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Recruitment of Intracavernously Injected Adipose-Derived Stem Cells to the Major Pelvic Ganglion Improves Erectile Function in a Rat Model of Cavernous Nerve Injury

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Abstract

Background—Intracavernous (IC) injection of stem cells has been shown to ameliorate cavernous-nerve (CN) injury-induced erectile dysfunction (ED). However, the mechanisms of action of adipose-derived stem cells (ADSC) remain unclear.

Objectives—To investigate the mechanism of action and fate of IC injected ADSC in a rat model of CN crush injury.

Design, setting, and participants—Sprague-Dawley rats (*n* = 110) were randomly divided into five groups. Thirty-five rats underwent sham surgery and IC injection of ADSC $(n = 25)$ or

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vehicle $(n = 10)$. Another 75 rats underwent bilateral CN crush injury and were treated with vehicle or ADSC injected either IC or in the dorsal penile perineural space. At 1, 3, 7 (*n* = 5), and 28 d (*n* = 10) postsurgery, penile tissues and major pelvic ganglia (MPG) were harvested for histology. ADSC were labeled with 5-ethynyl-2-deoxyuridine (EdU) before treatment. Rats in the 28-d groups were examined for erectile function prior to tissue harvest.

Measurements—IC pressure recording on CN electrostimulation, immunohistochemistry of the penis and the MPG, and number of EdU-positive (EdU+) cells in the injection site and the MPG.

Results and limitations—IC, but not perineural, injection of ADSC resulted in significantly improved erectile function. Significantly more EdU+ ADSC appeared in the MPG of animals with CN injury and IC injection of ADSC compared with those injected perineurally and those in the sham group. One day after crush injury, stromal cell-derived factor-1 (SDF-1) was upregulated in the MPG, providing an incentive for ADSC recruitment toward the MPG. Neuroregeneration was observed in the group that underwent IC injection of ADSC, and IC ADSC treatment had beneficial effects on the smooth muscle/collagen ratio in the corpus cavernosum.

Conclusions—CN injury upregulates SDF-1 expression in the MPG and thereby attracts intracavernously injected ADSC. At the MPG, ADSC exert neuroregenerative effects on the cell bodies of injured nerves, resulting in enhanced erectile response.

Keywords

Adipose-derived stem cells; Cavernous-nerve injury; Chemokines; Erectile dysfunction; Nerve regeneration; nNOS; Radical prostatectomy nerve sparing; S-100; SDF-1; Major pelvic ganglion

1. Introduction

Nerve-sparing radical prostatectomy is the treatment of choice for localized prostate carcinoma in sexually active men [1]. Despite technical and anatomical advances, erectile dysfunction (ED) remains a major complication of this surgery [2]. Phosphodiesterase type 5 inhibitor therapy is a commonly used first-line treatment for ED following bilateral nervesparing radical prostatectomy in ad hoc and erectile rehabilitation schemes [3]. However, due to the limitations in nerve regeneration, these drugs remain largely inefficient in this population [4].

Recently, stem cell-based therapy has garnered attention as a potential alternative in the prevention of ED following cavernous nerve (CN) injury. Embryonic stem cells transduced with brain-derived neurotrophic factor and adult bone marrow-derived stem cells were capable of preserving erectile function via intracavernous (IC) application [5–7]. Despite these encouraging results, the clinical applicability of these cell types is limited due to scant availability and ethical concern [8]. In contrast, adipose-derived stem cells (ADSC) have emerged as one of the most promising stem-cell types [9]. ADSC represent an abundant and easily accessible source of stem cells. While stem cells from both sources can be easily expanded in culture, adipose tissue can be obtained in large amounts with a minimal invasive procedure, and this may exclude the need for in vitro expansion. Furthermore, ADSC lack the ethical burden of the use of embryonic material. IC injection of ADSC has been shown efficacious in restoring damaged nerves and improving erectile function in a CN-injury ED rat model [10].

One common feature in the above-mentioned studies is the administration of stem cells through IC injection. However, despite its apparent therapeutic efficacy, the mechanism of action of this stem-cell transplantation approach has never been investigated. This kind of information is essential before future human clinical trials can be initiated [11]. The present

study was designed to examine the fate of ADSC after IC injection following CN injury and to evaluate the mechanisms of action linked to the observed enhancement of erectile function.

