

Reinfection after two-stage revision for periprosthetic infection of total knee arthroplasty

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Abstract

Purpose Limited data exist regarding the long-term results or risk factors for failure after two-stage reimplantation for periprosthetic knee infection. The purpose of this retrospective review was to investigate infection-free implant survival and identify variables associated with reinfection after this procedure. Furthermore, a staging system was evaluated as a possible prognostic tool for patients undergoing two-stage reimplantation of infected total knee arthroplasty (TKA).

Methods In this level II, retrospective prognostic study, 368 patients with infected TKA treated with a two-stage revision protocol at our institution between 1998 and 2006 were reviewed. Patients who developed recurrent infection and an equal number of patients randomly selected for the control group were analysed for risk factors associated with treatment failure.

Results At the most recent follow-up, 58 (15.8%) patients had developed reinfection after the two-stage reimplantation. The median time to reinfection was 1,303 days

(3.6 years), with follow-up time ranging from six to 2,853 days (7.8 years). The strongest positive predictors of treatment failure included chronic lymphoedema [hazard ratio (HR)=2.28, 95% confidence interval (CI) 1.16–4.48; $p=0.02$], and revision between resection and definitive reimplantation (HR=2.13, 95% CI 1.20–3.79; $p=0.01$), whereas patients treated with intravenously administered Cefazolin had a significant reduction in recurrent infection rate (HR=0.48, 95% CI 0.25–0.90; $p=0.02$).

Conclusions Our findings should be of help in counselling patients regarding their prognosis when faced with two-stage exchange for infected TKA and provide a basis for future comparisons.

Introduction

Infection after joint arthroplasty is a serious and challenging problem. Consequences include devastating patient morbidity, including emotional trauma, and a large economic impact affecting patients and society at large. As a result, many steps have been taken to reduce the risk of infection after total joint arthroplasty. As a result, the incidence of infection after total knee arthroplasty (TKA) has decreased over time and has been reported to range from 0.7–2%. [1–5]. The optimum treatment of an infection at the site of TKA remains controversial and varies between patients. Treatment options include antibiotic suppression [6], open debridement [7], resection arthroplasty [8], arthrodesis, staged reimplantation of another prosthesis [9] and amputation [10]. For chronic periprosthetic infection, a two-stage reimplantation is most commonly recommended. Short-term cure rates of infection after modern two-stage treatment protocols are approximately 80–90% [11–13]. Previous studies attempted to identify risk factors associat-

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ed with treatment failure of periprosthetic infections [4, 12, 14]. However, most did not have a cohort of sufficient size or surveillance duration to adjust for and analyse factors that influence the outcome of modern, staged treatment protocols. One previously published staging system for the infected TKA helps define prognostic variables and guide clinical practice [12, 15, 16].

The purpose of our study was to investigate the mid- to long-term results of two-stage reimplantation of infected TKA, with a specific focus on reinfection. We sought to identify risk factors associated with reinfection and evaluated >30 different patient- and treatment-specific variables. Furthermore, we evaluated a staging system that has been used previously to grade deep infections around TKA.

Materials and methods

Patients

Between January 1998 and December 2006, 368 patients with infected TKA were treated with a two-stage revision protocol at our institution. We retrospectively reviewed the outcomes of these patients by examining hospital medical records and data from our institution's total joint registry. A statistical analysis of potential risk factors for treatment failure was done. The main outcome measure was infection-free implant survival time.

Definitions

Periprosthetic joint infection was identified on the basis of one or more of the following: two positive preoperative aspiration cultures, presence of purulence surrounding the prosthesis, histopathological findings of acute inflammation of periprosthetic tissue samples, two positive intraoperative cultures with identical organisms or a cutaneous sinus tract communicating with the prosthesis.

Staged reimplantation protocol

All patients with periprosthetic infection underwent resection arthroplasty with removal of all prosthetic components and cement, with debridement of necrotic tissue. Antibiotic-loaded cement spacers were inserted in all but one case, where it was unclear whether or not the patient would be a candidate for reimplantation. The resection was followed by intravenously administered antibiotic treatment for four to six weeks according to the sensitivity profile of the cultured microorganisms. In most cases, the joint was aspirated and the aspirate was sent for cultures after the patient had spent a minimum of 14 days off antibiotics.

Reimplantation was performed when clinical, laboratory and radiological findings suggested eradication of infection.

Staging system

Reinfection was evaluated as a function of a staging system for prosthetic joint infection, as previously described [14, 15, 17] and proposed by the authors. Patients were graded according to infection type (I, II, III), systemic host grade (A, B, C) and local extremity grade (1, 2, 3). In addition to criteria used in the staging system, a large number of other variables were evaluated for a possible association with the risk of reinfection.

