

Anti-Inflammatory Effect of Heme Oxygenase-1 Toward *Porphyromonas gingivalis* Lipopolysaccharide in Macrophages Exposed to Gomisins A, G, and J

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ABSTRACT Periodontitis, a chronic inflammatory periodontal disease that develops from gingivitis, is caused by periodontal pathogenic bacteria such as *Porphyromonas gingivalis*. Recent studies have focused on the antioxidant, anti-human immunodeficiency virus, anticarcinogenic, and anti-inflammatory properties of gomisins. However, the anti-inflammatory activities of gomisins plants through heme oxygenase-1 (HO-1) signals remain poorly defined. We found that gomisins' anti-inflammatory activity occurs via the induction of HO-1 expression. Gomisins G and J inhibit the production of the pro-inflammatory cytokines tumor necrosis factor- α , interleukin-1 β , and interleukin-6 and also block nuclear factor- κ B activation in Raw264.7 cells stimulated with *P. gingivalis* lipopolysaccharide. Furthermore, pro-inflammatory cytokine production is inhibited through the induction of HO-1 expression. HO-1 expression is induced by all gomisins, but their anti-inflammatory activity via HO-1 signaling is observed with gomisins G and J, and not A. We found that gomisins G and J extracted from *Schisandria chinensis* can inhibit the *P. gingivalis* lipopolysaccharide induced-inflammatory responses in Raw264.7 cells.

KEY WORDS: • gomisins A, G, and J • heme oxygenase-1 • nuclear factor E2-related factor 2 • *Porphyromonas gingivalis* lipopolysaccharide • pro-inflammatory cytokines

INTRODUCTION

INFLAMMATION OCCURS IN RESPONSE to various harmful stimuli. Symptoms of inflammation include increased blood flow, heat, redness, and swelling. Acute inflammation involves the initiation of cell protection and healing at the injury site, whereas chronic inflammation, which affects tissues, can cause serious damage such as cancer.¹

Periodontitis is a chronic inflammatory periodontal disease. It is not life-threatening, but once it develops, it affects the tissue supporting the teeth, leading to tooth loss. Periodontal chronic inflammatory disease is a risk factor for systemic problems such as cardiovascular disease, diabetes mellitus, and osteoporosis because the pathogen moves through blood vessels.^{2,3} Thus, periodontitis should be prevented and treated in the initial stages of infection. The primary cause of periodontitis is infection with rod-shaped, Gram-negative, anaerobic bacteria.^{4,5} *Porphyromonas gingivalis* infection is considered a major cause of periodontitis.

Heme oxygenase-1 (HO-1), a microsomal enzyme induced by several stimuli, has a cytoprotective capacity, enabling resistance to oxidative stress. HO-1 degrades free heme and produces carbon monoxide, ferrous iron (Fe²⁺), and biliverdin.⁶ Numerous studies have demonstrated the protective role played by HO-1 through the anti-inflammatory activity of carbon monoxide and cell death regulation with Fe²⁺ as well as the antioxidant activity of bilirubin converted from biliverdin by biliverdin reductase.^{7,8} HO-1 expression is induced by modulating *ho-1* gene transcription. Under standard cell conditions, several transcription factors associated with HO-1 expression, such as nuclear factor E2-related factor 2 (Nrf-2), exist in the cytoplasm, bound with inhibitory proteins such as Keap-1. However, once activated by various stimuli, they separate from the complex and are translocated into the nucleus where they bind to DNA sequences, including antioxidant-responsive elements (AREs) in the HO-1 promoter region.^{9,10} The protective function of HO-1 is connected with the down-regulation of nuclear factor- κ B (NF- κ B) activation and decreased production of the pro-inflammatory cytokines interleukin (IL)-1 β , IL-6, and tumor necrosis factor- α (TNF- α).¹¹ HO-1 and its by-products are therapeutic targets in inflammatory diseases. Wiesel *et al.*¹² found that HO-1 knockout mice show increased end-organ damage and death. Pae *et al.*¹³ also reported that HO-1 has protective properties in allergic inflammation, and other researchers

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have shown that HO-1 is a major regulator of the inflammatory autoimmune process.^{14,15}

Gomisins are pharmacologically available from natural plants. These bioactive compounds known as phytoestrogens are dibenzocyclooctadiene-type lignans and possess antioxidant, anticarcinogenic, and anti-inflammatory properties. There are several reports on the advantages of gomisins A, G, and J. Gomisin A protects the liver by blocking the metabolism of harmful chemicals by inhibiting cytochrome P450-3A4;¹⁶ it also protects against neurotoxicity.¹⁷ Gomisin G's anti-human immunodeficiency virus effects occur via the inhibition of human immunodeficiency virus type 1 reverse transcriptase.¹⁸ Gomisin J has antioxidative effects in myoblast cells¹⁹ and suppresses inflammatory responses.²⁰ The antiproliferative activity of gomisins A and J in cancer cells has also been studied.²¹ However, thus far, no studies have reported on the anti-inflammatory mechanism by which gomisins regulate HO-1 expression.

