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## Real-Time Imaging of Discrete Exocytic Events Mediating Surface Delivery of AMPA Receptors

Guillermo A. Yudowski, 1\* Manojkumar A. Puthenveedu, 1\* Dmitri Leonoudakis, 4 Sandip Panicker, 2 Kurt S. Thorn, 3 Eric C. Beattie,4 and Mark von Zastrow<sup>1,2</sup>

Departments of 1Psychiatry, 2Cellular and Molecular Pharmacology, and 3Biochemistry and Biophysics, University of California at San Francisco, San Francisco, California 94158, and 4 California Pacific Medical Center Research Institute, San Francisco, California 94107

We directly resolved discrete exocytic fusion events mediating insertion of AMPA-type glutamate receptors (AMPARs) to the somatodendritic surface of rat hippocampal pyramidal neurons, in slice and dissociated cultures, using protein tagging with a pH-sensitive GFP (green fluorescent protein) variant and rapid (10 frames/s) fluorescence microscopy. AMPAR-containing exocytic events occurred under basal culture conditions in both the cell body and dendrites; potentiating chemical stimuli produced an NMDA receptor-dependent increase in the frequency of individual exocytic events. The number of AMPARs inserted per exocytic event, estimated using singlemolecule analysis, was quite uniform but individual events differed significantly in kinetic properties affecting the subsequent surface distribution of receptors. "Transient" events, from which AMPARs dispersed laterally immediately after surface insertion, generated a pronounced but short-lived (dissipating within  $\sim$ 1 s) increase in surface AMPAR fluorescence extending locally (2–5  $\mu$ m) from the site of exocytosis. "Persistent" events, from which inserted AMPARs dispersed slowly (typically over 5-10 s), affected local surface receptor concentration to a much smaller degree. Both modes of exocytic insertion occurred throughout the dendritic shaft, but remarkably, neither mode of insertion was observed directly into synaptic spines. AMPARs entered spines preferentially from transient events occurring in the adjoining dendritic shaft, driven apparently by mass action and short-range lateral diffusion, and locally delivered AMPARs remained mostly in the mobile fraction. These results suggest a highly dynamic mechanism for both constitutive and activitydependent surface delivery of AMPARs, mediated by kinetically distinct exocytic modes that differ in propensity to drive lateral entry of receptors to nearby synapses.

*Key words:* trafficking; glutamate; imaging; synapse; plasticity; exocytosis

### Introduction

Membrane trafficking processes that deliver AMPA-type glutamate receptors (AMPARs) to the postsynaptic surface are critical for normal synaptic function and plasticity (Malinow and Malenka, 2002; Bredt and Nicoll, 2003). Constitutive trafficking of AMPARs to the plasma membrane is essential for maintaining synaptic responsiveness under basal conditions (Luscher et al., 1999), and regulated increases in surface AMPAR expression contribute to plasticity phenomena such as synaptic scaling and long-term potentiation (Lledo et al., 1998; Shi et al., 1999; Beattie

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\*G.A.Y. and M.A.P. contributed equally to this work.

Correspondence should be addressed to Mark von Zastrow, Room N212, Genentech Hall, University of California at San Francisco Mission Bay Campus, 600 16th Street, San Francisco, CA 94158-2140. E-mail: mark.vonzastrow@ucsf.edu.

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Malenka, 2006). Intracellular pathways mediating trafficking of AMPARs from and to the neuronal plasma membrane have been described previously (Carroll et al., 1999; Beattie et al., 2000; Lin et al., 2000; Park et al., 2004), and complex lateral mobility of AMPARs has been observed on the neuronal surface (Groc et al., 2004; Ashby et al., 2006; Cognet et al., 2006; Sharma et al., 2006; Bats et al., 2007; Ehlers et al., 2007). Little is known, however, about exocytic insertion events that comprise the key link between intracellular and surface trafficking of AMPARs. To begin with, it is not clear whether it is even feasible to detect such exocytic events at an individual level. If so, fundamental questions include whether elemental events mediating surface AM-PAR insertion are regulated, and whether such regulation is achieved by changing the frequency of discrete exocytic events or by controlling the number of AMPARs inserted per exocytic event. Moreover, given that the majority of excitatory synapses in hippocampal pyramidal neurons are located on dendritic spines (Harris and Kater, 1994; Shepherd, 1996), the questions of where exocytic events occur and how AMPARs are delivered to spines remain mostly unresolved (Malinow and Malenka, 2002).

et al., 2002; Rumpel et al., 2005; Kopec et al., 2006; Stellwagen and

Previous studies of surface AMPAR delivery have necessarily relied on measures of net receptor number or activity, which can be affected by multiple processes in addition to receptor exocytosis (Sheng and Lee, 2001). Indeed, to our knowledge, elemental trafficking events mediating delivery of AMPARs to the plasma membrane have so far eluded direct observation by any method. This limitation may explain why recent efforts to define the location and regulation of AMPAR surface delivery have reached profoundly different conclusions (Passafaro et al., 2001; Adesnik et al., 2005; Gerges et al., 2006). With this in mind, we asked whether it might be possible to directly visualize individual exocytic events mediating surface insertion of AMPARs. Here, we describe a fluorescence imaging approach that achieves this goal, and its application to elucidating surface delivery of glutamate receptor 1 (GluR1)-containing AMPARs expressed in hippocampal slice and dissociated culture preparations. Our results provide unambiguous information regarding both the location and regulation of surface AMPAR insertion. They also provide unprecedented insight to the lateral movement of AMPARs immediately after surface insertion, and suggest the existence of kinetically distinct exocytic modes that differ in their ability to promote local surface delivery of AMPARs to synaptic spines.

