

Down-Regulation of Myogenin Can Reverse Terminal Muscle Cell Differentiation

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Abstract

Certain higher vertebrates developed the ability to reverse muscle cell differentiation (dedifferentiation) as an additional mechanism to regenerate muscle. Mammals, on the other hand, show limited ability to reverse muscle cell differentiation. Myogenic Regulatory Factors (MRFs), MyoD, myogenin, Myf5 and Myf6 are basic-helix-loop-helix (bHLH) transcription factors essential towards the regulation of myogenesis. Our current interest is to investigate whether down-regulation of MRFs in terminally differentiated mouse myotubes can induce reversal of muscle cell differentiation. Results from this work showed that reduction of myogenin levels in terminally differentiated mouse myotubes can reverse their differentiation state. Down-regulation of myogenin in terminally differentiated mouse myotubes induces cellular cleavage into mononucleated cells and cell cycle re-entry, as shown by re-initiation of DNA synthesis and increased cyclin D1 and cyclin E2 levels. Finally, we provide evidence that down-regulation of myogenin causes cell cycle re-entry (via down-regulation of MyoD) and cellularisation through separate pathways. These data reveal the important role of myogenin in maintaining terminal muscle cell differentiation and point to a novel mechanism by which muscle cells could be re-activated through its down-regulation.

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Introduction

Vertebrates like zebrafish and salamanders can display unique regenerative abilities through dedifferentiation or differentiation of precursor cells [1]. After injury, these vertebrates are able to induce reversal of the differentiation state, which leads to a series of events that aim to generate proliferating regenerative progenitor cells with the ability to restore in a precise way the lost tissue [1,2,3]. In addition, recent studies showed that terminally differentiated mammalian muscle cells are capable to reverse their differentiation state. The course of myogenesis is a well characterized example of terminal differentiation. Myoblasts are capable of proliferation and upon demand to form skeletal muscle, they exit the cell cycle and through the activation of muscle-specific transcription factors they fuse into multinucleated terminally differentiated myotubes [4,5]. Some research groups have attempted to induce dedifferentiation of muscle cells by exogenous genes or chemicals. Mouse C2C12 myotubes treated with limb regeneration extracts were able to induce myotubes to reenter the cell cycle, exhibited reduced levels of muscle differentiation proteins and cleaved to produce smaller myotubes or proliferating mononucleated cells [6]. In another study, combination of growth medium and ectopic *msx1* expression caused the reduction of muscle-specific proteins and the cleavage of these myotubes into proliferating mononucleated cells that were able to redifferentiate into muscle or trans-differentiate into

various cell types [7]. In a similar way, overexpression of Twist, a nuclear basic helix-loop-helix (bHLH) transcription factor known to inhibit muscle cell differentiation, in terminally differentiated myotubes caused their cleavage to mononucleated cells and re-entry to the cell cycle [8]. Moreover, microinjection of Barx2 cDNA into immature myotubes derived from primary cells led to cleavage and formation of mononucleated cells that were able to proliferate [9]. Using a chemical approach, terminal differentiated myotubes were incubated with a triazine compound. Myotubes were cellularized into smaller myotubes or mononucleated cells, which were able to survive and divide [10]. Similarly, myoseverin a trisubstituted purine was shown to induce reversible fission of multinucleated myotubes into mononucleated cells, which were able to enter the cell cycle [11]. Recently, mammalian skeletal muscle cells were induced to dedifferentiate into proliferating mononuclear cells, after treatment with myoseverin and temporary p21 suppression. These cells were further induced to act as multipotent stromal cells by further treatment with the small molecule, reversine (2-(4-morpholinoanilino)-6-cyclohexylaminopurine) and simple chemical modifications of the culture media [12]. When cell cycle inhibitors, p21 and p27 were depleted from terminal differentiated mouse myotubes, incomplete DNA replication and apoptosis was observed. In contrast, when p21 and p27 were depleted from quiescent, non-terminal differentiated fibroblasts and muscle cells, DNA replication was fully recovered and apoptosis was no longer observed. These cells were able to

proliferate in the absence of growth factors [13]. Recently, evidence for natural dedifferentiation of muscle cells, following injury was reported by using a Cre/Lox- β -galactosidase system [14,15].

Myogenic regulatory factors (MRFs), myogenin, MyoD, MRF4 (Myf6) and Myf5 are basic-helix-loop-helix (bHLH) transcription factors that regulate myogenesis [16,17,18,19,20,21,22]. MyoD is absent during G0 phase of the cell cycle, but is highly expressed during mid-G1 phase and between S to M phase. Myf5 is highly expressed during G0 and decreases during G1 phase [23]. MyoD was found to promote cell cycle arrest by inducing cyclin-dependent kinase (CDK) inhibitor p21 [24,25], cyclin D3 [26] and retinoblastoma (Rb) tumor suppression protein [27,28], all of which have important functions towards cell cycle withdrawal. Interestingly, overexpression of MyoD is able to promote myoblasts to differentiate, while by overexpression of Myf5 fail to differentiate [23]. MyoD is also expressed in myotubes and collaborates with myogenin to regulate the expression of genes necessary for terminal differentiation [29].

Myogenin and Myf6 are expressed upon the differentiation of myoblasts to multinucleated myotubes [22,30,31,32]. Myogenin is essential during differentiation. Mice lacking the myogenin gene die at birth due to severe skeletal muscle deficiency, as myoblasts are unable to fuse into multinucleated myofibers [33]. Furthermore, MyoD and Myf5 are unable to substitute myogenin's functions during differentiation [34]. Mice lacking the myogenin gene express normal levels of MyoD and Myf5 [33].

Here we show that down-regulation of endogenous myogenin gene expression in terminally differentiated mouse muscle cells causes cleavage of myotubes into mononucleated cells and entry to the cell cycle through down-regulation of MyoD, in two different pathways. These results reveal yet another important role for myogenin which is to prevent reversal of muscle cell differentiation.

Results

Reduction of terminally differentiated myotubes after down-regulation of endogenous myogenin expression

As a first step to determine whether MRFs are needed to maintain terminal muscle cell differentiation, terminally differentiated cells were transfected with individual siRNAs, specific for each of the four MRFs (MyoD, Myf5, myogenin, Myf6). C2C12 cells, which are suitable for *in vitro* differentiation were grown to confluency and induced to become multinucleated myotubes, prior to transfections. Following transfections, RNA analysis revealed the expected and specific reduction of mRNA of all MRFs (fig. 1A).

Transfections with individual siRNAs for each of the four MRFs was repeated and left for four days in growth medium in order to determine whether down-regulation of MRFs could have any effect on myotubes. Those cultures which expressed reduced endogenous myogenin had significantly less myotubes (fig. 1B). SiRNA-Myogenin transfected myotubes exhibited a significantly reduced number of myosin heavy chain (MHC) stained myotubes, a terminally differentiation marker, compared to cells, which expressed reduced endogenous levels of MyoD, Myf5 and Myf6 (fig. 1B). Fusion Index (FI), a way to measure muscle cell differentiation was also found to be significantly lower (12%) in cells transfected with myogenin siRNA, compared to cells transfected with MyoD (89%), Myf6 (75%), Myf5 (73%) siRNA, negative siRNA (97%) and untransfected myotubes (100%) (fig. 1C).

