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## Mountain cedar pollen induces IgE-independent mast cell degranulation, IL-4 production, and intracellular reactive oxygen species generation

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### Abstract

Cedar pollens cause severe allergic disease throughout the world. We have previously characterized allergenic pollen glycoproteins from mountain cedar (*Juniperus ashei*) that bind to allergen-specific immunoglobulin E (IgE). In the present report, we investigated an alternative pathway of mast cell activation by mountain cedar pollen extract through IgE-independent mechanisms. We show that mountain cedar pollen directly induces mast cell serotonin and IL-4 release and enhances release induced by IgE cross-linking. Concomitant with mediator release, high levels of intracellular reactive oxygen species (ROS) were generated, and both ROS and serotonin release were inhibited by anti-oxidants. These findings suggest that alternative mechanisms exist whereby pollen exposure enhances allergic inflammatory mediator release through mechanisms that involve ROS. These mechanisms have the potential for enhancing the allergenic potency of pollens.

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## Keywords

pollen; cytokines; mast cells; interleukin-4; reactive oxygen species; allergy; serotonin

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## Introduction

Basophils and mast cells play a central role in inflammatory allergic responses [16;26;30;37]. Mediator release occurs following antigen mediated cross-linking of IgE. Alternative mechanisms have been shown to induce mediator release in mast cells and basophils through IgE independent pathways by N-formyl Met-Leu-Pro (fMLP), phospholipase A<sub>2</sub> and complement components, C3a and C5a [10;12;13;17;31;45]. Alternative pathways of activation may contribute to the augmentation of inflammation in a variety of disorders such as autoimmunity and atherosclerosis [9;23].

Reactive oxygen species (ROS), superoxide anions, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), hydroxyl radicals, and nitric oxide are small diffusible molecules produced by virtually all cell types via membrane NADPH oxidase and mitochondrial pathways with subsequent conversion by Fenton and Haber-Weiss reactions [29]. Previous studies have demonstrated that intracellular reduction-oxidation (redox) reactions participate in mast cell activation leading to mediator release [38;39;42;44;47]. Increased levels of intracellular ROS induced through exposure to exogenous agents may enhance or suppress mast cell mediator release [33;44]. High concentrations of H<sub>2</sub>O<sub>2</sub> (2-10 mM) have been shown to induce or enhance degranulation and IL-4 mRNA expression in mast cells [41;44;46]. However, some studies have shown that low concentrations of H<sub>2</sub>O<sub>2</sub> do not induce degranulation and may, in fact, inhibit degranulation induced by IgE cross-linking [41], while very high levels of H<sub>2</sub>O<sub>2</sub> can have deleterious effects leading to cellular injury [25].

In this report we describe an alternative mechanism of pollen -induced activation of allergic inflammatory responses. We have investigated the effects of intracellular ROS induction by mountain cedar pollen extract on mast cell function. We demonstrate that pollen extracts induce mast cell intracellular ROS and degranulation, and enhances IL-4 release induced by IgE-cross-linking. Furthermore, we demonstrate that intracellular ROS and mediator release is inhibited by anti-oxidants and is not dependent on the influx of extracellular calcium.

## Materials and methods

### Reagents

Bovine serum albumin (BSA), N-acetylcysteine (NAC), tetramethylthiourea (TMTU), and dimethylsulfoxide (DMSO), diphenyliodonium (DPI), quinacrine, anti-dinitrophenol (DNP) IgE (clone SPE-7) were purchased from Sigma (St. Louis, MO, USA) and DNP-BSA from Biosearch Technologies, Inc. (Novato, CA). Dry pollens of mountain cedar (*Juniperus ashei*), short ragweed (*Ambrosia artemisiifolia*), pecan (*Carya illinoensis*), pigweed (*Amaranthus albus*) and Timothy grass (*Phleum pratense*) were purchased from Hollister-Stier (Spokane, WA).

### Cell culture

RBL-2H3 cells (obtained from American Type Cell Collection, ATCC) were cultured in adherent cultures Dulbecco's Modified Essential Medium supplemented with 10% fetal bovine serum (FBS), 100 IU/ml penicillin, and 100 µg/ml streptomycin (Gibco BRL, Grand Island, NY, USA) at 37 °C in a humidified atmosphere with 5% CO<sub>2</sub>. HMC-1 cells (a kind gift of JH Butterfield) were cultured in suspension cultures in Iscove's Modified Dulbecco's

Medium with 10% FBS, 100 IU/ml penicillin, and 100 µg/ml streptomycin, and 1.2mM alpha-thioglycerol.

