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# Resveratrol upregulates SIRT1 and inhibits cellular oxidative stress in the diabetic milieu: mechanistic insights

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# Abstract

Several lines of evidence support a role for oxidative stress in diabetic complications Diabetic patients have increased  $O_2^-$  production in monocytes. Loss of SIRT1 activity may be associated with metabolic diseases such as diabetes. Several studies have shown that SIRT1 can regulate mammalian FOXO transcription factors through direct binding and/or deacetylation. However, interactions between SIRT1 and FOXO under diabetic conditions are unclear. The phytochemical resveratrol, has recently gained attention for its protection against metabolic disease. Resveratrol has been shown to increase mitochondrial function by activating SIRT1.

In this study, we tested the protective effect of resveratrol on cellular oxidative stress through the SIRT1-FOXO pathway under high-glucose conditions. Human monocytic (THP-1) cells were cultured in presence of mannitol (osmolar control) or normoglycemic (NG, 5.5 mmol/L glucose) or hyperglycemic (HG, 25 mmol/L glucose) conditions in absence or presence of resveratrol (3 and 6 µmol/L) for 48 h. We first examined SIRT1 activity and oxidative stress in monocytes of T1DM patients compared to healthy controls. In T1DM patients, monocytic SIRT1 expression was significantly decreased and p47phox expression was increased compared to controls. Under HG in vitro, SIRT1 and FOXO3a were significantly decreased compared to NG, this was reversed by resveratrol treatment, concomitant with reduction in HG-induced superoxide production and p47phox. Under HG, SIRT1 small interfering RNA (siRNA), inhibited FOXO3a and there was no beneficial effect of resveratrol in siRNA treated HG-induced cells. Thus, resveratrol decreases HG-induced superoxide production via upregulation of SIRT1, induction of FOXO3a and inhibition of p47phox in monocytes.

### Keywords

SIRT1; FOXO3a; p47phox; oxidative stress; resveratrol and diabetes

## Introduction

Hyperglycemia contributes to vascular complications of diabetes. High glucose has been shown to induce inflammatory cytokines, chemokines, p38 mitogen-activated protein

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kinase, reactive oxygen species (ROS), protein kinase C (PKC), and nuclear factor- $\kappa$ B (NF- $\kappa$ B) activity in both clinical and experimental systems (1–6). Several lines of evidence support a role for oxidative stress in the development of diabetes complications (7–8). Diabetic patients have increased O<sub>2</sub><sup>-</sup> production in monocytes and neutrophils (2, 7, 9). Excess accumulation of ROS can result from defects in ROS scavenging and is believed to have an impact on cellular aging and the senescence process (10). NADPH oxidase is accepted as the most important mechanism for ROS generation in phagocytic cells. Previously, we have shown that p47phox, an essential component of monocyte NADPH oxidase, is required for ROS generation under high glucose conditions (11).

Recently, SIRT1, the mammalian homologue of yeast Sir2, was identified as a key mediator that links calorie restriction and longevity in mammals. Sirtuins are a conserved family of NAD-dependent deacetylases (class III histone deacetylases) (12–16). To date, seven members of sirtuin proteins (i.e., SIRT1–SIRT7) have been identified in humans. Recent studies have demonstrated that SIRT1 plays an important role in the regulation of cell death/ survival and stress response in mammals. SIRT1 promotes cell survival by inhibiting apoptosis or cellular senescence induced by stresses, including DNA damage and oxidative stress (12–17). An increasing number of proteins have been identified as substrates of SIRT1, including p53 (18–21), Forkhead box O (FOXO) transcription factors (22–28). Improper regulation of sirtuin proteins has been reported in a number of diseases, including Bowen's disease (29), type I diabetic nephropathy (30), Alzheimer disease and amyotrophic lateral sclerosis (31), and non alcoholic fatty liver disease (32). It has been suggested that loss of Sirt1 activity may be associated with metabolic diseases such as type 2 diabetes and atherosclerosis (33–35).

