

# Dilation of Epicardial Coronary Arteries by the G Protein-Coupled Estrogen Receptor Agonists G-1 and ICI 182,780

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## Key Words

Atherosclerosis · Coronary artery disease · Estrogen · Faslodex · Fulvestrant · Myocardial infarction · Vasodilation

## Abstract

Endogenous estrogens protect from coronary artery disease in premenopausal women, but the mechanisms involved are only partly understood. This study investigated whether activation of the novel G protein-coupled estrogen receptor (GPER, formerly known as GPR30) affects coronary artery tone, and whether this is affected by concomitant blockade of estrogen receptors (ER)  $\alpha$  and  $\beta$ . Rings of epicardial porcine coronary arteries suspended in organ chambers were precontracted with prostaglandin  $F_{2\alpha}$ , and direct effects of G-1 (GPER agonist) and ICI 182,780 (GPER agonist and ER $\alpha$ /ER $\beta$  antagonist) were determined. In addition, indirect effects on contractility to endothelin-1 and serotonin (a vasoconstrictor released from aggregating platelets during acute myocardial infarction) were assessed. ICI 182,780 and G-1 caused acute dilation of coronary arteries to a comparable degree ( $p < 0.05$  vs. solvent control). Both GPER agonists attenuated contractions to endothelin-1 ( $p < 0.05$  vs. ethanol), but not to serotonin (n.s.). In summary, these findings provide evidence for direct and indirect coronary artery dilator effects of GPER independent of ER $\alpha$  and ER $\beta$ , and are the first demonstration of arterial vasodilation in response to ICI 182,780.

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## Introduction

Coronary artery disease, which predominantly affects epicardial coronary arteries [1], represents the leading cause of death worldwide in women and men alike [2]. Endogenous estrogens protect from development of coronary atherosclerosis in premenopausal women [3] and are involved in the regulation of vascular tone and, thus, blood pressure [4]. These effects have mainly been attributed to activation of estrogen receptors (ER)  $\alpha$  and  $\beta$  [3]. Natural estrogen (17 $\beta$ -estradiol) acutely dilates human and porcine coronary arteries [5, 6], and also inhibits responses to vasoconstrictors [6–9]. Using selective agonists for either ER $\alpha$  or ER $\beta$ , individual roles of these receptors mediating dilation of coronary arteries have been demonstrated [6].

The transmembrane G protein-coupled estrogen receptor (GPER, formerly known as GPR30) is a novel intracellular ER and localizes to the endoplasmic reticulum [10–12]. GPER is highly expressed in human arteries [13], and recent studies have demonstrated that the selective GPER agonist G-1 [14] acutely dilates extracardial arteries of humans and rodents, an effect absent in animals lacking the GPER gene [15–17]. In line with its vasodilator effects, infusion of G-1 causes a marked reduction in blood pressure [15].

The ER modulator ICI 182,780 has originally been considered a ‘pure’ anti-estrogen with high affinity for

ER $\alpha$  and ER $\beta$ , which completely blocks ER action [18, 19]. These characteristics prompted its use as an ER $\alpha$ /ER $\beta$  antagonist in experimental studies and as drug treatment for advanced breast cancer [19, 20]. More recent data, however, indicate that ICI 182,780 also acts as an estrogen agonist by binding to GPER and activating rapid intracellular signaling [10, 12]. Whether GPER activation by ICI 182,780 has effects on vascular tone is unknown.

We [6, 21] and others [8, 9, 22, 23] have previously used porcine coronary arteries as a model of human coronary arteries because of high anatomic and physiological similarities [24]. The present study, using G-1 and ICI 182,780 as GPER agonists, was set out to investigate whether GPER activation directly or indirectly regulates epicardial coronary artery tone, and to determine whether effects are affected by concomitant blockade of ER $\alpha$  and ER $\beta$ .

