Stabilization of Expanded (CTG)•(CAG) Repeats by Antisense Oligonucleotides

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Myotonic dystrophy type 1 (DM1) is caused by expansion of a CTG repeat in the gene DMPK. The expansion is highly unstable in somatic cells, a feature that may contribute to disease progression. The RNA expressed from the mutant allele exerts a toxic gain of function, due to the presence of an expanded CUG repeat (CUG^{exp}). This RNA dominant mechanism is amenable to therapeutic intervention with antisense oligonucleotides (ASOs). For example, CAG-repeat ASOs that bind CUG^{exp} RNA are beneficial in DM1 models by altering the protein interactions or metabolism of the toxic RNA. Because CUG^{exp} RNA has been shown to aggravate instability of expanded CTG repeats, we studied whether CAG-repeat ASOs may also affect this aspect of DM1. In human cells the instability of (CTG)₈₀₀ was suppressed by addition of CAG-repeat ASOs to the culture media. In mice that carry a DMPK transgene the somatic instability of (CTG)₈₀₀ was suppressed by direct injection of CAG-repeat ASOs into muscle tissue. These results raise the possibility that early intervention with ASOs to reduce RNA or protein toxicity may have the additional benefit of stabilizing CTG:CAG repeats at subpathogenic lengths.

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INTRODUCTION

Myotonic dystrophy type 1 (DM1) is a dominantly inherited neuromuscular disease caused by expansion of a CTG repeat in the 3' UTR of *DMPK*. In addition to the skeletal myopathy, DM1 affects smooth muscle, cardiac conduction, the central nervous system, and ocular lens.¹

A striking feature of DM1 is the marked instability of the expanded repeat. While instability is also characteristic of other repeat expansion disorders, in DM1 it is particularly extreme.^{2,3} In germline cells, the instability can lead to insertion of hundreds of additional CTG repeats in a single intergenerational transmission.⁴ In somatic cells the expansion process continues throughout life, at rates that are variable between tissues.⁵ This can lead to 10-fold variations of expansion length in different tissues of an individual, ultimately producing expansions of three to six thousand repeats in skeletal muscle and heart.⁶⁻⁹ The progression of

DM1 may depend on the growth of the expanded repeat over time, suggesting that stabilization of the repeat is a means to postpone the onset or slow the progression.

Instability of expanded repeats is enhanced by transcription, and recent studies indicate that RNA repeats have a role in this process.¹⁰⁻¹³ RNAs comprised of expanded CUG, CAG, CCG, CGG, GAA, or CCUG repeats can bind to the template strand of DNA, forming RNA:DNA hybrids (R-loops).¹⁴⁻¹⁷ Whether these R-loops result from incomplete dissociation of nascent transcripts from template, or reassociation of transcripts with template, is unclear. Either way, the presence of R-loops may instigate the formation of extrahelical slipped strand structures on the nontemplate strand. Recognition of these structures by mismatch repair proteins may stimulate error-prone repair, leading to further expansion.

A second unusual feature of the DM1 mutation is that it leads to the production of a toxic RNA.^{18,19} Interactions of CUG^{exp} RNA with proteins are thought to underlie many symptoms of the disease. One approach for therapy has focused on CAG-repeat antisense oligonucleotides (ASOs) designed to bind CUG repeat RNA, thereby blocking RNA-protein interactions by steric inhibition.^{20,21} By this strategy the activity of RNA binding proteins and regulation of alternative splicing are normalized in mouse models of DM1.²⁰ Unexpectedly these "blocker" ASOs, although not competent to activate RNase H, were shown to reduce the level of CUG^{exp} transcripts.^{20,21} Although the mechanism for this effect has not been determined, evidence suggests that release of CUG^{exp} transcripts from nuclear foci can facilitate their transport to the cytoplasm, where they may undergo more rapid decay.

