

Hepatitis B Virus Coinfection Negatively Impacts HIV Outcomes in HIV Seroconverters

Helen M. Chun,^{1,5} Mollie P. Roediger,^{1,7} Katherine Huppler Hullsiek,^{1,7} Chloe L. Thio,³ Brian K. Agan,¹ William P. Bradley,¹ Sheila A. Peel,^{1,4} Linda L. Jagodzinski,^{1,4} Amy C. Weintrob,^{1,8} Anuradha Ganesan,^{1,2} Glenn Wortmann,^{1,8} Nancy F. Crum-Cianflone,^{1,6} Jason D. Maguire,^{1,9} Michael L. Landrum,^{1,10} and the Infectious Disease Clinical Research Program HIV Working Group^a

¹Infectious Disease Clinical Research Program, Uniformed Services University of the Health Sciences, ²Division of Infectious Diseases, National Naval Medical Center, Bethesda, ³Division of Infectious Diseases, Johns Hopkins University, Baltimore, ⁴Division of Retrovirology, Walter Reed Army Institute of Research, Silver Spring, Maryland; ⁵Department of Defense HIV/AIDS Prevention Program, Naval Health Research Center, ⁶Infectious Disease Clinic, Naval Medical Center, San Diego, California; ⁷Division of Biostatistics, University of Minnesota, Minneapolis; ⁸Infectious Disease Service, Walter Reed Army Medical Center, Washington, DC; ⁹Division of Infectious Diseases, Naval Medical Center, Portsmouth, Virginia; and ¹⁰Infectious Disease Service, San Antonio Military Medical Center, Fort Sam Houston, Texas

(See the editorial commentary by Peters and Marston, on pages 166–8.)

Background. Understanding the impact of hepatitis B virus (HBV) in human immunodeficiency virus (HIV) coinfection has been limited by heterogeneity of HIV disease. We evaluated HBV coinfection and HIV-related disease progression in a cohort of HIV seroconverters.

Methods. Participants with HIV diagnosis seroconversion window of ≤ 3 years and serologically confirmed HBV infection (HB) status were classified at baseline into 4 HB groups. The risk of clinical AIDS/death in HIV seroconverters was calculated by HB status.

Results. Of 2352 HIV seroconverters, 474 (20%) had resolved HB, 82 (3%) had isolated total antibody to hepatitis B core antigen (HBcAb), and 64 (3%) had chronic HB. Unadjusted rates (95% confidence intervals [CIs]) of clinical AIDS/death for the HB-negative, resolved HB, isolated HBcAb, and chronic HB groups were 2.43 (2.15–2.71); 3.27 (2.71–3.84); 3.75 (2.25–5.25); and 5.41 (3.41–7.42), respectively. The multivariable risk of clinical AIDS/death was significantly higher in the chronic HB group compared to the HB-negative group (hazard ratio [HR], 1.80; 95% CI, 1.20–2.69); while the HRs were increased but nonsignificant for those with resolved HB (HR, 1.17; 95% CI, .94–1.46) and isolated HBcAb (HR, 1.14; 95% CI, .75–1.75).

Conclusions. HBV coinfection has a significant impact on HIV outcomes. The hazard for an AIDS or death event is almost double for those with chronic HB compared, with HIV-monoinfected persons.

Hepatitis B virus (HBV) is more common in human immunodeficiency virus (HIV)–infected individuals than in the general population owing to shared risk factors for viral acquisition [1–3]. Current evidence suggests that human immunodeficiency virus (HIV) infection

has an adverse impact on HBV-related liver disease progression, with higher serum HBV DNA polymerase activity, lower rates of loss of serum hepatitis B e antigen, and increased risk of cirrhosis, liver-related mortality, and hepatocellular carcinoma at lower CD4 T-cell counts [1, 4–6]. HBV infection (HB) is more likely to be chronic in those with HIV infection [6]. The introduction of highly active antiretroviral therapy (HAART)—containing anti-HBV therapy may partially reconstitute HBV-specific CD4 and CD8 T-cell responses, the latter being critical for long-term control of HB in persons with resolving acute infection [7, 8] and improved HBV serologic outcome [9].

Clinical studies before the general availability of HAART that evaluated the impact of HB on HIV progression have shown inconsistent results [10–12].

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^aMembers of the Infectious Disease Clinical Research Program HIV Working Group are listed in the Appendix.

Correspondence: Helen M. Chun, MD, Department of Defense HIV/AIDS Prevention Program, Naval Health Research Center, 140 Sylvester Rd, San Diego, CA 92106 (helen.chun@med.navy.mil).

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Some studies found no differences in HIV progression between those with and those without chronic HB [1, 11, 13]. However, those studies were restricted by the heterogeneity of HIV disease as defined by CD4 cell count, unknown or long duration of HIV disease, population characteristics, and incomplete HBV seromarkers at study entry. Some investigators have attempted to adjust for this variability by CD4 cell count stratification, but they were still unable to detect an association [13]. Other studies have suggested that chronic HB may negatively impact HIV progression [14, 15]. However, studies were also restricted by an unknown duration of HIV infection. Therefore we sought to characterize the risk of HIV disease progression according to HB status at the time of HIV diagnosis in a large cohort with known and limited duration of HIV infection, free access to healthcare, minimal injection drug use (IDU), and long-term follow-up.

