

ARTICLE

Pan-ethnic carrier screening and prenatal diagnosis for spinal muscular atrophy: clinical laboratory analysis of > 72 400 specimens

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Spinal muscular atrophy (SMA) is a leading inherited cause of infant death with a reported incidence of ~1 in 10 000 live births and is second to cystic fibrosis as a common, life-shortening autosomal recessive disorder. The American College of Medical Genetics has recommended population carrier screening for SMA, regardless of race or ethnicity, to facilitate informed reproductive options, although other organizations have cited the need for additional large-scale studies before widespread implementation. We report our data from carrier testing ($n=72\,453$) and prenatal diagnosis ($n=121$) for this condition. Our analysis of large-scale population carrier screening data ($n=68\,471$) demonstrates the technical feasibility of high throughput testing and provides mutation carrier and allele frequencies at a level of accuracy afforded by large data sets. In our United States pan-ethnic population, the calculated *a priori* carrier frequency of SMA is 1/54 with a detection rate of 91.2%, and the pan-ethnic disease incidence is calculated to be 1/11 000. Carrier frequency and detection rates provided for six major ethnic groups in the United States range from 1/47 and 94.8% in the Caucasian population to 1/72 and 70.5% in the African American population, respectively. This collective experience can be utilized to facilitate accurate pre- and post-test counseling in the settings of carrier screening and prenatal diagnosis for SMA.

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INTRODUCTION

Spinal muscular atrophy (SMA) is a severe neuromuscular disease characterized by degeneration of the anterior motor neurons, leading to progressive muscle weakness and paralysis. SMA is the leading inherited cause of infant death¹ with an incidence of ~1/10 000.² Childhood SMA is subdivided based on age of onset and clinical severity into three types.³ Approximately 60% of SMA patients have type I (Werdnig–Hoffman) disease,⁴ with severe generalized muscle weakness and hypotonia presenting at birth or within the first few months of life and respiratory failure leading to death or permanent ventilator support by 2 years of age. Type II accounts for ~27% of SMA,⁴ and is variable, with some children having severe respiratory insufficiency and transient ability to sit, whereas others have milder respiratory involvement and are mobile with mechanical support. Individuals with type III SMA (Kugelberg–Welander) experience delayed motor milestones, mild muscle weakness and fatigue.

SMA is caused by mutations in the survival motor neuron 1 (*SMN1*) gene.⁴ The *SMN1* gene is located in a complex region of 5q13 containing *SMN2*, a homologous pseudogene of *SMN1*. *SMN1* and *SMN2* differ by five nucleotides, one of which is in the coding region, in exon 7. This sequence change affects splicing resulting in reduced expression of full-length functional protein from the *SMN2* gene.⁵ The homozygous absence of *SMN1*, due to deletion or gene conversion (of *SMN1* to *SMN2*) is responsible for ~95% of SMA.

Most of the remaining patients are compound heterozygotes with a deletion/gene conversion of the *SMN1* gene paired with an intragenic mutation. Affected individuals lacking functional *SMN1* retain at least 1 copy of *SMN2*. An inverse relationship between disease severity and *SMN2* copy number in affected individuals has been observed.⁶ Other modifying factors, including *SMN2* sequence variants, may also influence phenotypic variability.⁷

Among normal alleles, 1-copy and 2-copy chromosomes are designated as '1' (*b*) and '2' (*c*), respectively.^{4,8} Chromosomes resulting from a deletion or gene conversion are referred to as a '0' (*a*), whereas those with subtle *SMN1* intragenic mutations are referred to as '1^{db}' (*d*).⁴

Determination of *SMN1* copy number in a general carrier screening population permits identification of the majority of SMA carriers before the birth of an affected child. Initial reports of *SMN1* copy number quantification focused on diagnostic testing for affected individuals without a homozygous deletion and carrier testing for individuals with a family history of SMA.⁹ In 2002, Ogino *et al*² reported testing 663 asymptomatic individuals by *SMN1* copy number analysis, the majority (71%) of whom had a family history of confirmed or suspected SMA. Subsequently,^{10–12} studies from around the world including Australia,¹³ Korea,¹⁴ Taiwan,¹¹ Israel,^{15,16} China¹⁷ and the United States¹⁸ have called for screening individuals without a family history of SMA for carrier status, citing disease severity and a high pan-ethnic carrier frequency. In 2008, the American College of

