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## CENTRAL INFUSION OF OVINE CRF (oCRF) POTENTIATES DEFENSIVE BEHAVIORS IN CD-1 MICE IN THE MOUSE DEFENSE TEST BATTERY (MDTB)

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## Abstract

Following intracerebroventricular (i.c.v.) injection of ovine CRF (oCRF), an endogenous peptide agonist at both CRF1 and CRF2 receptors, defensive behaviors of CD-1 mice were evaluated in the Mouse Defensive Test Battery (MDTB). Behavioral measures taken before, during, and after predator (a hand-held anesthetized rat) confrontation included exploratory activity, risk assessment, avoidance, flight, freezing, defensive threat/attack, and residual emotional responses. Both low (0.1nmol) and high (0.2nmol) doses of oCRF robustly suppressed exploratory activities and increased risk assessment during the initial familiarization period. Flight speed and jump escapes when the mouse was chased were significantly elevated by the 0.2nmol dose. Both doses enhanced freezing and avoidance to a distant predator when the escape route was blocked. The 0.2nmol dose also potentiated flight responses to a contacting predator in a highly confined space. Both oCRF groups traveled shorter distances and exhibited less escape attempts following the removal of the threat stimulus. These findings indicate that non-selective activation of CRF receptors via ventricular infusion of oCRF potentiates defensive behaviors relevant to the demand of specific challenges, generally enhancing the predominant defensive behavior in each specific situation.

## Keywords

oCRF; CRF agonist; defensive behaviors; mice

## 1. Introduction

Corticotropin-releasing factor (CRF), a 41 amino acid peptide, is a pituitary secretagogue for adrenocorticotropin hormone (ACTH) [49] that also functions as a neurotransmitter/ neuromodulator in regulating endocrine, behavioral, autonomic, and immune response to stress [4],[24]. These actions of CRF and other related peptide family members are primarily mediated by two CRF receptor subtypes termed CRF1 and CRF2 [22],[47] which are

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distinct in terms of tissue distribution [15],[39],[41],[50]and pharmacological properties [35]. In rodents, dense CRF1 mRNA expression is found in the isocortex, olfactory bulb, medial septum, cerebellum [15],[26],[50], and brainstem sensory relay nuclei [50]. CRF1 expression is also evident in the basolateral nucleus of the amygdala [15],[50], hippocampus, and anterior pituitary [50]. In contrast, central CRF2 mRNA expression follows a pattern that is more restricted than, and distinct from, that of CRF1, with high densities found in the intermediate lateral septum, ventromedial hypothalamus (VMH), the bed nucleus of the stria terminalis (BNST), cortical nucleus of the amygdala, dorsal raphe, nucleus of the solitary tract, and non-neuronal elements of the choroids plexus [15], [44], [50].

Anatomical heterogeneity of CRF1 and CRF2 suggest the existence of functional differences between them. Overall, evidence accumulated so far has been relatively consistent for a role of CRF1 in mediating responsivities to threat but much less so for that of CRF2 [44]. Mice deficient for CRF1 exhibited reduced anxiety-like behaviors [46]. Moreover, mice with conditional inactivation of forebrain CRF1, but spared anterior pituitary CRF1, showed less anxiety-like behavior [31]. Pharmacological studies showed that activation of central CRF1 enhanced anxiety-like behaviors in both mice [45] and rats [48] and peripheral administration of CRF1 antagonists reduced stress-induced behavioral and physical responses in several paradigms [18],[21],[23]. Down-regulation of CRF1 by antisense oligodeoxynucleotide led to attenuated anxiety-like behaviors in rats [28],[34]. In contrast, the role of CRF2 remains controversial, with some groups reporting results that support an anxiolytic role of CRF2 [2], [16], [32], [38] and others reporting anxiolytic effects of CRF2 antagonism [1], [25], [29].

