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## Deciphering the role of Th17 cells in human disease

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### Abstract

Since their identification in 2005, T helper (Th)17 cells have been proposed to play important roles in several human diseases, including various autoimmune conditions, allergy, the development and progression of tumors, and the acceptance or rejection of transplanted organs and bone marrow. Focusing on human studies, here we review recent developments regarding Th17 biology and function in each of these fields. Th17 cells actively participate in the pathogenesis of autoimmune disease, allergy and transplantation rejection. Th17 cells contribute to protective anti-tumor immunity in human epithelial malignancy, while Th17-associated cytokines may also be associated with tumor initiation and growth in the context of chronic inflammation and infection. Also discussed is how the *in vivo* plasticity of Th17 cells may be an important feature of Th17 cell biology in human disease.

### Keywords

Th17; cancer; allergy; autoimmune disease; transplantation

## Human Th17 cells in the pathological microenvironment

The expression of IL-17 characterizes a subset of CD4<sup>+</sup> helper T cells (Th17 cells). In healthy individuals, approximately one percent of CD4<sup>+</sup> T cells in peripheral blood are Th17 cells. Only marginal increases in the number of these cells are detected in the peripheral blood of patients with cancer or autoimmune disease. However, together with IL-17<sup>+</sup>CD8<sup>+</sup> (Tc17) cells, Th17 cell numbers can dramatically increase in the pathological microenvironment, where Th17 and Tc17 cells can secrete high amounts of IL-17 [1–7]. Thus Th17 cells might be actively recruited to or/and expanded in the pathological site, and their tissue localization could be important for Th17 cell-associated pathology. Supporting

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the idea of active recruitment, the chemokine receptor CCR6 and the integrin CD49 molecules implicated in Th17 tissue trafficking are highly expressed on Th17 cells in human blood and tissues [4, 5]. The integrin CD161 is also highly expressed on Th17 cells but its function is poorly understood.

The development of Th17 cells is distinct from the development of Th1, Th2 and regulatory T (Treg) cells, and is characterized by unique transcriptional factors and cytokine requirements [8–12]. However, although Th17 cells form a distinct Th lineage under specific conditions *in vitro*, it is emerging that Th17 cells exhibit plasticity in some *in vivo* settings [13, 14] and the cytokine profile of Th17 cells may be altered in tissues. For example, human Th17 cells may express IL-4 [15], IFN $\gamma$  [4, 5] and Foxp3 [6] in different pathological environments. Although the precise role and underlying mechanisms of Th17 cells in tissues in human disease, relative to other effector T cell subsets, are unclear, it is thought that the plasticity could be important for Th17 cell-associated pathology and -mediated immunity [13, 14]. Furthermore, Th17 cells might mediate effects on tissue homeostasis and local immune responses via mechanisms in addition to production of Th17-associated cytokines. In this article we explore the literature on Th17 cells and human disease, and briefly discuss several clinical trials that target the Th17 pathway to treat patients with autoimmune disease. When we consider the function of Th17 cells, the specific research context, including research model, disease stage, cellular target, and Th17 versus Th17-associated cytokines should be taken into account. In particular, as we discuss below, Th17 cell phenotypic plasticity may be an important factor in determining the role of Th17 cells *in vivo* in different pathological scenarios.

### Th17 cells may promote human cancer-associated immunity

In the tumor microenvironment, suppressive macrophages [16], Treg-inducing plasmacytoid dendritic cells [17, 18], myeloid-derived suppressor cells, inhibitory B7-H1 and B7-H4-expressing antigen presenting cells (APCs) [19], and Treg cells [20], together form suppressive networks that can mediate tumor immune escape and temper the efficacy of vaccination and other immune therapies [21–23]. Th17 cells are also found in several human tumors. Although, studies into the role of Th17 cells in tumor initiation, development, and metastasis are complicated by variables, such as infection or inflammatory status and tumor type, recent evidence suggests that Th17 may be beneficial to cancer patients, especially those with advanced stages of disease [4, 24, 25]. In the context of epithelial cancer, Th17 cells usually constitute only a small fraction of the effector T cell population in the tumor microenvironment [4, 25]. This is despite the high concentration of TGF $\beta$ , IL-6 and IL-1 factors that promote mouse Th17 cell development [21–23] suggesting that Th17 cell development may be suppressed in the microenvironment of these tumors. In support of this, Th17 cells are tightly regulated by the local cytokine environment [26] and Treg cells inhibit Th17 cell expansion in the tumor microenvironment [4, 25].

Human solid epithelial cancer-associated Th17 cells express HLA-DR, CD25, and granzyme B, albeit in low amounts, and are thus not “conventional” effector cells. They do not, however, express programmed cell death 1 (PD-1) or FoxP3, and are unlikely to be immunosuppressive. These Th17 cells express granulocyte-macrophage colony stimulating factor (GM-CSF), tumor necrosis factor- $\alpha$  (TNF $\alpha$ ), interleukin (IL)-2, and interferon- $\gamma$  (IFN $\gamma$ ) but not IL-10 [4]. This polyfunctional cytokine profile is also observed in patients with certain viral infections and might contribute to the effects of tumor-associated Th17 cells to immune responses in the tumor microenvironment. Supporting this, within an ovarian tumor microenvironment, Th17 cell-derived IFN $\gamma$  and IL-17 synergize to increase production of the chemokines CXCL9 and CXCL10. CXCL9 and CXCL10 attract Th1 cells, natural killer (NK) cells, and cytotoxic T lymphocytes (CTLs) to the tumor