### Determination of cell viability

The trypan blue dye-exclusion method was used to determine cell viability. Briefly, equal volumes of trypan blue solution (0.25% w/v in phosphate buffered saline, PBS) and cell suspension were mixed together, and the cells counted on a hemocytometer. The numbers of unstained live cells and stained dead cells were counted and the cell viability determined. The RBL-2H3 cells used for the present work had >98% viability in all experiments. Incubation of RBL-2H3 cells with pollen extracts had no effect on cell viability.

### Preparation of mountain cedar pollen

Mountain cedar pollen was extracted in 0.125 M ammonium bicarbonate (NH<sub>4</sub>HCO<sub>3</sub>), 0.05 M PBS, 0.125 M sodium bicarbonate (NaHCO<sub>3</sub>) or 0.125 M ammonium chloride (NH<sub>4</sub>Cl), pH 8.0 at 4 °C for 48 h. Extracts were clarified by centrifugation at 10,000 rpm at 4 °C for 10 min. Pollen supernatants were stored immediately at -20 °C. Extracts were analyzed by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and the total protein concentration estimated by Coomassie blue staining and densitometry.

For direct pollen grain experiments, a 10 mg/ml suspension of pollen grains in HBSS was prepared and serially diluted. 100 µl of the dilutions were used in the experiments. One hundred µl of a 10 mg/ml suspension contained a total of approximately  $3.5 \times 10^5$  pollen grains.

### Release of biogenic amines

Release of biogenic amines from RBL-2H3 cells was assessed by the release of <sup>3</sup>H-serotonin. Using this method, Taurog et al. [40] demonstrated that histamine release closely paralleled serotonin release from mast cells. In our studies, RBL-2H3 cells ( $1 \times 10^4$ ) were suspended in 100 µl of culture medium containing 1 µCi/ml of <sup>3</sup>H-serotonin and were placed into 96-well flat-bottom microtiter plates for 18 h at 37°C and 5% CO<sub>2</sub>. Labeled cells were washed twice with pre-warmed (37 °C) assay buffer, Hank's buffered salt solution (HBSS, Gibco BRL, Grand Island, NY) with 0.1% BSA, then 40 µl of pollen extract was added to the appropriate wells. To assess mediator release to IgE crosslinking, RBL-2H3 cells were plated as above, incubated for 1 hr with 500 ng/ml anti-DNP IgE, washed, and then DNP-BSA with or without pollen extracts added to the wells. Cells were incubated for 30 min at 37°C and the reaction stopped with 100 µl of cold PBS. Cell supernatants were removed, centrifuged for 5 min to eliminate detached cells, and the radioactivity measured by scintillation spectroscopy (Beckman, Dickinson and Company, San Jose, CA). The percent serotonin release was calculated as: [(experimental release - spontaneous release) / Total release] × 100.

As an alternative method to interrogate release of mediators from mast cell granules, β-hexosaminidase release was assessed. In this method, cells were prepared as in the <sup>3</sup>H-serotonin assay above. Cells were washed with Tyrode's buffer pH 7.3 (137 mM NaCl, 5.6 mM glucose, 2.7 mM KCl, 0.5 mM NaH<sub>2</sub>PO<sub>4</sub>, 1 mM CaCl<sub>2</sub>, 10 mM HEPES), followed by incubation in experimental conditions diluted in Tyrode's buffer. After 30 min at 37°C, the reaction was stopped with an equal volume of ice cold Tyrode's buffer. The supernatants were harvested and any cells present removed by centrifugation at 100 × g for 5 min. Total release was obtained by treating cells with 1.2% Triton X100 in Tyrode's buffer. β-hexosaminidase in supernatants was quantified by incubating for 2 h at 37°C with the chromogenic substrate, p-nitrophenyl-N-acetyl-β-D-glucopyranoside. The reactions were stopped by addition of 1 M NaOH and the OD<sub>405</sub> was determined on a FLUOstar Optima

automated ELISA reader (BMG Labtechnologies, Durham, NC). The percent release was calculated as above.

### Assessment of intracellular reactive oxygen species

Changes in intracellular ROS levels were measured using the redox-sensitive dye, 2',7'-dihydrodichlorofluorescein diacetate (DCFH-DA) (Molecular Probes, Eugene, OR, USA), which is converted intracellularly to (DCFH) and oxidized to the fluorescent dichlorofluorescein (DCF) by intracellular  $H_2O_2$ , hydroxyl radical, and peroxynitrite [11;20;22]. RBL-2H3 cells were cultured in 96-well flat-bottomed plates until approximately 70% confluent. Cells were loaded with 10  $\mu$ M DCFH-DA in HBSS (pH 7.3) for 30 min at 37 °C. After washing two times with PBS, cells were treated with 100  $\mu$ l mountain cedar pollen extract or with pollen grains diluted in HBSS. HMC-1 cells were loaded with DCFH-DA as above, washed and  $1 \times 10^5$  cells mixed directly with pollen grains. DCF fluorescence was quantified in an automated fluorometer (Packard Fluorocount™, Packard Bioscience Company, Downer Grove, IL, USA) (excitation at 480 nm and emission at 530 nm) [25,26]. To examine the effects of antioxidants, cells were incubated for one hr with NAC, TMTU and DMSO prior to exposure to pollen extract. Data were expressed as a ratio of fluorescent levels to cells placed in medium alone or in total relative fluorescence units. To assess ROS generation by cedar extract alone, increasing dilutions (1:3, 1:12, 1:48, 1:192 and 1:768) of cedar extract was mixed with 10  $\mu$ M (final concentration) DCFH-DA in 100  $\mu$ l (total volume) of HBSS. Changes in DCF fluorescence were determined as above.

