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Mitochondrial complex III ROS regulate adipocyte differentiation

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SUMMARY

Adipocyte differentiation is characterized by an increase in mitochondrial metabolism. However it is not known whether the increase in mitochondrial metabolism is essential for differentiation or a byproduct of the differentiation process. Here, we report that primary human mesenchymal stem cells undergoing differentiation into adipocytes display an early increase in mitochondrial metabolism, biogenesis, and ROS generation. This early increase in mitochondrial metabolism and ROS generation was dependent on mTORC1 signaling. Mitochondrial targeted antioxidants inhibited adipocyte differentiation which was rescued by the addition of exogenous hydrogen peroxide. Genetic manipulation of mitochondrial complex III revealed ROS generated from this complex is required to initiate adipocyte differentiation. These results indicate that mitochondrial metabolism and ROS generation are not simply a consequence of differentiation, but are a causal factor in promoting adipocyte differentiation.

Keywords

obesity; mTOR; superoxide; PI3K; stem cells

INTRODUCTION

Adipocytes are dynamic reservoirs for energy homeostasis in mammals. There are two types of adipose tissue, white adipose tissue (WAT) and brown adipose tissue (BAT)(Gesta et al., 2007). White adipocytes function primarily to store triglycerides as energy (Spiegelman and Flier, 2001) while brown adipocytes generate heat energy at the expense of ATP generation due to their high expression of the uncoupling protein UCP1 (Cannon and Nedergaard,

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SUPPLEMENTAL INFORMATION Supplemental information includes 4 figures and real time PCR primers and shRNA sequences which can be found online.

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2004). Mesenchymal stem cells give rise to distinct white and brown adipocyte precursors (Park et al., 2008). Brown adipocytes share precursors with muscle cells, but not with white adipocytes (Seale et al., 2008). The transcription factors PPAR γ and C/EBP α drive white adipocyte differentiation while the transcriptional regulators PRDM16 and PPAR γ drive brown fat differentiation (Tontonoz and Spiegelman, 2008). Although much progress has been made in understanding the transcriptional program that induces adipogenesis, the signaling mechanisms underlying the activation of transcriptional machinery are not fully understood.

During adipogenesis, autophosphorylation of insulin/IGF-1 receptor tyrosine kinases in the presence of insulin initiates glucose transport, glucose metabolism, proadipogenic gene transcription, and de novo lipid synthesis (Saltiel and Kahn, 2001). Akt activation downstream of insulin signaling makes multiple contributions to adipocyte differentiation, and is required for the process (Peng et al., 2003). Mammalian target of rapamycin (mTOR) complex 1 is one output of Akt signaling required for adipogenesis (Gagnon et al., 2001). Rapamycin-mediated inhibition of mTORC1 diminishes protein levels of PPAR γ and C/EBP α and adipogenesis *in vitro* (Kim and Chen, 2004). Depletion of Raptor by RNAi results in diminished mTORC1 activity and reduced adipogenesis (Polak et al., 2008). By contrast, hyper-activation of mTORC1 due to loss of TSC2 increases PPAR γ and C/EBP α mRNA and protein expression to promote adipogenesis *in vitro* (Zhang et al., 2009). mTORC1 dependent protein translation is one likely mechanism that contributes to the control of adipogenic transcriptional machinery (Carnevali et al., 2010). Nevertheless, our current understanding of how mTORC1 controls the adipogenic transcriptional machinery is still incomplete. One output of activated mTORC1 is to positively regulate mitochondrial oxygen consumption in mammalian cells (Schieke et al., 2006). Mitochondrial oxygen consumption and overall ROS levels both increase during adipogenesis (Imhoff and Hansen, 2010; Wilson-Fritch et al., 2003). However, it is not known whether these increases are causal for promoting adipocyte differentiation. In the present study, we tested whether mitochondrial ROS are required to initiate the PPAR γ transcriptional machinery downstream of mTORC1 activation during differentiation of human mesenchymal stem cells (MSCs) into adipocytes.

