure 2. Effect of *n*-3PUFAs in the maternal diet on ZO-1 expression at PND28**

Expression of ZO-1 protein was measured in control (open bar) and *n*-3PUFA (black bar) piglets at PND28. A, typical blot example. B, quantification of protein density. Bars are mean values with s.e.m. for five piglets. *Significantly different between the two groups, $P < 0.05$.

similar between the two groups (Table 4). There was no difference in the proportion of *n*-6PUFAs between the two groups but the proportion of *n*-3PUFAs in *n*-3PUFA piglets was greater than in controls ($P < 0.05$, Table 4). Within the *n*-3PUFA family, the jejunum of *n*-3PUFA piglets contained 10-fold more 18:3*n*-3 ($P < 0.05$, Table 4) and eightfold more 20:5*n*-3 ($P < 0.05$, Table 4) than that of control piglets. There was no difference between the two groups for 22:6*n*-3 (Table 4). Concerning the *n*-6PUFA family, proportions of 18:2*n*-6 and 20:4*n*-6 were similar between the two groups (Table 4).

Effect of *n*-3PUFAs in the maternal diet on nervous regulation of piglet jejunal permeability at PND28

We next investigated if the difference in permeability at PND28 was associated with a difference in the nervous regulation of this permeability. TTX increased basal permeability in the control group (+25%, $P < 0.05$). In

Figure 1. Effect of *n*-3PUFAs in the maternal diet on the development of piglet jejunal permeability

Basal jejunal permeability to FD4 was measured in Ussing chambers from birth to 28 post-natal days in control (open bar) and *n*-3PUFA (black bar) piglets. Bars are mean values with s.e.m. for six piglets. *Significantly different between the two groups, $P < 0.05$. a,b,c significantly different between days, irrespective of the diet, $P < 0.05$.

Table 4. Fatty acid composition of the jejunum of control and *n*-3PUFA piglets at PND28

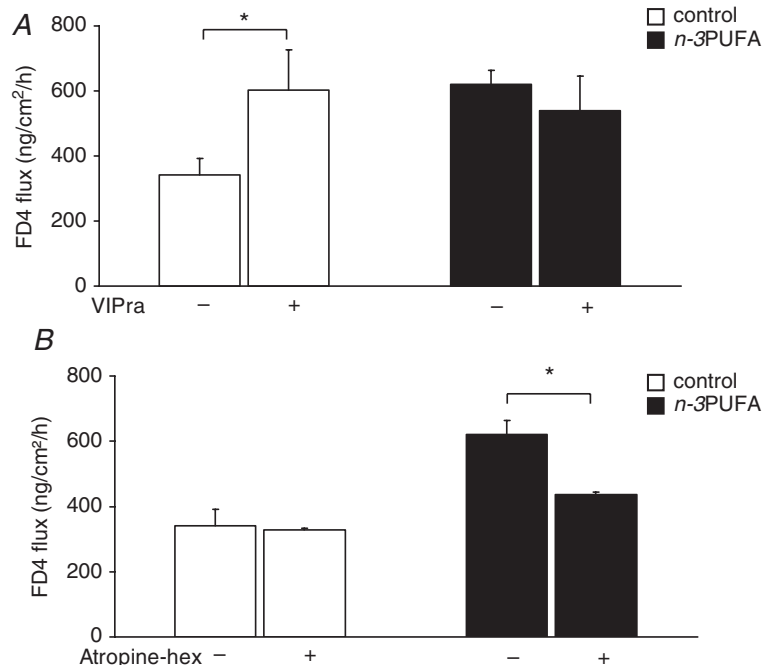
	Control	<i>n</i> -3PUFA
Total lipid content (g (100 g of tissue) ⁻¹)	3.2 ± 0.9	3.4 ± 0.7
Fatty acid composition (g (100g of total fatty acid) ⁻¹)		
SFAs	40.5 ± 1.7	34.6 ± 4.5
MUFAs	26.0 ± 4.5	21.3 ± 4.8
PUFAs	33.5 ± 6.0	44.3 ± 1.6*
<i>n</i> -6PUFA	29.5 ± 3.2	26.5 ± 2.2
18:2 <i>n</i> -6	21.1 ± 1.3	21.6 ± 0.4
20:4 <i>n</i> -6	6.8 ± 1.8	4.3 ± 2.5
<i>n</i> -3PUFA	3.5 ± 0.3	17.4 ± 4.6*
18:3 <i>n</i> -3	1.1 ± 0.4	11.2 ± 4.0*
20:5 <i>n</i> -3	0.3 ± 0.2	2.4 ± 1.3*
22:6 <i>n</i> -3	0.9 ± 0.3	0.7 ± 0.3
<i>n</i> -6PUFA/ <i>n</i> -3PUFA	8.4 ± 0.6	1.6 ± 0.5*

