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## High Dimensional Endophenotype Ranking in the Search for Major Depression Risk Genes

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### Abstract

**Background**—Despite overwhelming evidence that major depression is highly heritable, recent studies have localized only a single depression-related locus reaching genome-wide significance and have yet to identify a causal gene. Focusing on family-based studies of quantitative intermediate phenotypes or endophenotypes, in tandem with studies of unrelated individuals using categorical diagnoses, should improve the likelihood of identifying major depression genes. However, there is currently no empirically-derived statistically rigorous method for selecting optimal endophenotypes for mental illnesses. Here we describe the Endophenotype Ranking Value (*ERV*), a new objective index of the genetic utility of endophenotypes for any heritable illness.

**Methods**—Applying *ERV* analysis to a high-dimensional set of over 11,000 traits drawn from behavioral/neurocognitive, neuroanatomic, and transcriptomic phenotypic domains, we identified a set of objective endophenotypes for recurrent major depression in a sample of Mexican American individuals ( $n=1122$ ) from large randomly-selected extended pedigrees.

**Results**—Top-ranked endophenotypes included the Beck Depression Inventory, bilateral ventral diencephalon volume and expression levels of the *RNF123* transcript. To illustrate the utility of endophenotypes in this context, each of these traits were utilized along with disease status in

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bivariate linkage analysis. A genome-wide significant quantitative trait locus was localized on chromosome 4p15 (LOD=3.5) exhibiting pleiotropic effects on both the endophenotype (lymphocyte-derived expression levels of the *RNF123* gene) and disease risk.

**Conclusions**—The wider use of quantitative endophenotypes, combined with unbiased methods for selecting among these measures, should spur new insights into the biological mechanisms that influence mental illnesses like major depression.

### Keywords

major depression; recurrent major depression; endophenotype; endophenotype ranking; linkage; family studies

## Introduction

Major depression is a clinically heterogeneous and common mental illness (1) with lifetime prevalence rates approaching 20% (2, 3). Despite overwhelming evidence that major depression is heritable (4), recent case-control association studies have failed to identify a locus reaching genome-wide significance (5–10), leading some to conclude that common genetic variants with substantial odds ratios are unlikely to exist for the disease (7). In contrast, recent family-based linkage studies of major depression identified a significant quantitative trait locus (QTL) on chromosome 3p25-26 (LOD=4.0) in a large sample of affected sibling pairs (11). This effect replicated in a smaller sample of individuals ascertained for heavy smoking (12). However, the causal gene(s) for this QTL remain to be identified. Given our slow pace of discovery, new approaches may be necessary to improve understanding of specific causal genes influencing risk of mental illness. One possible approach to speed gene localization/identification is the use of informative quantitative intermediate phenotypes or endophenotypes in families (13, 14). Such an approach has strategic benefits (e.g., simultaneous identification of endophenotypes, increased power to identify genes, increased power to detect rare functional variants) over the more common paradigm that has focused upon collections of unrelated individuals and relied solely upon categorical diagnoses. Endophenotype exploitation should improve the likelihood of identifying major depression genes (13, 15–17).

Although the application of allied phenotypes has been successful in other complex illnesses (14, 18–20), difficulties choosing appropriate endophenotypes for mental disorders have limited their use in psychiatry, where relatively less is known about the biological mechanisms that predispose illness than in other areas of medicine. While the endophenotype concept is widely espoused in psychiatric genetics (14, 16, 21), a formal or standardized approach for the identification of endophenotypes is lacking. Most studies employ purely phenotypic correlations between disease risk and a quantitative risk factor to define putative endophenotypes. However, the endophenotype concept fundamentally depends upon the existence of joint genetic determination of both endophenotype and disease risk (13, 14). This obligatory pleiotropy is most efficiently tested using family-based observations to assess both the heritability of the endophenotype and its genetic correlation with disease liability. To facilitate the identification of optimal endophenotypes, we developed the Endophenotype Ranking Value (*ERV*), a novel objective index of the genetic utility of endophenotypes for an illness. The *ERV* provides an unbiased and empirically derived method for choosing appropriate endophenotypes in a manner that balances the strength of the genetic signal for the endophenotype and the strength of its relation to the disorder of interest. It is defined using the square-root of the heritability of the illness ( $h_i^2$ ), the square-root of the heritability of the endophenotype ( $h_e^2$ ), and their genetic correlation ( $\rho_g$ ), and is expressed in the following formula:

$$ERV_{ie} = |\sqrt{h_i^2} \sqrt{h_e^2} \rho_g|$$

*ERV* values vary between 0 and 1, where higher values indicate that the endophenotype and the illness are more strongly influenced by shared genetic factors. This method necessitates that endophenotypes be heritable and have some level of pleiotropy with the studied illness, reducing the heterogeneity of the disease and focusing on the proportion of shared genetic factors influencing both the endophenotype and the illness. An advantage of the *ERV* approach is that very large numbers of potential endophenotypes can be efficiently assessed prior to conducting molecular genetic analyses, analogous to high-throughput screening methods developed for drug discovery. Furthermore, the *ERV* approach is applicable to any heritable disease and any set of potentially relevant traits.

Applying *ERV* analysis to a high dimensional set of traits we identified a set of significant endophenotypes for recurrent major depression (rMDD). We focus on recurrent depression to reduce the clinical heterogeneity of the disorder and potentially increase the genetic control over the illness (3, 6). We perform an automated high dimensional search for endophenotypes via the ranking of 37 behavioral/neurocognitive, 85 neuroanatomic and 11,337 lymphocyte-based transcriptional candidate endophenotypes for rMDD using data acquired from 1,122 Mexican-American individuals from large randomly ascertained extended pedigrees who participated in the "Genetics of Brain Structure and Function" study. Finally, we employed the top-ranked endophenotypes in bivariate linkage analysis, localizing a significant QTL exhibiting pleiotropic effects on both endophenotype and disease risk.