METHODS

Study Participants and Definitions

The US Military HIV Natural History Study (NHS) is a prospective multicenter continuous enrollment observational cohort of HIV-infected active duty military personnel and other beneficiaries (spouses, adult dependents, and retired military personnel), with >5200 HIV-infected participants from the Army, Navy/Marines, and Air Force enrolled since 1986. Participants are followed at 7 medical centers in the United States. Demographics, medical and medication histories, and standard laboratory studies are collected biannually, as described elsewhere [16]. In the NHS, dates of death are collected through the review of death certificates and medical records by study staff as well as by searching the Social Security Death Index database annually. Although the data are not captured in the NHS database, IDU has been reported to be very rare in this cohort [17]. All NHS participants provided informed consent, and approval for this research was obtained from the institutional review board at each participating site.

The HIV seroconversion (SC) window was defined as the time from last documented HIV seronegative date to the first documented HIV seropositive date, with the estimated SC date as the midpoint of the interval. NHS participants with a SC window ≤ 3 years were considered for these analyses. Screening for HB was performed in accordance with clinical standards of care and practice guidelines at the time, and included screening for hepatitis B surface antigen (HBsAg), total antibody to hepatitis B core antigen (HBcAb), and hepatitis B surface antibody (HBsAb). Those whose HB status within 2 years of the estimated SC date could not be determined were excluded from these analyses. The remaining participants were classified into 1 of 4 mutually exclusive groups determined by baseline HB status: (1) chronic HB: HBsAg reactivity on ≥ 2 separate occasions ≥ 6 months apart; (2) isolated HBcAb: HBcAb reactivity on ≥ 2 occasions without any other reactive HBV marker; (3) resolved HB: reactive for HBcAb and HBsAb concurrently; or (4) HB negative (both HBsAg

and HBcAb negative). The initial HB panel was within 2 years of the estimated SC date for all participants classified as having HB and for the majority (91%) of those classified as HB negative; 155 persons whose first HB panel was negative but was conducted > 2 years after the estimated SC date were assumed to be HB negative at baseline.

Hepatitis C virus (HCV) infection was defined as ≥ 1 positive HCV antibody test within 2 years of the estimated SC date. For those not classified as positive for HCV infection, a negative HCV antibody anytime after the HIV SC date was used to classify individuals as HCV antibody negative at baseline. Sexually transmitted infections were defined as a documented clinical history of gonorrhea, chlamydia, syphilis, or herpes simplex virus type 2 within 2 years after SC. HAART was defined as ≥ 2 nucleoside reverse-transcriptase inhibitors (NRTIs) in combination with ≥ 1 protease inhibitor or 1 nonnucleoside reverse-transcriptase inhibitor (NNRTI); or 1 NRTI in combination with ≥ 1 protease inhibitor and ≥ 1 NNRTI; or an abacavir- or tenofovir-containing regimen of ≥ 3 NRTIs [16]. AIDS-defining illnesses were defined using the 1993 Centers for Disease Control and Prevention classification excluding an isolated CD4 cell count < 200 cells/ μ L [18].

Data Analysis

The 4 groups defined by baseline HB status were summarized with descriptive statistics. Medians were presented with interquartile ranges (IQRs) and were compared with Wilcoxon tests; differences in proportions were compared with χ^2 tests. Characteristics were also compared between participants who were included and those who were excluded from our analyses. Participants were followed from the estimated time of HIV SC for the composite end point of an AIDS-defining illness or death from any cause. Among those without an event, data were censored on the date of last NHS study visit. The number of events, person-years at risk, and unadjusted rates per 100 person-years were calculated for the 4 baseline groups; rate ratios were estimated with Poisson regression models.

Kaplan-Meier curves and proportional hazards models were used to assess the risk of an AIDS-defining illness or death by baseline HB status, with time beginning at the estimated HIV SC date. For the proportional hazards models, delayed entry methods were used to account for the unobserved time from estimated HIV SC date to the documented date of HIV diagnosis. All proportional hazards models were stratified by era of HIV diagnosis (before 1996 vs later, determined by the general availability of HAART). Model 1 was not adjusted for any demographics or clinical characteristics. Backward selection methods, with forced inclusion of age, sex, and self-reported ethnicity, were used to determine the final multivariable (MV) models. Categories (including one for missing data) were used for CD4 cell count levels and HCV status. The final MV models (models 2 and 3) were both adjusted for age at HIV diagnosis, sex, race/ethnicity, year of HIV diagnosis, and HCV status at

HIV diagnosis. MV model 2 was additionally adjusted for baseline CD4 cell count category, and MV model 3 was also adjusted for time-updated covariates for nadir CD4 cell count categories and use of antiretroviral therapy (ART) or HAART. Hazard ratios (HRs) are given with 95% confidence intervals (CIs).