microenvironment, cells that play an active role in antitumor immunity[4]. This might explain why in patients with advanced ovarian cancer, both intratumoral Th17 numbers and IL-17 concentrations within patient ascites correlate with improved survival [4]. The prevalence of Th17 cells in prostate cancer inversely correlates with the stage of tumor progression, which also supports a beneficial role for Th17 cells in cancer [27]. Malignant pleural fluid from patients with lung adenocarcinoma or squamous cell carcinoma is chemotactic for Th17 cells, which is partially abrogated by CCL20 and/or CCL22 blockade. In lung cancer patients, increased accumulation of Th17 cells in malignant pleural effusion predicted longer survival [28]. Similar results were observed in patients with gastric cancer [29].

Not all studies examining Th17 in cancer patients are as conclusive. For example, in a study of tumor-infiltrating lymphocytes (TIL) in nasopharyngeal carcinoma (NPC), no correlation was found between Th17 cell numbers and patient clinicopathological characteristics or survival [30]. Furthermore, in some situations, Th17 cells may hasten tumor development and serve as a detriment to the host. In patients with hormone-resistant prostate cancer, an inverse correlation is reported between pre-treatment circulating levels of Th17 cells and time to disease progression [31]. Increased Th17 cell numbers in blood and/or tissues might indicate an underlying infection or active inflammatory state, a scenario that can accelerate speed of tumor initiation and development [32]. However, it is arguable that it is the inflammatory status that promotes tumor development rather than direct effects of increased Th17 cell numbers. Supporting this, high Th17 cell numbers and IL-17<sup>+</sup> Treg cells are detected in the microenvironment of ulcerative colitis and associated colon cancer. These IL-17-expressing cells induce the production of inflammatory cytokines, including IL-1, IL-8, and TNF $\alpha$ , and promote neutrophil trafficking [6]. It is tempting to reason that Th17 cells in patients with existing chronic inflammation may further promote inflammation, and be associated with early tumor initiation through accelerated DNA damage, enhanced tumor angiogenesis and impaired protective immunity in the local environment. Clinical examples of this phenomenon include patients with colitis-associated colon cancer, and hepatitis-associated hepatocellular carcinoma.

In conclusion, the key feature of human tumor-associated Th17 cells identified thus far is their polyfunctional cytokine profile [4, 12]. This supports the notion of Th17 cell plasticity in vivo, and a fraction of Th17 cells may be shifted to Th1-type cells in the inflammatory environments [13, 33–36]. This could partially explain why Th17 cells are associated with protective tumor immunity in advanced epithelial cancer [4]. However, it remains unknown why Th17 cells are functionally better than Th1 and CD8<sup>+</sup> effector T cells in mediating anti-tumor immunity [12], and why a small population of Th17 cells could positively predict patient outcome [4, 27, 29, 37] [28]. Nonetheless, the functional relevance of Th17 cells may not be black and white. The role of Th17 cells might be associated with their quantity and quality (prevalence, phenotype and cytokine profile), the stage of the disease, as well as the specific characteristics of the tumor microenvironment (Figure 1).

## Th17 cells play a pathogenic role in autoimmune disease

Th17 cells have been linked to multiple human autoimmune conditions, including as psoriasis, multiple sclerosis (MS), rheumatoid arthritis (RA) and inflammatory bowel disease (IBD). Here we provide a disease-specific account of these findings.

### Th17 cells and psoriasis

Psoriasis is a chronic inflammatory disease of the skin involving epidermal infiltration of T cells, dendritic cells (DC), and monocytes. The condition is characterized by epidermal hyperplasia and angiogenesis in the dermis. Both Th1-type and Th17-type cytokines are

overexpressed in lesional skin and serum of patients. Expression of retinoic acid receptor-related orphan receptor C (RORC) and the Th17-associated cytokines, IL-1 $\beta$ , IL-6 and IL-23 are increased in psoriatic skin. Both Th17 and Th1 cells are expanded in psoriatic lesions, and myeloid APCs isolated from psoriasis samples induce expansion of these T cells [5, 38]. In addition, IFN $\gamma$ , which is increased in psoriatic blood and skin, programs myeloid APCs to induce human IL-17<sup>+</sup> T cells via IL-1 and IL-23. IFN $\gamma$  also stimulates APC production of CCL20, a chemokine which supports IL-17<sup>+</sup> T cell migration. The synergistic interaction between IL-17 and IFN $\gamma$  induces the production of IL-1, IL-23, CCL20, and  $\beta$ -defensin 2 by APC and keratinocytes, and results in increased keratinocyte proliferation and accelerated local inflammation. Therefore, IL-17 and IFN $\gamma$  promote Th17 cell expansion, via IL-1 and IL-23, enhance Th17 cell recruitment via CCL20/CCR6, and further mediate psoriasis pathogenesis through  $\beta$ -defensin 2 [5]. Thus, Th1 and IL-17<sup>+</sup> T cells, including dual IL-17<sup>+</sup>IFN $\gamma$ <sup>+</sup> cells, collaboratively contribute to the pathogenesis of human psoriasis (Figure 2) [5].