### RNase Protection Assay

RNase protection assays (RPA) were performed according to the manufacturer's instructions (RiboQuant™, BD Biosciences Pharmingen, San Diego, CA). Briefly,  $10^6$  cells were plated onto 3.5 cm cell culture plates overnight and then stimulated with pollen extracts. Cells were washed with PBS and lysed with TRIzol® reagent (Invitrogen, Carlsbad, CA). After chloroform separation, total RNA was precipitated with ethanol. 1  $\mu$ g of RNA was incubated for 16 h with  $\alpha$ - $^{32}P$  labeled RPA probes and then treated with RNase A for 45 min. Protected probes were separated from RNase using proteinase K and phenol-chloroform extraction, precipitated with ethanol, and resolved on a 5% denaturing polyacrylamide gel. Dried gels were exposed to a phosphorescent screen and quantified on a Molecular Imager FX (Bio-Rad Laboratories, Inc., Hercules, CA). Data were expressed as ratios to glyceraldehyde-3-phosphate dehydrogenase (GAPDH).

### Cytokine protein assays

Cytokines released into culture supernatants were quantified using a Bio-Plex Rat Cytokine 9-Plex A Panel multiplex assay (Bio-Rad) to detect IL-1 $\alpha$ , IL-1 $\beta$ , IL-2, IL-4, IL-6, IL-10, GM-CSF, IFN- $\gamma$ , and TNF- $\alpha$  [14]. In this assay, a mixture of fluorescent microspheres conjugated with a capture antibody is mixed with each sample. A secondary fluorescein isothiocyanate (FITC)-conjugated (detection) antibody reacts with the captured antigen. The samples were then analyzed on a Bio-Plex™ Suspension Array System (Bio-Rad), where they were passed through a detector (flow cytometer), and fluorescence intensity for each bead-type deconvoluted, quantified, and compared to a standard curve for each analyte.

### Statistical analysis

For differences between individual groups of data a paired 2-sample for means *t* test was performed, with a 95% confidence interval ( $p < .05$ ), or 99% confidence interval ( $p < .01$ ). Comparisons of ROS after direct pollen treatment in HMC cells were analyzed using a

Kruskal-Wallis One Way Analysis of Variance on Ranks with post hoc pairwise comparisons performed using the Student-Newman-Keuls method.

## Results

### Pollen extracts induce release of biogenic amines in RBL-2H3 cells in the absence of IgE

We tested commercial extracts and mountain cedar pollen extracts prepared in our lab for their ability to directly induce biogenic amine release from mast cells using  $^3\text{H}$ -serotonin (Fig. 1a). Mountain cedar pollen extracted in 0.125M  $\text{NH}_4\text{HCO}_3$  buffer (pH 8.0) and standardized to a concentration of 100  $\mu\text{g}/\text{ml}$  in  $\text{NH}_4\text{HCO}_3$  buffer induced a steady release of serotonin over 30 min (max.  $21.1 \pm 2.8$ ,  $n = 3$ , Fig. 1b) and in a dose-dependent fashion within a range of 25 to 100  $\mu\text{g}/\text{ml}$  total protein (Fig. 1c). The total release was similar to that induced by 1  $\mu\text{M}$  ionomycin (max.  $23.4 \pm 4.0$ ). To assess the interaction between IgE cross-linking and cedar pollen extract, RBL-2H3 cells were sensitized with monoclonal IgE antibodies directed against DNP. Cedar pollen extract in combination with DNP-BSA were additive in their effect on mediator release (Fig. 1d).

Previous work by Schwartz, et al. demonstrated that the majority of  $\beta$ -hexosaminidase is contained within the mast cell granules [36]. To determine if cedar pollen extracts also induced the release of  $\beta$ -hexosaminidase we performed similar experiments as those demonstrating serotonin release. We obtained a similar dose response effect using dilutions of cedar extract, 24.2% release at 1:80 dilution, 22.1% at 1:160, 19.6% at 1:320, 17.4% at 1:640, 13.5% at 1:1280. These data suggest mediators are released, at least in part, from mast cell granules.