Down-regulation of myogenin in terminally differentiated muscle cells induces myotube cleavage into active mononucleated product cells

As a result of the large reduction in myotubes, due to down-regulation of endogenous myogenin, experiments were carried out to investigate in more detail the mechanism by which this occurs. The first experiments aimed at looking at the morphological changes which occur in myotubes, following myogenin siRNA transfections. After differentiation of myoblasts into multinucleated myotubes, cells were transfected with myogenin siRNA. Myotubes transfected with myogenin siRNA cleaved into mononucleated cells almost 70 h after transfection, as seen by time-lapse microscopy (fig. 2).

This finding indicates that the induced reduction of myogenin endogenous levels in differentiated multinucleated myotubes initiates a cellular mechanism, which results in the cleavage of these cells into mononucleated product cells. Furthermore, product cells obtained from the cleavage of multinucleated myotubes expressed significantly reduced myogenin levels compared to uncleaved myotubes which express normal myogenin levels (fig. 3).

In order to investigate whether product cells, which arise from the down-regulation of endogenous myogenin gene expression, can reenter cell cycle, cells were stained with 5-ethynyl-2'-deoxyuridine (EdU). Cells which derived from the cleavage of myotubes incorporated high levels of EdU (fig. 4), indicating that these cells have active DNA replication.

Down-regulation of myogenin in terminally differentiated myotubes reactivates cell cycle through MyoD

Down-regulation of myogenin caused cleavage of terminally differentiated myotubes into mononucleated product cells, which can reenter into the cell cycle. As a next step, a series of molecular experiments was carried out to reveal changes of important molecules which are implicated in cell cycle activation and differentiation of muscle cells. MyoD levels were lower in cells transfected with myogenin siRNA than control cells, indicating that down-regulation of myogenin may cause the endogenous down-regulation of MyoD (fig. 5A, B). Similarly, Myf6 levels were lower compared to control cells (fig. 5A, B). Interestingly, down-regulation of endogenous myogenin levels caused an increase in Myf5 levels, which may be due to a compensatory effect of the MyoD decrease (fig. 5A, B). Several previous reports showed that MyoD and Myf5 might compensate for each other [35]. Down-regulation of myogenin caused also the induction of cyclins D1 and E2 which are both involved in the G1-S transition of the cell cycle (fig. 5A, B) [36].

SiRNA-mediated down-regulation of MyoD in terminally differentiated myotubes, on the other hand caused similar molecular changes, as those seen in cells transfected with myogenin siRNA. More specifically, reduction of endogenous MyoD levels in terminally differentiated cells resulted in increases of Myf5 (probably to compensate for MyoD reduction), cyclin D1 and E2 levels (fig. 5A, B).

Apart from the increase in MyoD levels, which was caused by the down-regulation of endogenous Myf5, both Myf5 and Myf6 siRNAs had no molecular effects on molecules which are implicated in muscle cell differentiation and the cell cycle.

These molecular results show that down-regulation of myogenin gene expression of terminally differentiated cells alters gene expression which is involved both in muscle cell differentiation and the cell cycle. The decrease in MyoD and the subsequent

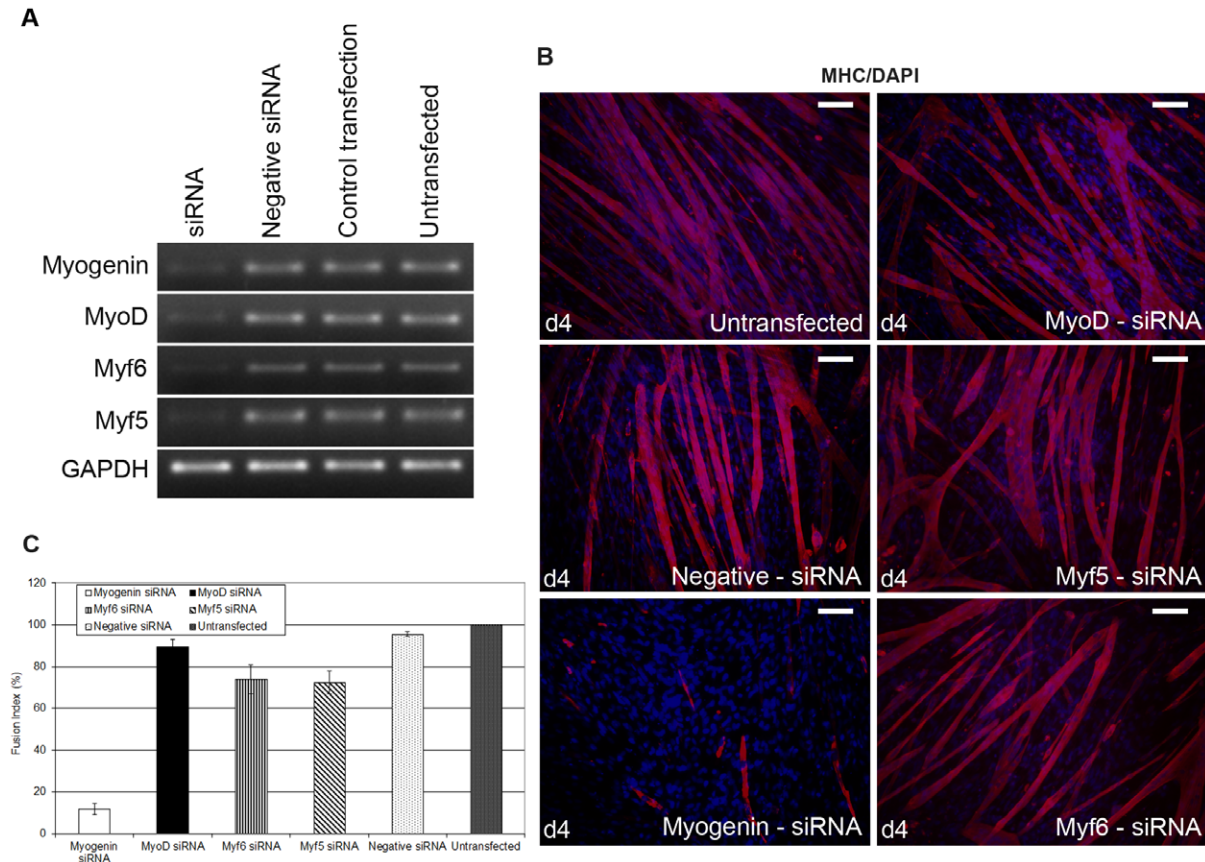


Figure 1. siRNA-mediated down-regulation of myogenin causes reduction of terminally differentiated myotubes. (A) Following differentiation into myotubes, cells were transfected with myogenin, MyoD, Myf6 and Myf5 siRNAs and controls (d0). Growth medium was added to cells two days later (d2) and left for two more days (d4). RNA analysis revealed a substantial reduction at the RNA levels of myogenin, MyoD, Myf6 and Myf5, compared to controls (negative siRNA and control transfection) and untransfected C2C12 cells. GAPDH was used as an internal control. (B) MHC immunostaining revealed a substantial reduction of myotubes in cells transfected with myogenin siRNA compared to cells transfected with MyoD, Myf6, Myf5 and control cells (Scale, 200 μ m). (C) Fusion Index (FI) was calculated from cells transfected with each siRNA and immunostained with MHC. Fusion Index (FI) was defined as the number of nuclei present in myotubes in comparison over the total number of nuclei present in the observed field. Data was selected from 10 different and randomly chosen microscopic fields. Cells transfected with myogenin siRNA showed significantly lower FI (12%), compared to cells transfected with MyoD (89%), Myf6 (75%), Myf5 (73%), negative siRNA (97%), and untransfected cells set to 100. doi:10.1371/journal.pone.0029896.g001

