

## Effect of Berberine on Cell Survival in the Developing Rat Brain Damaged by MK-801

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### ABSTRACT

Berberine is an isoquinoline alkaloid isolated from goldenthread, *Coptidis Rhizoma* and shown to have many biological and pharmacological effects. We previously reported that berberine promotes cell survival and differentiation of neural stem cells. To examine whether berberine has survival promoting effect on damaged neuronal cells, we generated a cellular model under oxidative stress and an neonatal animal model of degenerating brain disease by injecting MK-801. MK801, a noncompetitive antagonist of N-methyl-d-aspartate (NMDA) receptors, acts as a neurotoxin in developing rats by inhibiting NMDA receptors and induce neuronal cell death. We found that the survival rate of the SH-SY5Y cells under oxidative stress was increased by 287% and 344%, when treated with 1.5 and 3.0  $\mu$ g/ml berberine, respectively. In the developing rats injected by MK801, we observed that TUNEL positive apoptotic cells were outspread in entire brain. The cell death was decreased more than 3 fold in the brains of the MK-801-induced neurodegenerative animal model when berberine was treated to the model animals. This suggests that berberine promotes activity dependent cell survival mediated by NMDA receptor because berberine is known to activate neurons by blocking  $K^+$  current or lowering the threshold of the action potential. Taken together, berberine has neuroprotective effect on damaged neurons and neurodegenerating brains of neonatal animal model induced by MK-801 administration.

**Key words:** Berberine, cell survival, oxidative stress, MK801 animal model

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### INTRODUCTION

Berberine is an isoquinoline alkaloid and often isolated from goldenthread, *Coptidis Rhizoma*, and goldenseal, *Hydrastis Canadensis* (Mirska et al., 1972). Previous reports have shown that berberine has several pharmacological and biological properties including antibiotic (Mirska et al., 1972),

anti-inflammatory (Marinova et al., 2000; Zhou and Mineshita, 2000; Yoo et al., 2008) and anti-hypolipidemic (Kong et al., 2004) effects. It has been reported that berberine attenuated neuronal damage in ischemia/reperfusion model (Yoo et al., 2006), and in autoimmune encephalomyelitis model mice (Ma et al., 2010). Berberine showed neuroprotective effects on stroke models (Zhou et al., 2008) and focal cerebral ischemia injury (Xiao et al., 2007). Previously, we reported that berberine enhances neuronal cell survival and differentiation in hippocampal precursor cells and neurons in the rat brains (Lim, 2008). Tan and his colleges (2007)

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showed that berberine has an antioxidant action on corpus cavernosum smooth muscle cells in which oxidative stress were induced (Tan et al., 2007).

To examine whether berberine has survival promoting effect on damaged neuronal cells, we generated a degenerating brain disease model by injecting neurotoxin to developing rats. MK-801 [(5S,10R)-(+)-5-methyl-10,11-dihydro-5H-dibenzo [a,d] cyclohepten-5,10-imine maleate, dizocilpine] is a noncompetitive antagonist of N-methyl-d-aspartate (NMDA) receptors (Wong et al., 1986; Javitt and Zukin, 1991). In rodents, MK-801 induces a behavioral syndrome, including hyperlocomotion, head weaving, body rolling, and ataxia (Clineschmidt et al., 1982; Tricklebank et al., 1989; Liljequist et al., 1991), which represents certain aspects of schizophrenia (Carlsson and Carlsson, 1990; Tiedtke et al., 1990). MK-801 is also known to induce neurodegeneration of hippocampal CA1 and entorhinal cortex in adult animals when administrated with high concentrations (10 mg/kg) of MK-801 (Wohrl et al., 2007).