### **Materials and Methods**

Construction of superecliptic pHluorin-GluR1. A cDNA encoding superecliptic pHluorin (SEP) [provided by Gero Miesenbock (Yale University, New Haven, CT) and James Rothman (Columbia University, New York, NY)] preceded by a cleavable signal sequence was PCR-amplified using a previously described SEP-tagged adrenergic receptor as template (Yudowski et al., 2006), fused in-frame between codons 3 and 4 of the cDNA encoding rat GluR1 (Boulter et al., 1990) (flop; accession number P19490; provided by S. Heinemann, The Salk Institute, San Diego, CA) using 5' EcoR1 and 3' BssHII restriction sites, and inserted into the cytomegalovirus-based mammalian expression vector pRK5. Tagging GluR1 in the same position with enhanced green fluorescent protein (EGFP) does not disrupt receptor function (Shi et al., 1998), and an essentially identical tagging strategy with SEP has been shown previously to reliably report activity-dependent changes in surface receptor number (Kopec et al., 2006).

Hippocampal culture and transfection. Hippocampal slice cultures were prepared from 6- to 9-d-old rats as described previously (Stoppini et al., 1991). Biolistic transfections were performed 2–3 d after slice preparation using the Helios Gene Gun (Bio-Rad, Hercules, CA) and 1.0 μm gold particles coated with plasmid DNA per the manufacturer's protocol. Slices were imaged 3–7 d after transfection with similar results. Dissociated neuronal cultures were prepared from hippocampi of embryonic day 18 (E18)/E19 rats by papain digestion followed by brief mechanical trituration. Cells were plated on poly-D-lysine (Sigma, St. Louis, MO)-treated 35 mm glass-bottom dishes (MatTek, Ashland, MA) and maintained in Neurobasal media (Invitrogen, Carlsbad, CA) supplemented with B27, penicillin, streptomycin, and L-glutamine as described previously (Yudowski et al., 2006). Neurons were transfected after 5–7 d *in vitro* (DIV 5–7) using Lipofectamine 2000 (Invitrogen) according to the manufacturer's protocol.

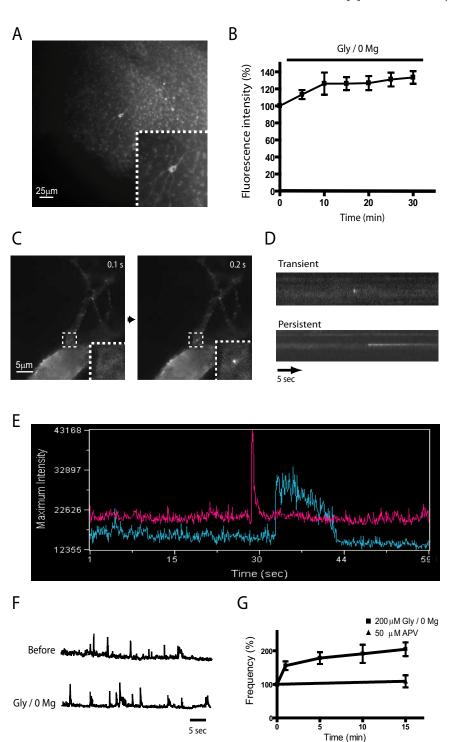
Live imaging of hippocampal slice and dissociated cultures. Imaging was performed using a Nikon (Garden City, NY) TE-2000E inverted microscope with a  $100 \times 1.49$  numerical aperture (NA) TIRF objective or a  $60 \times$ 1.45 NA TIRF objective (Nikon). A 488 nm single-line argon ion laser (Melles Griot, Rochester, NY) was used as a light source for both widefield and total internal reflection fluorescence microscopy (TIR-FM) illumination modes, using an optical fiber to adjust the position of the laser spot focused on the back focal plane. Both slice and dissociated cultures were imaged in 125 mm NaCl, 2.5 mm KCl, 2 mm CaCl<sub>2</sub>, 10 mm D-glucose, 25 mm HEPES, pH 7.4. Chemical stimulation of exocytic events was performed by supplementing the solution with 50 µM forskolin combined with 100 μM 3-isobutyl 1-methyl xanthine (IBMX), a phosphodiesterase inhibitor similar in pharmacological activity to rolipram used previously to potentiate synaptic transmission (Otmakhov et al., 2004), or with 200  $\mu$ M glycine in the absence of added Mg<sup>2+</sup> (Lu et al., 2001). Rapid imaging of neurons in the Gly/0 Mg condition was performed in the presence of 0.5  $\mu$ M tetrodotoxin and 200  $\mu$ M picrotoxin (Sigma) to reduce experimental variability. In some experiments, as indicated, the NMDA receptor antagonist 2-amino-5-phosphonovaleric acid (APV) (Sigma) was added before either forskolin/IBMX or Gly/0 Mg. Temperature was controlled at 37°C either using a thermoelectric stage (Bioscience Tools, San Diego, CA) and objective warmer (Bioptechs, Butler, PA) or a microscope enclosure (Nikon) maintained at 37°C with 5% CO<sub>2</sub>. Images were acquired at a continuous rate of 10 frames/s using a Cascade II, QuantEM 512C (both from Photometrics, Tucson, AZ), or iXon+ (Andor, Belfast, UK) EM-CCD camera operated in the linear range. For post hoc analysis, coverslips were marked to indicate the region imaged live and then quickly transferred to  $-20^{\circ}$ C methanol for 10 min. Fixed specimens were blocked with 3% BSA, 2% goat serum, and 0.2% Triton X-100 in PBS for >1 h. Anti-postsynaptic density-95 (PSD-95) antibodies (1:500; Affinity Bioreagents) diluted in blocking buffer were added overnight at 4°C, washed with PBS, and incubated with goat anti-mouse Alexa Fluor 633 for 45 min at room temperature. Cells were then washed with PBS and mounted with Fluoromount G (Electron Microscopy Sciences, Fort Washington, PA). Images of fixed neurons were registered with the corresponding live images coverslips using the fiduciary mark and comparison of neuronal morphology evident from SEP-AMPAR fluorescence still visible in fixed specimens. The relatively low transfection efficiency (5-10%) typically obtained allowed unambiguous registration of individual, SEP-AMPARexpressing neurons in live and fixed images. Aligned images were merged in still frames using Adobe Photoshop and in movies using MetaMorph (Molecular Dynamics, Sunnyvale, CA).

