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Role of $\gamma\delta$ T Cells in West Nile Virus-Induced Encephalitis: Friend or Foe?

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Abstract

West Nile virus (WNV) –induced encephalitis has been a public health concern in North America over the past decade. No therapeutics or vaccines are available for human use. Studies in animal models have provided important information for investigations of WNV pathogenesis and the host immune response in humans. This article will give an overview of the role of $\gamma\delta$ T cells, one of the non-classical T cell subsets in the murine model of WNV encephalitis.

Keywords

West Nile virus; Encephalitis; Gamma/delta T cells

1. Introduction

West Nile virus (WNV), a plus-sense, single-stranded neurotropic flavivirus, is now the most widely distributed arbovirus in the world, occurring on all continents except Antarctica (Kramer et al., 2008). It was originally isolated in Africa and later caused epidemics with mainly febrile illness in humans in Europe, Africa, the Middle East, and parts of Asia. In North America, a more virulent WNV strain was detected in 1999 and has caused annual outbreaks of viral encephalitis (Campbell et al., 2002; Pletnev et al., 2006). WNV is maintained in an enzootic cycle that involves mosquitoes and birds, with humans and horses as incidental hosts. Human infection results primarily from mosquito bites (Campbell et al., 2002). Additionally, blood transfusion, organ transplantation, breast feeding and *in utero* or

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occupational exposure were reported to be associated with WNV transmission in humans (2002a; 2002b; Alpert et al., 2003; Charatan, 2002). WNV infection of the central nervous system (CNS, neuroinvasive disease) commonly presents as encephalitis, meningitis or acute flaccid paralysis. Those at highest risk of developing WNV-induced encephalitis are the elderly (> 70 years) and immuno-suppressed persons. At present, there is no specific therapeutic agent for treatment of the infection or an approved vaccine for its prevention.

2. Pathogenesis of WNV-induced encephalitis

Studies in animal models, including mice, hamsters and monkeys, have provided important information for investigators of WNV pathogenesis and host immune response in humans (Davis et al., 2001; Kramer and Bernard, 2001; Ratterree et al., 2004; Xiao et al., 2001). Following a brief period of viremia, WNV can gain access to the CNS, a process called neuroinvasion that may turn a mild viral infection into severe lethal encephalitis (Ben-Nathan et al., 1996; Diamond et al., 2003a; Halevy et al., 1994). In the susceptible host, WNV is neuroinvasive and neurovirulent (i.e., able to infect the CNS, replicate in some of its cells and injure them) (Ben-Nathan et al., 1996; Halevy et al., 1994). Although how WNV crosses the blood brain barrier (BBB) is not clearly understood, it has been suggested that WNV infects the CNS in part via hematogenous spread, e.g., an increased viral burden in the serum correlates with earlier viral entry into the brain (Diamond et al., 2003b). Systemic WNV replication induced-proinflammatory cytokines, including tumor necrosis factor (TNF- α) and macrophage migration inhibitory factor, could modulate the permeability of the BBB, which may further enable viral entry into the brain and induce lethal encephalitis (Arjona et al., 2007; Wang et al., 2004). Leukocyte migration across the brain endothelial layer also accelerates BBB breakdown (Dietrich, 2002). In WNV-infected mice, innate immune cells, including microglia or macrophages, NK cells, plasmacytoid DCs, and neutrophils, greatly expand as the virus invades the brain, followed by B and T cell infiltration (Brehin et al., 2008). WNV might also cross the BBB and enter the CNS by being carried by infected infiltrating T cells (Wang et al., 2008). Overall, it appears critical to control virus dissemination in the periphery at the early stages of WNV infection. Once inside the brain, WNV-induced CNS disease might be caused by neuronal degeneration, a direct result of viral infection, and/or by bystander damage from the immune response to the pathogen, including lymphocyte and macrophage/microglia responses (Sampson and Armbrustmacher, 2001; Shrestha et al., 2003; Wang et al., 2003b; Xiao et al., 2001).