SFA, saturated fatty acid; MUFA, monounsaturated fatty acid; PUFA, polyunsaturated fatty acid. Values are mean values ± S.E.M. for six piglets.

contrast, in the *n*-3PUFA group, TTX tended to decrease basal permeability (−20%, $P = 0.07$). VIPra increased basal permeability in the control group (+60%, $P < 0.05$) but had no effect in the *n*-3PUFA group (Fig. 3A). The mix of atropine and hexamethonium had no effect on basal permeability in the control group but decreased it in the *n*-3PUFA group (−30%, $P < 0.05$, Fig. 3B).

Figure 3. Effect of *n*-3PUFAs in the maternal diet on piglet jejunal permeability responses to VIP and acetylcholine antagonists at PND28

Jejunal permeability to FD4 of control (open bar) and *n*-3PUFA (black bar) piglets at PND28 was measured in Ussing chambers after addition of VIP antagonist (VIPra) (A) or cholinergic antagonists (mix of atropine and hexamethonium) (B). Bars are mean values with S.E.M. for six piglets. *Significantly different between basal condition and antagonist condition, $P < 0.05$.



VIP did not modify basal permeability in the control group but decreased it in the *n*-3PUFA group (−100%, $P < 0.05$, Fig. 4A). CCH increased basal permeability in both group (control, +100%, $P < 0.05$ and *n*-3PUFA, +50%, $P < 0.05$, Fig. 4B).

Effect of *n*-3PUFAs in the maternal diet on the neurochemical phenotype of piglet jejunal inner submucosal plexus at PND28

We next determined the effect of the maternal diet on neurochemical phenotype of the inner submucosal plexus. The maternal *n*-3PUFA diet did not change the number of neurons per ganglion (69.4 ± 15.0 for control vs. 68.1 ± 5.0 for *n*-3PUFA, $P > 0.05$). However, it increased the proportion of ChAT-IR neurons (+17%, $P < 0.05$, Fig. 5A) and decreased the proportion of VIP-IR neurons (−18%, $P < 0.05$, Fig. 5B) in the inner submucosal plexus of piglet jejunum. This effect was associated with an increased ChAT mRNA expression in the *n*-3PUFA group (1.1 ± 0.3 for control vs. 1.9 ± 0.3 for *n*-3PUFA, $P < 0.05$) but not of VIP mRNA (0.7 ± 0.1 for control vs. 0.6 ± 0.1 for *n*-3PUFA, $P > 0.05$).

Effect of *n*-3PUFAs on primary culture of enteric neurons

We next determined whether 18:3*n*-3 or its derivative, 20:5*n*-3, could modify the phenotype of enteric neurons in primary culture. *n*-3PUFAs did not modify neuronal cell death, since neuron specific enolase release was