### Pollen increases ROS levels in mast cells

Previous studies have demonstrated the ROS-generating capacity of pollens [5;43]. To determine if cedar extracts possessed inherent ROS-generating capacity, cell-free assays were performed in which cedar pollen extract (prepared in  $\text{NH}_4\text{HCO}_3$ ) were assessed for their ability to directly oxidize DCFHDA (Fig. 2a). The increase in fluorescence indicated an inherent ability of mountain cedar pollen extract to generate ROS capable of oxidizing DCFHDA in the absence of mammalian cellular components or NADPH. To determine if pollen induced intracellular ROS in mast cells, RBL-2H3 cells were loaded with DCFHDA and exposed to pollen grains directly or to pollen extract. Cedar pollen extract induced up to an 8-fold increase in DCF fluorescence (Fig. 2b), and rose with increasing concentrations of pollen extract (Fig 2c). Further, direct application of pollen grains onto RBL-2H3 or the human mast cell line HMC-1 stimulated significant increases in intracellular ROS (Fig. 2d), although the time course was much slower than experiments using pollen extracts. The relative increase in fluorescence was larger in RBL-2H3 cells than HMC-1 but the overall response was similar between the two different cell lines.

### Different pollen extraction buffers induce varying levels of serotonin release and ROS generation

To determine if different extraction buffers had any effect on the ability of pollen extracts to induce mediator release, mountain cedar pollen was extracted with various buffers; 0.125M  $\text{NH}_4\text{HCO}_3$ , PBS, 0.125 M sodium bicarbonate ( $\text{NaHCO}_3$ ) or 0.125 M ammonium chloride ( $\text{NH}_4\text{CL}$ ). Extracts were resuspended in those same buffers at a concentration of 100 $\mu\text{g}/\text{ml}$ . Figure 3 demonstrates no differences in the pattern of major proteins on SDS-PAGE and Coomassie blue staining. The two most highly stained bands in each extract corresponds to the major allergens Jun a 1 (43-kDa) and Jun a 3 (30-kDa), and correspond to previously characterized proteins in mountain cedar pollen extract [27;28].

Mountain cedar pollen extracted in different buffers induced divergent mediator release and intracellular ROS. Serotonin release (Fig. 4a) and ROS (Fig. 4b) induced by different buffers followed the pattern of  $\text{NH}_4\text{HCO}_3 > \text{NH}_4\text{Cl} > \text{NaHCO}_3 > \text{PBS}$  (Fig. 4a). Regression analysis between the serotonin release and ROS levels using the different buffers revealed a correlation coefficient,  $R^2$ , of 99.5%, indicating a very close relationship between the ability to induce both ROS and serotonin release. To establish whether the buffers themselves had an effect on the assays, extracts were dialyzed against PBS to remove excess buffer, and conversely, PBS extracts were dialyzed against  $\text{NH}_4\text{HCO}_3$ . Neither approach had any effect on enhancing or reducing the ability of extracts to induce degranulation and intracellular ROS production (data not shown).

When pollen was extracted in  $\text{NH}_4\text{HCO}_3$  at various pHs, the serotonin releasing activity and ROS generation were modestly diminished indicating a slight pH dependence (Fig. 4c and 4d). We conclude that the amount of pollen protein(s) responsible for the increases in mast cell activation are likely present in low abundance and may be selectively extractable in different buffers. Alternatively, certain buffers may activate or inactivate pollen components during the extraction process.

### **ROS generation and degranulation are decreased by antioxidant treatment but not by removing extracellular calcium**

To examine whether the ROS induced by pollen extracts is linked to mediator release, antioxidants NAC (1 to 20 mM), TMTU (0.5 to 20 mM), and DMSO (0.1 to 2%, v/v) were used to inhibit intracellular ROS. Inhibition of ROS generation and degranulation was achieved with 10 mM NAC, 10 mM TMTU and 1% DMSO, which gave a 56.9%, 52.5%, and 37.5% reduction in ROS and 40.2%, 65.7%, and 50.0% reduction in serotonin release, respectively (Fig. 5a and 5b). 100 mM NAC reduced ROS by >99% (data not shown). These results support a role for intracellular ROS in mediator release. Activation of cellular NADPH oxidase and/or mitochondrial flavoenzymes was investigated by using the flavoenzyme inhibitors diphenyleneiodonium (DPI) and quinacrine. DPI inhibited DCF fluorescence induced by mountain cedar extract (100  $\mu\text{g}/\text{ml}$ ) in RBL-2H3 cells by 19.4% at 10  $\mu\text{M}$  and 26% at 100  $\mu\text{M}$  and quinacrine inhibited fluorescence by 13.6% at 10  $\mu\text{M}$  and 50.9% at 100  $\mu\text{M}$ . These data suggest some contribution of NADPH oxidase or mitochondrial flavoenzymes to the generation of ROS.