Almost half (48%) of the eligible participants for this report had HIV infection diagnosed in the pre-HAART era (before 1996), yet the majority of events (57%) occurred during the HAART era (1996 or later). To assess the impact of confounding due to HAART on AIDS-defining illnesses or death, a series of sensitivity analyses were performed: model 4 considered the cohort diagnosed with HIV infection in the pre-HAART era and used all available follow-up time (including time on HAART); model 5 also considered the cohort diagnosed with HIV infection in the pre-HAART era but used only follow-up time before 1996; and model 6 considered only follow-up time during the HAART era by using delayed entry methods to start the time at risk as the maximum of 1 January 1996 or documented HIV diagnosis date. All sensitivity analyses (models 4–6) were adjusted for the same covariates as in MV model 3.

RESULTS

Of 5261 participants enrolled in the NHS, 2671 had an HIV SC window of ≤ 3 years. Of those, 2352 (88%) had HBV testing results available to determine baseline HB status and were included in these analyses. Compared to the participants in our analyses, the 12% excluded due to not having a categorizable HB status had an earlier year of HIV diagnosis, were more likely to self-report black race/ethnicity, and were less likely to have had prior HB vaccination. Among those included in the analyses, baseline HB status was classified as HB negative ($n = 1732$; 73.6%), resolved HB ($n = 474$; 20.2%), isolated HBcAb ($n = 82$; 3.5%), or chronic HB ($n = 64$; 2.7%). Characteristics at the time of HIV diagnosis are shown in Table 1. Age (overall median, 26.8 years; IQR, 23.2–332.5) differed significantly among the 4 baseline groups, as did the proportion male ($n = 2229$; 94.8% overall), the year HIV infection was diagnosed (overall median, 1996; IQR, 1991–2002), and the history of HBV vaccination ($n = 527$; 22.4%) or sexually transmitted infections ($n = 849$; 36.1%). Among those with a baseline CD4 cell count available, there were no differences between the groups (median, 507 cells/ μ L; IQR, 374–663). HIV RNA levels, which were generally not available before 1996, were available for 1411 participants (60%) and were similar among the groups (median, 4.4 log₁₀ copies/mL; IQR, 3.7–4.9).

The Kaplan-Meier curve (Figure 1) suggests that those with chronic HB were at increased risk of an AIDS or death event ($P < .001$). During 16 946 person years of follow-up (range, June 1986 to January 2010), there were 469 AIDS-defining or death events (AIDS in 305, death in 164). Table 2 presents the number

and unadjusted rate of AIDS or death events (per 100 person-years of follow-up) for the 4 baseline groups. Compared with those with no HB, the unadjusted rates were significantly higher for those with resolved HB (rate ratio [RR], 1.35; 95% CI, 1.09–1.66), those with isolated HBcAb (RR, 1.54; 95% CI, 1.02–2.34), and those with chronic HB (RR, 2.23; 95% CI, 1.51–3.28).

Results from proportional hazards models are shown in Table 3. Without any adjustment for possible confounders (model 1), those with chronic HB (HR, 1.73; 95% CI, 1.17–2.55) or resolved HB (HR, 1.24; 95% CI, 1.01–1.53) had increased risk of an AIDS or death event compared with those who were HB negative, whereas those with isolated HBcAb had increased risk that was not statistically significant (HR, 1.39; 95% CI, .91–2.10). With both of the final MV models (models 2 and 3), the HRs for all HB categories are similar to the model 1 results, but only those with chronic HB were at a significantly increased risk of an AIDS or death event. Comparing those with chronic HB with those who were HB negative, the HRs were similar for the 2 MV model (HR, 1.65 [95% CI, 1.11–2.45] in model 2, which included baseline CD4 cell count categories; HR, 1.80; 95% CI, 1.20–2.69 in model 3, with time-updated categories for nadir CD4 cell count and indicators for use of HAART and non-HAART ART).

Other covariates that were associated with a significantly increased risk of an AIDS or death event in the MV models included lower CD4 cell count category (models 2 and 3) and HCV status (positive and unknown, models 2 and 3). Factors associated with a decreased risk of an AIDS or death event included black race/ethnicity (compared with white, model 3), later year of HIV diagnosis (models 2 and 3), and use of ART or HAART (model 3). Among those who were HB negative and those who had resolved HB, isolated HBcAb, or chronic HB, respectively, 31%, 25%, 21%, and 27% did not start ART before the event or censoring time; 86%, 81%, 68%, and 66% of those with any ART experience were receiving an HB-active drug (lamivudine, tenofovir, or emtricitabine) sometime during follow-up; and 71%, 64%, 62%, and 55% of those with any ART experience were receiving an HB-active drug at the time of the event or at the time of censoring. The median year of the event or censoring for the 4 groups was 2006, 2004, 2000 and 1999, respectively.