Unless indicated otherwise, images shown represent raw data with simple background subtraction of the averaged blank field intensity. For quantification of SEP-AMPAR intensity changes over prolonged time intervals, background-subtracted intensity values were corrected for photobleaching (during the image collection) by normalizing to a static region of a neighboring dendrite imaged in the same field. To quantify the frequency of insertion events graphically, SEP-AMPARs present initially in the plasma membrane were deliberately photobleached to 20-30% of the initial surface brightness before time-lapse imaging. After this manipulation, newly inserted (previously nonfluorescent) SEP-AMPARs were readily distinguished as pronounced "spikes" of increased fluorescence intensity in maximum intensity plots generated from image series with MetaMorph analysis software (Molecular Devices). To estimate the absolute frequency of insertion events in the cell body, numbers of observed transient and persistent events were tabulated from 60 s TIR-FM image series, and then event frequencies were normalized to the surface area analyzed. To estimate the absolute insertion event frequency in dendrites, transient and persistent events were tabulated in 60 s widefield image series, and then event counts were normalized per linear micrometer of dendrite visualized. Differences in event frequencies between treatment conditions were evaluated by the Mann-Whitney test; a value of p < 0.05 [computed using Graph Pad (San Diego, CA) Prism software] was considered significant.

Single-molecule analysis. SEP-AMPAR number was estimated using an EM-CCD camera (QuantEM; Photometrics) that is capable of linear detection over a wide (16 bit) dynamic range. Peak surface fluorescence intensity of SEP-AMPAR insertion events was estimated by TIR-FM image series using maximum values collected from sequential 100 ms exposures. The same laser intensity and illumination angle was then used to image natively folded EGFP purified from Escherichia coli, after adsorption to poly-D-lysine-coated coverslips at pH 7.4 in the same buffer used for imaging neurons. EGFP was chosen because calculations from published data (Patterson et al., 1997; Miesenbock et al., 1998; Sankaranarayanan et al., 2000) indicate that EGFP is closely similar in brightness to SEP when excited at 488 nm in neutral media, and because EGFP is established to exist mostly as a monomer in aqueous solution (Stepanenko et al., 2004). The dilution factor of purified EGFP from concentrated stock (1 mg/ml) was adjusted empirically (typically >10,000-fold) to yield diffraction-limited spots of adsorbed fluorescent protein that were well separated (>2  $\mu$ m) from one another in TIR-FM images. Single molecules (defined by characteristic blinking and singlestep photobleaching) were imaged under identical conditions as live neurons, except that 300 ms integration was used. We found that this longer integration time yielded higher signal-to-noise ratio for more accurate estimation of single-molecule fluorescence. Accordingly, for subsequent display and analysis relative to exocytic events, background-subtracted single-EGFP fluorescence intensities (measured at 300 ms integration) were divided by a factor of 3 to normalize to 100 ms equivalent exposure.

# Results Real-time visualization of surface AMPAR insertion in hippocampal slice culture

GluR1-containing AMPARs were selectively visualized in the plasma membrane by tagging the amino-terminal ectodomain of the rat GluR1 subunit with SEP, a variant of the green fluorescent protein that is brightly fluorescent when exposed to pH 7.4 extracellular media and nearly nonfluorescent when exposed to the acidic environment of the endocytic pathway (Miesenbock et al., 1998; Sankaranarayanan et al., 2000). We focused on GluR1-containing AMPARs because their net expression in the neuronal plasma membrane is rapidly increased in response to plasticity-inducing stimuli (Shi et al., 1999; Hayashi et al., 2000; Passafaro et al., 2001; Kopec et al., 2006). The SEP-tagging strategy applied in the present study was used previously to indicate plasticityinduced changes in net surface AMPAR number (Kopec et al., 2006), and tagging with a closely similar green fluorescent protein variant (EGFP) was shown not to disrupt GluR1 function assessed electrophysiologically (Shi et al., 1998). SEP-GluR1 was expressed in cultured hippocampal slices using biolistic transfection. We opted to image transfected slices using wide-field illumination, because this afforded relatively high photon collection efficiency useful for rapid imaging (see below). Because of significant out-of-plane fluorescence inherent to wide-field imaging, however, epifluorescence images of neurons in hippocampal slice culture differed considerably from the appearance of "optical sections" generated using confocal or multiphoton methods. Nevertheless, we were able to easily resolve individual transfected neurons in sparsely transfected slice preparations, even at low magnification in which the contribution made by out-of-plane fluorescence was greatest (Fig. 1A; A, inset). Supplementing the (magnesium-deficient) imaging medium with 200 µM glycine (Gly/0 Mg), a chemical manipulation reported previously to enhance surface AMPAR expression (Lu et al., 2001), increased SEP-AMPAR fluorescence by 30-40% over a period of 10 min (Fig. 1 B). We further confirmed that forsko-



**Figure 1.** Detection of SEP-AMPAR puffs in cultured hippocampal slices. **A**, Representative low magnification view of SEP-AMPAR fluorescence visualized in area CA1 of a cultured hippocampal slice 5 d after biolistic transfection; the inset shows a transfected pyramidal neuron. **B**, Effect of Gly/0 Mg on steady-state SEP-AMPAR fluorescence integrated over a single neuron. The graph shows change relative to initial value (before Gly/0 Mg application). Mean values were calculated across multiple experiments (n=6); error bars represent SEM. **C**, Rapid imaging at higher magnification of SEP-AMPAR fluorescence in a field containing a neuronal cell body and proximal dendrites. Sequential 100 ms frames show an SEP-AMPAR insertion event (boxed area; the inset shows this region in greater detail). **D**, Representative kymographs illustrating the distinct kinetic properties of transient and persistent SEP-AMPAR events. **E**, Time course of SEP-AMPAR surface fluorescence intensity of representative transient and persistent events. **F**, Representative maximum intensity plot before (top) and immediately after (bottom) Gly/0 Mg manipulation. **G**, The squares and solid line indicate cumulative frequency analysis of SEP-AMPAR events imaged during sequential 1 min interval surrounding the indicated time points after Gly/0 Mg manipulation. Frequencies are normalized to t=0, the time interval immediately before magnesium depletion (n=5). The triangles and solid line represent the same analysis conducted on cultures to which 50  $\mu$ m APV was added 10 min before t=0 (n=5). Error bars represent SEM.

lin (50  $\mu$ M) and IBMX (10  $\mu$ M), another chemical manipulation essentially identical with that used previously to increase surface AMPAR expression (Otmakhov et al., 2004; Boehm et al., 2006; Kopec et al., 2006), enhanced SEP-AMPAR surface fluorescence in our preparations to a similar degree and over a similar time course (data not shown).

