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## Applications of viral nanoparticles in medicine

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### Abstract

Several nanoparticle platforms are currently being developed for applications in medicine, including both synthetic materials and naturally-occurring bionanomaterials such as viral nanoparticles (VNPs) and their genome-free counterparts, virus-like particles (VLPs). A broad range of genetic and chemical engineering methods have been established that allow VNP/VLP formulations to carry large payloads of imaging reagents or drugs. Furthermore, targeted VNPs and VLPs can be generated by including peptide ligands on the particle surface. In this article, we highlight state-of-the-art virus engineering principles and discuss recent advances that bring potential biomedical applications a step closer. Viral nanotechnology has now come of age and it will not be long before these formulations assume a prominent role in the clinic.

### Keywords

viral nanoparticles; virus-like particles; bioconjugation; genetic engineering; vaccines; phage display; drug delivery; imaging; tissue targeting

## 1. Classes of nanomaterials for applications in medicine

Nanomedicine refers to the medical application of nanotechnology, and particularly to the development of novel nanomaterials that can be used for disease diagnosis and therapy. The unique properties of nanoparticles promise to deliver a new generation of diagnostic reagents with higher signal-to-noise ratios than current imaging modalities, as well as targeted therapies that are more efficacious than today's medicines and that have fewer adverse effects. Nanomaterials have a large surface-to-volume ratio compared to traditional delivery vehicles which offers a greater capacity for drugs and/or imaging reagents, and the ability to decorate nanoparticles with specific ligands means these diagnostic and therapeutic payloads can be delivered to particular cells. Several classes of nanomaterials are currently being developed, including synthetic materials and naturally occurring bionanomaterials such as viral nanoparticles (VNPs). Each of these systems has benefits and limitations with regard to pharmacokinetics, toxicity, immunogenicity and specificity for the target tissue [1–7].

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Thus far, more than 25 platforms have been approved for clinical use, including PEGylated liposomal doxorubicin (Doxil®/Caelyx®), albumin-bound paclitaxel (Abraxane®), nanoparticle-based contrast agents for use in magnetic resonance imaging (MRI), poly(lactic-co-glycolic acid) (PLGA) formulations for drug delivery, and virus-based vaccines [8–10]. Additional formulations are currently undergoing clinical testing [11]. However, there is a significant lag between the development of novel nanomedical platforms and their translation into the clinic, often because encouraging *in vitro* results cannot be replicated *in vivo*, or because the materials are not biodegradable and therefore persist in the body. Research has therefore focused on biocompatible nanoparticle platforms, i.e. bionanomaterials, which are naturally biocompatible and thus promising candidates for *in vivo* use.

## 2. Viral nanoparticles (VNPs)

Viruses have evolved naturally to infect specific host cells with great efficiency, and deliver their cargo of genetic material. Viruses therefore provide an ideal basis for the development of targeted drug delivery vehicles or tissue-specific imaging reagents. Interest in the exploitation of viral nanoparticles (VNPs) and virus-like particles (VLPs) has united biologists, chemists, engineers and medical researchers. VLPs are the genome-free counterparts of VNPs, and can be regarded as a subclass of VNPs. VNPs derived from plants and bacteria are particularly valuable because they are not only biocompatible and biodegradable, but they are also considered non-infectious and non-hazardous in humans and other mammals [12,13\*]. VNPs are well-characterized, monodisperse structures (many solved at atomic resolution) that can be produced in large quantities. Based on their highly symmetrical structures (Figure 1A) [14–18], VNPs can be regarded as one of the most advanced and versatile nanomaterials produced by nature. The basic VNP structure can be ‘programmed’ in a number of ways so that the internal cavity can be filled with drug molecules, imaging reagents, quantum dots and other nanoparticles, whereas the external surface can be decorated with targeting ligands to allow cell-specific delivery (Figure 1B) [reviewed in 19\*].