In the developing rat brain, blockade of NMDA receptors with low dose of MK801 during late fetal or early neonatal life triggers widespread apoptotic neurodegeneration (12~26% of cells) (Ikonomidou et al., 1999). This suggests the transient blockade of NMDA receptors can trigger neuronal cell death in the immature mammalian brain during a period of rapid axonal growth and synaptogenesis, and the excitatory neurotransmitter glutamate, acting at NMDA receptors, controls neuronal survival. Thus, Neurodegenerative MK-801 model of the developing rat has relevance to human neurodevelopmental disorders involving postnatal exposure to drugs that block NMDA receptors such as pediatric anesthesia.

Berberine has been reported to increase action potential by inhibition of voltage dependent potassium current in cat ventricular myocytes (Huang, 1990; Sanchez-Chapula, 1996) and in human myeloma cells (Wu et al., 1998) and hepatocytes (Wang et al., 2003). Berberine suppresses dopamine-induced potassium current and acetylcholine induced potassium current in acutely dissociated CA1 pyramidal neurons (Wu and Jin, 1996; 1997). It is also suggested that berberine contributes to its blockades of potassium currents in damaged ischemic brain (Wang et al., 2004). This leads us a

question whether berberine reduces cell death on damaged brain of developing animal model rats induced by MK801. We tested first the cell survival promoting effect of berberine on SH-SY5Y neuronal cells damaged by oxidative stress and then examined whether berberine blocks cell death in vivo developing rat model induced by MK801.

## MATERIALS AND METHODS

### *Cell culture*

Human neuroblastoma SH-SY5Y cells were acquired from ATCC. As previously described, SH-SY5Y cells were maintained in Dulbecco's modified Eagle's medium (DMEM, Invitrogen, USA) supplemented with 10% fetal bovine serum (FBS, Thermo, USA), penicillin, and streptomycin at 37°C (Heo et al., 2009). For the SH-SY5Y cells 0.1 mM MEM non-essential amino acids were also added.

### *Cell viability assay*

To estimate damage of cultured cells which caused by oxidative stress, we performed cell viability assay by using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT, Sigma-Aldrich, USA). SH-SY5Y cells were seeded at a density of  $7.5 \times 10^3$  cells in 96-well plate. Cells were treated with different concentration (0.25, 1.5, 3 and  $3.5 \mu\text{g/ml}$ ) of berberine chloride (Sigma-Aldrich, USA). 4 mg/ml of MTT tetrazolium salt was added to each well and incubated for 4 hrs at 37°C. After that, 100  $\mu\text{l}$  of solubilization buffer was added and then incubated for 24 hrs. Result were measured by ELISA (Molecular devices, USA).

### *Neonatal animal model of neuronal cell damaged by MK-801 injection*

Sprague Dawley rats were maintained under standard housing conditions and a 12 : 12 light/dark cycle (lights on at 06:30 AM) with free access to water and standard food. All procedures were performed in accordance with the guidelines of the National Institutes of Health (NIH) for the care and use of laboratory animals. The neonatal rat model of developmental disorder was constructed as described previously (Ikonomidou et al., 1999). In brief, postnatal day 7 animals were randomly divided into a control group (n=3) and a group

injected with MK-801 (dizocilpine 0.5 mg/kg of body weight; Sigma, St. Louis, MO, USA), NMDA receptor antagonist (n=3). MK-801 was dissolved in 0.9% saline and injected intraperitoneally (i.p.). Control rats received saline only. Berberine chloride were dissolved in 0.9% saline and injected intraperitoneally every 24 hours for 5 days and control rats received saline again. The degenerating brains were examined at 5<sup>th</sup> day by TUNEL (terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling) assay to detect apoptotic cells.

### TUNEL assay

To visualize nuclei with DNA cleavage, brain were cut using a vibratome and brain slices were incubated with 0.1% Triton X-100 in 0.1% sodium citrate (permeable solution) for 2 min on 4°C. Subsequently brain slices were incubated with nucleotide-labeling mixture and terminal deoxynucleotidyl transferase (Roche, Switzerland) for 1 hr at 37°C to catalytically add peroxidase-labeled digoxigenin nucleotide to DNA fragments. Nuclei displaying DNA cleavage had a dark brown appearance. We counted the number of TUNEL positive cells in the microscopic fields (n=12).

