Voxel-level comparison of arterial spin-labeled perfusion MRI and FDG-PET in Alzheimer disease

ABSTRACT

Objective: We compared the ability of arterial spin labeling (ASL), an MRI method that measures cerebral blood flow (CBF), to that of FDG-PET in distinguishing patients with Alzheimer disease (AD) from healthy, age-matched controls.

Methods: Fifteen patients with AD (mean age 72 \pm 6 years, Mini-Mental State Examination score [MMSE] 20 \pm 6) and 19 age-matched controls (mean age 68 \pm 6 years, MMSE 29 \pm 1) underwent structural MRI. Participants were injected with 5 mCi of FDG during pseudocontinuous ASL scan, which was followed by PET scanning. Statistical parametric mapping and regions of interest (ROI) analysis were used to compare the ability of the 2 modalities in distinguishing patients from controls. Similarity between the 2 modalities was further assessed with linear correlation maps of CBF and metabolism to neuropsychological test scores.

Results: Good agreement between hypoperfusion and hypometabolism patterns was observed, with overlap primarily in bilateral angular gyri and posterior cingulate. ROI results showed similar scales of functional deficit between patients and controls in both modalities. Both ASL and FDG-PET were able to distinguish neural networks associated with different neuropsychological tests with good overlap between modalities.

Conclusions: Our voxel-wise results indicated that ASL-MRI provides largely overlapping information with FDG-PET. ROI analysis demonstrated that both modalities detected similar degrees of functional deficits in affected areas. Given its ease of acquisition and noninvasiveness, ASL-MRI may be an appealing alternative for AD studies. *Neurology*® **2011;77:1977–1985**

GLOSSARY

 $\mathsf{A}\bm{\beta}$ = amyloid- β ; $\mathsf{A}\mathsf{D}\mathsf{C}$ Alzheimer's Disease Center; $\mathsf{A}\mathsf{S}\mathsf{L}$ = arterial spin labeling; $\mathsf{A}\mathsf{U}\mathsf{C}$ = area under the curve; <code>BNT</code> = Boston Naming Test; <code>CBF</code> = cerebral blood flow; <code>CDR</code> = Clinical Dementia Rating; <code>DSS</code> = Digit Symbol Substitution; FDG-PET = ¹⁸fluoro-deoxyglucose PET; FWHM = full-width half maximum; GM = gray matter; MCI = mild cognitive impairment; **MMSE** = Mini-Mental State Examination; **MNI** = Montreal Neurological Institute; MPRAGE = magnetization-prepared rapid gradient echo; **MR** = magnetic resonance; **NACC** = National Alzheimer's Coordinating Center; **PSF** = point spread functions; **PVE** = partial volume effects; **rCBF** = relative cerebral blood flow; **rCMRGIc** = relative CMRGIc; **ROC** = receiver operating characteristic; **ROI** = region of interest; **SUV** = standardized uptake value; **TE** = echo time; **TIV** = total intracranial volume; **TR** = repetition time; **UDS** = Uniform Data Set; **VBM** = voxel-based morphometry; $WM =$ white matter; $wsCV =$ within-subject coefficient of variation.

Alzheimer disease (AD) is a neurodegenerative disorder associated with the accumulation of amyloid- β (A β) peptide and hyperphosphorylated tau protein, which lead to loss of neuronal and synaptic integrity and eventual cognitive decline.¹ Molecular markers (e.g., amyloid imaging) have limited capability in disease tracking and discriminating disease stages,^{2,3} thus biomarkers sensitive to neurodegenerative changes may be better suited for these purposes.4

Structural MRI, probably the most developed quantitative methodology for measuring neurodegenerative change, has been consistently shown to correlate with disease severity.^{5,6} Similarly, glucose metabolism (CMRGlc) measured by ¹⁸fluoro-deoxyglucose PET (FDG-PET) correlates significantly with cognitive decline in AD.^{3,7} Since CMRGlc reflects synaptic activ-

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Supplemental data at www.neurology.org