### Th17 cells and RA

RA patients suffer chronic inflammation in multiple joints, which is associated with bone and cartilage destruction. IL-17 is increased in the sera and synovial fluid of RA patients [39–42]. It is established that the development of a cytokine environment favoring Th17 cell generation is an early event in RA pathogenesis [43]. In patients experiencing active RA, an increase in peripheral Th17 cell numbers and Th1 and Th17-associated cytokines is observed. Although RA was at one time considered a Th1-mediated disease, Th17 cells from RA patients are more efficient than Th1 cells at inducing matrix metalloproteinase (MMP) and proinflammatory cytokine production from synovial fibroblasts [39–42, 44]. Although not as well studied as IL-17A, IL-17F might also participate in the pathogenesis of RA; in synergy with TNF $\alpha$ , IL-17A and IL-17F induce a similar cytokine and chemokine expression patterns in synoviocytes [45].

Higher amounts of IL-17 and TNF $\alpha$  in the synovium are linked to more severe joint damage over time [46]. A polymorphism in the IL-4 receptor (*IL4R*) that affects signaling strength downstream of IL-4 binding is also associated with more rapid joint destruction. This might result from a diminished capacity of IL-4 to downregulate IL-17 secretion by Th17 cells [47]. IL-17 can induce production of proinflammatory mediators from myeloid cells and synovial fibroblasts, therefore perpetuating the existence of an inflammatory environment and positively feeding back into Th17 development and maintenance [44, 48, 49]. Th17 cells can also upregulate receptor activator of nuclear factor  $\kappa$ B (RANK) ligand to effect downstream bone destruction [50, 51]. Not surprisingly, then, the presence of Th17 cells in the joint of arthritis patients correlates positively with other synovial and systemic markers of inflammation [52]. Interestingly, recent studies have revealed that in the synovial fluid of joints of children affected from Juvenile Idiopathic Arthritis (JIA), a shifting from the Th17 to the Th1 phenotype occurs, that appears to be associated with the degree of inflammation [36, 53]. This further supports the plasticity of Th17 cells in vivo and the notion that Th17 and Th1 cells collaboratively impact human autoimmune disease and tumor [12]. Thus, IL-17 and Th17 cells contribute to maintenance of the chronically inflamed environment observed in joints affected by RA [54].

### Th17 cells and MS

MS is characterized by damage to the myelin sheaths surrounding the axons of nerves in the brain and spinal cord. A pathological role for Th17 cells in the mouse model of MS, experimental autoimmune encephalomyelitis (EAE) is established [8–11]. There is also data supporting a role for Th17 cells in MS in humans. In 1999 it was reported that *IL17* mRNA is increased in the blood and cerebrospinal fluid (CSF) of MS patients [55]. Higher

concentrations of IL-17 protein were reported in the CSF of Asian patients with the more severe optospinal form of disease when compared to patients with conventional MS [56, 57]. However, it is not understood why Th17 cells or IL-17 are increased in MS patients. microRNA326 in peripheral blood mononuclear cells has recently been reported to promote Th17 cell development, and its expression in these cells correlates positively with disease severity in MS patients and mice with EAE [58]. Increased Th17 cell trafficking to the CNS may be also important in MS. *In vitro*-polarized Th17 cells were found to more easily migrate through a layer of blood brain barrier endothelial cells (BBB-EC) than Th1-polarized cells. Furthermore, treatment of BBB-EC with IL-17 or IL-22 made it easier for human PBMC CD4<sup>+</sup> T cells to travel through the monolayer[59]. It is possible that Th17 cells in MS serve to weaken the BBB, facilitating the influx of other immune cells into the CNS. Notably, although Th17 cells play a pathogenic role in MS, it appears that Th17 cells polarized by IL-23, but not TGFβ and IL-6, induce MS-like pathology in mouse EAE. This is due to a high amount of IL-10 expression in TGFβ- and IL-6-polarized Th17 cells, but not by IL-23[60]. This suggests that the phenotype of Th17 cells is crucial for pathogenicity in MS. Notably, in addition to the Th17-differentiation cytokine cocktail, other cells and factors including glycogen synthase kinase-3 [61], peroxisome proliferator-activated receptor [62], CNS-resident NK cells [63], IL-9 [29], gut flora [64], and αvβ8 integrin expression on colonic DCs [65] are reported to impact Th17 development, trafficking, and disease severity in mouse EAE model. Although it is clear that mouse EAE model does not fully recapitulate human MS, we hope that these data may inform future human studies.

### Th17 cells and IBD

Recent studies demonstrate that Th17 cells play a role in human IBD, including ulcerative colitis (UC) and Crohn's disease (CD). Multiple studies of murine intestinal inflammation have established that IL-23 is requisite in both spontaneous and infection-induced disease [66–68]. In support of this, an IL-23R coding variant is associated with reduced risk of IBD in humans [69]. Examination of tissues from IBD patients revealed that IL-17 was expressed in the inflamed colon, and that Th17 cells were clustered in the lamina propria [1, 3, 5, 70–73]. Human lamina propria myeloid APCs efficiently induce Th17 cells through cytokines IL-1β, IL-6 and IL-23 [5, 74, 75]. In addition to Th17 cells, IL-17<sup>+</sup>IFNγ<sup>+</sup> and IL-17<sup>+</sup>Foxp3<sup>+</sup> T cells are found in the colon mucosa of IBD patients [5]. This supports the idea that Th17 cells are phenotypically plastic *in vivo* in the inflammatory environment. TGFβ and IL-2 induce IL-17<sup>+</sup>Foxp3<sup>+</sup> T cells [5]. In patients with ulcerative colitis and associated colon cancer, IL-17<sup>+</sup>Foxp3<sup>+</sup> T cells are able to suppress T cell activation and stimulate inflammation in colon mucosa. Therefore, IL-17<sup>+</sup>Foxp3<sup>+</sup> T cells are inflammatory Treg cells. These cells have dual biological activities which may favor tumor initiation and development via uncontrolled inflammation and suppressed adaptive T cell immunity (Figure 3) [5].