2. Methods

2.1. Study design

A total of 110 male Sprague-Dawley rats (aged 3 mo) were obtained from Charles River Laboratories (Wilmington, MA, USA). After harvest of paratesticular fat in all animals, 10 random animals served as noninjected sham controls (group 1) (Table 1). The remaining 100 rats were randomly divided into four equal groups (Table 1; Fig. 1): IC injection of ADSC without prior CN crush (group 2); IC injection of phosphate-buffered saline (PBS) after bilateral CN crush (group 3); IC injection of ADSC after bilateral CN crush (group 4); and perineural injection of ADSC around the dorsal nerve following bilateral CN crush (group 5). In groups 2–5, five animals were euthanized at 1 d, 3 d, and 7 d postinjection, respectively, and tissues were harvested to determine the distribution of ADSC in the penis and the major pelvic ganglia (MPG). At 28 d, 10 animals in each group were used to determine recovery of erectile function before tissue harvest. All animal experiments were approved by the institutional animal care and use committee at the University of California, San Francisco.

2.2. Adipose-derived stem cell isolation and labeling

ADSC were isolated from paratesticular fat and plated as described earlier [10]. After 5 d of incubation, cells were labeled with the thymidine analog 5-ethynyl-2-deoxyuridine (EdU) (Invitrogen, Carlsbad, CA, USA) for 48 h [12] and then harvested.

2.3. Induction of cavernous-nerve injury and adipose-derived stem cell injection

Under 2% isoflurane anesthesia, the CN and MPG were identified posterolaterally on both sides of the prostate [13]. In group 2 (Sham+ADSC), no further manipulation was performed. In groups 3–5, the CN was isolated and crushed for 2 min per side at 5 mm from its origin in the MPG using a dedicated needle holder. Next, the penis was exposed and each rat received an injection of 0.2 ml PBS or 2 million autologous ADSC in 0.2 ml PBS into the corpus cavernosum or the perineural space (Fig. 1). Before injection, an elastic tourniquet was applied at the base of the penis and kept in place for 2 min. A concentration of 2 million cells was the approximate yield of cells after bilateral paratesticular fat harvest and cell-culture expansion for 1 wk. This amount falls within the range of cell numbers in previously published studies on cellular therapy for ED [5–7,10]. In groups 2–5, five animals were euthanized at 1 d, 3 d, and 7 d postinjection, respectively, and penile tissue and both MPG were harvested for histology.

2.4. Measurement of erectile function

Four weeks after CN crush or sham surgery, erectile function was assessed. Under ketamine (100 mg/kg) and midazolam (5 mg/kg) anesthesia, the MPG and CN were exposed bilaterally via midline laparotomy. A 25-G butterfly needle was inserted into the proximal left corpus cavernosum, filled with 250 U/ml heparin solution, and connected to a pressure transducer (Utah Medical Products, Midvale, UT, USA) for intracavernous pressure (ICP) measurement. The ICP was recorded at a rate of 10 samples per second. A bipolar stainlesssteel hook electrode was used to stimulate the CN distally from the crush injury site (each pole was 0.2 mm in diameter, separated by 1 mm) via a signal generator (National Instruments, Austin, TX, USA) and a custom-built constant-current amplifier generating monophasic rectangular pulses with stimulus parameters being 1.5 mA, 20 Hz, pulse width

of 0.2 ms, and duration of 50 s. Three stimulations were conducted on either side separately, and the maximal amplitude of ICP during nerve electrostimulation was calculated from baseline value and included for statistical analysis of each animal. Systemic blood pressure for the calculation of the ICP increase-to-mean arterial pressure (MAP) ratio was recorded during CN electrostimulation using a 25-G butterfly needle inserted into the aorta at the level of the iliac bifurcation. After functional testing, animals were euthanized by intraperitoneal injection of pentobarbital (200 mg/kg) followed by bilateral thoracotomy. The penis and the MPG were then harvested for histologic analysis.