In this study, we investigated the anti-inflammatory effects of gomisins through HO-1 signaling, using mouse macrophage Raw264.7 cells, and compared the efficacy of gomisins A, G, and J. Our results demonstrated that gomisins G and J are excellent inhibitors of pro-inflammatory mediators, inducing HO-1 expression in *P. gingivalis* lipopolysaccharide (LPS)-stimulated Raw264.7 cells.

MATERIALS AND METHODS

Materials

Fruits of *Schisandra chinensis* (Turcz.) Baill were collected in September 2005 from Moonkyong, Korea. A voucher specimen (accession number SC-PDRL-1) was deposited in the herbarium of Pusan National University (Miryang, Korea). The plant was identified by one of the authors (Y.-W.C.). 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide and other reagents were purchased from Sigma (St. Louis, MO, USA). Tin-protoporphyrin IX (SnPP) and antibodies for HO-1, Nrf-2, NF- κ B, and TATA box binding protein (TBP) were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). LPS (phenol extract of *P. gingivalis*) was purchased from Invitrogen (San Diego, CA, USA).

Isolation of gomisins A, G, and J

The dried fruits of *S. chinensis* (2.5 kg) were ground and then successively extracted at room temperature with *n*-hexane, CHCl₃, and methanol. The hexane extract (308 g) was evaporated *in vacuo* and chromatographed on a silica gel (particle size, 40 μ m; Baker, Phillipsburg, NJ, USA) column (100 \times 10 cm) with a step gradient (0%, 5%, and 20%) of ethyl acetate in hexane and 5% methanol in CHCl₃ to obtain 38 fractions as described before.²² Fraction 11 (KH11, 3,476 mg) was separated on a silica gel column (100 \times 3.0 cm) with hexane-chloroform-methanol (75:25:1 by volume) to obtain four fractions. Fraction 3 (KH11IC, 1,116 mg) was separated on a Sephadex column (100 \times 3.0 cm) with methanol (yield, 453 mg) (KH11ICIC).

Finally, KH11ICIC was separated on a silica gel column (115 \times 3.0 cm) with 5% acetone in chloroform to yield gomisin A (KH11ICICPA) (336.8 mg). Fraction 26 (KH26, 744 mg) was separated on a silica gel column (105 \times 3.0 cm) with a step gradient of 7.5% acetone and 10% methanol in CH₂Cl₂ in order to obtain 20 fractions. Next, fraction 10 (KH26IJ, 244 mg) was rechromatographed on a silica gel column (105 \times 3.0 cm) with 10% acetone in CHCl₃ to yield gomisin J (KH26IJPG, 115.1 mg). Fraction 28 (KH28, 504 mg) was separated on a silica gel column (105 \times 3.0 cm) with 5% acetone in CHCl₃ to yield gomisin G (KH28PA, 7.5 mg). Pure gomisins A, G, and J were identified by high-performance liquid chromatography on a Phenomenex (Torrance, CA, USA) Luna C18 column (150 mm \times 4.6 mm i.d.; particle size, 5 μ m) with a methanol-acetonitrile gradient at a flow rate of 1.0 mL/minute. Gomisins A, G and J, isolated from *S. chinensis* fruits, were identified on the basis of the ¹H, ¹³C, and distortionless enhancement of polarization transfer nuclear magnetic resonance spectra in CDCl₃ after comparison with previously reported spectral data.²³⁻²⁵

Cell culture

The murine macrophage cell line RAW 264.7 was obtained from American Type Culture Collection (Rockville, MD, USA). The cells were grown in Dulbecco's modified Eagle's medium (GIBCO, Grand Island, NY, USA), supplemented with 10% fetal bovine serum, and incubated at 37°C in a humidified atmosphere of 5% CO₂ and 95% air.

Immunofluorescence confocal microscopy

RAW264.7 cells were cultured directly on glass coverslips in a 35-mm-diameter dish and fixed with 3.5% paraformaldehyde in phosphate-buffered saline for 10 minutes at room temperature. Next, they were permeabilized with 100% methanol for 10 minutes. To investigate the cellular localization of NF- κ B, the cells were treated for 2 hours with a polyclonal antibody (diluted 1:100) against NF- κ B. After extensive washing with phosphate-buffered saline, the cells were further incubated with a secondary fluorescein isothiocyanate-conjugated donkey anti-rabbit immunoglobulin G antibody diluted at 1:1,000 in phosphate-buffered saline for 1 hour at room temperature. Nuclei were stained with 1 μ g/mL 4',6-diamidino-2-phenylindole and then analyzed by confocal microscopy, using a Zeiss (Carl Zeiss Company Ltd., Shinjuku-ku, Tokyo, Japan) LSM 510 Meta microscope.