While therapeutic efforts have focused on using ASOs to reverse RNA toxicity in DM1, the potential impact on DNA instability has not been addressed. If R-loops at the DM1 locus result partly from reassociation of CUG repeats with template, then increased nuclear export or knockdown of CUG^{exp} transcripts may inhibit this process and stabilize the expanded repeat. By contrast, CAG-repeat ASOs designed to bind toxic RNA may also hybridize to the nontemplate strand of DNA (CTG-repeat strand), forming D-loops that could, in theory, increase the instability of expanded repeats. If this occurs, the possibility exists that continued growth of the expanded repeat may ultimately defeat the therapeutic effect, due to increased length and toxicity of the CUG^{exp} RNA. Here we used human cells and transgenic mice to examine the effects of CAG-repeat ASOs on instability of expanded CTG•CAG repeats.

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RESULTS

Generation of CUG-expressing cells that have free uptake of ASOs

In previous studies, we found that CTG repeat expansions or contractions were frequent events in human cells, that could be evaluated over intervals as short as 4-8 weeks, provided that the CTG repeat was highly expanded and actively transcribed.¹³ To study ASO effects continuously over several weeks we took advantage of the capacity of HT1080 human fibrosarcoma cells for free uptake of oligonucleotides from the culture media.²² To insert an expanded repeat in HT1080 cells we used a plasmid (LC15-F, **Figure 1a**) that expresses a puromycin resistance marker (*puro*) from one transcription unit, and from a second transcription unit it expresses 800 CUG repeats in the DMPK 3' UTR. The uninterrupted repeat tract was generated by rolling circle amplification and cell-free cloning as previously described.²³ HT1080 cells were cotransfected with LC15-F-CTG $_{\!\!800}$ and plasmid PhiC310, expressing the phiC31 integrase, in order to obtain single-copy genomic integrations of the expanded repeat.^{13,24} Following puromycin selection, we obtained more than 15 stably transfected clones and then selected a clone with robust transgene expression, as determined by formation of nuclear foci of CUG^{exp} RNA.

Design of ASOs

To examine antisense effects on instability, we used oligonucleotides having a phosphorothioate backbone and locked nucleic acid (LNA) modification, a chemistry that increases hybridization affinity and nuclease resistance.²⁵ LNA ASOs were previously shown to exhibit activity in HT1080 cells when added to the culture media without transfection reagents.²² We used two 18-mer ASOs having the identical (CAG)₆ sequence but differing in the distribution of LNA-modified nucleotides. One design was a 4-10-4 gapmer in which a central stretch of 10 DNA monomers is flanked by four LNA nucleotides on either end (**Figure 1b**). The other design was a mixmer in which eight LNA nucleotides were interspersed throughout the oligonucleotide (**Figure 1b**). Both ASOs were designed for strong hybridization to CUG^{exp} RNA (or CTG^{exp} DNA) but only the gapmer is competent to activate RNase H.²⁵

RNase H-active and inactive ASOs have similar capacity to reduce CUG^{exp} transcripts

Next, we examined the effects of CAG-repeat ASOs on CUG^{exp} transcripts in HT1080 cells. Previous studies demonstrated that transcripts with expanded-CUG repeats are retained in nuclear foci.26,27 Consistent with these observations, 49% of the stably transfected HT1080 cells showed nuclear foci of CUGexp RNA, a feature never observed in nontransfected cells (Figure 1c,d). One week after addition of ASOs to the culture media (final concentration 1 µmol/l) the frequency of cells showing nuclear foci was reduced to 6.0% or 6.5% by gapmer or mixmer ASOs, respectively (**Figure 1c,d**). We performed quantitative real-time reverse transcriptase-PCR (qRT-PCR) to determine the extent of target knockdown, using an assay that detects the combined output from transgene and endogenous DMPK alleles. The expression of DMPK 3' UTR in stably transfected cells was 20-fold higher than in nontransfected cells (Figure 2a). One week after the addition of gapmer or mixmer to the culture media, the level of DMPK