2.5. Histology

2.5.1. Immunofluorescence and immunochemistry—Freshly dissected tissue was fixed and cryoembedded [14]. Sections were cut at 5 μm and incubated with 3% goat serum/ PBS/0.3% triton X-100. Tissues were incubated overnight at room temperature with rabbit antineuronal nitric oxide synthase (nNOS) antibody (Santa Cruz Biotechnology, Santa Cruz, CA, USA); rabbit antistromal cell-derived factor 1 (SDF-1) antibody, a chemokine (Santa Cruz Biotechnology); or mouse anti-S100 (S-100 protein) antibody, a glial-cell marker (Chemicon, Temecula, CA, USA), followed by 1-h immersion in 1:500 dilution of secondary antibody conjugated with Alexa-488 Fluor (Invitrogen, Carlsbad, CA, USA). To visualize ADSC, slides were incubated with freshly made Click-iT reaction cocktail (Invitrogen), which contained Alexa-594 Fluor, for 30 min at room temperature [12]. Nuclear staining was performed with 4′,6-diamidino-2-phenylindole (DAPI; Invitrogen). Slides were stained according to Masson's trichrome-staining protocol for connective tissue and smooth muscle histology.

2.5.2. Image analysis—Computerized histomorphometric analysis was performed as described earlier [13]. To quantify EdU staining, penile tissues and MPG were analyzed at \times 100 magnification and the number of EdU-positive nuclei per field was recorded. For the analysis of nNOS content, the area of nNOS-positive fibers in the dorsal nerves and the total area of the dorsal nerves were calculated at ×400 magnification. Similarly, SDF-1 expression in the MPG and the total MPG area were calculated at ×100 magnification. Smooth muscle-to-collagen ratio was determined on the total cavernosal tissue area at $\times 100$ magnification.

2.6. Statistical analysis

Results were analyzed using Prism 4 (GraphPad Software, San Diego, CA, USA) and expressed as mean plus or minus standard error of the mean. Multiple groups were compared using one-way analysis of variance followed by the Tukey-Kramer test for post hoc comparisons. Two-group comparison was done using the unpaired *t* test. Statistical significance was set at $p < 0.05$.

3. Results

3.1. Intracavernous but not perineural injection of adipose-derived stem cells, prevents cavernous nerve injury–induced erectile dysfunction

Erectile function was assessed by electrostimulating the distal end of CN at 28 d postsurgery in all groups (Table 2; Fig. 2). Sham-treated rats with or without IC injection of ADSC displayed normal ICP curves and the ICP-to-MAP ratios did not differ significantly (data not shown). CN crush consistently resulted in significantly decreased ICP-to-MAP ratios. ED was ameliorated by IC injection of ADSC, as rats in the Crush+ADSC group showed significantly improved ICP-to-MAP ratios. However, perineural injection of ADSC had no significant treatment effect in CN-injured rats. MAP did not differ significantly among groups.

3.2. Intracavernous injection of adipose-derived stem cells improves the smooth muscleto-collagen ratio in the corpus cavernosum

The corpus cavernosum was examined for the content of smooth muscle and collagen on slides stained with Masson's trichrome (Fig. 3). In sham-operated rats, the smooth muscleto-collagen ratio was 9.4 ± 1.3 . In penile tissues of rats that received IC ADSC, the smooth muscle-to-collagen ratio (9.4 ± 1.7) was almost fully preserved and significantly higher than in the vehicle group (5.2 \pm 0.8) or the perineurally injected group (5.7 \pm 0.7). There was no significant difference between the vehicle and the perineurally injected groups ($p = 0.51$).

3.3. Intracavernous injection of adipose-derived stem cells enhances neuronal nitric oxide synthase–positive nerve regeneration

At 1, 3, 7, and 28 d after CN crush injury, the level of nNOS expression in the penile dorsal nerves decreased 44%, 84%, 76%, and 72%, respectively (Fig. 4). In rats treated with IC ADSC injection, the decreases were 50%, 76%, 62%, and 40%, respectively. While Crush-Control and Crush+ADSC groups at 1 d and 3 d post-CN injury showed similar decline in nNOS expression, the rate of regeneration at 7 d and 28 d was significantly different. In particular, the nearly two-fold difference between Crush-Control and Crush+ADSC groups at 28 d suggests a prolonged neuroregenerative effect of IC ADSC injection.