Transient transfection and dual-luciferase assay

RAW 264.7 cells were transfected with a κ B-luc reporter plasmid (consisted of three κ B concatamers from the immunoglobulin γ chain) and ARE reporter plasmid (Stratagene, Grand Island) using FuGENE[®]HD reagent (Roche Diagnostics Co., Roche Applied Science, Indianapolis, IN, USA) according to the manufacturer's instructions. The *Renilla* luciferase control plasmid pRL-CMV (Promega,

Madison, WI, USA) was cotransfected as the internal control to determine transfection efficiency. Twenty-four hours after transfection, the cells were incubated with the indicated reagents for 1 hour and then treated with LPS (1 $\mu\text{g}/\text{mL}$) for 24 hours. Luciferase activity was assayed with a dual-luciferase assay kit (Promega), according to the manufacturer's instructions. Luminescence was measured with a microplate luminometer (Wallac 1420, Perkin Elmer, Norwalk, CT, USA).

Western blot analysis

Cells were harvested in ice-cold lysis buffer comprising 1% Triton X-100, 1% deoxycholate, and 0.1% sodium dodecyl sulfate. The protein content of the cell lysates was then determined using Bradford's reagent (Bio-Rad, Hercules, CA, USA). The proteins in each sample were resolved by 7.5% sodium dodecyl sulfate-polyacrylamide gel electrophoresis, transferred to a polyvinylidene difluoride membrane, and exposed to the appropriate antibodies. The proteins were visualized using an enhanced chemiluminescence detection system (Amersham Biosciences, Piscataway, NJ, USA), using horseradish peroxidase-conjugated anti-rabbit or anti-mouse secondary antibodies. Images were acquired using an ImageQuant™ 350 analyzer (Amersham Biosciences).

Reverse transcription real-time polymerase chain reaction

Total cellular RNA was isolated using RNA spin mini RNA isolation kits (GE Healthcare, Waukesha, WI, USA) according to the manufacturer's instructions. Total RNA (1 μg) was reverse-transcribed using *Maxime* reverse transcription PreMix (iNtRON Biotechnology, DCC-BIONET, Kyungki-Do, Korea) and anchored oligo(dT₁₅) primers. Real-time polymerase chain reaction was performed using a Chromo4™ instrument (Bio-Rad) with SYBR® Green Master Mix (Applied Biosystems, Foster City, CA, USA). The real-time polymerase chain reaction cycling conditions were as

follows: 95°C for 5 minutes, followed by 40 cycles of 30 seconds at 95°C, 20 seconds at 55°C, and 30 seconds at 72°C, ending with fluorescence measurement. The primer sequences were as follows: HO-1 sense, 5'-acaggtgacagaa-gaggctaa-3'; HO-1 antisense, 5'-aacaggaagctgagagtggag-3'; glyceraldehyde 3-phosphate dehydrogenase (GAPDH) sense, 5'-aggtgtctctctgacttc-3'; and GAPDH antisense, 5'-taccag-gaatgagcttgac-3'.

Measurement of TNF- α , IL-1 β , and IL-6 concentrations

Cells were incubated first with various concentrations of gomisins A, G, and J for 1 hour and then with *P. gingivalis* LPS (1 $\mu\text{g}/\text{mL}$) for 24 hours. Following the 24-hour incubation, TNF- α , IL-1 β , and IL-6 levels were quantified in the culture medium using an enzyme-linked immunosorbent assay kit (R&D Systems, Minneapolis, MN, USA) according to the manufacturer's instructions.

Statistical analysis

Data are expressed as mean \pm SE values. Each experiment was repeated at least three times. Statistical analysis was performed with SPSS version 16.0 software (SPSS Inc., Chicago, IL, USA) to determine significant differences. We used either one- or two-way analysis of variance, followed by Dunn's *post hoc* tests for analyses. $P < .05$ was considered statistically significant.

RESULTS

Isolation of gomisins A, G, and J from *S. chinensis*

Gomisin A, G, and J were extracted from *S. chinensis* in large quantities compared with the other lignans, and their structures were identified by nuclear magnetic resonance analysis²³ (Fig. 1). Gomisins A, G, and J were validated as composing more than 95% of the extract by chromatographic verification and were used in these experiments to determine their anti-inflammatory effects.