## Materials and Methods

### Participants

1,122 Mexican-American individuals from extended pedigrees (71 families, average size 14.9 [1–87] people) were included in the analysis. Participants were 64% female and ranged in age from 18 to 97 (mean±SD 47.11±14.2) years. Individuals in this cohort have actively participated in research for over 18 years and were randomly selected from the community with the constraints that they are of Mexican-American ancestry, part of a large family and live within the San Antonio region (see (22) for recruitment details). No other inclusion or exclusion criteria were imposed in the initial study. However, individuals were excluded from scanning for MRI contraindications. In addition, individuals were excluded from scanning and neurocognitive evaluation for history of neurological illnesses, stroke or other major neurological event. Reported pedigree relationships were empirically verified with autosomal markers and intra-familial relationships were edited if necessary (see Table 1 for familial relationships). All participants provided written informed consent on forms approved by the IRBs at the University of Texas Health Science Center San Antonio (UTHSCSA) and at Yale University.

### Diagnostic Assessment

All participants received the Mini-International Neuropsychiatric Interview (23), a semi-structured interview augmented to include items on lifetime diagnostic history. Masters and doctorate level research staff, with established reliability ( $\kappa \geq 0.85$ ) for affective disorders, conducted all interviews. All subjects with possible psychopathology were discussed in case conferences that included licensed psychologists or psychiatrists. Lifetime consensus diagnoses were determined based on available medical records, the MINI interview and the

interviewer's narrative. Recurrent major depression was defined as two or more distinct episodes of depression meeting DSM-IV criteria.

### Behavioral and Neurocognitive Assessment

Each participant received a 90-min neuropsychological evaluation consisting of standard and computerized measures (24, 25). Thirty-five neurocognitive variables were derived from 17 separate neuropsychological tests, including measures of attention/concentration, executive processing, working memory, declarative memory, language processing, intelligence and emotional processing. In addition, participants completed two questionnaires indexing depressive mood: the Beck Depression Inventory II (BDI (26)) and the neuroticism questions of the Eysenck Personality Questionnaire (27).

### Image Acquisition and Processing

MRI data were acquired on a 3T Siemens Trio scanner with an 8-channel head coil in the Research Imaging Institute, UTHSCSA. 800  $\mu\text{m}$  isotropic anatomic images were acquired for each subject using a retrospective motion-corrected protocol (28). This protocol included the acquisition of seven full-resolution volumes using a T1-weighted, 3D TurboFlash sequence with the following scan parameters: TE/TR/TI=3.04/2100/785 ms, flip angle=13°. Surface-based image analyses were conducted with FreeSurfer (29, 30) following standardized protocols (31). T1-weighted images were segmented into gray matter thickness measures for 53 cortical regions and 21 subcortical volumes (averaged across both hemispheres).

T2-weighted imaging data were acquired using a 1mm isotropic, turbo-spin-echo FLAIR sequence with the following parameters: TR/TE/TI/Flip angle/ETL=5s/353ms/1.8s/180°/221. White-matter hyperintensities were manually delineated in 3D-space using in-house software by experienced neuroanatomists with high ( $r^2>0.90$ ) test-retest reproducibility (32).

Diffusion tensor imaging (DTI) data acquisition used a single-shot single spin-echo, echo-planar imaging sequence with a spatial resolution of 1.7 $\times$ 1.7 $\times$ 3.0mm (TR/TE=8000/87ms, FOV=200mm, 55 directions, b=0 and 800 s/mm<sup>2</sup>). Fractional anisotropy values were estimated for each subject on thirteen tracts using Tract-Based Spatial Statistics software (TBSS) (33). DTI images provided fractional anisotropy indices for 13 white-matter tracts (averaged across both hemispheres).

### Transcriptional Profiling

Transcriptional profiling followed procedures described by Göring and colleagues (34). Total RNA was isolated from lymphocytes and hybridized to Illumina Sentrix Human Whole Genome (WG-6) Series 1 BeadChips. These BeadChips simultaneously probe ~48,000 transcripts, representing more than 25,000 annotated human genes. Although we previously identified 20,413 quantitative transcripts in lymphocytes, we only examined those with heritabilities greater than or equal to 0.20 (n=11,337) in the current analysis.

### Genotyping

DNA extracted from lymphocytes was used in polymerase chain reactions (PCRs) for the amplification of individual DNA at 432 dinucleotide repeat microsatellite loci (STRs), spaced approximately 10 centiMorgan (cM) intervals apart across the 22 autosomes, with fluorescently labeled primers from the MapPairs Human Screening set, versions 6 and 8 (Research Genetics, Huntsville, AL). PCRs were performed separately according to manufacturer specifications in Applied Biosystems 9700 thermocyclers (Applied Biosystems, Foster City, CA). For each individual, the products of separate PCRs were pooled using the Robbins Hydra-96 Microdispenser, and a labeled size standard was added

to each pool. The pooled PCR products were loaded into an ABI PRISM 377 or 3100 Genetic Analyzer for laser based automated genotyping. The STRs and standards were detected and quantified, and genotypes were scored using the Genotyper software package (Applied Biosystems).

### Quantitative Genetic Analyses

All analyses were conducted with SOLAR (35), which employs maximum likelihood variance decomposition methods to determine the relative importance of genetic and environmental influences by modeling the covariance among family members as a function of genetic proximity (see Supplement for detail on variance components methods).

