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*Bioorg Med Chem Lett*. Author manuscript; available in PMC 2012 November 1.

#### Published in final edited form as:

Bioorg Med Chem Lett. 2011 November 1; 21(21): 6451–6455. doi:10.1016/j.bmcl.2011.08.084.

# **Development of a Highly Selective, Orally Bioavailable and CNS Penetrant M1 Agonist Derived from the MLPCN Probe ML071**

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# **Abstract**

Herein we report the discovery and SAR of a novel series of  $M_1$  agonists based on the MLPCN probe, ML071. From this, VU0364572 emerged as a potent, orally bioavailable and CNS penetrant  $M_1$  agonist with high selectivity, clean ancillary pharmacology and enantiospecific activity.

# **Keywords**

Muscarinic acetylcholine receptor 1; mAChR1 (M<sub>1</sub>); ML071; Allosteric agonist

The muscarinic acetylcholine receptors, mAChRs or  $M_1-M_5$ , are members of the class A G protein-coupled receptors (GPCRs) that mediate a broad range of actions of the neurotransmitter acetylcholine (ACh) in the central nervous system and other tissues. $1-3$ Previous attempts to develop compounds that are highly selective for  $M_1$  have failed because of the high conservation of the orthosteric ACh binding site and difficulty in developing truly specific compounds, not only for  $M_1$  (versus  $M_2-M_5$ ) but also other biogenic amine receptors  $(BARs)$ .<sup>4–6</sup> Despite these major shortcomings, multiple orthosteric M1 'preferring' agonists have provided proof of concept in Phase II and III clinical trials for both Alzheimer's disease (AD) and schizophrenia, generating great enthusiasm for selective  $M_1$  activation.<sup>7–14</sup>

Current efforts are focused on the selective activation of  $M_1$  by targeting less conserved allosteric sites, and this approach is proving highly successful for multiple GPCRs.<sup>4,5,15,16</sup> Allosteric and/or bi-topic M1 partial agonists first appeared, such as **1**–**4**, with improved mAChR selectivity in many instances, but a general lack of selectivity versus BARs  $(D_2,$ 

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 $5HT_{2c}$ ,  $5HT_{2B}$ , opiate, etc.) and poor DMPK properties precluded their utility as tools to probe selective  $M_1$  activation *in vivo* (Fig. 1).<sup>6,17–20</sup> Recently, numerous additional  $M_1$  full and partial agonists have been reported with improved properties and efficacy in cognition models.21–23 Positive allosteric modulators (PAMs) from three structural classes, **5**–**7**, have also been reported, with exquisite selectivity for  $M_1$  versus  $M_2-M_5$  and BARs, allowing limited *in vivo* proof of concept studies to be conducted.24–26,28,29,31,32 For all of these PAMs, both DMPK properties and CNS penetration are barely adequate for *in vivo* studies;  $24-26,28,29,31,32$  however, two scaffolds variants of the BQCA PAM scaffold have overcome the DMPK issues and afforded PAMs with good properties and CNS exposure.27,30

Based on the need for additional  $M_1$  tools, we recently performed a functional  $M_1$  HTS of the 65,000 compound MLPCN library using a high-expressing  $M_1$  rat CHO cell line.<sup>33,34</sup> From this effort, we identified  $M_1$  agonists, antagonists and PAMs, which were quickly optimized to afford the  $M_1$  selective antagonist ML012 (VU0255035),  $33 M_1$  PAMs ML137  $(VU0366369)^{31}$  and ML169  $(VU0405562)^{32}$  as well as the M<sub>1</sub> agonist ML071 (VU0357017).<sup>34</sup> ML071 (8) proved to be a highly selective M<sub>1</sub> partial agonist (EC<sub>50</sub> = 200) nM, 81% ACh Max, >30  $\mu$ M versus M<sub>2</sub>–M<sub>5</sub>) with clean ancillary pharmacology (no activity greater than 50% in a 10  $\mu$ M radioligand binding panel of 68 GPCRs, ion channels and transporters, including the BARs) and favorable DMPK properties and CNS penetration (Fig. 2).<sup>31</sup> ML071 demonstrated that selective  $M_1$  activation potentiated NMDA receptor currents, provided a significant increase in soluble  $APP$  (sAPP $\alpha$ ) in cell culture, and dosedependently reversed scopolamine-induced disruption of contextual fear conditioning responses.<sup>34</sup> However, ML071 also displayed functional D<sub>2</sub> antagonism (IC<sub>50</sub> = 4.5  $\mu$ M), which we hoped to eliminate through chemical optimization. As previously detailed, SAR for ML071 was shallow, with few modifications tolerated.<sup>34</sup> In this Letter, we describe the introduction of cyclic constraints to impart improved potency, efficacy and DMPK properties (Fig. 2).

