cAMP-responsive Element Modulator (CREM) Protein Signaling Mediates Epigenetic Remodeling of the Human Interleukin-2 Gene

*IMPLICATIONS IN SYSTEMIC LUPUS ERYTHEMATOSUS******

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Background: IL-2 expression is suppressed in SLE T lymphocytes. **Results:** CREM binding to *IL2* mediates histone H3K18 deacetylation through HDAC1 and CpG-DNA methylation through DNMT3a.

Conclusion: CREM α mediates epigenetic remodeling of *IL2* in SLE T cells.

Significance: Understanding the molecular mechanisms that cause cytokine imbalances in SLE will help to establish targetdirected therapeutic approaches.

IL-2 is a key cytokine during proliferation and activation of T lymphocytes and functions as an auto- and paracrine growth factor. Regardless of activating effects on T lymphocytes, the absence of IL-2 has been linked to the development of autoimmune pathology in mice and humans. Systemic lupus erythematosus (SLE) is a multifactorial autoimmune disease and characterized by dysregulation of lymphocyte function, transcription factor and cytokine expression, and antigen presentation. Reduced IL-2 expression is a hallmark of SLE T lymphocytes and results in decreased numbers of regulatory T lymphocytes which play an important role in preventing autoimmunity. Reduced IL-2 expression was linked to overproduction of the transcription regulatory factor cAMP-responsive element modulator (CREM) α in SLE T lymphocytes and subsequent CREM α **binding to a CRE site within the** *IL2* **promoter (**-**180 CRE). In** this study, we demonstrate the involvement of $CREM\alpha$ -medi**ated** *IL2* **silencing in T lymphocytes from SLE patients through a gene-wide histone deacetylase 1-directed deacetylation of histone H3K18 and DNA methyltransferase 3a-directed cytosine phosphate guanosine (CpG)-DNA hypermethylation. For the** first time, we provide direct evidence that $CREM\alpha$ mediates **silencing of the** *IL2* **gene in SLE T cells though histone deacetylation and CpG-DNA methylation.**

IL-2 is a pluripotent cytokine that plays a central role during proliferation and activation of T lymphocytes where it functions as an auto- and paracrine growth factor. Regardless of its

activating effects on T lymphocytes, the absence of IL-2 has been linked to the development of autoimmune pathology in mice (1) and humans (2).

Systemic lupus erythematosus $(SLE)^4$ is a multifactorial autoimmune disease. It is characterized by multisystem involvement, phases of remission and relapses, and the presence of autoantibodies. Dysregulation of B and T lymphocyte function, transcription factor and cytokine expression, and antigen presentation have been reported (3). Reduced IL-2 production (4, 5) and IL-2 receptor signaling (6, 7) are hallmarks of SLE T lymphocytes (2, 8, 9). Impaired IL-2 expression results in decreased generation of regulatory T lymphocytes which play an important role in preventing autoimmunity. Furthermore, IL-2 regulates activation-induced cell death, which is defective in T lymphocytes from SLE patients (10). Defective cytotoxic $CD8⁺$ T cell function in SLE patients has been linked to reduced IL-2 expression and may contribute to higher susceptibility to infections with intracellular pathogens (11).

A dysbalance of CRE-binding protein (CREB) and CRE modulator α (CREM α) contributes to the reduced IL-2 expression in SLE T cells (12). CREM α and CREB share a *cis-regulatory* element -180 bp upstream the transcriptional start site of *IL2* (-180 CRE) (Fig. 1). In resting T lymphocytes, CREB occupies the -180 CRE site; following T cell activation, CREB becomes phosphorylated (pCREB), resulting in increased IL-2 expression (8). SLE patients exhibit increased levels of $\mathrm{CREM}\alpha$ compared with healthy controls, and pCREB gets replaced by $pCREM \alpha (12)$, (13), resulting in transcriptional silencing of *IL2*.

Disease- and tissue-specific cytokine expression depends largely on a network of transcription factors. To promote phys-

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⁴ The abbreviations used are: SLE, systemic lupus erythematosus; CNS, conserved noncoding sequence; CpG, cytosine phosphate guanosine; CRE, cAMP-responsive element; CREB, CRE-binding protein; CREM, CRE modulator; DNMT, DNA methyltransferase; HDAC1, histone deacetylase 1; RIPA, radioimmune precipitation assay; SLEDAI, SLE disease activity index.

