

# **RESEARCH PAPER**

**The fatty acid amide hydrolase inhibitor URB 597: interactions with anandamide in rhesus monkeys**

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#### **BACKGROUND AND PURPOSE**

The fatty acid amide hydrolase inhibitor URB 597 increases brain anandamide levels, suggesting that URB 597 could enhance the behavioural effects of anandamide. The goal of the current study was to examine and characterize the *in vivo* pharmacology of URB 597 alone and in combination with anandamide and  $\Delta^9$ -tetrahydrocannabinol ( $\Delta^9$ -THC) in two drug discrimination assays in rhesus monkeys.

## **EXPERIMENTAL APPROACH**

The effects of URB 597 alone and in combination with anandamide were investigated in one group of monkeys (*n* = 4) that discriminated Δ°-THC (0.1 mg·kg<sup>-1</sup> i.v.) from vehicle, and in another group (*n* = 5) receiving chronic Δ°-THC (1 mg·kg<sup>-1</sup>12 h<sup>-1</sup> s.c.) that discriminated the cannabinoid antagonist rimonabant (1 mg·kg<sup>-1</sup> i.v.).

#### **KEY RESULTS**

Intravenous anandamide fully substituted for, and had infra-additive effects with,  $\Delta^9\text{-}\text{THC}.$  URB 597 (up to 3.2 mg·kg $^{-1}$  i.v.) did not substitute for or modify the effects of  $\Delta^9\text{-}\mathsf{THC}$  but markedly increased the potency (32-fold) and duration of action of anandamide. The rimonabant discriminative stimulus in  $\Delta^9\text{-THC}\cdot$ treated monkeys (i.e.  $\Delta^9\text{-THC}$  withdrawal) was attenuated by both  $\Delta^9$ -THC (at doses larger than 1 mg·kg<sup>-1</sup> per 12 h) and anandamide but not by URB 597 (3.2 mg·kg<sup>-1</sup>). URB 597 did not increase the potency of anandamide to attenuate the rimonabant-discriminative stimulus.

#### **CONCLUSIONS AND IMPLICATIONS**

URB 597 enhanced the behavioural effects of anandamide but not other  $CB_1$  agonists. However, URB 597 did not significantly enhance the attenuation of  $\Delta^9\text{-}\mathsf{THC}$  withdrawal induced by anandamide. Collectively, these data suggest that endogenous anandamide in primate brain does not readily mimic the behavioural effects of exogenously administered anandamide.

## **Abbreviations**

Δº-THC, Δº-tetrahydrocannabinol; CB, cannabinoid; FR, fixed ratio; URB 597, cyclohexylcarbamic acid 3′-carbamoylbiphenyl-3-yl ester

# **Introduction**

Cannabinoid  $CB_1$  receptors are widely expressed (Herkenham *et al*., 1991) and the most abundant G-protein-coupled receptor (GPCR) in brain (Gifford *et al.*, 1999). Δ<sup>9</sup>tetrahydrocannabinol ( $\Delta^9$ -THC), a chemical in cannabis or marijuana, stimulates  $CB_1$  receptors to produce a variety of behavioural effects, including anti-emetic (Darmani, 2001), anti-nociceptive (Compton *et al*., 1996), memory-impairing (Lichtman and Martin, 1996), discriminative stimulus (Järbe *et al*., 2001) and positive reinforcing effects (Justinova *et al*., 2008; Panlilio *et al.*, 2010).  $\Delta^9$ -THC and other cannabinoid receptor agonists differ from each other in  $CB<sub>1</sub>$  agonist efficacy *in vitro*, with  $\Delta^9$ -THC having relatively low efficacy (e.g.

less than anandamide) as indexed by stimulation of G-proteins (Childers, 2006). Cannabinoid agonists also differ in relative binding affinity at  $CB_1$  versus  $CB_2$  receptors (Miller and Stella, 2008) and activity at orphan GPCRs (Pertwee *et al*., 2010; Sharir and Abood, 2010). Despite this heterogeneity,  $CB<sub>1</sub>$  agonists generally share behavioural effects including non-preferred effects (i.e. sedation), resulting in efforts to develop novel pharmacological approaches for activating cannabinoid signalling.

The naturally occurring brain lipid *N*arachidonoylethanolamine (anandamide) and its synthetic and metabolic pathways are targets for novel therapeutics. However, despite being a cannabinoid receptor agonist (Devane *et al*., 1992), anandamide does not always share *in vivo* effects with  $\Delta^9$ -THC. In drug discrimination procedures, for example, anandamide did not fully substitute for the discriminative stimulus effects of Δ<sup>9</sup>-THC (Wiley *et al.*, 1995; 1997; Järbe *et al*., 2001; Solinas *et al*., 2007). When anandamide and  $\Delta^9\text{-}\text{THC}$  did share effects (e.g. hypothermic, antinociceptive and motor-impairing effects),  $CB_1$  receptors appeared to mediate the effects  $\Delta^9\text{-}\text{THC}$ , as evidenced by antagonism with rimonabant, but not the effects of anandamide (Adams *et al*., 1998). One interpretation is that anandamide itself acts at non-CB<sub>1</sub> receptors to produce *in vivo* effects, although an alternative explanation is that anandamide is rapidly metabolized to non-CB1 receptor ligands that, in turn, mimic the effects of anandamide (Wiley *et al*., 2006). Evidence against the former interpretation is provided by studies with i.v.  $\Delta^9$ -THC as a discriminative stimulus in rhesus monkeys; those studies demonstrated that i.v. anandamide shared effects with  $\Delta^9$ -THC and strongly suggested that both ligands acted at the same (e.g. CB<sub>1</sub>) receptors (McMahon, 2009). This  $\Delta^9$ -THC discrimination assay appears to be especially sensitive to the  $CB_1$  receptor-mediated effects of anandamide.