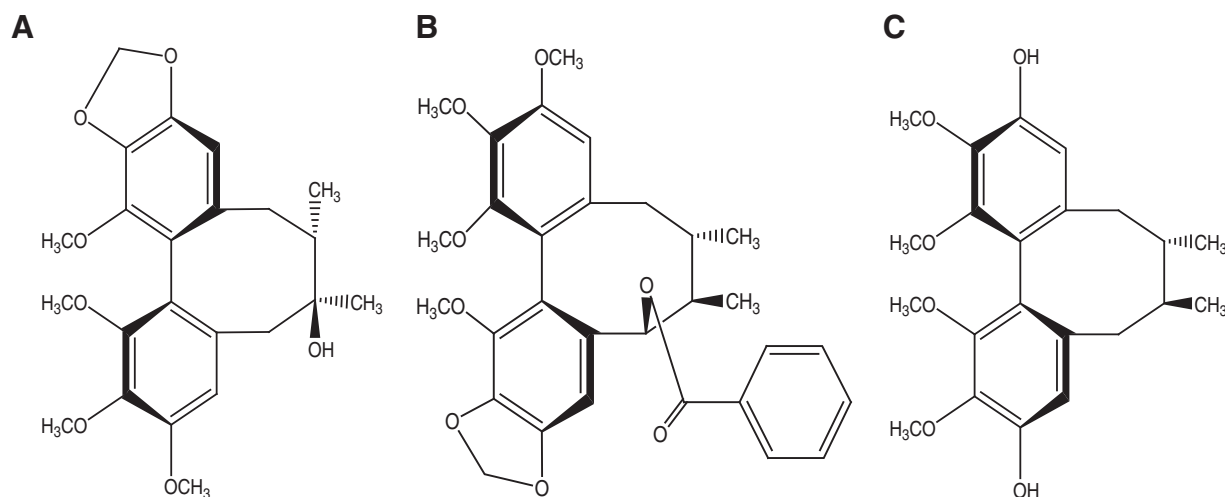


FIG. 1. Chemical structures of (A) gomisin A, (B) gomisin G, and (C) gomisin J isolated from *S. chinensis*.

Effects of gomisins on production of pro-inflammatory cytokines secreted from Raw264.7 cells stimulated with P. gingivalis LPS

TNF- α , IL-1 β , and IL-6 are pro-inflammatory cytokines that mediate the development of inflammation.¹⁵ To determine the anti-inflammatory activity of gomisins, cells were treated with 20 and 40 μ M gomisins A, G, and J, and levels of TNF- α , IL-1 β , and IL-6 produced in the medium after stimulation with *P. gingivalis* LPS were measured. The results were compared with those of cells not treated with gomisins and *P. gingivalis* LPS (Fig. 2). Treatment with gomisins G and J but not gomisin A decreased the production of all three pro-inflammatory cytokines in a dose-dependent manner. The amounts of all cytokines produced following treatment with gomisin A were similar to those produced by cells untreated with gomisins. The cell viability assay showed that gomisins A, G, and J are not cytotoxic for RAW 264.7 cells up to 40 μ M. Treatment with gomisins A, G, and J did not cause cell necrosis and detachment from the culture plates, as determined by light microscopy (data not shown). These results suggest that the anti-inflammatory effect induced by gomisins G and J is caused by inhibition of *P. gingivalis* LPS-induced pro-inflammatory cytokines and not by the destruction of RAW 264.7 cells.

Effects of gomisins on NF- κ B nuclear translocation in Raw264.7 cells stimulated by P. gingivalis LPS

We investigated the effect of gomisins on NF- κ B activation. Confocal microscopy revealed that gomisins G and J inhibit the nuclear translocation of NF- κ B. However, gomisin A has no such effect (Fig. 3A). To confirm the effect of the gomisins at the transcription level, we conducted a luciferase assay to assess the promoter activity. Gomisins G and J but not gomisin A obstructed promoter activation and

blocked the luminance of luciferase (Fig. 3B). The phosphorylation degrees of inhibitor of nuclear factor of κ light polypeptide gene enhancer in B-cells, α (I κ B α) also indicate the same tendency (Fig. 3C). Western blotting revealed that gomisins G and J, but not gomisin A, significantly inhibit phosphorylation of I κ B α . Because our results were consistent with those of others,^{26,27} our results support the proposal that gomisins G and J block the *P. gingivalis* LPS-induced nuclear translocation of NF- κ B.

Effects of HO-1 expression induced by the gomisin families on production of pro-inflammatory cytokines secreted from Raw264.7 cells stimulated with P. gingivalis LPS

To verify the hypothesis that gomisins exert anti-inflammatory activity by inducing HO-1 expression in mouse macrophage cells, we investigated the effects of HO-1 expression on the production of the typical pro-inflammatory cytokines TNF- α , IL-1 β , and IL-6, using the HO-1 inhibitor SnPP.²⁶ The cells were preincubated with 40 μ M gomisin and 20 μ M SnPP and then stimulated with *P. gingivalis* LPS. In cells treated with gomisins G and J but not SnPP, the production of TNF- α , IL-1 β , and IL-6 decreased, as reported earlier (Fig. 2). Besides, HO-1 activity was blocked by SnPP, and the production of TNF- α , IL-1 β , and IL-6 was revived (Fig. 4). Gomisin A showed no anti-inflammatory activity, as reported previously.^{14,26} Thus, as expected, HO-1 plays a major role in suppressing TNF- α , IL-1 β , and IL-6 production.

HO-1 expression was induced by gomisins in Raw264.7 cells

HO-1 and its by-products have been studied for their cell-protective and anti-inflammatory activities.^{7,14} We