Human IL2 gene

FIGURE 1. **Alignment of the human and mouse** *IL2* **genes.** *Pink peaks* denote CNS sites, *purple peaks* are exons with sequence identity of 75% over at least 200 bp. *Red squares* denote conserved noncoding sequences that were determined regions of interest for further analysis of histone modifications and DNA methylation. The previously reported *IL2* -180 CRE site is indicated under the alignment.

DNA sequences depending on chromatin structure and gene accessibility. Genes can be silenced by cytosine phosphate guanosine (CpG-)DNA methylation through DNA methyltransferases (DNMTs). DNMT1 is responsible for remethylation of hemimethylated CpGs during cell division, whereas DNMT3a and b induce *de novo* methylation. In SLE, a generally hypomethylated state of T and B lymphocytes has been reported. Still, DNA methylation seems to occur in a regionand tissue-specific manner (3, 14–16). The nucleosome is the basic subunit of chromatin. Modifications of the N-terminal histone tails, such as histone acetylation, methylation, and phosphorylation, support changes in nucleosome arrangement and chromatin structure. Generally, histone acetylation is associated with transcriptional activation while histone trimethylation is repressing transcriptional activity. DNA methylation and histone modifications follow similar patterns and are interconnected by various mechanisms (3).

In the present study, we show that activation of naïve $CD4^+$ T lymphocytes from healthy individuals (through CD3/CD28 signaling) mediates histone H3K18 hyperacetylation and H3K27 hypomethylation that result in an increased IL-2 expression. In contrast, T lymphocytes from SLE patients exhibit reduced H3K18 acetylation and increased H3K27 methylation. Furthermore, histone deacetylase 1 (HDAC1) recruitment to the $IL2$ promoter co-localized with $CREM\alpha$ binding. We recorded increased CpG-DNA methylation across the *IL2* gene in SLE T lymphocytes compared with controls. DNMT3a co-localized with CREM α at the -180 CRE site, and CREM α and DNMT3a physically associated when co-expressed in the same cell. This suggests direct recruitment of DNMT3a to *IL2* -180 CRE through CREMα. Overexpression of DNMT3a in human T lymphocytes mediated *IL2* gene-wide CpG-DNA methylation which resulted in transcriptional silencing. Thus, we provide a novel mechanism causing transcriptional repression of the $IL2$ gene in SLE T lymphocytes by $CREM\alpha$ whereby it renders the regulatory region inaccessible to transcription.

EXPERIMENTAL PROCEDURES

Study Subjects and T Cell Culture—All SLE patients included in our studies were diagnosed according to the American College of Rheumatology classification criteria (17) and recruited

TABLE 1

Epidemiologic information and disease activity of included SLE patients

F, female; SLEDAI, systemic lupus erythematosus disease activity index (24) (inactive, 0; mild activity, 1–5; moderate activity, 6–10; high activity, 11–19; very high activity, 20); MMF, mycophenolate mofetil; HCQ, hydroxychloroquine; GC, glucocorticoids; Aza, azathioprine; C^mpG-IP, methyl-cytosine-phosphate-guanine immunoprecipitation.

Patient	Gender	Age	SLEDAI	Treatment	Application
SLE1	F	30	4	MMF, HCO, GC	$C^{m}pG-IP$
SLE ₂	F	37	10	HCQ, GC	$C^{m}pG-IP$
SLE ₃	F	36	10	MMF, GC	$C^{m}pG-IP$
SLE4	F	39	8		$C^{m}pG-IP$
SLE5	F	38	36	GC	$C^{m}pG-IP$
SLE ₆	F	54	14	HCQ	$C^{m}pG-IP$
Average		39	13.67		
Range		$(30 - 54)$	$(4 - 36)$		
SLE7	F	36	4	MMF	ChIP
SLE8	F	27	6	GC	ChIP
SLE9	F	39	5	HCO	ChIP
SLE10	F	32	8	Aza	ChIP
Average		33.5	5.75		
Range		$(27 - 39)$	$(4-8)$		

from the Division of Rheumatology at Beth Israel Deaconess Medical Center, Boston, MA and gave written informed consent under protocol 2006-P-0298 (Table 1). Healthy individuals were chosen as controls. Peripheral venous blood was collected in heparin-lithium tubes, and total human T cells were purified as described before (18). Jurkat and primary human T lymphocytes were kept in RPMI 1640 medium supplemented with 10% FBS.