## 3. Production and engineering of VNPs

### 3.1 Production of VNPs and VLPs

VNPs can be produced in high titers in their natural hosts whereas VLPs are more suitable for production in heterologous expression systems. VNPs based on plant viruses such as *Brome mosaic virus* (BMV), *Cowpea chlorotic mottle virus* (CCMV), *Cowpea mosaic virus* (CPMV), *Potato virus X* (PVX) and *Tobacco mosaic virus* (TMV) can be produced in gram quantities in plants, and similar yields can be achieved with VNPs based on bacteriophages such as Q $\beta$ , MS2, HK97 and M13 using cultures of the bacterium *Escherichia coli*. VLPs and chimeric (mutant) VNPs are often produced in heterologous expression systems such as *E. coli* and yeast. VLPs based on eukaryotic viruses tend to be produced using baculovirus vectors in insect cells (e.g. for *Flock House virus* VLPs) [20\*] or adenovirus vectors in mammalian cells [21]. VLPs can also be produced directly from VNPs by pH-induced swelling followed by alkaline hydrolysis of the released nucleic acids. Alternatively, intact VNPs can be disassembled into their individual coat protein subunits and reassembled into VLPs once the nucleic acids have been removed (Figure 1B) [22].

### 3.2 Genetic engineering

VNPs and VLPs are assembled from protein subunits whose structure and physicochemical properties can be modified by genetic engineering. This offers a clear advantage over any synthetic material, because chemical modifications are not 100% efficient. Genetic engineering can be used to insert amino acids that serve as ligation handles for

bioconjugation, introduce peptide-based affinity tags and to insert peptides as targeting ligands or as epitopes to stimulate the immune response (if the VNP/VLP is conceived as a vaccine candidate). For example, mutant VNPs containing additional cysteine residues have been generated to allow covalent modification using thiol-selective chemistry [23,24], and both labeling and purification have been simplified by the incorporation of His<sub>6</sub> tags, biotin-binding peptides and the B domain of Staphylococcal protein A (SPA<sub>B</sub>) [25,26\*].

### 3.3 Chemical engineering and cargo encapsulation

VNP/VLP coat proteins can also be chemically modified using bioconjugation protocols (Figure 1B). Amino acids with reactive side chains such as lysine, cysteine, aspartate and glutamate can be functionalized with antibodies, oligonucleotides, peptides, proteins, carbohydrates, fluorescent reagents and drugs using *N*-hydroxysuccinimidyl ester (NHS), maleimide, isothiocyanate and carbodiimide chemistries. In addition, these methods can be used to incorporate synthetic functional groups to allow the use of click chemistry, tyrosine-diazonium coupling and oxime-hydrozone ligation [19].

Loading the interior cavity of a VLP can be accomplished by diffusion and entrapment making use of swelling mechanisms [27\*\*], or by disassembly and reassembly [28,29]. A wide variety of cargos including enzymes, polymers, drugs and synthetic nanoparticles have been successfully incorporated into VLPs using these approaches (Figure 1B) [30–32].

## 4. From engineering to potential applications in medicine

Several vaccines for infectious diseases are based on mammalian VLPs and are already used in the clinic [10,33–35], while similar concepts for the prevention of cancer are also in development [36]. State-of-the art viral gene delivery to human patients is achieved using mammalian virus vectors, several formulations of which are currently undergoing clinical trials [37]. Many novel VNP/VLP platforms are filling the development pipeline and the focus has shifted toward the use of bacteriophages and plant viruses because they are considered safer in humans. This is supported by recent studies evaluating the biodistribution, pharmacokinetics and potential toxicity of CPMV, CCMV, Q $\beta$  and M13 nanoparticles in mice. In all cases, broad biodistribution was reported with no apparent toxicity [12,38,39].