The Endophenotype Ranking Value (*ERV*) represents the standardized genetic covariance between the endophenotype (denoted by the subscript, *e*) and illness (denoted by the subscript, *i*), and is defined as  $ERV_{ie} = |\sqrt{h_i^2}\sqrt{h_e^2}\rho_g|$ . Heritability ( $h^2$ ) represents the portion of the phenotypic variance accounted for by additive genetic variance ( $h^2 = \sigma_g^2/\sigma_p^2$ ). Genetic correlation represents the common genetic covariance between two traits, or pleiotropy (36). Bivariate quantitative genetic analysis was used to estimate the genetic ( $\rho_g$ ) and environmental ( $\rho_e$ ) correlations between each potential endophenotype and rMDD. The phenotypic correlation ( $\rho_p$ ), which quantifies the overall relationship between the two traits, can be derived from the genetic and environmental correlations as  $\rho_p = \rho_g\sqrt{(h_e^2 h_i^2)} + \rho_e\sqrt{((1-h_e^2)(1-h_i^2))}$ . These parameters are estimated by jointly utilizing all available pedigree information with a multivariate normal threshold model for combined dichotomous/continuous traits (37, 38). The significance of the *ERV* was tested by comparing the *ln* likelihood for the restricted null model (with  $\rho_g$  constrained to equal 0) against the *ln* likelihood for the alternative model in which the  $\rho_g$  parameter is estimated. The resultant likelihood ratio test is asymptotically distributed as a chi-square with a single degree of freedom. The corresponding p-value is identical to that used for genetic correlation. Prior to analysis, endophenotypes were normalized using an inverse Gaussian transformation. Age, sex, age $\times$ sex, age<sup>2</sup>, and age<sup>2</sup> $\times$ sex were included as covariates whose effects were simultaneously estimated in all analyses.

### Bivariate Linkage Analysis

Bivariate linkage analysis exploits the genetic covariance between the endophenotype and the illness to improve the power to localize QTLs and to detect QTL-specific pleiotropic effects (37). After addressing (by blanking, recalling, or retyping) mistyping errors identified using Simwalk II (39), genotype data were used to compute maximum likelihood estimates of allele frequencies. Matrices of empirical estimates of identity-by-descent (IBD) allele sharing at points throughout the genome for every relative pair were computed using the Loki package (40). We used high-resolution chromosomal maps provided by deCODE genetics (41). For the localization of QTLs, we performed both univariate and bivariate variance components linkage analyses by employing the models for combined analysis of quantitative and dichotomous phenotypes described by Williams and colleagues (37, 38). Once a genome-wide significant localization was made, formal single degree of freedom likelihood ratio tests for pleiotropy were performed to test the specific hypothesis that a QTL at that location influenced a given endophenotype/rMDD risk (36).

## Results

### Heritability of Recurrent Major Depression

Two hundred and fifteen individuals met criteria for lifetime rMDD (19% of the sample; 73% female). Eighty-six individuals were clinically depressed at the time of the assessment. The estimated heritability for lifetime rMDD was  $h^2=0.463$  (standard error  $\pm 0.12$ ),

$p=4.0\times 10^{-6}$ . We previously demonstrated that this heritability estimate is not significantly influenced by common environmental factors as indexed by shared household (22). Additionally, there was no evidence for dominance ( $p=0.14$ ) or additive $\times$ additive epistasis ( $p=0.18$ ), suggesting that the heritability estimate reflects additive genetic factors.

### Potential Behavioral/Neurocognitive Endophenotypes

The 10 top-ranked behavioral/cognitive endophenotypes are presented in Table 2. The BDI was the highest ranked endophenotype in this class. Although the BDI was developed as an index of mood state, the heritability of this measure was  $h^2=0.254 (\pm 0.07)$ ,  $p=5.6\times 10^{-5}$ , demonstrating that 25% of the variability on this measure is due to additive genetic factors. The genetic correlation between the BDI and the neuroticism questions from the Eysenck, the second best ranked endophenotype in this domain, was  $\rho_G=0.870 (\pm 0.09)$ ,  $p=3.3\times 10^{-4}$ , suggesting significant pleiotropy and potential redundancy between these two measures. Top-ranked cognitive measures include indices of working and declarative memory, attention and emotion recognition.

### Potential Neuroimaging Endophenotypes

The top ranked brain region was bilateral ventral diencephalon volume (Table 2), a region primarily comprised of the hypothalamus. As part of the hypothalamic-pituitary-adrenal (HPA) axis, the hypothalamus mediates neuroendocrine and neurovegetative functions and has been consistently implicated in the neurobiology of depression (42). HPA axis activity is regulated in part by the hippocampus and amygdala (42), both regions with reasonably high *ERV* ranking (3<sup>rd</sup> and 13<sup>th</sup> ranked, respectively). Our results suggest that the genetic factors that influence the structure of these subcortical regions (Figure 1) also confer risk for rMDD. Additionally, white-matter hyperintensity measures, which are associated with aging, cerebrovascular dysfunction, smoking and a host of other depression-related pathologies (43), were highly ranked endophenotypes for rMDD. This result is consistent with and extends the vascular depression hypothesis (44), by suggesting common genetic factors increase risk for rMDD and white-matter hyperintensities.

### Potential Transcriptional Endophenotypes

*ERV* analyses on 11,337 are presented in Figure 2 and top ranked transcriptional endophenotypes for rMDD are presented in Table 2. The top-ranking transcript *RNF123*, is a member of the E3 ubiquitin-protein ligase family, which have diverse functions including protein degradation and modulation of protein assembly, structure, function and localization (45, 46). Other members of the ubiquitin-proteasome system were previously implicated in anxiety, depression and vulnerability to seizures (47, 48). *PDXK*, an essential cofactor in the intermediate metabolism of amino acids and neurotransmitters, including serotonin and dopamine (49), confers risk for Parkinson disease (50) and epilepsy (49). Additionally, *MARK2* and *ABHD12* have previously been implicated in neuronal migration (51), degeneration (52) and regulation of endocannabinoid signaling pathways (53), respectively. Although other identified transcripts are less obvious candidates for rMDD risk, they may represent novel genes whose functions are not fully understood and may extend to depression phenotypes.