Naïve $CD4^+$ T cells from healthy controls were purified from total T cell suspension using the Human Naïve $CD4^+$ T Cell Isolation kit II (Miltenyi Biotec). For activation assays, naïve $CD4⁺$ T cells were incubated in the absence or presence of plate-bound anti-CD3 and anti-CD28 antibodies (BioXCell; both at 1 μ g/ml) for 72 h.

mRNA Analysis—Total RNA was isolated, using the RNeasy Mini kit (Qiagen). cDNA was generated using a first strand cDNA synthesis kit (Invitrogen). For gene expression analyses, real-time PCR was performed using Taqman site-specific primers and probes (Roche Diagnostics) on an ABI OneStepPlus Real-time PCR System. Results were normalized to GAPDH.

ChIP—Anti-HDAC1, anti-histone 3 lysine 18 acetylation (H3K18ac), and anti-histone 3 lysine 27 trimethylation (H3K27me3), normal rabbit IgG, and normal mouse IgG were

from Upstate (Millipore). Anti-CREM α antibodies were generated as described previously (19), and anti-DNMT3a was from Abcam. ChIP Grade protein A/G plus agarose was purchased from Pierce (ThermoScientific). ChIP assays were carried out essentially according to the manufacturer's instructions (Upstate Biotechnology/Millipore). Briefly, $1-2 \times 10^6$ cells were cross-linked with 1% formaldehyde, washed with cold PBS, and lysed in buffer containing protease inhibitors (Roche Applied Science). Lysates were sonicated to shear DNA and sedimented, and diluted supernatants were immunoprecipitated with antibodies. A proportion (20%) of the diluted supernatants was kept as "input" (input represents PCR amplification of the total sample). The bead-bound protein-DNA complexes were eluted in 1% SDS, 0.1 M NaHCO₃, and cross-linking was reversed at 65 °C. DNA was recovered with Qiaprep DNA Miniprep kits (Qiagen) and subjected to PCR analysis on an ABI OneStepPlus Real-time PCR System. The sequences of the primer pairs used for quantitative PCR are listed in Table 2.

Methylated CpG-DNA Immunoprecipitation—The methylated CpG-DNA immunoprecipitation assay was carried out according to the manufacturer's instructions (Zymo Research). Briefly, genomic DNA from T cells obtained from SLE patients and healthy control individuals was purified using the AllPrep RNA/DNA/protein Mini kit (Qiagen), sheared to fragments of \sim 200 bp using DNA shearase (Zymo Research). Subsequently, 100 ng of sheared genomic DNA was used for methylated CpG-DNA immunoprecipitation. Equal amounts (100 ng) of completely (100%) methylated human DNA, and unmethylated human DNA (Zymo Research) were included as input and negative control respectively. Methylated DNA was recovered and subjected to PCR analysis on an ABI OneStepPlus real-time PCR system. Sequences of PCR primers are listed in Table 1.

Gene Expression Plasmids—An expression plasmid for human CREM α (in pcDNA3.1/V5-His-TOPO plasmid; Invitrogen) was provided by G. N. Europe-Finner (Faculty of Medical Sciences, Newcastle upon Tyne, UK) (20). DNMT3a expression plasmids have been described before (21). Three million Jurkat T cells were transfected with a total amount of 3 μ g of expression plasmid by the Amaxa transfection system (Lonza).

Co-immunoprecipitation of DNMT3a with CREM—One million HEK293T cells were transfected with expression plasmids for (i) pCDNA3 and CREM α , (ii) pCDNA3 and DNMT3a, or (iii) CREM α and DNMT3 (2 μ g of each plasmid/transfection) using Lipofectamine (Invitrogen) according to the manufacturer's instructions. 48 h after transfection cells were harvested and lysed in 400 μ l of RIPA buffer including protease inhibitors (Roche). Cell lysates were precleared for 30 min at 4 °C with 40 μ l of Pansorbin (Calbiochem) and 4 μ l of nonspecific rabbit IgG1 (Santa Cruz Biotechnology). After centrifuga-