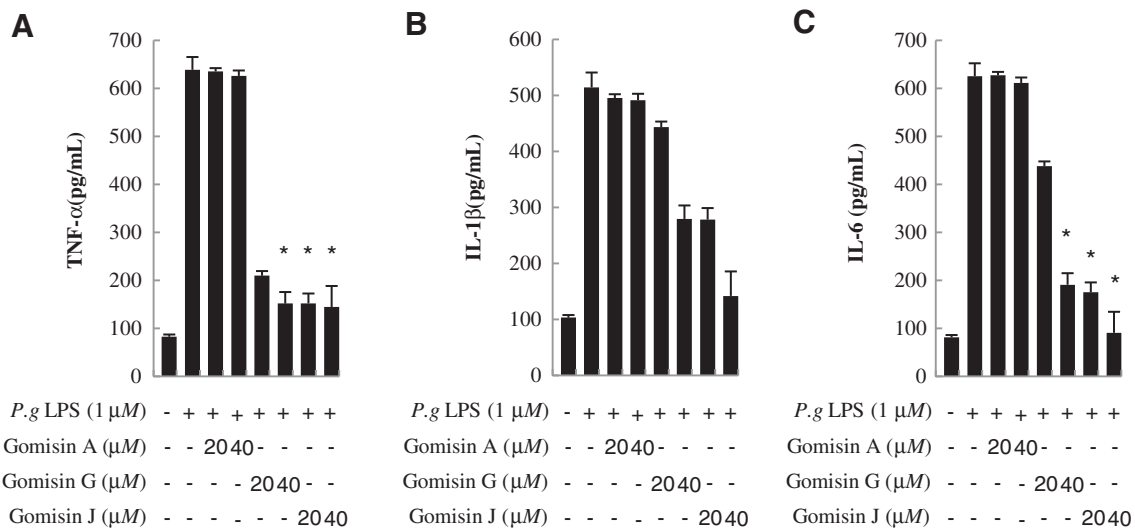


FIG. 2. Effects of gomisins on *P. gingivalis* (*P.g*) lipopolysaccharide (LPS)-induced production of pro-inflammatory cytokines in Raw264.7 cells. Cells were incubated with various concentrations of gomisins for 1 hour prior to a 16-hour exposure to LPS (1 μ g/mL). We measured (A) tumor necrosis factor- α (TNF- α), (B) interleukin (IL)-1 β , and (C) IL-6 in the culture supernatant by enzyme-linked immunosorbent assay. Data are mean \pm SE values from three independent experiments in each group. **P* < .05 versus the LPS-treated group.