Because individual exocytic events are expected to occur with rapid (i.e., on the order of milliseconds) kinetics (Sankaranarayanan et al., 2000), we next worked to increase the rate of image acquisition. Using an electron-multiplying CCD detector, and collecting images in the wide field using a high numerical aperture objective, we were able to enhance the temporal resolution of our imaging studies ~100-fold (to 10 frames/s). Doing so revealed the existence of diffraction-limited "puffs" of SEP-AMPAR fluorescence appearing abruptly in the preparation (Fig. 1C). These events appeared within a single (100 ms) frame and were remarkably bright in rapid image series, typically displaying peak fluorescence intensity severalfold brighter than that observed elsewhere on the plasma membrane. Such events were observed frequently on dendrites, both close to the cell body (supplemental movie 1, available at www.jneurosci.org as supplemental material) and in distal portions (supplemental movie 2, available at www.jneurosci.org as supplemental material).

Simple visual observation revealed that individual SEP-AMPAR puffs differed considerably in kinetics after their initial abrupt (<100 ms) appearance. Some SEP-AMPAR puffs dissipated to the level of surrounding receptor fluorescence intensity quickly, typically within several hundred milliseconds. Other puffs remained as discrete spots of SEP-AMPAR fluorescence for a more prolonged time period, typically 5-10 s, dissipating gradually over this time period. These kinetic differences were visually obvious in kymographs (Fig. 1D) and intensity plots (Fig. 1E) generated from image series. We defined "transient" puffs as those dissipating to the level of surrounding surface fluorescence within  $\leq 1$  s, and "persistent" puffs as those remaining as visible spots over the surrounding plasma membrane for >1 s. Using these criteria, and imaging across multiple transfected slice preparations (n = 7 specimens representing 209 events), persistent events represented 65.2  $\pm$  9.8% of the total observed in dendrites and 33.1  $\pm$  7.4% of the total observed on the cell body.

It was possible to recognize SEP-AMPAR puffs as abrupt peaks in maximum intensity plots generated from time-lapse image series after photobleaching of preexisting surface fluorescence (see Materials and Methods), facilitating rapid and unbiased measurement of event frequency under various conditions (Fig. 1*F*). Using this approach, both Gly/0 Mg (Fig. 1*G*) and forskolin/IBMX (data not shown) were found to increase the frequency of SEP-AMPAR puffs in a manner that was blocked by the NMDA receptor antagonist APV. Together, these results suggest that the observed puffs of abruptly increased surface SEP-AMPAR fluorescence represent discrete exocytic insertion events contributing to both constitutive and regulated (NMDA receptor-dependent) components of surface AMPAR insertion.

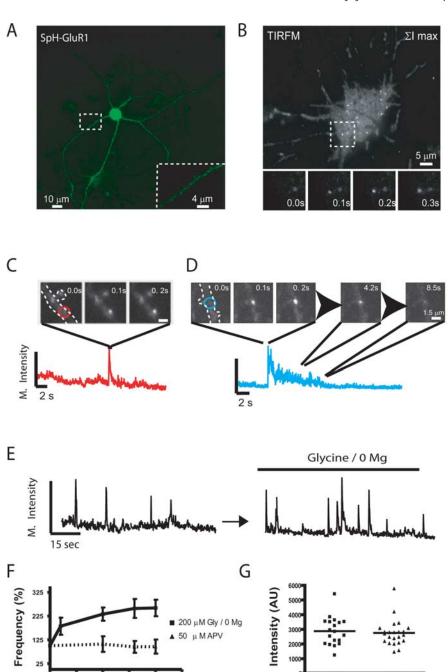
## Resolving distinct exocytic insertion modes in dissociated pyramidal neurons

To further investigate the nature of SEP-AMPAR puffs, we next asked whether similar events occur in dissociated neuronal cultures. Dissociated cultures allowed relatively detailed neuronal morphology (including dendritic spines) to be resolved in widefield epifluorescence images (Fig. 2 A; A, inset), and facilitated the application of additional experimental approaches that are not feasible in the slice. We first used TIR-FM to examine specifically

events occurring in or very near the plasma membrane (Steyer and Almers, 2001) and focused on the cell body, whose basal surface was located uniformly within the evanescent illumination field. TIR-FM clearly detected SEP-AMPAR puffs in the cell body; each event appeared as a bright spot in the maximum projection view of sequential 100 ms TIR-FM images (Fig. 2B; inset shows individual frames of the insertion event outlined by the box). Lateral spreading of SEP-AMPARs was evident in timelapse image series, particularly from transient events that produced a visually obvious increase in the surrounding plasma membrane surface (supplemental movie 3, available at www. ineurosci.org as supplemental material), suggesting that SEP-AMPAR puffs represent receptor-containing exocytic events. Dendrites were incompletely illuminated by the thin ( $\sim$ 100 nm) evanescent illumination field but were readily visualized in the wide field; therefore, rapid imaging of dendrites was generally performed using wide-field epifluorescence microscopy rather than TIR-FM. As in the slice preparation, kinetically distinct SEP-AMPAR puffs were observed in dendrites of dissociated pyramidal neurons (Fig. 2C,D). Also consistent with results obtained in transfected slice cultures, the relative frequency of persistent events observed in dissociated pyramidal neurons was significantly higher in dendrites compared with the cell body (31.9  $\pm$  3.6 compared with 10.1  $\pm$  4.1%, p =0.04; determined from analysis of 187 events imaged in seven cells). To estimate overall event frequency, regions of randomly selected cell bodies (imaged by TIR-FM) and microscopic fields containing multiple dendrites (imaged in the wide field) were evaluated. The total number of SEP-AMPAR puffs observed (persistent and transient combined) was normalized either to the area (cell body) or length (dendrites) of each structure examined (see Materials and Methods). This analysis estimated a frequency of 0.066  $\pm$  0.011 events  $\mu$ m<sup>-2</sup>  $\min^{-1}$  in the cell body (n = 178 events from 10 cells) and  $0.032 \pm 0.008$  events  $\mu$ m<sup>-1</sup> min<sup>-1</sup> in dendrites (n = 72 events from eight fields). In both compartments, the observed SEP-AMPAR puffs were quenched rapidly (within ∼1 s) after addition of a membrane-impermeant acidic buffer (25 mm MES, pH 5.25) to the culture medium (supplemental Fig. 1, available at www.jneurosci.org as supplemental material). Together, these findings indicate that SEP-AMPAR puffs represent discrete exocytic events mediating surface insertion of GluR1-containing AMPARs in both the cell body and dendrites.