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ity,^{8,9} which may precede structural changes, FDG-PET could be particularly sensitive in detecting disease-related functional changes and predicting decline, as evidenced in a recent study comparing multiple biomarkers that concluded FDG-PET was the most predictive for conversion from mild cognitive impairment (MCI) to AD.10

Regional cerebral blood flow (CBF) is generally tightly coupled to regional CMRGlc¹¹; therefore, it may provide similar information to FDG-PET. Arterial spin labeling (ASL) is an MRI methodology that uses endogenous arterial blood water as a tracer to quantify CBF. Its noninvasive nature and high reproducibility over time¹² make it an attractive and potentially cost-effective alternative to FDG-PET.

Though patterns of hypoperfusion in limited ASL studies largely recapitulate hypometabolism patterns reported with FDG-PET (for review, see reference ¹³), no direct comparison between the methodologies for AD exists. Here, we compare the ability of ASL and FDG-PET to distinguish patients with AD from controls.

METHODS Subjects. Seventeen patients with probable AD based on the National Institute of Neurological and Communicative Disorders and Stroke–Alzheimer's Disease and Related Disorders Association criteria14 were recruited from the University of Pennsylvania's Alzheimer's Disease Center (ADC) for the current study. As part of their enrollment in the ADC, all patients undergo an extensive neuropsychological evaluation, including all components of the National Alzheimer's Coordinating Center's (NACC) Uniform Data Set (UDS),¹⁵ which is repeated annually. All patients had a MMSE score 25 or lower and a Clinical Dementia Rating (CDR) global score of 0.5 or higher. Two patients did not complete the imaging protocol and were excluded from the final analysis. Nineteen age-matched healthy controls, with MMSE >26 and CDR global score of 0, were recruited by advertisement. A summary of the demographic characteristics and neuropsychological test results is shown in table 1. Raw test scores are reported for all tests except Word-List Recognition, where d' was calculated to account for false alarms.16

Standard protocol approvals, registrations, and patient consents. The study protocol was approved by the local institutional review board and written informed consent was obtained from all subjects or their legally designated representatives prior to the study.

Imaging protocol. *MRI.* MRIs were acquired on a 3-T whole-body Siemens TIM Trio scanner (Erlangen, Germany) with an 8-channel receive-only head coil and body coil transmission. High-resolution whole brain anatomic images were

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Digit Symbol Substitution^{d}

Test^d

Word-List

Word-List Memory

Delayed Word-List Recall^d

Digit Span Backward^d 8.0 (2.7) 4.5 (1.7)

53.4 (10.5) 24.9 (11.0)

25.9 (2.5) 9.2 (4.4)

9.2 (1.2) 0.9 (1.4)

 $3.3(0.1)$ $1.4(1.0)$

 $\frac{c}{p}$ *p* $<$ 0.05 for χ carriers.

^d *p* 0.001 for 2-sample *t* test between patients and controls.

collected using 3-dimensional magnetization-prepared rapid gradient echo (MPRAGE) with the following parameters: inversion time = 950 msec, echo time (TE)/repetition time $(TR) = 3.87$ msec/1,620 msec, 160 axial slices, 1 mm isotropic resolution. Resting CBF measurements were acquired using pseudocontinuous ASL¹⁷ with labeling duration and postlabeling delay of 1.5 s each. The labeling plane was positioned 90 mm below the center of the imaging slab composed of 18 axial slices (6 mm thickness, 1.2 mm gap). Fifty-nine pairs of interleaved control and tag images were acquired using gradientecho echoplanar imaging with $TR/TE = 4$ s/17 msec and voxel resolution of $3.5 \times 3.5 \times 6$ mm³, which lasted 8 minutes. Three ASL scans were acquired and concatenated during data analysis to improve signal-to-noise ratio.

A subset of 9 patients was rescanned with MRI approximately 1 week after the first scan session to assess test-retest reproducibility of ASL. The rescan session consisted of the same MPRAGE structural scan, as well as 2 ASL scans as described above.