Unconditioned defensive behaviors, such as those elicited by encounters with predators, are increasingly used to provide measures of behavioral responses to threat and stress [9], [42]. The Mouse Defense Test Battery (MDTB) is comprised of six sub-tests that vary in threat intensity/proximity that can be used to measure novelty exploration, anti-predator defensive responses including flight, freezing, risk assessment, defensive threat and attack, and residual emotional responses (following the removal of the threat). By virtue of its ability to capture a spectrum of defensive behaviors in a single session, the MDTB has been used extensively as a pre-clinical model in testing various drugs, especially those that are potentially effective against anxiety disorders[9], [20].

The aim of the present study was to examine the effects of i.c.v. administration of ovine CRF (oCRF), an endogenous peptide agonist with a 6.7-fold higher affinity to CRF1 than CRF2 [30], on defensive behaviors in CD-1 mice in the MDTB.

## 2. Materials and methods

## 2.1. Animals

Adult 12-week old male CD-1 mice (Charles River Laboratories, St. Louis, MO), weighing 35–45 g at the time of surgery, were used for this study. Mice were individually-housed in standard polypropylene cages in a temperature controlled room  $(20\pm2 \text{ °C})$  with *ad libitum* access to food and water and were maintained on a 12 hr light/dark cycle (lights on at 06:00 AM). Mice were allowed 1 week to acclimate to the vivarium prior to the start of the surgery. Surgical and experimental procedures were approved by the Institutional Animal Care and Use Committee (IACUC) of the University of Hawaii.

## 2.2. Surgery

Mice were anesthetized with sodium pentobarbitol (80 mg/kg). Glycopyrrolate (0.04 mg/ mouse, Luitpold Pharmaceuticals, NY) was co-administered with pentobarbitol to prevent

respiratory complications. A 26-gauge stainless steel guide cannula, 8.0 mm in length, was stereotaxically implanted in the right ventricle based on coordinates from the Mouse Brain Atlas (Paxinos and Franklin, 2001). The coordinates were AP 0.2mm, ML 1.0mm, DV 2.3mm (below the skull surface). The guide cannula was anchored with dental cement and two stainless still screws and a dummy stylet was used to maintain potency. The exact injection sites were verified histologically and data were analyzed only from those that had received injections in the correct target sites.

## 2.3. Peptide Infusion

oCRF used in the current study is the general gift from Dr. Joachim Spiess. The peptide was dissolved in highly purified acetic acid artificial cerebrospinal fluid (aCSF: 124 mM NaCl/ 26.4 mM NaHCO<sub>3</sub>/10 mM glucose/3.3 mM KCl/2.5 mM CaCl<sub>2</sub>/2.4 mM MgSO<sub>4</sub>/1.2 mM KH<sub>2</sub>PO<sub>4</sub>, pH=7.4). Mice were randomly assigned to one of the three groups: aCSF (vehicle control, n=9), 0.1nmol (n=8), and 0.2 nmol (n=10) of oCRF. Each mouse was gently restrained by hand and the stylet removed, and 1.0  $\mu$ l of oCRF or aCSF was injected through the guide cannula over a time course of 30s. The injector was left in place for another 60 sec to allow for drug diffusion. The 32-gauge injector was made of stainless tubing (Small Parts Inc. FL) and connected to a 10- $\mu$ l Hamilton microsyringe with polyethylene-20 tubing (Plastic One, VA). The injector extended 1.0 mm below the end of the guide cannula into the ventricle.

## 2.4. Behavioral Test Schedule

After a 1-week recovery period, mice were injected with oCRF or aCSF and tested in the MDTB 30 min post injection. The MDTB takes about 12 min to complete. Behavioral tests were performed during the light cycle, between 1 and 4 p.m. Experimenters and scorers were blind to treatment conditions.

#### 2.5. Test Apparatus: MDTB

The MDTB test was conducted in an oval runway, 0.40m wide, 0.30m high, and 4.4 m in total length, consisting of two 2-m straight segments joined by two 0.4-m curved segments and separated by a median wall ( $2.0 \text{ m} \times 0.30 \text{ m} \times 0.06\text{m}$ ). The apparatus was elevated 0.8 m from the floor to enable the experimenter to hold the rat and move with ease while minimizing subjects' view with her. All parts of the apparatus were constructed with black Plexiglas. The floor of the apparatus was marked every 20cm with white lines to facilitate distance measurement. Two ceiling-mounted video cameras were used to record the test and the room was illuminated with one 100-watt red light.