## RESULTS

In the previous study, we have demonstrated that berberine promotes cell survival in neuronal stem cells. To investigate the cell survival effect of berberine on damaged neurons, we examined berberine effect in the cultured cellular model under the condition of oxidative stress. SH-SY5Y cells were exposed under oxidative stress by adding 150  $\mu$ M H<sub>2</sub>O<sub>2</sub> for 30 min after being pretreated with 0.25~3.5  $\mu$ g/ml of berberine for 3 hrs. When serum is removed from media and changed to chemically defined N2 media survival of SH-SY5Y cells are reduced and initiates neurite outgrowth. As shown in Fig. 1, the survival rate of the groups treated by 1.5 and 3.0  $\mu$ g/ml berberine was increased by 287% and 344%, respectively compared to the N2 media control. However, the survival rate of the groups treated by 3.5  $\mu$ g/ml berberine was reduced to about 200%, the similar level of 0.25  $\mu$ g/ml concentration, suggesting that higher concentration is not more effective.

To determine the protective effect of berberine in the damaged neuronal cells of developing animal model, we generated neonatal animal model of degenerating brain by injecting intraperitoneally to postnatal day 7 aged rats 0.5 mg/kg of MK-801, which is a non-competitive antagonist of the N-methyl-d-aspartate (NMDA) receptor, as described previously (Ikonomidou et al., 1999). As described previously, we also observed changes of cell shape including intracytoplasmic vacuoles in the cortex of rats treated with a low dose of MK-801 (0.5 mg/kg body weight) when stained with haematoxylin and eosin (Olney et al., 1989; Fix et al., 1994). We intraperitoneally injected 20 mg/kg of berberine, or vehicle, to the model animals for 5 days. After sacrificing the animals, the brain slices were prepared to perform TUNEL assay (Fig. 2). TUNEL positive apoptotic cells were outspread in entire brain of the developing rats injected by MK801.

However, the cell death was decreased more than 3 fold in the brains of berberine administered animals. The number of TUNEL positive cells of the control group were  $27 \times 10^2$  cells per microscopic field ( $\times 200$ ; Vehicle n=3, BER n=3), on the other hand, the number of TUNEL positive cells of the berberine group were  $7 \times 10^2$  cells per microscopic field ( $\times 200$ ; Vehicle n=3, BER n=3).