Altogether, it is clear that Th17 cell-derived IL-17, and the inflammatory cytokines IL-1, IL-6 and IL-23 [74, 75] that induce Th17 cells, synergistically or/and collaboratively act to mediate potent local inflammation, and result in tissue damage in IBD. Moreover, IL-17 may inhibit the proliferation of intestinal epithelial cells, a phenomenon that may contribute to the maintenance of the chronic inflammatory environment in IBD by preventing damaged tissue from healing [76]. Thus, these studies on Th17 cells have helped unravel the pathogenesis of IBD.

### Targeting the Th17 cell pathway as a treatment for autoimmune disease

Targeting the Th17 cell pathway has been preliminarily tested as a treatment for patients with autoimmune disease. The strategies include the suppression of Th17 cell generation and the blockade of Th17-associated cytokines.

Given the defined role of IL-23 in Th17 cell development, a monoclonal antibody (mAb) against the IL-12/IL23 p40 subunit has been tested in use to treat patients with psoriasis [77] and CD [78, 79]. Clinical improvement was observed and associated with a decrease in multiple proinflammatory cytokines and chemokines [77, 80]. IFN $\beta$  is often used to treat patient with relapsing-remitting MS. Although its therapeutic mechanisms remain poorly understood, Th17 cells may be a target. IFN $\beta$  treatment leads to decreased expression of Th17-polarizing cytokines from B cells and increases the production of IL-12 and IL-27, both of which inhibit RORC and several other Th17-associated genes [81, 82]. However, there is also a report that IFN $\beta$ , while effective in reducing EAE symptoms induced by Th1 cells, exacerbates Th17 cells-mediated disease [83]. This may explain why IFN $\beta$  treatment is not universally effective in MS patients. Furthermore patient-oriented studies will clarify the working mode of IFN $\beta$  treatment in different pathological types or stages of MS. In this context, the predominant immune profile (Th1, Th17, monocytes and B cells) could be determined in MS patients and used to guide treatment.

TNF $\alpha$  signaling pathway is activated and involved in multiple autoimmune diseases. In patient with psoriasis, Etanercept (a soluble p75 TNF receptor) treatment ameliorates epidermal hyperplasia. Etanercept reduces the expression of dendritic cell-derived Th17-driving cytokines, which may be associated with improved clinical efficacy in patients [84]. Recently, blockade of IL-17 using a humanized anti-IL-17 mAb has been investigated in patients with psoriasis, rheumatoid arthritis, and uveitis. This treatment improved symptoms of disease, with no strong adverse safety signal [85, 86] supporting neutralization of IL-17 as a potential treatment for autoimmune diseases.

## Th17 cells in organ and bone marrow transplantation

### Organ transplantation

A role is emerging for Th17 cells in the human transplant setting. IL-17 is upregulated in bronchoalveolar lavage (BAL) during acute rejection of human lung allografts [87]. In human lung transplants the presence of collagen type 5-reactive Th17 cells correlates with the development of bronchiolitis obliterans [88]. Mouse studies also support a role for Th17 cells, Tc17 cells and IL-17 in transplanted tissue rejection [89].

Serum levels of IL-17 (and IL-23) rise dramatically in patients undergoing acute liver rejection [90]. In studies of chronically rejected kidneys, grafts containing higher numbers of IL-17- and IL-21-producing CD4<sup>+</sup> T cells were shorter-lived in the host [91]. In B cells, *AICDA* mRNA, which encodes the B cell enzyme activation-induced cytidine deaminase (AID) and controls germinal center formation [92], correlates positively with both intragraft RORC2 and IL-21 expression [91]. Thus Th17 might contribute to graft rejection via IL-21 production, which could induce the formation of new lymphoid structures to support development of a local humoral immune response. Further experiments are required to confirm this. Dramatic increases in IL-17<sup>+</sup> cells and T-bet<sup>+</sup> cells are detected in the blood of kidney transplant patients who were experiencing delayed graft function (DGF). The majority of T-bet<sup>+</sup> cells were CD4<sup>+</sup>, while fewer than 5% of the IL-17<sup>+</sup> cells were CD4<sup>+</sup> [93]. This suggests that the presence of Th1 cells, and not Th17, in the graft may be associated with DGF. In cardiac transplantation patients with stable grafts or acute cellular rejection, *TBX21*, *IFNG*, *RORC*, *IL17A*, *IL23* and *FOXP3* transcripts were all elevated in endomyocardial biopsies from patients experiencing acute graft rejection. Th1, Th17 and Treg cells increased in the blood of these patients, suggesting that all mediate acute graft rejection [94] (Figure 4). The balance of Th1, Th17 and Treg cells may be one of the factors determining the fate of transplanted organs.