Fatty acid amide hydrolase inhibitors, such as URB 597, block the enzyme primarily responsible for the metabolism of anandamide and increase brain anandamide levels in rodents (Kathuria *et al*., 2003; Fegley *et al*., 2005), marmosets (Johnston *et al*., 2011) and squirrel monkeys (Justinova *et al*., 2008). In pre-clinical studies, URB 597 does not have effects predictive of the abuse potential and the 'high' associated with marijuana. Anandamide, but not URB 597, maintained self-administration behaviour in squirrel monkeys (Justinova *et al*., 2008). When studied separately, URB 597 and anandamide did not substitute for a  $\Delta^9\text{-}\text{THC}$  discriminative stimulus in rats, although substitution was obtained when URB 597 and anandamide were combined (Solinas *et al*., 2007). URB 597 produces some effects indicative of therapeutic potential, including anti-nociception (Jhaveri *et al*., 2007; Naidu *et al*., 2009) and attenuation of cannabinoid withdrawal (Clapper *et al*., 2009; Schlosburg *et al*., 2009). The goal of the current study was to examine and characterize the *in vivo* pharmacology of URB 597 by combining it with anandamide in rhesus monkeys. URB 597 and anandamide were studied in a drug discrimination assay sensitive to anandamide, that is the discriminative stimulus effects of  $\Delta^9\text{-}\text{THC}$  (0.1 mg $\text{kg}^{-1}$ i.v.), and in a drug discrimination assay sensitive to cannabinoid withdrawal, that is the discriminative stimulus effects of the cannabinoid antagonist rimonabant (1 mg·kg<sup>-1</sup>i.v.) in rhesus monkeys dependent on  $\Delta^9\text{-}\mathrm{THC}$  (1 mg·kg $^{-1}$  per 12 h

s.c.). To examine whether URB 597 selectively interacts with anandamide, URB 597 was also combined with  $\Delta^9$ -THC. To better understand the combined effects of URB 597 and  $\Delta^9$ -THC, which conceivably involve an increase in endogenous anandamide, the combined effects of  $\Delta^9$ -THC and anandamide were quantified by isobolographic analysis (Tallarida, 2006).

# **Methods**

# *Subjects*

One female and three male  $(\Delta^9$ -THC discrimination assay) as well as two male and three female (rimonabant discrimination assay) rhesus monkeys (*Macaca mulatta*) were housed individually and kept on a 14 h light/10 h dark schedule. They were maintained at 95% free-feeding weight (range 5–10 kg) with a diet consisting of primate chow (High Protein Monkey Diet, Harlan Teklad, Madison, WI), fresh fruit and peanuts; water was provided in the home cage. The monkeys had received cannabinoids and non-cannabinoids in previous studies (Stewart and McMahon, 2010; McMahon, 2011). Monkeys were maintained in accordance with the Institutional Animal Care and Use Committee, The University of Texas Health Science Center at San Antonio and with the 'Guidelines for the Care and Use of Mammals in Neuroscience and Behavioral Research' (National Research Council, 2003).

# *Catheter insertion*

Following anaesthesia with ketamine  $(10 \text{ mg} \cdot \text{kg}^{-1} \text{ i.m.})$  and isoflurane (1.5–3.0% inhaled via facemask), a chronic indwelling catheter (heparin-coated polyurethane, od = 1.68 mm, id = 1.02 mm; Instech Solomon, Plymouth Meeting, PA) was inserted and advanced 5 cm into a subclavian or femoral vein. Suture silk (coated vicryl; Ethicon Inc., Somerville, NJ) was used to anchor the catheter to the vessel and to ligate the section of the vessel proximal to the catheter insertion. The other end of the catheter was passed s.c. to the mid-scapular region of the back and was attached to a vascular access port (Mida-cbas-c50, Instech Solomon).

# *Apparatus*

Monkeys were seated in chairs (Model R001, Primate Products, Miami, FL) and were placed in ventilated, sound-attenuating chambers equipped with two levers and a light positioned above each lever. Feet were placed in shoes containing brass electrodes to which a brief electric stimulus (3 mA, 250 ms) could be delivered from an a/c generator. The chambers were connected to the computer with an interface (Med Associates, St. Albans, VT); experimental events were controlled and recorded with Med-PC software (Med Associates).

# *Drug discrimination procedure*

Monkeys ( $n = 4$ ) discriminated  $\Delta^9$ -THC (0.1 mg·kg<sup>-1</sup> i.v.) from vehicle (1 part absolute ethanol, 1 part Emulphor-620 and 18 parts saline) while responding under a fixed ratio 5 (FR5) schedule of stimulus-shock termination. A separate group of monkeys ( $n = 5$ ) received 1 mg·kg<sup>-1</sup> every 12 h of  $\Delta^9$ -THC (at 0600 and 1800 h) and discriminated rimonabant  $(1 \text{ mg} \cdot \text{kg}^{-1})$ 

i.v.) from the same vehicle at 1200 h under an FR5 schedule of stimulus-shock termination. Experimental sessions were divided into multiple cycles; each cycle began with a timeout, which was 5 min for the  $\Delta^9$ -THC discrimination and 15 min for the rimonabant discrimination; responses during the timeout had no programmed consequence. For both discrimination procedures, the timeout was followed by a 5 min schedule of stimulus-shock termination; therefore, cycle duration was 10 min for the  $\Delta^9$ -THC discrimination and 20 min for the rimonabant discrimination. The schedule was signalled by illumination of red lights (one positioned above each lever); five consecutive responses on the correct lever extinguished the red lights, prevented delivery of an electric stimulus and initiated a 30 s timeout. Otherwise, an electric stimulus was delivered every 40 s ( $\Delta^9$ -THC discrimination) or 10 s (rimonabant discrimination). Responding on the incorrect lever reset the response requirement on the correct lever. Determination of correct levers varied among monkeys (i.e. left lever associated with drug; right lever associated with vehicle) and remained the same for that monkey for the duration of the study.