RESULTS

Mitochondrial targeted antioxidants diminish adipocyte differentiation

Primary human mesenchymal stem cells isolated from bone marrow display robust lipid accumulation within 21 days when exposed to a combination of indomethacin, dexamethasone isobutylmethylxanthine (IBMX), and insulin (INS) (Pittenger et al., 1999). We observed a gradual increase in the basal and maximal oxygen consumption rate (OCR) of human mesenchymal stem cells exposed to adipogenic medium over 7 days (Figure 1A). Most of the basal oxygen consumption rate was coupled to the generation of ATP synthesis indicating these cells display hallmarks of white adipocytes (data not shown). We hypothesized that an increase in mitochondrial OCR would be accompanied by an increase in ROS levels. Indeed, an intracellular increase of H₂O₂ was observed at Day 2 of differentiation compared to Day 0 control human MSCs (Figure 1B). The increase in intracellular H₂O₂ was attenuated in the presence of the mitochondrial targeted antioxidant MitoCP (Figure 1B). This nitroxide based antioxidant is targeted to the mitochondria by the covalent coupling of its nitroxide moiety to a triphenylphosphonium cation (TPP), which serves as a control compound (Dhanasekaran et al., 2005). These results indicate that an increase in mitochondrial oxygen consumption and an increase in intracellular ROS are early events during human MSC differentiation into adipocytes.

To test whether the increase in mitochondrial generated ROS are required for adipocyte differentiation, human MSCs were treated with the control TPP and mitochondria-targeted antioxidants MitoCP or MitoCTPO starting at Day 2 of differentiation. We began adipocyte treatment with mitochondrial targeted antioxidants starting at day 2 to avoid interference with mitotic clonal expansion previously noted during adipocyte differentiation (Gagnon et al., 2001). This allows us to examine whether mitochondrial ROS regulate adipocyte differentiation independent of early proliferative signaling. A significant reduction in lipid accumulation was observed in adipocytes treated with mitochondrial antioxidants (500 nM) (Figure 1C). The decrease in lipid accumulation by MitoCP and MitoCTPO was concentration dependent (Figure S1A). Lipid accumulation was also inhibited in adipocytes treated with other well characterized mitochondria-targeted antioxidants Mito-Q and Mito-Tempol C₁₀ (Figure 1D). In conjunction with lipid accumulation, protein levels of major adipogenic transcription factors CCAAT/enhancer-binding protein alpha (C/EBP α) and peroxisome proliferator activated receptor gamma 2 (PPAR γ 2) were decreased in the presence of MitoCP compared to TPP controls (Figure 1E). PPAR γ 2 target genes, *fatty acid-binding protein-4 (aP2)*, *adiponectin (ADIPOQ)*, as well as PPAR γ 2 mRNA were also significantly decreased in the presence of MitoCP at day 3, 5 (Figure S1B) and day 7 of differentiation after treatment with MITOCP (Figure 1F). Similar results were observed in the well established 3T3L1 model of adipocyte differentiation (Figure S2). These results demonstrate that mitochondrial ROS are required for activation of the transcriptional machinery that regulates adipocyte differentiation.

Exogenous H₂O₂ rescues adipocyte differentiation in the presence of mitochondrial antioxidants

If mitochondrial ROS are indeed upstream of transcriptional programming during adipocyte differentiation then overexpression of PPAR γ 2 should circumvent the inhibition of adipocyte differentiation observed in adipocytes treated with MitoCP. PPAR γ 2 is known as the master transcriptional regulator of adipocyte differentiation (Rosen et al., 2000). Adenovirus expressing PPAR γ 2 (AdPPAR γ 2) or control null adenovirus (AdNull) were infected into human MSCs at day 1. The PPAR γ agonist troglitazone (Tro.) was also added to adipogenic media to boost the efficacy of AdPPAR γ 2 mediated transcription. Human MSCs infected with AdPPAR γ 2 or AdNull were treated with MitoCP or TPP control starting at day 2 of differentiation. AdPPAR γ 2 + troglitazone was effectively able to increase lipid accumulation and induction of adipogenic genes in the presence of MitoCP (Figure 2A-C). Hydrogen peroxide is the major form of ROS that triggers redox dependent signaling in the cytosol (Rhee, 2006). Mitochondrial targeted antioxidants MitoCP and MitoCTPO detoxify superoxide within mitochondria thus preventing their release and subsequent accumulation of H₂O₂ within the cytosol. We reasoned that if H₂O₂ was the major form of ROS required for adipocyte differentiation then we should be able to rescue the diminished adipocyte differentiation induced by MitoCP by administering exogenous peroxide that would rapidly enter the cytosol. In the presence of D-galactose, galactose oxidase (GAO) produces hydrogen peroxide in the culture media which rapidly enters the cytosol (Wang et al., 1998). Human MSCs treated with D-galactose (0.5 mM) and GAO (0.015U/ml) to continuously generate exogenous H₂O₂ starting at day 2 displayed an increase in intracellular H₂O₂ in the presence of MitoCP at day 3 of differentiation (Figure 2D). Importantly, this increased both lipid accumulation and induction of adipogenic genes in the presence of MitoCP (Figure 2E and 2F). Collectively our data suggest that mitochondrial electron transport chain generates superoxide which is converted to H₂O₂ to initiate the PPAR γ transcriptional machinery that regulates adipocyte differentiation.