## Bone marrow transplantation

In bone marrow transplantation, the role of Th17 cells appears complex. In acute and chronic active graft-versus-host disease (GVHD) patient Th17 cell numbers are increased in the peripheral blood, whereas in patients with inactive chronic GVHD circulating Th17 cell numbers are reduced. These Th17 cells included both IFN $\gamma$ <sup>-</sup> and IFN $\gamma$ <sup>+</sup> subpopulations and the IFN $\gamma$ <sup>+</sup>Th17 cells could migrate into GVHD lesions in the skin and liver. Th17 cell numbers were inversely correlated with Treg cell numbers in the blood and other GVHD-affected tissues. More Th17 cells in the blood of GVHD patients correlates with a flare in disease activity [95]. It was recently shown that patients who develop acute GVHD have Th17 cells in their peripheral blood, but in lower numbers than in the days preceding disease onset [96]. Intriguingly, a sequence variation in *IL17A* in stem cell transplant recipients is associated with a higher risk of acute GVHD development [97]. IL-17 production was recently examined in patients undergoing granulocyte colony-stimulating factor (G-CSF)-mobilized peripheral blood progenitor cell (PBPC) and G-CSF-primed bone marrow (G-BM) transplantation. Those who received a higher dose of Th17 cells in the G-BM or a higher dose of Tc17 in PBPC displayed a higher incidence of acute GVHD [29]. The Th17 cell population was highest at the onset of acute disease and the percent of Th17 cells decreased drastically in GVHD patients following administration of various treatments to induce remission, while both Th17 and Tc17 numbers were reduced after *in vivo* G-CSF application. These data suggest that Th17 cells contribute to GVHD. A recent mouse study has suggested that Th17 cells are sufficient but not necessary to induce GVHD [98]. Future studies should examine how and exactly when Th17 cells participate in GVHD exacerbation in settings of bone marrow transplantation.

## Th17 cells in allergy

Allergy was classically thought to be a Th2-mediated condition. However, clinical trials of Th2-targeted therapies in asthma have not achieved satisfactory outcomes [72, 99, 100]; as a result, several recent studies have begun to look beyond the Th2 paradigm. Because IL-17A and IL-17F are instrumental in mobilizing and attracting neutrophils [101, 102], key cellular players in the inflammation associated with allergic disease, many laboratories have recently investigated Th17 cells in the context of allergy and asthma.

In asthmatic patients, peripheral Th17 cell numbers, CCR6 expression, *ex vivo* CD4<sup>+</sup> T cell IL-23 production and IL-22 production by stimulated PBMCs were all elevated compared with control subjects [103]. Increased IL-23 production may exacerbate asthma by promoting Th17 development; these Th17 cells may then release IL-22, which can increase inflammation. Interestingly, IL-17A can directly induce IgE production by human B cells. Several groups have noted that allergic patients have higher numbers of IL-17A<sup>+</sup> cells than do healthy donors. Removing IL-17A<sup>+</sup> cells from PBMCs of allergic donors (with allergic rhinitis, asthma, or atopic dermatitis) reduces IgE levels, while addition of recombinant IL-17A to PBMCs restores it. IL-17A could promote the differentiation of IgE-secreting cells and, in combination with anti-CD40 and IL-4 stimulation, could induce IgE production [104]. Mechanistically, IL-17A promoted I $\kappa$ B $\alpha$  degradation and nuclear translocation of NF- $\kappa$ B, and transcription of epsilon germ-line ( $\epsilon$ GLT), which is necessary to initiate IgE class switch recombination.  $\epsilon$ GLT marks the sites for AID to create DNA breaks [105]. Given the central role of IgE in allergy, this is persuasive evidence that Th17 cells can contribute to disease.

IL-17A is also increased in bronchial tissue from mildly asthmatic patients [106]. In primary epithelial cells from asthmatics, glucocorticoid receptor beta (GR-beta; the transcriptionally inactive GR) [107] was upregulated to a greater extent in response to IL-17A and IL-17F treatment than in cells from healthy controls. Patients with asthma can become insensitive to

corticosteroid treatment, which is associated with increased GR-beta expression in many cell types. It is possible that IL-17A and/or IL-17F participate in the development of steroid hypo-responsiveness in asthmatics. Perhaps not surprisingly, in PBMCs from adults with allergic asthma, Th2 and Th17 populations and their related cytokines were higher than in healthy controls, even after some patients had been treated with glucocorticoids [108–110]. Th17 cell numbers and plasma concentrations of IL-17 and IL-22 tended to increase with disease severity. *RORC* mRNA in activated PBMCs was also significantly higher in asthmatic patients. A higher concentration of IL-17 in the sputum of patients positively correlates with airway hyperresponsiveness, and is associated with more severe disease [108–110]. Higher amounts of IL-17A and IL-17F in the lung, and increased airway expression of IL-17F, are also associated with more pronounced disease. A recent study established the existence of IL-4<sup>+</sup> Th17 cells, Th17 and Th2 double-feature cells in the blood of asthmatic patients [15]; this population is extremely small in healthy donors. Because Th17 cells express the IL-4R and were reactive to IL-4, it is possible that a cytokine milieu rich in IL-4 may in fact polarize Th17 cells towards a double-feature phenotype. If this is true, this insight into the pathogenesis of asthma may help to guide the development of new, more efficacious therapies. Again, this supports the concept that Th17 cells are phenotypically plastic and can be differentiated into IL-4<sup>+</sup> Th17 cells *in vivo*, and perform dual biological function in patients with asthma. Therefore, it is becoming clear that abnormal Th17 immunity may be significantly involved, alongside Th2 responses, in the pathogenesis of allergy.