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Medical Genetics (ACMG) issued practice guidelines recommending all couples be offered SMA carrier screening, regardless of race or ethnicity, with the goal of allowing identified carriers to make informed reproductive choices.¹⁹ The guidelines identified SMA as meeting generally accepted criteria for a successful screening program including clinical severity, a high frequency of carriers in the screened population, reliable testing with high sensitivity and specificity, available prenatal diagnosis and access to genetic counseling. In 2009, a conference at the US National Institutes of Health reviewed the scientific basis of SMA carrier screening and concluded that pan-ethnic carrier screening for SMA is technically feasible.²⁰ Recently, the Association for Molecular Pathology (AMP) issued a statement recognizing the utility and feasibility of population-based SMA carrier screening.²¹ Among the specific recommendations identified were the needs to offer pilot screening programs and determine SMA carrier frequency among different ethnic groups so as to improve risk assessment and post-test counseling. In 2009, the American College of Obstetricians and Gynecologists (ACOG) recommended restricting carrier screening to individuals with a family history of SMA. ACOG asserted that assessment of pilot programs, educational materials, cost effectiveness of screening and absence of laboratory standards and guidelines should be considered before widespread implementation of a carrier screening program for SMA.²² Several recent reports address these issues.^{18,20}

We report our SMA carrier screening data for >68 400 individuals without a family history of SMA. Our findings indicate a rapid test uptake beginning before the ACMG guidelines, and further support patient interest in the availability of SMA carrier screening. Furthermore, our data permit refinement of carrier frequency and detection rate information for six major ethnic groups and the general, pan-ethnic population and address the call for a large-scale population screening study.

MATERIALS AND METHODS

Patient's samples

Clinical laboratory data were reviewed for 72 453 individuals and 121 fetal samples referred for *SMN1* copy number analysis over a 12-month time period beginning in May 2008. Relevant information including the clinical indication for testing, family history and ethnicity was obtained by review of the test requisition forms. All individuals referred for testing were reportedly asymptomatic. For clinical testing, it is standard for the referring physician to obtain informed consent, therefore an ethics approval was not required. Individuals referred for testing spanned 44 US states, the District of Columbia and Puerto Rico.

Quantitative real time PCR analysis and sequencing

DNA was isolated from blood specimens, using a modification of the Qiagen QIAmp 96 DNA Blood Kit (Qiagen GmbH, Hilden, Germany, <http://www.qiagen.com>). DNA from prenatal cultured AF or CVS specimens was isolated using a modified salting-out method. Multiplex amplifications and qPCR measurements were performed on the ABI Prism 7900HT Real-Time PCR system (Applied Biosystems, Foster City, CA, USA). Each reaction utilized standard Taqman PCR reagents in total volume of 20 μ l containing 180 ng of DNA, 0.9 μ M of *SMN1* primers (SMN1FP-5'-ATAGCTATTTTAACTT CCTTTATTTCC-3' and SMN1RP-5'-CTTACTCCTTAATTTAAGGAATGTG AGCA-3') and each of two internal standard reference gene primers (SMA RCC1FP-5'-AGGTACCCTGGAATGGTTGAA-3', SMARCC1RP-5'-CATATA TTAACCCTGTCCCTTAAAGCA-3', SUPT5HRP-5'-CACGTGAAGGTGATT GCTGG-3', SUPT5HRP-5'-CGACCCCTCTACCTACCTC-3'), 0.2 μ M each of the *SMN1*-specific FAM-TAMRA hydrolysis probe (5'-AGGGTTTCAG ACAAAATCAAAAAGAAGGAAG-3'), reference gene-specific VIC-TAMRA hydrolysis probes (SMARCC1-5'-AGTACAAGAAGCAGCAGCAGCCTCTG-3' and SUPT5-5'-CGTTATCCTGTCTCTGACCTACCATG-3') and a competitive, non-fluorescent, non-hydrolysable probe specific for *SMN2* (5'-AGGGTTTTA GACAAAATCAAAAAGAAGGAAG-3'). Thermal cycling conditions included an initial denaturation of 10 min at 95 °C followed by 40 cycles of 15 s at 95 °C and 1 min at 60 °C. Sequencing of primer and probe binding sites was performed on all prenatal specimens, and blood specimens with an *SMN1* copy number of <2, by bidirectional sequence analysis using BigDye Terminator Cycle Sequencing Kit (version 3.1) followed by capillary electrophoresis (Applied Biosystems, Carlsbad, CA, USA).