A number of cyclic constraints ((*R*)- and (*S*)-3-aminopyrroldines (**9**–**12**), piperazine (**13**), [2.2.1] (**14**) and [3.3.0] (**15**) congeners) were synthesized (Fig. 3A) and evaluated, affording less than 30% M1 activation at 10 µM (Fig. 3B). However, the (*R*)-aminopiperidine constraint **17** (VU0364572) afforded full activation of M1, while the (*S*)-enantiomer **16** was inactive, providing the first reported example of enantioselective  $M_1$  activation. VU0364572 proved to be highly selective for M<sub>1</sub> (Fig. 3C) with an EC<sub>50</sub> of 110 nM and ~95% ACh Max.

This finding led us to synthesize libraries of analogs around both **16** and **17** wherein we varied the amide moiety; interestingly, all (*S*)-enantiomers **16** were inactive ( $M_1$  EC<sub>50</sub>s >10 µM). Analogs **17** were synthesized according to Scheme 1. As shown in Table 1, SAR was shallow, as with ML071,<sup>34</sup> with only 12 of 36 analogs possessing  $M_1$  potencies below 5  $\mu$ M; moreover, 17 proved to be the best compound within this series in terms of  $M_1$  potency, ACh Max and mAChR selectivity. Efforts now focused on full characterization of VU0364572, **17**.

We then evaluated VU0364572 (**17**) in a radioligand binding panel of 68 GPCRs, ion channels and transporters (including all the BARs),  $35$  and no significant activities were reported (no inhibition  $>30\%$  @10  $\mu$ M). Importantly, 17 showed minimal activity at hERG  $(22\% \t@ 10 \mu M)$ , despite possessing a classical hERG pharmacophore. Furthermore, based on the previously observed weak functional D<sub>2</sub> antagonism of ML071 (D<sub>2</sub> IC<sub>50</sub> = 4.5 µM), we evaluated 17, and were delighted to find no functional activity at the  $D_2$  receptor (Fig. 4). Based on this, VU0364572 is a highly selective  $M_1$  agonist with exceptionally clean

ancillary pharmacology, and a valuable small molecule tool to dissect the role of direct and selective  $M_1$  activation.<sup>1–20</sup>

Further in vitro characterization followed, evaluating the ability of **17** to shift APP processing towards the non-amyloidogenic pathway. Employing our standard model<sup>20,22,28,29</sup> in TREx293-hM<sub>1</sub> cells, carbachol (CCh) (10  $\mu$ M) affords a significant increase in soluble APP (sAPPα), whereas an identical concentration of **17** provides a more robust increase (~3-fold) in sAPPα. Based on this data, selective activation of M1, via **17**, may have a disease modifying role in AD.

Activation of NMDA receptor currents by  $M_1$  is postulated to play a critical role in the cholinergic regulation of cognitive function and circuitry that underlie the efficacy of mAChR agonists in schizophrenia (the NMDA receptor hypofunction hypothesis of schizophrenia)36 and AD. As shown in Figure 5, VU0364572 (**17**), was found to potentiate NMDA receptor currents in hippocampal CA1 pyramidal cells, further validating selective  $M_1$  activation as a means to promote synaptic plasticity.