FOXO transcription factors FOXO1 (FKHR) (36), FOXO3a (FKHRL1) (37), FOXO4 (ARX) (38), and FOXO6 (39), are emerging as an important family of proteins that modulate the expression of genes involved in apoptosis, the cell cycle, DNA damage repair, oxidative stress, cell differentiation, glucose metabolism and other cellular functions (22–24, 26, 40). Several studies have shown that SIRT1 can control the cellular response stress by regulate mammalian FOXO transcription factors through direct binding and/or deacetylation (12, 22, 24, 26, 28, 41). However, the mechanism of the interactions between SIRT1 and FOXO under hyperglycemic conditions is not well understood. FOXO transcription factors regulate antioxidant expression and DNA damage repair. Among all FOXO members, FOXO3a appears to have an important role under oxidative stress. Foxo3 plays an important role in the in vivo regulation of oxidative stress in mammals. FOXO3a upregulates transcription of the ROS scavenging enzymes superoxide dismutase 2 (SOD2, also known as MnSOD) and catalase (42–44). Thus, FOXO3 appears to be a critical physiological regulator of oxidative stress in mammalian cells.

One important sirtuin-activating compounds is the natural product resveratrol (3,4,5trihydroxystilbene), a polyphenol that is synthesized by plants and is present in grapes and red wine (45). Recently, resveratrol has been shown to improve energy balance and increase mitochondrial function in mice by activating SIRT1 (46). Resveratrol has previously gained considerable attention because of its beneficial effects as a cardioprotective, cancer chemopreventive, and chemotherapeutic agent (47–51)

Previously, we have shown increased monocytic superoxide in T2DM and T1DM and subsequently showed under HG condition that this is mediated via upregulation of PKCa and p47phox (11). However, the role of SIRT1 in regulating monocytic superoxide under HG condition is not well understood. Moreover, the effect of resveratrol, a potent SIRT1 inducer, on monocyte superoxide under HG conditions is not elucidated and is the focus of the present report. Thus, we hypothesize that resveratrol, can suppress ROS production via

regulatory mechanism involving FOXO3a, SIRT1 and p47phox under high glucose conditions in human monocytes.

## Materials and Methods

#### Materials

Anti-FoxO family antibodies were procured from cell signaling technology(Danvers, MA, USA) and anti-SIRT1 was procured from Abcam (Cambridge, MA, USA). Dihydroethidium was purchased from Molecular Probes (Eugene, OR, USA). HDAC assay reagents (colorimetric) were purchased from Biovision (Mountain View, CA, USA). The BCA<sup>™</sup> protein assay kit was purchased from Pierce. Novex pre-cast Tris-Glycine gels were obtained from Invitrogen (Carlsbad, CA). All other chemicals, unless otherwise stated, were obtained from Sigma (St. Louis, MO).

#### Cell culture and Treatment with resveratrol

Human monocytes were obtained from T1DM patients and healthy controls as detailed previously (52). Human monocytic THP-1 cell line was obtained from American Type Culture Collection (Manassas, VA). THP-1 cells were cultured in RPMI medium containing 10% fetal bovine serum and 1% antibiotics at 37 °C and 5% CO<sub>2</sub>. resveratrol (dissolved in DMSO) was used for the treatment of cells. The final concentration of DMSO used was 0.1% (v/v) for each treatment. Human monocytic (THP-1) cells( $1 \times 10^5$  cells/ml) were cultured in presence of osmolar control (19.5 mmol/L mannitol) or normoglycemic (NG, 5.5 mmol/L glucose) or hyperglycemic (HG, 25 mmol/L) conditions in absence or presence of resveratrol (3, 6 µmol/L) for 48 h. Cells were washed with phosphate-buffered saline (PBS) and then harvested.