### Genome-Wide Bivariate Linkage Analyses Using rMDD and Top-Ranked Endophenotypes

We performed a genome-wide linkage-based search for pleiotropic quantitative trait loci influencing disease risk and the top-ranked endophenotype from each class: BDI, bilateral ventral diencephalon volume and the *RNF123* transcript. First, standard univariate linkage analyses were performed. Two traits exhibited genome-wide or near genome-wide significance QTLs. The best univariate score for rMDD was found on chromosome 4 at 47

cM (LOD=2.98, nominal  $p=0.00011$ ). While not reaching traditional genome-wide significance, this results points to a potential disease-related QTL at chromosomal location 4p15. The bilateral ventral diencephalon exhibited an unequivocal genome-wide significant peak on chromosome 7 at 131 cM (LOD=3.40, nominal  $p=3.8\times 10^{-5}$ ). Neither BDI nor *RNF123* expression levels showed strong evidence for causal QTLs in univariate analysis. Suggestive evidence for a QTL influencing BDI was found on chromosome 17 at 98 cM (LOD=2.57, nominal  $p=0.0003$ ). We found little evidence for a QTL influencing quantitative *RNF123* gene expression levels, with the single best univariate QTL location found on chromosome 6 at 53 cM (LOD=1.81).

Bivariate linkage analyses were performed to determine if QTL localization could be enhanced via simultaneous analysis with rMDD affection status. The most dramatic improvement in localization was seen for rMDD and *RNF123* transcription levels. The bivariate analysis of this endophenotype/disease combination substantially improved the evidence for a QTL located at 4p15 seen in the univariate rMDD results. Figure 3 shows the QTL localization results for the bivariate analysis and the two related univariate analyses. The peak bivariate LOD (scaled to a standard single degree of freedom LOD) for was 3.51 (nominal  $p=3.8\times 10^{-5}$ ) at 45 cM, a marked improvement over that seen for rMDD alone. No other rMDD/endophenotype combination provided genome-wide evidence for QTLs.

Table 3 shows the results of likelihood ratio statistic-based formal tests of pleiotropy at the chromosome 4:45cM location obtained from the bivariate analysis of *RNF123*/rMDD. The marginal results from univariate analysis (technically co-incident linkage (36)) and the strict test of pleiotropy that can be performed using the bivariate linkage model. The chromosome 4 locus significantly influences rMDD ( $p=4.7\times 10^{-5}$ ), *RNF123* ( $p=0.0010$ ), and diencephalon volume ( $p=0.0290$ ), and shows a trend for BDI ( $p=0.1170$ ). The fact that this QTL influences both risk of rMDD and two of our three best endophenotypes provides additional validation for endophenotype identification, with evidence for rMDD increasing by nearly an order of magnitude. These results strongly support a QTL influencing rMDD and related endophenotypes at chromosome 4p15.

Given evidence for a QTL influencing diencephalon volume on chromosome 7, we tested for pleiotropic effects. As expected, these tests revealed a major effect on diencephalon (pleiotropy  $p\text{-value}=1.6\times 10^{-5}$ ) and rMDD liability (pleiotropy  $p\text{-value}=0.0437$ ). Both of these results are substantially improved over their univariate analogues and only with bivariate analysis do we detect a significant influence of this QTL on rMDD liability. The other two leading endophenotypes show no pleiotropic effects at this QTL.

## Discussion

Our results demonstrate the utility of the *ERV* approach for formally identifying endophenotypes in high dimensional data and provide a novel genome-wide significant QTL for recurrent major depression. Bivariate genetic analyses including a quantitative endophenotype and disease risk significantly improved QTL detection over that observed utilizing diagnosis alone. These results may reflect the improved statistical sensitivity of quantitative over qualitative traits or that endophenotypes index a somewhat less heterogeneous aspect of the pathophysiology associated with mental illnesses (54). In either case, quantitative endophenotypes can significantly improve the potential to localize loci for complex disorders like rMDD, where multiple genes with varying effects and incomplete penetrance are thought to interact with environmental factors to determine illness susceptibility.

The present experiment demonstrates the utility of gene expression measures in peripheral tissues for psychiatric phenotypes. Transcripts can be considered endophenotypes that, while removed from the phenomenology-based diagnosis, are close to gene action, and in the case of primary *cis*-regulation, provide evidence for a gene's involvement in the illness. Although brain tissue is ideal for gene expression studies in psychiatry, difficulty obtaining this tissue in genetically informative samples necessitates the use of a surrogate marker and lymphocytes appear to be good surrogates for detection of mental disease-relevant genes (55, 56). The lymphocyte measures used in the present experiment were collected 12–15 years prior to the current assessments, minimizing the potential that these traits were influenced by acute variation in mood or medication usage (57). It is notable that the top-ranked transcriptional endophenotype for rMDD was ranked higher than any of the behavioral/cognitive or neuroimaging traits, including BDI, suggesting that transcripts may provide an important new set of markers for disease risk.

Our single strongest *ERV* result was observed for quantitative mRNA levels of the *RNF123* gene with risk for rMDD. This gene (also known as *KPCI*) encodes ring finger protein 123 which is likely involved in the regulation of neurite outgrowth via its modulation of the degradation of the cyclin-dependent kinase inhibitor p27(Kip1) (58, 59). p27(Kip1) is involved in increased hippocampal neuronal differentiation via a glucocorticoid receptor function that is observed upon administration of the antidepressant, sertraline (60). Thus, *RNF123* appears to be a novel candidate involved in hippocampal neurogenesis of significant relevance to depression risk. We observed a significant negative genetic correlation between *RNF123* expression level and disease risk consistent with evidence that *RNF123* inhibits p27(Kip1) and depression amelioration. Thus, *RNF123* represents a potential drug target for depression.