3.4. Rapid and time-dependent disappearance of intracavernously injected adiposederived stem cells from the penis

Penile tissues of rats that received IC or perineural injection of ADSC were examined for the presence of ADSC at 1 d, 3 d, 7 d, and 28 d postinjection. The results show that <50 ADSC per field $(\times 100$ magnification) were found at each time point in both IC injected groups (Sham+ADSC and Crush+ADSC) (Fig. 5a). In contrast, >300 ADSC per field were found in the perineurally injected group (Crush+ADSC_p) at day 1. At day 3 and day 7 the number of ADSC in this group was still significantly higher than in the two IC injected groups. At day 28, no ADSC were detectable in all three groups.

3.5. Emergence of adipose-derived stem cells in the major pelvic ganglia

The MPG of rats that received IC or perineural ADSC injection were also examined for the presence of ADSC. The results show that at 1 d, 3 d, and 7 d after treatment, significantly more ADSC were found in the Crush+ADSC group than in either the Sham+ADSC or Crush $+ADSC_p$ group (Fig. 5b). At 28 d, few ADSC were identifiable in all three groups.

3.6. Elevated expression of stromal cell-derived factor-1 in the major pelvic ganglia of cavernous nerve–injury rats

To identify possible mechanisms for the appearance of IC injected ADSC in the MPG, the expression of the chemokine SDF-1 was examined. As shown in Figure 6, SDF-1 expression was significantly elevated in the MPG of CN-injury rats when compared with shamoperated rats. In addition, the transplanted cells appeared to be attracted to the SDF-1 expression sites. In Figure 7, the close proximity of ADSC to MPG nerve fibers is shown at 7 d. ADSC cells did not show signs of engraftment or differentiation into neural tissue types.

4. Discussion

Various reports have illustrated the efficacy of stem cells in animal studies of ED [5– 7,10,15,16]. This study was conducted in a series of experiments aimed at demonstrating efficacy of ADSC in a postprostatectomy model of ED and elucidating the mechanisms of action of this cell-based regenerative therapy. The current study clarifies in detail how ADSC possibly exert their neurotrophic effects.

IC injection was employed for the administration of stem cells in all published studies that investigated their therapeutic potential for ED. In regard to diabetic ED, the IC injected stem cells might exert their effects locally, so as to prevent and/or reverse endothelial damages [15]. However, in the case of CN injury-induced ED, local interactions in the cavernous tissue are unlikely to have a direct effect on the damaged neurons in the MPG. Of interest, the route of administration appeared to play a major role in establishing the beneficial effects of ADSC therapy in CN-injured rats. The perineural injection was performed based on previous reports identifying retrograde axonal transport of growth factors along the CN [17]. Furthermore, it was hypothesized that perineural injection might allow the injected cells to stay longer in the penis than IC injection because the perineural space is relatively static in terms of blood flow when compared with the cavernous tissue. Surprisingly, in this particular group, erectile recovery was nearly absent. Furthermore, a very limited number of EdU-labeled ADSC appeared in the MPG when cells were injected in a perineural site. In sharp contrast, when the same number of cells was injected in a vascular organ (the corpus cavernosum), a recovery of erectile function to a near-normal status was observed. In addition, ADSC appeared transiently in the MPG a few days after IC injection. From these data it may be concluded that CN injury appears to provide an incentive for ADSC to migrate to the MPG. To identify this stimulus, we examined SDF-1 expression in the MPG of rats 1 d after CN injury. The results show that SDF-1 was detectable in the MPG of CNinjury but not sham-treated rats.

This finding is analogous to previously reported findings in the somatic nerve system of upregulation of SDF-1 in the dorsal root ganglia following sciatic nerve crush for the establishment of neuropathic-pain animal models [18]. ADSC express a number of receptors for a class of small molecules termed chemokines, among which is CXCR4, the receptor for the chemokine SDF-1 [19]. It thus appears that the neuroinflammatory response following nerve injury can be employed to direct regenerative cells toward the neuronal cell body. It is becoming increasingly recognized that neuroglia, such as Schwann and satellite cells, regulate this neuroinflammation, an important process in Wallerian nerve degeneration. This process is coordinated mainly by tumor necrosis factor alpha (TNF- α), which is strongly upregulated early after nerve injury in the PNS [20]. We have demonstrated how interfering with the TNF- α pathway increases CN regeneration [14]. Neuroglia play a key role in the response to injury by secreting chemokines that attract macrophages and other inflammatory cells, but likely also stem cells, as ADSC express a similar chemokine-receptor panel to macrophages and other subtypes of leukocytes [19,21].

