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# Protein Kinase Cα as a Heart Failure Therapeutic Target

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# Abstract

Heart failure afflicts ~5 million people and causes ~300,000 deaths a year in the United States alone. Heart failure is defined as a deficiency in the ability of the heart to pump sufficient blood in response to systemic demands, which results in fatigue, dyspnea, and/or edema. Identifying new therapeutic targets is a major focus of current research in the field. We and others have identified critical roles for protein kinase C (PKC) family members in programming aspects of heart failure pathogenesis. More specifically, mechanistic data have emerged over the past 6–7 years that directly implicate PKC $\alpha$ , a conventional PKC family member, as a nodal regulator of heart failure propensity. Indeed, deletion of the *PKC* $\alpha$  gene in mice, or its inhibition in rodents with drugs or a dominant negative mutant and/or inhibitory peptide, have shown dramatic protective effects that antagonize the development of heart failure. This review will weigh all the evidence implicating PKC $\alpha$  as a novel therapeutic target to consider for the treatment of heart failure.

# Introduction

The protein kinase C (PKC) family of Ca<sup>2+</sup> and/or lipid-activated serine/threonine kinases function downstream of many membrane-associated signal transduction pathways [1]. Approximately 10 different isozymes comprise the PKC family, which are broadly classified by their activation characteristics. The conventional PKC isozymes ( $\alpha$ ,  $\beta$ I,  $\beta$ II, and  $\gamma$ ) are  $Ca^{2+}$  and lipid-activated, while the novel isozymes ( $\varepsilon$ ,  $\theta$ ,  $\eta$ , and  $\delta$ ) and atypical isozymes ( $\zeta$ and  $\lambda$ ) are Ca<sup>2+</sup>- independent but activated by distinct lipids [1]. PKC family members contain N-terminal regulatory and C-terminal catalytic domains separated by a flexible hinge region. In the absence of activating cofactors, the catalytic domain is subject to autoinhibition by the regulatory domain mediated, in part, by a pseudosubstrate sequence motif that resembles the consensus sequence for phosphorylation by PKC [2]. For the classical PKC isozymes, binding of Ca<sup>2+</sup> and phosphatidylserine to the C2 domain leads to increased membrane association. Binding of diacylglycerol (DAG) to the zinc finger region of the C1 domain causes a conformational change, further enabling activation of the enzyme [3]. For all PKC isoforms, membrane translocation provides a mechanism to regulate substrate access through docking complexes such as RACKs, although PKC isoforms may also function when unbound and free in the cytosol or nucleus [4]. In addition to changes in phosphorylation and translocation of PKC, alterations in PKC levels can also affect activity and signaling, such as known changes documented during cardiac development and with

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pathological events. For example, PKC $\alpha$ ,  $\beta$ ,  $\varepsilon$ , and  $\zeta$ , expression are high in fetal and neonatal hearts but decreases in adult hearts [5]. Select PKC isoforms also increase during transition to heart failure in humans, suggesting a reversion back to a neonatal phenotype [3].

With respect to the conventional isoforms, PKC $\alpha$  is the predominant subtype expressed in the mouse, human, and rabbit heart, while PKC $\beta$  and PKC $\gamma$  are detectable but expressed at substantially lower levels [6–8]. Numerous reports have also associated PKC $\alpha$  activation or an increase in PKC $\alpha$  expression with hypertrophy, dilated cardiomyopathy, ischemic injury, or mitogen stimulation [1]. For example, hemodynamic pressure overload in rodents promotes translocation and presumed activation of PKC $\alpha$  during the hypertrophic phase or during later stages of heart failure [9–13]. Increased expression of PKC $\alpha$  was also observed following myocardial infarction [14,15]. Human heart failure has also been associated with increased activation of conventional PKC isoforms, including PKC $\alpha$  [15,16]. Thus, PKC $\alpha$ fits an important criterion as a therapeutic target; its expression and activity are increased during heart disease.