#### **Trypan Blue Exclusion Assay**

Following treatments, cells were trypsinized and collected in a 1.5-ml eppendorf tube. The cells were pelleted by centrifugation and resuspended in PBS (120  $\mu$ l). Trypan blue (0.4% in PBS; 10  $\mu$ l) was added to a smaller aliquot (10  $\mu$ l) of cell suspension, and the number of cells (viable unstained and nonviable blue) were counted.

#### Immunostaining

For detection of SIRT1 by immunofluorescence, after treatment of cells with resveratrol, the cells were centrifuged and medium was aspirated. Cells were washed twice in PBS (10 mmol/L, pH 7.4) and placed on L-lysine coasted slides, the slides were air dried, fixed with 4% formaldehyde for 30 min at 4°C and stained overnight at 4°C with SIRT1 and FOXO3a antibodies (1:1000 dilution). After being air dried, slides were incubated with appropriate secondary antibody for 60 min. The slides were washed as described above, air dried, mounted with mounting medium, and then examined with a fluorescence microscope at 400 × magnification. In order to measure immunostaining intensity of Foxo3a and Sirt1, images were captured with a Nikon eclipse TE200 camera (Japan). The signal intensity was measured using ImageJ software.

#### Preparation of Nuclear fraction

After treatment of cells with resveratrol the medium was aspirated and the cells washed twice in PBS (10 mmol/L, pH 7.4). Nuclear lysates were prepared using NE-PER Nuclear and Cytoplasmic Extraction Reagents (Pierce). Nuclear lysates were collected and cleared by centrifugation, and the supernatant aliquoted and stored at -80°C. The protein content in the lysates was measured by BCA protein assay (Pierce), as per the manufacturer's protocol.

Following treatment of cells with various concentrations of resveratrol for 48 h, cells were harvested and nuclear lysates were prepared. 10  $\mu$ g of nuclear lysate protein from each group were taken for determination of HDACs activity, respectively. The experiment was done according to the manufacturer's instructions. Absorbancewas taken at 405 nm and 440 nm.

#### Western Blot Analysis

For Western blot analysis, 12 µg of protein resolved over 10% Tris-glycine polyacrylamide gels (Novex), transferred onto nitrocellulose membranes, and subsequently incubated in blocking buffer [5% nonfat dry milk/1% Tween 20; in 20 mmol/L TBS (pH 7.6)] for 2 h. The blots were incubated with appropriate primary antibody (SIRT1, FOXO1a, FOXO3a and p47phox) washed, and incubated with appropriate secondary horseradish peroxidase– conjugated antibody (Amersham Biosciences). The blots were detected with chemiluminescence (ECL kit, Amersham Biosciences) and autoradiography, using XAR-5 film (Eastman Kodak). Equal loading of protein was confirmed by stripping the blots and reprobing with Lamin (Sigma)

#### Measurement of intracellular superoxide production

To assess the production of superoxide, NG, HG and HG-resveratrol treated cells were incubated with 5  $\mu$ mol/L dihydroethidium (DHE; Molecular Probes, Eugene, OR), which is oxidized to the fluorescent intercalator, ethidium by cellular oxidants, particularly superoxide radicals. Cells ( $1 \times 10^5$ ) were stained with 5  $\mu$ mol/L dihydroethidium for 30 minutes at 37°C and were washed and resuspended in PBS. The oxidative conversion of dehydroxyethidium to ethidium was measured by flow cytometry.

#### siRNA transfection assays

Prevalidated siRNAs were obtained from Santa Cruz biotech., and transfection assays were performed as described previously (53–54) following the manufacturer's instructions, with suitable vehicle and scrambled siRNA controls. Transfection efficiency was around 70%. Subsequently, Human monocytic cells ( $1 \times 10^5$  cells/ml) were cultured in presence of osmolar control (9.5 mmol/L mannitol) or euglycemic (EG, 5.5 mmol/L glucose) or hyperglycemic (HG, 25 mmol/L) conditions in absence or presence of resveratrol (3,6 µmol/L) for 48 h. Then, cells were washed with phosphate-buffered saline (PBS) and harvested.