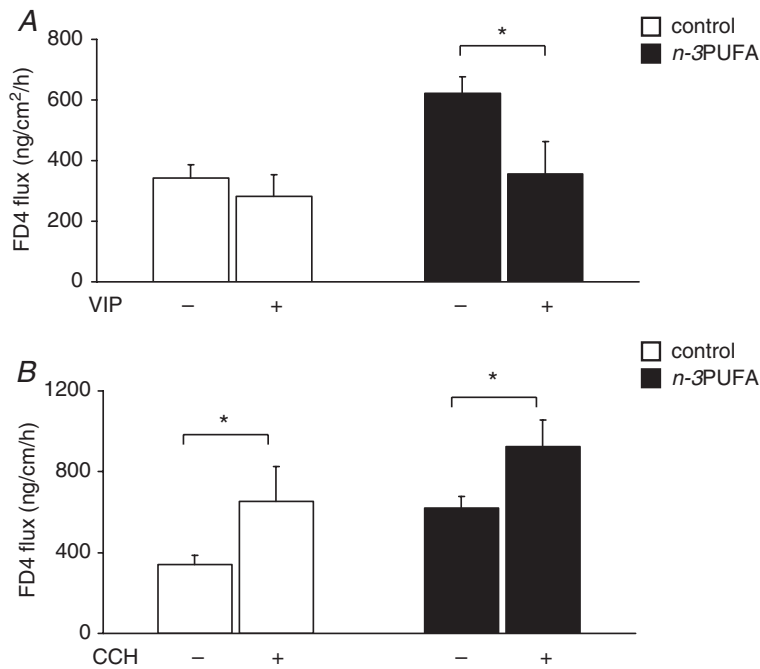


Figure 4. Effect of *n*-3PUFAs in the maternal diet on piglet jejunal permeability responses to VIP and acetylcholine agonists at PND28

Jejunal permeability to FD4 of control (open bar) and *n*-3PUFA (black bar) piglets at PND28 was measured in Ussing chambers after addition of VIP (A) or carbachol (B). Bars are mean values with s.e.m. for six piglets.

*Significantly different between basal condition and agonist condition $P < 0.05$.

not different between the different culture conditions (data not shown). There was no difference in the proportion of cholinergic and VIPergic neurons when primary cultures were incubated with 18:3*n*-3 at any concentration (Fig. 6A and B). However, the proportion of ChAT neurons increased after incubation with 20:5*n*-3 at 10 μ M ($P < 0.05$, Fig. 6A). The proportion of VIPergic neurons decreased after incubation with 20:5*n*-3 at 10 μ M ($P < 0.05$, Fig. 6B).

Discussion

Our study demonstrated that supplementation of the maternal diet with 18:3*n*-3 modifies the development of IEB function of newborn piglets which exhibited increased jejunal permeability at PND28. This effect was correlated with modifications in the neurochemical phenotype of the ENS and consequently to modifications of the nervous regulation of intestinal permeability.

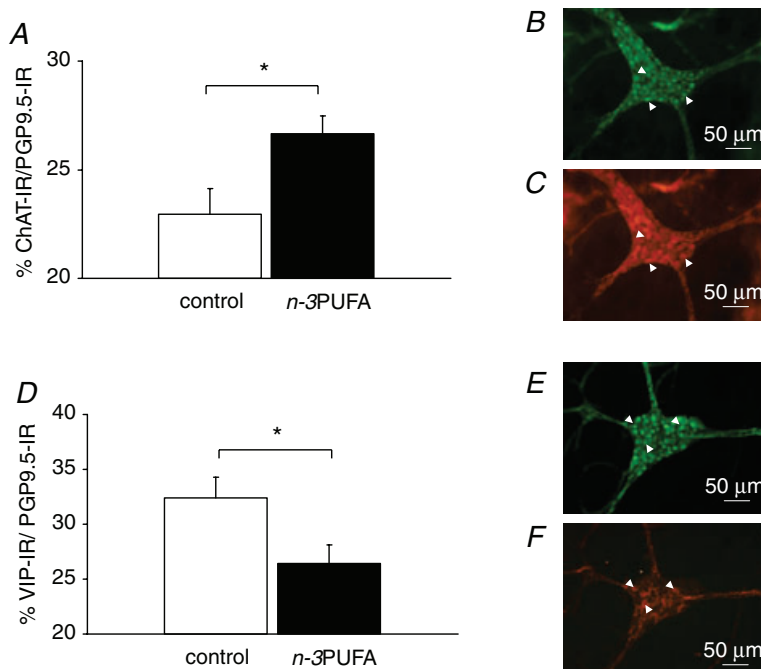


Figure 5. Effect of *n*-3PUFAs in the maternal diet on the neurochemical phenotype of the inner submucosal plexus of piglet jejunum at PND28