Data evaluation was performed using the C_q (quantification cycle) data exported from SDS 2.2 software (Applied Biosystems, Foster City, CA, USA). The formula $(2)^{\Delta\Delta C_q}$, where $\Delta\Delta C_q = (SMN1 C_q - \text{reference gene } C_q) - \text{average } \Delta C_q$ of 2-copy calibrators, was utilized to estimate the *SMN1* copy number. Each control and test sample included a copy number CV (coefficient of variation) cutoff of 0.15 between replicate measurements. All results could be assigned to validated, non-overlapping genotype groups of 0, 1, 2 or ≥ 3 copies of *SMN1*.

Statistical analysis

The 95% confidence intervals around genotype frequency estimates (Table 1) were calculated based on the exact beta distribution model. The derived allele frequencies (Table 2) are maximum likelihood estimates calculated from observed genotype data under assumption of Hardy-Weinberg equilibrium. An EM algorithm was employed to account for missing observations of 0-copy *SMN1* genotype in the screening population. The algorithm converged to six significant digits in estimating allele frequencies after two iterations. The 95% confidence interval around allele frequency estimates and the previous risk estimates (Tables 2 and 3) were calculated as the corresponding percentiles of simulated populations of allele frequencies and risk estimates. These Monte Carlo simulations were based on 10 000 random genotype observations generated from the posterior beta distribution followed by maximum

Table 1 Observed *SMN1* genotype frequencies among carrier screening referrals ($n=68\,471$)

Ethnicity	1-copy			2-copy			≥ 3 -copy			Total
	n	%	95% CI	n	%	95% CI	n	%	95% CI	
Pan-ethnic ^a	1162	1.7	(1.6–1.8)	58 094	84.84	(84.6–85.1)	9215	13.46	(13.2–13.7)	68 471
Caucasian	494	2.02	(1.9–2.2)	22 252	90.93	(90.6–91.3)	1725	7.05	(6.7–7.4)	24 471
Ashkenazi Jewish	78	1.34	(1.1–1.7)	4913	84.62	(83.7–85.5)	815	14.04	(13.2–15.0)	5806
Asian	73	1.57	(1.3–2.0)	4148	89.26	(88.4–90.1)	426	9.17	(8.4–10.0)	4647
Hispanic	101	1.32	(1.1–1.6)	6406	83.68	(82.9–84.5)	1148	15.0	(14.2–15.8)	7655
Asian Indian	17	1.74	(1.1–2.8)	808	82.79	(80.4–85.1)	151	15.47	(13.4–17.9)	976
African American	48	0.98	(0.7–1.3)	2536	51.94	(50.5–53.3)	2299	47.08	(45.7–48.5)	4883
Not provided	290	1.68	(1.5–1.9)	14 645	84.97	(84.4–85.5)	2300	13.35	(12.8–13.9)	17 235

Abbreviation: CI, confidence interval.

^a2798 individuals of mixed or other ethnicity are included in the pan-ethnic total of 68 471.

Table 2 Derived *SMN1* allele frequencies

Ethnicity (number of individuals) ^a	0-copy (%) (a)	95% CI (%)	1-copy (%) (b)	95% CI (%)	2-copy (%) (c)	95% CI (%)	1 ^d (%) (d)
Pan-ethnic (N=68 471)	0.92	(0.87–0.98)	92.02	(91.86–92.17)	7.04	(6.90–7.18)	0.02
Caucasian (N=24 471)	1.06	(0.97–1.16)	95.3	(95.09–95.48)	3.63	(3.47–3.80)	0.02
Ashkenazi Jewish (N=5806)	0.73	(0.59–0.91)	91.91	(91.36–92.39)	7.34	(6.88–7.84)	0.02
Asian (N=4647)	0.83	(0.66–1.05)	94.42	(93.90–94.87)	4.74	(4.31–5.19)	0.02
Hispanic (N=7655)	0.72	(0.59–0.88)	91.4	(90.92–91.86)	7.86	(7.43–8.31)	0.02
Asian Indian (N=976)	0.96	(0.60–1.54)	90.88	(89.36–92.09)	8.15	(6.98–9.48)	0.02
African American (N=4883)	0.68	(0.52–0.91)	71.79	(70.73–72.76)	27.51	(26.57–28.51)	0.02
Not provided (N=17 235)	0.91	(0.81–1.03)	92.09	(91.78–92.38)	6.98	(6.71–7.26)	0.02

Abbreviation: CI, confidence interval.