#### **Statistical analysis**

Each experiment was performed at least three times. Results are expressed as the means value  $\pm$  standard deviation (SD). Statistical analysis was performed using Student's *t*-test and statistical significance is expressed as \*, P < 0.05, \*\*, P < 0.01.

# Results

# SIRT1 expression and $O_2^-$ production are altered in T1DM patients compared to normal healthy controls

We first examined SIRT1 expression in monocytes of T1DM patients compared to normal healthy controls (Fig. 1). In T1DM patients, SIRT1 expression was significantly decreased compared to healthy controls (n=8/group). Monocyte membrane p47phox expression was significantly increased in T1DM compared to healthy controls (p<0.001). In addition, as shown previously (11), T1DM monocytes released significantly increased O<sub>2</sub><sup>-</sup> as evidenced by increased DHE staining.

#### In vitro treatment with resveratrol significantly induced SIRT1 expression in HG conditions

In order to examine mechanisms we tested pathways in human monocytic cells under HG conditions. Furthermore since resveratrol upregulates SIRT1 we tested the effect of resveratrol on  $O_2^-$  production in monocytes under HG conditions. Next, we examined the effect of HG compared to NG on SIRT1 expression level by immunoblotting (Fig. 2A). Under HG, SIRT1 was significantly decreased compared to NG. Also, as shown in Fig. 2B, HDACs activity was decreased in HG conditions and this decrease was reversed by resveratrol (3 and 6  $\mu$ mol/L) treatment.

# In vitro treatment with resveratrol significantly induced FOXO3a expression in HG conditions

Next, we studied its specific regulation mechanisms. SIRT1 expression is associated with activation of FOXO family proteins. Under HG, FOXO3a expression was significantly decreased compared to NG (p<0.001). As shown in Fig. 2C, downregulation of FOXO3a under high glucose-induced conditions was significantly reversed by resveratrol (3 and 6  $\mu$ mol/L) treatment. These findings were confirmed by immunofluorescene analysis (Fig. 3A and B). However, there was no effect on FOXO1a or p53 (data not shown.

# In vitro treatment with resveratrol significantly suppressed O<sub>2</sub><sup>-</sup> production in HG conditions

We examined the production of superoxide using dihydroethidium. Under HG, superoxide production were significantly increased compared to NG (p<0.001). As shown in Figure 4A, increased superoxide production under high glucose-induced monocytes was significantly downregulated by resveratrol (3 and 6 $\mu$ M) treatment. p47 phox is an essential component of monocyte NADPH oxidase production and required for ROS generation under high glucose conditions (11). Therefore, we examined effect of resveratrol on NADPH oxidase (p47 phox) under high glucose. Under HG, p47 phox expression in the cell membrane were significantly increased compared to NG (p<0.001). As shown in Figure 4B, upregulated p47phox expression in high glucose-induced monocytes was significantly downregulated by resveratrol (3 and 6  $\mu$ mol/L) treatment.

#### With SIRT1 knockdown, resveratrol fails to affect intracellular superoxide production

To determine if SIRT1 modulates FOXO3a and p47phox specifically in HG conditions in monocytes resulting in decreased superoxide, we employed an additional approach of RNA interference-mediated knockdown of the SIRT1 gene. As shown in Fig. 5A–B, SIRT1 small interfering RNA inhibited FOXO3a but not p47phox expression in HG- induced monocytic cells. Furthermore, in presence of resveratrol, there was no effect in SIRT1 siRNA –treated cells, showing that resveratrol primarily acts via SIRT1. In these cells, under HG conditions, resveratrol did not affect FOXO1A or p53 expression (data not shown).