increases in cyclins D1 and E2 justify the reversal of muscle cell differentiation, as seen by the cleavage of myotubes and the creation of active mononucleated cells. The results also indicate that down-regulation of myogenin leads cells to the cell cycle, probably through the down-regulation of MyoD.

Cleavage of myotubes and cell cycle reactivation have different pathways

Results so far showed that down-regulation of endogenous myogenin levels caused the cleavage of myotubes into mononucleated cells and lead cells into the cell cycle, probably through down-regulation of MyoD.

In order to determine the way by which reduction of myogenin drives cells to cleavage and cell cycle, terminally differentiated myotubes were transfected with myogenin siRNA in the presence of an adenovirus, expressing MyoD (AdMyoD). The aim was to prevent cell cycle reactivation by preventing MyoD levels from being reduced through myogenin down-regulation. Overexpression of MyoD and down-regulation of endogenous myogenin levels did not stop myotubes cleavage and cellularisation (fig. 6A, B). No differences in their ability to change morphologically into mononucleated cells were seen

compared to myotubes transfected only with myogenin siRNA (fig. 6A).

In order to characterize molecularly the effect of overexpression of MyoD in parallel with the down-regulation of myogenin, RNA analysis was carried out for molecules which are implicated in muscle cell differentiation and the cell cycle. Cells transfected with AdMyoD and myogenin siRNA had reduced endogenous myogenin RNA and protein levels and increased MyoD levels, similar to those detected in control transfected cells (fig. 7A, B). As a result of the repaired MyoD levels, no induction was observed in cyclin D1 and E2 levels (fig. 7A, B). Overexpression of MyoD successfully prevented cyclins from being induced from resting levels. This result, in combination with the cellularisation seen in cells transfected with AdMyoD and myogenin siRNA indicate that down-regulation of myogenin can cause cell cycle reentry and cleavage of myotubes into mononucleated cells possibly through two different pathways (fig. 8). Overexpression of MyoD only was also carried out in myotubes and showed increase in both MyoD and myogenin endogenous levels (fig. 7A, B). It is well possible that in the terminal differentiated state of myotubes, overexpression of MyoD induces myogenin expression, as it has been shown by others [37]. This does not happen in cells transfected also with

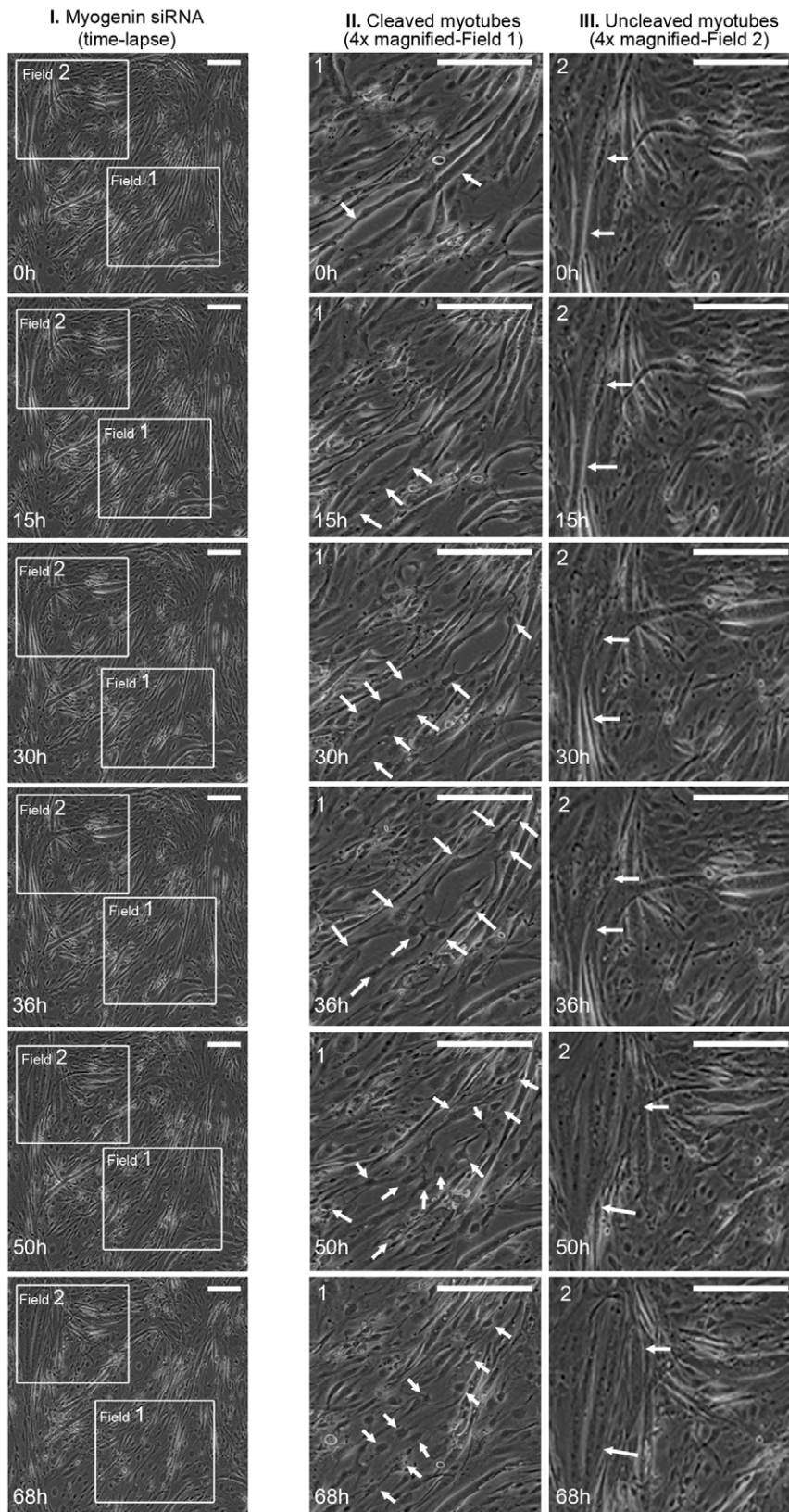


Figure 2. Myogenin siRNA transfection in terminally differentiated myotubes causes their cleavage into active mononucleated cells. Following myotube differentiation, cells were transfected with myogenin siRNA. Growth medium was then added to the cells and placed for time lapse microscopy. (I) (0 h), myotubes just after myogenin siRNA transfection. (0 h–68 h), uncleaved myotube (field 2) and cleaved myotubes (field 1) after myogenin siRNA transfection (Scale, 250 μ m). (II) Myotube in field 1 in higher magnification from 0 h–68 h displayed significant