## Concluding remarks

Data are emerging that associate human Th17 cells with disease. In cancer, Th17 cells seem to be protective, at least in the context of advanced epithelial disease. In contrast, patients with expanded numbers of Th17 cells in blood or tissues, probably resulting from inflammation or infection, may experience accelerated tumor initiation, although this may be related to the inflammatory state rather than direct effects of Th17 cells. In autoimmune disease, Th17 cells are detrimental: they contribute to tissue destruction and to the induction of other proinflammatory mediators that feedback into existing chronic inflammation. In transplant and allergy, Th17 cells are not only mediators of tissue rejection and the inflammation that contributes to disease pathogenesis. They may also induce the development of new lymphoid structures, recruit or affect other cellular mediators of disease, or assimilate functionalities of other disease-perpetuating populations. Current human research clearly demonstrates that Th17 cells are phenotypically and functionally plastic. In this regard, IFN $\gamma$ <sup>+</sup>, IL-4<sup>+</sup>, and Foxp3<sup>+</sup> Th17 cells are found in the human microenvironments of chronic asthma, inflammation and cancer. However, the *in vivo* dynamics and evolution, and the pathological contribution of these different T cell subsets to human diseases remain largely unknown. Further patient-oriented studies are required in all of the disease areas discussed herein. Perhaps the next five years will allow for a more comprehensive understanding of the roles of Th17 cells in tumor, autoimmunity, transplant and allergy, and lead to more efficacious clinical therapies based upon such knowledge.