^aNumber of individuals with no family history of SMA referred for *SMN1* copy number analysis by ethnic background.**Table 3** Carrier frequency and risk reduction by ethnicity

Ethnicity	Detection rate (%)	<i>a priori</i> risk ^a (95% CI)	Reduced risk for 2-copy result	Reduced risk for ≥3-copy result
Pan-ethnic	91.2	1:54 (1:51–1:57)	1:527	1:5400
Caucasian	94.8	1:47 (1:43–1:51)	1:834	1:5600
Ashkenazi Jewish	90.5	1:67 (1:54–1:83)	1:611	1:5400
Asian	93.3	1:59 (1:47–1:74)	1:806	1:5600
Hispanic	90.0	1:68 (1:57–1:83)	1:579	1:5400
Asian Indian	90.2	1:52 (1:33–1:82)	1:443	1:5400
African American	70.5	1:72 (1:54–1:94)	1:130	1:4200
Not provided	91.3	1:54 (1:48–1:161)	1:536	1:5450

^a*a priori* risk includes the [1+0], [1+1^d], [2+0] and [2+1^d] allele pairings for individuals with no family history of spinal muscular atrophy.

likelihood estimation of the allele frequencies under Hardy–Weinberg assumption. The χ^2 -test with Yates correction was used for comparison of 1-copy genotype frequencies between populations.

RESULTS

Population-based carrier screening

Approximately 95% of the 72 453 individuals referred for carrier testing had no family history of SMA. This ethnically diverse carrier screening population was comprised of 68 471 individuals, 94% of whom were female. For analysis purposes, our study population was categorized by ethnicity according to information provided on the test requisition. Ethnicity-specific risk calculations were generated for six ethnic groups (Caucasian, Ashkenazi Jewish, Hispanic, African American, Asian, Asian Indian) and for individuals for whom ethnicity was 'Not Provided' resulting in a total of seven categories. Pan-ethnic calculations included individuals from these categories as well as those reporting multiple or other ethnicities ($n=2798$). The *SMN1* allele frequencies (*a,b,c*) derived from the observed genotype frequencies (Table 1) are listed in Table 2. For the purpose of this study, the allele frequency of intragenic *SMN1* point mutations (*d*), was presumed to be constant across ethnic groups based upon an earlier report describing *SMN1* deletion/gene conversion and point mutation distribution among 501 affected patients.²³ The calculated SMA carrier frequency and *SMN1* deletion detection rate for the pan-ethnic population and each of seven categories are listed in Table 3. The calculated carrier frequency is the *a priori* risk for an individual to be a carrier and includes the probability of the most likely allele pairings expected to occur among carriers in the general population, namely [1+0], [1+1^d], [2+0] and [2+1^d]. The *SMN1*

deletion detection rate (or sensitivity of the carrier test result) is the percentage of carriers with the [1+0] genotype (who will be identified by a 1-copy result), among all carriers of SMA (as determined by the carrier frequency). The reduced carrier risk following a 2- or 3-copy result in an individual with no family history of SMA is listed in Table 3.

The calculated pan-ethnic carrier frequency of 1/54 (Table 3) is consistent with the frequency of 1/40–1/60 frequently cited in the literature.¹³ The carrier frequencies among each of the ethnic groups ranged from 1/47 in the Caucasian population to 1/72 in the African-American population. The carrier detection rate in the pan-ethnic screening population is 91.2%. Among the seven categories for whom prior carrier risk and carrier detection rate is calculated (Table 2), all but African Americans have a detection rate exceeding 90% and an *a priori* risk in the range of 1/47–1/68.

The carrier detection rate in the African American population is 70.5%. This finding from our large scale clinical experience confirms our earlier observation²⁴ of a decreased carrier detection rate (Table 3) due to an associated increased 2-copy (*c*) allele frequency (Table 1) in the African American population. Furthermore, the estimated negative predictive value of the carrier test as calculated by the derived allele pairings, was >99% for both the pan-ethnic group as well as each of the six major ethnic subgroups.