## Methods

### Preparation of Coronary Arteries

Porcine hearts were obtained at the local abattoir and immediately immersed in cold (4°C) physiological Krebs-Ringer bicarbonate solution (composition in mmol/l: 118.6 NaCl, 4.7 KCl, 2.5 CaCl<sub>2</sub>, 1.2 MgSO<sub>4</sub>, 25.1 NaHCO<sub>3</sub>, 1.2 KH<sub>2</sub>PO<sub>4</sub>, 0.026 EDTA<sub>Na2Ca</sub>, 10.1 glucose). Epicardial left anterior descending arteries were dissected free from surrounding myocardium, carefully cleaned from adherent connective tissue and fat, and cut into rings 4–5 mm in length. In a subset of rings, the endothelium was removed by gently rubbing the intimal surface with a soft wooden probe. Experiments were conducted according to the institutional guidelines and the *Guide for the Care and Use of Laboratory Animals* published by the U.S. National Institutes of Health.

### Vascular Function Experiments

Isolated coronary artery rings were suspended in organ chambers containing Krebs-Ringer bicarbonate solution (37°C, pH 7.4, oxygenated with 95% O<sub>2</sub> and 5% CO<sub>2</sub>), and connected to force transducers as described [5]. Rings were progressively stretched and repeatedly exposed to KCl (100 mmol/l) until the optimal tension for generating force during isometric contraction was reached. All rings were preincubated with the cyclooxygenase-inhibitor meclofenamate (1  $\mu$ mol/l) for 30 min to rule out any effects of cyclooxygenase-dependent vasoconstrictors. Selected rings were also incubated with L-NAME (300  $\mu$ mol/l) for 30 min to inhibit nitric oxide (NO) synthesis. Endothelium removal was confirmed by the complete lack of a relaxant response to bradykinin (1  $\mu$ mol/l, data not shown). Coronary artery rings were precontracted with prostaglandin F<sub>2 $\alpha$</sub>  to approximately 30% of contraction to KCl, and exposed to the selective GPER agonist G-1 [14] or the GPER agonist and ER $\alpha$ /ER $\beta$  antagonist ICI 182,780 [10, 12, 18, 19]. A single concentration of 3  $\mu$ mol/l was chosen based on previous studies [15–17]. Changes in vascular tone were recorded for 60 min. Ethanol at a final concentration of 0.3% (vol/vol) served as solvent control. In addition, concentration-response

curves to endothelin-1 (0.1 nmol/l–0.1  $\mu$ mol/l) and serotonin (10 nmol/l–30  $\mu$ mol/l) were obtained following preincubation with G-1 (3  $\mu$ mol/l), ICI 182,780 (3  $\mu$ mol/l) or ethanol (0.3% vol/vol) for 30 min as described for 17 $\beta$ -estradiol [7].

### Drugs

Meclofenamate, serotonin, bradykinin and sodium nitropruside were from Sigma-Aldrich (St. Louis, Mo., USA). L-NAME (N<sup>ω</sup>-nitro-L-arginine methyl ester) and endothelin-1 were from Alexis Biochemicals (Framingdale, N.Y., USA). Prostaglandin F<sub>2 $\alpha$</sub>  was from Cayman Chemicals (Ann Arbor, Mich., USA), ICI 182,780 (7 $\alpha$ ,17 $\beta$ -[9-(4,4,5,5,5-pentafluoropentylsulfinyl)nonyl]estra-1,3,5(10)-triene-3,17-diol) from Tocris Bioscience (Ellisville, Mo., USA), and G-1 (1-(4-(6-bromobenzo[1,3]dioxol-5-yl)-3 $\alpha$ ,4,5,9 $\beta$ -tetrahydro-3H-cyclopenta[c]quinolin-8-yl)-ethanone) from Calbiochem (Darmstadt, Germany). ICI 182,780 and G-1 were dissolved in 99% ethanol. All other substances were dissolved in water. Stock solutions were diluted in Krebs-Ringer bicarbonate solution to the required concentration before use. Concentrations are expressed as final molar concentration in the organ chamber.