#### 2.6. Behavioral paradigm: the Mouse Defense Test Battery (MDTB)

**2.6.1. Pretest (familiarization period)**—Each subject was placed in one end of the oval runway and allowed to freely explore the apparatus for the next the 3-min. Number of line-crossings and rears were counted. In addition, stretch attend posture (SAP) and the number of steps were measured for three 20-second sample periods (sample 1: 0~20 sec; sample 2: 60~80 sec; sample 3: 120~140 sec)

**2.6.2. Predator avoidance test**—Immediately after the pre-test, a hand-held anesthetized rat was brought up to the subject at an approximate speed of 0.5 m/s. Approach was initiated only if the subject was standing still with its head oriented toward the rat. Approach was terminated when contact with the subject occurred, or the subject fled from the approaching rat. If the subject fled, avoidance distance (distance between rat and subject at point of flight) and the distance the subject traveled before making the first stop (escape distance) were recorded. This procedure was repeated five times.

**2.6.3. Chase/flight test**—The hand-held rat was brought up to the subject at a speed of approx. 2.0 m/s. Chase was initiated only when the subject was at a standstill with its head oriented toward the rat, and stopped when the subject had traveled a distance that equals to three laps around the runway (~ 14.2m). Total time to complete the distance was recorded and overall flight speed (m/s) was calculated for each animal. Numbers of stops, reversals, and head orientations were also counted. The rat was removed upon chase completion.

**2.6.4. Closed alley test**—Following the chase test, the runway was converted to a 120cm long (door-to-door) straight alley by closing a hinged hatch at one end and inserting a removable door at the other. As soon as the mouse moves to one end of the alley, the handheld rat was introduced to the opposite end and gently shaken in place for 30 sec, during which time numbers of voluntary approaches and duration of freezing were measured.

**2.6.5. Forced contact test**—In this sub-test, the closed alley was shortened to 40cm long and the rat was quickly brought up to contact with the subject. For each such contact, occurrences of vocalization, upright posture, bite, jump attacks, and jump escapes were registered. Three trials, each consists of five forced contacts, were conducted.

**2.6.6. Posttest**—Upon completion of the forced contact test, the subject was released from the enclosure and its activities were recorded for another 3 min during which time the experimenter and the rat stimulus were out of sight. Line-crossings and escapes attempts (rearing and jump escapes), were counted.

#### 2.7. Statistical analysis

Data were analyzed with one-way ANOVA. Subsequent comparisons between

treatment groups and control were carried out using Dunnett's t-test

## 3. Results

#### 3.1. Pretest activity and risk assessment

Fig. 2. presents runway activities during the 3-min pretest. One-way ANOVA revealed a significant drug effect on line-crossings [F (2, 24) =16.74, p<.001] (Fig. 2A). Subsequent Dunnett's test showed that both 0.1nmol and 0.2nmol of oCRF significantly reduced this exploratory behavior (p<.001 for each). For a finer analysis, Dunnett's test revealed that in each of the three 20-s periods sampled both oCRF groups made significantly fewer steps relative to aCSF treated mice (p<.001 for each comparison) (Fig. 2B). In addition, both oCRF treated groups exhibited higher levels of this risk assessment behavior than controls in each of the three sample periods (p<.01 for both doses for sample 1 and 2, p<.05 for both doses for sample 3) (Fig. 2C). Rearing (Fig. 2D) was also significantly affected by oCRF infusion [F (2, 24)=13.61, p<.001], with both dose groups showing significantly fewer rearing than controls (p<.001 for each: Dunnett's comparison).

## 3.2. Predator avoidance test

Table 1 presents data for the avoidance test. There were no significant main effects of oCRF injection on any measure: avoidance, avoidance distance, escape, or escape distance.