The results from the sensitivity analyses are similar to those from model 3, although the confidence intervals for models 5 and 6 are wider owing to the smaller number of events considered (Figure 2). With the sensitivity analysis models 4 and 6, those with chronic HB had a consistent and significantly increased risk of an AIDS or death event compared with those with no HB (HR, 1.81 [95% CI, 1.20–2.73] for model 4; and HR, 2.16 [95% CI, 1.26–3.70] for model 6). In Model 5, which censored everyone by 1 January 1996, the results were consistent but not significant (HR, 1.57; 95% CI, .85–2.90). Finally, in an additional model (not shown) similar to model 3 but also including baseline categories for HIV RNA levels (missing, <1000 copies/mL, and ≥ 1000 copies/mL), the results were consistent with all other

Table 1. Baseline Characteristics by Hepatitis B Virus Infection Status at Diagnosis of HIV Infection

| Characteristic | Total Study (n = 2352) | Hepatitis B Status | | | | P ^a |
|--|---------------------------|---------------------------|--------------------------|----------------------------|------------------------|----------------|
| | | HB Negative (n = 1732) | Resolved HB (n = 474) | Isolated HBcAb (n = 82) | Chronic HB (n = 64) | |
| Age, median (IQR), years | 26.8 (23.2–32.5) | 26.1 (22.9–31.5) | 29.8 (25.0–35.2) | 29.8 (25.3–35.5) | 26.7 (25.0–34.5) | <.001 |
| Male, No. (%) | 2229 (94.8) | 1616 (93.3) | 470 (99.2) | 81 (98.8) | 62 (96.9) | <.001 |
| Race/ethnicity, No. (%) | | | | | | .03 |
| White | 995 (42.3) | 714 (41.2) | 219 (46.2) | 34 (41.5) | 28 (43.8) | |
| Black/African American | 1053 (44.8) | 770 (44.5) | 215 (45.4) | 41 (50.0) | 27 (42.2) | |
| Other | 304 (12.9) | 248 (14.3) | 40 (8.4) | 7 (8.5) | 9 (14.1) | |
| Prior hepatitis B vaccination, No. (%) | 527 (22.4) | 457 (26.4) | 60 (12.7) | 7 (8.5) | 3 (4.7) | <.001 |
| History of STI, No. (%) | 849 (36.1) | 579 (33.4) | 204 (43.0) | 40 (48.8) | 26 (40.6) | <.001 |
| Hepatitis C status, No. (%) | | | | | | .16 |
| Negative | 2251 (95.7) | 1667 (96.2) | 448 (94.5) | 75 (91.5) | 61 (95.3) | |
| Positive | 41 (1.7) | 25 (1.4) | 10 (2.1) | 4 (4.9) | 2 (3.1) | |
| Status unknown | 60 (2.6) | 40 (2.3) | 16 (3.4) | 3 (3.7) | 1 (1.6) | |
| Alanine aminotransferase | | | | | | |
| Measurement available, No. (%) | 1611 (68.5) | 1180 (68.1) | 339 (71.5) | 53 (64.6) | 39 (60.9) | |
| Level, median (IQR), U/L | 30.0 (22.0–43.0) | 30.0 (22.0–42.0) | 30.0 (22.0–42.0) | 24.0 (17.0–38.0) | 43.0 (30.0–69.0) | <.001 |
| Year of HIV diagnosis, No. (%) | | | | | | <.001 |
| 1986–1990 | 499 (21.2) | 325 (18.8) | 126 (26.6) | 26 (31.7) | 22 (34.4) | |
| 1991–1995 | 627 (26.7) | 410 (23.7) | 155 (32.7) | 31 (37.8) | 31 (48.4) | |
| 1996–2000 | 451 (19.2) | 343 (19.8) | 97 (20.5) | 7 (8.5) | 4 (6.3) | |
| 2001–2005 | 436 (18.5) | 353 (20.4) | 65 (13.7) | 13 (15.9) | 5 (7.8) | |
| 2006–2009 | 339 (14.4) | 301 (17.4) | 31 (6.5) | 5 (6.1) | 2 (3.1) | |
| Calendar year, median (IQR) | 1996 (1991–2002) | 1998 (1992–2003) | 1993 (1990–2000) | 1992 (1989–1998) | 1992 (1989–1993) | <.001 |
| CD4 cell count, median (IQR) cells/mm ³ | 507 (374–663) | 505 (372–661) | 521 (380–671) | 527 (390–670) | 491 (340–631) | .51 |
| No. (%) by CD4 cell count | | | | | | |
| Missing count | 196 (8.3) | 172 (9.9) | 16 (3.4) | 4 (4.9) | 4 (6.3) | .002 |
| 0–199 cells/mm ³ | 80 (3.4) | 61 (3.5) | 14 (3.0) | 3 (3.7) | 2 (3.1) | |
| 200–349 cells/mm ³ | 383 (16.3) | 276 (15.9) | 81 (17.1) | 11 (13.4) | 15 (23.4) | |
| ≥350 cells/mm ³ , No. (%) | 1693 (72.0) | 1223 (70.6) | 363 (76.6) | 64 (78.0) | 43 (67.2) | |
| HIV RNA | | | | | | |
| HIV RNA measurement available, No. (%) | 1411 (60.0) | 1084 (62.6) | 262 (55.3) | 44 (53.7) | 21 (32.8) | |
| HIV RNA measurement, median (IQR), log ₁₀ copies/mL | 4.4 (3.7–4.9) | 4.4 (3.7–4.9) | 4.4 (3.8–4.8) | 4.2 (3.8–4.7) | 4.4 (3.9–4.7) | .94 |