tion (14,000 rpm, 10 min, 4 °C) 200 μ l of supernatant was incubated with either anti-CREM α (19) or anti-DNMT3a (Abcam) antibodies at 4 °C overnight. 20 μ l of Pansorbin was added and incubated for 1 h at 4 °C and Pansorbin-bound antibody-protein complexes were pelleted by centrifugation at 14,000 rpm. After several washes with RIPA buffer (including protease inhibitors) pellets were resuspended in 50 μ l of RIPA buffer, reducing sample buffer, boiled for 5 min at 95 °C and pelleted. Supernatants were subjected to SDS-PAGE as described before (19). Proteins were transferred to PVDF membranes and detected by anti-DNMT3a antibody, suitable secondary peroxidase-linked anti-rabbit antibody (Santa Cruz Biotechnology), and ECL (Amersham Biosciences) as chemiluminescent. Input controls to confirm overexpression of the respective proteins was performed by immunoblotting the nonimmunoprecipitated cell lysates.

Data Analysis—A paired two-tailed Student's *t* test was used for statistical analysis.

RESULTS

Bioinformatic Analysis of the IL2 Gene—To investigate epigenetic patterns across the human *IL2* gene, we defined regions of interest, based on bioinformatic approaches. We aligned the mouse and human *IL2* genes (VISTA Genome Browser) and searched for conserved noncoding sequences (CNS), exons and conserved untranslated regions (UTRs) (Fig. 1). CNS sites were defined as regions with sequence homology of $>75\%$ between human and mouse over at least 200 bp.

Four regions of interest (CNS1–CNS4) were defined, based on the degree of sequence conservation and the presence of reported regulatory regions. CNS1–CNS3 are located within the proximal promoter of the *IL2* gene; CNS4 localizes to the highly conserved 3'-UTR.

CREM Binds to -*180 CRE and Reduces IL-2 Expression in SLE T Lymphocytes*—In line with previous reports from our group, $CREM\alpha$ overexpression in primary human T lymphocytes resulted in reduced IL-2 expression (Fig. 2*A*). To investigate the involvement of CREM α binding in autoregulatory limitation of IL-2 expression, we investigated $CREM\alpha$ binding to the -180 CRE site in naïve and activated CD4⁺ T lymphocytes. We detected weak $\mathrm{CREM}\alpha$ binding to the -180 CRE site in naïve $CD4^+$ T lymphocytes and a 6-fold increase in response to T lymphocyte activation with anti-CD3/CD28 antibodies $(p = 0.04)$ (Fig. 2*B*). Because CREM α expression is increased in T lymphocytes from SLE patients and it mediates transcriptional silencing of $IL2$, we investigated CREM α recruitment to the -180 CRE site in T lymphocytes from SLE patients and compared our findings with controls. We detected weak binding of CREM α to the -180 CRE element in unstimulated con-

FIGURE 2. CREM α and its effects on IL-2 expression. A, overexpression of CREM α in primary human T lymphocytes (for 5 h) results in reduced IL-2 mRNA expression ($n = 4$). *B*, CREM α weakly binds to the *IL2* -180 CRE in naïve CD4⁺ T lymphocytes. CREM α binding is significantly ($p = 0.04$) increased in response to T cell activation with anti-CD3/CD28 antibodies (for 72 h). Pairs of naïve CD4⁺ T lymphocytes and activated CD4⁺ T cells from the same individual are connected by *dashed lines.* C, CREM α binds to the $IL2 - 180$ CRE of T lymphocytes from healthy control individuals. Corresponding results from age-, gender-, and ethnicity-matched controls are connected to data from SLE T cells by *dashed lines*. CREM α binding to the *IL2* $-$ 180 CRE site is significantly (*p* 0.03) increased in T lymphocytes from SLE patients. *Error bars*, S.D.

trol T lymphocytes. In SLE T lymphocytes $CREMa$ binding to the -180 CRE site was significantly stronger (3-fold; $p = 0.03$) (Fig. 2C). This confirms *in vivo* CREM α binding to the -180 CRE site of the *IL2* promoter and subsequent transcriptional silencing.