## 3.3. Chase/flight test

oCRF treatment had significant effect on overall flight speed [F(2, 24) = 5.01, p<.05], with the 0.2 nmol group fleeing from the rat faster than aCSF controls (p<.01) (Fig. 3). A significant drug effect was also found for jump escapes [F(2, 24)=4.53, p<.05], and post-

hoc Dunnett's test indicated that the 0.2nmol, but not the 0.1nmol, group, exhibited more jump escapes relative to controls (p<.01)(Fig 3). oCRF had no reliable effect on the number of stops [F (2, 24)=1.80, ns] or reversals [F(2,24)=1.86, ns] (Table 2). The main effect of oCRF on head orientations is significant [F(2,24)=3.90, p<.05]. However, subsequent Dunnett's test failed to reveal significant dose effect.

## 3.4. Closed Alley test

Behavioral responses in the straight alley test are summarized in Fig. 4. Approaches towards the threat stimulus were significantly affected by oCRF infusion [F (2, 24) =35.16, p<.001], with both oCRF groups showing fewer approaches than controls (p<.001 for each). A significant drug effect was also found for freezing [F (2, 24) =6.18, p<.01], with the 0.2nmol dose group exhibiting more robust freezing than controls (p<.01).

## 3.5. Forced contact test

The main effect of drug treatment was significant for the number of jump escapes [F (2, 24) =7.78, p<.01], upright postures [F (2, 24)=5.54, p<.01], and vocalizations [F (2, 24)=7.65, p<.01] (Fig. 5). Dunnett's test detailed that while the 0.1nmol dose had no significant effect on any of these behaviors, the 0.2nmol dose reduced vocalizations (p<.01) and upright postures (p<.01) and increased jump escapes (p<.001). The number of jump attacks did not differ among groups [F (2, 24)=1.63, ns]. Bites were rarely seen and were not statistically analyzed.

## 3.6. Post test

One-way ANOVA revealed a significant main effect of oCRF on posttest line-crossings [F (2, 24)=34.0, p<.001] (Table 3). Subsequent Dunnett's tests indicated that line-crossings were significantly reduced by both doses of oCRF (p<.001 for each comparison). Escape attempts, a combined measure of rears and jumps, was significantly influenced by oCRF [F (2, 24)=33.6, p<.001], with both oCRF dose groups scoring lower than controls (p<.01 for each).

## 4. Discussion

# 4.1. Specific behavioral effects of oCRF differed between subtests of the MDTB, in accord with variations in defensive behaviors elicited in the different subtests

In this study we have evaluated behavioral effects of centrally administered oCRF on various defensive behaviors in CD-1 mice. Behavioral analyses suggested that the relative dominance of specific unconditioned defensive responses of rodents depends on features of the threat and the situation in which it is presented. Clearly manifested and tangible threat stimuli tend to elicit flight when an escape route is available; hiding if a refuge is accessible; and freezing if neither of the above choices is present. As the threat moves closer and contacts the animal, defensive threat (e.g. upright posture, sonic vocalizations) and defensive attack are elicited. These are often followed by abrupt escape attempts. Potential threat stimuli, e.g. predator odor/sound, novel and/or open place, tend to elicit risk assessment behaviors while suppressing locomotor activities [6], [19], and [36]. Besides the commonly recognized stretch attend posture/movement, risk assessment behaviors may also manifest as crouch sniffing [7], vigilant sensory scanning, and approach/investigation [8]. These morphs of risk assessment behaviors permit information-gathering while minimizing the danger of being detected [11], [37]. Finally, stimuli or situations associated with previous encounters with a threat can elicit defensive responses [9]. Relevant to the present study, the subtests of the MDTB are designed to capture responses to (1) novel environment (the pretest), (2) looming/approaching predator (the predator avoidance test), (3) contacting predator when

escape is possible, (4) distant threat when escape is blocked and no shelter is available, (5) immediate predator threat in a tightly confined space, and (6) residual emotional responses post threat-removal.