### Discussion

Diabetic patients have increased  $O_2^-$  production in monocytes and neutrophils (2, 7, 9). Hyperglycemia-induced production of ROS is a key event in the development of diabetic complications (2, 7, 8, 10). Dandona et al (55) elucidated the role of ROS in diabetes by showing also increased oxidative DNA damage in diabetics compared to controls. Previously, we have shown that p47phox is an essential component of monocyte NADPH oxidase production and required for ROS generation under high glucose conditions in vitro (11) and Mohanty et al have observed increased p47phox in humans in vivo (56). So far, the exact mechanism in diabetes is not known at present. Recently, Sirtuins have been implicated in metabolic processes and stress resistance. Recent studies have been suggested

a key role for the mammalian SIRT1 in the adequate cellular response to metabolic stress events such as nutrient overload or nutrient deprivation (57). In fact, the effects of SIRTs appear to be beneficial. SIRT1-knockout and overexpressor mouse models have demonstrated metabolic benefits of Sirt1 activation. Recently, it has been proposed that SIRT1 is an important regulator of many factors influencing obesity and type 2 diabetes (58) and also a possible target for the treatment of Metabolic syndrome (59–60).

SIRT1, belongs to class III histone/protein deacetylases (HDACs), the most extensively studied of the sirtuins. SIRT1, through its deacetylase activity, is regarded as a key regulator of cell defense and survival under various stress conditions by deacetylating the p53 (18-21) and forkhead transcription factor (14, 22, 37). The effect of SIRT1 might be linked on FOXO function. Several studies have shown that SIRT1 can regulate mammalian FOXO transcription factors through direct binding and/or deacetylation. However, the mechanism of the interactions between SIRT1 and FOXO under diabetic conditions is not well understood. As one possible mechanism, SIRT1 enhances the activity of the FOXO by their nuclear translocation (22) and probably regulates the gene-specific transcription (24, 35, 42, 44). The translocation of FOXO3a from the cytoplasm to the nucleus is induced by deacetylation by SIRT1 in response to oxidative stress (22, 61). Among FOXO family, FOXO3a (also known as FKHR-L1) have been known that it protects quiescent cells from oxidative stress by directly increasing their quantities of manganese superoxide dismutase (MnSOD) messenger RNA and protein (44). Recently, Barthel et al have suggested that the FOXO3a genotype was significantly associated with plasma insulin levels as well as CHD, cancer, and Type 2 diabetes prevalence. The results of recent reports reveal that FOXO3a is an important regulator influencing obesity and diabetes. As an important downstream mechanism, FOXO3a might, at least in part, influence human metabolic diseases through modification of oxidative stress (62-63).

Resveratrol is a polyphenol existing in grapes, berries, and peanuts. It has been reported to activate SIRT1 and extends life span in multiple model organisms (60). In addition, It has been suggested that resveratrol is a promising new therapeutic approach for preventing cardiovascular diseases in type 2 diabetes and aging (47, 63). In addition, resveratrol has been reported to confer vasoprotection, improving endothelial function and preventing complications of diabetes in animal models (46, 48–51, 65–67).

Diabetes and aging are characterized by increased cellular ROS production, yet the effects of resveratrol on oxidative stress in human monocytes remain incompletely understood. Recently, there is evidence to suggest that resveratrol suppresses ROS generation via inhibiting NADPH oxidase activity (68). Resveratrol suppresses ROS generation via FOXO3a (69) and upregulates MnSOD expression via SIRT1 activation (70). Recently Orimo et al (71) have suggested that hyperglycemia decreases SIRT1 expression and activation of SIRT1 prevents the hyperglycemia-induced endothelial senescence and thereby protects against vascular dysfunction in mice with diabetes (71). As a mechanism, they have been suggested that the Akt/FOXO pathway plays a crucial role in the downregulation of SIRT1 expression by high-glucose conditions (71). Previous studies have demonstrated that high glucose reduced SIRT1 expression leading to increased p53 and FOXO3a acetylation (57). Also, very recently, Viglili de Kreutzenbarg et al have shown that insulin resistance and metabolic syndrome affects SIRT1 gene (72). Despite these previous reports, correlation with FOXO3a, SIRT1 and monocyte p47phox on ROS generation under HG conditions has not been not studied and its mechanism is still unclear.