Training sessions were conducted by administering the training drug ( $\Delta^9$ -THC or rimonabant) or vehicle within the first minute of a cycle followed by vehicle or sham (dull pressure applied to the skin overlying the vascular access port) within the first minute of subsequent cycles.  $\Delta^9\text{-}\text{THC}$ training consisted of three cycles and was preceded by zero to three vehicle-training cycles; rimonabant training consisted of two cycles and was preceded by zero to four vehicletraining cycles. Training sessions with vehicle alone consisted of two to six cycles. Completion of the FR on the correct lever was required to prevent the delivery of the electric stimulus during each training cycle. The monkeys had previously satisfied the criteria for testing, that is at least 80% of the total responses occurred on the correct lever and fewer than five responses occurred on the incorrect lever before completing the FR on the correct lever for all cycles during five consecutive or six of seven training sessions. Tests were conducted after performance for consecutive training sessions, including both vehicle and drug training sessions, had satisfied the test criteria. The type of training session preceding test sessions varied non-systematically.

During the test sessions, five consecutive responses on either lever postponed the schedule of stimulus presentations. In monkeys discriminating  $\Delta^9$ -THC, dose–effect functions for  $\Delta^9$ -THC and anandamide were determined by administering vehicle in the first cycle followed by doses increasing by 0.25 or 0.5 log unit in subsequent cycles. The dose–effect function included ineffective doses (i.e. doses producing less than 20% of responses on the  $\Delta^9\text{-}\text{THC}$  lever) up to doses that produced greater than 80% of responses on the  $\Delta^9$ -THC lever. The combined effects of  $\Delta^9$ -THC and anandamide were examined using a fixed-ratio design, whereby doses of the two drugs were maintained in a constant proportion of their respective  $ED_{50}$  values (Tallarida, 2000). In the first cycle, vehicle for each compound was administered in two separate injections, followed by cumulative doses of  $\Delta^9$ -THC and anandamide in two separate injections in subsequent cycles. The largest dose combination was the  $ED_{50}$ value of  $\Delta^9$ -THC and anandamide; smaller doses included one-half the  $ED_{50}$  value of each drug, etc. URB 597 was



studied by administering a dose  $(0.32-3.2 \text{ mg} \cdot \text{kg}^{-1})$  in the first cycle followed by cumulative doses of  $\Delta^9$ -THC or anandamide in subsequent cycles. The time course of anandamide alone  $(5.6 \text{ and } 10 \text{ mg} \cdot \text{kg}^{-1})$  and anandamide  $(5.6 \text{ mg} \cdot \text{kg}^{-1})$  in combination with URB 597  $(3.2 \text{ mg} \cdot \text{kg}^{-1})$  was examined by administering vehicle or URB 597 in the first cycle followed by anandamide in the second cycle of a six-cycle test.

In  $\Delta^9$ -THC-treated monkeys discriminating rimonabant, dose–effect functions for rimonabant were determined by administering vehicle in the first cycle followed by doses increasing by 0.25 or 0.5 log unit in subsequent cycles. The effects of  $\Delta^9$ -THC (0.32–3.2 mg·kg<sup>-1</sup>) and URB 597  $(3.2 \text{ mg} \cdot \text{kg}^{-1})$  were studied by administering a dose prior to cumulative doses of rimonabant. Because anandamide has a short duration of action (i.e. less than 15 min; see Results), the combined effects of anandamide and rimonabant were examined by administering a dose of each during separate tests consisting of a single cycle. Vehicle or a dose of rimonabant was administered within the first minute of the cycle, followed by vehicle or a dose of anandamide (10 and 32  $\text{mg} \cdot \text{kg}^{-1}$ ) 10 min later (i.e. 5 min before the response period). Similarly, the combined effects of URB 597 and anandamide were studied by administering URB 597 (3.2 mg·kg<sup>-1</sup>) or vehicle in combination with a dose of rimonabant at the beginning of a single cycle; anandamide (10 mg·kg-<sup>1</sup> ) was administered 10 min later. The concentrations of rimonabant studied varied from ineffective doses up to doses that produced greater than 80% of responses on the rimonabant lever.

## *Drugs*

Drug/molecular target nomenclature conforms to the *British Journal of Pharmacology Guide to Receptors and Channels* (Alexander *et al.*, 2009).  $\Delta^9$ -THC (100 mg·mL<sup>-1</sup> in absolute ethanol), rimonabant and URB 597 were obtained from The Research Technology Branch of the National Institute on Drug Abuse (Rockville, MD). Anandamide was synthesized from arachidonoyl chloride (Nu-Check Prep, Inc., Elysian, MN), dichloromethane and ethanolamine (Sigma-Aldrich, St. Louis, MO) according to a protocol developed by Giuffrida and Piomelli (1998a). The product was analysed for purity with gas chromatography and mass spectrometry as described previously (Giuffrida and Piomelli, 1998b). Drugs were dissolved in a mixture of 1 part absolute ethanol, 1 part Emulphor-620 (Rhodia Inc., Cranbury, NJ) and 18 parts physiological saline. Drugs were administered i.v. in a volume of 0.1–1 mL·kg<sup>-1</sup>. All doses are expressed as the weight of the forms listed above in mg·kg-<sup>1</sup> body weight.