3. Host Immunity to WNV infection

The murine model has been used as an effective *in vivo* experimental model to investigate host immunity to WNV infection in humans. Both type 1 and type 2 interferons (IFNs), including IFN- α , IFN- β , and IFN- γ , participate in the control of viral infections and provide protective immunity against lethal WNV encephalitis (Anderson and Rahal, 2002; Katze et al., 2002; Lucas et al., 2003; Samuel and Diamond, 2005; Shahar et al., 1990; Shrestha et al., 2006; Wang et al., 2003a). B cells and specific antibodies are critical in the control of disseminated WNV infection, but are not sufficient to eliminate it from the host (Diamond et al., 2003b; Roehrig et al., 2001). Macrophages, B cells and dendritic cells (DCs) are the antigen-presenting cells (APCs) involved during systemic WNV infection (Kulkarni et al., 1991). Among them, DCs represent the most important APCs exhibiting the unique capacity to initiate primary T cell responses. In particular, during cutaneous WNV infection, the bone marrow-derived epidermal DCs (Langerhans cells) are important APCs in the skin — where the pathogen is naturally deposited during mosquito transmission of the virus (Byrne et al., 2001; Johnston et al., 2000). These cells migrate from the epidermis by an IL-1 β -dependent pathway and accumulate in the local draining lymph nodes, thereby playing an important role in T-cell activation and proliferation (Byrne et al., 2001). T cell receptor β (TCR β)-

deficient (TCR $\beta^{-/-}$) mice were recently shown (Wang et al., 2003a) to have an increased mortality to WNV infection, compared with that in control animals, which indicates that $\alpha\beta$ ibute to host survival. CD4⁺ $\alpha\beta$ T cells respond vigorously in the periphery (Kulkarni et al., 1991), and provide help for antibody responses and sustain WNV-specific CD8⁺ T cell responses in the CNS that enable viral clearance (Sitati and Diamond, 2006). In comparison, CD8⁺ $\alpha\beta$ T cell responses have been observed in both the spleen and brain following WNV infection (Liu et al., 1989). They are critical in clearing WNV infection from tissues and preventing viral persistence. In this review, we will summarize the role of one of the nonclassical T cells--namely $\gamma\delta$ T cells, in WNV-induced encephalitis, either by directly responding or regulating other immune factors.