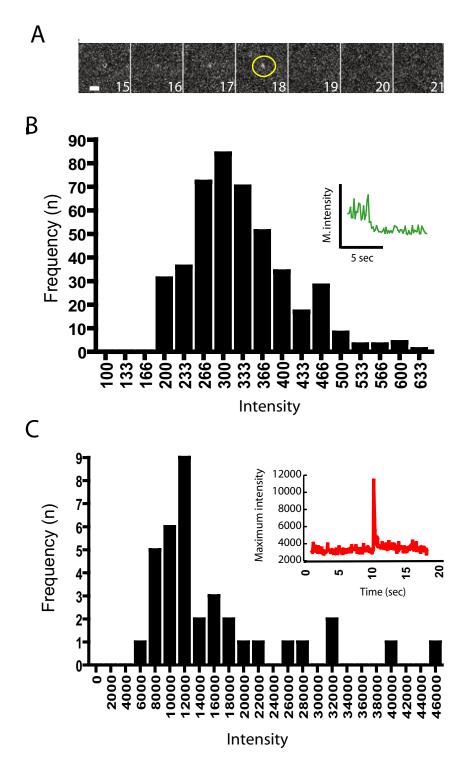
The frequency of SEP-AMPAR exocytic events was significantly increased by Gly/0 Mg (Fig. 2E) and forskolin/IBMX (data not shown). Interestingly, the Gly/0 Mg manipulation increased the frequency of exocytic events even in the presence of TTX, consistent with previous results suggesting that the Gly/0 Mg manipulation does not require depolarization to increase the steady-state number of surface AMPARs (Lu et al., 2001). This effect, and its blockade by APV, was established across multiple experiments (Fig. 2F). Whereas the frequency of SEP-AMPAR insertion events was strongly increased by chemical stimulation, the peak fluorescence intensity of individual events was not significantly changed (Fig. 2*G*). Furthermore, chemical stimulation did not detectably change the proportion of persistent events observed in either the cell body (10.1  $\pm$  4.1% under basal conditions and 9.2  $\pm$  5.9% in the presence of Gly/0 Mg; n = 350 events) or dendrites (31.9  $\pm$  3.6% under basal conditions and 35.3  $\pm$ 6.1% in the presence of Gly/0 Mg; n = 270 events). These results suggest that kinetically distinct components of surface AMPAR insertion, occurring both in the cell body and dendrites, are mediated by exocytosis of a relatively uniform population of AMPAR-containing vesicles. Furthermore, they suggest that chemical stimuli that increase surface AMPAR number at steady state do so by enhancing the frequency of both transient and persistent AMPAR-containing exocytic events.

The ability to resolve discrete exocytic events mediating both constitutive and regulated surface delivery of AMPARs raised the question of how many AMPARs are inserted by each exocytic event. To address this, we determined the mean fluorescence intensity of single green fluorescent protein molecules visualized by TIR-FM (see Materials and Methods), and then compared this value to that of individual SEP-AMPAR insertion events imaged by TIR-FM of the cell body, acquired under identical conditions and in the linear detection range of the camera. We chose to calibrate single-molecule fluorescence using purified EGFP because this protein is well established to exist mostly as a monomer in solution (Stepanenko et al., 2004), and previous data indicate that EGFP is closely similar in fluorescence intensity to SEP when imaged at pH 7.4 (Patterson et al., 1997; Miesenbock et al., 1998; Sankaranarayanan et al., 2000), the pH of our imaging medium. The fluorescence intensity of EGFP monomers, confirmed in our preparation by characteristic blinking and single-step photobleaching behavior (Moerner et al., 1999), resembled a Gaussian distribution (Fig. 3A, B). Individual SEP-AMPAR insertion events ranged in surface brightness from 18 to 146 times the mean measured for single molecules, with most events distributed around a single peak of surface fluorescence intensity (Fig. 3C). By calculating the mean and SD of this distribution, and normalizing to single-molecule fluorescence intensity (see Materials and Methods), we estimated that individual SEP-AMPAR exocytic events deliver 51 ± 36 SEP-GluR1 subunits (see Materials and Methods) (Fig. 3). It was not possible to carry out a similar analysis of SEP-AMPAR fluorescence intensity on spines because of the shallow field of evanescent illumination. We therefore used wide-field epifluorescence illumination, and compared the average SEP-AMPAR fluorescence intensity measured on spines at steady state to that of individual exocytic events imaged under the same conditions and in the same specimens. This analysis revealed that, on average, the SEP-AMPAR fluorescence intensity of individual exocytic events was 2.4-fold higher than that of dendritic spines. These results suggest that the mean