### Genetic analysis of PKCa in the mouse: Regulation of cardiac contractility

#### 1. PKCa gene-deleted mice

We and others have shown that PKC $\alpha$  functions as a fundamental regulator of cardiac contractility [17,18]. *PKC* $\alpha^{-/-}$  mice showed an increase in cardiac contractile performance in multiple experimental systems. For example, closed-chest invasive hemodynamic assessment showed a 15–20% increase in maximum d*P*/d*t* at baseline, with a corresponding parallel increase in performance after  $\beta$ -adrenergic receptor stimulation. An *ex vivo* working heart preparation, which shows the intrinsic function of the heart, also revealed an increase in maximum d*P*/d*t* in hearts from *PKC* $\alpha^{-/-}$  mice compared with wildtype control hearts [17]. Mechanistically, cardiac myocytes from *PKC* $\alpha^{-/-}$  mice, but not *PKC* $\beta\gamma^{-/-}$  mice, showed enhanced contractility, Ca<sup>2+</sup> transients, and Ca<sup>2+</sup> loading in the sarcoplasmic reticulum (SR) [17,19].

Importantly,  $PKC\alpha^{-/-}$  mice were protected against heart failure induced by pressure overload and myocardial infarction, against dilated cardiomyopathy induced by deleting the gene encoding muscle LIM protein (*Csrp3*), and against cardiomyopathy associated with overexpression of PP-1 [17,20]. It was speculated that the subtle but significant enhancement in cardiac contractility observed in  $PKC\alpha^{-/-}$  mice was the mechanism of protection from heart failure, although other mechanisms may have also contributed [17]. In contrast to  $PKC\alpha^{-/-}$  mice that are protected from heart failure following long-term pressureoverload stimulation or myocardial infarction injury,  $PKC\beta\gamma^{-/-}$  mice showed more severe heart failure when stressed [19]. Indeed, mice overexpressing low levels of activated PKC $\beta$ showed no pathology at baseline and recovered function better following ischemic injury, observations that are in dramatic contrast with the known pathology associated with PKC $\alpha$ overexpression in the heart [17,21]. These results suggested that PKC $\alpha$  functions distinct from PKC $\beta$  and PKC $\gamma$  in regulating cardiac contractility and heart failure susceptibility, again suggesting that inhibition of PKC $\alpha$  would be uniquely protective to the heart, while selective inhibition of PKC $\beta$  or PKC $\gamma$  would have no effect or even be detrimental.

#### 2. Dominant negative PKCα TG mice

To examine more precisely if PKC $\alpha$  functions in a myocyte autonomous manner to affect cardiac contractility and cardioprotection *in vivo*, we generated cardiac myocyte-specific transgenic mice using a tetracycline-inducible system to permit controlled expression of dominant negative PKC $\alpha$  (dnPKC $\alpha$ ) in the heart [20]. Consistent with the proposed function of PKC $\alpha$ , induction of dominant negative PKC $\alpha$  expression in the adult heart mildly

enhanced baseline cardiac contractility [20]. This increase in contractility was associated with a partial protection from long-term decompensation and secondary dilated cardiomyopathy after myocardial infarction injury. In the same study,  $PKC\alpha^{-/-}$  mice were examined and also shown to be partially protected from infarction-induced heart failure. Moreover, adenovirus-mediated gene therapy with a dominant-negative PKC $\alpha$  cDNA rescued heart failure in a rat model of cryo-infarction cardiomyopathy [6]. Thus, myocyte autonomous inhibition of PKC $\alpha$  protects the adult heart from decompensation and dilated cardiomyopathy after infarction injury.