## *Data analyses*

Four monkeys discriminating  $\Delta^9$ -THC and five monkeys discriminating rimonabant were included using a withinsubjects design. Discrimination data were expressed as a percentage of responses on the drug lever out of total responses on both the drug and vehicle levers. Rate of responding on both levers (i.e. drug and vehicle) was calculated as responses  $s^{-1}$  excluding responses during timeouts. Rate of responding during a test was expressed as the percentage of the control response rate for individual animals. The control was defined as the average response rate for all cycles during the five previous vehicle training sessions excluding

sessions during which the test criteria were not satisfied. Discrimination and rate data were averaged among subjects  $(\pm$ SEM) and plotted as a function of dose. Effects of drugs on response rate were examined with analyses of variance (ANOVAs) for repeated measures; Dunnett's test was used to examine significant differences relative to the vehicle control  $(P < 0.05)$ .

Individual dose–response data were analysed with linear regression (GraphPad Prism version 5.0 for Windows, San Diego, CA) including doses spanning the linear portion of the dose–response curve. If the slopes of dose–response curves were not significantly different, as determined by an *F*-ratio test, then a common, best-fitting slope was used for further analyses (Kenakin, 1997). Doses corresponding to the 50% level of effect (ED $_{50}$  value), potency ratios and their 95% confidence limits were calculated by parallel line analyses of data from individual subjects (Tallarida, 2000). Potencies were considered significantly different when the 95% confidence limits of the potency ratio did not include 1.

The experimentally derived dose–response data for the combined effects of  $\Delta^9$ -THC and anandamide were used to calculate a theoretical line of additivity (i.e. composite additive curve) according to the method described by Tallarida (2000). *F*-ratio tests in GraphPad were used to compare the slopes and intercepts of the experimentally derived and composite-additive dose–response data, which were derived from the group-averaged data. For example, a significant *F*-ratio test for slopes and intercepts shows that the dose– response curves cannot be described by a single line; that is, the lines are significantly different from each another. To compare agonist potency in  $\Delta^9$ -THC-treated monkeys, dose– response data for rimonabant, alone and in combination with a dose of agonist, were analysed with linear regression for individual monkeys. Dose-ratios (i.e.  $ED_{50}$  value of rimonabant in the presence of agonist divided by the  $ED_{50}$ value of rimonabant alone) are expressed as a function of agonist dose and analysed with linear regression to estimate the dose producing a twofold shift in the rimonabant dose– response function.

# **Results**

# *The separate and combined effects of*  $\Delta^9$ -THC *and anandamide in monkeys discriminating* D*9 -THC from vehicle*

 $\Delta^9\text{-}\text{THC}$  dose-dependently increased mean ( $\pm\text{SEM}$ ) responding on the  $\Delta^9$ -THC lever, from 4  $\pm$  4% at a dose of  $0.01 \text{ mg} \cdot \text{kg}^{-1}$  to  $96 \pm 4\%$  at the training dose  $(0.1 \text{ mg} \cdot \text{kg}^{-1})$ (Figure 1, top). Following vehicle, mean  $(\pm$ SEM) responding on the  $\Delta^9$ -THC lever was 0% (Figure 1, top, above V). Anandamide dose-dependently increased responding on the  $\Delta^9\text{-}\text{THC}$  lever (Figure 1, top), from 0% at a dose of 1 mg·kg $^{-1}$  to a maximum (mean  $\pm$  SEM) of 90  $\pm$  10% at 17.8 mg·kg<sup>-1</sup> anandamide. The slopes of the dose–response curves for  $\Delta^9\text{-}\text{THC}$  and anandamide were not significantly different, and their  $ED_{50}$  values (95% confidence limits) were 0.039 (0.022– 0.072)  $mg \cdot kg^{-1}$  and 5.8 (2.7–13)  $mg \cdot kg^{-1}$ , respectively (Table 1).

 $\Delta^9$ -THC and anandamide were combined at doses that were a fixed ratio of their respective  $ED_{50}$  values, yielding a



# **Figure 1**

Effects of  $\Delta^9$ -THC and anandamide, alone (top) and in combination (bottom), in monkeys discriminating  $\Delta^9$ -THC (0.1 mg·kg<sup>-1</sup> i.v.) from vehicle. Abscissae: vehicle (V) or dose in mg·kg<sup>-1</sup> body weight. Ordinates: mean ( $\pm$ SEM) percentage of responding on the  $\Delta^9$ -THC lever. The composite additive line was determined from linear regression of all data from the individual dose–response curves (top panel) expressed as a function of the theoretically derived, combined total dose of  $\Delta^9$ -THC and anandamide (bottom panel, composite additive). The solid line in the bottom panel was determined from linear regression of the experimentally derived data produced by the combination of  $\Delta^9$ -THC and anandamide.