Cross-linking IgE on mast cells leading to degranulation is associated with an influx of extracellular calcium, and is considered a critical mechanism for mediator release. We investigated whether pollen extracts were affected by extracellular calcium depletion. Performing the serotonin release assay in calcium-free medium and/or with addition of ethylene-diamine-tetra-acetic acid (EDTA) to the assay buffer was sufficient to inhibit the serotonin release induced by ionomycin (Fig. 5c), but serotonin release induced by cedar pollen extract was largely unaffected, except that the addition of EDTA caused a slight but statistically significant reduction in release. These data suggest that degranulation induced by pollen extracts largely occurred independently of extracellular calcium influx.

### **Upregulation of IL-4 mRNA and protein by cedar pollen extract**

Mast cells have been shown to produce cytokines (IL-4, IL-6, IL-13,  $\text{TNF}\alpha$ ) implicated in the upregulation of immune responses [6;7;18;26;35;46;48]. We used an RNase protection assay to investigate whether cedar pollen extract could activate mast cells to express cytokine mRNA. Stimulation of RBL-2H3 cells for 4 h with cedar pollen extract induced expression of IL-4 and IL-6 mRNA, but there was no change in the basal levels of IL-2, IL-3, IL-8, or  $\text{TNF}\alpha$ . The combination of pollen extracts with optimal and suboptimal concentrations of DNP-BSA (1 ng/ml) enhanced expression of IL-4 mRNA (Fig. 6b).

Cytokine protein production was assessed in culture supernatants from RBL-2H3 cells incubated with pollen extracts for 24 h. IL-1 $\alpha$ , IL-1 $\beta$ , IL-2, IL-4, IL-6, IL-10, GM-CSF, IFN $\gamma$ , and TNF $\alpha$  were assessed. No cytokines were detected when RBL-2H3 cells were incubated with pollen alone. IL-4 was detected (Fig. 6c) when pollen extract was combined with mast cells sensitized with anti-DNP IgE and cross-linked with DNP-BSA. Using both optimal (50 ng/ml) and suboptimal (1 ng/ml) concentrations of DNP-BSA, IL-4 increased with increasing concentrations of pollen extract, reaching levels above that seen with optimal concentrations of DNP-BSA alone.

## Discussion

Mast cells and basophils are the primary effector cells in immediate hypersensitivity reactions mediated through IgE cross-linking by specific antigens. Here we present evidence of an alternative pathway of mast cell activation by pollen through an IgE-independent mechanism that involves the simultaneous generation of ROS. Our findings are consistent with previous studies demonstrating the ROS generating properties of pollens [3] and the ability of ragweed pollen extracts to activate mast cells in the absence of IgE [8].

The components within pollens responsible for ROS generation are unknown. Boldogh et al. [5] reported that a plant-derived NADPH oxidase may be responsible. This is consistent with our studies which suggest that ROS are generated in pollen extracts independently from mammalian cells, based on the high levels of DCF fluorescence generated in extracts in the absence of cellular components and NADPH. Additional ROS may be generated within mast cells from cellular NADPH oxidase or mitochondrial stress as evidenced by the partial inhibition by DPI and quinacrine, and as reported by others [8].

In our experiments, pollen extracts activated mast cells in the absence of IgE, but also enhanced suboptimal IgE responses. How these responses interact is unclear, but the generation of intracellular ROS may provide insight. Low levels (1.4 fold increase) of intracellular ROS have been shown to be induced by IgE cross-linking [24]. In our experiments, mountain cedar pollen extracts induced a 2 to 8-fold intracellular elevation in ROS levels. High levels of intracellular ROS appear to be necessary for full degranulation by pollen extracts, lower levels of pollen-derived ROS may synergize with suboptimal antigen concentrations to fully activate mast cell mediator release.

How oxidative species contribute to mast cell activation is not fully understood. In our studies, depletion of extracellular calcium failed to inhibit this response. Activation of inositol 1,4,5-triphosphate, which may be redox sensitive, is central in the release of calcium from intracellular stores [4;19;21]. It is possible that the release of intracellular stores of calcium may be essential in ROS-induced degranulation, and that high levels of ROS induced by pollen is sufficient to activate these pathways. An alternative hypothesis is that intracellular pH balance may be altered by the generation of high levels of intracellular ROS, thus catalyzing the release of intracellular stores of calcium through pH sensitive pathways [1;15].