Abbreviations: HB, hepatitis B virus infection; HBcAb, total antibody to hepatitis B core antigen; HIV, human immunodeficiency virus; IQR, interquartile range; STI, sexually transmitted infection

^a P values were calculated with χ^2 tests for proportions and Wilcoxon rank sum tests for continuous variables.

models (HR, 1.17 [95% CI, .94–1.46] for resolved HB; HR, 1.12 [95% CI, .73–1.71] for isolated HBcAb; HR, 1.78 [95% CI, 1.19–2.66] for chronic HB).

The proportional hazards models considered only hepatitis B status at baseline. Of note, 23 (1.3%) of the 1732 who were HB negative at baseline subsequently developed chronic HB, and 9 of those experienced an AIDS or death event after chronic HB. Similarly, 104 (6.0%) of those who were HB negative at baseline

subsequently were determined to be HB positive (isolated HBcAb or resolved HB), and 18 of them experienced an AIDS or death event.

DISCUSSION

We found that HBV coinfection has a significant impact on HIV outcomes. When compared with individuals who were HB

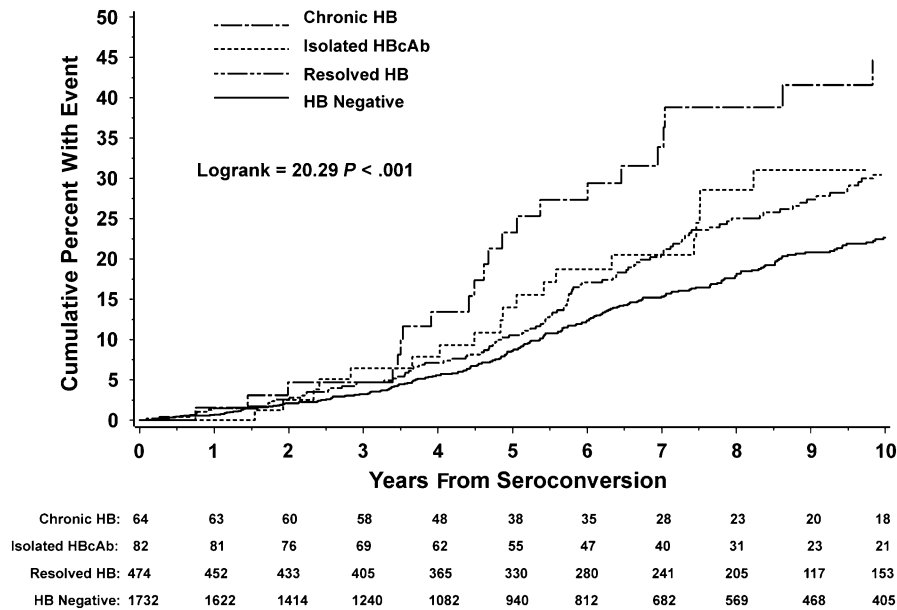


Figure 1. AIDS or death events by hepatitis B virus infection (HB) status at seroconversion. The number of participants at risk of an AIDS or death event are provided for each HB group. Abbreviation: HBcAb, total antibody to hepatitis B core antigen.

negative, those with chronic HB at the time of HIV diagnosis had a significantly higher risk of an AIDS or death event. Those with resolved HB and isolated HBcAb had an increased but nonsignificant risk, suggesting the possibility that HBV exposure is a surrogate of poorer outcome or, alternatively, that HB, even resolved HB or isolated HBcAb, may have a harmful effect on HIV disease. The increased risk of an AIDS or death event for those with chronic HB remained consistent across all time-to-event models considered, including an unadjusted model; MV models for the entire follow-up period adjusting for demographics, baseline, and time-updated CD4 cell count metrics, and time-updated indicators for the use of HAART and non-HAART ART; and a series of sensitivity analyses to account for possible confounding due to year of HIV diagnosis and the relative availability of HAART. We also found an increased risk of AIDS or death in the HAART era (model 6), despite the fact that the majority of

participants received an HB-active drug as part of their regimen. Findings from the SMART study demonstrated that uncontrolled HBV replication resulting from discontinuation of HAART with HB-active agents was significantly associated with a faster CD4 decline, also suggesting a mechanism by which HB may contribute to HIV disease progression [19]. Our findings underscore the need to prevent HB in those with HIV and also in cohorts of HIV-negative individuals with risk factors for HIV acquisition.