PET imaging. To minimize physiologic changes between the magnetic resonance (MR) and PET scans, 5 mCi of FDG was injected via an IV catheter while the subject was in the MR scanner, allowing FDG uptake to occur during MR acquisition.18 At the end of the MRI session, subjects were transported to the PET scanner and images were acquired based on the ADNI PET imaging protocol¹⁹ on an Allegro scanner (Philips). Images were obtained over a 30-minute period followed by a

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transmission scan for attenuation correction. At the completion of the scanning, the images were reconstructed in the transaxial planes into voxels of dimension $2 \times 2 \times 2$ mm³ using an iterative reconstruction process.²⁰

Image processing. All images were processed using Statistical Parametric Mapping (SPM5, Wellcome Department of Imaging Neuroscience, London, UK) and customized MATLAB scripts (The Mathworks Inc., Natick, MA). To account for the enlarged ventricles and atrophied gray matter (GM) typical of elderly subjects, an age-specific template was used for spatial normalization. Voxel-wise statistics were generated by comparing 1) MPRAGE, 2) ASL, and 3) PET images between patients and controls to detect AD-related atrophy, hypoperfusion, and hypometabolism patterns, respectively. All results were thresholded at $p < 0.05$ with false discovery rate correction for multiple comparisons and cluster threshold of 50 voxels unless otherwise specified. Detailed processing steps for the 3 image types are discussed below.

MPRAGE images. The MPRAGE images were processed using optimized voxel-based morphometry (VBM).²¹ Briefly, the images were first segmented into GM, white matter (WM), and CSF using tissue priors from an age-specific template in Montreal Neurological Institute (MNI) space. These tissue probability maps were used to generate normalization parameters for spatial normalization of the unsegmented MPRAGE images. The spatially normalized MPRAGE images were segmented again and the tissue probability maps were modulated to account for volume changes during nonlinear spatial normalization. Total intracranial volume (TIV) was calculated by thresholding these tissue probability maps at 0.5, summing the abovethreshold voxels and multiplying by the voxel volume. The modulated GM probability maps were finally smoothed by a 12-mm full-width half maximum (FWHM) kernel and entered into a 2-sample *t* test with age, years of education, and TIV as covariates to detect GM volume changes in patients.

ASL images. Raw images from the ASL scans were first coregistered to the MPRAGE images of the same session and motion-corrected using a 6-parameter rigid body spatial transformation. Pairwise subtraction images were then generated and images with signal spikes caused by motion artifacts were removed according to previously published criteria.²² Averaged difference images were converted to mL/100 g/min using a single-compartment model²³ (see figure e-1a on the *Neurology®* Web site at<www.neurology.org> for sample CBF maps).

The low resolution of the CBF images necessitates correction of partial volume effects (PVE) as it interferes with the accuracy of CBF quantification and subsequent comparisons. Highresolution GM and WM probability maps generated from each subject's MPRAGE images were first smoothed with a $4 \times 4 \times 6$ mm³ kernel to mimic the PVE of the ASL images. These smoothed tissue maps were then subsampled to the resolution of the CBF images and thresholded at > 0.3 to minimize division artifacts, before being applied to the CBF images for PVE correction using the equation $I_{\text{corrected}} = I_{\text{uncorrected}}/(P_{\text{GM}} + 0.4 P_{\text{WM}})$, where the 0.4 factor is the global ratio between WM and GM,²⁴ and P_{GM} and P_{WM} are the probabilities of GM and WM, respectively. The PVE-corrected CBF images were spatially normalized to MNI space using the same normalization parameters calculated from the high-resolution GM probability maps. Global effects were eliminated by dividing the images by each subject's mean whole brain CBF.