morphological changes and cleavage. During 15 h–30 h, myotubes began to morphologically change (arrows indicate the movement of the nuclei and the areas of possible cleavage). During 36 h–68 h, myotubes were completely cleaved into mononucleated cells (arrows indicate cleaved cells) (Scale, 200 μ m). (III) Myotube in field 2 in higher magnification from 0 h–68 h showed no signs of cleavage (Scale, 200 μ m). doi:10.1371/journal.pone.0029896.g002

siRNA myogenin, perhaps because reduction of endogenous levels of myogenin initiates reversal of differentiation first and does not allow induction of its expression by the overexpressed MyoD. Furthermore, cells which originated from the cleavage of myotubes transfected with myogenin siRNA, showed high EdU incorporation: almost all cleaved cells exhibited EdU incorporation (fig. 7C).

Discussion

During this work, an attempt was made to investigate the role of the four MRFs in maintaining terminal differentiation in muscle cells. Down-regulation of myogenin in C2C12 mouse myotubes caused cleavage into mononucleated cells and entry into the cell cycle through down-regulation of MyoD. Results from this study show also that down-regulation of myogenin causes cleavage of myotubes through a mechanism which is independent of the cell cycle reentry.

MRFs and especially myogenin were shown to regulate fusion of myoblasts into multinucleated muscle cells. In myogenin-null mice, very few myoblasts are able to fuse even when these myoblasts are specified and position correctly in order to fuse [38,39]. *In vivo*, targeted mutation in the myogenin gene caused the severe reduction of all skeletal muscle, showing its importance towards skeletal muscle development [33]. The fusion of myoblasts is one of the key steps of muscle cell differentiation. Myogenin, MyoD and Myf5 were shown to express in fusing myoblasts, with each having as targets a distinct subset on muscle specific genes at

the on-set of fusion. Downregulation of these MRFs during fusion period showed that particularly myogenin significantly inhibited the fusion of myoblasts [40]. Our experiments show that down-regulation of myogenin in terminally differentiated myotubes induced cleavage of multinucleated myotubes into mononucleated cells, the opposite of fusion of myoblasts. This is an important finding with respect to the function of myogenin in myoblast fusion. Regarding the reversal of muscle cell differentiation, it is a novel finding that myogenin down-regulation initiates an unknown mechanism which results to the fragmentation of myotubes into mononucleated cells. It would be very important to identify this pathway in future studies.

MyoD is one of the key transcription factors responsible for the differentiation of muscle cells. One of the main actions of MyoD is the withdrawal of myoblasts from the cell cycle, in order to initiate myogenesis [41]. As a result, MyoD is highly expressed in undifferentiated muscle cells and continues to be active during muscle cell differentiation [42]. Myf6 is highly expressed during the last stages of muscle cell differentiation and is only detectable in mature myofibers [42]. Molecular analysis performed in our study revealed that down-regulation of myogenin in terminally differentiated muscle cells reduced both MyoD and Myf6 levels. This seems to be supported from the fact that down-regulation of myogenin caused the reversal of differentiation. In contrast to these changes, Myf5 was upregulated. This is probably due to the compensation mechanism between MyoD and Myf5 [43]. Mice and muscle cells lacking MyoD are viable and fertile showing significantly

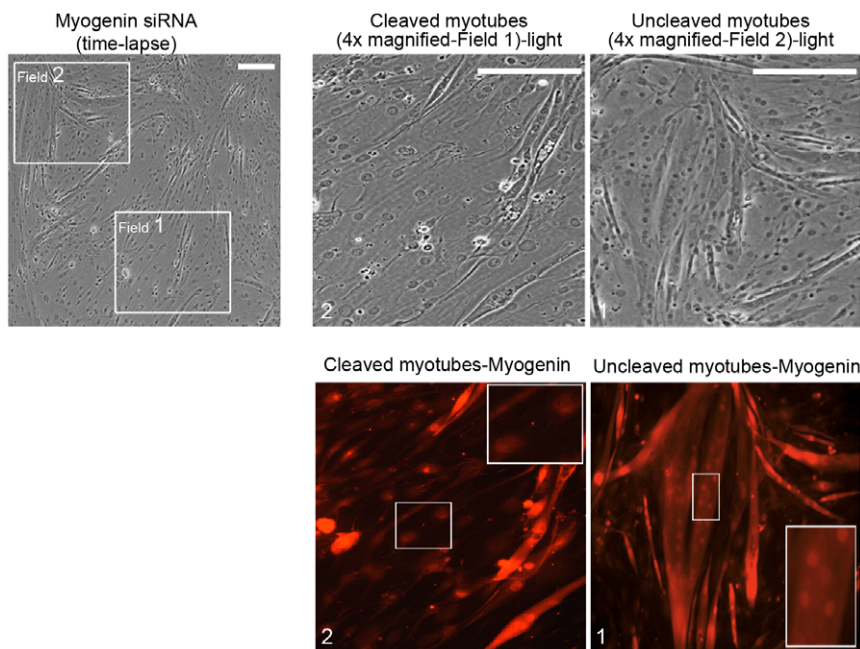


Figure 3. Mononucleated muscle product cells have reduced myogenin levels. Following myogenin siRNA transfection in terminally differentiated myotubes and time lapse microscopy for 68 h (fig. 2), cells were fixed and immunostained with a specific myogenin antibody (Scale, 200 μ m). Magnification of the myotube in field 2 showed normal myogenin expression (cleavage was not detected as observed by time lapse in fig. 2). Magnification of the mononucleated product cells in field 1 (after cleavage of myotubes as observed in fig. 2), showed significantly reduced myogenin expression levels (Scale, 200 μ m). doi:10.1371/journal.pone.0029896.g003