proportion in the total mixture of 0.007 for  $\Delta^9$ -THC and 0.993 for anandamide. The individual  $\Delta^9$ -THC and anandamide dose–response data (Figure 1, top) were expressed as a function of the combined, total dose of  $\Delta^9$ -THC and anandamide (Figure 1, bottom), which was calculated on the basis of additivity using isobolographic analysis. Linear regression of these data yielded the composite additive curve (Figure 1, bottom). When  $\Delta^9$ -THC and anandamide were administered together, doses one-half of their respective  $ED_{50}$  values (i.e. 0.02 mg·kg<sup>-1</sup> of  $\Delta^9$ -THC and 2.9 mg·kg<sup>-1</sup> of anandamide) produced 5% responding on the  $\Delta^9$ -THC lever (Figure 1, bottom panel, value above  $3.2 \text{ mg} \cdot \text{kg}^{-1}$ ). Increasing the dose to the  $ED_{50}$  values produced 91% responding on the  $\Delta^{9}$ -THC lever. Linear regression of the experimentally derived points yielded a line with a slope that was significantly greater than the slope of the composite additive curve  $(F_{1,6} = 12.62; P <$ 0.05). Moreover, the *y*-intercepts of the lines were significantly different  $(F_{1,4} = 11.08; P < 0.05)$ . This significant difference between the composite additive and experimentally derived curves rejects the null hypothesis that  $\Delta^9$ -THC and anandamide have additive effects; rather, the effects appear to be infra-additive, especially at lower levels of effect.



# **Table 1**

ED $_{50}$  values and 95% confidence limits for  $\Delta^9$ -THC and anandamide, alone and in combination with URB 597, in monkeys discriminating  $\Delta^9$ -THC (0.1 mg $\cdot$ kg<sup>-1</sup> i.v.) from vehicle



\*Significant increase in potency.

 $\dagger$ Potency ratios and 95% confidence limits (CL) are the ED<sub>50</sub> values of the agonist alone divided by the ED<sub>50</sub> value of the agonist in combination with URB 597.

# *The effects of URB 597, alone and in combination with*  $\Delta^9$ -THC and anandamide, *in monkeys discriminating*  $\Delta^9\text{-}THC$ *from vehicle*

URB 597, up to a dose of 3.2 mg·kg<sup>-1</sup>, produced a maximum of 1% responding on the  $\Delta^9$ -THC lever (Figure 2, top, V). In the presence of URB 597 (1 and 3.2  $\text{mg} \cdot \text{kg}^{-1}$ ),  $\Delta^9\text{-}\text{THC}$  dosedependently increased drug lever responding (Figure 2, top left). The slopes of the  $\Delta^9\text{-}\text{THC}$  dose–response curves, alone and in combination with URB 597 (1 and 3.2  $\text{mg} \cdot \text{kg}^{-1}$ ), were not significantly different (*P* > 0.05). URB 597 did not significantly modify the discriminative stimulus effects of  $\Delta^9$ -THC, as evidenced by  $ED_{50}$  values determined in the presence of URB 597 that were not significantly different from control (Table 1). In contrast, URB 597 markedly and dosedependently increased the potency of anandamide to produce  $\Delta^9\text{-}\text{THC-like discriminative stimulus effects}$  (Figure 2, top right). The slopes of the anandamide dose–response curves, alone and in combination with URB 597, were not significantly different. Doses of 0.32, 1 and 3.2 mg·kg<sup>-1</sup> URB 597 decreased the  $ED_{50}$  value of anandamide 3.1-, 13-, and 32-fold respectively (Table 1). Absolute rate of responding for individual monkeys was 0.86, 1.02, 1.57 and 1.71 responses  $s^{-1}$ . Up to the largest doses studied, URB 597,  $\Delta^{9}\text{-}\text{THC}$  and anandamide did not significantly modify response rate, either when administered alone or in combination  $(P > 0.05)$ (Figure 2, bottom).

When administered at the beginning of multiple cycles, 5.6 and 10 mg·kg-<sup>1</sup> anandamide produced 24% and 82% responding on the  $\Delta^9\text{-}\text{THC}$  lever, respectively, at 5–10 min; both doses resulted in 0% responding on the  $\Delta^9\text{-}\text{THC}$  lever at 15–20 min (Figure 3, top). Anandamide (5.6 and 10 mg·kg-<sup>1</sup> ) did not significantly alter rate of responding (Figure 3, bottom). When combined with  $3.2 \text{ mg} \cdot \text{kg}^{-1}$  URB 597, both the potency and duration of action of anandamide (5.6 mg·kg-<sup>1</sup> ) were increased; that is, responding on the  $\Delta^9\text{-}\text{THC}$  lever was 100% at 5–10 min and 50% or greater for up to 45–50 min (Figure 3, top). The combination of anandamide (5.6 mg·kg-<sup>1</sup> ) and URB 597 (3.2 mg·kg-<sup>1</sup> ) significantly

decreased response rate to 66% of control at 5–10 min (Figure 3, bottom).

# *The effects of*  $\Delta^9$ -THC, anandamide and URB *597 in* Δ<sup>9</sup>-THC-treated monkeys *discriminating rimonabant*

Rimonabant dose-dependently increased drug lever responding, with 0.32 and 1 mg·kg-<sup>1</sup> rimonabant producing 47% and 91% drug lever responding, respectively (Figures 4 and 5, top left). The ED<sub>50</sub> value was 0.35 mg·kg<sup>-1</sup> (Table 2). Vehicle produced 0% responding on the rimonabant lever. When the rimonabant dose–response function was determined by administering a single dose per test session, potency was slightly greater than that determined from cumulative dosing (Figures 4 and 5, top right). A single, bolus dose of 0.32 mg·kg-<sup>1</sup> rimonabant produced 77% responding on the drug lever versus 47% with cumulative dosing. The  $ED_{50}$  value of rimonabant from single, bolus dosing was 0.18 mg·kg-<sup>1</sup> (Table 2).