Based on a previous study, we suggest that SIRT1 could serve as a target toward developing novel strategies for diabetes. We focused on its regulatory mechanism involving FOXO3a, SIRT1 and p47phox under HG-mediated oxidative stress of human monocytes. We

investigated the effect of resveratrol on ROS production via SIRT1-FOXO3a signaling in HG-induced monocytes. Thus, we determined whether resveratrol, can be used as a therapeutic agent for diabetic complications.

In the present study, first of all, we observed decreased SIRT1 and increased p47phox expression in monocytes of T1DM patients compared to normal healthy controls. The results of the present study, exposure of human monocytes to a high concentration of glucose led to a decrease in nuclear SIRT1 and FOXO3a and a parallel increase in membrane p47phox expression and superoxide production. Interestingly, in this study, there was no change in FOXO1a expression or p53 by HG-induced oxidative and moreover there was no change by resveratrol.

When we employed an additional approach of RNA interference-mediated knockdown of the SIRT1 gene, we observed that SIRT1 siRNA inhibited FOXO3a in HG–induced monocytes. Resveratrol failed to inhibit intracellular superoxide when SIRT 1 is knocked down, these results indicate that resveratrol primarily acts by inducing SIRT1, inducing FOXO3a and decreasing p47 phox resulting in decreased superoxide production under HG conditions in monocytes.

Thus, in our study, we show that HG suppresses SIRT1-FOXO3a pathway leading to increased p47phox expression and monocytic ROS production. Resveratrol treatment of HG-induced cells activates HDACs and induces SIRT1 and FOXO3a expression, subsequently suppressing production of ROS and p47phox activation in monocytes (Fig 6). Ghanim et al (73) previously showed that a polygonium extract containing resveratrol significantly reduced in reactive oxygen species generation, the expression of p47<sup>phox</sup>, intranuclear nuclear factor- $\kappa$ B binding, in mononuclear cells of healthy subjects when compared with the baseline and the placebo, but had no effect on SIRT1. Furthermore, resveratrol resulted in decreased PTP-1B, SOCS-3, JNK-1 and IKK-beta, and it has been shown that these proteins interfere with insulin signal transduction However, this study was not under hyperglycemia and the extract contained only 20% resveratrol, thus other products may have also contributed to these findings. Our study indicates that activation of FOXO3a pathway is a key protective pathway against oxidative stress in high glucose conditions. However, resveratrol will need extensive evaluation in clinical trials before it can be recommended for retarding oxidative stress and diabetic complications.

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J.Y, S.D and I.J designed the studies and wrote the manuscript. All the authors read and approved the final manuscript. We also thank Manpreet Kaur for editorial assistance

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SIRT1

**TBP** (Loading control)

p47phox

β- actin

**Control T1DM** 



Figure 1. Decreased SIRT1 expression and increased p47phox expression in T1DM subjects compared to normal subjects

Monocytes were isolated from fasting blood obtained from T1DM and normal subjects as described in Methods. For the western blot analysis, protein was subjected to SDS-PAGE and used SIRT1 and p47phox antibodies (1:1000 dilutions) as detailed in Materials and Methods Section. Equal loading of protein was confirmed by stripping the immunoblot and reprobing it for TATA binding protein (TBP) and  $\beta$ -actin. The immunoblot shown here are representative of 8 experiments with similar results. Densitometric ratios to TBP and Beta actin are provided in the lower panel. \*p<0.01 compared to controls



Figure 2. A) Resveratrol treatment significantly induced SIRT1 gene expression and HDAC activity in HG-induced THP-1 cells in vitro (B) Induced HDACs activity by resveratrol treatment in HG-induced THP-1 cells. (C) Resveratrol treatment induces FOXO3a gene expression in HG-induced THP-1 cells