Other factors associated with HIV outcome in our study, such as lower CD4 cell count (baseline and time-updated nadir) and no receipt of HAART, are well-established determinants of HIV disease progression and risk of death [20]. Although not the primary emphasis of our study, we found that individuals with HCV antibody at the time of HIV diagnosis and those with no HCV antibody results available had a significantly increased risk of AIDS or death, supporting similar findings in other studies

Table 2. Follow-up, Number of AIDS or Death Events, and Rates (per 100 Person-Years) by Hepatitis B Virus Infection Status at Time of HIV Infection

| Status | No. of Persons Followed Up | No. of Events | Years of Follow-up, Median (IQR) | Total Years of Follow-up | Rate (95% CI) | Rate Ratio ^a (95% CI) | P |
|----------------|----------------------------|---------------|----------------------------------|--------------------------|------------------|----------------------------------|-------|
| HB Negative | 1732 | 288 | 5 (3–10) | 11 847 | 2.43 (2.15–2.71) | 1.0 | ... |
| Resolved HB | 474 | 129 | 7 (4–12) | 3941 | 3.27 (2.71–3.84) | 1.35 (1.09–1.66) | .005 |
| Isolated HBcAb | 82 | 24 | 7 (4–10) | 640 | 3.75 (2.25–5.25) | 1.54 (1.02–2.34) | .04 |
| Chronic HB | 64 | 28 | 7 (4–12) | 517 | 5.41 (3.41–7.42) | 2.23 (1.51–3.28) | <.001 |
| Overall | 2352 | 469 | 6 (3–10) | 16 946 | 2.77 (2.52–3.02) | ... | ... |

Abbreviations: CI, confidence interval; HB, Hepatitis B virus infection; HBcAb, total antibody to hepatitis B core antigen; IQR, interquartile range.

^a Compared with HB negative.

Table 3. Proportional Hazards^a Models for the Risk of AIDS or Death Event

| Factors | Model 1 | | Model 2 | | Model 3 | |
|--|------------------|----------|------------------|----------|--------------------|----------|
| | HR (95% CI) | <i>P</i> | HR (95% CI) | <i>P</i> | HR (95% CI) | <i>P</i> |
| HB status | | | | | | |
| HB negative | | | <i>1.0</i> | | <i>1.0</i> | |
| Resolved HB | 1.24 (1.01–1.53) | .04 | 1.22 (.98–1.51) | .07 | 1.17 (.94, 1.46) | .16 |
| Isolated HBcAb | 1.39 (.91–2.10) | .12 | 1.11 (.72–1.71) | .63 | 1.14 (.75, 1.75) | .54 |
| Chronic HB | 1.73 (1.17–2.55) | .006 | 1.65 (1.11–2.45) | .01 | 1.80 (1.20, 2.69) | .004 |
| Age at diagnosis of HIV infection (per 10-year increase in age.) | | | 0.93 (.80–1.09) | .38 | 1.03 (.88, 1.20) | .75 |
| Sex | | | | | | |
| Male | | | 1.46 (.92–2.33) | .11 | 1.28 (.80, 2.04) | .30 |
| Female | | | <i>1.0</i> | | <i>1.0</i> | |
| Race/ethnicity | | | | | | |
| White | | | <i>1.0</i> | | <i>1.0</i> | |
| Black | | | 0.84 (.69–1.02) | .08 | 0.79 (.65, .96) | .02 |
| Other | | | 0.98 (.71–1.35) | .89 | .91 (.66, 1.27) | .59 |
| Year of HIV diagnosis (per 1 year increase in calendar year of HIV diagnosis.) | | | 0.92 (.88, .95) | <.001 | .94 (.90, .98) | .002 |
| CD4 cell count^b | | | | | | |
| Missing | | | 0.88 (.64–1.21) | .43 | NA | |
| 0–199 cells/mm ³ | | | 4.40 (2.89–6.72) | <.001 | 9.46 (7.26, 12.33) | <.001 |
| 200–349 cells/mm ³ | | | 1.66 (1.30–2.12) | <.001 | 1.55 (1.16, 2.08) | .003 |
| ≥350 cells/mm ³ | | | <i>1.0</i> | | <i>1.0</i> | |
| Hepatitis C status | | | | | | |
| Unknown | | | 2.60 (1.76–3.84) | <.001 | 3.38 (2.24, 5.10) | <.001 |
| Positive | | | 2.99 (1.66–5.38) | <.001 | 2.56 (1.41, 4.63) | .002 |
| Negative | | | <i>1.0</i> | | <i>1.0</i> | |
| ART status (time updated) | | | | | | |
| Off ART | | | ... | | <i>1.0</i> | |
| On non-HAART ART | | | ... | | .69 (.55, .87) | .002 |
| On HAART | | | ... | | .20 (.15, .27) | <.001 |

Italicized terms indicate the reference values.

Abbreviations: ART, antiretroviral therapy; CI, confidence interval; HAART, highly active antiretroviral therapy; HB, hepatitis B virus infection; HBcAb, total antibody to hepatitis B core antigen; HIV, human immunodeficiency virus; HR, hazard ratio; NA, not applicable.