Our previous study demonstrated that IC injection of ADSC ameliorates CN injury–induced ED by preservation of nNOS expression and corpus cavernosum composition [10]. These finding were confirmed in this study; but more importantly, the present study also examined the time course of nerve regeneration. Following CN crush, a decrease in nNOS expression in the penile nerves was observed over a short time. Following this decrease, nNOS levels started to rise again in all animals, demonstrating a physiologic neuroregenerative response after nerve injury. This process, however, was significantly enhanced by IC injection of ADSC, and was most pronounced after ADSC had started to appear in the MPG. ADSC found in the MPG did not colocalize with neuronal or glial cell markers, ruling out in situ differentiation. Another argument against incorporation and differentiation is that the presence of ADSC in the MPG was transient. Our group previously showed that the ADSC secretome encompasses a variety of neurotrophic signaling molecules such as CXCL5 (the ELR+ CSC chemokine, LIX) [22]. Furthermore, it has been shown that the ADSC secretome in vitro enhances neurite growth [22–24]. Thus, while the precise molecular mechanism remains to be determined, ADSC are capable of enhancing nerve regeneration through the secretion of neurotrophic factors. The study does have limitations. The observed changes were measured by immunofluorescence microscopy, which is semiquantitative. We

reduced this limitation by performing all analyses in a computerized fashion. We observed short time-point changes only and are not aware of the effects of ADSC therapy in the long term. However, as nerve regeneration was observed, it is likely that this therapy is truly regenerative and thus long-term outcomes are putatively similar. Furthermore, we focused on one chemokine, based on previous literature and our own experience. While CXCR4 is known to play a role in cell recruitment, the full spectrum of chemokine receptors encompasses 21 molecules and it remains unknown what the role of these other receptors and other chemokines than SDF-1 may be. Further research into profiling chemokine secretion by nervous tissues and chemokine-receptor expression on ADSC is currently ongoing and could potentially identify additional goals to enhance ADSC recruitment, and thus efficacy.

5. Conclusions

These data, in conjunction with previous investigations, indicate that IC injected ADSC, and possibly other types of stem cells, exert their proerectile effects after CN injury by recruitment toward the MPG, where they initiate neural regeneration in the MPG.

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Take-home message

Adipose tissue-derived stem cells exert their proerectile effects following cavernous nerve injury by trafficking toward the major pelvic ganglion. This migration appears to be mediated by chemokine–chemokine receptor interaction. In situ, neuroregeneration is induced in a paracrine fashion.

Fig. 1.

Diagrams depicting intracavernous (IC) and perineural injections. IC injection was applied to Sham plus adipose-derived stem cell (ADSC), Crush-control, and Crush+ADSC groups. Perineural injection was applied to the Crush plus perineurally injected ADSC (ADSC_p) group. The structures in the diagram represent the dorsal artery (red), the dorsal vein (blue), the dorsal nerve (yellow), the corpus cavernosum (green/red), and the urethra (purple).

Fig. 2. Electrostimulation of cavernous nerves after 4 wk. (a) Top: the effects of intracavernous and perineural injection of adipose-derived stem cells (ADSC) on the increase of intracavernous pressure (ICP) on electrostimulation of the cavernous nerve (CN) (each group: *n* **= 10). Bottom: ratio of ICP to mean arterial pressure. The red bars are representative ICP recordings of a 50-s electrical stimulation of the CN**

Sham+ADSC = sham operation and IC injection of ADSC; Crush control = bilateral CN crush and intracavernous (IC) injection of phosphate-buffered saline; Crush+ADSC = bilateral CN crush and IC injection of ADSC; Crush+ADSC_p = bilateral CN crush and perineural injection of ADSC.

Sham+ADSC = sham operation and IC injection of ADSC; Crush control = bilateral CN crush and intracavernous (IC) injection of phosphate-buffered saline; Crush+ADSC = bilateral CN crush and IC injection of ADSC; Crush+ADSC_p = bilateral CN crush and perineural injection of ADSC.