Mitochondria complex III ROS is required for activation of adipogenic transcriptional machinery

Mitochondria can generate ROS at complexes I, II and III. Complex I and II produce superoxide within the matrix (Brand, 2010). Complex III has the ability to generate superoxide within the matrix or intermembrane space (Brand, 2010). Complex III generated superoxide in the intermembrane space can escape into the cytosol. Complex III has 10 subunits including Rieske iron sulfur protein (RISP) and ubiquinone binding protein (QPc) and generates superoxide as it conducts the ubiquinone (Q) cycle. RISP is required for superoxide generation during the Q cycle while the function of the QPc is downstream of superoxide generation (Figure 3A). Lentiviral infection of shRNA targeting RISP and QPc diminished protein levels (Figure 3B) and as expected decreased both basal and maximal oxygen consumption rate to similar levels (Figure 3C). Knocking down RISP diminished ROS production while knocking down QPc maintained ROS production in human MSCs (Figure 3D). PPAR γ mRNA and PPAR γ dependent gene targets were significantly attenuated in RISP shRNA expressing human MSCs undergoing adipocyte differentiation compared to the QPc shRNA expressing cells and control infected cells (Figure 3E). Similar results were obtained with a second shRNA targeting RISP and QPc (Figure S3A-C). Pharmacologic inhibition with the complex III inhibitor antimycin, which is known to diminish oxygen consumption but maintains superoxide production from complex III (Turrens et al., 1985), also did not attenuate PPAR γ dependent gene targets (Figure S3D). Importantly, mitochondrial targeted antioxidants abolished the increase in PPAR γ mediated transcription in the presence of antimycin A (Figure S3E). These results indicate that PPAR γ dependent transcription during adipocyte differentiation is dependent on mitochondrial complex III generated superoxide but independent of oxidative phosphorylation.

mTORC1 is required for the early increase in ROS during adipocyte differentiation

PI3-kinase signaling pathway and its downstream effector mTORC1 are well characterized regulators of lipogenesis and PPAR γ dependent transcription during adipocyte differentiation (Laplante and Sabatini, 2009). In concordance with previous studies in human MSCs (Yu et al., 2008), PPAR γ and C/EBP α protein levels were decreased at days 5 and 7 after treatment with PI3K inhibitor LY-294002 or mTORC1 inhibitor rapamycin (Figure 4A). Next, we investigated whether PI3K and mTORC1 signaling results in an increase in mitochondrial oxygen consumption and ROS during adipocyte differentiation. Human MSCs undergoing adipocyte differentiation treated with LY-294002 or rapamycin starting at day 2 displayed diminished mitochondrial oxygen consumption at day 7 compared with DMSO control (Figure 4B). Rapamycin diminished intracellular H₂O₂ production at day 3 (Figure 4C). Also, we observed an increase in mitochondrial biogenesis assessed by the ratio mitochondrial DNA (*COXI* gene) to nuclear DNA (*PPRC1* gene) at day 3 compared to day 0, which was in part diminished by rapamycin (Figure 4D). We genetically confirmed the positive regulation of mTORC1 on mitochondrial ROS by knocking down raptor, an essential component of mTORC1. Diminishing raptor levels in human MSCs decreases ROS production indicating that mTORC1 is required for the increase in ROS production during adipocyte differentiation (Figure 4E and 4F).