The dominant paradigm in psychiatric genetic studies focuses on a specific disease itself. However, as with most disease states, this endpoint is relatively distant from the causal anatomic or physiological disruption. In contrast, we supplement disease status with quantitative endophenotypes, selected through an empirically derived process, to identify and characterize genes that influence rMDD. Since these endophenotypes vary within the normal population, it is possible to localize genes influencing them in samples ascertained without regard to a specific phenotype (illness). The endophenotype and normal variation strategy has been successfully applied to the study of other complex diseases such as heart disease (18, 61, 62) obesity (19, 63, 64), diabetes (65, 66), hypertension (20, 67), and osteoporosis (68, 69). However, this strategy has not been effectively applied in the search for mental illness genes.

There is debate regarding the definition of a “good” endophenotype or even if endophenotypes will benefit the search for mental illness genes. We propose that endophenotypes that are heritable and genetically correlated with disease liability can facilitate gene identification. Although both disease and endophenotype must be heritable for the *ERV* approach, there is no requirement that the endophenotype exhibit higher heritability than the disease itself. Higher heritability estimates do not imply a simpler genetic architecture or improve the potential to localize genes (25). A quantitative endophenotype with a low but significant heritability estimate that is genetically correlated with disease still allows one to rank individuals along a continuous liability distribution (70), increasing power to identify genes. The *ERV* index includes no assumption about the genetic architecture of an endophenotype. While endophenotypes that are closer to gene action are desirable, this is not a requisite of an endophenotype as information about the genetic simplicity of a particular endophenotype is generally not available or easily quantified. A putative endophenotype with a high *ERV* value will reflect the genetic component of disease liability better than one with a low *ERV*. Therefore, even quantitative endophenotypes with

complex genetic architectures (involving many genes) can offer major advantages in genetic dissection of disease liability. Indeed, the gold standard endophenotype for heart disease, LDL-C levels, is a complex quantitative trait that is not particularly close to gene action (given that it does not represent a single protein) that was successfully used to find cardiovascular disease risk genes (71, 72).

The present experiment establishes the value of randomly selected families in the search for common psychiatric illnesses genes. While we highlight the optimality of large families for the assessment of heritability, genetic correlations, and *ERV* calculations, we note that modern high density typing now allows empirical assessment of deep kinship between “unrelated” individuals that could in principle be used to estimate these parameters (albeit very inefficiently due to the remoteness of relationships). Thus, very large previously collected data sets of unrelateds may be of some future value in *ERV* estimation.

While we demonstrate the utility of the *ERV* approach, the current experiment has several limitations. For example, not all potential candidate endophenotypes for affective disorders were included (17), as this is impractical in large-scale genetic studies. In addition, verification of endophenotypes in independent samples is warranted. However, when the goal of simultaneous evaluation of disease liability and endophenotype is focused on gene discovery, it may be folly to wait for such replication rather than immediately pursuing an independent discovery avenue like deep sequencing of a gene whose expression level is genetically correlated with disease liability. The formal testing and rigorously defining endophenotypes for a given disease should speed the identification of risk genes and improve our understanding of the underlying pathobiological processes. Endophenotypes identified by empirical approaches like the *ERV* will likely outperform non-objective “expert”-derived putative endophenotypes.