The proportion of cholinergic (A) and VIPergic neurons (D) was measured by immunohistochemistry in the inner submucosal plexus of control (open bar) and *n*-3PUFA (black bar) piglet jejunum at PND28. B and C, typical example of ChAT-immunostaining (B: PGP9.5-immunoreactivity, C: ChAT-immunoreactivity). E and F, typical example of VIP-immunostaining (E: PGP9.5-immunoreactivity, F: VIP-immunoreactivity). A and D: bars are mean values with s.e.m. for six piglets. *Significantly different between the two groups, $P < 0.05$; white arrowhead: IR-neuron.

A major finding of our study is that basal jejunal permeability to FD4 was modified by the maternal diet with higher jejunal permeability in the *n*-3PUFA compared to control group at PND28. Few studies have investigated the effect of maternal diet on offspring IEB function. Our group recently described modification in mast-cell regulation of ileal barrier function in piglets by incorporation of *n*-3PUFAs in the maternal diet (Boudry *et al.* 2009). Moreover, a recent study demonstrated that supplementation of the maternal diet with long-chain *n*-3PUFAs during gestation and lactation increased paracellular permeability of rat colon at 15 days of age (Innis *et al.* 2010), which corroborates our results. Since the IEB function can be partly dependent upon mucosal structure of the jejunum and *n*-3PUFAs have been shown to affect epithelial cell turnover (Courtney *et al.* 2007), we checked if the difference observed in intestinal permeability at PND28 was due to difference in the mucosal morphology of the jejunum. We did not observe any difference between the two groups of piglets concerning villus height, villus area or crypt depth, suggesting that the cellular mechanisms involved in the increased permeability observed in the *n*-3PUFA group are not linked to the mucosal structure of the jejunum. At the tight junction protein level, mRNA expression of the main proteins was not affected by the maternal diet. Claudin 4 and occludin protein levels were also not affected. However, we observed a higher ZO-1 protein expression in the *n*-3PUFA group as compared to control animals. Although increase in ZO-1 expression is

often associated with a reduced permeability, studies also pointed out the role of ZO-1 localisation (i.e. anchored to tight junctions or cytosolic) rather than protein quantity in the regulation of tight junction opening (McCall *et al.* 2009). Further work is therefore needed to precisely determine the localization of ZO-1 protein.

Another major finding of this study is that difference in basal permeability induced by the maternal diet is under the control of distinct neuronal pathways, as demonstrated by the use of different antagonists of the ENS. In the control group, VIPra increased basal intestinal permeability while the mix of atropine and hexamethonium did not modify it, suggesting an inhibitory VIPergic tonus (Neunlist *et al.* 2003). On the other hand, in the *n*-3PUFA group, VIPra had no effect on jejunal permeability but atropine and hexamethonium decreased it, suggesting a stimulatory cholinergic tonus (Cameron & Perdue, 2007). To our knowledge, this is the first report of an effect of the maternal diet on the functioning of the enteric nervous system of newborn. The modifications of nervous regulation of jejunal permeability corroborate the modifications in the neurochemical phenotype of the ENS, since the maternal 18:3*n*-3 diet increased the proportion of cholinergic neurons, while the proportion of VIPergic neurons decreased in the submucosal plexus of piglet jejunum. The development of ENS occurs during pre- and post-natal periods, with different patterns of development depending on the neuromediator considered. In particular, cholinergic neuronal population increased late in the post-natal period, between PND10