Figure 1 Antisense oligonucleotides (ASOs) reduce RNA foci in HT1080 cells. (a) Diagram of pLC15-F construct for expression of expanded-CUG repeats in the *DMPK* 3' UTR. The *attB* site supports genomic integration by PhiC31 integrase. CMV/CBA, CMV enhancer/ chicken β -actin promoter; *puro*, puromycin resistance. (b) Sequence of LNA-ASOs. The position of locked nucleic acid (LNA)-modified subunits is shown by upper case letters, lower case letters are unmodified DNA. Gapmer and mixmer ASOs have full phosphorothioate backbones. (c) FISH showing foci of CUG^{exp} RNA (red) in nuclei (blue) of stably transfected HT1080 cells. (d) Histogram showing the percentage of cells with nuclear foci of CUG^{exp} RNA. The number of cells counted was 526 for no treatment, 300 for gapmer-treatment, and 398 for blocker-treatment. Mean \pm SD, n = 3 or more. *P < 0.001. ASO, antisense oligonucleotide; CMV, cytomegalovirus.

3' UTR was markedly reduced, reaching levels similar to nontransfected cells. In contrast, mRNA for *CASK*, a transcript with (CUG)₁₆ in the 3' UTR, was not affected by either ASO (**Figure 2b**). Furthermore, a different qRT-PCR assay, to quantify transgene output without detection of endogenous *DMPK* mRNA, showed that CUG^{exp} transcripts in the cytoplasm were similarly reduced by both ASOs (**Figure 2c**). We also assessed *puro*, expressed from the contiguous promoter. The level of *puro* mRNA was not affected by either ASO (**Figure 2d**), indicating that reduction of CUG^{exp} RNA did not result from general silencing of the transgene locus.

LNA-ASOs stabilize an expanded CTG repeat in HT1080 cells

Having developed a system for sustained reduction of CUG^{exp} RNA, we next examined the effects of LNA-ASOs on instability of expanded CTG repeats. We used small-pool PCR coupled with southern blot analysis, a method designed to resolve changes of repeat length for individual transgene alleles.¹³ During the initial derivation of stably transfected cells, the (CTG)₈₀₀ tract incurred substantial instability, reflecting the expansion or contraction events that occurred during the first 19 days of clonal expansion



Figure 2 RNA levels in CUG^{exp}-expressing or nontransfected HT1080 cells, determined by quantitative real-time reverse transcriptase (qRT)-PCR and normalized to 18S rRNA. (a) The level of *DMPK* 3' UTR RNA (transgene + endogenous) was reduced by both antisense oligonucleotides (ASOs), to levels similar to nontransfected cells. (b) No effect of ASOs on expression of *CASK*, an endogenous transcript with (CUG)₁₆ in the 3' UTR. (c) The level of *DMPK* 3' UTR (transgene only) in cytoplasmic RNA was reduced by both ASOs. (d) No effect of ASOs on puro, expressed from the contiguous promoter. Data are the mean ± SD of triplicates. **P* < 0.001.

(27% unstable alleles, **Figure 3a,b**). Similar results were obtained in a previous study using human fibroblasts.¹³ Cells were then grown in the presence or absence of gapmer ASO for an additional 4 weeks. The untreated cells continued to accrue variant alleles having altered CTG repeat length, including expansion and contraction events, reaching levels of 57% unstable alleles. In contrast, the instability in gapmer-treated cells was significantly reduced (35% unstable alleles, P < 0.001, **Figure 3a,b** and **Table 1**), and the average size of the length change was smaller than in untreated cells. The mixmer ASO also suppressed repeat instability (43% unstable alleles), with a smaller average size change (**Figure 3a,b** and **Table 1**). Neither ASO had a noticeable effect on cell morphology or proliferation.