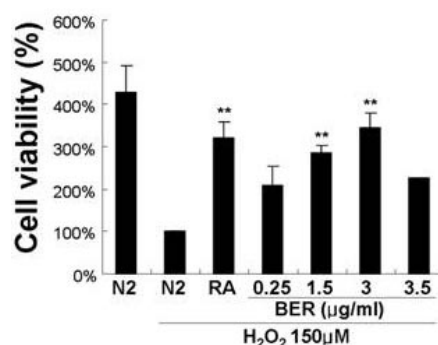
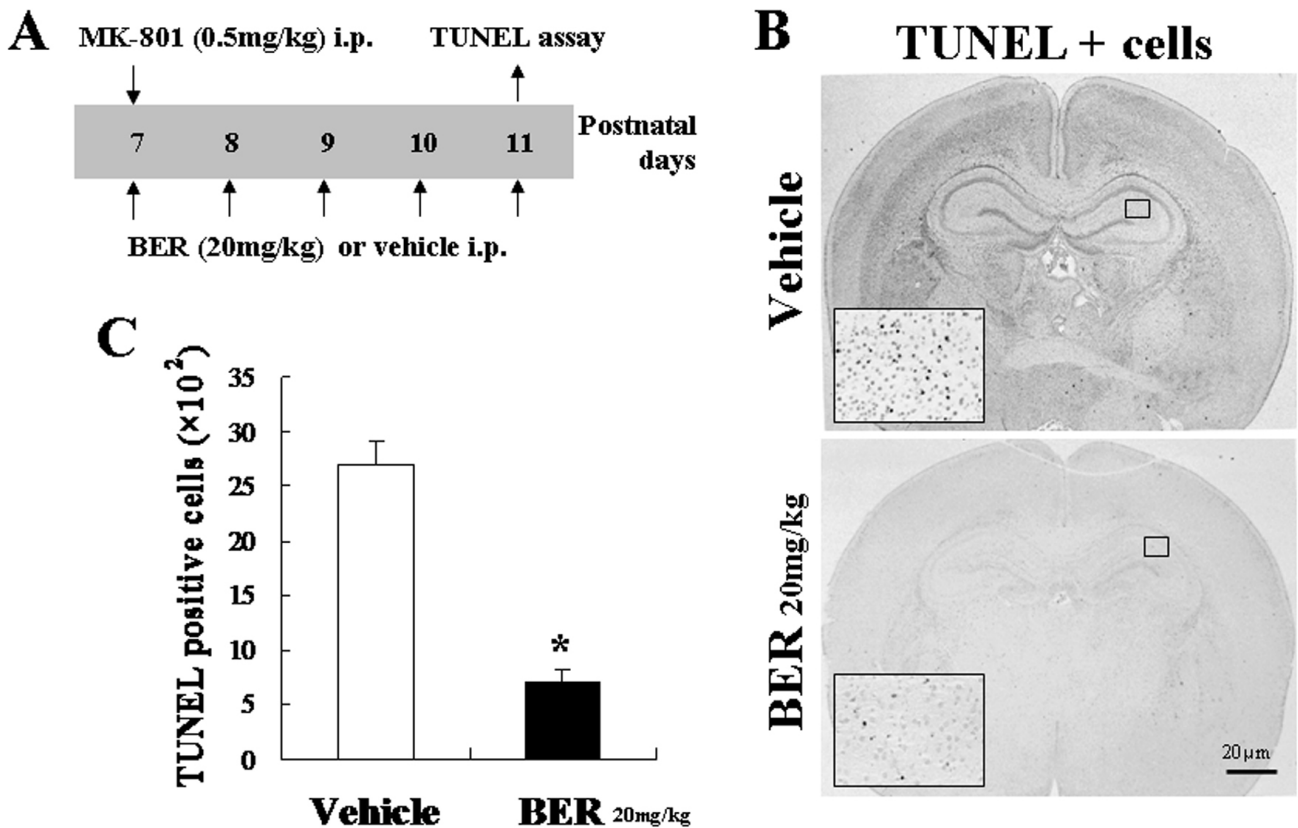


Fig. 1. Neuronal cell viability was improved by berberine treatment in cultured SH-SY5Y cells under oxidative stress induced by hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>). SH-SY5Y cells were pretreated with berberine (BER, 0.25, 1.5, 3 and 3.5  $\mu$ g/ml) 3 hours before H<sub>2</sub>O<sub>2</sub> treatment (150  $\mu$ M, 30 min) in chemically defined N2 media. SH-SY5Y cells treated with retinoic acid (RA, 5  $\mu$ M) represents positive control. Cell survival was measured by MTT assay and cell viability was normalized to H<sub>2</sub>O<sub>2</sub> added control. Data represents means  $\pm$  standard error measures. \*\*p < 0.001 compared with the control, one-way ANOVA.



**Fig. 2.** Berberine reduced cell death in the developing neonatal rats damaged by MK-801. (A) A schematic diagram represents experimental schedule. MK-801 (0.5 mg/kg; i.p.) injected at postnatal day 7. (B) TUNEL positive apoptotic cells were reduced by BER injection (20 mg/kg, 5 days). (C) Quantification graph indicates number of TUNEL positive cells in the microscopic field ( $\times 200$ ; Vehicle  $n=3$ , BER  $n=3$ ). Data indicates means  $\pm$  standard error measures. \* $p < 0.01$  compared with the vehicle injected group, one-way ANOVA.