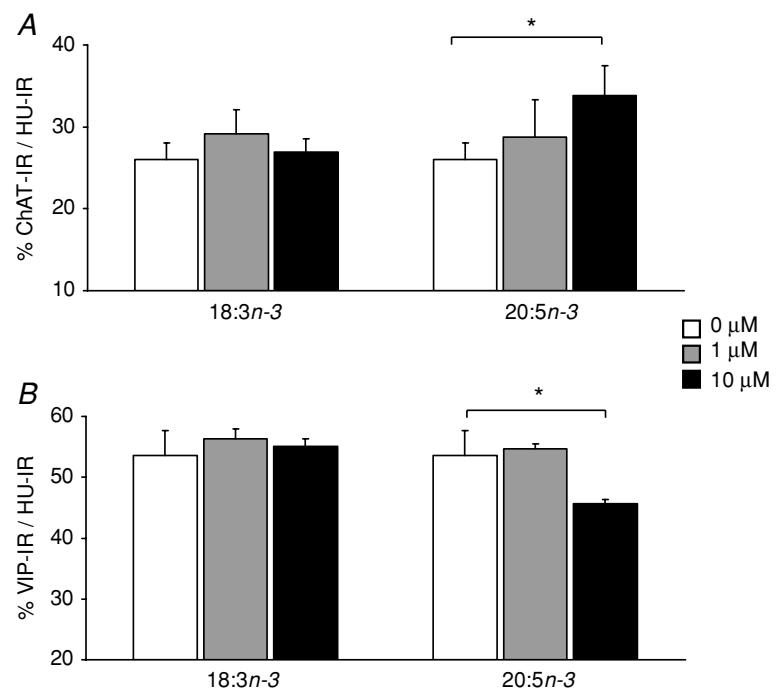


Figure 6. Effect of *n*-3PUFAs on primary culture of enteric neurons

The proportion of cholinergic (A) and VIPergic (B) neurons was measured by immunohistochemistry in primary culture of rat enteric neurons after incubation for 48 h with 18:3*n*-3 or 20:5*n*-3 at 0 (open bar), 1 μM (grey bar) and 10 μM (black bar). Bars are mean values with s.e.m. for six primary cultures of enteric neurons.

*Significantly different compared to 0 μM, $P < 0.05$.

and 20, in rat myenteric plexus (de Vries *et al.* 2010). If the same phenomenon is true in piglets, this could explain why we observed the impact of maternal diet upon cholinergic phenotype only at PND28 in our study. The effect of diet-derived factors on the ENS phenotype and/or functions has already been reported. For example, a high cholesterol diet changes the cholinergic neurotransmission in the enteric nerves of the jejunum of squirrels which increased contractions of jejunal smooth muscle (Mathison & Shaffer, 2006). Butyrate increases the proportion of cholinergic neurons in the ENS and increases the cholinergic-mediated colonic muscle contractile response in rat (Soret *et al.* 2010). Introduction of enteral food increased the proportion of VIPergic neurons in piglet ENS (Van Haver *et al.* 2008). The only studies investigating the effect of *n*-3PUFAs on nervous regulation of intestinal function focused on ACh-induced ileal contractility in adult rats. These authors showed that dietary long chain *n*-3PUFAs (20:5*n*-3 and 22:6*n*-3 brought by fish oil in the diet) increased ACh-induced contractility of rat ileum (Patten *et al.* 2002) probably through altered sensitivity of muscarinic receptor (Patten *et al.* 2005). However these authors did not study the ENS phenotype while we clearly show a direct effect of *n*-3PUFA on the ENS.

To investigate the specific effect of each *n*-3PUFA on the enteric nervous system, we used primary culture of enteric neurons. Incubation of primary culture with 20:5*n*-3 increased the proportion of cholinergic neurons and decreased the proportion of VIPergic neurons, while incubation with 18:3*n*-3 had no effect. The maternal diet modified the fatty acid composition of the jejunum with higher proportion of 18:3*n*-3 and 20:5*n*-3. We can therefore speculate that *in vivo* 20:5*n*-3 mediated the modification of the phenotype of ENS. Further investigations will be necessary to elucidate the cellular and/or molecular mechanisms of action involved in the effect of 20:5*n*-3 upon the ENS. The mechanisms of action of long chain (LC)-PUFAs on neuronal cells still remain unknown. Several potential cellular pathways have been proposed. Indeed, by modifying composition of membrane phospholipids, LC-PUFAs can modulate activity of enzymes, transporters and receptors involved in neuronal functions. They can also be involved in alteration of neuronal signalling pathway by synthesis of bioactive mediators such as eicosanoid or resolvins. Finally, they can participate in regulation of gene expression involved in neuronal proliferation and differentiation by direct or indirect interaction with transcription factors such as proliferator-activated receptor or sterol regulatory element binding protein.

