

Molecular Epidemiology of Disease Due to *Mycobacterium bovis* in Humans in the United Kingdom

Andrea L. Gibson,^{1*} Glyn Hewinson,² Tony Goodchild,² Brian Watt,^{3†} Alistair Story,⁴ Jacqueline Inwald,² and Francis A. Drobniowski¹

Mycobacterium Reference Unit, Health Protection Agency, and Department of Microbiology, Guy's, King's and St Thomas' School of Medicine, King's College Hospital (Dulwich), East Dulwich Grove, London, SE22 8QF,¹ Veterinary Laboratory Agency, Weybridge, New Haw, Surrey KT15 3NB,² Scottish Mycobacteria Reference Laboratory, Royal Infirmary, Little France, Edinburgh EH16 4SA,³ and HPA, Communicable Disease Surveillance Centre, Colindale, London NW9 5EQ,⁴ United Kingdom

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***Mycobacterium bovis* is the causative agent of bovine tuberculosis, with a wide host range. Fifty human *M. bovis* isolates were typed using spoligotyping and variable number tandem repeats (VNTR). Fifteen of these spoligotypes have not yet been recorded in cattle. The predominant spoligotype in humans and cattle was subdivided by VNTR.**

Mycobacterium bovis has a wide host range, infecting many domestic and wild animals. Although occurring relatively rarely, *M. bovis* can also infect humans. In the United Kingdom, only about 1% of clinically diagnosed cases of tuberculosis (TB) that are subsequently proven bacteriologically are attributed to *M. bovis*, but in the developing world, *M. bovis* is still a cause for concern (6). The resurgence of bovine TB in cattle in the United Kingdom is raising concerns that transmission from cattle to humans might be a serious public health issue. It is therefore important to be able to quickly identify where rates of *M. bovis* in cattle are high and pose a potential risk of transmission to humans. *M. bovis* was once a major source of TB in humans in the United Kingdom but was almost eradicated after the introduction of control measures to reduce bovine tuberculosis in cattle together with the pasteurization of milk for human consumption. The majority of bovine TB cases in the 1980s and early 1990s presented either in the elderly or in those who had been infected abroad and returned or migrated to the United Kingdom (13). Many animals, such as badgers, foxes, ferrets, and deer (1, 3, 9), are believed to act as vectors for transmission to livestock, and some have also been associated with transmission to humans (8, 16, 18). Enhanced surveillance of *M. bovis* infections in humans was initiated in 1998. However, in 2001 a revised system which allows more timely collection of data was introduced (4, 5). Advances in molecular typing have provided tools to enhance our knowledge of *M. bovis* dissemination. Restriction fragment length polymorphism using the insertion sequence IS6110 is considered to provide the best discrimination of *M. tuberculosis* isolates. However, *M. bovis* isolates from cattle usually have a single copy of IS6110 (7); therefore, alternative techniques such as spacer oligonucleotide typing (spoligotyping) and vari-

able number tandem repeats (VNTR) have been used successfully in discriminating between strains of *M. bovis* (1, 7, 11, 12, 15, 17).

This study examines the molecular epidemiology of *M. bovis* cases within the United Kingdom using two molecular typing techniques and compares the typing patterns obtained to those prevalent in United Kingdom cattle today.

All available viable *M. bovis* isolates (50 isolates) from humans diagnosed in the United Kingdom between 1997 and 2000 were identified; 40 were recovered at the Mycobacterium Reference Unit, London, and 10 were recovered at the Scottish Mycobacteria Reference Laboratory, Edinburgh. DNA was extracted by using a quick extraction method (19). Briefly, one colony was removed using a 1- μ l loop and placed in 150 ml of water. An equal volume (150 ml) of chloroform was added, and the mixture was vortexed and then boiled at 80°C for 20 min to kill the cultures.

Spoligotyping was performed using the method described by Kamerbeek et al. (15), and VNTR was performed using the method described by Frothingham and Meeker-O'Connell (11). The size of each exact tandem repeat at each locus (A to E) was determined by running the PCR product on an agarose gel containing size markers (100-bp ladder; Promega, Southampton, United Kingdom) (20-bp ladder; Sigma-Aldrich, Dorset, United Kingdom). Deletion typing was carried out on a strain with a spoligotype not typical of *M. bovis*, using the method described by Brosch et al. (2). Seven regions of difference (RD) were examined: RD 4, 7, 8, 9, 10, 12, and 13. The Hunter-Gaston index (HGI), which is based on the probability of two unrelated strains from a test population being placed into different typing groups, was calculated to determine the discriminatory power of each typing method alone and in combination (14).