### Calculations and Statistical Analyses

Data are expressed as means  $\pm$  SEM. Relaxation is expressed as the percentage of precontraction, and contraction is given as the percentage of contraction to KCl (100 mmol/l). EC<sub>50</sub> values (as negative logarithm: pD<sub>2</sub>), area under the curve (AUC), and maximal responses (E<sub>max</sub>) were calculated by non-linear regression analysis [25]. ANOVA for repeated measurements, the Mann-Whitney *U* test, or the unpaired Student's *t* test were used when appropriate. Statistical significance was accepted at *p* < 0.05.

## Results

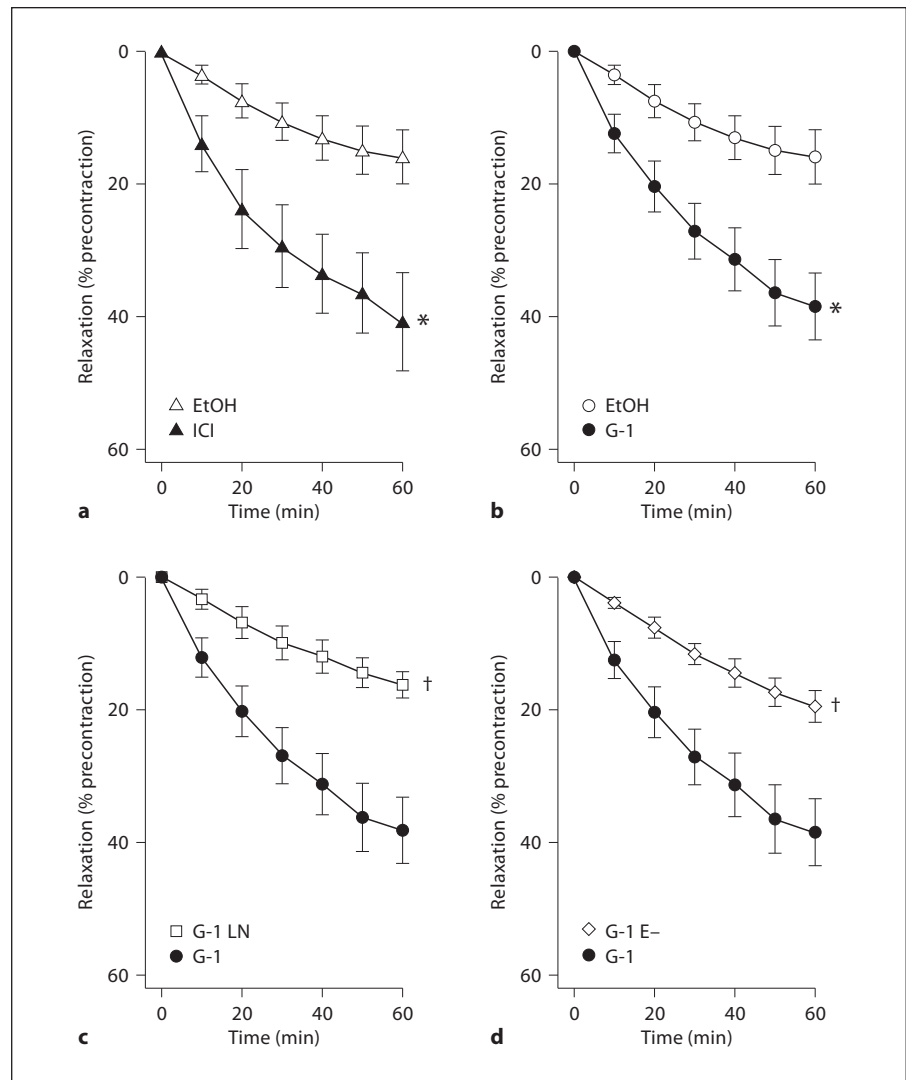
### Dilation of Coronary Arteries in Response to G-1 and ICI 182,780