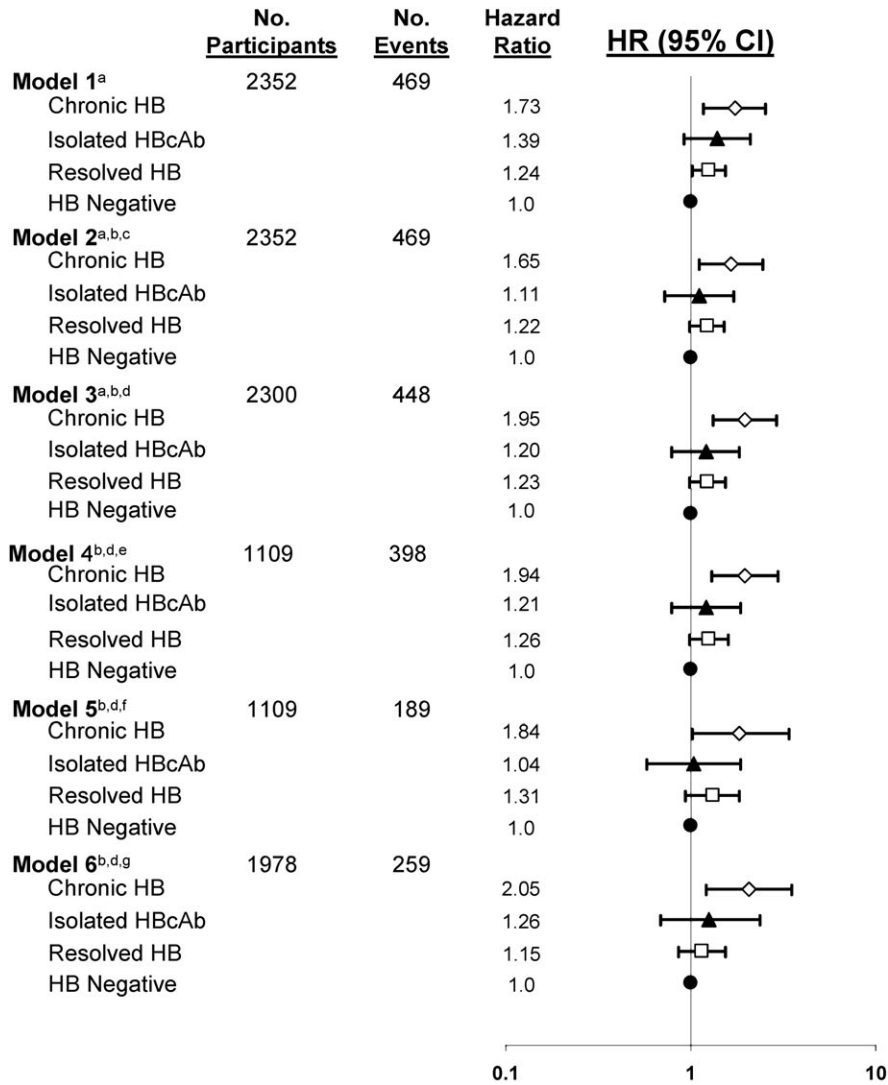
^a All models are stratified by era of HIV infection diagnosis (before 1996 vs later).

^b Model 2 uses baseline CD4 cell count; model 3, time-updated nadir CD4 cell count.

[21–23, 24]. Controversy still surrounds the discussion of whether HCV coinfection affects HIV outcomes. Studies have reported HCV infection to be associated with poor HIV or immunologic outcomes [21–23], although a longitudinal study and meta-analysis of HCV coinfection in the pre-HAART era did not find an increased mortality [25, 26], and other studies in the HAART era have found no impact on immunologic and virologic outcomes following HAART initiation [4, 27]. In contrast to our study population, most prior studies evaluating HCV coinfection and risk of HIV-related disease progression were primarily in injection drug users [28, 29]. Although IDU is rare in our cohort and HCV RNA was not available to confirm that individuals were chronic HCV carriers, our findings are consistent with others that emphasize the importance of

knowing an individual's HCV status at the time of HIV infection [30] and the need for effective HCV prevention and treatment for HIV-infected adults.

HIV coinfection is known to influence the natural history and course of HB by impairing the quantity and quality of the innate and adaptive immune response to HB [31]. It is also known that highly productive and replicative infections such as those caused by HBV, HCV, and HIV induce impaired virus-specific adaptive immune responses [32]. Similar to HIV-1–induced impairment of HBV-specific CD4 and CD8 T-cell responses [8, 33, 34], HBV may lead to immunologic impairments that negatively influence the course or control of HIV disease. For example, Gomez-Gonzalo has shown that HBV X protein superinduces ongoing HIV-1 replication and HIV-1 long terminal repeat transcription



- ^a Models were stratified by HIV diagnosis era (before 1996 or later).
- ^b Adjusted for age at HIV diagnosis, gender race/ethnicity, and calendar year of HIV diagnosis.
- ^c Adjusted for baseline CD4 cell count categories.
- ^d Adjusted for time-updated covariates: categories for nadir CD4 cell count and indicators for use of ART and HAART.
- ^e Those diagnosed with HIV-infection prior to 1996. All follow-up time was included.
- ^f Those diagnosed with HIV-infection prior to 1996. Only follow-up time prior to the HAART era (1996) was included.
- ^g Only follow-up during the HAART era (1996 and later) was included.