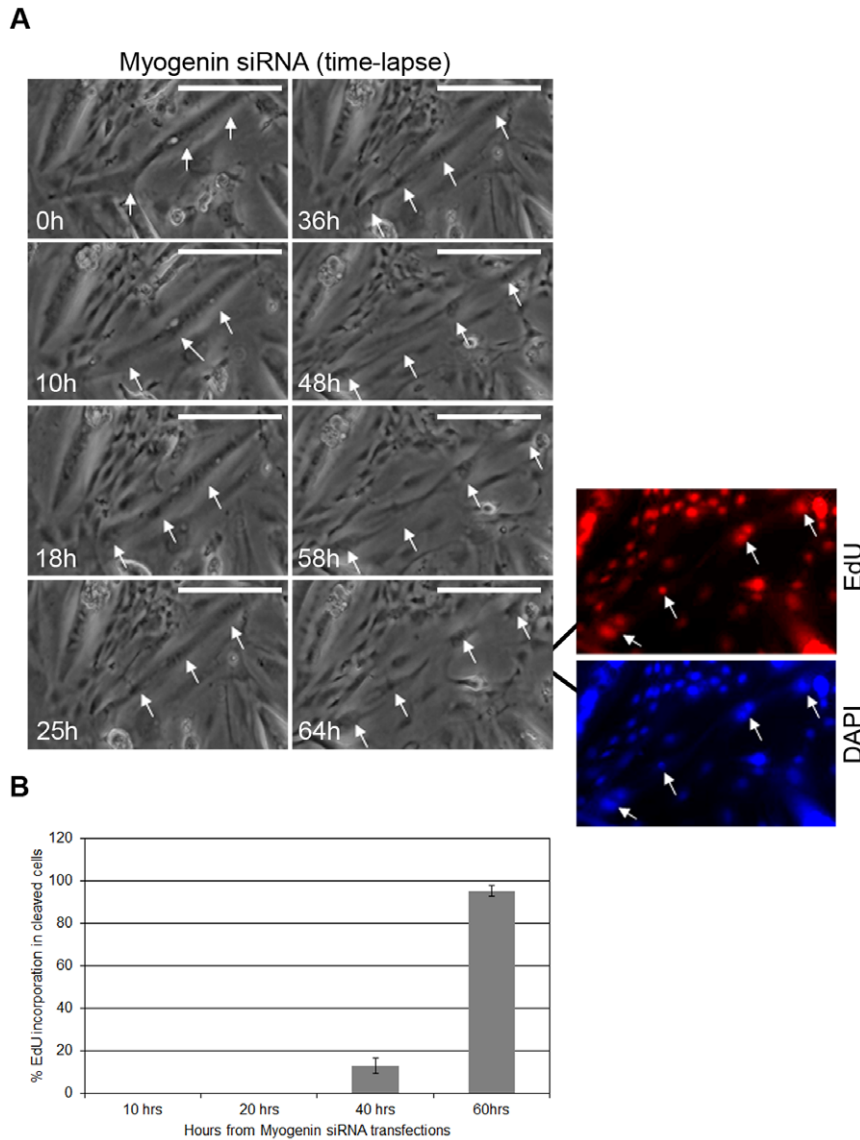


Figure 4. Mononucleated muscle product cells are active in DNA synthesis. (A) Following myotube differentiation, cells were transfected with myogenin siRNA. Growth medium was then added to the cells and placed for time lapse microscopy. 64 h after transfection with myogenin siRNA, myotubes cleaved into mononucleated cells (arrows indicate cleaved cells). Cells were then stained with EdU. Cells which derived from the cleavage of myotubes (indicated by arrows) incorporated high levels of EdU. (B) Following myotube differentiation, cells were transfected with myogenin siRNA. Growth medium was then added to the cells. Following various incubation time points of transfected cells in growth medium, 10, 20, 40 and 60 hours, cells were then stained with EdU. The number of EdU-positive cleaved cells was counted in 5 random microscopic fields for each time point (Scale, 200 μ m).

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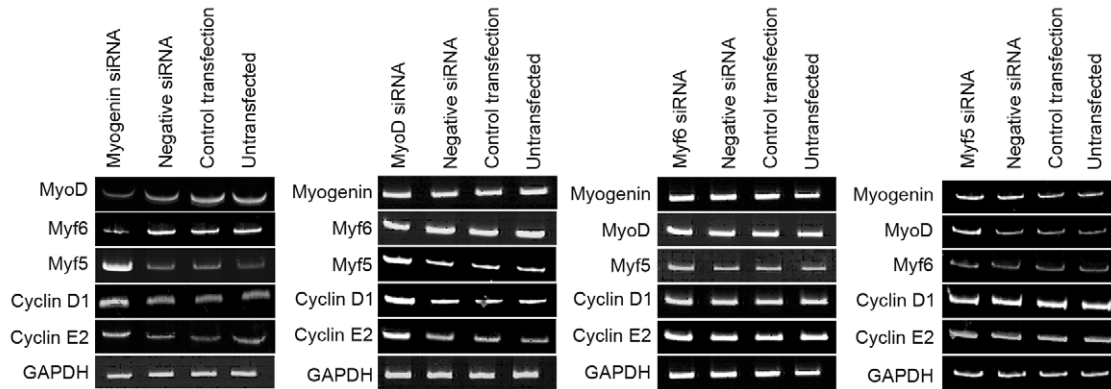
elevated levels of Myf5 [44], while mice lacking both MyoD and Myf5 reveal a complete absence of skeletal muscle [35]. These findings suggest that either Myf5 or MyoD is required for the determination of skeletal myoblasts.

Furthermore, our experiments reveal re-activation of cell cycle as seen by DNA replication through EdU incorporation and the upregulation of cyclin D1 and cyclin E2. These results point to a mechanism whereby down-regulation of myogenin in terminally differentiated muscle cells induces a process of reversal of differentiation. As previously shown, down-regulation of myogenin in myotubes induces the reduction of MyoD levels. By transfecting these myotubes with an adenovirus expressing MyoD, endogenous MyoD levels were brought back to normal. These myotubes were able to cleave but re-entry to the cell cycle was not obtained.

Cyclin D1 and cyclin E2 levels were similar to those expressed by normal differentiated myotubes. These results point to a mechanism whereby myogenin down-regulation is responsible for the cleavage of terminally differentiated myotubes into mononucleated cells in a separate way from the cell cycle re-entry. In support to these findings, mice expressing homozygous mutated myogenin gene show major reduction in skeletal muscle. In contrast, homozygous mutations of Myf5 or MyoD showed no effect on skeletal muscles [33,45]. Moreover, myogenin is required for myoblast fusion and differentiation but not for commitment to the myogenic lineage [34].

Furthermore, cyclin D1 antagonizes the myogenic activity of MyoD [46,47]. Cyclin E2 is highly activated during the G1 to S phase progression, with significant effects on cell cycle activity and