The selective GPER agonist G-1 [14] induced dilation of precontracted epicardial coronary arteries (38  $\pm$  5% at 60 min, *p* = 0.005 vs. ethanol; fig. 1a). Similar vasodilator responses were seen using ICI 182,780 as a GPER agonist [10, 12], which simultaneously blocks ER $\alpha$  and ER $\beta$  (41  $\pm$  7% at 60 min, *p* = 0.01 vs. ethanol; fig. 1b) [18, 19]. The dilator response induced by G-1 was completely abolished by the NO synthase inhibitor L-NAME (16  $\pm$  2% vs. 16  $\pm$  4% at 60 min, n.s.; fig. 1c) or in rings without endothelium (19  $\pm$  2% vs. 16  $\pm$  4% at 60 min, n.s.; fig. 1d). Precontraction with prostaglandin F<sub>2 $\alpha$</sub>  and maximal contraction to KCl of coronary artery rings did not differ between groups (data not shown).

### GPER Activation Inhibits Endothelin-1- but Not Serotonin-Induced Vasoconstriction

Endothelin-1 caused potent and concentration-dependent coronary contractions (fig. 2a, b). Pretreatment with either G-1 or ICI 182,780 considerably, and to a com-

**Fig. 1.** Vasodilator responses to GPER agonists in epicardial coronary arteries. **a** Direct vasodilator responses to the GPER agonist ICI 182,780 (▲, n = 6), which also blocks ER $\alpha$  and ER $\beta$ . **b** Direct vasodilator responses to the selective GPER agonist G-1 in endothelium-intact arteries (●, n = 6). **c** G-1-induced vasodilation in endothelium-intact arteries the absence (●) or presence (□) of the NO synthase inhibitor L-NAME (n = 6). **d** G-1-dependent vasodilation in intact (●) and endothelium-denuded arteries (◇, n = 8). \* p < 0.05 versus solvent control (EtOH, 0.3% ethanol, n = 7); † p < 0.05 versus G-1.