The endophenotype strategy has the potential to significantly improve our understanding of the genetic architecture of psychiatric illnesses (14). However, choosing optimal endophenotypes for brain-related illness is difficult when relying upon theoretical factors alone. The *ERV* approach provides an unbiased method for selecting endophenotypes that is applicable to any heritable disease and should facilitate the use of endophenotypes in the search for genes influencing brain-related illnesses. Objective formal identification of endophenotypes using the *ERV* procedure led to improved power to localize causal QTLs influencing risk of major depression and the identification of a novel potential player in depression risk focused on the *RNF123* gene, its products, and its pathway.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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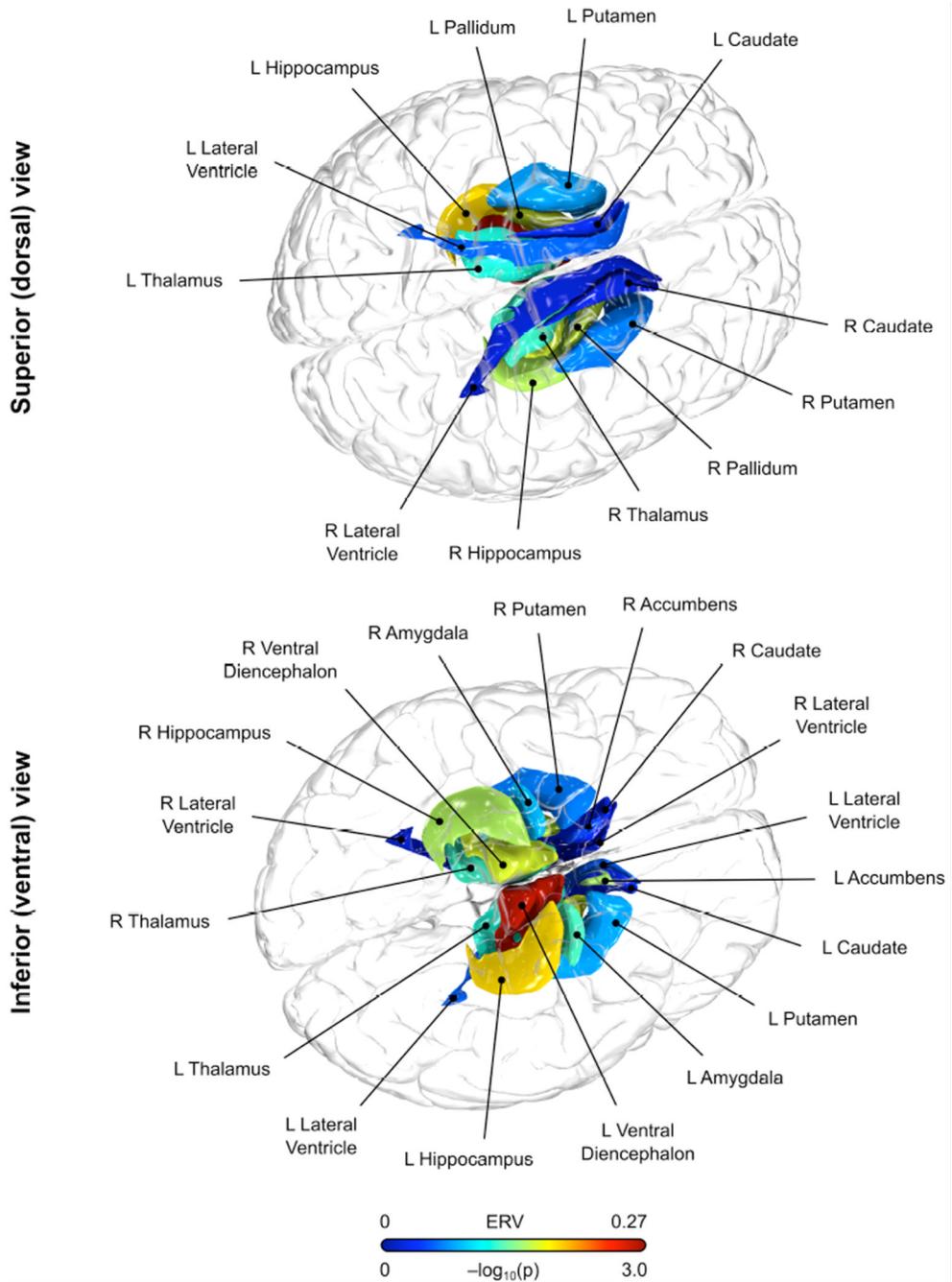
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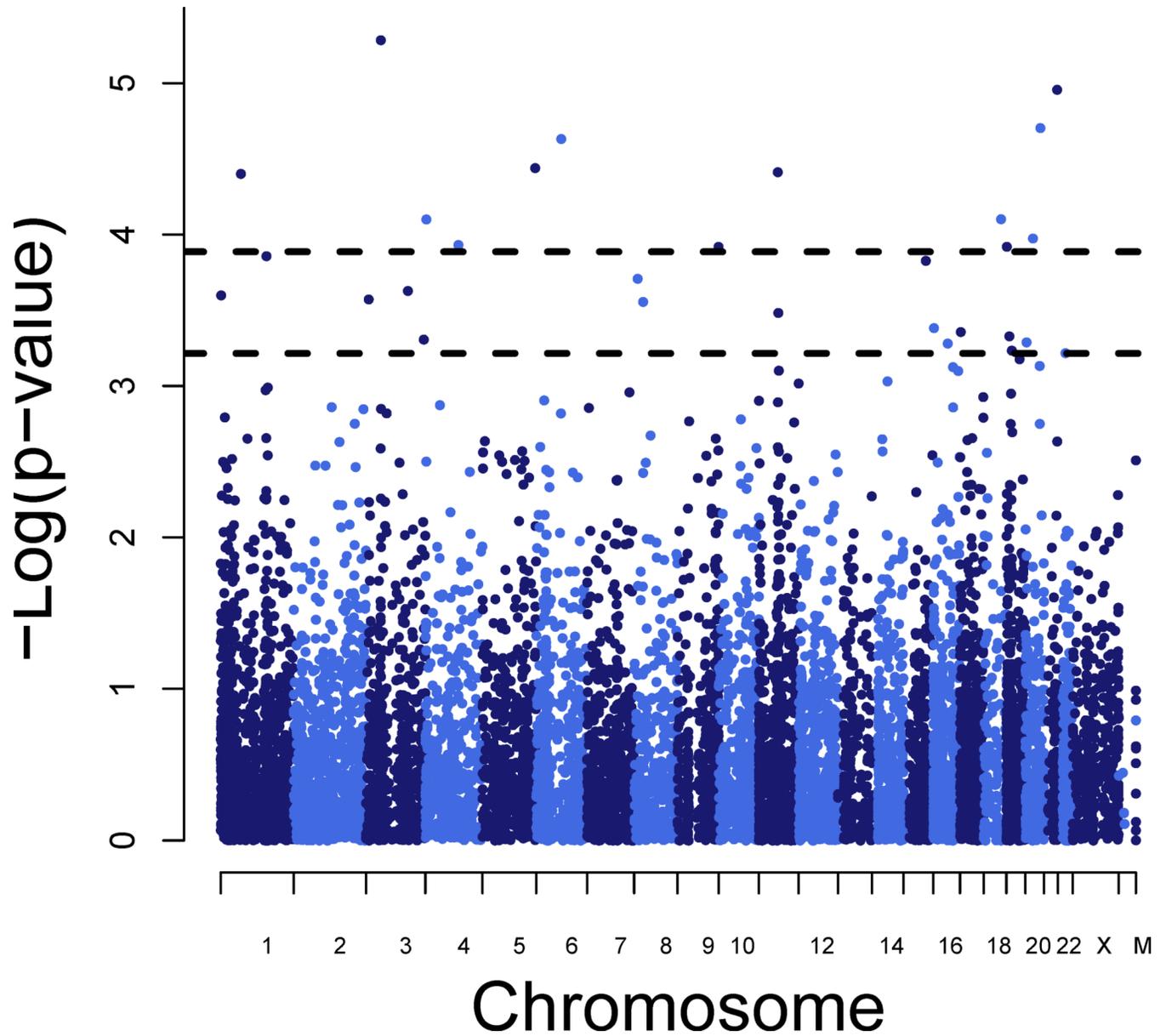
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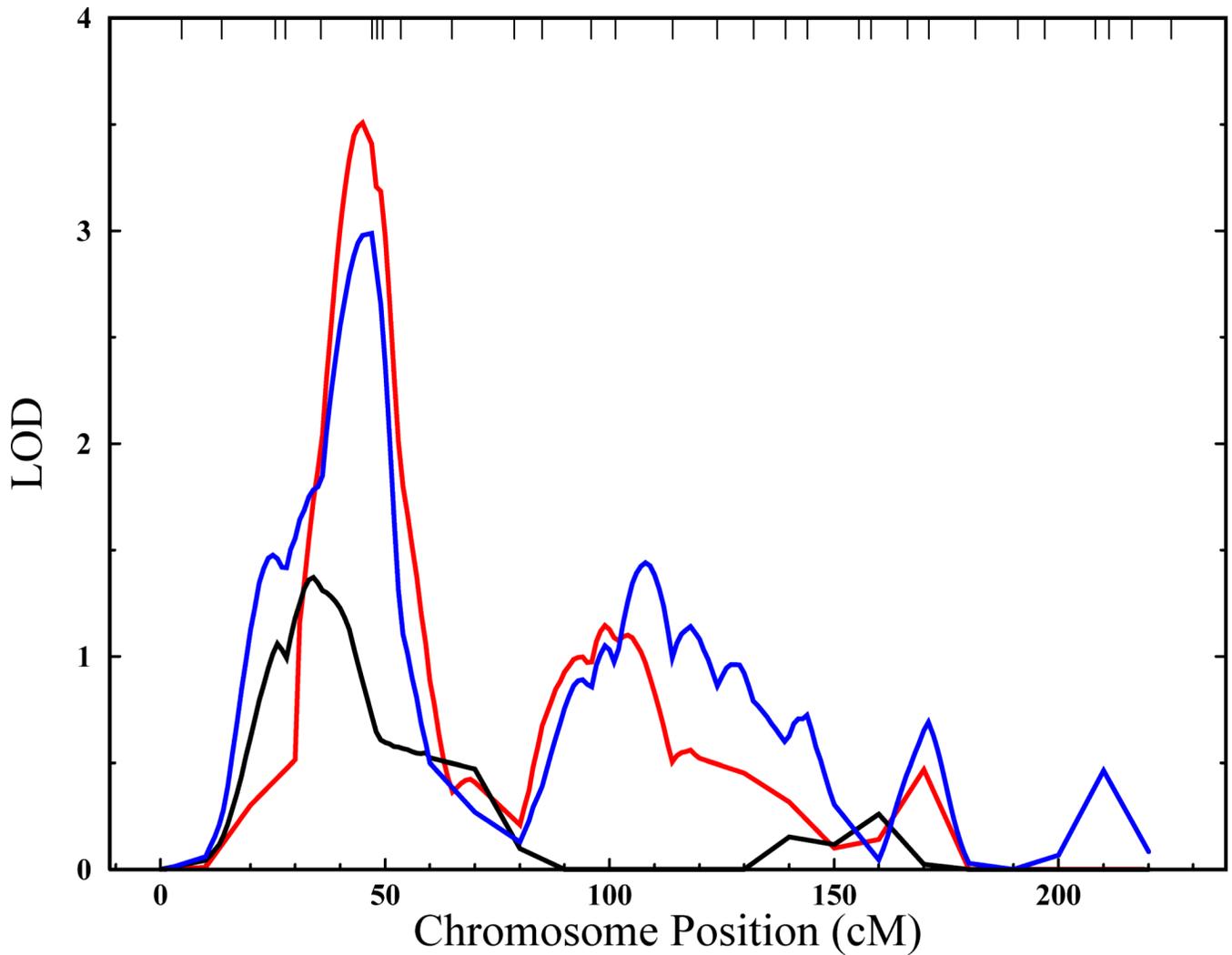