With a few exceptions, oCRF potentiated the dominant defensive behaviors in most subtests of the MDTB. In the pretest, both doses of oCRF markedly suppressed exploratory activity measures and increased risk assessment. It is interesting to find that although oCRF groups mice showed marked inhibition of locomotion (Fig 2A) and enhanced risk assessment relative to controls (Fig 2C), they did exhibited gradual habituation of these behaviors (Fig. 2B and 2C), suggesting that oCRF treated animals are cable of processing sensory inputs efficiently and adjusting behavioral responses accordingly. In the chase/flight test, 0.2nmol of CRF potentiated two focal responses, flight speed and jump escapes, indicating that oCRF enhances predominant defenses without causing motor impairment. In the closed alley test, freezing was reduced by 0.2nmol of oCRF and the number of approaches was lowered by both doses. While control mice spontaneously approached the rat for an average of 2.5 times in the 30 sec trial, oCRF (0.2nmol) mice mostly remained in the far corner and exhibited fairly robust freezing---a pattern similar to that of a wild-derived strain of mice known to be more defensive than laboratory strains [12]. In the forced contact test, the 0.2nmol dose of oCRF produced opposite effects on escape attempts and defensive threats (sonic vocalization and upright posture), i.e. potentiating the former while reducing the latter, suggesting a shift of terminal defense in a way that favors flight over confrontation. Finally, despite having just displayed robust fleeing and jumping, oCRF mice showed strong behavioral inhibition in the posttest, as indicated by 75% fewer line-crossings than controls. Escape attempts, a combined count of rearing and jump escapes, was potently suppressed by oCRF, suggesting a shift to passive coping strategies in the absence of the specific threat object

### 4.2. Relationship to previous findings

The pretest activity data are in good agreement with the finding that CRF inhibits locomotor activity in novel surroundings [27] and that oCRF suppressed pre-CS baseline activity in a conditioned freezing test [43]. The finding that rearing was also suppressed in the pretest was in accord with a study showing that the same behavior was reduced by i.c.v. infusion of CRF in rats tested in an open field [13]. In the predator avoidance test, oCRF treatment did not have appreciable effects. Previous studies using several peripherally administered CRF1 antagonists failed to reveal consistent effects of CRF1 antagonism on avoidance response in this subtest of the MDTB [9]. It is possible that the avoidance response to slowly approaching predator threat is not particularly sensitive to acute challenge of the CRF system. Flight and jump escapes were potentiated by 0.2nmol of oCRF. Interestingly, a recent study [14] showed that local injection of oCRF into the dorsal periaqueductal gray, at doses up to 0.1  $\mu$ g, failed to affect flight, suggesting involvement of upper stream neural mechanisms. The oCRF-potentiated freezing observed in the closed alley test was in accord with the finding that i.c.v. injection of this peptide potentiated conditioned freezing in mice [40], [43]. Note that the enhancement of freezing paralleled a clear reduction of approaches towards the rat stimulus. Previously studies reported that benzodiazepine full agonists diazepam and clobazam increase the threat-approaching behavior whereas CRF1 antagonists are ineffective. As such, our finding of reduced approaches could have resulted from enhanced freezing or reflects a heightened anxiety-like state induced by oCRF, or both. The finding that oCRF potently suppressed escape attempts after removal of the threat, together with data of the pretest and the closed alley test, prompts the speculation that passive-coping was the preferable defensive strategy in oCRF treated mice when the threat was not immediate.

Table 4 summarizes effects of the two doses of oCRF used in this study. While the 0.2nmol dose affected behaviors in all but one subtest, the 0.1nmol dose only affected behaviors in

the pretest, the closed alley test, and the posttest. This pattern suggests that defensive behaviors in response to low intensity threat are more sensitive to oCRF than those triggered by high intensity threats (i.e. chase/flight, forced contact).