A likely contributor to the increase in mitochondrial ROS early during adipocyte differentiation is mTORC1-dependent protein translation which increases cellular ATP demand and thereby oxygen consumption. Cyclohexamide inhibition of protein translation inhibition slightly diminished mitochondrial ROS generation during differentiation (Figure S4A). It is possible that mTORC1 might directly affect mitochondrial function as we observed a pool of raptor in the mitochondrial fraction (Figure S4B) indicating the proximity of this complex to mitochondria. Interestingly, adenoviral PPAR γ infection did not rescue adipogenesis in the presence of PI3K or mTORC1 inhibition (Figure S4C and D) in contrast

to the rescue observed in presence of mitochondrial antioxidants (Figure 2 A-C). Thus, effectors other than ROS are also activated by mTORC1 which are also required for adipocyte differentiation.

DISCUSSION

Chronic elevated levels of ROS within a cell have been attributed to diseases including obesity and diabetes (Furukawa et al., 2004; Houstis et al., 2006). Much of these previous studies have suggested ROS as initiators of cellular damage. We and others have proposed that low levels of ROS can serve as signaling molecules to regulate physiology such as oxygen sensing while at higher levels ROS cause damage (Finkel, 2011). Furthermore, our knowledge of ROS has become more complicated in the past decade as the type of ROS and the compartmentalization of ROS are likely to regulate distinct biological outcomes (Hamanaka and Chandel, 2010).

In our current study we uncovered a physiologic role of mitochondrial-generated ROS in regulating adipocyte differentiation. We observed that early during adipocyte differentiation there is an mTORC1 dependent increase in mitochondrial metabolism and biogenesis. A consequence of this increase is the production of mitochondrial complex III ROS resulting in the induction of PPAR γ transcriptional machinery required to initiate adipocyte differentiation (Figure 4G). Although we observe a positive correlation between mTORC1 and mitochondrial metabolism and ROS signaling, recent studies from Shadel and colleagues demonstrate that reduced TORC1 signaling leads to an increase in respiration and ROS signaling in yeast (Bonawitz et al., 2007; Pan et al., 2011). This could reflect metabolic difference between mammalian cells and yeast, primarily the strong induction of the Crabtree effect observed in yeast. Nevertheless, these studies in yeast and our current study in mammalian cells conceptually advance the idea that TORC1 can control mitochondrial ROS to initiate signaling.

It has been noted that stem cells undergo an increase in mitochondrial biogenesis and metabolism upon differentiation (St John et al., 2005). This has led to the hypothesis that an increase in mitochondrial metabolism is required to meet the energy demands of differentiation. Our results indicate that an increase mitochondrial metabolism is not only necessary for energetic demands but is causal in promoting differentiation through the production of ROS. The broader implication of our findings is that increased ROS levels provide a permissive oxidative environment for signaling that initiates cellular differentiation. Mitochondrial ROS have been linked to differentiation during hematopoiesis in *Drosophila* (Owusu-Ansah and Banerjee, 2009). Future studies will shed light as to whether an increase in mitochondrial ROS is a general requirement for cellular differentiation.

EXPERIMENTAL PROCEDURES

Cell culture and reagents

Human mesenchymal stem cells were obtained from Lonza and cultured according to manufacturers' instructions. To induce adipocyte differentiation, cells were cultured in high-glucose (25 mM) Dulbecco's Modified Eagles Medium (DMEM-HG) medium supplemented with 5% Fetal Bovine Serum, 2% HEPES, 1% Penicillin-Streptomycin. The adipogenic differentiation media also contained 200 μ M Indomethacin (INDMT), 1 μ M dexamethasone (DEX), 10 μ g insulin (INS), and 0.5mM isobutylmethylxanthine (IBMX) which were all purchased from Sigma-Aldrich USA. Rapamycin, LY-294002, FCCP, antimycin, rotenone were purchased from Sigma.

Oil Red O assays to determine lipid accumulation

Human MSCs were incubated in adipogenic differentiation media for 21 days. Subsequently, cells were stained with Oil Red O using the adipogenesis assay kit (Millipore) as per manufacturer's instructions and quantified at 492 nm using the Multiskan MCC plate reader (Fisher).

Real-time RT-PCR Analysis

RNA was extracted using TRIzol Reagent (Invitrogen) according to manufacturers' instructions. 2 µg of RNA per sample was made into cDNA using MMLV reverse transcriptase (Applied Biosystems). Prepared cDNA was amplified using the Biorad iCycler iQ system (Biorad Laboratories) and analyzed using the SYBR Green PCR Master Mix (Applied Biosystem). PCR primers were designed using Beacon Designer 3.01 software (Premier Biosoft international) and are listed in Supplementary text. Cycle Threshold (Ct) values were normalized for amplification using mitochondrial ribosomal protein *L19* and the data was analyzed using the Δ Ct method.