Despite the increased jejunal permeability at PND28, pro-inflammatory cytokine mRNA levels were not increased in the jejunum of *n*-3PUFA piglets. Several explanations can account for this absence of

inflammatory consequence of altered barrier function. First, *n*-3PUFAs are consensually known for their anti-inflammatory action, also at the intestinal level (Calder, 2009). The level of 20:5*n*-3, a precursor of potent anti-inflammatory prostaglandins, was increased in the jejunum of *n*-3PUFA piglets but also in their plasma (de Quelen *et al.* 2010). The immunosuppressive action of *n*-3PUFAs could therefore counteract any inflammatory process induced by the altered barrier function. Secondly, it has been demonstrated that vagus cholinergic nervous system attenuates the production of pro-inflammatory cytokines and inhibits inflammatory processes (Van Der Zanden *et al.* 2009). Acetylcholine inhibits cytokine release directly via the α -7 nicotinic ACh receptor (nAChR) expressed on macrophages and other immune cells (Van Der Zanden *et al.* 2009). Recent data also suggested an action of ACh on nicotinic receptor of colonic cell (Meregnani *et al.* 2011). We can hypothesized that the ongoing release of endogenous acetylcholine from enteric nerves in *n*-3PUFA piglets exerts an anti-inflammatory action through nicotinic receptors located on immune or epithelial cells, thereby counteracting the potential harmful effect of the altered barrier function. Lastly, whereas increased intestinal permeability during adulthood has been described as an aetiological factor of intestinal inflammatory conditions, such a paradigm might not completely apply in early life. Indeed, several papers show a correlation between increased permeability and maturation of the immune system (Gebbers & Laissue, 2004, Urao *et al.* 1996). Indeed, an enhanced passage of luminal contents (dietary antigen and commensal microflora) would participate in the development and maturation of the local immune system. The anti-inflammatory effect of *n*-3PUFAs and/or of ACh through nicotinic receptors would participate in this equilibrium between excessive inflammation *versus* maturation of the local immune system.

In conclusion, the ENS is highly plastic during the post-natal period and can adapt in a diet-dependent manner with functional consequences on mucosal barrier. Supplementation of the maternal diet with 18:3*n*-3 modified the neurochemical phenotype of the ENS, with the induction of cholinergic phenotype and modified the nervous regulation of jejunal permeability, with the induction of a cholinergic tone. Both VIPergic and cholinergic regulation of epithelial barrier function have been shown to be TTX insensitive, suggesting a direct effect of ACh and VIP upon epithelial cells (Neunlist *et al.* 2003, Cameron & Perdue, 2007). Therefore, neuroplastic changes in neuronal ChAT or VIP expression by the maternal *n*-3PUFA diet would impact on enteric neuronal control of barrier function at the epithelial cell level. The functional consequence is increased jejunal permeability at 28 post-natal days with no effect on the inflammatory state of the mucosa.

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Author contributions

Experiments on animal were performed at UMR 1079 SENAH, Institut National de la Recherche Agronomique, St-Gilles, France. *In vitro* experiments were performed at the 'Neuropathies of the Enteric Nervous System and Digestive Diseases' Unit, U913, Institut National de la Santé et de la Recherche Médicale, Nantes, France. Study concept and design: F.D.Q, M.N. and G.B. Analysis and interpretation of data: F.D.Q, J.C., M.R.D, M.N. and G.B. Drafting of the article: F.D.Q, M.N. and G.B. Critical revision for important intellectual content: F.D.Q, J.C., M.R.D., J.M., M.N. and G.B. Final approval of the article: F.D.Q, J.C., M.R.D., J.M., M.N. and G.B. Author disclosures: the authors have no conflict of interest.

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