### 4.1 Vaccines based on VLPs and chimeric VNPs

Viruses provide a useful development platform for novel vaccines because their highly repetitive proteinaceous structure, particulate nature and pathogen associated molecular patterns (PAMPs) increase their potential immunogenicity. Three basic strategies have been employed: i) VNPs are rendered non-infectious by chemical treatment; ii) genome-free, non-infectious VLPs are produced in heterologous expression systems; and iii) chimeric VNPs are created by genetic engineering, a strategy often used with viruses that do not naturally infect humans [reviewed in 40\*]. Although immunogenicity is desirable for the development of vaccines, it reduces the efficacy of nanomaterials used as imaging reagents or for drug delivery. Therefore, efforts have been made to shield VNPs from the immune system, and the most popular approach is the attachment of polyethylene glycol (PEG) chains to the external surface. PEGylation has been shown to reduce the biospecific interactions and immunogenicity of VNPs while increasing plasma circulation time and stability [41–43\*\*].

### 4.2 Targeted delivery

Targeted nanoparticles are particularly valuable as diagnostic and therapeutic modalities because they increase the signal-to-noise ratio of imaging reagents by avoiding background staining, and they improve the efficacy of drugs and reduce adverse effects by concentrating

the therapeutic molecule where it is required. The development of targeted nanoparticles has been facilitated by the use of combinatorial phage-display libraries to discover cell-specific molecular targets and their ligands [44–47\*\*]. In the past two years, several targeted VNP formulations have been engineered to target cancer cells, including CPMV, HCSRV (*Hibiscus chlorotic ringspot virus*), RCNMV (*Red clover necrotic mosaic virus*), HK97, and M13 VNPs decorated with folic acid or transferrin [27,48–51\*\*]. Most recently, *in vivo* tumor targeting has been demonstrated with CPMV particles decorated with peptide ligands. Proof of concept was established by engineering CPMV particles to display peptide F56, which binds specifically to vascular endothelial growth factor receptor 1 (VEGFR-1). These particles were found to localize specifically in tumors overexpressing VEGFR-1 in a preclinical tumor mouse model with human colon carcinoma xenografts derived from HT-29 cells. The CPMV formulations were able to pass through the endothelial layer and localize within the tumor [52\*\*]. These design principles have also been used for *in vivo* imaging of prostate tumors derived from PC-3 cells using the chick embryo chorioallantoic (CAM) tumor membrane model. CPMV formulations were covalently modified with infrared imaging dyes and bombesin peptides to target gastrin-releasing peptide receptors overexpressed on prostate carcinoma cells (Figure 2) [53\*\*]. These studies demonstrated that VNPs can be targeted efficiently to disease sites and pave the way for the development of further tissue-specific imaging reagents and drugs.

#### 4.3 Therapeutic VNPs and gene-delivery vectors

Drugs such as doxorubicin, paclitaxel, hygromycin and other cytotoxins have been loaded onto targeted RCNMV, HCSRV, MS2 and M13 formulations, and in each case specific cancer cell killing was achieved in cultured cells [27,48–50]. Similarly, targeted chloramphenicol-loaded M13 particles have been used as antibiotic delivery vehicles [54]. Alternative approaches focus on the delivery of photosensitizers for photodynamic therapy (PDT), e.g. through the use of C<sub>60</sub> fullerene VNP conjugates using CPMV and Q $\beta$  [55\*\*]. Staphylococcus-targeted ruthenium-CCMV conjugates have been developed to treat bacterial infections [56\*\*], and MS2 particles loaded with porphyrins have been targeted to T-cells using receptor-specific aptamers as candidates for PDT in the treatment of leukemia [57\*\*].

The natural role of viruses delivering nucleic acids into cells makes them eminently suitable as vectors for gene therapy, and several mammalian viruses have been studied in clinical trials [37]. However, safety concerns reflecting the tropism of mammalian viruses and the potential toxicity, immunogenicity and reversion to replication competence in vectors derived from adenovirus, adeno-associated virus (AAV), herpesvirus and lentivirus has renewed interest in non-mammalian platforms such as bacteriophages [58–60]. MS2 particles modified with HIV-1 TAT cell penetrating peptides have recently been shown to act as effective gene transfer agents [61]. M13 particles displaying RGD peptides and carrying a chimeric M13-AAV cassette (RGD-4C AAVP) has also shown promising results, specifically targeting solid tumors after systemic administration in mice [101]. The transduction of mammalian cells can be achieved without a helper virus or any trans-acting factors, but allows tumor imaging and the delivery of drugs (Figure 4) [62,63\*\*]. Other developments include combinations of viral and non-viral platforms, such as adenoviruses covered with a lipid bilayer (virosomes) to overcome tissue tropism and hepatotoxicity [64], and nanovaults containing adenovirus membrane lysis proteins [65].