Immunoblot Analysis

Protein levels were analyzed in whole cell lysates obtained using cell lysis buffer (Cell Signaling) and samples were resolved on a SDS polyacrylamide gel. Gels were analyzed by immunoblotting with antibodies for p44/p42 MAPK, raptor, PPAR γ , and C/EBP α obtained from Cell Signaling; RISP monoclonal antibody (MitoSciences) and QPc (Proteintech).

Mitochondrial Assays

Seahorse bioscience extracellular flux (XF24) analyzer was utilized to measure oxygen consumption rates. Cells were plated in 24 well plates custom designed for XF24 analysis at a density of $2-3 \times 10^4$. Mitochondrial oxygen consumption was calculated by subtracting the residual rate after antimycin (1 µM) + rotenone (1 µM) treatment. Mitochondrial biogenesis was assessed by measuring mitochondrial DNA copy number as previously described (Li et al., 2005).

Adenoviral infection of human MSCs

Adenovirus PPAR γ was obtained from Vector BioLabs and adenovirus null was obtained from ViraQuest Inc. Human MSCs were infected with adenovirus 24 hours prior to treatment with antioxidants using GeneJammer Transfection reagent (Stratagene) as previously described (Bosch and Stice, 2007).

shRNA and generation of stable cell lines

The pLKO.1 validated lentiviral vectors were obtained from Sigma to express shRNA targeting human RISP, QPc and raptor. Stable cell lines were generated by infection using viral supernatants from 293FT packaging cells followed by puromycin selection. For raptor shRNA delivery, constructs were transfected using GeneJammer Transfection reagent (Stratagene) according to manufacturer's instructions. The shRNA sequences are provided in the supplemental text.

ROS Measurement

Intracellular ROS was measured using Amplex Red (Invitrogen) in lysed cell as previously described (Bell et al., 2007).

Statistical analysis

One-way analysis of variance was performed in Origin 7 to determine the presence of significant differences in the data. When analysis of variance indicated that a significant difference was present, two-sample Student's t-tests were performed to compare experimental data with appropriate controls. Statistical significance was determined at a value of $P < 0.05$ and is represented with an asterisk. Error bars defined as standard error of the mean (SEM).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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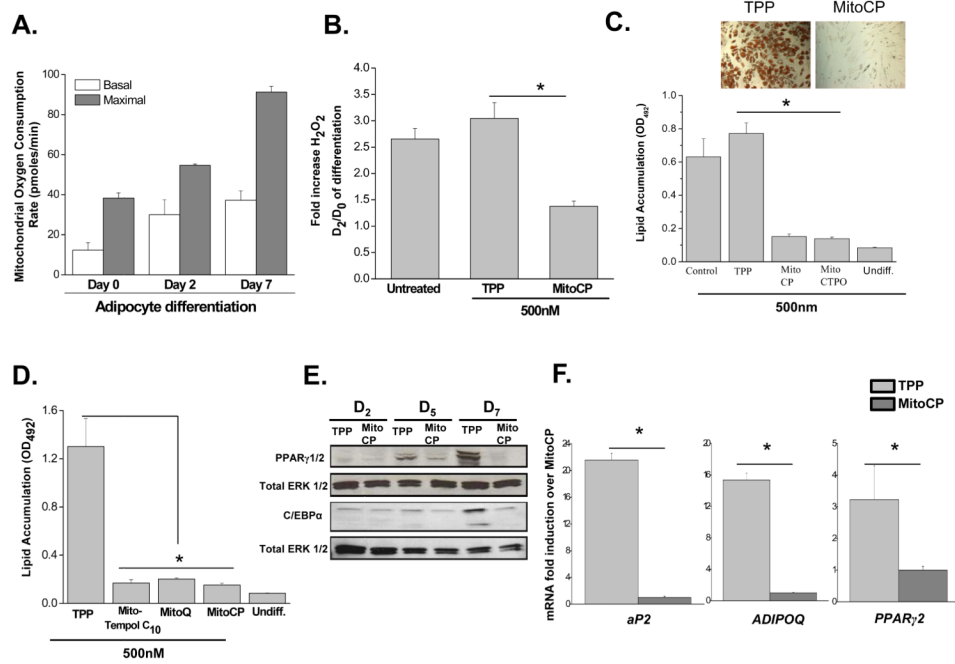


Figure 1. Mitochondrial targeted antioxidants diminish adipocyte differentiation

(A) Mitochondrial oxygen consumption rates of human MSCs at day 0 (four hours), 2, and 7 of adipocyte differentiation. Cells were treated with FCCP (10 μ M) to obtain maximal oxygen consumption rates. $N=4 \pm$ SEM.