IL-2 Expression Is Associated with Histone H3K18 Acetylation and H3K27 Demethylation—It has been reported previously that activation of murine T lymphocytes with anti-CD3/ CD28 antibodies results in hyperacetylation of histones H3 and H4 within the $IL2$ gene (22). Furthermore, CREM α binding to the *IL2* promoter in Jurkat T cells has been shown to result in HDAC1 recruitment and transcriptional silencing of *IL2* (23). To understand further the regulation of IL-2 expression in SLE

FIGURE 3. **Histone modifications of the** *IL2* **gene in response to T lymphocyte activation and in SLET cells.** A, activation of naïve CD4⁺ T lymphocytes with anti-CD3 and anti-CD28 antibodies results in increased histone H3K18 acetylation and decreased histone H3K27 trimethylation. Results are displayed as relative increase in histone H3K18 acetylation and H3K27 trimethylation based on the situation in naïve $CD4^+$ T lymphocytes (indicated by *dashed line* 100%). *B*, T lymphocytes from SLE patients display decreased histone H3K18 acetylation and increased histone H3K27 trimethylation compared with T lymphocytes from healthy controls. Results are displayed as relative histone H3K18 acetylation and H3K27 trimethylation based on the situation in control T lymphocytes (indicated by *dashed line* 100%). *Error bars*, S.D.

T lymphocytes, we investigated dynamic modifications during the activation of primary naïve human $CD4^+$ T lymphocytes (with anti-CD3 and anti-CD28 antibodies). In naïve $CD4^+$ T lymphocytes histone H3 was hypomethylated at lysine 18 and hypermethylated at lysine 27. In response to T cell activation, we observed increased acetylation of histone H3K18 and decreased methylation of H3K27 (Fig. 3*A*). This reflects chromatin remodeling and results in a transcriptionally active "euchromatic" state. Because T lymphocytes from SLE patients fail to express IL-2 (8), we investigated histone modifications in T cells from four SLE patients and corresponding age-, gender-, and ethnicity-matched healthy controls (Table 1). All patients included in the study were female. The average SLE disease activity index (SLEDAI) score of the four patients included in this part of the study was 5.75, representing an overall mild to moderate disease activity (24). Compared with healthy controls, SLE T cells were hypermethylated at histone H3K27 and hypoacetylated at H3K18, reflecting a transcriptionally inactive or "heterochromatic" state (Fig. 3*B*).

CREM Binding to the IL2 -*180 CRE Site Mediates HDAC1 Recruitment and Reduced IL-2 Expression*—It has been reported that $\text{CREM}\alpha$ overexpression in Jurkat T cells results in transcriptional silencing of *IL2*. It has further been reported

FIGURE 4. HDAC1 recruitment to the IL2 -180 CRE site as detected by **ChIP.** *A*, Naïve and activated (anti-CD3/CD28) CD4 T lymphocytes display no relevant HDAC1 binding. Pairs of naïve CD4⁺ T lymphocytes and activated CD4 T cells from the same individual are connected by *dashed lines*. *NS*, not significant. *B*, HDAC1 only weakly binds to the *IL2* -180 CRE site in control T lymphocytes. In T lymphocytes from SLE patients, we detected significantly more CREM α recruitment to the -180 CRE site ($p = 0.001$). Corresponding results from age-, gender-, and ethnicity-matched controls are connected to data from SLE T cells by *dashed lines*.

that CREM α recruits HDAC1 to the *IL2* promoter, resulting in hypoacetylation of the *IL2* gene (12, 23). Physical interaction between HDAC1 and CREM α has been demonstrated by coimmunoprecipitation experiments (23). To investigate further the effects of CREM α on IL-2 expression in primary human T cells, and the involvement of CREM α in IL-2 regulation under physiological conditions, we investigated HDAC1 recruitment to the -180 CRE site in naïve CD4⁺ T lymphocytes and in response to activation with anti-CD3/CD28 antibodies. We detected weak binding of HDAC1 to the -180 CRE site and no significant induction of HDAC1 recruitment after T lymphocyte activation (Fig. 4*A*). In SLE T lymphocytes, we detected significantly more HDAC1 recruitment to this region compared with control T cells (Fig. 4*B*). This is in agreement with the aforementioned differences in histone H3K18 acetylation between naïve $CD4^+$ T lymphocytes in response to activation and SLE T cells. Thus, our findings suggest that $\text{CREM}\alpha$ mediated HDAC1 recruitment to $IL2 - 180$ CRE that results in genewide deacetylation of histone H3K18 and transcriptional silencing. This may be due to increased $CREM\alpha$ levels in SLE T lymphocytes compared with controls.