Patient test-retest reproducibility for ASL was assessed using within-subject coefficient of variation (wsCV),²⁵ defined as

wsCV = $100 \times \sigma/\mu$, where σ is the SD of the test-retest difference and μ is the mean of test-retest scans. wsCV values were calculated for global GM, hippocampus, and a composite ROI using coordinates of the 5 most frequently cited regions (left and right angular gyri, left and right posterior cingulate, and left middle/inferior temporal gyrus) sensitive to AD and MCI in FDG-PET studies developed by Landau et al.7

PET images. Raw count FDG-PET images were converted to standardized uptake value (SUV) images (sample images in figure e-1b) using the SUV scale factor in the dicom header. After coregistration to the anatomic MRI, the same partial volume correction procedure as described for the ASL data above was applied to the SUV images. To address the different point spread functions (PSF) of ASL and PET, the high-resolution tissue probability maps were smoothed by the PET PSF of 5.5 \times 5.5×5.6 mm³ before being resliced to the image space of the FDG-PET images for PVE correction. The PVE-corrected FDG-PET images were spatially and intensity normalized in a similar fashion as the ASL images.

Statistical analysis. The PVE-corrected, spatially and intensity normalized ASL and FDG-PET images were smoothed with a 12-mm 3-dimensional kernel, then analyzed using a 2×2 factorial design with condition (patient and control) and modality (ASL and FDG-PET) as the 2 factors, and age and years of education as covariates. To limit the analysis to GM, a mean GM mask was generated by thresholding each subject's spatially normalized GM probability map to 0.2 or above. Only voxels considered as cortical GM for all subjects were included in the mask. Maps of hypoperfusion and hypometabolism were generated using within-modality *t* contrasts between patient and control groups. Further investigation of the degree of overlap and discrepancy between the 2 modalities was achieved using conjunction analysis and an F-contrast representing modality \times condition interaction.

To support the voxel-based analysis, a ROI analysis was also performed using the composite ROI described above⁷ given the sensitivity of these regions to CMRGlc changes associated with early AD. Additionally, bilateral angular gyri, posterior cingulate, thalamus, motor cortex, and basal ganglia ROIs generated from Automated Anatomic Labeling²⁶ in SPM were also used to extract relative CBF (rCBF) and relative CMRGlc (rCMRGlc) values. The angular, posterior cingulate, and composite ROIs were used to compare the degree of functional deficit in patients for both modalities, while the latter 3 of the aforementioned ROIs have been found to be less vulnerable to functional changes in AD and are expected to have minimal difference between patient and control groups.

In order to determine whether resting state metabolism and CBF similarly correlated with neuropsychological performance and to demonstrate the overlap in brain– behavior relationships between the 2 methodologies, ASL and FDG-PET images from all subjects were entered into a linear regression model with each of the neuropsychological test scores in table 1 as the regressor, and age and years of education as nuisance covariates. Correlation results were statistically thresholded at $p < 0.005$ uncorrected and clusters of 50 voxels or more.

RESULTS The mean \pm SD CBF values for whole brain GM, hippocampus, and composite ROI were 38.2 ± 7.0 , 42.6 ± 9.4 , and 22.4 ± 4.3 mL/100 g/min for scan 1 and 44.8 ± 11.7 , 45.5 ± 11.0 , and 26.6 ± 7.9 mL/100 g/min for scan 2. The corre-

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Areas of (A) atrophy, (B) hypoperfusion, and (C) hypometabolism rendered onto 3-dimensional brains, with color intensity representing depth from brain surface. Red represents Alzheimer disease–related decreases. Representative slices with color bar representing range of *t* values are shown in (D–F). (G) Results of conjunction analysis showing areas of overlap between hypoperfusion and hypometabolism. All images were statistically thresholded at $p < 0.05$, false discovery rate correction for multiple comparison, cluster >50. No increases in gray matter volume, cerebral blood flow (CBF), or CMRGlc were detected.

sponding wsCV \pm 95% confidence interval values were $16\% \pm 1\%$, $16\% \pm 2\%$, and $18\% \pm 4\%$. Both GM and hippocampus had similar CBF and wsCV values, whereas the composite ROI had lower CBF, likely due to the inclusion of the inferior temporal lobes, areas that typically suffer from signal loss due to high static magnetic field inhomogeneity. As a result of the lower CBF, wsCV for the composite ROI was slightly elevated.