#### 3. PKCa TG mice

Transgenic mice expressing wild-type PKC $\alpha$  protein driven by the  $\alpha$ -myosin heavy chain promoter were generated and analyzed [17]. Hearts from these mice showed an increase in autophosphorylation of PKC $\alpha$  with no compensatory changes in other PKC isozymes. PKC $\alpha$ transgenic mice manifested signs of cardiac hypertrophy at 6 months of age, although by 4 months they showed reduced ventricular performance, suggesting that a defect in contractility preceding any overt pathological changes [17]. This defect in ventricular performance, or maximal d*P*/d*t*, was even more pronounced at 6 and 8 months of age. To address the potential for secondary effects associated with a chronic elevation in PKC $\alpha$ activity, we also analyzed acute PKC $\alpha$  activation or inhibition in wildtype adult rat cardiac myocytes. Adenovirus-mediated gene transfer of wildtype or dominant-negative PKC $\alpha$  in adult myocytes reduced and enhanced myocyte contractility, respectively, as measured by peak shortening and maximal shortening velocity [17]. Thus, PKC $\alpha$  activation can chronically or acutely dampen myocyte function, suggesting that its inhibition might provide a therapeutic benefit by mildly enhancing contractile performance.

#### 4. Transgenic mice with PKC translocation modifiers or protein inhibitors

Gain- and loss-of-function using transgenic expression of conventional PKC (cPKC) isoform translocation modifiers was also described [18]. Transgenic mice were generated using the cardiomyocyte-specific  $\alpha$ -myosin heavy chain promoter to express peptides corresponding to either the PKCB C2-C4 region (inhibits translocation of all cPKC isoforms) or homologous regions of PKCB and RACK1 (enhances translocation of all cPKC isoforms) [18]. Although these peptides affect PKC $\beta$  and PKC $\alpha$ , the abundance of PKC $\alpha$ relative to other cPKCs in adult mouse heart (> 80% of myocardial cPKC) suggested that the observed effects were due to PKC $\alpha$  modulation. PKC activator mice gradually developed mild left ventricular dysfunction, while the cPKC inhibitor mice retained normal ventricular function through 1 year of age [18]. Importantly, cPKC activation diminished myocardial responsiveness to β-adrenergic receptor agonists, whereas PKCa inhibition enhanced βadrenergic responsiveness and contractility [18]. The effects of PKC $\alpha$  were also assessed in the context of the Gaq overexpression model of cardiomyopathy (in which PKCa is transcriptionally upregulated). Inhibition of PKCa activity in Gaq hearts improved systolic and diastolic function, whereas further activation of PKCa caused a lethal restrictive cardiomyopathy. These results further support a pathological role for PKC $\alpha$  in worsening heart failure with pathologic stimulation.

Another putative PKC inhibitor, PICOT (PKC-interacting cousin of thioredoxin), has also been shown to enhance cardiac contractility in transgenic mice with cardiac-specific overexpression [22]. PICOT overexpression increased ventricular function of transgenic hearts and the contractility of isolated adult cardiomyocytes. Intracellular analysis revealed increases in myofilament  $Ca^{2+}$  responsiveness and increased rate of SR  $Ca^{2+}$  reuptake. These results provide additional evidence supporting the notion that inhibition of cPKC enhances cardiac contractile function.

# Molecular mechanisms of action

A number of independent molecular mechanisms have been associated with the known protection from heart failure by PKC $\alpha$  inhibition, although all of these mechanisms have so far been associated with modulation of cardiac contractility (Figure 1). The first identified mechanism whereby PKC $\alpha$  inhibition enhances cardiac contractility is through SR Ca<sup>2+</sup> loading [17]. Specifically, PKC $\alpha$  phosphorylates inhibitor 1 (I-1) at Ser67, resulting in greater protein phosphatase 1 activity, leading to greater phospholamban (PLN) dephosphorylation and less activity of the SR Ca<sup>2+</sup> ATPase (SERCA2) pump [17]. Less SERCA2 activity reduces SR Ca<sup>2+</sup> load leading to reduced Ca<sup>2+</sup> release during systole, hence reduced contractility. Thus, inhibition of PKC $\alpha$  with a drug or dominant negative mutant would reduce PP-1 activity for PLN, making PLN less inhibitory towards SERCA2 and leading to mild enhancements in SR Ca<sup>2+</sup> load to augment contractility. Greater SR Ca<sup>2+</sup> loads and cycling have been shown to benefit the mouse from numerous insults that would otherwise cause heart failure [23]. Indeed, gene therapy trials using SERCA2 overexpression in the hearts of humans with failure have already shown early promise (http://www.celladon.net/index.php?

option=com\_content&view=article&id=75&Itemid=54).