(B) Intracellular H_2O_2 levels of human MSCs at Day 0 (4 hours) and Day 2 of differentiation. Cells were treated with 500 nM of TPP or MitoCP for 4 hours prior to measurement on day 2. $N=4 \pm$ SEM

(C) Mitochondrial targeted antioxidants MitoCP and MCTPO attenuate lipid accumulation. Human MSCs were treated with 500nM of TPP control and mitochondrial targeted antioxidants MitoCP or MitoCTPO starting at day 2 of differentiation. Subsequently, optical density (OD) values of Oil Red O were assessed at day 21. $N=3 \pm$ SEM.

(D) Mitochondrial targeted antioxidants MitoQ and Mito-Tempol diminish lipid accumulation. Human MSCs were treated starting at day 2 of differentiation with 500 nM of Mito-Tempol C_{10} , Mito-Q, Mito CP or TPP control. Subsequently, at day 21 of differentiation cells were stained with Oil Red O and optical density (OD) values were assessed. $N=3 \pm$ SEM.

(E) Western blot analysis of PPAR γ and C/EBP α protein at days 2, 5, and 7 of differentiation in human MSCs treated with 500 nM of MitoCP or TPP starting at day 2. Day 2 cells were lysed after 4 hours of MitoCP or TPP treatment.

(F) Gene expression of PPAR $\gamma 2$ and its target genes at day 7 of differentiation in human MSCs treated with 500 nM MitoCP or TPP starting at day 2. $N=3 \pm$ SEM.

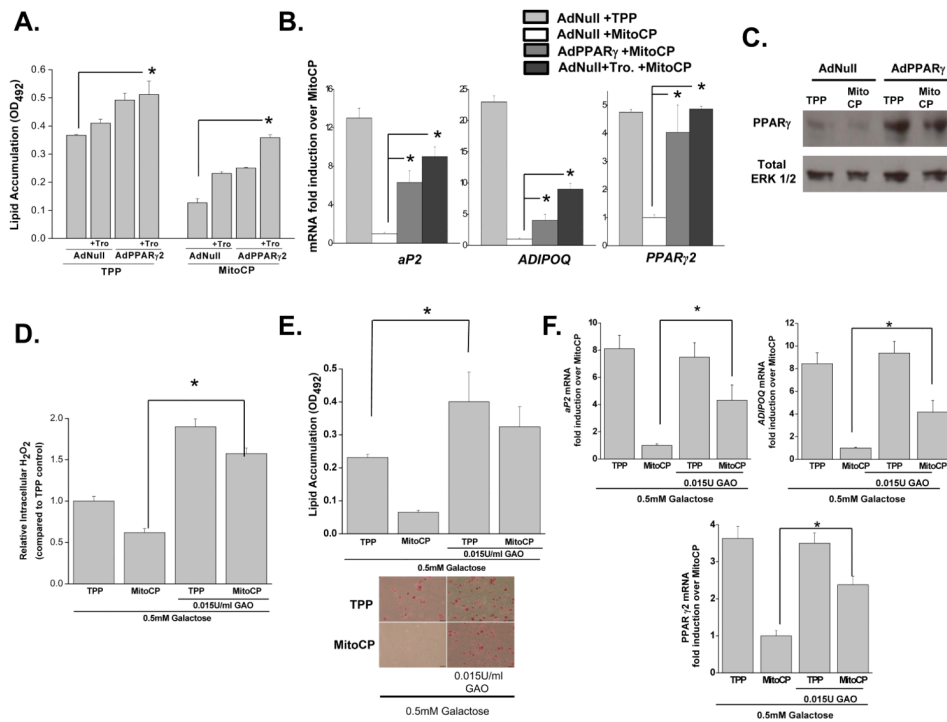


Figure 2. Exogenous PPAR γ or H₂O₂ rescues adipocyte differentiation in the presence of mitochondrial targeted antioxidants

(A) Human MSCs were infected with AdPPAR γ 2 or AdNull at day 1 and treated with TPP (500nM) or MitoCP (500nM) +/- 5 μ M troglitazone (Tro) starting at day 2. Subsequently, at day 21 of differentiation cells were stained with Oil Red O and optical density (OD) values were assessed. N=3 \pm SEM.