**Figure 2.** Resolution of discrete SEP-AMPAR exocytic events in dissociated pyramidal neurons. *A*, Low-magnification view of SEP-AMPAR localization in a representative dissociated rat hippocampal neuron imaged using wide-field epifluorescence microscopy. The inset shows a portion of a dendrite at higher magnification. *B*, Maximum projection image generated from a 60 s time series of sequential 100 ms TIR-FM images of a neuronal cell body, in which individual SEP-AMPAR insertions appear as bright spots. The inset shows sequential 100 ms TIR-FM images of the boxed area ( $10 \times 10~\mu$ m). *C*, Example of a transient SEP-AMPAR insertion event observed in the dendrite; sequential 100 ms frames are shown, with the maximum intensity plot of the field plotted below. *D*, Example of a persistent insertion event in a dendrite, with frames selected at the indicated time points after initial appearance of SEP-AMPAR fluorescence. *E*, Representative maximum intensity plot before (left) and after (right) depletion of magnesium from the culture medium. *F*, The squares and solid line indicate cumulative frequency analysis of SEP-AMPAR insertion events imaged during sequential 1 min intervals surrounding the indicated time points after Gly/0 Mg manipulation. Frequencies are normalized to t=0, the time interval immediately before magnesium depletion (n=6 experiments representing 207 insertion events). The triangles and dotted line represent the same analysis conducted on cultures to which 50  $\mu$ m APV was added 10 min before t=0 (n=4 experiments representing 147 insertion events; error bars represent SEM; \*p<0.05). *G*, Analysis of SEP-AMPAR insertion event peak fluorescence intensity in a representative field before (pre) and after Gly/0 Mg manipulation.

Time (min)



**Figure 3.** Estimation of the number of SEP-AMPARs delivered to the plasma membrane by individual exocytic events. **A**, Sequential 300 ms exposures from a representative field of surface-adsorbed EGFP imaged by TIR-FM, showing single-step photobleaching characteristic of individual molecules in the field. **B**, Binned and background-subtracted intensity measurements of single EGFP molecules, compiled over multiple examples (n=442) and normalized to 100 ms integration time (as described in Materials and Methods), yielded a mean single-molecule fluorescence intensity of 328 arbitrary units. The inset displays an example of an individual intensity trace showing single-step photobleaching. **C**, Binned and background-subtracted intensity measurements of SEP-AMPAR fluorescence intensities measured under the same conditions from 36 discrete exocytic events. The inset shows a representative intensity trace of a single event included in the distribution. The mean value of this distribution (1.69  $\times$  10 4 arbitrary fluorescence units) yielded an estimate of  $\sim$ 51 labeled subunits inserted per exocytic event.

number of SEP-AMPARs inserted from a single exocytic event was comparable with, or moderately in excess of, the number of receptors observed at steady state on spines.

## Exocytic insertion of SEP-AMPARs occurs throughout the dendritic shaft but outside of synapses

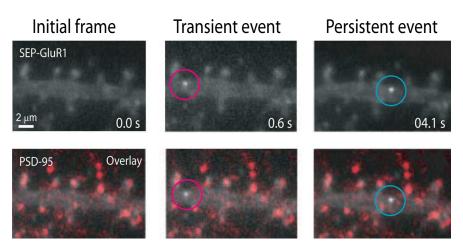
Transient and persistent SEP-AMPAR insertion events were visualized throughout the length of the dendrite, from proximal to far distal portions, and often in regions of the dendrite projecting multiple spines (supplemental movie 4, available at www. jneurosci.org as supplemental material). Remarkably, however, all SEP-AMPAR insertion events observed in dendrites occurred outside of recognizable spines. This was true even in neurons previously photobleached, a manipulation used to reduce steady-state surface fluorescence and thereby increase detection sensitivity for exocytic events (see Materials and Methods). We were surprised by this observation because imaging studies were routinely conducted on mature cultures (DIV 15-20), in which synaptic spines are abundant and clearly visible in wide-field images (Craig et al., 1993; Eshhar et al., 1993; Rao et al., 1998). Nevertheless, it is conceivable that we could underestimate synaptic insertion by overlooking morphologically "stubby" spines (Ashby et al., 2006) or shaft synapses that are also present in these cultures (Bekkers and Stevens, 1989). To further investigate this issue, we examined the location of exocytic events relative to the postsynaptic density marker PSD-95, which is a reliable marker of both spine and shaft synapses (Kennedy, 1997; Kennedy and Ehlers, 2006). Because overexpression of PSD-95 can produce multiple effects on neuronal differentiation, dendritic morphology, and synaptic receptor localization (Bredt and Nicoll, 2003), we performed post hoc staining to detect endogenous PSD-95 in specimens after collecting live imaging data. This analysis confirmed that both transient and persistent SEP-AMPAR exocytic events occurred in the dendritic shaft clearly outside of, although often in close proximity to, postsynaptic sites marked by endogenous PSD-95 (Fig. 4; supplemental movie 5, available at www.jneurosci.org as supplemental material).

## Transient insertion events selectively promote lateral AMPAR delivery to nearby synapses

The localization of all observed exocytic insertion events outside of synapses raised the question of whether these events contribute AMPARs to the surface of synaptic

spines. To address this, we used rapid imaging to examine the dissipation of SEP-AMPARs from exocytic events occurring on the dendritic shaft. Transient events, apparently as a consequence of rapid lateral dispersion of inserted SEP-AMPARs, typically produced a visually apparent region of increased surface receptor fluorescence extending along the shaft from the site of exocytosis for a distance of several micrometers (typically 2-5 µm) before dissipating to the basal level of surface concentration present in the surrounding plasma membrane (Fig. 5A,B). In some examples, this lateral spreading extended onto adjoining spines (an example is shown in Fig. 5C). Persistent insertion events, presumably because of their much slower dissipation, produced a less pronounced increase in locally spreading surface SEP-AMPAR fluorescence, despite having similar surface brightness on initial appearance (for example, this can be appreciated visually in supplemental movie 5, available at www.jneurosci.org as supplemental material). Accordingly, across multiple (n = 12) experiments in which hundreds of exocytic events were analyzed, persistent events were not found to visibly increase the surface fluorescence intensity of nearby spines.