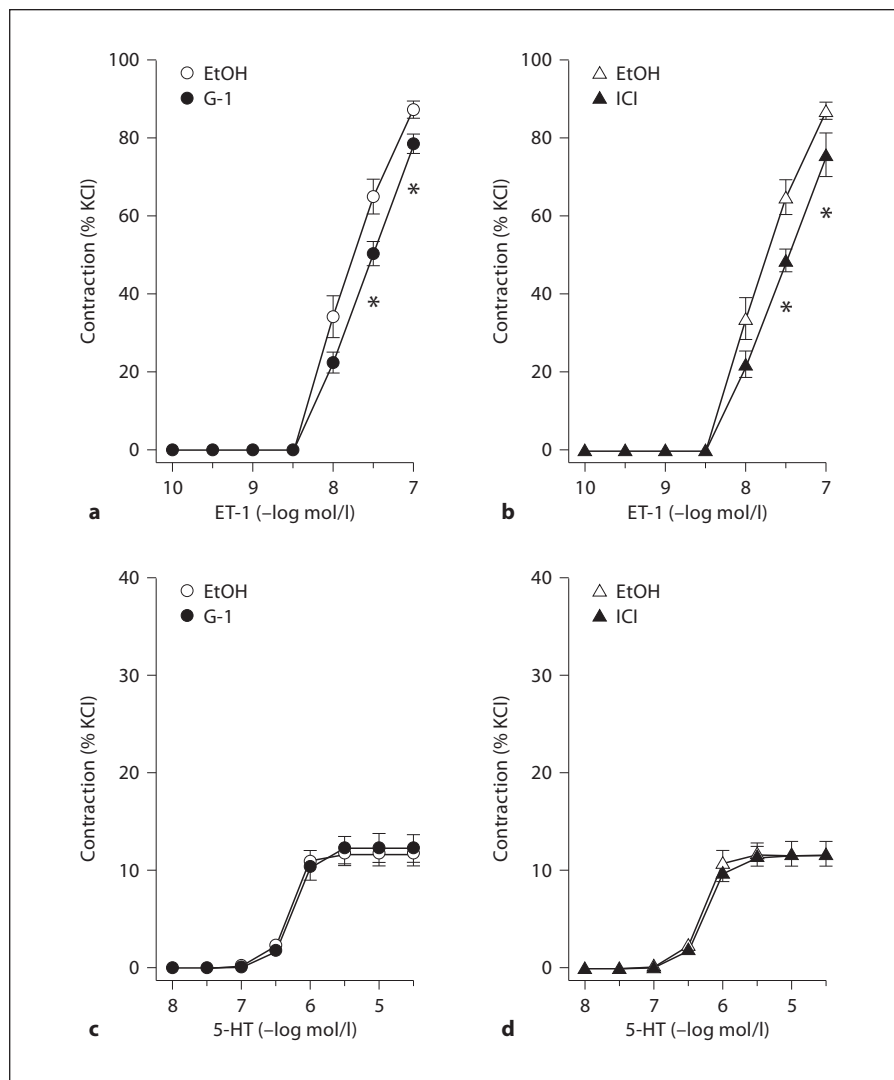


parable degree, attenuated the response to endothelin-1 at 30 nmol/l concentration (–23 and –25%, respectively,  $p < 0.05$  vs. ethanol; fig. 2a, b), whereas this effect was less pronounced at 100 nmol/l concentration (–10 or –13%, respectively,  $p < 0.05$  vs. ethanol; fig. 2a, b). Compared with endothelin-1, serotonin caused only weak contractions about one seventh in magnitude compared with endothelin-1 (fig. 2c, d). Neither G-1 nor ICI 182,780 had any effect on contractions to serotonin (fig. 2c, d), and no difference was observed between groups with regard to  $pD_2$  values (ethanol:  $6.32 \pm 0.02 \mu\text{mol/l}$ ; G-1:  $6.27 \pm 0.04 \mu\text{mol/l}$ ; ICI 182,780:  $6.17 \pm 0.11 \mu\text{mol/l}$ ), AUC (ethanol:  $21.6 \pm 2.3$  AU; G-1:  $30.5 \pm 4.3$  AU; ICI 182,780:  $19.7 \pm 2.0$  AU), and  $E_{\text{max}}$  (ethanol:  $11.8 \pm 1.2\%$ ; G-1:  $17.0 \pm 2.4\%$ ; ICI 182,780:  $11.7 \pm 1.0\%$ ).

## Discussion

This study demonstrates that activation of GPER directly and indirectly causes dilation of epicardial porcine coronary arteries. The GPER activating compound ICI 182,780 [10, 12], which concomitantly blocks ER $\alpha$  and ER $\beta$  [18, 19], has similar coronary dilator effects as G-1, which activates only GPER [14]. Contractions to endothelin-1 are inhibited similarly by ICI 182,780 or G-1, whereas contractions to serotonin are weak and unaffected by GPER agonists. These findings demonstrate coronary vasodilator effects of ICI 182,780 and support a role for GPER in the regulation of coronary artery tone independent of ER $\alpha$  and ER $\beta$ .

**Fig. 2.** Effects of selective GPER activation by G-1 (left panels) and GPER activation with concomitant blockade of ER $\alpha$  and ER $\beta$  by ICI 182,780 (right panels) in epicardial coronary arteries. **a** Effects of G-1 (●, n = 8) on contractions to endothelin-1 (ET-1). **b** Effects of ICI 182,780 (▲, n = 5) on contractions to endothelin-1 (ET-1). **c** Effects of G-1 (●, n = 10) on contractions to serotonin (5-hydroxytryptamine, 5-HT). **d** Effects of ICI 182,780 (▲, n = 5) on contractions to serotonin (5-HT). All data are means  $\pm$  SEM. \*  $p < 0.05$  versus solvent control (EtOH, 0.3% ethanol, n = 8–11).