 $#p = 0.05.$

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Fig. 4. Neuronal nitric oxide synthase (nNOS) staining in a penile midshaft specimen. Rats (*n* **= 5 in each group) were treated with sham operation (sham control) or bilateral cavernous-nerve (CN) crush, and then intracavernous injection (IC) of adipose-derived stem cells (ADSC) or phosphate-buffered saline (PBS). Tissues were harvested at the indicated time points after injections. Sections were stained for nNOS (green) and 4′,6-diamidino-2-phenylindole (DAPI) (blue). Original magnification: ×400. The graph demonstrates the effect of intracavernous ADSC injection on neuroregeneration in the dorsal nerve over time**

Sham control = sham operation without injection; Crush control (C) = bilateral CN crush and IC injection of PBS; Crush+ADSC (C/A) = bilateral CN crush and IC injection of ADSC.

 $#p < 0.05.$

 $*$ *p* < 0.001.

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Fig. 5. Dynamics of 5-ethynyl-2-deoxyuridine (EdU)-positive adipose-derived stem cells (ADSC) present in penile tissues and major pelvic ganglia (MPG) over time. Rats (*n* **= 5 in each group) were treated with sham operation or bilateral cavernous-nerve (CN) crush and then transplanted with EdU-labeled ADSC either through intracavernous (IC) or perineual injection. (a) Comparison of ADSC numbers in the penile injection site. At the indicated time points, penile tissues were processed for assessment of EdU-labeled cells per field (×100 magnification). (b) Comparison of ADSC numbers in the MPG. At the indicated time points, the MPG were processed for the determination of EdU-labeled cells per field (×100 magnification)** Sham+ADSC = sham operation and IC injection of ADSC; Crush+ADSC = bilateral CN crush and IC injection of ADSC; Crush+ADSC_p = bilateral CN crush and perineural injection of ADSC.

 ^{4}p < 0.05 compared with either of the other two groups at the given time point.

 p^* p < 0.001 compared with either of the other two groups at the given time point.

Fig. 6. Detection of stromal cell-derived factor-1 (SDF-1) expression in the major pelvic ganglion. Rats (*n* **= 5 in each group) were treated with sham operation or bilateral cavernous-nerve (CN) crush, and then intracavernously injected with 5-ethynyl-2-deoxyuridine (EdU)-labeled adiposederived stem cells (ADSC). One day later, both EdU and SDF-1 were clearly visible in the major pelvic ganglia (MPG) of the (a) Crush+ADSC group, but not of the (b) Sham+ADSC group. (c) Higher magnification of the boxed area in panel A further shows the close association between SDF-1 expression and ADSC. Sections were stained for EdU, SDF-1, and 4′,6-diamidino-2 phenylindole (DAPI). Original magnification: ×100. (d) The graph demonstrates the expression levels of SDF-1 in the MPG 1 d after CN sham or crush injury**

 $p < 0.0001$ versus Sham+ADSC.

Fig. 7.

Presence of adipose-derived stem cells (ADSC) at the major pelvic ganglia 7 d after cavernous-nerve crush and intracavernous injection with 5-ethynyl-2-deoxyuridine (EdU)– labeled ADSC. S-100 protein was used to stain for nerve fibers, EdU staining for ADSC, and 4′,6′-diamidino-2-phenyleindole (DAPI) for nuclear staining. Original magnification: \times 100.

Table 1

Distribution of rats in various treatment groups

ADSC = adipose-derived stem cells; Sham control = sham operation without injections; Sham+ADSC = sham operation and intracavernous injection of ADSC; Crush Control = bilateral cavernous nerve crush and intracavernous injection of phosphate-buffered saline; Crush+ADSC = bilateral cavernous nerve crush and intracavernous injection of ADSC; Crush+ADSC_p = bilateral cavernous nerve crush and perineural injection of ADSC.

Table 2

Intracavernous and mean arterial pressure measurements on cavernous nerve electrostimulation

ADSC = adipose-derived stem cells; ICP = intracavernous pressure; MAP = mean arterial pressure; Sham+ADSC = sham operation and intracavernous injection of ADSC; Crush Control = bilateral cavernous nerve crush and intracavernous injection of phosphate-buffered saline; Crush+ADSC = bilateral cavernous nerve crush and intracavernous injection of ADSC; Crush+ADSC p = bilateral cavernous nerve crush and perineural injection of ADSC.

** p* < 0.001 versus Crush control