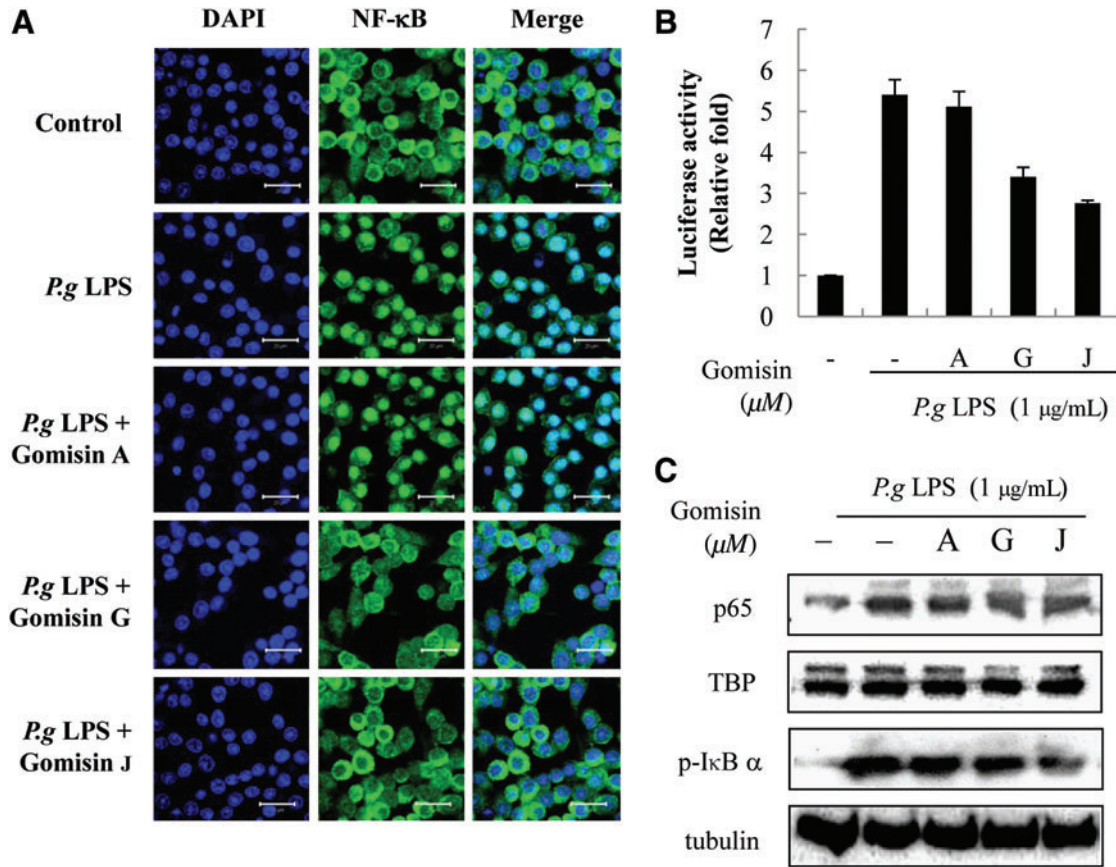


FIG. 3. Effects of gomisins on *P.g* LPS-induced nuclear factor- κ B (NF- κ B) nuclear translocation in Raw264.7 cells. (A) Nuclear translocation of NF- κ B was assessed using confocal microscopy. Raw 264.7 cells were pretreated with gomisins for 1 hour and stimulated with LPS (1 μ g/mL) for 1 hour. Fixed cells were stained with 4',6-diamidino-2-phenylindole (DAPI) and anti-NF- κ B p65 antibody and fluorescein isothiocyanate-conjugated anti-rabbit immunoglobulin G antibody. (B) Cells were cotransfected with κ B-luc reporter and control *Renilla* luciferase plasmid pRL-CMV. Then, 24 hours later, the cells were incubated with indicated concentrations of gomisins for 1 hour and stimulated with LPS (1 μ g/mL) for 24 hours. Equal amounts of cell extracts were assayed for dual-luciferase activity. κ B-Luciferase activity was normalized to control *Renilla* luciferase expression. (C) Nuclear translocation of NF- κ B was confirmed by western blotting. Nuclear extracts were prepared and analyzed by western blotting. Cytosolic extracts were analyzed by western blotting with phosphorylated inhibitor of nuclear factor of κ light polypeptide gene enhancer in B-cells, α (p-I κ B α) antibody. TBP, TATA box binding protein. Color images available online at www.liebertonline.com/jmf

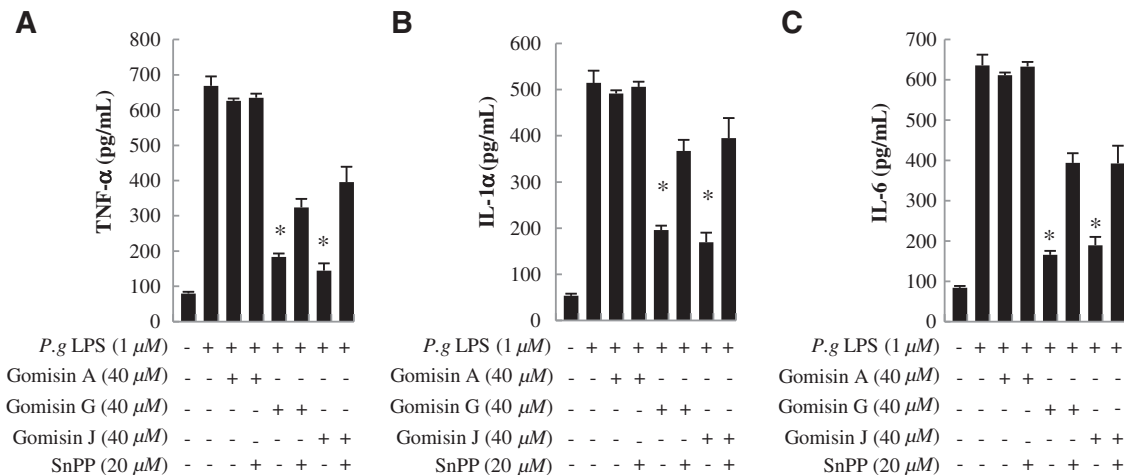


FIG. 4. Effects of heme oxygenase-1 on production of *P.g* LPS-induced pro-inflammatory cytokines secreted by Raw264.7 cells. Cells were pretreated with 40 μ M gomisins in the presence of tin-protoporphyrin IX (SnPP) for 1 hour and then stimulated with LPS (1 μ g/mL) for 16 hours. We measured the amounts of (A) TNF- α , (B) IL-1 β , and (C) IL-6 in the culture supernatant by enzyme-linked immunosorbent assay.

assessed the effects of gomisins on HO-1 expression in Raw264.7 cells and found that gomisins induced HO-1 expression (Fig. 5A and B). The effects of 20 and 40 μ M gomisins A, G, and J were examined. All gomisins induced HO-1 mRNA and protein expressions in a dose-dependent manner (Fig. 5A and B). To understand the regulation of HO-1 expression at the transcriptional level, we investigated Nrf-2 nuclear translocation in Raw 264.7 cells treated with gomisins (Fig. 5C). Nrf-2 is a redox-sensitive transcription factor that binds to AREs in order

to regulate HO-1 expression.^{8,9} In cell total extracts, gomisins increased Nrf-2 expression. In the same context, the Nrf-2 level increased in the nucleus but decreased in cytoplasm. To elucidate the effect of gomisins on Nrf-2 transactivity, we examined the activity of the luciferase reporter gene driven by Nrf-2 bound to AREs. As shown in Figure 5D, treatment of RAW 264.7 cells with gomisins increased ARE promoter activity. These results indicate that Nrf-2 is markedly regulated by gomisins in HO-1 expression.