 $\Delta^9\text{-}\text{THC}$  (0.32–3.2 mg·kg<sup>-1</sup> i.v. in addition to 1 mg·kg<sup>-1</sup> every 12 h s.c.) produced no greater than 1% responding on the rimonabant lever and induced dose-dependent, rightward shifts in the rimonabant dose–response curve for discriminative stimulus effects (Figure 4, top left). Doses of 1 and 3.2 mg·kg<sup>-1</sup>  $\Delta$ <sup>9</sup>-THC significantly increased the ED<sub>50</sub> value of rimonabant 3.7- and 9.7-fold, respectively (Table 2). Anandamide (10 and 32 mg·kg<sup>-1</sup>) produced a maximum of  $12\%$ responding on the rimonabant lever and dose-dependently attenuated the rimonabant discriminative stimulus (Figure 4, top right). The  $ED_{50}$  value of rimonabant in combination with  $32 \text{ mg} \cdot \text{kg}^{-1}$  of anandamide was significantly greater (i.e. 6.9fold) than the control  $ED_{50}$  value of rimonabant (Table 2).

URB 597  $(3.2 \text{ mg} \cdot \text{kg}^{-1})$  produced 1% responding on the rimonabant lever and did not modify the rimonabant dose– response curve (Figure 5, top left), as evidenced by  $ED_{50}$ values that were not significantly different from each other (Table 2). When URB 597  $(3.2 \text{ mg} \cdot \text{kg}^{-1})$  was combined with anandamide (10 mg·kg<sup>-1</sup>), the  $ED<sub>50</sub>$  value of rimonabant was increased significantly (i.e. 3.9-fold) (Figure 5, top right). The



Effects of URB 597, alone and in combination with  $\Delta^9$ -THC (left) or anandamide (right), in monkeys discriminating  $\Delta^9$ -THC (0.1 mg·kg<sup>-1</sup> i.v.) from vehicle. Abscissae: vehicle (V) or dose in mg·kg<sup>-1</sup> body weight. Ordinates: mean (±SEM) percentage of responding on the ∆º-THC lever (top) and mean (±SEM) response rate expressed as a percentage of control (V training days) rate [Rate (% control)] (bottom).

ED50 value of rimonabant determined in the presence of URB 597  $(3.2 \text{ mg} \cdot \text{kg}^{-1})$  in combination with anandamide  $(10 \text{ mg} \cdot \text{kg}^{-1})$  was not significantly different from the  $ED_{50}$ values of rimonabant determined in the presence of either dose (10 or 32 mg·kg<sup>-1</sup>) of anandamide alone ( $P > 0.05$ ).

Absolute rate of responding for individual monkeys was 1.86, 2.07, 2.36, 2.43 and 2.80 responses  $s^{-1}$ . When administered in cumulative doses, rimonabant dose-dependently decreased the rate of responding (Figures 4 and 5, bottom left); 0.32 and  $1 \text{ mg} \cdot \text{kg}^{-1}$  of rimonabant decreased response rate significantly to 73% and 61% of the vehicle control, respectively  $(F_{3,9} = 10.09, P < 0.01)$ . In contrast, response rate was not significantly decreased by rimonabant when single, bolus doses (0.1–1 mg·kg-<sup>1</sup> ) were administered per test session (Figures 4 and 5, bottom right) ( $P > 0.05$ ).  $\Delta^9$ -THC (0.32– 3.2 mg·kg-<sup>1</sup> ) did not significantly modify response rate. Rimonabant decreased response rate in the presence of the larger doses (1 and 3.2  $mg \cdot kg^{-1}$ ) of  $\Delta^9$ -THC, whereas ratedecreasing effects were not observed when rimonabant was

combined with 0.32 mg·kg<sup>-1</sup>  $\Delta^9$ -THC (Figure 4, bottom left). Anandamide dose-dependently decreased response rate to 26% of control at 32 mg·kg<sup>-1</sup> ( $P < 0.05$ ) (Figure 4, bottom right, V). The rate-decreasing effects of anandamide  $(32 \text{ mg} \cdot \text{kg}^{-1})$ were dose-dependently antagonized by rimonabant, with significant attenuation obtained with 3.2 mg·kg-<sup>1</sup> rimonabant (*P* < 0.05). Rate of responding was not significantly modified by anandamide (10 mg·kg-<sup>1</sup> ) in combination with rimonabant (Figure 4, bottom right), URB 597 (3.2 mg·kg-<sup>1</sup> ) alone or in combination with rimonabant or when all three drugs were combined  $(P > 0.05)$  (Figure 5, bottom).

Figure 6 shows the magnitude of the shift in the rimonabant dose–response curve expressed as a function of dose of  $\Delta^9$ -THC and anandamide, calculated for individual monkeys and expressed as an average  $(\pm$ SEM). The slopes of the lines were not significantly different from each other  $(P > 0.05)$ , and the dose of each agonist producing a twofold shift in the rimonabant dose–response curve was estimated to be 0.31 mg·kg<sup>-1</sup> for  $\Delta^9$ -THC and 8.7 mg·kg<sup>-1</sup> for anandamide.



Time course for anandamide, alone and in combination with URB 597, in monkeys discriminating  $\Delta^9$ -THC (0.1 mg·kg<sup>-1</sup> i.v.) from vehicle. Abscissae: time in minutes. Ordinates: mean ( $\pm$ SEM) percentage of responding on the  $\Delta^9$ -THC lever (top) and mean ( $\pm$ SEM) response rate expressed as a percentage of control rate [Rate (% control)] (bottom).

