Molecular Epidemiology of Disease Due to *Mycobacterium bovis* in Humans in the United Kingdom

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Mycobacterium bovis **is the causative agent of bovine tuberculosis, with a wide host range. Fifty human** *M***.** *bovis* **isolates were typed using spoligotyping and variable number tandem repeats (VNTR). Fifteen of these spoligotypes have not yet been recorded in cattle. The predominant spoligotype in humans and cattle was subdivided by VNTR.**

Mycobacterium bovis has a wide host range, infecting many domestic and wild animals. Although occurring relatively rarely, *M*. *bovis* can also infect humans. In the United Kingdom, only about 1% of clinically diagnosed cases of tuberculosis (TB) that are subsequently proven bacteriologically are attributed to *M*. *bovis*, but in the developing world, *M*. *bovis* is still a cause for concern (6). The resurgence of bovine TB in cattle in the United Kingdom is raising concerns that transmission from cattle to humans might be a serious public health issue. It is therefore important to be able to quickly identify where rates of *M*. *bovis* in cattle are high and pose a potential risk of transmission to humans. *M*. *bovis* was once a major source of TB in humans in the United Kingdom but was almost eradicated after the introduction of control measures to reduce bovine tuberculosis in cattle together with the pasteurization of milk for human consumption. The majority of bovine TB cases in the 1980s and early 1990s presented either in the elderly or in those who had been infected abroad and returned or migrated to the United Kingdom (13). Many animals, such as badgers, foxes, ferrets, and deer (1, 3, 9), are believed to act as vectors for transmission to livestock, and some have also been associated with transmission to humans (8, 16, 18). Enhanced surveillance of *M*. *bovis* infections in humans was initiated in 1998. However, in 2001 a revised system which allows more timely collection of data was introduced (4, 5). Advances in molecular typing have provided tools to enhance our knowledge of *M*. *bovis* dissemination. Restriction fragment length polymorphism using the insertion sequence IS*6110* is considered to provide the best discrimination of *M*. *tuberculosis* isolates. However, *M*. *bovis* isolates from cattle usually have a single copy of IS*6110* (7); therefore, alternative techniques such as spacer oligonucleotide typing (spoligotyping) and vari-

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able number tandem repeats (VNTR) have been used successfully in discriminating between strains of *M*. *bovis* (1, 7, 11, 12, 15, 17).

This study examines the molecular epidemiology of *M*. *bovis* cases within the United Kingdom using two molecular typing techniques and compares the typing patterns obtained to those prevalent in United Kingdom cattle today.

All available viable *M*. *bovis* isolates (50 isolates) from humans diagnosed in the United Kingdom between 1997 and 2000 were identified; 40 were recovered at the Mycobacterium Reference Unit, London, and 10 were recovered at the Scottish Mycobacteria Reference Laboratory, Edinburgh. DNA was extracted by using a quick extraction method (19). Briefly, one colony was removed using a 1-µl loop and placed in 150 ml of water. An equal volume (150 ml) of chloroform was added, and the mixture was vortexed and then boiled at 80°C for 20 min to kill the cultures.

Spoligotyping was performed using the method described by Kamerbeek et al. (15), and VNTR was performed using the method described by Frothingham and Meeker-O'Connell (11). The size of each exact tandem repeat at each locus (A to E) was determined by running the PCR product on an agarose gel containing size markers (100-bp ladder; Promega, Southampton, United Kingdom) (20-bp ladder; Sigma-Aldrich, Dorset, United Kingdom). Deletion typing was carried out on a strain with a spoligotype not typical of *M*. *bovis*, using the method described by Brosch et al. (2). Seven regions of difference (RD) were examined: RD 4, 7, 8, 9, 10, 12, and 13. The Hunter-Gaston index (HGI), which is based on the probability of two unrelated strains from a test population being placed into different typing groups, was calculated to determine the discriminatory power of each typing method alone and in combination (14).

Epidemiological information was obtained from internal laboratory records at the Mycobacterium Reference Unit and Scottish Mycobacteria Reference Laboratory and from existing surveillance data held at the Health Protection Agency Communicable Disease Surveillance Centre.

Spoligotyping of the 50 human *M*. *bovis* isolates produced 25

FIG. 1. Spoligotyping patterns for human *M*. *bovis* isolates in the United Kingdom. Symbols: *, comparison of human *M*. *bovis* spoligotypes with a bank of *M*. *bovis* spoligotypes seen in United Kingdom cattle; **, international spoligotype website is http://www.Mbovis.org; T arbitrarily labeled clusters. Superscript numbers: a, most predominant spoligotype (type 9); b, spoligotype not seen in United Kingdom cattle before; c, identical to type 9 except for absence of spacer 15.

individual spoligotypes (Fig. 1) and had an HGI of 0.90. Thirtytwo isolates were divided into seven clusters, A to G (Fig. 1). The spoligotypes were compared with *M*. *bovis* spoligotypes from a bank of over 15,000 cattle isolates collected from all over the United Kingdom held at the Veterinary Laboratory Agency (VLA) and dating between 1987 and 2002. The largest cluster of human *M*. *bovis* isolates (15 isolates, 30%) had been seen in cattle before and was sequentially numbered type 9 (international type SB140; http://www.Mbovis.org) at the VLA. Type 9 is the most frequently seen spoligotype of *M*. *bovis* (over 30% of all isolates have this spoligotype) isolated from cattle and has a wide geographical range in the United Kingdom (10).