Recently, GPER has been identified as a novel transmembrane G protein-coupled receptor localized to the endoplasmic reticulum that mediates rapid estrogen signaling [10–12]. The GPER gene was originally cloned from human endothelial cells [26] and is expressed in human arteries [13]. Combined activation of GPER, ER $\alpha$  and ER $\beta$  by 17 $\beta$ -estradiol has been shown to affect endothelium-independent and endothelium-dependent vascular tone in human and porcine epicardial coronary arteries [5, 6]. In addition, 17 $\beta$ -estradiol inhibits the vasoconstrictor response to agonists such as serotonin [7, 9] or endothelin-1 [8, 9]. Moreover, activation of GPER by G-1 acutely dilates rodent and human arteries and lowers blood pressure [15–17].

The effect of GPER activation in the coronary circulation has not been previously investigated. Porcine coronary arteries represent a good model of the human coronary vasculature with regard to size and function [24]. Moreover, the development of atherosclerosis can be observed also in this species under certain conditions [21, 24]. In the present study, we present evidence that activation of GPER using two different agonists is equally effective in causing rapid dilation of epicardial porcine coronary arteries and that dilator effects are independent of whether ER $\alpha$  and ER $\beta$  are concomitantly blocked or not. This indicates that the vasodilator response mediated by GPER may not depend on the activity of the other two ERs, which also mediate rapid cell signaling [3].

ICI 182,780 was originally designed as a 'pure' anti-estrogen blocking estrogen action via ER $\alpha$  and ER $\beta$  [18, 19]; however, more recent data indicate that this compound also binds to GPER, thereby activating rapid intracellular signaling [10, 12]. In addition, ICI 182,780 treatment of rat cardiac myocytes and fibroblasts potentially inhibits cell growth [27], and estrogen-dependent inhibition of cardiomyocyte contraction involves mechanisms independent of ER $\alpha$  and ER $\beta$  [28]. The present study now demonstrates for the first time that ICI 182,780 also exerts direct coronary vasodilator effects. Interestingly, symptomatic hypotension via yet unknown mechanisms is a common side effect of ICI 182,780 (fulvestrant, Faslodex<sup>®</sup>) when used as endocrine treatment for advanced breast cancer in women [20]. The vasodilator effects described in the present study can explain such hypotensive effects of ICI 182,780 acting through GPER. Indeed, blood pressure-lowering effects of GPER activation have been previously reported [15, 16]. The present findings also suggest that the results of many previous studies using ICI 182,780 as a 'pure' ER $\alpha$ /ER $\beta$  antagonist have to be reconciled.

It has previously been demonstrated that neither the vasodilator response to 17 $\beta$ -estradiol in porcine coronary arteries, nor estrogen-induced increases in coronary diameter or blood flow in dogs are affected by ICI 182,780 [29, 30]. Moreover, and in line with these findings and the present study, no effect of ICI 182,780 on 17 $\beta$ -estradiol-induced relaxations has been found in other vascular beds of different species [31–33], indirectly suggesting vasodilator effects via GPER as shown here. In contrast, ICI 182,780 only in part attenuates estrogen-induced vasodilation in the rat aorta [34]. These conflicting results are likely due to anatomical or species differences.