#### 4.4 Imaging

VNPs can be covalently conjugated to many different imaging reagents, such as fluorescent dyes which can be used for intravital vascular imaging. For example, fluorescent CPMV sensors allow the vasculature and blood flow to be visualized in living mouse and chick

embryos to a depth of up to 500  $\mu\text{m}$  and for up to 72 h [43]. These CPMV sensors specifically label endothelial cells by interacting with vimentin displayed on the cell surface, and uptake is enhanced in the tumor endothelium [66]. This CPMV-specific feature has been exploited to image tumor angiogenesis [67\*\*]. The potential to visualize tumors and metastatic cells has been emphasized in a recent study showing that CPMV interacts with a variety of human cancer cell lines and can home in on tumors *in vivo* [68].

Encapsulation techniques can also be used to design hybrid VNPs with fluorescent cores for use in cellular imaging applications. For example, this has been demonstrated using *Simian virus 40* (SV40) VLPs encapsulating quantum dots and tracking them by confocal microscopy [69], and using BMV VLPs encapsulating the cyanine dye indocyanine green and tracking them by infrared optical imaging [70\*\*]. Encapsulation of the imaging agent inside the VLP has the advantage of leaving the external surface available for chemical modification with targeting ligands.

VNPs have also been developed as reagents for non-invasive imaging techniques such as MRI and PET (positron emission tomography). MRI contrast reagents have been developed by decorating CPMV, CCMV and MS2 particles with gadolinium [71–74\*]. This approach is useful because the large surface area of VNPs allows decoration with hundreds of Gd ions, and their rigid molecular structures and large rotational correlation offers high relaxivity values. MS2 capsids have also been covalently modified with a xenon host molecule, cryptophane-A, on the capsid interior. The resulting system shows significantly improved  $^{29}\text{Xe}$  solubility and very high CEST (chemical exchange saturation transfer) sensitivity in comparison to the free cryptophane-A without the VNP carrier [75].

Most recently, VNPs have been explored as tools for PET imaging applications. MS2 particles have been labeled with [ $^{18}\text{F}$ ]-fluorobenzaldehyde and evaluated in rats. These experiments showed that although [ $^{18}\text{F}$ ]-fluorobenzaldehyde is rapidly cleared from the circulation, [ $^{18}\text{F}$ ]-MS2 particles can persist for at least 3 hours (Figure 3) [76\*\*]. In a different study, iron oxide nanoparticles and  $^{18}\text{F}$ -fluoride were encapsulated into envelopes derived from *Hemagglutinating virus of Japan* (HVJ), and achieved a similarly high signal-to-noise imaging resolution in PET. The combined magnetic iron oxide core and  $^{18}\text{F}$  imaging reagent will be useful for region-specific delivery by magnetic guidance [77].

## 5. Outlook

VNPs and VLPs provide the basis for a diverse range of biomedical applications including disease prevention, diagnosis, monitoring and therapy. Chemical and genetic modification can be used to generate numerous functionalities, e.g. adding drugs, toxins, imaging reagents, epitopes and specific targeting peptides to the internal and external surfaces of the particle. Encapsulation and self-assembly can be used to fill the cavities of such particles with diverse payloads. This unique flexibility provides many advantages over synthetic nanoparticles.

Viral nanotechnology is an emerging field at a relatively early stage of development. However, considering that some recently-approved nanoparticle-based technologies were introduced almost three decades ago, VNPs have taken giant strides towards the clinic and their development is accelerating. One reason for this is that VNP technology offers a highly versatile platform, both in chemical engineering terms and in the context of biomedical development and applications. Additional research is required to develop a comprehensive understanding of the behavioral properties of VNP/VLP platforms *in vivo* to facilitate the translation of virus-based nanomedicines from the research laboratory to the clinic.