Epidemiological information was obtained from internal laboratory records at the Mycobacterium Reference Unit and Scottish Mycobacteria Reference Laboratory and from existing surveillance data held at the Health Protection Agency Communicable Disease Surveillance Centre.

Spoligotyping of the 50 human *M. bovis* isolates produced 25

* Corresponding author. Mailing address: Mycobacterium Reference Unit, Health Protection Agency, Dulwich Hospital, East Dulwich Grove, London SE22 8QF, United Kingdom. Phone: 0208 693 1312. Fax: 0207 346 6477. E-mail: andreagibson78@hotmail.com.

† Present address: Silverburn House, by Penicuik, Midlothian, EH26 9LF, United Kingdom.

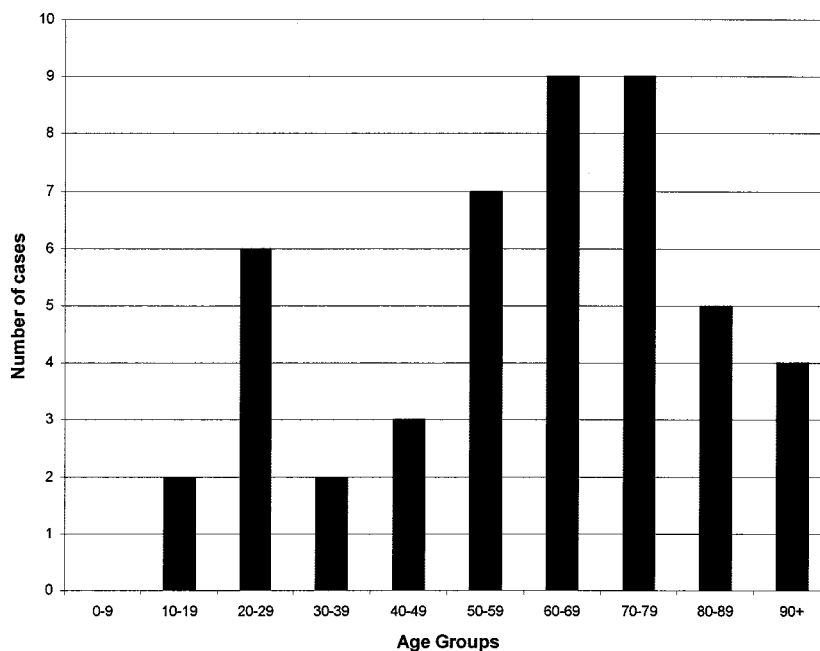


FIG. 2. Number of *M. bovis* cases by age group.

female) living on their parents' farm became infected with *M. bovis*. The brother occasionally helped his father on the farm by restraining the cattle and would often be sprayed with nasal mucus. Cattle infected with *M. bovis* of the same spoligotype had been detected on the farm in previous years. Transmission from cattle to human is thought to have occurred by the inhalation of infected aerosols from cattle. The brother is thought to have subsequently infected his sister, as she had no contact with the cattle but was also diabetic and pregnant, i.e., immuno-compromised. This is thought to be the first case of human-to-human transmission since 1990 (R. M. M. Smith, F. Drobniwsky, A. L. Gibson, J. D. E. Montague, M. N. Logan, D. Hunt, R. G. Hewinson, R. L. Salmon, and B. O'Neill, unpublished data).

It is important to monitor bovine tuberculosis in humans, especially in those who are at high risk of primary infection, such as agricultural and abattoir workers, and to identify any transmission between animals and humans. A combination of spoligotyping and VNTR is an efficient discriminatory tool for the molecular surveillance of *M. bovis* and also addresses the problem of analyzing isolates with single copies of IS6110. The

combined VNTR and spoligotyping approach is of value in typing *M. tuberculosis* isolates. Further improvements in these techniques might produce a combined system capable of high discrimination for all *M. tuberculosis* complex isolates in humans or other mammals.

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TABLE 1. Subdivision of spoligotyping clusters by VNTR

Spoligo cluster ^a (no. of isolates)	No. of VNTR subtypes	VNTR profiles
A (2)	2	55543 75543
B (2)	2	55543 75543
C (2)	1	75553
D (3)	2	63543 75543
E (15)	6	56543 63543 65542 65543 75543 75553
F (6)	2	65543 66543
G (2)	2	54544 55343

^a Arbitrarily labeled clusters.

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