## DISCUSSION

Recently, berberine is shown to enhance cell survival by reducing reactive oxygen species (ROS), the release of cytochrome c and apoptosis-inducing factors (AIFs) in PC12 cells damaged by oxygen-glucose deprivation (Zhou et al., 2008). In this report we have demonstrated that survival promoting effect of berberine in both damaged neuronal cell model and degenerating brain of neonatal animal model. SH-SY5Y cell culture model induced by adding  $H_2O_2$  are well established as a damaged neuronal cell model for ischemic studies. Ischemic conditions induce apoptosis by generating excessive ROS (Zhang et al., 2009). We found berberine increases cell viability of SH-SY5Y under oxidative stress about 3 fold. This result implies the anti-apoptotic effect of berberine under oxidative stress

condition.

We also found the anti-apoptotic effect of berberine in the MK801 induced animal model. To make the model animals, we injected low dose of MK-801 into the developing postnatal day 7 rats, and MK801 induced TUNEL positive apoptotic cells were found in entire brain of the developing rats as Ikonomidou and his colleges previously described (1999). Although half life of MK-801, NMDA receptor anatagoist is only for a few hours (Vezzani et al., 1989), neuronal apoptosis in the immature mammalian brain can be triggered by the transient blockade of glutamate NMDA receptors. This is probably caused by mechanism of activity dependant cell survival which is induced by release of neurotransmitter, glutamate and activation of NMDA receptor on target cells. Activation of the NMDA receptor by glutamate on post-synaptic neurons

releases retrograde signal which is required for cell survival of presynaptic neurons. During a period of rapid brain growth or synaptogenesis period, such target derived survival signals from post-synaptic neurons regulate strengthening of the synapses as well as cell survival of pre and post-synaptic neurons, thereby forming neuronal networks. Blockage of NMDA receptors inhibits to produce target derived survival factors and cause apoptosis of pre and post-synaptic neurons.

When berberine was injected to the MK801 model rats, apoptotic cells were decreased more than 3 fold. Other researcher group also reported neuroprotective action of berberine in organotypic hippocampal slice culture induced by oxygen and glucose deprivation (Cui et al., 2009). Berberine has also been reported to block transient outward potassium current (I<sub>A</sub>) and delayed rectifier potassium current (I<sub>K</sub>) in acutely isolated CA1 pyramidal neurons of rat hippocampus by using the whole-cell patch-clamp techniques. These biological functions were suggested as a protective mechanism against ischemic brain damage (Wang et al., 2004). In our animal model of neonatal brain damaged by NMDA receptor antagonist, MK801, berberine probably stimulates cell survival of neuronal cells expressing NMDA receptors by blocking potassium current or lowering the threshold of the action potential. This may elevate synaptic depolarization and activate channel opening of NMDA receptors and calcium influx.

Thus, we suggest that these anti-apoptotic effect of berberine on the neurodegenerating brain of neonatal animal model caused by promoting activity dependent cell survival.

In the immature mammalian brain during a period of rapid synaptogenesis, the transient blockade of glutamate NMDA receptors, or the excessive activation of gamma-aminobutyric acid (GABA(A)) receptors trigger neuronal apoptosis. Apoptogenic agents include anesthetics and drugs of abuse including phencyclidine, ketamine, and ethanol. In humans, the brain growth period are between the sixth month of pregnancy and the third year after birth. Agents used in pediatric and obstetrical medicine for purposes of sedation, anesthesia, and seizure management may cause apoptotic neuronal degeneration in the developing human brain such

as dysmorphic changes in the fetal brain and consequent neurobehavioral disturbances.

In conclusion, berberine has cell survival promoting effect on damaged neuronal cells under oxidative stress and degenerating brains of developing animal model induced by MK801.

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