Other carrier test indications

Among 72 453 individuals referred for carrier testing, greater than 95% ($n=68 945$), had an indication for testing provided by the referring physician. The 4.8% ($n=3508$) of referrals for whom no indication was provided, were excluded from further analysis, although they were most likely referred for carrier screening, as 95% of these samples were from women of reproductive age. Fewer than 1% ($n=329$) of individuals referred for carrier testing had indications of a family history of SMA (including obligate carriers) or abnormal fetal ultrasound findings. Of the 71 individuals referred for an indication of abnormal fetal ultrasound findings, the most frequent findings were increased nuchal translucency ($n=17$) and cystic hygroma ($n=4$) in the first trimester and joint contractures ($n=18$) and increased nuchal fold ($n=10$) in the second trimester. Three individuals were identified as carriers; all others, including the partners of these carriers, had a 2- or 3-copy result. Among the three carriers, only one had fetal SMA testing in our laboratory and the fetus had 2 *SMN1* copies. These results indicate that SMA may be included as a differential diagnosis following identification of suggestive abnormal fetal ultrasound findings.

Prenatal diagnosis

A total of 121 fetal samples (51 cultured chorionic villi and 70 amniocyte) were received for *SMN1* copy number analysis. Of the 54 fetuses at a 25% risk to be affected with SMA, 47 were based on a previous affected child, four on identification of parental carrier status following carrier screening and three had both parents identified as carriers at other laboratories. Fifteen of the 54 (27.8%) were predicted to be affected with SMA, based on a 0-copy result from testing. This result is consistent with the expected 25% frequency given autosomal recessive inheritance ($P=0.26$).

In all, 59 fetuses were tested after identification of carrier status in one parent, with the other parent having a 2- or 3-copy result determined concurrently or before fetal testing. Of these, 27 fetuses had 1 copy and 32 had 2 copies of *SMN1*. At least 53 of the 59 had an indication for CVS or amniocentesis that was unrelated to the parental SMA carrier testing (eg, advanced maternal age, abnormal maternal serum screen). The remaining six samples were received as cultured cells from outside laboratories. The indication for the prenatal diagnostic procedure in these cases was not readily available, although the average age of these mothers was 37 years. Seven of the 121 fetal samples were referred based on abnormal ultrasound findings such as joint contractures suggestive of SMA, and all had 2-copy fetal results. Lastly, one sample was tested due to a reported family history of SMA, although neither parent was identified as a 1-copy carrier and the fetus had 2 copies of *SMN1*.

Sequence variants that interfere with *SMN1* copy number determination

To rule out false positive results due to the presence of sequence variants under the primer and probe-binding sites used in our analysis, follow-up sequencing restricted to these sites was performed on all samples with 1 copy of *SMN1* and all prenatal specimens regardless of *SMN1* copy number. This led to the identification of a recurrent variant, NT_006713.14:c.865T>A (g.29631T>A; p.C289S), in a heterozygous state among 35 individuals. This variant was most frequent among Hispanic individuals ($n=19$) but was also identified in Ashkenazi Jewish and Caucasian ($n=9$ combined) individuals and in individuals for whom ethnicity information was not provided to the laboratory ($n=7$). Another variant, NT_006713.14:c.867C>T (g.29633C>T; p.C289C) was identified in a heterozygous state in one Hispanic individual. Both these variants resulted in a 1-copy result by our real time PCR methodology and were subsequently identified by sequence analysis to be present in a heterozygous state within the *SMN1* gene as evidenced by presence of the nucleotide 'C' at the critical position, c.840 that distinguishes *SMN1* from *SMN2*. Neither of these variants was observed in a homozygous state among individuals analyzed. Our practice of restricting follow-up sequence analysis to individuals identified to have 1 copy of *SMN1* precludes an accurate estimation of the general population allele frequency of these variants.