Another mechanism whereby PKC $\alpha$  can directly alter cardiac contractility is through phosphorylation of G-protein-coupled receptor kinase 2 (GRK2) (Figure 1). Indeed, cardiacspecific activation of PKC $\alpha$  led to increased GRK2 phosphorylation and activity, blunted cyclase activity, and impaired  $\beta$ -agonist-stimulated ventricular function [24]. GRK2 is known to directly control  $\beta$ -adrenergic receptor function and cardiac contractility [25]. Consistent with these observations, mice overexpressing the cPKC activating peptide in the heart showed uncoupling in  $\beta$ -adrenergic receptors [18].

PKCα also appears to directly phosphorylate key myofilament proteins including cardiac troponin I (cTnI), cTnT, titin, and myosin binding protein C, which leads to decreased myofilament Ca<sup>2+</sup> sensitivity and reduced contractility in myocytes [26–29]. These myofilament proteins could also be phosphorylated by other cPKC isoforms [30, 31]. Moreover, PKCα has also been shown to phosphorylate the α1c subunit of the L-type Ca<sup>2+</sup> channel (Figure 1), an effect that could alter contractility as well [32]. By comparison, PKCβI, βII, and γ can also phosphorylate serine residues in the α1c subunit [32]. These data further suggest the possible promiscuous nature of the cPKCs in the regulation of protein phosphorylation, Ca<sup>2+</sup> cycling, and cell contractility. Despite these similarities in targets, we believe that PKCα functions unique from PKCβ and γ in altering contractility because adult cardiac myocytes from PKCβ overexpressing TG mice showed increased Ca<sup>2+</sup> transients and increased contractility [30], while PKCα overexpressing TG mice showed depressed cardiac contractility [17]. Moreover, myocytes from adult PKCα null hearts showed increased contractility and augmented Ca<sup>2+</sup> transients [17].

In addition to these specific molecular targets that all appear to alter cardiac contractility, it remains possible that inhibition of PKC $\alpha$  protects the myocardium through other unknown mechanisms that are unrelated to contractility. For instance, PKC- mediated phosphorylation has been correlated with myofibril degeneration in cardiomyocytes, while preservation of myofilament integrity may represent another potential mechanism for the beneficial effects of PKC inhibition [33]. Other potential PKC $\alpha$  targets may include structural proteins, signaling proteins and transcription factors [34]. Outside of a myocyte intrinsic effect, PKC $\alpha$  inhibition can also protect the entire cardiovascular system by limiting thrombus formation through a platelet specific mechanism [35].

#### PKCα inhibitory drugs protect the rodent heart (translational data)

The results in genetically modified animal models and in isolated adult myocytes clearly show a cardioprotective effect with PKC $\alpha$  inhibition. Such results suggested that a nontoxic and tissue available pharmacological inhibitor with selectivity toward PKC $\alpha$  might be of significant therapeutic value. Thus, we and others carefully examined the effects of cPKC inhibitors of the bisindolylmaleimide class, such as ruboxistaurin (LY333531), Ro-32-0432 or Ro-31-8220, in different rodent heart failure models. For example, short-term infusion of Ro-32-0432 or Ro-31-8220 significantly enhanced contractility and left ventricular developed pressure in isolated mouse hearts [6]. Importantly, Ro-31-0432 or Ro-31-8220 did not significantly augment cardiac contractility in  $PKC\alpha^{-/-}$  mice, strongly supporting the conclusion that the biological effect of the bisindolylmaleimide compounds on contractility are due to PKCa. Moreover, general activation of both classic and novel PKC isozymes in the heart by short-term infusion of PMA produces a dramatic decrease in contractility in wildtype mice but not in  $PKC\alpha^{-/-}$  mice [6]. This result also suggests that PKC $\alpha$  is the primary negative regulator of cardiac contractility after global activation of all PKC isozymes in the heart. With respect to heart failure, short-term or long-term treatment with Ro-31-8220 in the Csrp3 null mouse model of heart failure augmented cardiac contractility and restored pump function. PKC inhibition with Ro-31-8220 or Ro-32-0432 also reduced mortality and cardiac contractile abnormalities in a mouse model of myotonic dystrophy type 1 (DM1) [36].