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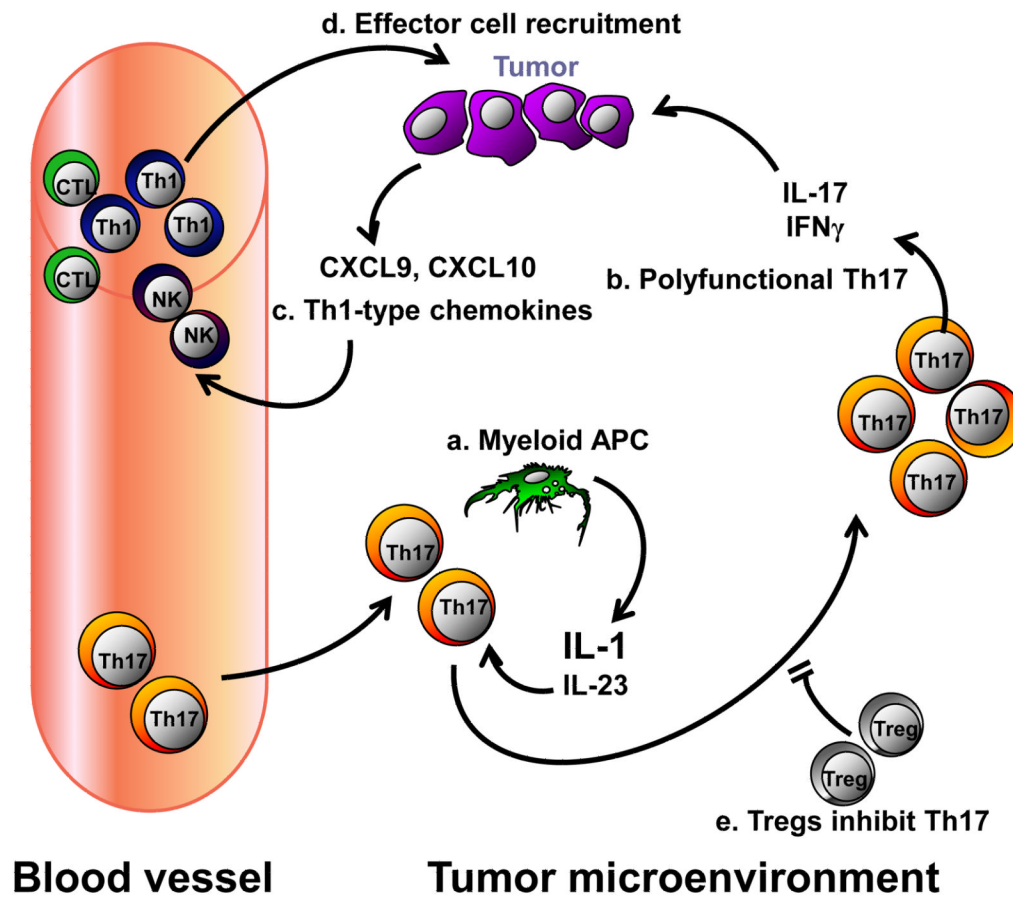
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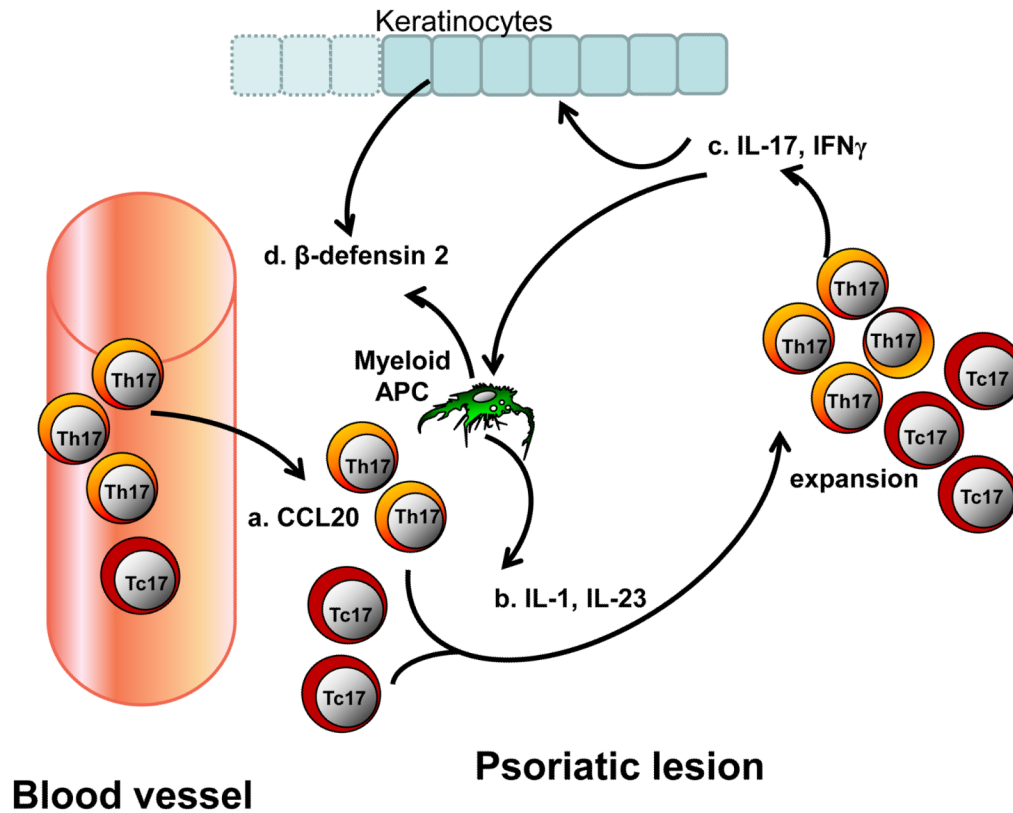
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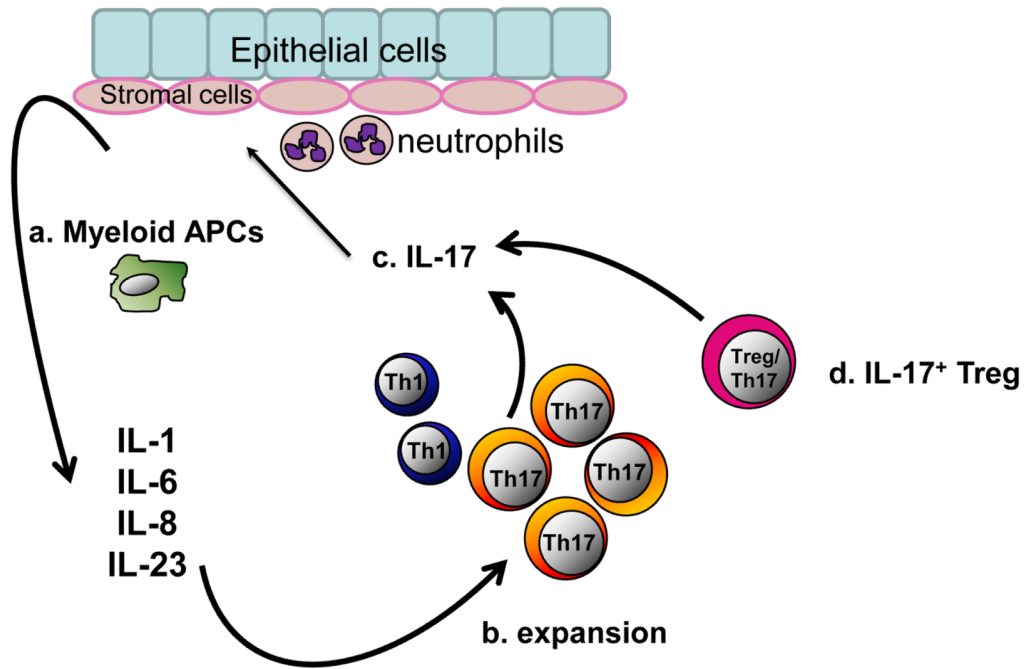
**Figure 1. IL-17<sup>+</sup> cells and cancer**

(a) Th17 cells from blood and peripheral tissues are recruited into the tumor environment. Tumor-associated myeloid antigen-presenting cells (APCs) secrete IL-1 and IL-23, which results in Th17 cell expansion. (b) Th17 cells express polyfunctional cytokines including IL-17 and IFN $\gamma$ . (c) Th17 cell-derived IL-17, IFN $\gamma$ , along with Th1-derived IFN $\gamma$ , stimulates expression of CXCL9 and CXCL10 in the tumor environment. (d) These chemokines recruit T cells and NK cells into the local environment, where they execute antitumor responses. (e) Treg cells are enriched in the tumor environment, which suppress Th17 cell expansion through an adenosinergic pathway. This model is based on published information.