4. γδ T cells control WNV dissemination in the periphery

 $\gamma\delta$ T cells comprise a minority of the CD3⁺ T cells in lymphoid tissue and blood, but are well represented at epithelial and mucosal sites (Hayday, 2000). They display some unique features, including a lack of major histocompatibility complex (MHC) restriction and the potential capacity to respond to antigens without a requirement for conventional antigen processing, which together suggest a role in innate immunity against pathogen infection (Wang et al., 2001). $\gamma\delta$ T cells are critical in the early control of WNV dissemination. TCR $\delta^{-/-}$ mice, which are deficient in $\gamma\delta$ T cells, had elevated viremia, which led to a greater dissemination of the pathogen to the CNS and, hence, to more severe encephalitis. Accordingly, they were much more susceptible to WNV infection than were the wild-type controls (Wang et al., 2003a). Although both peripheral $\alpha\beta$ and $\gamma\delta$ T cells quickly expanded at day 2 post- WNV infection, the latter ones more dramatically increased. IFN- γ has multiple mechanisms of viral control, including cell recruitment and activation, polarization of T cell responses, up-regulation of antigen processing and presentation, and direct antiviral action (Guidotti and Chisari, 2001). Additionally, IFN-y was reported to limit myeloid cell infection in vitro (Shrestha et al., 2006) and shown to be one of the major cytokines produced by $\gamma\delta$ T cells in several viral infection systems (Cai and Tucker, 2001; Ninomiya et al., 2000; Sciammas and Bluestone, 1999; Selin et al., 2001). At the early stages of WNV infection, $\gamma\delta$ T cells are considered the major resource to produce IFN- γ , which partially contributes to their protective effect in host immunity. As a consequence, adoptive transfer of splenocytes from either wild-type or TCR $\beta^{-/-}$ mice, which are deficient in $\alpha\beta$ T cells, but not $\gamma\delta$ T cells, enhance host survival from lethal WNV infection, whereas transfer of the splenocytes from TCR $\beta^{-/-}$ IFN $\gamma^{-/-}$ mice, which have a defect in the IFN- γ -producing capacity of $\gamma\delta$ T cells, did not affect host susceptibility (Wang et al., 2003a). In a separate study (Shrestha et al., 2006), irradiated mice reconstituted with IFN- γ -deficient $\gamma\delta$ T cells were shown to have significantly higher levels of viral loads in blood and brains during WNV infection than mice reconstituted with IFN- γ -sufficient $\gamma\delta$ T cells. Va1⁺ cells, one of the two major subpopulations of peripheral $\gamma\delta$ T cells, expanded significantly during WNV infection and were the major $\gamma\delta$ subset producing IFN- γ . Mice depleted of V γ 1+ cells had enhanced viremia and higher mortality to WNV encephalitis (Welte et al., 2008). Similar to humans, aged mice were more susceptible to WNV infection than were young mice. $V\gamma 1^+$ cells of aged mice had a slower and reduced response to WNV infection, when compared to that of young adult mice, which might partially contribute to their enhanced host susceptibility to the viral encephalitis. The total number of $V\gamma 1^+$ IFN- γ^+ cells in young mice was much higher than in aged mice due to differences in $V\gamma 1^+$ T cell expansion (Welte et al., 2008). The mechanisms by which IFN- γ limits neuroinvasiveness remain undefined.

Cytolytic function is another important mechanism of viral control attributed to $\gamma\delta$ T cells (Sciammas et al., 1997; Selin et al., 2001; Tseng and Klimpel, 2002). In WNV-infected mice, cytolytic activity against infected target cells was detected as early as day 4, peaked at day 5, and declined rapidly after day 7 (Kesson et al., 1987). The expression of perform, an

intracellular protein, reflects the cytolytic activity of these cells (Chang and Braciale, 2002). TCR $\delta^{-/-}$ mice showed reduced levels of intracellular perform in total splenocytes at day 6 post-WNV infection, implying that they either directly or indirectly enhanced cytolytic activity (Wang et al., 2003a).

In summary, $\gamma\delta$ T cells are involved in the control of WNV dissemination with different functional significance at different points during the course of infection.

5. Subsets of $\gamma\delta$ T cells also play a pathogenic role during WNV infection

 $\gamma\delta$ T cells are divisible into functionally distinct subsets in human and mouse, which have direct and indirect effects on host immunity to pathogen infection (Bank et al., 1986). Vy1⁺ T cells and V γ 4⁺ T cells are the two major subpopulations of splenic $\gamma\delta$ T cells in mice. Evidence for the opposite roles of $V\gamma 1^+ T$ cells and $V\gamma 4^+ T$ cells in the resolution of pathogen infection has been reported in studies of Coxsackie virus (Huber et al., 2000) and in cytomegalovirus infection (Ninomiya et al., 2000). $V\gamma 4^+$ T cells have been found to be involved in WNV pathogenesis, as their depletion resulted in a decreased viral load in the brain and ultimately a lower mortality to WNV-induced encephalitis. Aged mice maintain a higher content of $V\gamma 4^+$ cells, which might lead to an increased susceptibility to WNV infection (Welte et al., 2008). Vy4⁺ T cells of young adult mice expanded modestly immediately following WNV infection and had a higher potential for producing proinflammatory cytokines, such as TNF- α and IL-17 (Welte et al., 2008). TNF- α is known to be involved in BBB compromise and WNV entry into the brain (Wang et al., 2004). Indeed, depletion of V γ 4⁺ cells reduced TNF- α levels in the CNS, and this was accompanied by a decreased viral load in the brain at the peak of CNS infection and a lower mortality in cases of WNV encephalitis. Nevertheless, in vivo blocking of IL-17 signaling led to no differences in host susceptibility to WNV infection and in the viral load in blood and brain or in inflammatory cell responses between IL-17 neutralization antibody-treated mice and controls (Welte et al., 2011). Although IL-17-producing $\gamma\delta$ T cells were reported to play a key role in the pathogenesis of several disease models (Flierl et al., 2008; Roark et al., 2007), their role in WNV encephalitis remains undefined.