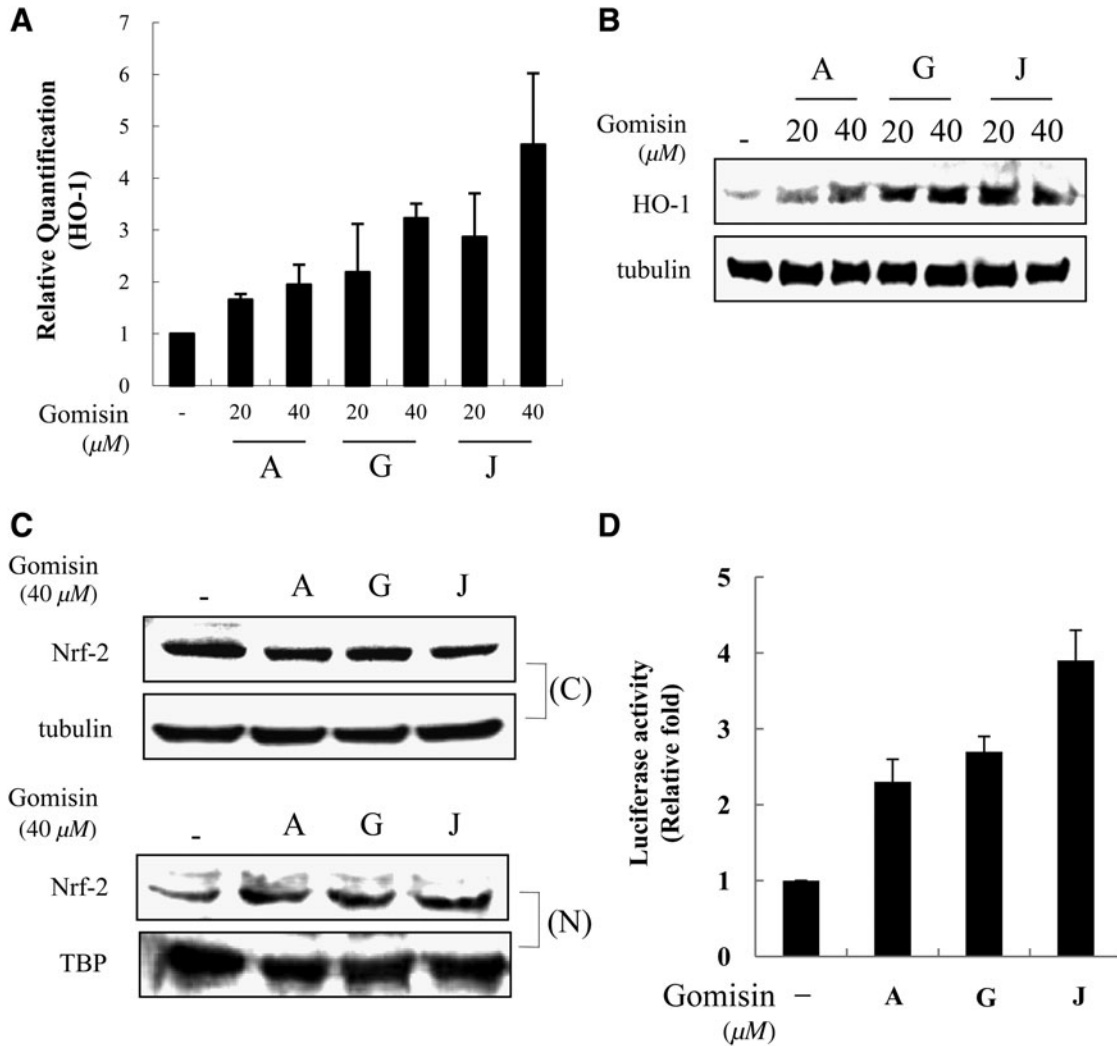


FIG. 5. Induction effects of gomisins on heme oxygenase-1 (HO-1) expression in Raw264.7 cells. Cells were cultured with increasing concentrations of gomisins for 8 hours (A) prior to analysis of HO-1 mRNA using reverse transcription real-time polymerase chain reaction. Relative HO-1 mRNA expression (by the $2^{-\Delta C_t}$ method) was determined by real-time polymerase chain reaction and calculated by subtracting the C_t value for glyceraldehyde 3-phosphate dehydrogenase from the C_t value for HO-1 as determined by reverse transcription real-time polymerase chain reaction relative to glyceraldehyde 3-phosphate dehydrogenase mRNA ($\Delta C_t = C_t$ of HO-1 – C_t of glyceraldehyde 3-phosphate dehydrogenase). Relative content of each mRNA was indicated as fold change from control. (B) Cells were incubated for 16 hours with the indicated concentrations of gomisins. Total cellular extracts were prepared and examined by western blotting. Western blot detection of α -tubulin was used as a protein loading control for each lane. (C) Cells were incubated with 40μ M gomisins for 2 hours. The cytosolic extracts (C) and nuclear extracts (N) were prepared and examined by western blotting. (D) Cells were transfected with the antioxidant response elements–luciferase construct and then treated with indicated concentrations of gomisins. Equal amounts of cell extract were assayed for dual-luciferase activity. Expression from the *Renilla* luciferase control was used to normalize antioxidant response elements–luciferase activity. Data are mean \pm SE values from three independent experiments in each group. Nrf-2, nuclear factor E2-related factor 2.