The IL2 Gene Is Hypermethylated in SLE T Lymphocytes—It has been reported that epigenetic alterations play a role in the pathophysiology of SLE. To define epigenetic mechanisms that are responsible for transcriptional repression of IL-2 in T lymphocytes from SLE patients, we investigated the degree of *IL2* CpG-DNA methylation in T lymphocytes of six SLE patients and age-, gender-, and ethnicity-matched controls. All patients included in the study were female, and presented with mildly to highly active disease as assessed, using SLEDAI scores (Table 1). The average SLEDAI score of the six patients included in this part of the study was 13.67, representing an overall high disease activity (24). Using immunoprecipitating antibodies against methylated CpG-nucleotides, we detected significantly increased CpG-DNA methylation across the *IL2* gene in SLE patients compared with controls. Across all investigated CNS regions, we detected significantly higher degrees of DNA meth-

FIGURE 5. **CpG-DNA methylation of the** *IL2* **gene as detected by immunoprecipitation ofmethylated CpG sequences.**CNS1–CNS3 are located in the 2 kb spanning proximal promoter, CNS4 is located in the 3'-UTR. Values are normalized to 100% methylated (input) DNA and unmethylated (control) DNA. The *IL2* gene T lymphocytes from SLE patients is methylated to a significantly lower degree compared with control T cells ($p < 0.001$). *Error bars*, S.D.

FIGURE 6. **Overexpression of DNMT3a in Jurkat T cells suppresses the expression of IL-2 mRNA.** Empty vector (EV; 3 μ g), or DNMT3a (3 μ g) expression plasmids were transfected into Jurkat T cells. Cells were cultured overnight, stimulated with anti-CD3 and anti-CD28 antibodies for 5 h, and harvested. RNA was purified from and IL-2 transcripts were measured and normalized to GAPDH by real-time RT-PCR. The expression levels of the transcripts were significantly decreased in Jurkat T cells transfected with DNMT3a compared with cells transfected with empty control plasmids ($p < 0.001$). The results represent the mean \pm S.D. (*error bar*) from three independent experiments.

ylation in T lymphocytes from SLE patients: methylation indexes of 84% in SLE T cells *versus* 49% in healthy control T cells (Fig. 5).

CpG-DNA Methylation through DNMT3a Results in Reduced IL-2 Expression—To investigate a possible role of CpG-DNA methylation in the epigenetic regulation of *IL2*, we overexpressed DNA methyltransferase DNMT3a in Jurkat T cells. DNMT3a overexpression resulted in significantly reduced IL-2 mRNA expression (Fig. 6).

CREM Interacts with DNMT3a, Resulting in DNMT3a Recruitment to the -*180 CRE Site in SLE T Lymphocytes*—Because we found increased CpG-DNA methylation of the *IL2* gene in SLE T cells compared with controls, we aimed to inves-

FIGURE 7. **DNMT3a interacts with CREM** α **and gets recruited to** *IL2* $-$ **180 CRE.** A, *upper*, CREM α and DNMT3a were transfected into HEK293T cells as indicated, and overexpression is shown by immunoblotting of cell lysates. *Lower*, co-immunoprecipitated (*IP*) DNMT3a is shown. Both endogenous CREM (*fourth lane 4*) and overexpressed CREM protein (*sixth lane*) co-immunoprecipitate overexpressed DNMT3a protein. *B*, SLE T cells that produce significantly less IL-2 compared with controls show increased DNMT3a recruitment to the *CRE site compared with control T lymphocytes.* Corresponding results from age-, gender-, and ethnicity-matched controls are connected to data from SLE T cells by *dashed lines*.

tigate whether $\text{CREM}\alpha$ can interact directly with DNMT3a and possibly recruit DNMT3a to the *IL2* promoter. Therefore, we overexpressed DNMT3a and $CREM\alpha$ in HEK293T cells and determined protein expression in nuclear extracts (Fig. 7*A*, *upper*). When we overexpressed both proteins, DNMT3a could be co-immunoprecipitated by the anti-CREM α antibody, suggesting a direct interaction between $CREM\alpha$ and $DNMT3a$ (Fig. 7*A*, *lower*, *sixth lane*). This band was markedly weaker when only DNMT3a was overexpressed (*fourth lane*). This seems to reflect DNMT3a interaction with endogenous $CREM\alpha$.