The *in vitro* data was tremendously exciting, prompting the evaluation of **17** in our tier 1 DMPK battery. **17** displayed low plasma protein binding for both human  $(f_u = 5.8\%)$  and rat  $f_{\text{u}} = 14.9\%$ ) and had a clean CYP profile (3A4, 2C9, 1A2 and 2D6; IC<sub>50</sub> > 25  $\mu$ M). Intrinsic clearance experiments (rat  $CL_{INT} = 23.4$  mL/min/kg and human  $CL_{INT} = 11.2$  mL/min/kg) suggested **17** would be a low to moderate clearance compound, and rat PK confirmed a good *in vitro/in vivo* correlation. A standard rat IV(1 mg/kg)/PO (10 mg/kg) study found **17** to possess a CL of 14.7 mL/min/kg, with a  $V_{ss}$  of 0.98 L/kg and a t<sub>1/2</sub> of 46 min. Importantly, **17** was orally bioavailable with a %F of 37 ( $AUC_{IV} = 1.1 \mu g * hr/mL$ ,  $AUC_{PO} = 4.2 \mu g * hr$ ) mL). In parallel, we performed an oral plasma:brain level (PBL) study with **17** in male Sprague-Dawley rats (Table 2). At a dose of 10 mg/kg with a 90 minute endpoint, **17** achieved an average  $Brain_{AUC}/Plasma_{AUC}$  of 1.35, providing excellent CNS exposure.

As it became time to profile 17 on human  $M_1$ – $M_5$ , our research team had moved away from the high-expressing HTS lines and developed both rat and human  $M_1-M_5$  with expression more closely resembling native expression levels. In these new cell lines, both **17** and ML071 experienced an ~10-fold right shift in potency ( $EC_{50}$ s of 1.3 µM and 2.3 µM, respectively) with slightly lower ACh Max, yet still remained highly selective  $(M_2-M_5)$  $EC_{50}$ s >30 µM). As  $M_1$  expression levels vary amongst neuronal tissues and brain regions, compounds such as **17** may behave as full agonists in one population and as weak, partial agonists in another. The ramifications of this, and further in depth *in vitro* and *in vivo* pharmacological studies are in progress and will be reported shortly.<sup>37</sup>

In summary, the chemical lead optimization of the MLPCN  $M_1$  agonist probe ML071 (VU0357017), led to the discovery of VU0364572 (**17**), an M1 agonist with high selectivity (versus  $M_2-M_5$  as well as the BARs), exceptional PK and brain exposure, robust effects on APP processing and potentiation of NMDA receptor currents and enantiospecific  $M_1$ activation. Further in depth *in vitro* and *in vivo* pharmacological studies with VU0364572 (**17**) are in progress and will be reported shortly.

### **Acknowledgments**

The authors thank the NIH and NIMH for support of our M1 muscarinic program (1RO1MH082867-01). Vanderbilt is a Specialized Chemistry Center within the MLPCN (U54MH084659), and ML071 is an MLPCN probe, freely avaialble upon request.

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2, AC-260584

3, 77-LH-28-1

4, TBPB



**Figure 1.**

Prototypical 'M1-preferring' allosteric (bi-topic) agonists **1**–**4**, and M1 PAM series **5**–**7**.

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#### **Figure 3.**

A) Structures of cyclic constrained analogs of  $8$ . B) 10  $\mu$ M M<sub>1</sub> single point screen of cyclic constraint variants of ML071. C) Full CRCs at M1–M5 for VU0364572 (**17**).

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#### **Figure 4.**

A) CRC for ML071 for  $D_2$  antagonism, affording an  $IC_{50}$  of 4.5 µM. B) CRC for VU0364572 for  $D_2$  antagonism, affording an  $IC_{50} > 30 \mu M$ .

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#### **Figure 5.**

VU0364572 potentiates NMDA receptor currents in hippocampal CA1 pyramidal cells. A) Representative whole cell traces of NMDA-evoked currents and B) time course of normalized amplitude of NMDAR currents before, during and after application of 30 µM VU0364572 (**17**). Notably, even after washout, the potentiation persists for 10 min. Error bars represent mean  $\pm$  SEM for five independent determinations.

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#### **Scheme 1.**

Reagents: (a) (R)-3-amino-3-*N*-Boc-piperidine, NaBH(OAc)<sub>3</sub>, DCE, 95%; (b) HCl, dioxane, rt, 96%; (c) RCOCl, DIEA, DCM, rt, 65–95%.

#### **Table 1**

Structures and activities of M1 agonist analogs **20a**–**k**.



*a*<br>Average of at least three determinations in our rat HTS high-expressing CHO cell line

#### **Table 2**

10 mg/kg Oral Plasma:Brain Level Study with **17**.