A



B

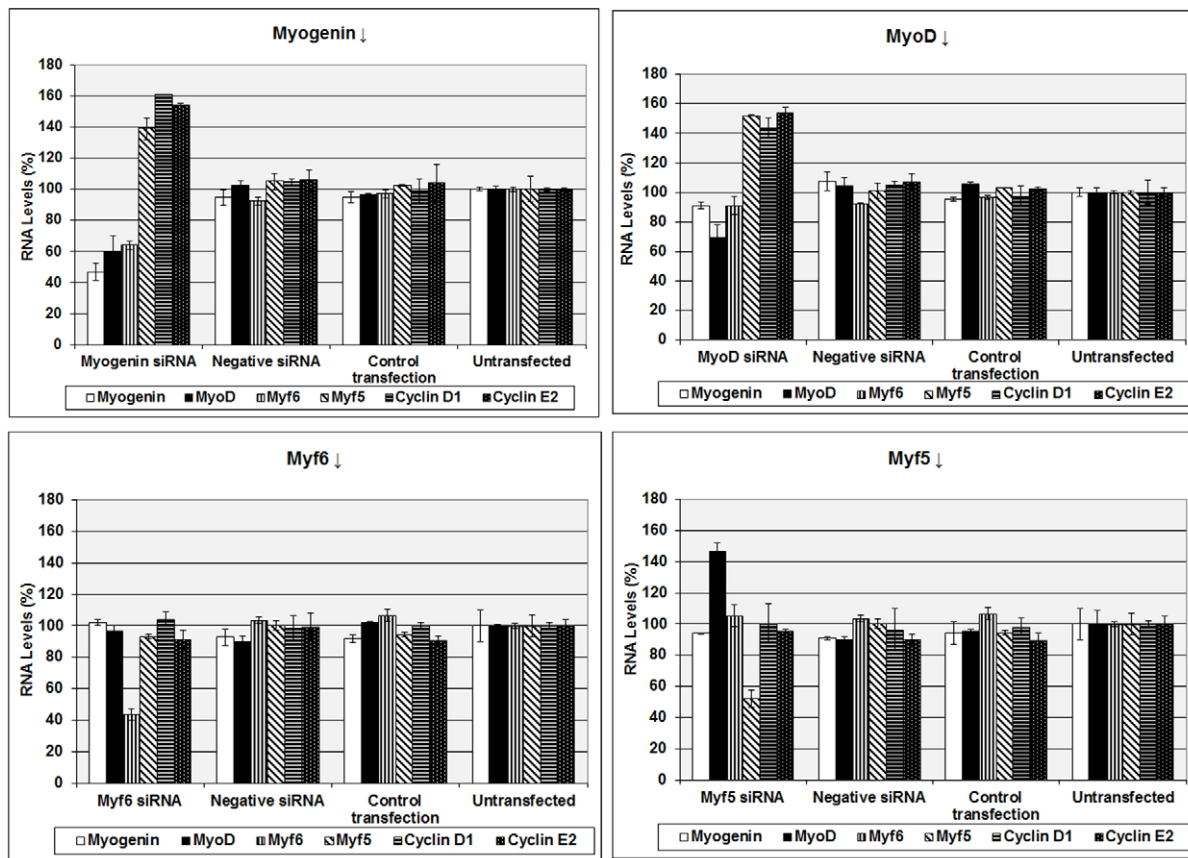


Figure 5. Myogenin and MyoD siRNA transfection in terminally differentiated myotubes reactivates cyclin D1 and cyclin E2. (A) Myoblasts treated with Ara-C and induced to differentiate into multinucleated myotubes were transfected with myogenin, MyoD, Myf6 and Myf5 siRNAs and controls. After transfections, growth medium was added to cells prior to RNA analysis by RT/PCR analysis. Cells transfected with myogenin siRNA revealed reduction at the RNA levels of myogenin, MyoD, Myf6 and increase of cyclinD1, cyclinE2 and Myf5 when compared to controls and untransfected C2C12 cells. Cells transfected with MyoD siRNA revealed reduction of the RNA levels of MyoD and substantial increase of cyclinD1, cyclinE2 and Myf5. Cells transfected with Myf6 siRNA revealed reduction of the RNA levels of Myf6. Cells transfected with Myf5 siRNA revealed reduction of the RNA levels of Myf5 and substantial increase of MyoD. (B) Graphs of the RNA analysis. Values were obtained as ratios of the RNA of interest over GAPDH internal control. doi:10.1371/journal.pone.0029896.g005

DNA replication. This supports our findings, as cyclin E2 and DNA synthesis were found up-regulated. Interestingly, scientific evidence supports the hypothesis that cyclin E2 is in close proximity to cyclin D1. In the absence of cyclin D1, cyclin E2 was found to functionally replace cyclin D1 [48].

Our work with RNA interference has revealed that down-regulation of endogenous myogenin gene expression in muscle cells can lead to reversal of muscle cell differentiation and the creation of mononucleated cells. There is growing evidence from published findings from several groups that it is possible to reverse