Several laboratories, including ours, have shown that selective activation of ER $\alpha$  is associated with endothelium- and NO-dependent vasodilation [6, 35, 36], whereas selective activation of ER $\beta$  induces dilation via endothelium-dependent hyperpolarization [6, 37]. Unlike the rapid ER $\alpha$ -mediated response, which involves NO and occurs in the first minute [6], the dilator response mediated by GPER is somewhat slower in onset. However, the magnitude and the time course of the vasodilator response to G-1 in epicardial porcine coronary arteries are comparable to those seen in human internal mammary and murine arteries [15]. The present study confirms that acute vasodilation mediated by G-1 is endothelium- and NO-dependent [16, 17], and extends these previous findings for the coronary circulation, in which – in contrast to the rat aorta – both NO and endothelium-dependent

hyperpolarization play a role [7, 37]. The present findings are also in line with studies using the selective ER modulator tamoxifen, another GPER agonist [11], reporting acute vasodilation of rabbit and porcine coronary arteries through endothelium- and NO-dependent mechanisms [22, 38].

The present study is the first demonstrating that activation of GPER attenuates endothelin-1-induced coronary vasoconstriction. Accordingly, the nonselective ER agonist 17 $\beta$ -estradiol reduces the constrictive response to endothelin-1 in porcine coronary arteries *in vitro* and *in vivo* [8, 9]. This inhibitory effect was absent if animals were older [23], suggesting that the vascular response to sex steroids in coronary arteries may change with age. A similar hypothesis has been put forward by Miller et al. [39], who found that certain vasoprotective effects of estrogens are lost in aging arteries.

Serotonin is a vasoconstrictor released from aggregating platelets during acute myocardial infarction [24]. 17 $\beta$ -estradiol inhibits serotonin-induced contractions in mammary and coronary arteries from humans and pigs *in vitro* [7, 9]. In contrast, serotonin caused only small decreases in porcine coronary diameter *in vivo*, which were unaffected by estrogen administration [8]. The role of selective GPER activation for serotonin-induced coronary vasoconstriction has not been previously studied. In the present study, GPER activation did not affect serotonin-induced vasoconstriction. Interestingly, contractions to serotonin were much weaker compared to endothelin-1. We have previously reported that in human internal mammary arteries and in mouse carotid arteries, activation of GPER inhibits serotonin-mediated contractions [15]. The present study confirms that serotonin is a weak constrictor of epicardial porcine coronary arteries compared with endothelin-1 [9], and it is possible that regional anatomical differences or species differences also play a role in the observed lack of effect of the GPER agonists.

In the present study, we have identified the GPER agonist ICI 182,780 as a novel coronary vasodilator with similar efficacy as the selective GPER agonist G-1. Our findings therefore suggest that GPER activation acutely reduces coronary tone via direct and indirect mechanisms irrespective of whether ER $\alpha$  and ER $\beta$  are blocked or not. Consistent with dilator effects, GPER activation reduces blood pressure in animals [15, 16] and improves functional recovery and infarct size after myocardial ischemia [40, 41].

These present results also suggest that GPER may contribute to the beneficial coronary and vascular effects of

estrogens in premenopausal women [3]. In line with this notion and the potential clinical relevance for treating patients at risk for coronary atherosclerosis and myocardial infarction, it has been recently reported that treatment with the selective ER modulator raloxifene, which also acts as a GPER agonist (unpublished observation), or lasofoxifene reduces cardiovascular events in younger postmenopausal women [42, 43]. The exact role of GPER for cardiovascular health and disease and its functional or molecular interactions with the L-arginine NO-pathway described in the present and in other reports [44] still needs to be clarified further in future studies.

Taken together, this study provides evidence for direct and indirect coronary vasodilator effects of agonists of GPER and for the first time shows coronary vasodilation in response to the GPER agonist ICI 182,780. The present findings also show that GPER-mediated effects require

endothelium-derived NO, and that the dilator effects through GPER are not affected by concomitant blockade of ER $\alpha$  and ER $\beta$ . The present findings may be of importance for understanding the clinical effects and side effects of ICI 182,780 (fulvestrant, Faslodex) and suggest therapeutic potential of GPER agonists for the treatment of cardiovascular disease and arterial hypertension.

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