**Figure 2. IL-17<sup>+</sup> cells and psoriasis**

(a) CCL20 mediates the recruitment of Th17 and Tc17 into a psoriatic lesion. (b) IL-1 and IL-23 derived from psoriatic myeloid APCs and possibly BCDA<sup>-</sup> dendritic cells (DCs) expand both local Th17 and Tc17 populations. Psoriatic Th17 and Tc17 cells express IL-17 and IFN $\gamma$ . (c) Psoriatic Th17 and Tc17 cells express polyfunctional cytokines including IL-17 and IFN $\gamma$ . (d) Th17 and Th1 derived cells induce keratinocytes to secrete  $\beta$ -defensin 2 and CCL20, which further increase the recruitment of Th17 and Tc17 cells into the lesion and promote keratinocyte proliferation. (e) IFN $\gamma$  derived from Th1 and Th17 cells stimulates myeloid APCs to produce higher amounts of the Th17-polarizing cytokines IL-1 and IL-23, and further enhances Th17 and Tc17 development. The interactions between Th1 and IL-17<sup>+</sup> cells positively impact IL-17<sup>+</sup> cell development, recruitment and function in the psoriatic environment. The information summarizes established concepts in literature.

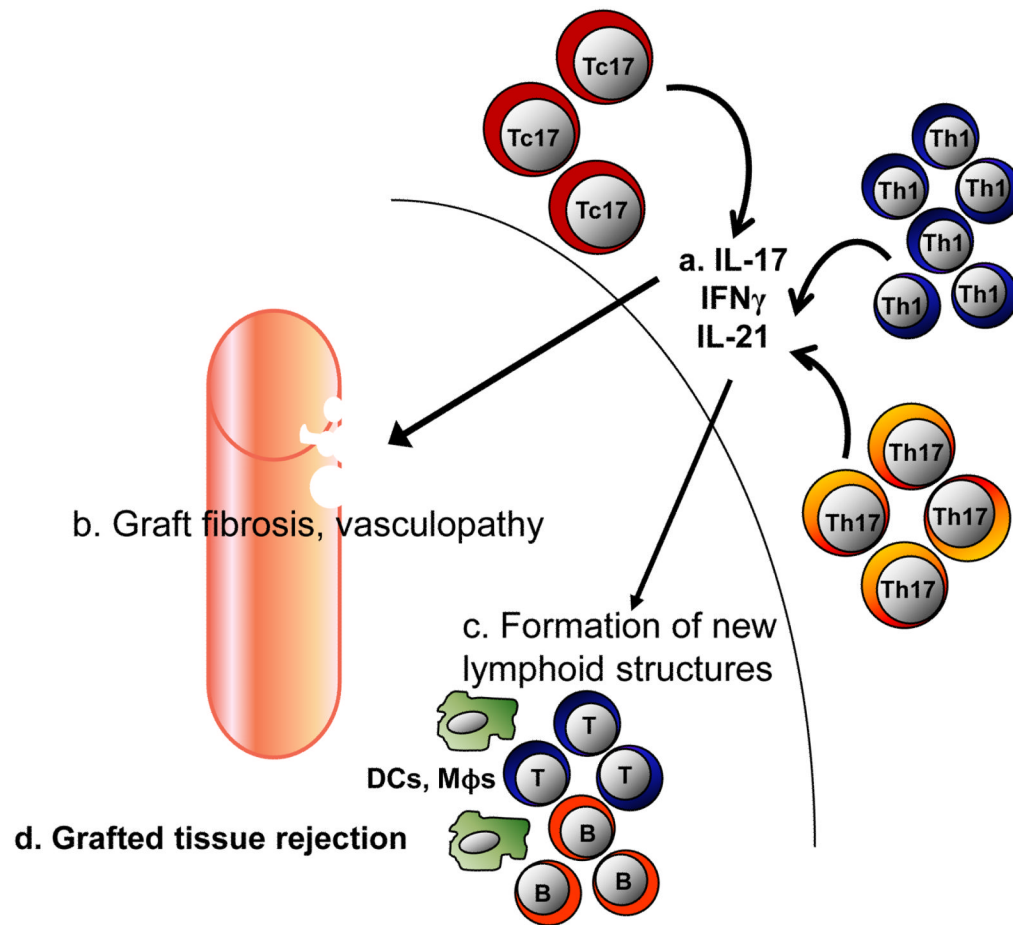


## Inflammatory bowel lesion

### Figure 3. IL-17<sup>+</sup> cells and inflammatory bowel disease (IBD)

(a) High levels of inflammatory cytokines are found in IBD environments. These cytokines are produced by a variety of cells including myeloid APCs, stromal cells, epithelial cells and neutrophils. (b) Myeloid APCs along with IL-1, IL-6 and IL-23 lead to Th17 cell expansion. (c) Th17 cells further induce epithelial and stromal cells to express more proinflammatory cytokines, promote neutrophil recruitment and accelerates local inflammation. (d) Treg/Th17 (IL-17<sup>+</sup>Foxp3<sup>+</sup>) cells are also found in IBD environments. Treg/Th17 cells suppress adaptive T cell immunity but also secrete inflammatory cytokines. So these cells are termed as inflammatory Treg cells. The information summarizes established concepts in literature.





**Figure 4. IL-17<sup>+</sup> cells and transplant**

(a) Th17, Tc17 and Th1 cells are found in grafted tissues. These cells release IL-21, IL-17 and IFN $\gamma$ . (b) IL-21 serves to initiate the formation of new lymphoid structures. (c) Tc17 and Th17-derived IL-17 contributes to graft fibrosis, rejection and local vasculopathy. (d) Th17 cells, along with Th1-derived IFN $\gamma$  also impedes graft acceptance. Multiple immune cells work together and result in grafted tissue rejection. The model presented here is partially hypothetical and partially based on published data.