Human type 9 isolates were seen across the United Kingdom, suggesting that transmission between cattle and humans might occur. Interestingly, 15 of the human *M*. *bovis* spoligotypes had not been seen at the VLA in isolates from cattle. When these 15 types were compared to the international spoligotype database, only 2 were recognized. The first was isolated in Argentina, the second was isolated in Australia, and the remaining 13 spoligotypes were all unique to the United Kingdom. In the majority of these cases, it is likely that disease was due to reactivation of a past infection that had been acquired prior to milk pasteurization rather than to primary infection, because 72.3% of the patients were over the age of 50. (Fig. 2). Therefore, these 13 unique spoligotypes may reflect *M*. *bovis* strains circulating in the United Kingdom over 50 years ago.

M. *bovis* spoligotypes do not usually contain spacers 39 to 43; however, one spoligotype from the panel contained spacers 40

to 43, which are more commonly seen in *M*. *tuberculosis*. Phenotypic and biochemical tests demonstrated that this isolate had typical *M*. *bovis* characteristics; it was microaerophilic, TCH (thiophen-2-carboxylic acid hydrazide) negative, and pyrazinamide resistant, and it grew better on pyruvate than glycerol Lowenstein-Jensen slopes.

Deletion analysis was performed to ascertain the identity of this strain. The strain contained RD 4, 12, and 13 but lacked RD 7, 8, 9, and 10, indicating that this strain is actually *M*. *Africanum* and not *M*. *bovis*.

VNTR typing alone produced 18 different patterns and had an HGI of 0.85. Combining spoligotyping with VNTR vastly improved the level of discrimination, producing 34 different types and a very high HGI of 0.96. Furthermore, VNTR was very useful in subdividing type 9 spoligotypes, separating the group into six subtypes (Table 1).

Epidemiological information showed that the study population was widely distributed across the United Kingdom, had an average age of 58.7 years, and had approximately equal proportions of males and females (21:17). Where ethnicity was known (a total of 15 patients), 14 patients were white and 1 was of black-African origin and was originally from Nigeria but had lived in the United Kingdom since 1996. This person had a unique spoligotype; therefore, it is possible that she was infected in Nigeria before arriving in the United Kingdom. Of interest, 59% (13 of 22) of cases had some contact with a farm, ranging from having a Saturday job milking cows, to living on a dairy farm as a child, to being a farmer (now retired). One spoligotype cluster represents an outbreak on a farm in Gloucester. Two siblings (a 20-year-old male and a 17-year-old

FIG. 2. Number of *M*. *bovis* cases by age group.

female) living on their parents' farm became infected with *M*. *bovis*. The brother occasionally helped his father on the farm by restraining the cattle and would often be sprayed with nasal mucus. Cattle infected with *M*. *bovis* of the same spoligotype had been detected on the farm in previous years. Transmission from cattle to human is thought to have occurred by the inhalation of infected aerosols from cattle. The brother is thought to have subsequently infected his sister, as she had no contact with the cattle but was also diabetic and pregnant, i.e., immuno-compromised. This is thought to be the first case of human-to-human transmission since 1990 (R. M. M. Smith, F. Drobniewsky, A. L. Gibson, J. D. E. Montague, M. N. Logan, D. Hunt, R. G. Hewinson, R. L. Salmon, and B. O'Neill, unpublished data).

It is important to monitor bovine tuberculosis in humans, especially in those who are at high risk of primary infection, such as agricultural and abattoir workers, and to identify any transmission between animals and humans. A combination of spoligotyping and VNTR is an efficient discriminatory tool for the molecular surveillance of *M*. *bovis* and also addresses the problem of analyzing isolates with single copies of IS*6110*. The

TABLE 1. Subdivision of spoligotyping clusters by VNTR

Spoligo cluster ^{a} (no. of isolates)	No. of VNTR subtypes	VNTR profiles
A(2)	2	55543 75543
B(2)	\overline{c}	55543 75543
C(2)		75553
D(3)	2	63543 75543
E(15)	6	56543 63543 65542
		65543 75543 75553
F (6)	2	65543 66543
		54544 55343

^a Arbitarily labeled clusters.

combined VNTR and spoligotyping approach is of value in typing *M*. *tuberculosis* isolates. Further improvements in these techniques might produce a combined system capable of high discrimination for all *M*. *tuberculosis* complex isolates in humans or other mammals.

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