DISCUSSION

Periodontitis is a chronic inflammatory disease of the oral cavity and one of the periodontal diseases that develop from gingivitis in the gingival soft tissue. Periodontitis can develop into various systemic diseases, leading to stroke and adverse pregnancy outcomes.¹⁻³ Local inflammation is a beneficial response when triggered by infection; however, excessive or dysregulated inflammatory response can lead to disease. *P. gingivalis* is a Gram-negative bacterium that forms communities and is frequently found in the human oral cavity. *P. gingivalis* LPS is considered an important virulence factor because LPS is closely associated with the inflammatory response. *P. gingivalis* LPS is functionally and chemically quite different from enterobacterial LPS.³⁻⁵ The inflammatory response to *P. gingivalis* LPS has been well documented in many different types of human cells. *P. gingivalis* LPS activates the host to produce pro-inflammatory cytokines such as TNF- α , IL-6, and IL-1 β in macrophages. *P. gingivalis* LPS initiates macrophage pro-inflammatory cytokine production, and these cytokines damage the periodontal tissue.^{2,27} Many recent studies have reported that natural compounds extracted from fruits, vegetables, or herbs may prevent or cure inflammatory periodontal diseases.^{26,27} Because *P. gingivalis* LPS-induced infections have been linked with periodontitis and various chronic inflammatory diseases, it is possible that the modulation of the inflammatory response is one of the major actions of *S. chinensis* extract.

When the fruits of *S. chinensis* are brewed in hot water and drunk as a traditionally prepared tea in Korea or China, the brew prevents diseases of the oral cavity. Therefore, we attempted to determine the relationship between *S. chinensis* extract and periodontal inflammation *in vitro*. First, we screened for the inhibitory effects of gomisins on nitrite production of *P. gingivalis* LPS-stimulated Raw264.7 cells. Gomisins G and J but not gomisins A inhibited nitrite production (data not shown). Next, we investigated the production of pro-inflammatory cytokines in Raw264.7 cells stimulated with *P. gingivalis* LPS and treated with gomisins. Production of the representative pro-inflammatory cytokines TNF- α , IL-1 β , and IL-6 was significantly inhibited with 20 μ M gomisins G and J. To confirm this result, we examined the results of NF- κ B activation using confocal microscopy, a luciferase assay, and western blotting. NF- κ B regulates the production of pro-inflammatory mediators as a transcriptional factor.²⁶ We found that gomisins G and J obstruct NF- κ B nuclear translocation successfully. The nuclear translocation level of p65, a major active subunit of NF- κ B, and the phosphorylation level of I κ B α decreased in cells co-cultured with *P. gingivalis* LPS and gomisins G and J compared with *P. gingivalis* LPS-stimulated control cells. Promoter activity showed the same propensity. Previous studies have reported that extracts from *S. chinensis* inhibit the phosphorylation of the mitogen-activated protein kinase family, including extracellular signal-regulated kinase, p38, and c-Jun N-terminal kinase^{18,19} as well as

nuclear translocation of NF- κ B inhibitory capacity. However, there are few studies investigating the HO-1 signaling pathway.

HO-1, which plays a major role in resisting oxidative stress, was recently revealed to be involved in the inflammatory response. In this study, we investigated whether HO-1 mediates the anti-inflammatory activity of gomisins. All the gomisins examined in this study induced the expression of HO-1 mRNA and protein (Fig. 5). Our results revealed that gomisins enhance Nrf-2 nuclear translocation, induce HO-1 expression, and function as an anti-inflammatory mediator. Nrf-2 is a key factor in HO-1 expression. A recent report found that p65 represses Nrf-2 transcription activity.²⁸ Therefore, we can infer from the results that the gomisins' anti-inflammatory effects via induction of HO-1 are possibly due to inhibition of p65 activation. The data in Figure 4 support the proposal that the anti-inflammatory effect of gomisins G and J is through HO-1 signaling. When cells were treated with the HO-1 inhibitor SnPP, the levels of TNF- α , IL-1 β , and IL-6 returned to those following treatment with gomisins G and J.

In Asia, food and herbs are traditionally used to prevent and treat several disorders.²⁹ Phytoestrogens, including isoflavones, flavonoids, and lignans,²⁹ are found in various plants, and their therapeutic effects have been confirmed by modern science. As already known, the induction of HO-1 has many advantages in the immune system, oxidative stress, and cancer. Thus, to investigate various protective roles of HO-1 induction by phytoestrogens elucidates the beneficial effects of many natural compounds.

Thus, our study showed that gomisins G and J, the lignan type of phytoestrogen, have anti-inflammatory properties that are exerted through the induction of HO-1 expression in *P. gingivalis* LPS-stimulated Raw264.7 cells. Hence, gomisins G and J, extracted from *S. chinensis*, can be used as therapeutic agents for periodontal diseases. However, gomisins A did not reveal any anti-inflammatory response despite inducing HO-1 expression. We speculate that the HO-1 expression induced by gomisins A is mediated by some other signaling pathway. In conclusion, this is the first report on the relationship between gomisins and oral inflammation through HO-1 expression.

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AUTHOR DISCLOSURE STATEMENT

No competing financial interests exist.

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