(B) Gene expression of PPAR γ 2 and its target genes at day 7 of differentiation in human MSCs infected with AdPPAR γ 2 or AdNull at day 1 and treated with TPP (500nM) or MitoCP (500nM) +/- 5 μ M troglitazone (Tro.) starting at day 2. N=3 \pm SEM.

(C) Western blot analysis of PPAR γ protein at Day 5 of adipocyte differentiation. Human MSCs were infected with AdNull or AdPPAR γ 2 at day 1 and administered 500 nM of MitoCP or TPP control starting at day 2.

(D) Intracellular H₂O₂ levels of human MSCs treated with galactose (0.5mM) with or without galactose oxidase (GAO, 0.015U/ml) in the presence of 500 nM of TPP or MitoCP starting at Day 2. N=3 \pm SEM.

(E) Human MSCs were treated with galactose (0.5mM) with or without GAO (0.015U/ml) plus 500 nM of TPP or MitoCP starting at day 2. Subsequently, at day 21 of differentiation cells were stained with Oil Red O and optical density (OD) values were assessed. N=3 \pm SEM.

(F) Human MSCs were treated with galactose (0.5mM) with or without GAO (.015U/ml) plus 500 nM TPP or MitoCP starting at day 2. Gene expression was analyzed at day 7 of differentiation. N=3 \pm SEM.

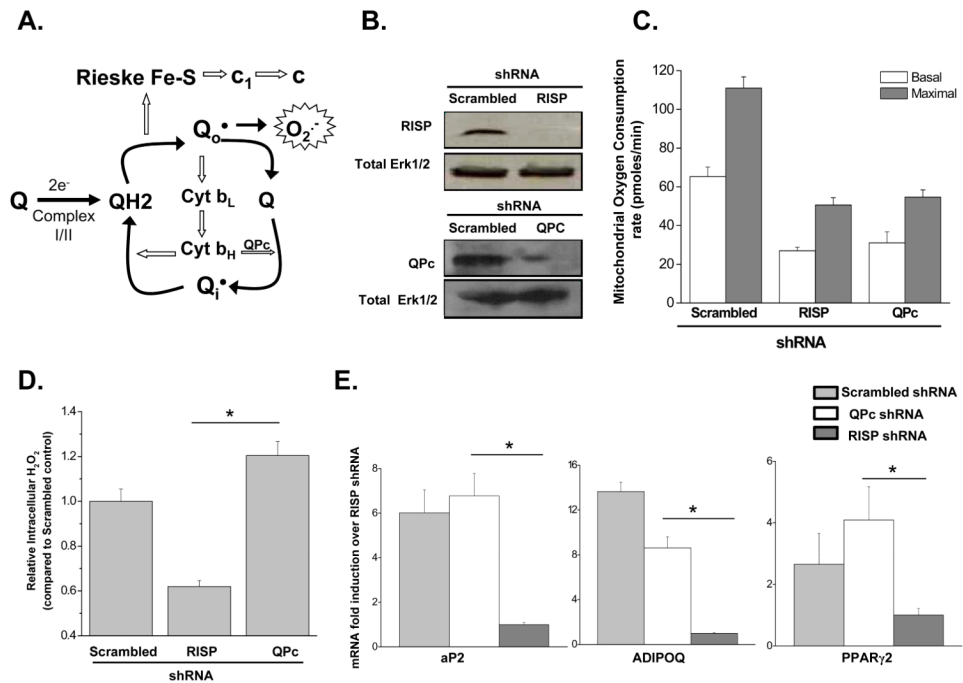


Figure 3. Mitochondrial complex III ROS are required for adipocyte differentiation

(A) Mitochondrial complex III generates ROS through the ubiquinone (Q) cycle. The Q cycle generates superoxide through the donation of an electron from ubiquinol (QH_2) to oxygen. Loss of RISP subunit abolishes the generation of Q thus superoxide. By contrast, loss of the QPc subunit maintains superoxide production since it functions downstream from the formation of Q and superoxide.