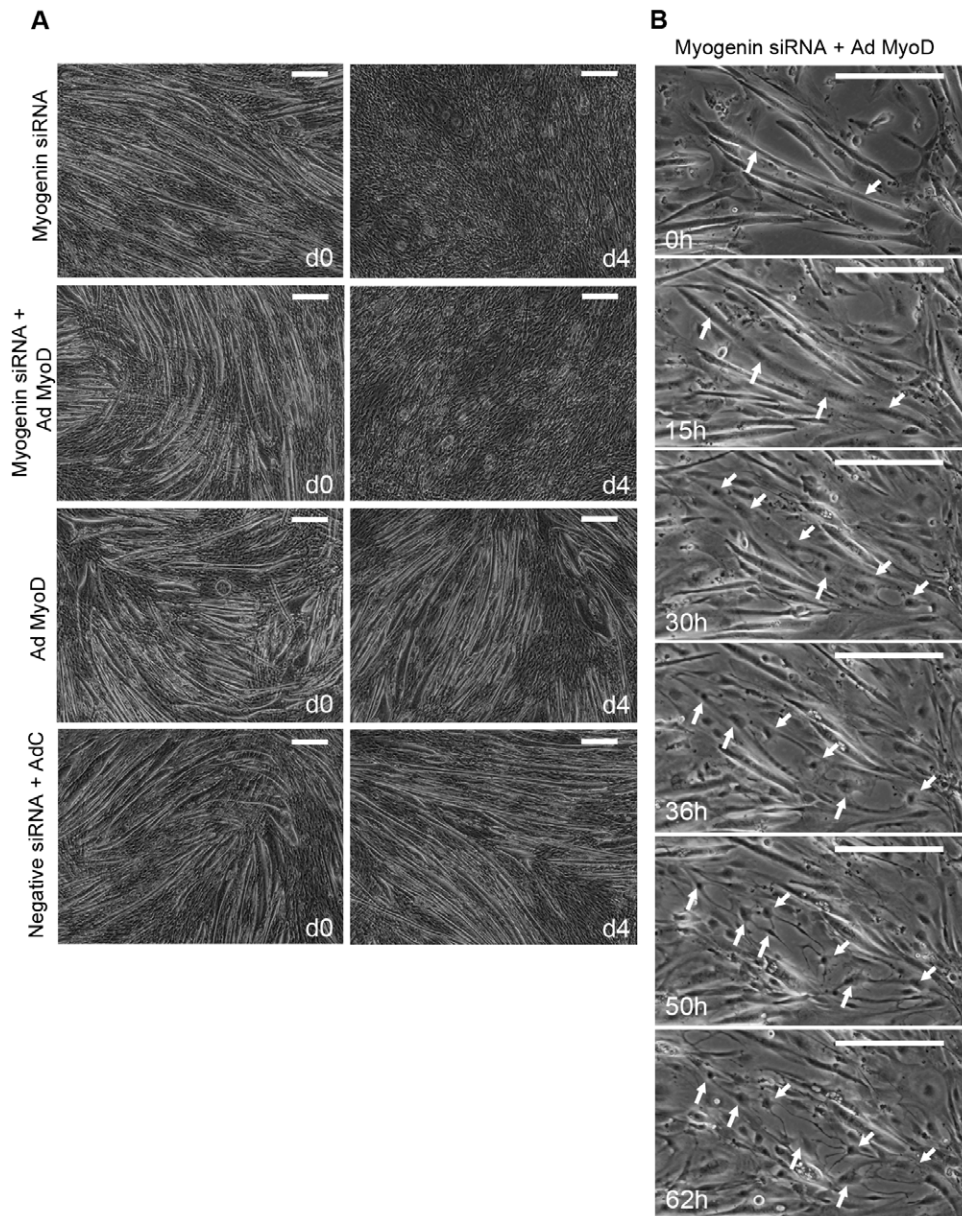


Figure 6. Overexpression of MyoD does not prevent cleavage of siRNA – myogenin myotubes. Myotubes were transfected with myogenin siRNA only, myogenin siRNA co-transfected with an adenovirus expressing MyoD (AdMyoD), AdMyoD only and a negative siRNA co-transfected with a control adenovirus (AdC) (d0). After transfections, growth medium was added to cells (d2) and left for two more days (d4). Cells transfected with myogenin siRNA and myogenin siRNA co-transfected with AdMyoD showed similar reduction of myotubes compared to cells transfected with AdMyoD and negative siRNA co-transfected with AdC (Scale, 200 μ m). (B) Time-lapse microscopy of cells co-transfected with myogenin siRNA and AdMyoD showed cleavage of myotubes into mononucleated cells (indicated by arrows) similar to the cells transfected with myogenin siRNA only (fig. 2.) (Scale, 200 μ m). doi:10.1371/journal.pone.0029896.g006

muscle cell differentiation in mammalian cells [7,49,50]. This report is based on manipulating endogenous levels in order to achieve reversal of differentiation.

Materials and Methods

Tissue culture

C2C12 mouse myoblasts (ECACC) were grown to confluency under 5% CO₂ at 37°C in growth medium (GM), DMEM medium (Gibco) supplemented with 10% (v/v) fetal bovine serum (FBS) (Gibco), 2 mM glutamine (Gibco) and penicillin-streptomycin (100 μ g/ml–100 U/ml) (Gibco). In order to differentiate, cells were then switched to differentiation medium (DM), DMEM supplemented with 2% horse serum (v/v) (Gibco), 2 mM glutamine and penicillin-streptomycin (100 μ g/ml–100 U/ml) for 4 days. During the first two days of differentiation, cytosine β -D-arabinofuranoside (Ara-C) (Sigma) (4 μ g/ml) was included in order to eliminate all possible undifferentiated myoblasts. Medium was then replaced with fresh DM medium without Ara-C. Ara-C purified myotubes contained more than 90% of nuclei. For siRNA transfections on differentiated myotubes 100 pmol of each siRNA (MyoD, myogenin, Myf6 and Myf5) (Invitrogen) in complex with

cin (100 μ g/ml–100 U/ml) (Gibco). In order to differentiate, cells were then switched to differentiation medium (DM), DMEM supplemented with 2% horse serum (v/v) (Gibco), 2 mM glutamine and penicillin-streptomycin (100 μ g/ml–100 U/ml) for 4 days. During the first two days of differentiation, cytosine β -D-arabinofuranoside (Ara-C) (Sigma) (4 μ g/ml) was included in order to eliminate all possible undifferentiated myoblasts. Medium was then replaced with fresh DM medium without Ara-C. Ara-C purified myotubes contained more than 90% of nuclei. For siRNA transfections on differentiated myotubes 100 pmol of each siRNA (MyoD, myogenin, Myf6 and Myf5) (Invitrogen) in complex with