LNA-ASOs reduce the accessibility of the nontemplate DNA strand to bisulfite modification

Lin *et al.* recently found evidence that R-loops are formed at a transcribed (CAG:CTG)₆₇ tract in human cells, leaving the non-template strand unpaired and more accessible to bisulfite modification.¹⁵ Following this method, we isolated genomic DNA and exposed it to bisulfite under nondenaturing conditions. We then PCR-amplified and cloned the repeat tract, followed by sequencing. In this experiment a modification of cytosine on the non-template (CTG) strand would appear as C to T transition, and a modification of the template (CAG) strand would appear as G to A transition.²⁸ Reduced frequency of unpairing in the nontemplate strand would indicate that formation of R-loops was reduced, whereas ASO hybridization to the nontemplate strand (forming



Figure 3 Effects of CAG-repeat antisense oligonucleotide (ASO) on CTG•CAG repeat instability in HT1080 cells. (a) Representative data showing small-pool PCR followed by Southern blot for analysis of CTG repeat length. The scale on the left shows molecular weight markers converted into repeat number for CTG-repeat fragments of equivalent size. (b) Histograms showing repeat length distributions in HT1080 cells. The frequency distribution of unstable alleles is shown by gray bars (left vertical axis). Allele lengths are grouped in bins spanning 50 repeats. More than 110 alleles were sized for each group.

Table 1 Effect of LNA-ASO on repeat instability in HT1080	cells
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	% Unstable cells ^a	Average change of repeat size ^b
Initial growth	27.0%	44.6
No ASO	57.4%	136.5
Gapmer LNA-ASO	34.5% ^c	73.0
Mixmer LNA-ASO	42.6% ^c	80.6

Abbreviations: ASO, antisense oligonucleotide; LNA, locked nucleic acid. ^aA cutoff point of ±25 repeats was used for counting as unstable. ^bAmong all alleles (stable + unstable), the average change of repeat size is expressed as the number of repeats. ^cP < 0.001, χ^2 -test for comparison of the population proportion of unstable alleles in LNA-treated versus no-ASO condition.

D-loops) would increase the frequency of unpairing on the template strand. Due to the tendency for contraction of CTG:CAG repeats in *Escherichia coli*,²⁹ and the length of sequencing reads that we could obtain, we focused our analysis on the 5' region of the CTG:CAG repeat. In accord with the previous study,¹⁵ the untreated CUG^{exp}-expressing HT1080 cells showed an interspersed pattern of modified Cs (4.1% on average) on the nontemplate strand, consistent with formation of R-loops (**Figure 4a,b**).



а Gapme Mixme PBS ASO PBS ASO .M . M M . M 1,500 repeat number 1,200-1,000 CTG r 600. 500b 80 % Unstable alleles 60 - Gapmer 40 ---- Mixmer 20 0 PBS LNA-ASO (Rt TA) (Lt TA) С Transgene expression (relative to PBS-treated TA) 1.0 0.5 0 Gapmer Mixmer I NA

Figure 4 Reduced R-loop formation by antisense oligonucleotides (ASOs) in HT1080 cells. (a) Detection of unpaired DNA at the 5' proximal region of the CTG•CAG repeat tract. Shown are the positions of bisulfite-modified unpaired Cs on the nontemplate strand of representative clones. Vertical marks indicate C residues that have been converted to U. Numbers at the top of figure represent increments of 10 CTG repeats. (b) Effects of antisense oligonucleotides (ASOs) treatment on the frequency of C to U conversion in the CTG•CAG repeat. A total of 36 clones (corresponding to 6,468 CTG·CAG repeats) from nontemplate (CTG) strand and 30 clones (corresponding to 4,717 CTG·CAG repeats) from template (CAG) strand were analyzed. Data are indicated as the mean \pm SE, n = 10 or more. *P < 0.01.

The frequency of converted C residues on the nontemplate strand was significantly reduced by ASO treatments (P < 0.01), whereas bisulfite modification of C residues in the template strand was not affected by either ASO (**Figure 4b**). These results suggest that ASOs have reduced the frequency of R-loops without causing the formation of D-loops.