**Figure 1. ERV statistics for subcortical brain regions and recurrent major depression**  
 Volume measurements of subcortical nuclei were found to share genetic variance with liability for recurrent major depression in extended pedigrees selected without regard to phenotype. ERV statistics, which provide an unbiased and empirically derived method for choosing appropriate endophenotypes, were strongest for the ventral diencephalon volume, a region primarily comprised of the hypothalamus. For anatomical reference, in this image the cortex is shown as a semi-transparent structure.



**Figure 2. Manhattan plot depicting whole transcriptomic search for expression-based endophenotypes for recurrent major depression**

*ERV* values were calculated for 11,337 detected lymphocyte-based transcripts and recurrent major depression. Dashed lines reflect cutoff points for  $FDR < 0.10$  (13 transcripts) and  $FDR < 0.25$  (29 transcripts).



**Figure 3. Detection of a QTL influencing recurrent major depression and *RNF123* expression levels on chromosome 4**

Multipoint LOD functions for chromosome 4 in 1,122 individuals from large extended pedigrees from the Genetics of Brain Structure and Function study. The black line represents the univariate linkage analysis for *RNF123* expression levels alone. The blue line represents the univariate linkage analysis for recurrent major depression alone. The red line represents the bivariate linkage analysis for recurrent major depression and *RNF123* and reaches genome-wide significance (LOD=3.5) at 45 cM (chromosomal band 4p15). The vertical axis is in LOD score units, and the horizontal axis is in units of genetic distance (centi-Morgans, cM) from the p arm telomere.