DISCUSSION

SMA affects individuals of all ethnicities. The estimated pan-ethnic disease frequency, $(a+d)^2$, derived from our carrier frequency data (1/11 000, Table 2) is consistent with the reported prevalence estimate of 1/10 000 reported for clinically typical SMA derived from larger population studies.⁴ Previous reports on SMA carrier frequencies in limited populations have identified a discrepancy between the estimated disease prevalence (1/10 000) and that extrapolated from observed carrier frequency estimates (1/6000) under Hardy–Weinberg equilibrium. Although possible explanations for the earlier discrepancies have been proposed,⁴ our present study is the first to

report a pan-ethnic carrier frequency that is most consistent with the reported incidence of SMA.

For purposes of genetic counseling within the setting of population-based carrier screening, pan-ethnic carrier frequency (1/54) and carrier detection rate (91%) data are particularly useful when ethnicity is unknown or reflects admixture. When ethnicity is known, however, it may be possible to further refine the carrier frequency or detection rate provided in pre-test education and counseling, as well as provide more accurate estimates of residual risk following identification of a 2- or 3-copy *SMN1* result. For instance, a Caucasian individual with a 2-copy result following carrier screening would have an $\sim 1/800$ residual risk to be a carrier, whereas an African American individual with the same result would have a 1/130 risk to be a carrier.

Testing 4883 African American individuals with no family history of SMA confirmed earlier observations²⁴ of a higher frequency of the 2-copy allele (*c*) in this population as compared with other populations. This suggests a higher frequency of [2+0] carriers who would not be identified by an assay designed to detect deletion carriers who have 1 copy of *SMN1*. This is accurately reflected by the lower detection rate of 71% in this population. The *a priori* risk for an African American individual to be a carrier (1/72) is, however, comparable to other populations and supports the inclusion of African Americans among those being offered carrier screening for SMA, with appropriate counseling regarding the limitations of testing and associated residual risks.

In this study of 7655 Hispanic individuals, the observed *SMN1* 1-copy frequency did not differ significantly from that observed in our earlier study²⁴ of 1030 individuals ($P=0.1869$). In the Asian carrier-screening population, pair-wise comparison of observed *SMN1* 1-copy frequency between our current data set ($n=4647$) and those of our earlier study²⁴ ($n=1027$), as well as studies in native Chinese¹⁷ ($n=1712$) and Korean¹⁴ ($n=326$) populations, also did not yield significant differences at 1% (P -values=0.7776, 0.0366, 0.5674, respectively). Among individuals identified as Asian Indian ($n=976$), the 1-copy genotype frequency was 1.74% with a calculated *a priori* carrier frequency of 1/52. We are not aware of previous studies of SMA carrier frequency in the general Asian Indian population. Similarly, the *SMN1* 1-copy genotype frequency distribution in our Ashkenazi Jewish population was not significantly different from that reported in the Israeli population¹⁶ ($P=0.6575$). Finally, an evaluation of genotype frequencies for individuals whose ethnic background was 'Not Provided' on the ordering test requisition supports the conclusion that the ethnicity distribution of this group does not differ from that of the pan-ethnic population as a whole as the 1-copy genotype frequencies are similar ($P=0.9217$).

At least seven couples with no family history of SMA in our carrier-screening population were identified as carriers with a 25% risk to have an affected child. As a reference laboratory we do not have complete ascertainment of family samples, and it is possible that some partners of individuals identified as carriers via screening were tested at other laboratories. Additionally, we could have incomplete ascertainment if partners were not identified as such on ordering paperwork or if a fetal sample from carrier parents was tested at another laboratory. Of the seven couples, four had fetal testing in our laboratory and no affected fetuses were identified in this small group.

Among individuals with a family history of SMA, there have been case reports of first-degree relatives with an *SMN1* copy number of 0 who are asymptomatic or mildly affected.²⁵ This raises the question of the frequency of individuals with 0 copies of *SMN1* in the general population. Among the 72 453 samples tested, we did not identify any individuals referred for carrier testing with an apparent 0-copy *SMN1* result.

The identification of 36 individuals with sequence variants in the primer/probe region underscores the importance of this additional quality assurance measure to identify potential false positive results. These individuals could be misclassified as being carriers of a deletion/gene conversion within the *SMN1* gene. At present, there is insufficient evidence to classify these variants as either disease causing or benign. Therefore, although the *SMN1* copy number of individuals identified with these variants can be reclassified, their SMA carrier status and associated residual risk cannot be accurately determined at present. Follow-up options, such as carrier testing of the partner can be explored. In the absence of follow-up sequencing, the estimated pan-ethnic-positive predictive value of our carrier analysis (TP (1162)/TP (1162)+FP (36)) would have been 97%.