Subsequently, we investigated DNMT3a recruitment to the IL2 -180 CRE element and detected significantly more DNMT3a recruitment to the *IL2* promoter in SLE T lymphocytes when compared with healthy controls (Fig. 7*B*). These findings suggest a direct interaction of $CREM\alpha$ with DNMT3a that may result in DNMT3a recruitment to the -180 CRE site, resulting in CpG-DNA methylation of the *IL2* gene and transcriptional silencing.

DISCUSSION

Increased CREM α binding to the *IL2* promoter has been reported to result in transcriptional silencing of *IL2* that is mediated by several mechanisms: (i) *trans*-repression of the *IL2* promoter (8), (ii) the failure to activate the histone acetyltransferase p300 by CREM α (12), and (iii) HDAC1 recruitment through CREM α (23). These events suggest histone hypoacetylation and subsequently reduced IL-2 expression. Still, the involvement of these mechanisms in IL-2 silencing in SLE T lymphocytes has not been shown yet.

In the present study, we demonstrate for the first time that the *IL2* gene in T lymphocytes from SLE patients undergoes epigenetic remodeling at different levels. We present evidence that $CREM\alpha$ mediates gene-wide histone deacetylation in primary SLE T lymphocytes. Furthermore, we demonstrate increased histone H3K27 trimethylation and CREM α -mediated CpG-DNA methylation through DNMT3a. This suggests an important role of these mechanisms in transcriptional silencing of *IL2* in SLE T cells.

Modifications to histone tails, such as acetylation, methylation, and phosphorylation, are responsible for changes in the organization of nucleosomes, thus regulating genomic accessibility for transcription factors and RNA polymerases (25). Generally, histone acetylation is associated with transcriptional activation whereas histone trimethylation reduces transcriptional activity. Epigenetic patterns in SLE are complex (3, 14–16). Recent evidence suggests that region- and tissue-specific histone acetylation is associated with high disease activity, whereas histone acetylation in other regions seems to have protective effects (3, 14, 26–30).

The $IL2$ gene in naïve $CD4^+$ T lymphocytes undergoes histone H3K18 hyperacetylation, and histone H3K27 demethylation in response to T lymphocyte activation. We observed reverse effects in T lymphocytes from SLE patients. We detected higher degrees of H3K18 acetylation and lower degrees of H3K27 methylation in control T lymphocytes compared with SLE T cells. In agreement with this, we detected increased HDAC1 recruitment to the -180 CRE site within the *IL2* promoter in SLE T lymphocytes, but not in control T cells, or in response to activation of naïve $CD4^+$ T lymphocytes. This could reflect an important mechanism in the transcriptional silencing of *IL2* in SLE T lymphocytes and is in agreement with previous findings of our group (23). We demonstrated HDAC1 recruitment to the -180 CRE site of the *IL2* promoter in response to overexpression of $CREM\alpha$ and stimulation with anti-CD3 and anti-CD28 antibodies (23). Because T lymphocytes from SLE patients were reported to produce increased amounts of $CREM\alpha$ compared with healthy controls, HDAC1 recruitment could likely be "dose-dependent" (13) (Fig. 8). Our observation that HDAC1-mediated deacetylation of *IL2* results in transcriptional silencing is in line with reports that the application of HDAC inhibitors resulted in down-regulation proinflammatory cytokines in MRL/lpr splenocytes *in vitro* and in ameliorated proteinuria, glomerulonephritis, and splenomegaly *in vivo* (28).

CpG-DNA methylation plays an important role in the epigenetic control of gene expression (31, 32). Transcription factors

FIGURE 8. Model for the involvement of $CREM\alpha$ in the regulation of *IL2* **gene expression under physiologic conditions and in SLE.** Under physio $logic$ conditions, CREM α gets expressed in response to T lymphocyte activation. Increased CREM α expression results in binding to the $-$ 180 CRE site and competition with the *IL2 trans*-activator pCREB, an activator of IL-2 expression. This results in an autoregulatory reduction of IL-2 expression. SLE T lymphocytes overexpress CREM α . This results in competition with pCREB and reduced *trans-*activation of IL2. $\mathsf{CREM}\alpha$ binding to the IL2 -180 CRE site results in recruitment of HDAC1 and DNMT3a to the IL2 promoter. This results in epigenetic remodeling and transcriptional repression through histone deacetylation and CpG-DNA methylation.

need to bind *cis*-regulatory regions to exert physiologic functions which can be prevented by CpG-DNA methylation and are mediated through DNMTs. In SLE and other autoimmune diseases, "global" CpG-DNA methylation has been reported to be reduced, resulting in overexpression of primarily proinflammatory cytokines (3, 18, 21).