Lateral spread of inserted SEP-AMPARs from transient events markedly increased surface fluorescence on neighboring spines in some but not all examples, and apparent differences in surface delivery were noted even among individual spines located within the visible region of lateral spread. An example is shown in Figure 5D, in which a transient exocytic event (circled in red) produced a region of increased surface AMPAR fluorescence extending through the dendritic shaft (circled in orange) but visibly onto only one of two spines located nearby (circled in green and blue). Quantification of fluorescence intensity changes over time confirmed this lateral movement of inserted receptors selectively onto one of the nearby spines (Fig. 5E). On average,  $\sim$ 25% of transient exocytic events visualized in the dendritic shaft produced a detectable increase in surface fluorescence on a spine located clearly within the "space constant" of lateral spread. The remainder of exocytic events analyzed dispersed through the shaft "nonproductively" (i.e., without producing a detectable increase in surface AMPAR fluorescence on any nearby spine) (Fig. 5F). Even among transient events promoting clearly visible lateral delivery of SEP-AMPARs to a spine, a significant fraction of the increased SEP-



**Figure 4.** Localization of SEP-AMPAR exocytic events relative to the postsynaptic density. Wide-field image of SEP-AMPAR fluorescence (white) imaged in a region of a dendrite of a living pyramidal neuron in dissociated culture (top panels), and the same image overlaid with the localization of endogenous PSD-95 (displayed in red) determined by *post hoc* immunolabeling of neurons after chemical fixation (bottom panels). Selected 100 ms frames are displayed from a sequential image series, showing the initial image of the dendritic region (left), a transient exocytic event (middle), and a persistent exocytic event (right). The scale bar is in the bottom left, and the time stamp (in seconds) is in the bottom right. The entire kinetic series is included as supplemental movie 5 (available at www.jneurosci.org as supplemental material).

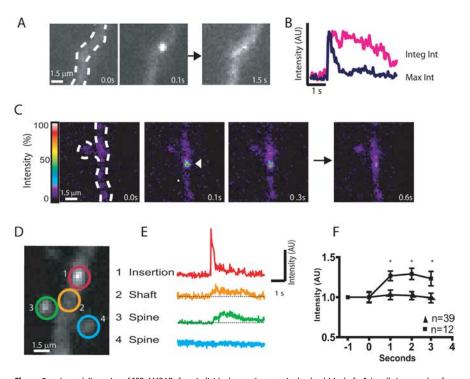


Figure 5. Lateral dispersion of SEP-AMPARs from individual exocytic events in the dendritic shaft. A, Locally increased surface fluorescence produced by dispersion of inserted SEP-AMPARs in the dendritic shaft. B, Time course of maximal and integrated surface SEP-AMPAR fluorescence intensity from the dendritic field shown. Maximal intensity refers to the maximum pixel value in the field at the indicated time; integrated intensity refers to the fluorescence intensity summed over all pixels in the field shown. C, Sequential 100 ms image series showing dispersion of inserted SEP-AMPARs on the dendritic shaft and spread onto the surface of a nearby spine. Background-subtracted fluorescence intensities are displayed using the color scale indicated in the left panel.  $m{D}_i$ Example of a single SEP-AMPAR insertion event (red circle) occurring in the local neighborhood of two opposing spines located  $near the site of insertion (green and blue circles). \textit{\textbf{E}}, Maximum intensity values over time of surface SEP-AMPAR fluorescence in the$ regions indicated in C. F., Quantification of SEP-AMPAR fluorescence imaged on randomly selected spines after an individual insertion event occurring < 5  $\mu$ m away on the dendritic shaft, where lateral spread of inserted SEP-AMPARs on the shaft domain immediately adjoining the spine was clearly evident. Data were collected from 51 separate insertion events occurring on different dendrites and in multiple neurons (n = 5), and binned according to whether (squares) or not (triangles) a detectable increase in surface SEP-AMPAR fluorescence was observed on the spine. Points represent mean change in maximum SEP-AMPAR intensity on the spine, averaged over the indicated 1 s intervals, relative to that measured on the spine 1 s before the initial appearance of the local SEP-AMPAR insertion event (t=0 corresponds to the time at which the SEP-AMPAR insertion event was first detected; \*p<0.05). Error bars represent SEM.

AMPAR fluorescence appeared to exit the spine within several seconds after arrival (e.g., note that the increased SEP-AMPAR fluorescence evident in line 3 of Fig. 5E returned nearly to baseline within several seconds). From the height of the residual "plateau" of SEP-AMPAR fluorescence intensity after this rapid decay phase, we estimated that ≤10% of SEP-AMPAR fluorescence delivered to a spine from a local exocytic event typically remained associated with the spine for a prolonged time period. Importantly, such rapid increases in SEP-AMPAR fluorescence on spines were observed only in the presence of an immediately preceding exocytic event located nearby. These results indicate that transient exocytic events are indeed capable of promoting local delivery of surface SEP-AMPARs to synaptic spines, but that synaptic delivery does not occur uniformly to all neighboring spines. Furthermore, the data suggest that local delivery by this mechanism occurs primarily to the mobile fraction of synaptic AMPARs (Triller and Choquet, 2005; Ashby et al., 2006; Sharma et al., 2006).

#### Discussion

To our knowledge, the present results are the first to directly visualize discrete membrane trafficking events mediating surface delivery of AMPARs. Our results unambiguously resolve both constitutive and regulated (NMDA receptor-dependent) components of exocytic insertion of GluR1-containing AMPARs in both hippocampal slice and dissociated culture preparations. Discrete insertion events were observed under basal conditions, and were substantially increased in frequency by two chemical stimuli that produce a net increase in surface AMPAR expression at steady state. Furthermore, our results reveal the existence of kinetically distinct exocytic modes mediating both constitutive and activity-dependent surface delivery of AMPARs.

Previous studies have concluded variously that surface insertion occurs in the dendritic shaft, exclusively in the cell body, or directly into spines. They also differ on whether surface AMPAR insertion was proposed to occur in a regulated manner or constitutively (Passafaro et al., 2001; Ju et al., 2004; Sekine-Aizawa and Huganir, 2004; Adesnik et al., 2005; Gerges et al., 2006; Kopec et al., 2006). Such divergent conclusions are understandable given the previous inability to observe discrete AMPAR insertion events as they occur, and considering that the distribution of surface AMPARs can be rapidly modified by lateral movement (Triller and Choquet, 2005) or endocytosis (Malinow and Malenka, 2002). The present results, by directly resolving individual AMPAR insertion events in real time, show clearly that exocytic insertion of AMPARs occurs both in the cell body and throughout the full length of the dendritic shaft. Furthermore, in both compartments, our data identify constitutive and regulated components of exocytic insertion. The proportion of persistent exocytic events observed in dendrites was higher than that observed on the cell body. Nevertheless, estimates of absolute event frequency suggest that exocytic events occurring in both membrane domains make a significant contribution to net surface insertion of AMPARs. So far, we have not observed "hot spots" of repeated SEP-AMPAR insertion in either the cell body or in dendrites. Given that our rapid image series are limited for practical reasons to 1 min in length, however, we cannot rule out the existence of such regions of increased exocytic probability if repeated events occur > 1 min apart.