Voxel-wise statistical analysis results of patients compared to controls are shown in figure 1. ADrelated (A) GM atrophy, (B) hypoperfusion, and (C) hypometabolism patterns are rendered onto 3-dimensional brains, where color intensity represents depth. Figure 1, D–F, shows a representative slice with a color bar representing the scale of the *t* values. The atrophy results closely resemble the typical AD atrophy pattern, primarily localized to the temporal lobe. The hypoperfusion and hypometabolism results, on the other hand, were localized to the bilateral angular gyri and posterior cingulate. Excellent agreement between the hypoperfusion and hypometabolism maps was confirmed by conjunction analysis (figure 1G), which revealed significant overlap between ASL and FDG-PET in the bilateral angular gyri and posterior cingulate. No significant modality \times condition interaction was detected at the statistical threshold used. A summary of the regions detected, together with the MNI coordinates, maximum *z* scores, and number of voxels, is shown in table 2.

Figure 2 shows bar plots of (A) rCBF and (B) rCMRGlc values for the various ROIs, with data from controls in dark green and those from patients in pale green. Error bars represent standard errors. Two-sample *t* tests revealed that patient rCBF and rCMRGlc were significantly lower in the angular, composite, and posterior cingulate ROIs ($p <$

0.005). Cohen *d* effect size was 2.05 for rCBF and 1.92 for rCMRGlc in the composite ROI, demonstrating similar sensitivity for discrimination of patients with AD from controls. Receiver operating characteristic (ROC) curves constructed using the rCBF and rCMRGlc values extracted from the composite ROI are shown in figure e-2. The areas under the curve (AUC) were 0.94 and 0.92 for rCBF and rCMRGlc, respectively.

Results of partial correlation between CBF and CMRGlc with Boston Naming Test (BNT) and

Digit Symbol Substitution (DSS) scores are rendered onto 3-dimensional brains in figure 3, revealing significant overlap between the 2 methodologies. Red and green represent positive and negative correlations with the test scores. For BNT, positive correlations include the ventrolateral prefrontal cortex and inferior and middle temporal lobes. Alternatively, DSS had a different pattern involving positive correlations in the dorsolateral prefrontal cortex and bilateral inferior parietal lobes. Similar overlap between the methodologies was observed for correlations with other psychometric variables (see figure e-3).

DISCUSSION FDG-PET has proven to be a useful tool in both the clinical arena and in research studies of AD. This methodology holds particular promise as an early marker of functional change, which may have important prognostic value in preclinical disease and for tracking outcomes in therapeutic intervention trials.⁴ Mounting evidence for the utility of various MRI measures such as structural imaging, white matter hyperintensities, and diffusion tensor imaging has established MRI to be a powerful tool for studying AD,13 but PET remains the gold standard for functional assessments. An MRI-based functional measurement such as ASL could potentially streamline AD studies as it can be easily incorporated into any MRI protocol.

The primary goal of this study was to compare the abilities of ASL-MRI and FDG-PET in detecting functional abnormalities associated with AD. As is evident in figure 1, both ASL and FDG-PET identified the typical AD pattern of compromised function in the bilateral parietal lobes and the posterior cingulate.19 Conjunction analysis showed that the overlap between the 2 modalities in these areas was statistically significant. Contrary to several reports of hyperperfusion in the hippocampus for patients with prodromal AD,27–29 we did not find any areas with mismatched CBF and CMRGlc, suggesting that the elevated hippocampal CBF was likely a compensatory mechanism only present in early disease stages. Complementary to the voxel-wise comparison, the ROI results showed significantly lower rCBF and rCMRGlc in the angular and posterior cingulate areas of the patients, while motor, thalamus, and basal ganglia regions were unaffected. ROC analysis on the ROI results demonstrated high disease detection accuracy of >0.9 for both modalities. While promising, this preliminary result requires further validation in a larger scale study. Nonetheless, both ROI and voxel-wise results support the notion that ASL and FDG-PET offer similar functional measures.

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Both rCBF and rCMRGlc show similar degrees of functional deficit between control and patients in affected areas, which were statistically significant at $p < 0.005$ (*). Cohen *d* value was 2.05 for rCBF and 1.92 for rCMRGlc extracted from the composite ROI.