Figure 2. Risk of AIDS or death events by HB infection status at HIV seroconversion.

by synergizing with Tat protein and with T-cell activation signals that may contribute to a faster progression to AIDS in HIV/HBV-coinfected individuals [35]. Alternatively, rather than HBV directly affecting HIV pathogenesis, developing chronic HB may be a marker for increased risk of HIV-related disease progression. Previous studies have shown that genetic factors associated with HIV-related disease progression are also associated with HB outcome. Specifically, alterations in chemokine

receptor 5 are associated with progression to AIDS as well as the risk of developing chronic HB [36–39]. Additionally, regulatory T-cell function has been shown to be associated with ineffective immune responses to both HBV and HIV, suggesting similar functional immune impairments may play a role in both infections [40–43]. From these observations, it is clear that further research is needed to elucidate the potential mechanisms and bidirectional interactions of HBV and HIV.

The NHS cohort provides a unique opportunity to understand the impact of HBV coinfection on HIV outcomes in a relatively homogeneous group of HIV seroconverters. The low use of injection drugs in this cohort, as well as open access to medical care, vaccinations, and medications in the military healthcare system, also help reduce potential confounding from such factors [17]. However, these same features may limit external generalizability. In addition, given the limited number of women in our cohort, the study findings may not be generalizable to women. Therefore, in our cohort, and probably for other HIV-infected persons with similar characteristics, chronic HB seems to be associated with an increased risk of HIV-related disease progression. However, whether such associations are overwhelmed by other factors such as IDU in other populations remains to be determined. There are other limitations to our results. As with any cohort study, we were unable to determine whether HB directly caused an increased risk of AIDS or death or served as a marker of other factors that we were unable to assess. Furthermore, the differential distribution of participant study enrollment and the number of clinical events in the pre-HAART and HAART eras may have confounded results. However, to account for this we performed several sensitivity analyses that were all remarkably consistent. We used baseline HB status to group participants and did not allow for changing HB status during follow-up. However, our use of baseline HB status probably underestimated the true risk of AIDS or death for those with chronic HB, because, of those who were classified as HB negative at baseline, 127 subsequently developed HB (23 chronic and 104 isolated core or resolved), and 27 of those experienced an AIDS or death event after HB. The interpretation of data regarding HCV status were also limited, because confirmatory HCV RNA results were unavailable for the majority of those who were anti-HCV positive. Finally, we were unable to adjust for HIV RNA in the MV models considering all available follow-up time, because the test was not available before 1996 and was thus unavailable for 40% of participants at the time of HIV diagnosis. However, in a model that used categories for baseline HIV RNA (including a category for missing), the HRs for risk by hepatitis group were consistent with the results from all other models.

Our study adds further insight into the understanding of the complex interactions between HB and HIV infection, and demonstrates the associations between HB status at the time of HIV diagnosis and subsequent HIV outcomes, with chronic HB status associated with an increased risk of AIDS events and mortality and a trend of association between resolved HB and isolated HBcAb and HIV outcomes. This association warrants further investigation to evaluate whether HB is a surrogate of poorer outcome or whether it has a direct harmful impact on HIV disease progression. Our findings may have implications for many aspects of HBV coinfection, including early diagnosis and, foremost, prevention of HB. Insights into the pathogenesis and potential immune dysfunction behind the higher risk for AIDS events and death are needed and may help reduce the excess morbidity and

mortality associated with HBV coinfection in those with HIV infection.

Notes

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Potential conflicts of interest. All authors: No reported conflicts.

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Appendix
Infectious Disease Clinical Research Program (IDCRP) HIV
Working Group Collaborators

H. Chun, Department of Defense HIV/AIDS Prevention Program, Naval Health Research Center, San Diego, CA; B. Agan, W. Bradley, M. Kortepeter, and G. Macalino, Uniformed Services University of the Health Sciences, Bethesda, MD; C. Decker, A. Ganesan, T. Warkentien, and T. Whitman, National Naval Medical Center, Bethesda; S. Fraser, J. Hartzell, R. Ressler, P. Waterman, A. Weintrob, G. Wortmann, and M. Zapor, Walter Reed Army Medical Center, Washington, DC; G. Hsue and A. Johnson, Tripler Army Medical Center, Honolulu, HI; S. Banks, T. Lalani, and J. Maguire, Naval Medical Center, Portsmouth, VA; L. Eberly, A. Lifson, K. Hullsiek, and M. Roediger, University of Minnesota, Minneapolis; C. Eggleston, L. Jagodzinski, R. O'Connell, and S. Peel, Walter Reed Army Institute of Research, Silver Spring, MD; M. Landrum, J. Okulicz, and S. Merritt, San Antonio Military Medical Center, Fort Sam Houston, TX; M. Polis, J. Powers, and E. Tramont, National Institute of Allergy and Infectious Diseases, Bethesda; M. Bavaro, N. Crum-Cianflone, and M. Linfesty, Naval Medical Center, San Diego.