LNA-ASOs stabilize CTG repeats in DM1 model mice

Next, we examined the effects of ASOs *in vivo*, using a diseaserelevant tissue. We used transgenic mice that carried a 45-kb human genomic fragment that included the entire *DMPK* gene with an expanded CTG repeat.³⁰ In this line of transgenic mice the expanded CTG repeat shows intergenerational and somatic instability, the latter becoming more pronounced with advancing age. In the DM300-328-XXL colony used for these experiments the basal length of the CTG repeat was around 800 repeats, and the *DMPK* transgene was expressed in skeletal muscle.^{31,32} We injected gapmer, mixmer, or control ASOs into hindlimb (tibialis anterior) muscle, followed by *in vivo* electroporation to load the oligonucleotide into muscle fibers. In previous studies, the duration of ASO action in muscle was very prolonged, up to 14 weeks.^{20,33} The opposite limb

Figure 5 Effects of CAG-repeat antisense oligonucleotides (ASOs) on CTG•CAG repeat instability in XXL transgenic mice. (a) Small-pool PCR followed by Southern blot for analysis of CTG repeat length. The scale on the left shows molecular weight markers converted into numbers of CTG repeats. M indicates DIG-labeled molecular weight marker. (b) The percentage of unstable alleles in tibialis anterior muscle of XXL mice 4 weeks after the injection and electroporation of phosphate-buffered saline (PBS) or locked nucleic acid (LNA)-ASOs. Data from PBS vs. ASO-injected muscle from same mouse are connected by a solid or dotted line. (c) Level of human *DMPK* transgene mRNA determined by quantitative real-time reverse transcriptase (qRT)-PCR and normalized to 18S rRNA, expressed as the ratio of LNA-treated vs. PBS-treated TA muscles. Data are indicated as the mean ± SE of triplicates (n = 3 in each group). *P < 0.05.

Table 2 Repeat instability in XXL mice

	PBS-treated TA (% unstable alleles ^a)	LNA-treated TA (% unstable alleles ^a)
Gapmer LNA-ASO	54.7%	33.1% ^b
Mixmer LNA-ASO	59.1%	37.2% ^b
Control LNA	52.0%	51.2%

Abbreviations: ASO, antisense oligonucleotide; LNA, locked nucleic acid. ^aA cut-off point of ±20 repeats was used for counting as unstable. ^bP < 0.001, χ^2 test for comparison of the population proportion of unstable alleles in the LNAversus saline-injected muscles. Statistical analysis of individual mice is shown in **Supplementary Table S1**.

was injected with vehicle (saline) alone, followed by the same electroporation procedure. Muscle tissue was obtained 4 weeks later and CTG repeat length was determined by small-pool PCR and southern blot. The frequency of unstable alleles was consistently lower in gapmer- or mixmer-treated tissues (Figure 5a,b, Supplementary Figures S1 and S2, and Table 2). Also, although somatic instability varied among mice, a side-to-side comparison for each individual animal showed reduced instability on the gapmer- or mixmertreated side (*P* < 0.05, Supplementary Table S1). In contrast, a control oligonucleotide, targeting β -globin but having a similar LNA gapmer design, did not suppress repeat instability (**Table 2**). The expression of the *DMPK* transgene showed a modest reduction at 4 weeks following ASO injection (**Figure 5c**), as compared to saline-injected muscle from the opposite hindlimb. The histologic appearance of ASO- and saline-injected muscle was similar.

DISCUSSION

CTG instability occurs throughout the life of an individual with DM1, apparently with no upper limit on expansion size.⁵⁻⁹ The ongoing CTG repeat expansion raises two concerns in connection with therapeutic CAG-repeat ASOs. First, that these agents may interact with the DM1 locus in a way that promotes somatic expansion, and second whether an initial beneficial effect on the toxic transcript will ultimately be lost due to ongoing expansion and increased production of CUG^{exp} RNA.

The major finding of this study is that CAG-repeat ASOs have not exacerbated the instability of expanded CTG repeats in two different model systems. On the contrary, our results indicate that somatic instability is suppressed by ASOs in both models. Further studies are needed to determine the dose dependency of this effect, and whether it can be obtained in other tissues, with systemic administration, over longer periods of administration, and in other (CTG)•(CAG) expansion disorders. It will also be interesting to examine antisense effects on repeat instability in the germline.