Statistics

All patients during the timeframe of interest were assessed for reinfection. The survival rate free of treatment failure was estimated with the use of Kaplan–Meier survival method in all patients (Fig. 1). Univariate Cox proportional hazard modelling was performed to assess the association of clinically interesting covariates with the risk of reinfection. Fifty-eight patients had treatment failure, as defined above. An equal number of patients without reinfection at the latest follow-up were randomly selected for statistical comparison. In bilateral patients, only the first knee per patient was assessed. Those covariates found to be univariately statistically significant risk factors for treatment failure were considered in the multiple variable models, with backwards selection to obtain a final model in which all retained covariates were statistically significant. Data were described using mean \pm standard deviation (SD), median (minimum, maximum) or count (%), as appropriate. All tests were two-sided, and $p < 0.05$ was

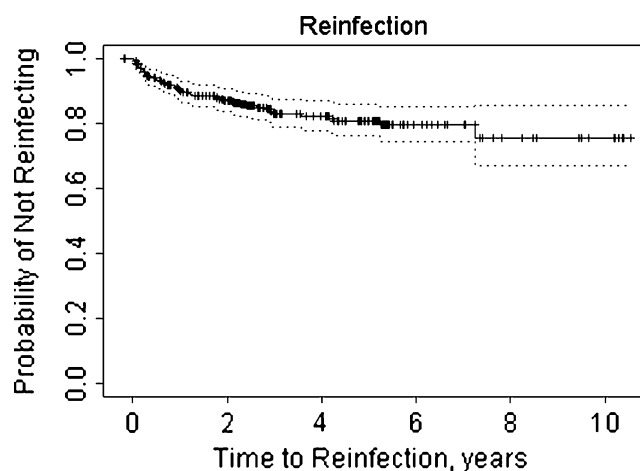


Fig. 1 Kaplan–Meier curve demonstrating survival time to treatment failure among 368 patients with infected total knee arthroplasty (TKA) treated with two-stage revision protocol at a single institution from January 1998 through December 2006

considered statistically significant. SAS v9.1 (SAS Institute Inc., Cary, NC, USA) was used for all analyses.

Results

Study population

Three hundred sixty-eight consecutive patients with infected TKA treated with a two-stage revision protocol at a single institution were identified during the study period from January 1998 to December 2006. At the most recent follow-up, 58 patients (15.8%) developed reinfection and underwent revision surgery (Fig. 1). Median time to reinfection was 1,303 days (3.6 years), with follow-up time ranging from six to 2,853 days (7.8 years). Of the 58 patients with recurrent infection, 24 (41%) were female, eight (14%) had an acute haematogenous infection (<28 days' duration) and 49 (86%) had late chronic infection (>28 days' duration) prior to the initial resection. Information on infection type was missing in one patient. Median symptom duration in patients with treatment failure was 180 (range two to 1,000) days. When compared with the control group, the risk of recurrent infection was not statistically significantly associated with patient age (HR +10 years=0.83, $p=0.17$), sex (HR males=1.19, $p=0.52$), body mass index [(BMI), HR +5=1.05, $p=0.29$], presence of revision implant (HR=1.37, $p=0.24$) or duration of infection prior to resection (HR 10 days=1.00, $p=0.48$). (Table 1).

Microbiology and medical treatment

A causative microorganism was identified in 47 of 58 patients (81%) with recurrent infection. The risk of reinfection did not correlate with the type of organism (HR *Staphylococcus aureus*=1.45, $p=0.22$; HR coagulase-negative *Staphylococcus*=0.83, $p=0.50$; HR *Streptococcus* species and others=0.65, $p=0.19$; HR polymicrobial infection=0.58, $p=0.45$) or susceptibility to methicillin (HR resistant=1.14, $p=0.64$). However, in this series, a significant reduction in recurrent infection rate was observed in patients receiving intravenously administered Cefazolin versus patients who did not (HR=0.53, $p=0.045$). A statistically significant increase in reinfection was found in patients receiving Vancomycin (HR=1.74, $p=0.04$). (Table 1)

Medical and immune status

Twenty-six of the 58 patients (45%) with reinfection were considered immunocompromised. Diabetes mellitus had a trend toward association with reinfection, but this did not meet statistical significance (HR=1.66, $p=0.099$). The