When compared with the  $ED_{50}$  in substituting for the  $\Delta^9$ -THC discriminative stimulus, 0.039 mg $\cdot$ kg<sup>-1</sup> for  $\Delta^9$ -THC and  $1.7 \text{ mg} \cdot \text{kg}^{-1}$  for anandamide using parameters identical to those used to examine the effects of anandamide in combination with rimonabant (i.e. single-cycle tests; McMahon, 2009); the potency was decreased 7.9- and 5.1-fold, respectively. When combined with URB 597 at the dose (3.2 mg·kg-<sup>1</sup> ) producing 32-fold enhancement of anandamide in monkeys discriminating  $\Delta^9\text{-}\text{THC}$  from vehicle, the potency of anandamide in  $\Delta^9\text{-}\text{THC}\text{-}$ treated monkeys was increased 1.6fold although this effect was not significant (Figure 6).



# **Discussion**

By increasing brain anandamide levels, URB 597 might be expected to enhance the behavioural effects of anandamide. In rhesus monkeys discriminating  $\Delta^9$ -THC from vehicle, URB 597 markedly enhanced (i.e. produced synergistic effects with) and extended the duration of action of anandamide; however, by itself, URB 597 did not share effects with exogenous anandamide. Although URB 597 failed to modify the effects of  $\Delta^9$ -THC, there was a tendency for URB 597 to attenuate the  $\Delta^9$ -THC-discriminative stimulus, consistent with a tendency for the combined effects of  $\Delta^9$ -THC and anandamide to be infra-additive, especially at relatively low levels of effect. Anandamide attenuated the discriminative stimulus effects of rimonabant in  $\Delta^9$ -THC-treated monkeys  $(i.e. \Delta^9$ -THC withdrawal). In contrast, URB 597 did not attenuate  $\Delta^9$ -THC withdrawal and did not significantly enhance the withdrawal-attenuating effects of anandamide. Collectively, these results suggest that inhibition of endogenous anandamide metabolism in primate brain does not mimic the behavioural effects obtained with exogenous anandamide administration.

URB 597 produced dose-dependent, parallel, leftward shifts in the anandamide dose–response curve and increased the duration of action of anandamide, consistent with inhibition of fatty acid amide hydrolase-mediated metabolism of anandamide in rhesus monkeys. The maximum shift (32 fold) in the anandamide dose–response curve was similar to the leftward shifts of the dose–response curve for the inhibitory effect of anandamide on electrically-evoked contractions of smooth muscle (Makwana *et al*., 2010); those shifts were 20- and 49-fold for rat and guinea-pig, respectively, at a concentration of URB 597 that was presumed to fully saturate fatty acid amide hydrolase. Whether complete inactivation of fatty acid amide hydrolase in rhesus monkeys was achieved (i.e. greater than a 32-fold leftward shift could be obtained) is not known due to limitations in solubility and the large injection volumes required for doses of URB 597 larger than 3.2 mg·kg-<sup>1</sup> . Despite the marked enhancement of the effects of anandamide, URB 597 alone did not substitute for or modify the effects of  $\Delta^9$ -THC. The failure of URB 597 to modify the effects of  $\Delta^9$ -THC is consistent with the metabolism of  $\Delta^9$ -THC by enzymes other than fatty acid amide hydrolase (Grotenhermen, 2003). That anandamide and  $\Delta^9$ -THC tended to have infra-additive effects might suggest that a sufficient increase in endogenous anandamide (i.e. URB 597) in primate brain would actually attenuate, rather than enhance, the effects of  $\Delta^9$ -THC.

Abrupt discontinuation of frequent marijuana use can result in a withdrawal syndrome, the magnitude of which positively correlates with resumption of use (Chung *et al*., 2008; Cornelius *et al*., 2008). Fatty acid amide hydrolase inhibitors have been proposed as treatments for marijuana withdrawal. However, URB 597 did not modify the discriminative stimulus effects of rimonabant in  $\Delta^9$ -THC-treated monkeys (i.e.  $\Delta^9$ -THC withdrawal). Failure of URB 597 to attenuate  $\Delta^9$ -THC withdrawal was not due to an inability of anandamide to attenuate  $\Delta^9$ -THC withdrawal; rather, anandamide produced dose-dependent, rightward shifts in the rimonabant dose–effect curve. A previous study demonstrated that URB 597 attenuated the directly observable signs





Effects of  $\Delta^9$ -THC (left) and anandamide (right), alone and in combination with rimonabant, in  $\Delta^9$ -THC-treated (1 mg·kg<sup>-1</sup> 12 h<sup>-1</sup> s.c.) monkeys discriminating rimonabant (1 mg·kg<sup>-1</sup> i.v.). Abscissae: vehicle (V) or dose in mg·kg<sup>-1</sup> body weight of rimonabant. Ordinates: mean (±SEM) percentage of responding on the rimonabant lever (top) and mean (±SEM) response rate expressed as a percentage of control (V training days) rate [Rate (% control)] (bottom).

of Δ<sup>9</sup>-THC withdrawal in mice (Schlosburg *et al.*, 2009). For other classes of drug (e.g. opioids), discriminative stimulus effects and directly observable signs of withdrawal differ qualitatively, inasmuch as a drug that attenuates one type of sign does not always attenuate the other (McMahon *et al*., 2004; Sell *et al*., 2005). Similar qualitative differences and/or other factors (e.g. species) could be responsible for attenuation of  $\Delta^9$ -THC withdrawal in some studies and not others.