 $V\gamma 4^+$ cells also negatively regulate host protective immunity during WNV infection. $V\gamma 4^+$ cells were reported to suppress $V\gamma 1^+$ T cell expansion by producing TGF- β , which has multiple effects on host immunity. First, this suppression could directly lead to higher viremia, more virus dissemination into the CNS, and induction of encephalitis (Welte et al., 2008). Second, it could indirectly promote IL-10 levels in WNV-infected mice. IL-10, which is predominantly produced by $CD4^+\alpha\beta^+$ T cells, plays a pathogenic role in host immunity to WNV infection (Bai et al., 2009; Schneider et al., 2007). Vy1⁺ cells were previously reported to reduce the IL-10-producing CD4⁺CD25⁺ T cells in the lungs of ovalbumin-sensitized and challenged mice (Hahn et al., 2008). Thus, the suppressive effect of V γ 4⁺ cells on V γ 1⁺ cell expansion may indirectly contribute to higher IL-10 levels during WNV infection. Indeed, there was significant reduction in IL-10 production either by splenic T cells or in the blood of WNV-infected $V\gamma 4^+$ T cell-depleted mice (Welte et al., 2011). Lastly, WNV-induced CNS disease is partially caused by bystander damage from lymphocyte and macrophage/microglia responses (Sampson and Armbrustmacher, 2001; Shrestha et al., 2003; Wang et al., 2003b; Xiao et al., 2001). γδ T cells, and in particular, $V\gamma 1^+$ T cells have been associated with a role in the resolution of inflammation (Huber et al., 2000; O'Brien et al., 2000). In an experimental model of autoimmune encephalomyelitis, $\gamma\delta$ T cells regulated inflammation in the CNS by targeting IFN- γ -producing encephalitogenic T cells (Ponomarev and Dittel, 2005; Ponomarev et al., 2004). In another study, $V\gamma 1^+ T$ cells were shown to be cytotoxic for *Listeria*-activated macrophages via a FasL-dependent mechanism (Dalton et al., 2004). Although their presence was undetectable

in WNV-infected mouse brains, enhanced levels of $V\gamma 1^+$ T cells were noted significantly in the brains of $V\gamma 4^+$ T cell-depleted mice at the late stages of infection (Figure 1). In accordance with these results, $V\gamma 4^+$ cell-depleted mice displayed a reduced inflammation in the CNS, with significantly reduced levels of macrophages/monocytes (CD11b⁺) and CD8⁺ T cells at the later stages of infection (Welte et al., 2011). Together, these findings indicate that higher levels of $V\gamma 1^+$ T cells in the brain may help to reduce the inflammatory responses.