Our data also supports a role for the pollen-enhanced production of IL-4 at the mRNA and protein levels. Others have shown that IL-4 transcription increases with H<sub>2</sub>O<sub>2</sub> via Ref-1/AP-1 translocation [32]. IL-4 and IL-6 mRNA upregulation in mast cells has also been seen after exposure to diesel exhaust particles and formaldehyde, putatively through oxidant stress pathways [35;42].

In summary, pollens, long thought to induce allergenicity solely through IgE cross-linking of allergenic proteins may provide alternative activating signals through pollen-derived ROS. We conducted our studies with mountain cedar (*Juniperus ashei*) pollen, which is

considered a potent allergen [2;34], and our results suggest that oxidants from mountain cedar pollens may enhance its allergenic potency.

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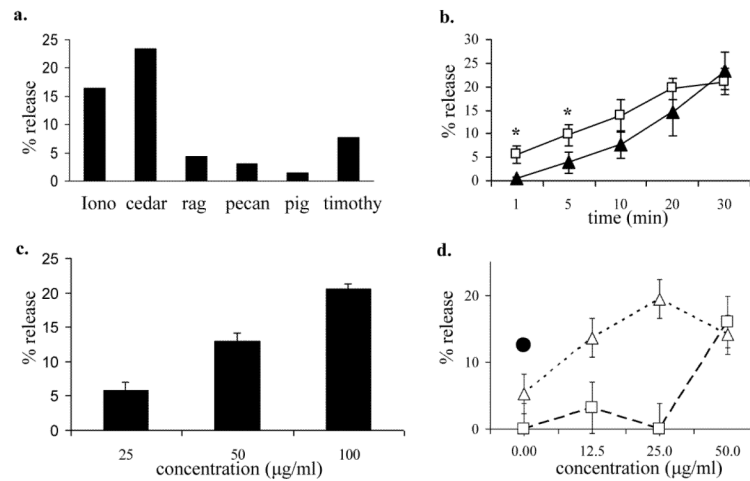
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We investigated an alternative pathway of mast cell activation by mountain cedar pollen through IgE-independent mechanisms>Pollen induces oxidative stress, degranulation and cytokine production in mast cells>Pollen enhances IgE-dependent degranulation and cytokine production in mast cells>Antioxidant treatment suppresses the pollen-induced activation of mast cells



**Figure 1.**

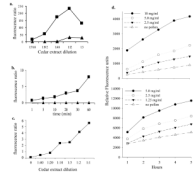
Mast cell serotonin release induced by pollen extract.

**a.**  $^3\text{H}$ -serotonin release induced by pollens extracted in  $\text{NH}_4\text{HCO}_3$  buffer. Total protein content = 100  $\mu\text{g}/\text{ml}$ . Iono = ionomycin (1  $\mu\text{M}$ ), cedar = mountain cedar, rag = ragweed, pig = pigweed, and timothy = timothy grass.

**b.**  $^3\text{H}$ -serotonin release was determined in RBL-2H3 cells at 1, 5, 10, 20, and 30 minutes after stimulation with cedar pollen extract (open boxes;  $\square$ ) or 1  $\mu\text{M}$  ionomycin (filled triangles;  $\blacktriangle$ ). Data represent the means of 3 independent experiments, \* indicates significant differences between ionomycin and cedar extract ( $p < .05$ ).

**c.**  $^3\text{H}$ -serotonin release was determined in RBL-2H3 cells after incubation with 25, 50, 100, or 200  $\mu\text{g}/\text{ml}$  cedar pollen extract for 30 minutes. The results are expressed as mean  $\pm$  SD ( $n = 3$  separate experiments, each experiment performed in duplicate).

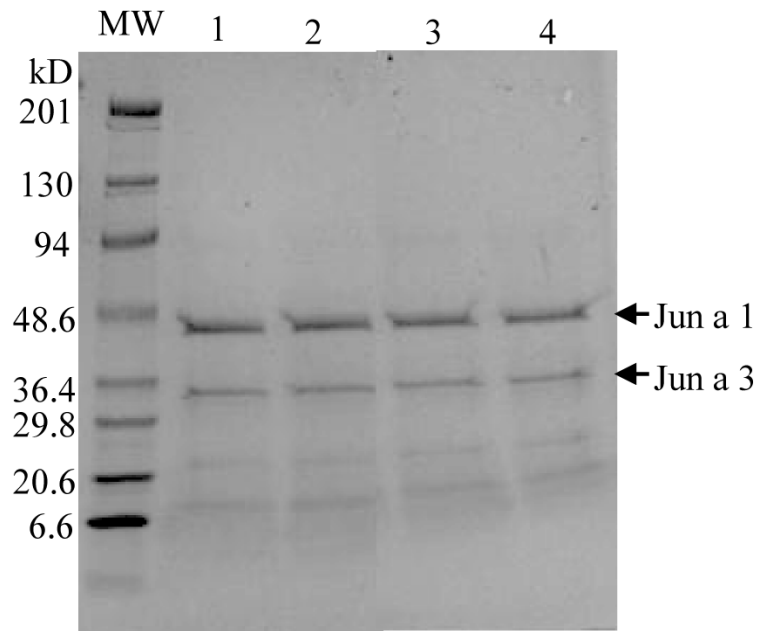
**d.**  $^3\text{H}$ -serotonin release in RBL-2H3 cells after exposure to pollen extract plus DNP-BSA 1  $\text{ng}/\text{ml}$  (open triangles;  $\Delta$ ) or pollen extract alone (open boxes;  $\square$ ). DNP-BSA 50  $\text{ng}/\text{ml}$  (filled circle;  $\bullet$ ).