Compounds that stabilize (CTG)•(CAG) repeats in cultured cells have been previously identified (reviewed in ref. 34). These include DNA intercalators, DNA alkylating agents, or drugs that affect DNA methylation or replication. Zinc finger nucleases were designed for cleavage of (CTG)•(CAG) repeats, and were shown to induce contractions of expanded repeats in cell culture.³⁵ Although these studies are informative about the mechanisms of instability, the long-term safety of any approach that affects global DNA metabolism or causes DNA cleavage is unclear.

To our knowledge the present study is the first to show druginduced reduction of CTG expansion instability in an affected tissue in vivo. Thus, if barriers to tissue delivery can be overcome, these ASOs may provide a targeted approach to modulate instability. However, the stabilizing effect that we observed in vivo was modest. In part this may reflect a limitation of our experimental system. The extent of somatic instability was variable between mice, and, in contrast to the cell culture experiments, we could not determine and subtract the instability that had already occurred before ASOs were administered. Accordingly, we could only suppress instability that occurred in the 4 weeks after ASO administration, which represented 30% of the post-conception life of the animal (4 weeks prenatal + 6 weeks postnatal + 4 weeks postadministration of ASO). Therefore, it is difficult from these data to determine the extent to which instability was suppressed, and any conclusion about the clinical utility of this approach would be premature.

The specificity of this method will require careful examination, because CAG-repeat oligonucleotides have potential to hybridize with short tracts of CUG repeats on several other transcripts. However, it is noteworthy that sensitivity to knockdown by CAGrepeat ASOs is greater for CUG-expanded than nonexpanded transcripts. Preferential reduction of expanded CUG transcripts was also observed for CAG-repeat oligonucleotides having the morpholino or 2-*O*-methyl chemistries.^{20,21} ASOs targeting CAG repeats in *huntingtin* or *ATXN3* also showed selectivity for silencing the expanded versus nonexpanded alleles.³⁶

In HT1080 cells the reduction of $(CUG)_{800}$ transcripts by mixmer (RNase H-inactive) ASOs was equivalent to that induced by gapmer (RNase H-active) ASOs. The capacity for RNase H-inactive ASOs to reduce CUG^{exp} transcripts was noted in previous studies.^{20,21} This effect has now been observed with CAG-repeat oligonucleotides of different chemistry (LNA, 2-O-methyl, morpholino) and length (18, 21, or 25 nt, respectively). Whereas CAG-repeat morpholinos caused an increase of nucleocytoplasmic transport and translation for (CUG)₂₅₀ transcripts in a previous study,²⁰ the present study did not show an increase of cytoplasmic CUG^{exp} RNA in HT1080 cells. The mechanism for knockdown of the RNA target by these ASOs remains an open question.

The instability of expanded (CTG)•(CAG) repeats is increased by transcription across the repeat in one or both directions,^{13,37} R-loops being implicated in this process.^{15,17} Accordingly, the most straightforward mechanistic explanation for suppression of instability is that ASO knockdown of CUG^{exp} RNA has decreased the formation of R-loops. The analysis of bisulfite sensitivity of the repeat tract is consistent with this interpretation. We cannot, however, exclude the possibility that ASOs have a direct interaction with the nontemplate strand, or that transcription of the expanded repeat has been silenced. Whichever mechanism applies, our findings suggest the intriguing possibility that intervention with CAG-repeat ASOs early in the disease process may have the dual benefits of preventing RNA toxicity while also stabilizing the repeat at a subpathogenic or minimally pathogenic length.

MATERIALS AND METHODS

ASOs. LNA oligonucleotides having the following sequences were purchased from Exiqon (Woburn, MA): gapmer LNA-ASO, 5'-CAGCagca gcagcaGCAG-3'; mixmer LNA-ASO, 5'-CaGcaGcaGcaGcaGcaGcAG-3'; control LNA-ASO, CCTCttacctcagtTACA. Upper case letters indicate LNA nucleotide. All ASOs had full phosphorothioate intersubunit linkage.