6. γδ T cells regulate the adaptive immune response to WNV infection by promoting DC maturation and activation

The characteristics of $\gamma\delta$ T cells in adaptive immunity to bacterial infection have been described in both human and primate models (Eberl et al., 2005; Shen et al., 2002). The depletion of $\gamma\delta$ T cells in WNV primarily-infected mice before development of a secondary infection does not affect host susceptibility (Wang et al., 2006). This phenomena suggests that $\gamma\delta$ T cells may not be directly involved in memory response to WNV infection, and also do not influence the development of antibody responses during primary and secondary infections with WNV. Nevertheless, TCR $\delta^{-/-}$ mice displayed a numeric and functional reduction in CD4⁺ and CD8⁺ memory T cell responses (Wang et al., 2006); Welte T. & Wang T. et al. unpublished results), which may be indicative of a role of these cells in regulating memory T cell development during WNV infection. DCs are one of the most important antigen-presenting cells, as they exhibit the unique capacity to initiate primary T cell responses. The crosstalk between $\gamma\delta$ T cells and DCs are known to contribute to DC maturation (Collins et al., 2005; Ismaili et al., 2002; Leslie et al., 2002; Munz et al., 2005). During WNV infection, splenic DCs of TCR $\delta^{-/-}$ mice displayed lower levels of CD40, CD80, CD86 and MHC class II expression and interleukin-12 (IL-12) production than those of wild-type mice. Naïve DCs co-cultured with non-infected yo T cells have enhanced levels of co-stimulatory molecules and MHC class II expression, which may mean that interactions between $\gamma\delta$ T cells and DC are necessary for DC maturation. $\gamma\delta$ T cells appeared to support a low, but significant, level of WNV replication (Fang et al., 2010). WNV-infected γδ T cells produce pro-inflammatory cytokines, including IFN- γ , TNF- α and IL-6, which presumably contribute to DC maturation. Upregulation of co-stimulatory molecules and MHC class II expression was significantly higher on DCs that were co-cultured with WNVinfected $\gamma\delta$ T cells than with non-infected $\gamma\delta$ T cells, which further demonstrates that these secreting factors from WNV-infected $\gamma\delta$ T cells are also important for promoting DC maturation and initiating CD4+ T cell priming (Fang et al., 2010). The mechanisms by which yo T cells are activated during WNV infection and produced proinflammatory cytokines are not fully understood. It is suggested that WNV infection of $\gamma\delta$ T cells could induce TLRs (Daffis et al., 2008; Town et al., 2009; Wang et al., 2004) or the non-TLR innate immune receptors, such as RIG-I and MDA5, which have been reported to be involved in WNV recognition (Fredericksen and Gale, 2006; Fredericksen et al., 2008). Alternatively, $\gamma\delta$ T cells and WNV-permissive DCs may exert regulatory influences on each other as reported in human models. For example, induction of human $\gamma\delta$ T cells by poly I: C, a ligand for TLR3, depends on DCs mediated by Type-1 IFNs (Kunzmann et al., 2004).

7. γδ T cells in other viral encephalitis models

Functions of $\gamma\delta$ T cells have been studied in several other viral encephalitides models, including both DNA and RNA viruses. In the murine model of herpes simplex virus type 1 (HSV-1), a neurotropic DNA virus by footpad or ocular injection, the virus replicates at the site of infection and is transmitted to sensory ganglia, where it establishes latency, if not regulated, to the CNS where it can cause encephalitis. $\gamma\delta$ T cells were shown to directly mediate host protection by decreasing HSV-1 replication early during infection and

restricting its progression into the brain. These efforts led to a greatly reduced mortality by preventing the development of lethal viral encephalitis (Sciammas et al., 1997). Although the mechanisms by which $\gamma\delta$ T cells protect the host against HSV-1 infection are not yet fully understood, isolation of IFN- γ - producing $\gamma\delta$ T cells in the trigeminal ganglion of HSV-1 infected mice may be indicative of a role of these cells in mounting antiviral effector functions (Kodukula P, Sciammas, R, JA Bluestone and R Hendricks, unpublished data). In comparison to HSV-1 model, $\gamma\delta$ T cells seem to be dispensable in control of infection by alphaviruses, the other neurotropic RNA viruses. For example, mice deficient of $\alpha\beta$ T cells, but not $\gamma\delta$ T cells, have a decreased mortality to infection with Sindbis virus, a neurovirulent alphavirus infection, suggesting a role of $\alpha\beta$ T cells but not of $\gamma\delta$ T cells in viral pathogenesis (Rowell and Griffin, 2002). Whereas, TCR $\delta^{-/-}$ mice immunized with a chimeric alphavirus vaccine candidate were protected from lethal intranasal challenge with Venezuelan equine encephalitis virus (VEEV), another alphavirus, the virus was found to persist in the brain for up to 28 days following inoculation. Moreover, virus clearance was not affected in surviving animals lacking a functional IFN- γ receptor. These results in the VEEV model, in contrast with the findings in the WNV infection model, possibly indicate that alphavirus-mediated immunity to VEEV is partially independent of $\gamma\delta$ T cells, as well as IFN-y receptor signaling, during early antiviral control (Paessler et al., 2007).