(B) Western blot showing efficacy of stably transfected shRNA targeted against RISP or QPc in human MSCs.

(C) Mitochondrial oxygen consumption rate is decreased in RISP and QPc knockdown MSCs. Cells were treated with FCCP ($10\mu M$) to obtain maximal oxygen consumption rates. $N=3 \pm SEM$.

(D) Intracellular H_2O_2 measured at Day 2 of differentiation in human MSCs transfected with RISP or QPc shRNA. $N=5 \pm SEM$.

(E) Real time PCR analysis of *PPAR γ 2* and its target genes at day 7 of differentiation in human MSCs transfected with scrambled, RISP or QPc shRNA. $N=3 \pm SEM$.

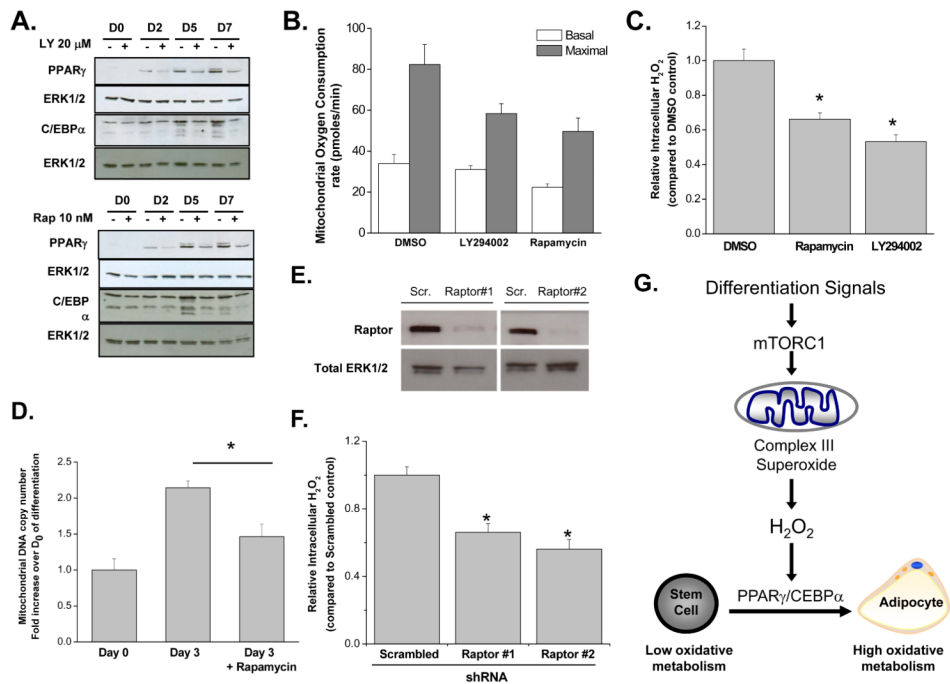


Figure 4. mTORC1 positively regulates ROS production during adipocyte differentiation

(A) Western blot analysis for PPAR γ expression and C/EBP α expression of human MSCs treated with LY294002 (20 μ M) or rapamycin (10 nM) starting at day 2 of differentiation. Day 2 cells were treated for four hours prior to protein isolation.

(B) Mitochondrial oxygen consumption rate was analyzed at day 7 of adipocyte differentiation in human MSCs treated with DMSO, LY-294002 (20 μ M) or rapamycin (10nM) at day 2. Cells were treated with FCCP (10 μ M) to obtain maximal oxygen consumption rates. N=4 \pm SEM.

(C) Amplex Red analysis of intracellular H₂O₂ assessed at Day 3 in human MSCs treated with DMSO, rapamycin (10 nM), and LY294002 (20 μ M) starting at day 2. N=4 \pm SEM.

(D) Mitochondrial copy number as assessed by the ratio of mitochondrial gene *COXI* to nuclear gene *PPRC1* at Day 0 (4 hours) and Day 3 of differentiation. Rapamycin (10 nM) was added at starting at day 2. N=6 \pm SEM.

(E) Western blot showing efficacy of transfected shRNA targeted against raptor in human MSCs.

(F) Intracellular H₂O₂ measured at Day 2 of differentiation is decreased in human MSCs infected with raptor shRNA. N=5 \pm SEM.

(G) mTORC1 dependent increase in mitochondrial complex III ROS is required for PPAR γ dependent transcription during adipocyte differentiation.