In our prenatal testing cohort, as expected, ~25% of the at-risk fetuses were found to have 0 copies of *SMN1* and were predicted to be affected with SMA. Among 54 fetal samples referred for testing due to a 25% risk to be affected, 47 were from obligate carrier parents with a previous affected child. Of these, eight obligate carriers (8.5%) had 2 copies of *SMN1* and a partner with 1 copy of *SMN1*. This frequency is consistent with the frequency of 7/117 (6.0%) obligate carrier parents identified to have 2 copies of *SMN1* as reported by Smith *et al*¹⁸ ($P=0.79$). In our study, additional studies to distinguish the [2+0] versus [1+1] status of these 2-copy obligate carrier parents were not performed. Therefore, the exact frequency of 2-copy chromosomes in our obligate carrier parent cohort cannot be determined.

A lack of agreement exists among the limited number of studies investigating a relationship between abnormal ultrasound findings and SMA. Some reports suggest an association between increased nuchal translucency and SMA,²⁶ although this association has not been supported by all studies.²⁷ The inclusion of abnormal ultrasound findings among indications for carrier testing and prenatal diagnosis within our study suggests possible physician interest in including SMA among the differential diagnoses for select ultrasound abnormalities, although we are unable to determine the frequency with which parents or fetuses with these findings are referred for SMA testing.

The most frequent indication for fetal testing (49%) was having one carrier parent identified during screening. In these circumstances, the other parent was identified as having 2 or 3 copies of *SMN1* or was tested for carrier status concurrently with the fetal *SMN1* copy number analysis. In all but six samples for which clinical indication could not be confirmed, invasive prenatal diagnosis was performed for a reason unrelated to the carrier parent's *SMN1* status. It is presumed that fetal testing was pursued in the interest of time in these cases, as was the case for individuals in whom the fetal sample and the untested parent were analyzed at the same time, or for additional reassurance.

The *a priori* risk for a fetus to be affected with SMA, when one parent is identified as a 1-copy carrier and the other parent has an *SMN1* copy number of 2, can vary by ethnic background. In a Caucasian couple, the risk to have an affected fetus is 1/2528. In contrast, the risk for an African American couple with the same parental results is 1/264. *SMN1* copy number analysis for a fetus in this circumstance could reveal a 0-copy *SMN1* result, consistent with a prediction for the fetus to be affected. In addition, such a result would set the parental phase for the 2-copy parent as a [2+0] carrier. Alternatively, a 1-copy fetal result in this situation would be associated with an ~1/4000 risk for the fetus to be affected with SMA, due to compound heterozygosity for a 1^d (*d*) allele.

In a pilot study of general population carrier screening in the United States, Prior *et al*¹⁸ reported ~60% of individuals seeking prenatal genetic counseling accepted carrier testing for SMA. After

result disclosure, 98.7% of patients were glad they pursued testing. In Israel, among women electing carrier screening for cystic fibrosis and fragile X syndrome, a large-scale population screening study found 93% requested SMA testing as well.¹⁵ Our clinical laboratory analysis of >68 000 individuals without a family history of SMA, starting before the 2008 ACMG guideline, demonstrates (1) rapid test uptake by physicians and further supports patient interest in the availability of carrier screening for this disorder; (2) the feasibility of high throughput carrier testing for SMA; and (3) new and valuable information regarding *SMN1* copy number in the general United States population to permit more accurate residual carrier risk calculations based on ethnicity-specific carrier frequencies and detection rates.

Furthermore, these data address specific recommendations set forth by professional organizations such as the AMP and ACOG and fully support the ACMG recommendations to offer SMA carrier screening to all, regardless of race or ethnicity.

CONFLICT OF INTEREST

At the time this study was conducted, all authors were employed by the Genzyme Genetics unit of Genzyme Corporation, and held stock of and/or options with Genzyme Corp. Currently all authors, with the exception of Viatcheslav Akmaev, are employed by Esoterix Genetics Laboratories, LLC, a wholly owned subsidiary of Laboratory Corporation of America Holdings, and may hold stock of and/or stock options with LabCorp.

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