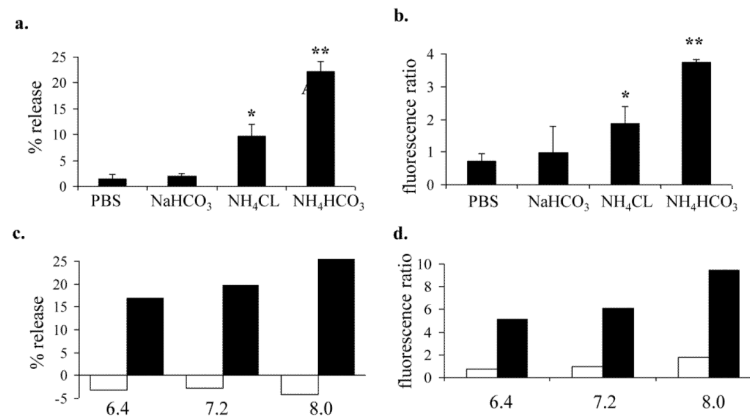
**Figure 2.**

ROS generation by pollen extract

- a. Fluorescence of cedar pollen extracts incubated with DCFH-DA for 30 min. Cedar pollen was extracted with either  $\text{NH}_4\text{HCO}_3$  (filled boxes; ■) or PBS (filled triangles; ▲).
- b. DCF fluorescence of RBL-2H3 cells stimulated with 100  $\mu\text{g}/\text{ml}$  pollen extracted in  $\text{NH}_4\text{HCO}_3$  buffer (■) or 1  $\mu\text{M}$  ionomycin (▲).
- c. DCF fluorescence of RBL-2H3 cells incubated with dilutions of pollen extracts ( $\text{NH}_4\text{HCO}_3$  buffer) for 30 min. The specific protein content of pollen extracts was not determined in this experiment, but in subsequent. In general, extracts contained approximately 200-300  $\mu\text{g}/\text{ml}$  total protein.
- d. DCF fluorescence of HMC-1 cells (top, mean of 2 experiments) or RBL-2H3 cells (bottom, single experiment) incubated with dilutions of mountain cedar pollen grains. Data are expressed as relative fluorescence units with the baseline fluorescence of each condition subtracted from subsequent measures at 1-5 hours. Pollen grains in buffer alone showed high baseline levels of autofluorescence that did not change over time (data not shown). Significant differences from the “no pollen” controls are indicated with an asterisk (\*).



**Figure 3.** Protein profile of cedar pollen extracts. Cedar pollen extracted in  $\text{NH}_4\text{HCO}_3$  (lane 1);  $\text{NH}_4\text{Cl}$  (lane 2);  $\text{NaHCO}_3$  (lane 3); or PBS (lane 4) was analyzed by SDS-PAGE stained with Coomassie blue. The major allergens, Jun a 1 (43 kDa) and Jun a 3 (30kDa) (arrows), migrated slightly slower on the gel likely due to carbohydrate moieties.

**Figure 4.**

Serotonin release and ROS generation in mast cells exposed to cedar pollen extracted in various buffers and pHs. RBL-2H3 cells were incubated with cedar pollen extracts adjusted to 100  $\mu$ g/ml protein, pH 7.3 for 30 minutes and assessed for <sup>3</sup>H-serotonin release with results expressed as percent serotonin release (**a.** and **c.**), and DCF fluorescence expressed as mean fluorescence ratios to buffer controls (**b.** and **d.**).

**a.** <sup>3</sup>H-serotonin release induced by cedar pollen extracted in PBS, NaHCO<sub>3</sub>, NH<sub>4</sub>CL, or NH<sub>4</sub>HCO<sub>3</sub>.