Stable transfection of HT1080 cells and introduction of LNA ASOs. HT1080 cells were obtained from ATCC (Manassas, VA). Cells were cultured in DMEM (Gibco, Carlsbad, CA) supplemented with 10% fetal bovine serum, 100 U/ml penicillin, and 100 µg/ml streptomycin. 5×10^5 cells were cotransfected with 200 ng of repeat-containing plasmid LC15-F¹³ and 1.8 µg of plasmid PhiC310-encoding PhiC31 integrase.³⁸ Transfection was performed using Nucleofector (Lonza, Basel, Switzerland) according the manufacturer's program L-005. Stably transfected clones were selected with puromycin (0.4 µg/ml). For delivery of LNA-ASOs, HT1080 cells were seeded at low plating density in 12-well plates. Eight hours after plating, oligonucleotides were added and mixed at a final concentration of 1 µmol/l. Cells were passaged twice weekly, and continuously exposed to 1 µmol/l ASO.

Intramuscular injection of LNA ASOs in XXL mice. Mouse handling and experimental procedures were conducted in accordance with the Association for Assessment and Accreditation of Laboratory Animal Care. Six-week-old heterozygous XXL mice were pretreated with hyaluronidase (Sigma, St Louis, MO) and injected intramuscularly with 15 μ g of LNAoligonucleotides or phosphate-buffered saline alone, followed by electroporation. Mice were sacrificed 4 weeks later and the injected muscles were obtained for analysis of repeat instability and transgene expression. **Repeat length analysis.** Genomic DNA was extracted from HT1080 cells and mouse muscles using the Gentra Puregene Kit (Qiagen, Valencia, CA). Expanded-CTG repeats were sized by small-pool PCR followed by Southern blot, as described previously.¹³ At least 110 alleles in HT1080 cells and 40 alleles in mouse muscle were analyzed for each group.

For statistical analysis, χ^2 -tests were performed to compare the frequency of unstable alleles for each set of experiments, as reported previously.¹³ The χ^2 -test was previously used to compare the population proportion of unstable repeat alleles in two experimental groups.^{12,39,40} In our studies, the number of nonvariant versus variant (expansion or contraction) alleles was compared between untreated and ASO-treated cells, or between phosphate-buffered saline- and ASO-treated muscles.

mRNA quantification. RNA extraction, DNase treatment, and reverse transcription were performed as described previously.¹³ Cytoplasmic RNA was prepared from HT1080 cells using RNeasy Mini Kit (Qiagen), according to the manufacturer's instruction. Quantitative reverse transcriptase-PCR was performed using TaqMan Gene Expression assays on an ABI PRISM 7900HT Sequence Detection System (Applied Biosystems, Carlsbad, CA). The level of endogenous *DMPK* plus transgene-derived mRNA, *CASK* mRNA, transgene mRNA, and *puro* transcript was normalized to 18S rRNA. *DMPK* primers and probe sequences are described previously.¹³ Primer sequences for cytoplasmic transgene mRNA were 5'-GACTGACCGCGTTACTCC-3' and 5'-AGAATAGGAACTTCCGGAATAGGAAC-3'. The probe sequence was 5'-CACAATAACCAGCACGTTGCCCA-3'.

FISH. FISH was performed as previously described.¹³ At least 300 cells were counted to determine the frequency of nuclei having ribonuclear foci.

Detection of unpaired single-stranded DNA. Genomic DNA from HT1080 cells were subjected to bisulfite modification for 16 hours at 37 °C by using EpiTect Bisulfite Modification Kit (Qiagen). Two hundred nanogram of bisulfite-modified DNA was amplified for 36 cycles with the same primers as small-pool PCR, then tailed with 3'-terminal deoxyadenocine by Go Taq polymerase (Promega, Madison, WI). PCR products were electrophoresed on agarose gels, purified, and cloned into pGEM-T Easy vector (Promega). The DNA sequencing was performed with at least 10 individual clones by Big-Dye v.3.1 terminators (Applied Biosystems).

SUPPLEMENTARY MATERIAL

Figure S1. Histograms of repeat length distributions in mouse muscle treated with the gapmer LNA-ASO or PBS.

Figure S2. Histograms of repeat length distributions in mouse muscle treated with the mixmer LNA-ASO or PBS.

Table S1. Repeat instability in individual XXL mice.

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