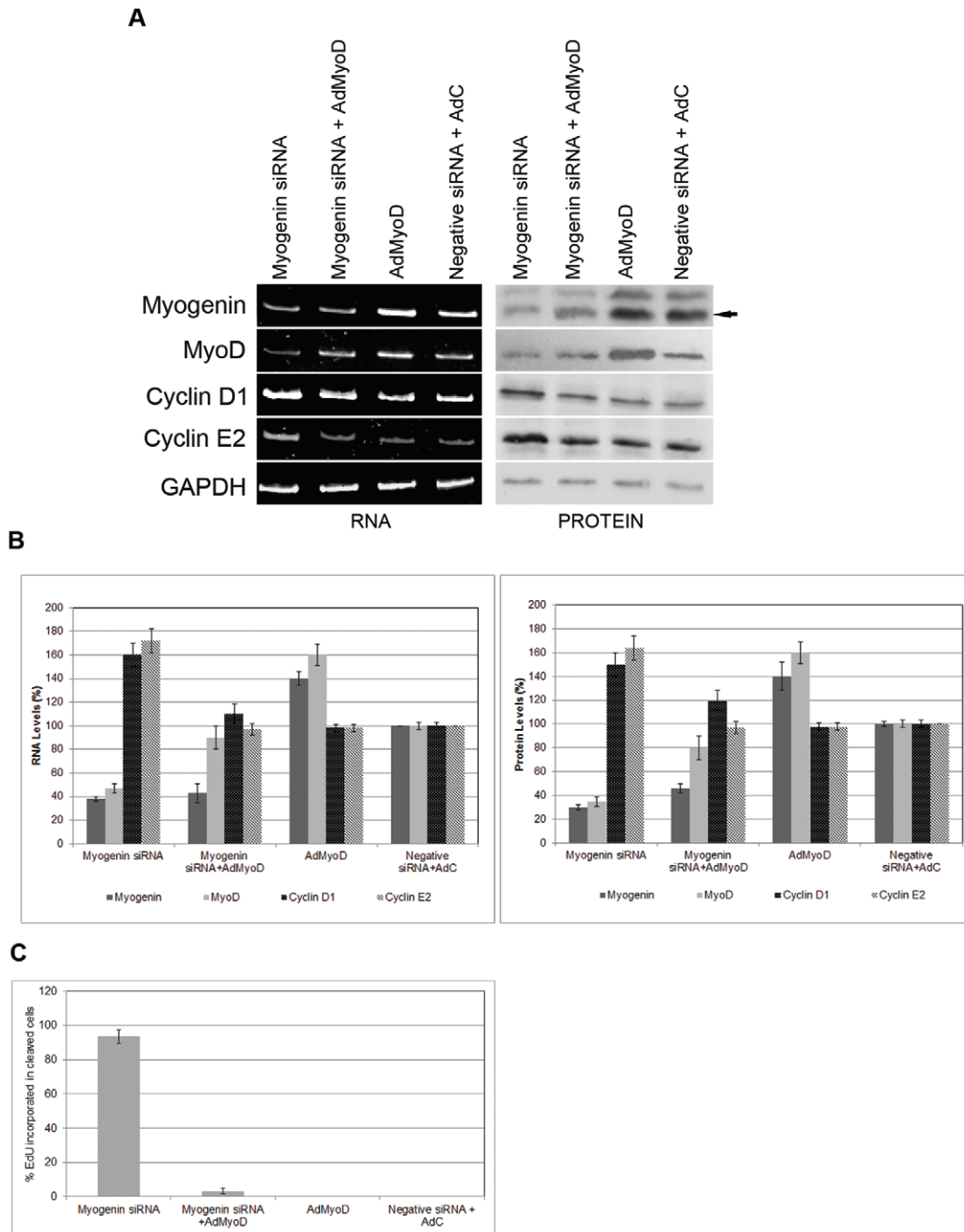


Figure 7. Cleavage of myotubes and cell cycle reactivation have different pathways. (A), (B) RT/PCR and protein analysis on cells co-transfected with myogenin siRNA and AdMyoD showed normal MyoD levels compared to cells transfected with myogenin siRNA only which showed significantly reduced MyoD levels. Cells co-transfected with myogenin siRNA and AdMyoD showed normal cyclin D1 and cyclin E2 levels compared to cells transfected with myogenin siRNA only, which showed to be substantially increased. Cells co-transfected with negative siRNA and AdC revealed similar levels of cyclin D1 and cyclin E2. Cells transfected with AdMyoD showed to some extent higher myogenin and MyoD levels compared to cells co-transfected with negative siRNA and AdC. GAPDH was used as an internal control. (C) Myotubes transfected as described above were treated with EdU and detected by immunofluorescence. Cells transfected with siRNA myogenin showed significantly high levels of EdU, compared to the cleaved cells co-transfected with myogenin siRNA and AdMyoD. Cells transfected with AdMyoD only or negative siRNA co-transfected with AdC showed no signs of cleavage.

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10 μ l of Lipofectamine RNAi/MAX (Invitrogen) dissolved in Optimem solution (Gibco) were incubated in myotubes for 6 hours. Transfection mix was then substituted with fresh GM

medium. The following day, cells were re-transfected with each siRNA and transfection mix was again substituted with fresh GM medium.

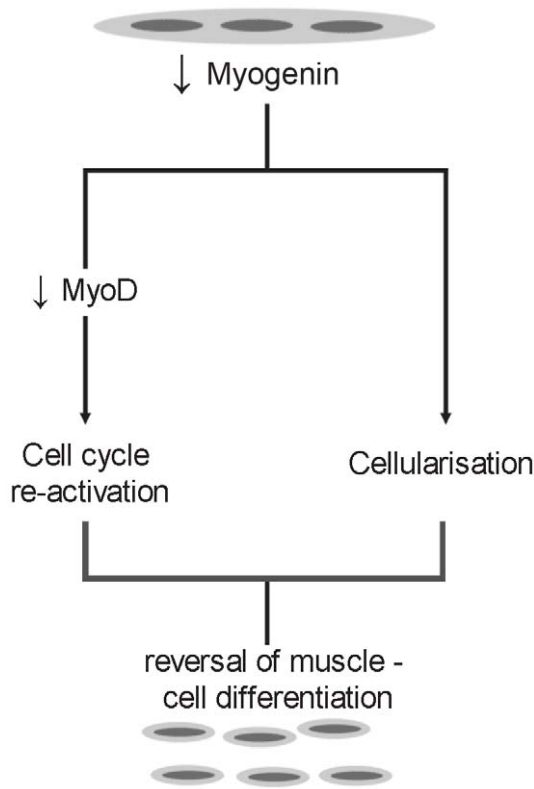


Figure 8. Hypothesis on myogenin-mediated reversal of muscle cell differentiation. Down-regulation of myogenin in terminally differentiated myotubes cleaves terminally differentiated cells into mononuclear cells which reenter cell cycle through down-regulation of MyoD. Based on the experiments performed in this work, it can be deduced that down-regulation of myogenin induces these two activities through separate pathways.
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Immunofluorescent studies

Cells were incubated with various antibodies after siRNA transfections and 0–3 days of growth medium incubation. Briefly, cells were fixed in 4% paraformaldehyde in PBS for 20 min, washed once with PBS and permeabilized with 0.2% Triton-X-100 in PBS for 20 min. Cells were blocked with 1% BSA in PBS for 10 min and then exposed to primary antibodies. Cells were tested for MHC (1/200; MY32, Sigma) and myogenin (1/200; Santa-Cruz) for 2 hours in a 37°C humidified incubator. The cells were washed three times with PBS and then treated with a secondary antibody (goat anti-mouse Texas Red; Jackson ImmunoResearch) for 1 hour at room temperature. Cells were washed three times with PBS and observed with a Zeiss

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AxioVision observer using Texas Red filters. Fusion Index (FI) was calculated as the number of nuclei present in myotubes over the total number of nuclei present in the observed field. Data was selected from 10 different and randomly chosen microscopic fields.

Cell cycle studies

Myotubes transfected with myogenin siRNA and incubated in GM for up to three days, were then supplemented with 5-ethynyl-2'-deoxyuridine (EdU) for 3 hours (following manufacturer's instructions) (Invitrogen). Cells were then fixed with 4% paraformaldehyde in PBS for 20 min. Cells were washed twice with 3% BSA in PBS, before and after permeabilization with 0.5% Triton-X-100 in PBS for 20 min at room temperature. Cells were then incubated for 30 min in a mixture containing Alexa fluor 647. Cells were then washed with PBS and observed under a fluorescence microscope.

RNA analysis

Total RNA was extracted from transfected or untransfected myotubes (Perfect RNAEukaryotic Mini kit, Eppendorf) and then subjected to reverse transcription. For PCR, specific primers were used for the analysis of expression for the following molecules: MyoD F 5'-GCCCGCGCTCCAAGTCTCTGAT-3', R 5'- CCTACG-GTGGTGGCCCTCTGC-3'. Myogenin F 5'-CATCCAGTACATTG AGCGCCTA-3', R 5'-GAGCAAATGATCTCCTGG-GTTG. Myf6 F 5'-ATG GTACCCATCCCGTTGC-3', R 5'-TAGCTGCTTTCCGACGATCT-3'. Myf5 F 5'-TGAAGGATG-GACATGACGGACG-3', R 5'-TTGTGTGCTCCGAAGGCTG-CTA-3'. Cyclin D1 F 5'-GGCACCTGGATTGTTCTGCT-3', R 5'-CAGCTTGC TAGGGAACCTTGG-3'. Cyclin E2 F 5'-GGAA-CCACAGATGAGGTC-3', R 5'-CG TAAGCAAACCTTTG-GAG-3'. GAPDH F 5'-TCATCATCTCCGCCCTTCT-3', R 5'-GAGGGGCCATCCACAGTCTT-3'.

Experiments were repeated at least three times and gel bands were measured using the Scion Image software.

Western blot

Cells were lysed using a protein lysis buffer including protease inhibitor. 40–60 µg of protein extracts were incubated with myogenin (1/200; BD), MyoD (1/300; Santa-Cruz), cyclin D1 (1/400; Abcam), cyclin E2 (1/200, Abcam) and GAPDH (1/2000; Santa-Cruz) primary antibodies followed by incubation with goat anti-mouse IgG or donkey anti-rabbit IgG secondary antibodies conjugated to horseradish peroxidase (Santa-Cruz).

Author Contributions

Conceived and designed the experiments: LAP. Performed the experiments: NPM PN MA. Analyzed the data: NPM JBU. Contributed reagents/materials/analysis tools: JBU. Wrote the paper: NPM LAP.

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