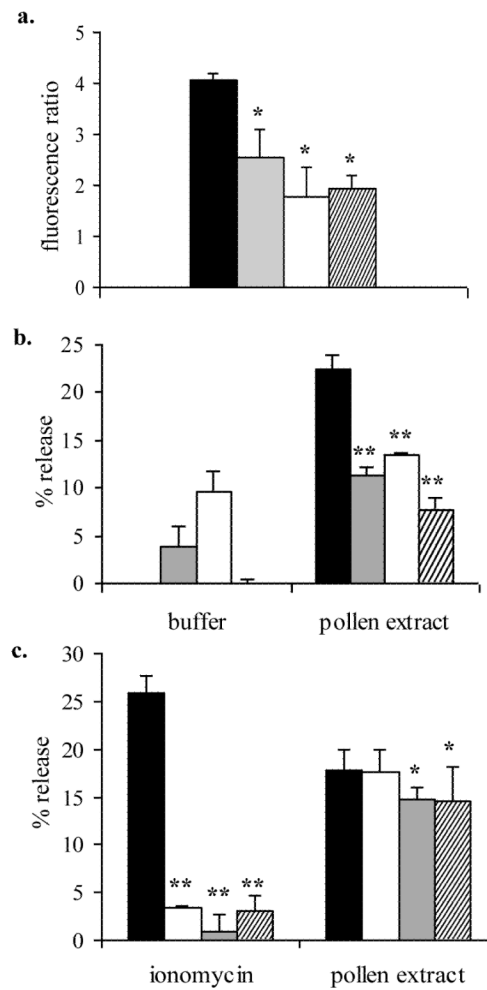
\* indicates significant difference from PBS (p < .05), \*\* (p < .01)

**b.** DCF fluorescence induced by cedar pollen extracted in PBS, NaHCO<sub>3</sub>, NH<sub>4</sub>CL, or NH<sub>4</sub>HCO<sub>3</sub>.

\* indicates significant difference from PBS (p < .05), \*\* (p < .01)

**c.** <sup>3</sup>H-serotonin release induced by cedar pollen extracted in PBS (open bars) or NaHCO<sub>3</sub> (filled bars) at pH of 6.4, 7.2, or 8.0.

**d.** DCF fluorescence induced by cedar pollen extracted in PBS (open bars) or NaHCO<sub>3</sub> (filled bars) at pH of 6.4, 7.2, or 8.0.



**Figure 5.**

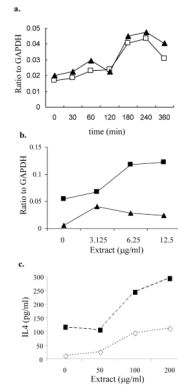
Effect of antioxidants and extracellular calcium on serotonin release and ROS generation.

**a. and b.** RBL-2H3 cells were exposed to either buffer control (filled bars), 1% DMSO (shaded bars), 10 mM NAC (open bars), or, 10 mM TMTU (cross-hatched bars) for 1 hour, washed with medium and then exposed to cedar pollen extract (100  $\mu$ g/ml protein) for 30 minutes and DCF fluorescence (**a.**) and <sup>3</sup>H-serotonin release (**b.**) assessed. The results are expressed as mean  $\pm$  SD (n = 3 experiments). \* indicates significant difference (p < .05) from buffer control, \*\* (p < .01).

**c.** <sup>3</sup>H-serotonin release was assessed in RBL-2H3 cells incubated with ionomycin (1  $\mu$ M) or 100  $\mu$ g/ml pollen extract for 30 minutes in the presence or absence of 1.26 mM Ca<sup>2+</sup> and/or 5 mM EDTA (indicated below the figure). The results are expressed as mean  $\pm$  SD (n = 3 experiments).

\* indicates significant difference (p < .05) from medium containing Ca<sup>2+</sup> and no EDTA, \*\* (p < .01).





**Figure 6.**

Cytokine expression by mast cells exposed to cedar pollen extract.

**a.** RBL-2H3 cells were stimulated with 100 µg/ml cedar pollen extracts for 4 hours and IL-4 (open boxes; □) and IL-6 (filled triangles; ▲) mRNA relative to GAPDH was measured by RPA.

**b.** RBL-2H3 cells sensitized with anti-DNP IgE (500 ng/ml) were incubated for 4 hours with cedar extract alone (filled triangles; ▲) or with suboptimal concentrations of DNP-BSA (1.0 ng/ml) (filled boxes; □). IL-4 mRNA relative to GAPDH was measured by RPA. For reference, 50 ng/ml DNP-BSA stimulated an IL-4/GAPDH ratio of 0.1.

**c.** RBL-2H3 sensitized with anti-DNP-IgE were stimulated with pollen extract plus DNP-BSA at 1.0 ng/ml (◇; open diamonds) or 50 ng/ml (■; filled boxes). Culture supernatants were collected at 24 hours and analyzed for IL-4 by Bioplex. Culture supernatants from cells stimulate with pollen extract alone had undetectable levels of IL-4.