Another PKC $\alpha/\beta$  inhibitor, ruboxistaurin, has been through late-stage clinical trials for diabetic macular edema and shown to be well tolerated and hence, was extensively analyzed in both mouse and rat models of heart failure [37]. Although ruboxistaurin was originally reported to be PKC $\beta$  selective [38], we determined that it was equally selective for PKC $\alpha$ (IC50 of 14 nmol/L for PKC $\alpha$  versus 19 nmol/L for PKC $\beta$ II). Moreover, given that PKC $\alpha$ protein levels are much higher than PKC $\beta$  in the human and mouse heart [6], it further suggests that ruboxistaurin functions predominantly through a PKC $\alpha$ -dependent mechanism. Indeed, we directly measured cardiac contractility upon acute ruboxistaurin infusion in mice lacking either *PKC* $\alpha$  or *PKC* $\beta$  and - $\gamma$ . We previously observed that ruboxistaurin increased baseline contractility by 28% in rats with acute infusion [6]. Acute infusion of ruboxistaurin also augmented cardiac contractility in wildtype and *PKC* $\beta\gamma^{-/-}$  mice but not *PKC* $\alpha^{-/-}$  mice [19]. These results indicate that ruboxistaurin enhances cardiac function specifically through effects on PKC $\alpha$  but not PKC $\beta$  or PKC $\gamma$ . In other words, all of the protective effects observed with ruboxistaurin in rodent models of heart disease are predominately dependent on PKC $\alpha$  inhibition.

Ruboxistaurin also prevented death in wildtype mice throughout 10 weeks of pressureoverload stimulation, reduced ventricular dilation, enhanced ventricular performance, reduced fibrosis, and reduced pulmonary edema comparable to or better than metoprolol treatment [19]. Ruboxistaurin was also administered to  $PKC\beta\gamma$  null mice subjected to pressure overload, resulting in less death and heart failure, further suggesting PKC $\alpha$  as the primary target of this drug in mitigating heart disease [19]. In addition, Boyle et al. showed that ruboxistaurin reduced ventricular fibrosis and dysfunction following myocardial infarction in rats [39]. Ruboxistaurin treatment also significantly decreased infarct size and enhanced recovery of left ventricular function and reduced markers of cellular necrosis in mice subjected to 30 min of ischemia followed by 48 h of reperfusion [40]. Connelly et al. demonstrated that ruboxistaurin attenuated diastolic dysfunction, myocyte hypertrophy, collagen deposition, and preserved cardiac contractility in a rat diabetic heart failure model [41]. These results in rodents overwhelmingly support the contention that PKC $\alpha$  inhibition with ruboxistaurin, or related compounds, protects the heart from failure after injury. Hence, cPKC inhibitors, such as ruboxistaurin, should be evaluated in heart failure patients,

While there is a clear need for novel inotropes to support late-stage heart failure, there may also be a therapeutic niche in earlier stages of heart failure if the inotrope is selective. One unique aspect associated with PKC $\alpha$  inhibition is that contractility is only moderately increased, which may have a safer profile compared with traditional inotropes. In addition, PKC inhibition is not subject to significant desensitization as is characteristic of  $\beta$ -agonists [6]. More importantly, PKC $\alpha$  inhibition has a prominent effect on SR Ca<sup>2+</sup> cycling and the myofilament proteins as a means for altering cardiac contractility. These mechanisms of action are significantly downstream of how traditional  $\beta$ -adrenergic receptor agonists function, and hence, might bypass the negative effects of traditional inotropes that promote arrhythmia and myocyte death. Inhibition of PKC $\alpha$  may also benefit a failing myocardium independent of contractility regulation because PKC $\alpha$  is involved in reactive signaling within the heart that participates in hypertrophy, pathological remodeling, and decompensation.