Finally, it is important to point out that while oCRF has often been considered as a highly selective CRF1 agonist [22], this view has been called into question in a recent study [30] demonstrating that oCRF is only 6.7-fold more selective for CRF1 than CRF2 endogenously expressed in rat olfactory bulb. Functional assays indicated that oCRF is 19-fold [45] to 57-fold [30] more selective to CRF1 in stimulating cAMP accumulation, but nevertheless less selective for CRF1 than the most recently developed CRF1 agonist cortagine [45]. These findings suggest that oCRF does not effectively discriminate CRF1 effects from CRF2 effects in vivo. In particular, i.c.v. injections of oCRF are likely to produce a mixed CRF1/2 activation in the septal region as this area is in close proximity to the ventricular system and exhibits anatomical heterogeneity of CRF receptor expression [17].

## 5. Conclusion

Effects of centrally administered oCRF on various defensive behaviors in CD-1 mice were evaluated in the present study. Our findings demonstrated that oCRF potentiated defensive behaviors in a situation-specific, dose-related manner, suggesting a general enhancement of defensiveness, rather than effects on specific behaviors.

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## Fig. 1.

The overhead view of the MDTB apparatus. The two 2-m straight segments of the oval runway are joined by two 0.4-m curved segments and separated by a median wall. The apparatus was elevated 0.8 m.





Effects of oCRF on activities in the 3-min pretest. (A) line-crossings (B) number of rears (C) number of steps in three 20-s sample periods (D) duration of stretch attend posture in three 20-s sample periods. Data represent mean  $\pm$  SEM. \*p < .05; #p < .01 (Dunnett *t* test).



## Fig. 3.

Effects of oCRF in the Chase/flight test. Upper panel: overall flight speed (m/s); lower panel: number of jump escapes. Data represent mean  $\pm$  SEM. \*p < .05; \*\*p < .01 (Dunnett *t* test).



## Fig. 4.

Effects of oCRF in the Closed Alley test. Data represent mean  $\pm$  SEM. \*p < .05; \*\*p < .01. Upper panel: number of approaches towards the rat stimulus; lower panel: duration of freezing in 30-sec





Effects of oCRF in the Forced Contact test. Data represent mean  $\pm$  SEM. \*p < .05; \*\*p < .01. Upper panel: number of jump escapes; middle panel: number of upright postures; lower panel: number of sonic vocalizations

## Table 1

Effects of oCRF on avoidance and escape behaviors in the predator avoidance test

	Avoidance distance (cm)	Number of Avoidance	Escape distance (cm)	Number of Escape
aCSF	78.21±13.79	1.67±0.50	52.56±5.56	4.22±0.40
0.1nmol	58.20±18.66	1.63±0.63	47.78±14.70	3.00±0.76
0.2nmol	75.37±12.18	3.00±0.47	37.90±5.61	4.50±0.34

## Table 2

## Effects of oCRF on risk assessment behaviors in the chase/flight test

	Stops	Head orientations	Reversals
aCSF	3.67±0.75	$1.44\pm0.48$	$1.56\pm0.60$
0.1nmol	5.88±1.08	2.00±0.57	3.38±0.94
0.2nmol	3.80±0.87	0.30±0.30	3.20±0.66

## Table 3

Effects of oCRF on activities in the posttest

	Line-crossings	Escape attempts
aCSF	161.67±12.88	24.90±2.24
0.1nmol	38.00±12.12**	1.63±0.98**
0.2nmol	44.40±10.73**	3.10±2.10**

# Table 4 Summary of effects of oCRF on defensive behaviors in the MDTB

Note that while the 0.2nmol dose had significant effects in all but one subtest, the 0.1nmol dose only affected behaviors in those subtests in which the threat intensity is low.

Subtest	Behaviors	0.1nmol	0.2nmol
Pretest	Line crossings	**	**
	Risk assessment	**	**
Predator Avoidance	Avoidance	0	0
	Escape	0	0
Chase/Flight	Flight speed	0	**
	Jump escapes	0	**
Closed Alley	Approaches	**	**
	Freezing	0	**
Forced Contact	Jump escapes	0	**
	Upright postures	0	**
	Vocalizations	0	**
Posttest	Line crossings	**	**
	Escape attempts	**	**

\* p<.05;

\*\* p<.01; 0 — effect not significant