The murine *Il2* gene has been shown to be under epigenetic control through CpG-DNA methylation (33). It has been reported that following activation of murine naïve $CD4^+$ T lymphocytes, the *Il2* promoter undergoes rapid and sustained demethylation (34). In this study, we detected similar patterns, comparing the human *IL2* promoter of SLE T cells with controls. The *IL2* promoter in SLE T lymphocytes that fail to produce IL-2 is highly methylated compared with control samples. Additionally, we detected DNMT3a recruitment to the *IL*2 promoter that co-localized to a CREM α binding site (-180 CRE), and overexpression of DNMT3a resulted in reduced IL-2 transcription that was most likely caused by increased CpG-DNA methylation. For the first time, we detected a direct interaction between CREM α and DNMT3a. DNMT3a is responsible for DNA *de novo* methylation and is independent of cell division. This suggests that DNMT3a recruitment to the *IL2* promoter is mediated by $\text{CREM}\alpha$ and results in increased CpG-DNA methylation of the *IL2* gene. Because activated CD4⁺ T lymphocytes and lymphocytes from healthy controls did not exhibit

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 $DMMT3a$ recruitment to the -180 CRE site, we propose that DNMT3a recruitment to the *IL2* promoter, such as the aforementioned HDAC1 recruitment, could be a "dose-dependent" effect of CREM α . Increased histone H3K27 trimethylation of the *IL2* gene is increased in SLE T lymphocytes and could be a reflection of CpG-DNA methylation in the same region. Several reports indicate that CpG-DNA methylation and histone modifications coincide and that they are interconnected by several mechanisms (35). Methyl-CpG-binding domain proteins for instance selectively bind methylated CpG-DNA and recruit HDACs and histone methyltransferases (36).

Our findings could also help to interpret conflicting data on DNMT expression in SLE patients. Authors have reported normal (37, 38), up-, and down-regulated (39, 40) DNMT expression in SLE patients. Conflicting results may be caused by differences in disease activity, but also by discrepancies between DNMT expression levels, protein activity, and the recruitment to specific sites that depend on further modulators, such as $CREM\alpha$.

Whether our observations can be applied as biomarkers for disease activity remains to be elucidated. The patients included in our studies had moderate to high disease activity (24), which documents the involvement of epigenetic alterations in these cases. In this context it also needs to be mentioned that shifts in relative T lymphocyte numbers may influence our observations. To achieve sufficient cell numbers, whole/bulk T lymphocytes from SLE patients and controls were used in our studies rather than purified T cell subsets. Furthermore, environmental factors including medication have been reported to impact epigenetic patterns (3, 32). In the present study, treatment was rather heterogeneous. However, epigenetic patterns of SLE patients did not vary significantly. Further studies in larger cohorts are warranted to investigate the influence of disease activity and immunosuppressive treatment on epigenetic marks in SLE.

In contrast to IL-2, the proinflammatory cytokine IL-17A is overexpressed in T lymphocytes from SLE patients (41). In an accompanying manuscript (42), we report activation (through CD3/CD28 stimulation)-mediated CREM α recruitment to a CRE site within the *IL17A* promoter, resulting in *trans*-activation and epigenetic remodeling of the *IL17A* gene. Chromatin remodeling within and around the *IL17A* gene is associated with increased expression of IL-17A in naïve $CD4^+$ T lymphocytes in response to activation, and in T lymphocytes from SLE patients. This could reflect basal T lymphocyte activation in SLE patients through increased T cell receptor signaling. In contrast to the $IL2$ gene, $CREM\alpha$ does not recruit HDAC1 and DNMT3a to the *IL17A* promoter in control and SLE T (42). These findings are contrary to the effects of CREM α on the *IL2* promoter and its effects on gene expression, indicating activating and repressing features of the transcription factor $CREM\alpha$. Thus, our findings add further evidence to the discussion of whether mediators of epigenetic modifications (such as $CREM\alpha$) and resulting epigenetic marks display region- and tissue-specific patterns in health and disease.

Epigenetic Remodeling of IL2 in SLE T Cells

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