# Important future considerations for bringing this to the clinic

Based on genetic experiments and various pharmacological studies discussed above, a more selective PKC $\alpha$  inhibitor would serve as a better therapeutic agent compared with existing cPKC inhibitors. For example, while the non-selective cPKC inhibitor ruboxistaurin also targets PKC $\beta$  and  $\gamma$ , inhibiting PKC $\alpha$  clearly predominates in providing protection to the heart [19]. Thus, a PKC $\alpha$  selective inhibitor would greatly reduce potential adverse effects and achieve greater efficacy, especially since *PKC* $\beta\gamma$  double null mice appear to be slightly compromised (suggesting that PKC $\beta\gamma$  might be mildly protective to the heart). Alternatively, expression of a dnPKC $\alpha$  protein in the heart by gene therapeutic strategies would achieve greater specificity and might provide a long-term benefit without the need for daily treatment with an orally available small molecule.

in vivo studies using larger animals such as dogs, sheep, and pigs would also help validate the translational potential of PKC $\alpha$  as a target for treatment of pathological cardiac remodeling and heart failure in humans. Studies in a large animal model are especially important to convince drug companies to invest in PKCα for clinical development. βreceptor antagonists (and AngII pathway inhibitors) have been the mainstay of heart failure treatment protocols for the past 2 decades, a time span over which essentially nothing new has materialized to extend patient lifespan. At that same time an increasing number of pharmaceutical companies have dropped their heart failure research programs, or existing companies with heart failure programs have been reluctant to venture into this area. Reluctance here likely stems from a lack of adequate patent protection given extensive prior art in the heart failure literature, and given the bias/mentality that nothing new will feasibly challenge β-blockers, as well as the high expense occurred in conducting heart failure clinical trails. This collective mentality leaves a large unmet need, especially since  $\beta$ blockers only mildly extend lifespan in heart failure [43]. PKC $\alpha$  is clearly one of the most attractive targets for clinical development of any current target suggested in the recent heart failure literature. Thus, as the data continues to amass, we question why pharmaceutical companies with an easy claim in this area are so reluctant to mobilize and conduct clinical trials.

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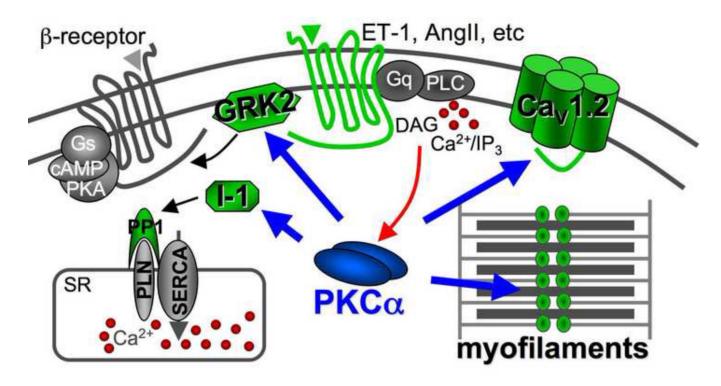
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# Figure 1.

Diagram of signaling in a cardiac myocyte showing how PKC $\alpha$  becomes activated by G $\alpha$ qcoupled receptors leading to phospholipase C (PLC) activation and the liberation of DAG and Ca<sup>2+</sup> (red arrow). Once activated, PKC $\alpha$  has 4 main mechanisms whereby it can alter cardiac function (blue arrows).