We were surprised to note that, in multiple experiments in which hundreds of discrete exocytic events were visualized, exocytic insertion of AMPARs directly into spines was never observed. We cannot presently exclude the existence of such a direct exocytic route for synaptic AMPAR delivery, as suggested in an elegant recent study in which mutational inhibition of exocytic fusion produced an accumulation of intracellular AMPARs in spines at steady state (Gerges et al., 2006). Direct exocytic insertion to the spine could be missed by our methods if these events have relatively low surface fluorescence intensity. Nevertheless, considering the remarkably high peak surface fluorescence of the many exocytic events that our methods did resolve (and that all of these events occurred clearly outside of synaptic spines and postsynaptic sites marked by PSD-95), the present data argue strongly that a major pathway mediating both constitutive and regulated surface insertion of AMPARs is via exocytosis of AMPAR-containing vesicles occurring extrasynaptically in the dendritic shaft.

Given that many discrete exocytic events mediating surface AMPAR insertion were observed outside of synapses, how are receptors subsequently delivered to synaptic spines? One possibility is that surface delivery to spines occurs by lateral partitioning from a diffuse extrasynaptic receptor pool supported by longrange lateral diffusion (Groc et al., 2004; Adesnik et al., 2005; Cognet et al., 2006; Ehlers et al., 2007). Our results do not exclude this possibility, and, in fact, the occurrence of SEP-AMPAR exocytic events in the cell body is fully consistent with this hypothesis. Furthermore, we believe that the persistent exocytic events observed in the dendritic shaft, which dispersed slowly without producing a large increase in surrounding surface receptor fluorescence, likely deliver inserted AMPARs predominantly to the extrasynaptic pool. The present results also resolved a transient mode of exocytic insertion, however, which was clearly capable of producing increased surface receptor fluorescence on nearby spines. Thus, it is likely that transient exocytic events, in addition to contributing to the diffuse extrasynaptic receptor pool, can drive surface delivery of AMPARs preferentially to nearby spines. Accordingly, the existence of kinetically distinct exocytic modes suggests a simple principle by which exocytic events occurring in the dendritic shaft could permit local delivery of AMPARs to synapses (transient events) or effectively restrict delivery to a diffuse extrasynaptic pool (persistent events). The present study focused specifically on GluR1-containing AMPARs, whose rapid delivery to the plasma membrane is most firmly established to play a critical role in initiating synaptic potentiation under physiological conditions (Malinow and Malenka, 2002; Kopec et al., 2006). It will be interesting in future studies to determine whether transient and persistent exocytic events are mechanistically distinct, and to extend the analysis of discrete exocytic events to the surface delivery of other AMPARs, such as GluR2/3 heteromers thought to differ in exocytic trafficking properties (Passafaro et al., 2001; Triller and Choquet, 2005; Ashby et al., 2006). It will also be important to investigate whether local exocytic insertion driving lateral entry of AMPARs to synaptic spines functions separately from, or in concert with, synaptic stabilization of AM-PARs mediated by spine-associated scaffold interactions (Schnell et al., 2002; Bats et al., 2007; Ehlers et al., 2007).

Dynamic AMPAR delivery to spines via lateral spread from transient insertion events, although less efficient when compared with direct insertion of receptors to the postsynaptic density, offers several potential physiological advantages. First, considering that pyramidal neurons can elaborate well over a thousand spines, regulated exocytosis in the shaft (in a local "neighborhood" of spines) could facilitate local delivery of AMPARs via intracellular trafficking machinery that may be shared by multiple synapses (Cooney et al., 2002). Second, because the duration of locally increased surface AMPAR concentration produced by

transient insertion events is on a similar order as the mean estimated time for diffusive receptor entry through the spine neck (Holcman and Triller, 2006), local surface spreading as observed in the present study could optimally exploit the heterogeneous diffusion properties of neighboring spines (Ashby et al., 2006; Sharma et al., 2006) to promote synapse-specific delivery. Such kinetic control of surface delivery is likely to be particularly important for targeting the mobile fraction of AMPARs, which comprise a substantial fraction (~50%) of surface AMPARs present on spines at steady state (Triller and Choquet, 2005; Ashby et al., 2006; Sharma et al., 2006) and are not stably retained by scaffold protein interactions affecting the fixed pool of surface AMPARs (Groc et al., 2004; Gray et al., 2006; Bats et al., 2007; Ehlers et al., 2007; Ehrlich et al., 2007). Third, the incremental effect of individual exocytic events on increasing net surface AM-PAR expression (Fig. 4E,F) suggests a simple "averaging" principle to reduce the stochastic noise in surface AMPAR insertion inherent to the regulation of individual exocytic events (Franks et al., 2003), potentially enhancing the reliability and precision of surface AMPAR delivery to individual synapses.

In conclusion, the present results provide unprecedented insight to the elemental basis of surface AMPAR delivery, and do so in a physiologically relevant population of excitatory neurons. Our data indicate that exocytic events occurring in both the cell body and dendritic shaft mediate constitutive and regulated surface insertion of GluR1-containing AMPARs, identify the frequency of discrete exocytic events as a major control point for NMDA receptor-dependent regulation of AMPAR delivery, and provide the first evidence for the existence of kinetically distinct exocytic modes that differ in propensity to drive local entry of AMPARs to postsynaptic sites. We propose that these events contribute specifically to the cell biology of activity-dependent synaptic plasticity, and may play a fundamental role in other processes of neural signaling and membrane remodeling as well.

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