(A and C) For the western blot analysis, protein was subjected to SDS-PAGE and used SIRT1, FOXO3a and FOXO1a antibodies (1:1000 dilutions) as detailed in Materials and Methods Section. Equal loading of protein was confirmed by stripping the immunoblot and reprobing it for TATA binding protein (TBP). The immunoblot shown here are representative of three independent experiments with similar results. (B) Following treatment of cells with 3 and 6 µmol/L of reveratrol for 48 h as described in Methods, cells

were harvested and nuclear lysates were prepared. 10  $\mu$ g of nuclear lysate protein from each group were taken for determination of HDACs activity. The experiment was done according to the manufacturer's instructions. Absorbance was taken at 405 nm and 440 nm by using ELISA reader. Results were shown as mean  $\pm$  SD of 5 different experiments. \*a: p<0.05 compared to NG; \*p<0.05; \*\*p<0.01 compared to HG

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# Figure 3. Resveratrol treatment induced FOXO3a in HG-induced monocytes by immunofluorescence

The cells (50–60% confluent) were treated with 3–6  $\mu$ mol/L resveratrol for 48 h. Cells were fixed with 4% formaldehyde for 30 min at 4°C and stained overnight at 4°C with SIRT1 and FOXO3a as described in Methods. Data from a typical experiment of 5 are shown; Magnification ×400.



# Figure 4. Effect of resverarol on superoxide production and p47phox gene expression level in HG -induced THP-1 cells

(A) NG, HG and HG-resveratrol treated cells were incubated with 5  $\mu$ mol/L dihydroethidium (DHE). Cells (1 × 10<sup>5</sup>) were stained with 5  $\mu$ mol/L dihydroyethidium for 30 minutes at 37°C and were washed and resuspended in PBS. The oxidative conversion of dehydroxyethidium to ethidium was measured by flow cytometry. (B) For the western blot analysis, protein was subjected to SDS-PAGE and used p47phox antibody (1:1000 dilution) as detailed in Materials and Methods Section. Equal loading of protein was confirmed by stripping the immunoblot and reprobing it for  $\beta$ -actin. The immunoblot shown here are representative of three independent experiments with similar results.



#### Figure 5. Modulation of Foxo3a and p47hox using SiRNA-SIRT1 transfection under highglucose conditions

Cell were transfected using lipofectamine with prevalidated siRNA-SIRT1. Subsequently, human monocytic cells ( $1 \times 10^5$  cells/ml) were cultured in presence of NG and HG conditions in absence or presence of resverarol ( $3-12 \mu mol/L$ ) for 48 h. Then, cells were washed with phosphate-buffered saline (PBS) and then harvested. (A) NG, HG and HG-resveratrol treated cells (transfected with siRNA to SIRT1) were incubated with 5  $\mu mol/L$  dihydroethidium (DHE). Cells ( $1 \times 10^5$ ) were stained with 5  $\mu mol/L$  dihydroyethidium for 30 minutes at 37°C and were washed and resuspended in PBS. The oxidative conversion of dehydroxyethidium to ethidium was measured by flow cytometry. (B) For the western blot

analysis, protein was subjected to SDS-PAGE and used p47phox antibody (1:1000 dilution) as detailed in Materials and Methods Section. Equal loading of protein was confirmed by stripping the immunoblot and reprobing it for  $\beta$ -actin. The immunoblot shown here are representative of three independent experiments with similar results.



#### Figure 6.

Proposed mechanisms by which resveratrol regulates SIRT1-FOXO3a leading to decreased p47phox expression and ROS production. High glucose suppresses SIRT1-FOXO3a pathway leading to increaesed p47phox gene expression and ROS production. Resveratrol treatment of HG-induced cells activates the HDACs activity and induces SIRT1 and FOXO3a expression, subsequently suppressing production of ROS and p47phox activation.