**Table 1**  
**Pair-Wise Pedigree Relationships**

| <b>Relationship</b>    | <b>Number of Pairs</b> |
|------------------------|------------------------|
| Parent-offspring       | 689                    |
| Siblings               | 784                    |
| Grandparent-grandchild | 122                    |
| Avuncular              | 1248                   |
| Half siblings          | 135                    |
| 1st cousins            | 1602                   |
| 3rd degree             | 2128                   |
| 4th degree             | 2235                   |
| 5th degree             | 1341                   |
| 6th degree             | 584                    |
| 7th degree             | 309                    |
| 8th degree             | 36                     |

**Table 2**  
**10 Top-Ranked Endophenotypes per Domain for Recurrent Major Depression**

10 top ranked endophenotypes for recurrent major depression in the categories of behavioral/cognitive, neuroimaging and RNA transcripts (see Supplement for the complete rankings). Genetic correlations are between the respective endophenotypes and lifetime affection status. Endophenotype heritability estimates were estimated as part of bivariate models.

| Endophenotypes                        | ERV   | P-value              | Genetic Correlation ( $\rho_g$ ) | Heritability ( $h^2$ ) |
|---------------------------------------|-------|----------------------|----------------------------------|------------------------|
| <b>Behavioral/Neurocognitive</b>      |       |                      |                                  |                        |
| Beck Depression Inventory II          | 0.263 | $1.9 \times 10^{-5}$ | 0.825                            | 0.253                  |
| EPQ Neuroticism                       | 0.238 | $1.7 \times 10^{-4}$ | 0.739                            | 0.228                  |
| Declarative Memory (CVLT Recognition) | 0.136 | $5.4 \times 10^{-2}$ | -0.338                           | 0.338                  |
| Working Memory (Digit Span Forward)   | 0.142 | $5.6 \times 10^{-2}$ | -0.295                           | 0.490                  |
| Working Memory (Letter-Number)        | 0.135 | $6.3 \times 10^{-2}$ | -0.267                           | 0.541                  |
| Penn Facial Memory (Immediate)        | 0.127 | $6.9 \times 10^{-2}$ | -0.319                           | 0.344                  |
| Penn Facial Memory (Delayed)          | 0.134 | $8.1 \times 10^{-2}$ | -0.295                           | 0.439                  |
| Attention (CPT hits)                  | 0.119 | $8.3 \times 10^{-2}$ | -0.387                           | 0.202                  |
| Attention (Trails A)                  | 0.121 | $9.6 \times 10^{-2}$ | 0.303                            | 0.340                  |
| Penn Emotion Recognition              | 0.117 | $1.0 \times 10^{-1}$ | -0.288                           | 0.347                  |
| <b>Neuroimaging</b>                   |       |                      |                                  |                        |
| Ventral Diencephalon Volume           | 0.240 | $3.9 \times 10^{-3}$ | -0.425                           | 0.694                  |
| Parietal Hyperintensity Volume        | 0.282 | $7.8 \times 10^{-3}$ | 0.569                            | 0.573                  |
| Hippocampus Volume                    | 0.204 | $1.2 \times 10^{-2}$ | -0.347                           | 0.771                  |
| Pallidum Volume                       | 0.203 | $1.3 \times 10^{-2}$ | -0.396                           | 0.562                  |
| Cerebellar White Matter Volume        | 0.218 | $1.3 \times 10^{-2}$ | -0.443                           | 0.524                  |
| Frontal Hyperintensity Volume         | 0.255 | $1.3 \times 10^{-2}$ | 0.483                            | 0.635                  |
| CorticoSpinal Tract (FA)              | 0.208 | $2.1 \times 10^{-2}$ | -0.900                           | 0.101                  |
| Subcortical Hyperintensity Volume     | 0.213 | $4.1 \times 10^{-2}$ | 0.473                            | 0.459                  |
| Superior Parietal Gyrus Thickness     | 0.178 | $4.5 \times 10^{-2}$ | 0.363                            | 0.480                  |
| Thalamus Proper Volume                | 0.172 | $4.8 \times 10^{-2}$ | -0.294                           | 0.739                  |
| <b>Transcriptional</b>                |       |                      |                                  |                        |
| <i>RNF123</i> (3p24)                  | 0.323 | $5.2 \times 10^{-6}$ | -0.943                           | 0.209                  |
| <i>PDXX</i> (21q22)                   | 0.331 | $1.1 \times 10^{-5}$ | -0.689                           | 0.489                  |
| <i>ZFP64</i> (20q13)                  | 0.352 | $2.0 \times 10^{-5}$ | -0.711                           | 0.470                  |
| <i>RWDD2A</i> (6q14)                  | 0.260 | $2.3 \times 10^{-5}$ | 0.666                            | 0.337                  |
| <i>B4GALT7</i> (5q35)                 | 0.276 | $3.6 \times 10^{-5}$ | -0.732                           | 0.309                  |
| <i>MARK2</i> (11q12)                  | 0.180 | $3.9 \times 10^{-5}$ | -0.399                           | 0.412                  |
| <i>GADD45A</i> (1p31)                 | 0.344 | $4.0 \times 10^{-5}$ | 0.729                            | 0.432                  |
| <i>PIGN</i> (18q21)                   | 0.274 | $7.9 \times 10^{-5}$ | 0.646                            | 0.399                  |
| <i>HTT</i> (4p16)                     | 0.225 | $7.9 \times 10^{-5}$ | -0.546                           | 0.358                  |
| <i>ABHD12</i> (20p11)                 | 0.269 | $1.1 \times 10^{-4}$ | 0.755                            | 0.272                  |

**Table 3**  
**Tests of Pleiotropy at the Chromosome 4:45cM Quantitative Trait Locus**

| Trait                       | Pleiotropy P-value from Bivariate Model | Co-Incident Linkage P-value from Univariate Model |
|-----------------------------|---|---|
| Recurrent MDD               | $4.7 \times 10^{-5}$                    | $1.1 \times 10^{-4}$                              |
| <i>RNF123</i> expression    | 0.0010                                  | 0.0219  |
| Ventral Diencephalon Volume | 0.0290                                  | 0.0266  |
| BDI score                   | 0.1170                                  | 0.5000  |