8. Summary and Future Directions

In summary, $\gamma\delta$ T cells play a unique role in both protective immunity and viral pathogenesis during WNV infection. $\gamma\delta$ T cells, mainly V γ 1⁺ cells, are involved in immediate control of WNV dissemination, partially due to their IFN- γ -producing activity. $\gamma\delta$ T cells also contribute to protective immunity by enhancing cytolytic activity against WNVinfected target cells, while V γ 4⁺ cells, another subpopulation of $\gamma\delta$ T cells, play a pathogenic role via production of both pro-inflammatory and regulatory cytokines during WNV infection, leading to a higher viremia and/or more inflammatory responses in the brain. Moreover, $\gamma\delta$ T cells may recognize WNV and are activated to produce pro-inflammatory cytokines directly via PRRs or indirectly via other immune cells. WNV-activated γδ T cells will promote DC maturation and activation, which will ultimately prime T cell responses to WNV infection (Figure 2). Current findings imply that $\gamma\delta$ T cells could be important in both WNV treatment and vaccine development for the potential target population. In a recent study (Wang et al., 2009), oral administration of active hexose-correlated compound (AHCC), an extract of *Lentinula edodes* of the *Basidiomycete* family of fungi rich in α glucans, attenuated viremia and mortality following lethal WNV infection in young adult mice partially via enhancement of $\gamma\delta$ T cell expansion. AHCC administration in the more susceptible aged mice also enhanced the protective $V\gamma 1^+$ T cell response, as well as WNVspecific IgG production, which together led to attenuated viremia levels but to no differences in mortality rate (Wang et al., 2009).

The role of $\gamma\delta$ T cells in human WNV infection remains undefined. Though human and mouse $\gamma\delta$ T cells show differences in the subsets and ligand recognition, they share a substantial similarity in effector function and their protective role in pathogen infection (Girardi, 2006). The exploration of parallel activities mediated by murine $\gamma\delta$ T cells will provide insights into immunosurveillance and immune regulation studies of WNV diseases in humans. Current understanding of the biological role of $\gamma\delta$ T cell receptors during pathogen infection remains elusive. Future directions will also focus on an understanding of the underlying mechanism by which $\gamma\delta$ T cells are activated during WNV infection.

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Figure 1. Levels of Vy1 expression in brains of control and Vy4-T cell-depleted mice following WNV infection

PCR amplification of V γ 1 (top panel) or β -actin (bottom panel) of WNV-infected mice brains harvested at day 7 post-infection.



Figure 2. Role of $\gamma\delta$ T cells in West Nile virus-induced encephalitis

1) limit WNV dissemination, 2) kill WNV-infected target cells, 3) suppress $V\gamma 1^+ T$ cell proliferation, 4) enhance BBB permeability, 5) increase IL-10 levels directly by production or indirectly via suppression of $V\gamma 1^+ T$ cell expansion, 6) promote DC maturation and 7) a potential anti-inflammatory role for infiltrating $V\gamma 1^+ T$ cells in the CNS. Colored arrow lines each represent a different effect of $\gamma\delta T$ cells in WNV encephalitis (red: protective; blue: pathogenic; black: speculative or undefined).