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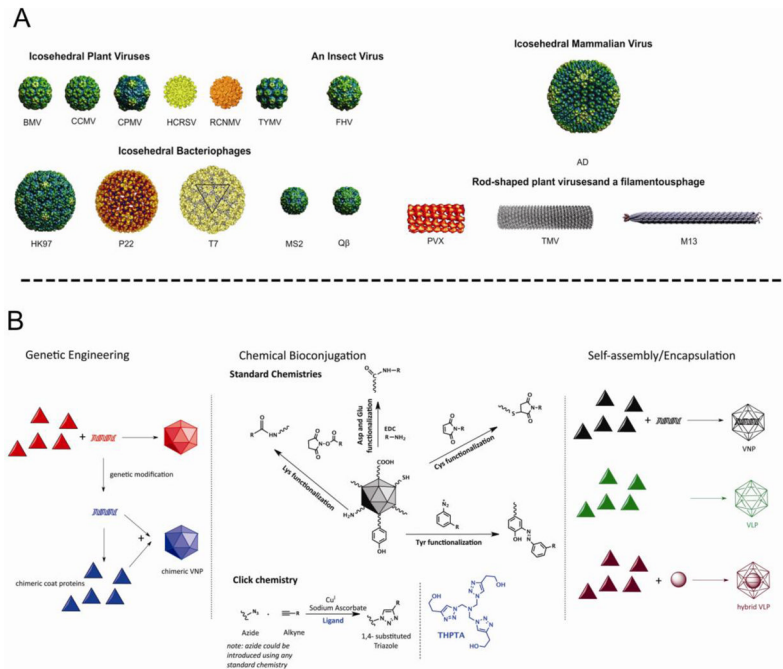


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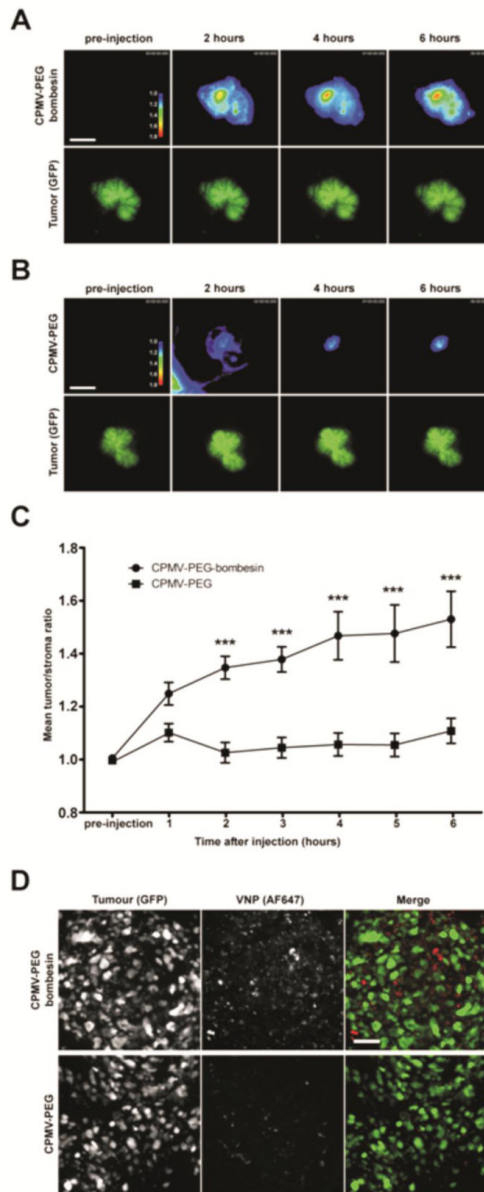
### Highlights

- Viral nanoparticles serve as versatile tools for applications in medicine.
- Genetically engineered VNPs are used as vaccines.
- Chemically engineered VNPs are used in targeted drug-delivery and biomedical imaging.