URB 597 did not significantly enhance the ability of anandamide to attenuate  $\Delta^9$ -THC withdrawal, in contrast to the marked enhancement of anandamide effects in monkeys discriminating  $\Delta^9$ -THC from vehicle. This could be related to a difference between the two discrimination assays in their

sensitivity to  $CB_1$  receptor agonism. The potency of  $\Delta^9$ -THC and anandamide in the rimonabant discrimination assay was estimated from the dose producing a twofold rightward shift in the rimonabant dose–response curve. Although relative potency was similar in the two procedures (compare Figure 1, top and Figure 6),  $\Delta^9$ -THC and anandamide were eight- and fivefold less potent, respectively, in the rimonabant discrimination assay as compared with their  $ED_{50}$  value in substituting for the  $\Delta^9$ -THC discriminative stimulus. This difference in potency could reflect greater tolerance and dependence in the rimonabant discrimination assay as compared with the  $\Delta^9$ -THC discrimination assay. Based on previous studies in rodents, tolerance to  $\Delta^9$ -THC is accompanied by increased



Effects of URB 597, alone (left) and in combination with anandamide (right), in  $\Delta^9\text{-}\text{THC}\text{-}t$ reated (1 mg $\cdot$ kg $^{-1}$  12 h $^{-1}$  s.c.) monkeys discriminating rimonabant (1 mg·kg<sup>-1</sup> i.v.). Abscissae: vehicle (V) or dose in mg·kg<sup>-1</sup> body weight of rimonabant. Ordinates: mean (±SEM) percentage of responding on the rimonabant lever (top) and mean (±SEM) response rate expressed as a percentage of control (V training days) rate [Rate (% control)] (bottom). The dashed and solid lines not connected to symbols are the effects of 10 and 32 mg·kg-<sup>1</sup> of anandamide, respectively, in combination with rimonabant, which are re-plotted from Figure 4.

## **Table 2**

ED<sub>50</sub> values and 95% confidence limits for rimonabant, alone and in combination with  $\Delta^9\text{-}\texttt{THC}_\textsc{i}$  anandamide and URB 597, in  $\Delta^9\text{-}\texttt{THC}\text{-}$ treated (1 mg·kg<sup>-1</sup>12 h<sup>-1</sup>) monkeys discriminating rimonabant (1 mg·kg<sup>-1</sup> i.v.)



\*Significant decrease in potency.

†Potency ratios and 95% confidence limits (CL) are the ED<sub>50</sub> value of rimonabant in combination with test drug divided by the control ED<sub>50</sub> value of rimonabant.



## **Figure 6**

Magnitude of rightward shift in the rimonabant dose-response function expressed as a function of dose of  $\Delta^9$ -THC, anandamide alone and anandamide plus URB 597. Abscissa: dose in mg·kg<sup>-1</sup> body weight. Ordinate: mean ( $\pm$ SEM) rightward shift in the rimonabant dose-response function, calculated as rimonabant  $ED_{50}$  following pretreatment with a cannabinoid agonist divided by the control rimonabant  $ED_{50}$ .

brain anandamide (Di Marzo *et al*., 2000), which, in turn, is consistent with a decrease in metabolism, perhaps reflecting a decrease in fatty acid amide hydrolase (Cravatt *et al*., 2001; Castelli *et al*., 2007). Loss of fatty acid amide hydrolase is a parsimonious explanation for loss of sensitivity to the anandamide-enhancing effects of URB 597. However, the corresponding increase in anandamide would potentially offset a loss of sensitivity to URB 597. Further studies are required to explore the mechanisms responsible for this loss of sensitivity to the combined effects of anandamide and URB 597 in  $\Delta^9$ -THC-treated animals.

Anandamide, in contrast to some other neurotransmitters, enters the brain following systemic administration (Willoughby *et al.*, 1997) and can produce CB<sub>1</sub> receptor-mediated behavioural effects. Although the behavioural effects of ligands that cross the blood–brain barrier can be studied with systemic routes of administration (e.g. i.v.), it cannot be assumed that this approach is predictive of the normal physiology of an endogenous ligand. Exogenous administration could result in greater concentrations and more widespread distribution in brain as compared with the endogenous ligand, resulting in both quantitative and qualitative differences in effect. The failure of URB 597 to share behavioural effects with exogenously administered anandamide in rhesus monkeys, even up to doses that produced a 32-fold enhancement of anandamide levels, strongly suggests that there is a limited amount and/or distribution of endogenous anandamide in brain. There is consensus among different studies in this regard, with URB 597 failing to mimic the ability of anandamide to increase nucleus accumbens dopamine in rats (Solinas *et al*., 2006) or to maintain self-administration behaviour in squirrel monkeys (Justinova *et al*., 2008).

In summary, URB 597 markedly enhanced the behavioural effects of anandamide, but by itself did not share effects with anandamide in rhesus monkeys discriminating  $\Delta^9$ -THC from vehicle. In  $\Delta^9$ -THC-dependent monkeys, URB 597 neither attenuated  $\Delta^9$ -THC withdrawal nor enhanced the



effects of anandamide to attenuate  $\Delta^9\text{-}\text{THC}$  withdrawal, suggesting that URB 597 has limited utility as a treatment for marijuana dependence and withdrawal and, further, that  $\Delta^9\text{-}\text{THC}$  treatment decreases fatty acid amide hydrolase and the effectiveness of fatty acid amide hydrolase inhibitors. The numerous behavioural effects of  $\Delta^9\text{-}\text{THC}$  are probably due to widespread activation of brain cannabinoid receptors. That fatty acid amide hydrolase inhibition does not mimic all of the behavioural effects of direct-acting cannabinoid receptor agonists could be an advantage inasmuch as non-preferred effects (abuse liability and the 'high' associated with marijuana use) are absent. However, the extent to which fatty acid amide hydrolase inhibition produces therapeutic effects remains to be established.

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# **Conflict of interest**

None.

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