The AD-related atrophy pattern was significantly different from the hypoperfusion and hypometabolism patterns (figure e-4). This frequently reported discrepancy^{30,31} has been suggested to be a result of diaschisis, in which in addition to local neuronal loss, functional deficits can also occur in distant areas as a result of denervation.32 In support of this theory, Villain et al.³³ reported a strong correlation between hippocampal atrophy and cingulum bundle disruption, which was in turn correlated to hypometabolism in association cortices. The complementary findings associated with structural and functional measures (CMRGlc and CBF) suggest a value in obtaining both structural and functional data in tracking disease progression, which can be

easily achieved with MRI techniques such as ASL and MPRAGE.

The mean GM CBF value in patients was approximately 20% lower than that of the controls in the current study (mean \pm SD = 49.9 \pm 10.1 mL/100 g/min), in good agreement with previous studies reporting global hypoperfusion in patients with AD.³⁴ Compared to the majority of reproducibility studies on ASL, our wsCV of 16% is slightly higher than the norm of less than 10%.^{12,35} This is likely due to the fact that most other studies were performed in young, healthy subjects, who typically have higher CBF and also better signal-tonoise ratio in their ASL scans.36 Though no formal assessment of FDG-PET reproducibility in patients with AD exist, CMRGlc measurements in healthy subjects have a reproducibility of 7.1% , 37 which is slightly better than the reproducibility of ASL in healthy subjects.

Both ASL and FDG-PET show expected correlations with cognitive task performance, as evidenced by the correlation maps for BNT and DSS in figure 3. While not a central goal of this present study, the inferior frontal/temporal correlation with BNT and dorsal frontoparietal correlation with DSS are consistent with known networks supporting naming and control/working memory processes involved in these psychometric measures.38,39 That ASL and FDG-PET were able to detect these distinct networks with good agreement between them is further evidence for the similarity between these 2 methodologies. A major limitation of the present study is the small patient cohort, which precludes assessment of correlations with disease severity. Further research in a larger patient population of more varied disease stages is necessary to determine the utility of ASL in tracking disease severity.

Using voxel-wise comparisons, we have demonstrated that ASL-MRI identifies highly overlapping patterns of hypoperfusion with FDG-PET hypometabolism in patients with AD compared to controls. ROI results revealed that rCBF and rCMRGlc show similar degrees of functional deficits between patients and controls in affected brain regions. The noninvasive nature of ASL makes it well-suited for screening and longitudinal disease tracking. However, its sensitivity in early-stage AD remains to be investigated. In order to facilitate planning of ASL-MRI longitudinal studies, we also present an estimate for ASL-MRI reproducibility in our patient population. Future work in a more varied patient cohort will help realize the full potential of ASL-MRI in AD-related research and clinical care.

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(A) Correlation between CBF (left) and CMRGlu (right) with Boston Naming Test scores. (B) Correlation between CBF (left) and CMRGlu (right) with Digit Symbol Substitution scores. Red and green represent positive and negative correlations respectively. Color intensity represents depth from brain surfaces. Statistical images were thresholded at $p < 0.005$, uncorrected for multiple comparisons, cluster size >50.

AUTHOR CONTRIBUTIONS

Manuscript preparation: Y.C., D.A.W., J.A.D. Data analysis/interpretation: Y.C., D.A.W., E.M., J.A.D. Study concept/design: A.B.N., P.J., S.E.A., J.G., J.A.D. Patient recruitment/evaluation and data acquisition: M.K., P.M.M., J.S.R.

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advisory board of Pittsburgh NMR Center; serves as an Associate Editor of the *Journal of Neuroimaging*; serves as a consultant for Pfizer Inc; receives research support from Wyeth, AstraZeneca, Pfizer Inc, the National Science Foundation, and the NIH; is an inventor on a patent re: ASL perfusion MRI and receives royalties from the University of Pennsylvania for its licensure; and has acted as a witness or consultant in legal proceedings.

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