**Figure 1.**

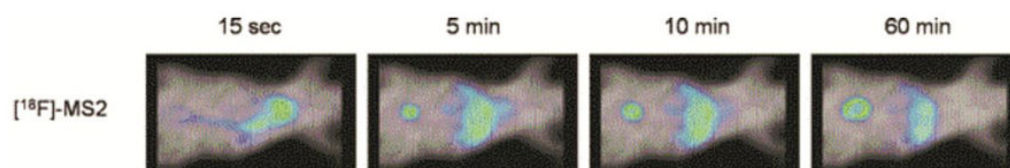
**A.** Viral nanoparticles (VNPs) used in materials science and medicine. Icosahedral plant viruses: *Brome mosaic virus* (BMV), *Cowpea chlorotic mottle virus* (CCMV), *Cowpea mosaic virus* (CPMV), *Hibiscus chlorotic ringspot virus* (HCRSV), *Red clover necrotic mottle virus* (RCNMV), *Turnip yellow mosaic virus* (TYMV). Icosahedral insect virus: *Flock House virus* (FHV). Icosahedral bacteriophages: HK97, P22, T7, MS2 and Q $\beta$ . Note that P22 and T7 are head-tail phages, with the tails not shown. Icosahedral mammalian virus: *Adenovirus* (Ad). Rod-shaped and filamentous viruses: *Potato virus X* (PVX), *Tobacco mosaic virus* (TMV), bacteriophage M13. Images of the following VNPs were reproduced from the VIPER Database; URL: <http://www.viperdb.scripps.edu/>: BMV, CCMV, CPMV, P22, TYMV, FHV, HK97, MS2, Ad, and Q $\beta$ . The structures of HCRSV, RCNMV, T7, PVX and TMV were reproduced from refs [14–18], respectively. **B.** Genetic, chemical, and self-assembly/encapsulation manipulations of VNPs in biomedical research.



**Figure 2.**

Intravital imaging of viral nanoparticle uptake in prostate tumors *in vivo*. **A.** Intravital fluorescence confocal imaging of PC-3 prostate tumor (green channel) showing uptake of AF647-labeled CPMV-PEG-bombesin (heat map) over time. Images are representative of n=10 experiments. Colors correspond to tumor/stroma ratio (see key). Scale bar = 3 mm. **B.** Intravital imaging of PC-3 prostate tumor (green channel) showing uptake of AF647-labeled CPMV-PEG (heat map) over time. Images are representative of n=10 experiments. Colors correspond to tumor/stroma ratio (see key). Scale bar = 3 mm. **C.** Quantitation of tumor uptake of CPMV conjugates over time, n=10 experiments per group. Values expressed as mean tumor/stroma ratio, using GFP channel to delineate tumor. Uptake of CPMV-PEG-bombesin is significantly higher than CPMV-PEG at 2 h and beyond ( $P < 0.0001$ ). **D.** Accumulation of CPMV conjugates in tumor tissue, measured by fluorescence confocal microscopy of tissue sections. Grayscale and color merged images are provided with PC-3

GFP cells (green) and CPMV-AF647 conjugates (red). Scale bar = 75  $\mu\text{m}$ . Reproduced from Ref 53.



**Figure 3.** Volume-rendered PET images of male Sprague–Dawley rats injected with [<sup>18</sup>F]-MS2. Sprague–Dawley rats were anesthetized and placed side-by-side in a PET scanner. The animals were injected at the same time through the tail vein with same amount of either of [<sup>18</sup>F]-fluorobenzaldehyde or [<sup>18</sup>F]-MS2. [<sup>18</sup>F]-fluorobenzaldehyde was rapidly cleared from circulation, with essentially no signal in the heart blood pool after only 15 seconds. In contrast, [<sup>18</sup>F]-MS2 remained in circulation for the duration of the experiment (3 hours) as seen in the figure. Reproduced with permission from reference [76].