American Society of Anesthesiologists (ASA) physical status classification at resection, which is an indicator of comorbid health status, did not significantly associate with risk for reinfection (HR fair/poor=1.54, $p=0.25$). Twenty-four of the 58 patients (41%) with reinfection had potentially compromised soft tissues around the affected joint that might have an impact on recurrence of reinfection. Eleven of the 58 (19%) with recurrent infection presented with chronic lymphoedema. This was a significant risk factor (HR=1.97, $p=0.047$). (Table 1)

Surgical therapy

All patients were treated with a staged resection and reimplantation protocol. Tissue specimens were obtained for 41 patients during resection, and these showed acute inflammation in 31 (76%) cases. In all but one case, an antibiotic-loaded cement spacer was used between the two stages. The leg was immobilised between stages by applying a long leg cast in 49 (84%) patients. Forty patients (71%) had a prior failed attempt to treat the infection with antibiotics intravenously. Thirty-six (62%) had prior surgery for infection, including irrigation and debridement, with component retention or staged resection reimplantation procedures. Neither prior antibiotic therapy nor prior surgery to eradicate infection was statistically significantly associated with risk of reinfection (HR=0.92, $p=0.79$; HR=1.46, $p=0.16$ respectively). In the treatment-failure group, median duration between resection of the infected implant and final reimplantation was 66 (range, 44–499) days. In the control group, time to final reimplantation was 61 (range, 35–358) days. This difference was accounted for by a slower decrease in inflammatory markers, an inability to obtain medical clearance for surgery or intraoperative evidence of ongoing acute inflammation at attempted reimplantation in the treatment-failure group. An increase in duration between resection and reimplantation was associated with a significant increase in recurrent infection (HR +30 days=1.14, $p=0.03$). Seventeen of 58 cases (29%) underwent re-debridement and revision of the antibiotic-loaded cement spacer as a result of persistent drainage and systemic symptoms suggesting persistent infection. These patients had a greater than two-fold increased risk of reinfection (HR=2.13, $p=0.01$).

Staging system

According to the periprosthetic joint infection staging system, eight (14%) cases were acute haematogenous infections (type II). The remaining cases were late chronic, biofilm-forming infections (type III). When applying the staging system for the systemic host grade, 32 patients (55%) were considered not to be immunocompromised (category A), 25 (43%) were

Table 1 Univariate analysis of selected variables in patients with recurrent infection. Hazard ratio (HR) and 95% confidence interval (CI)

Variable	Recurrent (<i>n</i> =58)	Nonrecurrent (<i>n</i> =58)	HR (95% CI)	<i>P</i> value
Female	24 (41%)	29 (50%)	0.84 (0.49–1.43)	0.52
Age (HR for +10 years)	66±11	69±9	0.83 (0.64–1.08)	0.17
BMI				
<25	6 (11%)	10 (18%)		0.77
25–35	28 (49%)	32 (56%)	0.99 (0.41–2.39)	
>35	23 (40%)	15 (26%)	1.21 (0.49–2.99)	
Infection type-grade				
I or II early postop/acute haematogenous	8 (14%)	12 (21%)		
III chronic	49 (86%)	46 (79%)	1.29 (0.61–2.72)	0.51
Comorbidity-host grade				
A uncompromised	32 (55%)	37 (67%)		
B or C compromised	26 (45%)	18 (33%)	1.50 (0.89–2.52)	0.13
Diabetes mellitus	14 (24%)	7 (12%)	1.66 (0.91–3.05)	0.099
Rheumatoid arthritis	3 (5%)	5 (9%)	0.57 (0.18–1.87)	0.36
Local extremity grade(wound)				
1 uncompromised	34 (59%)	42 (72%)		
2 or 3	24 (41%)	16 (28%)	1.41 (0.84–2.38)	0.20
Sinus tract/drainage	12 (21%)	11 (19%)	1.06 (0.56–2.00)	0.86
Lymphoedema	11 (19%)	4 (7%)	1.97 (1.01–3.84)	0.047
Intravenously administered antimicrobial treatment				
Vancomycin	26 (46%)	15 (26%)	1.74 (1.03–2.93)	0.04
Cefazolin	13 (23%)	21 (36%)	0.53 (0.28–0.99)	0.045
Ceftriaxone	9 (16%)	6 (10%)	1.52 (0.74–3.12)	0.25
Others	9 (16%)	16 (28%)	0.72 (0.35–1.47)	0.37
Antibiotic treatment prior to resection	40 (71%)	40 (73%)	0.92 (0.52–1.65)	0.79
Microbiology				
<i>Staphylococcus aureus</i>	15 (26%)	12 (21%)	1.45 (0.80–2.62)	0.22
<i>Staphylococcus</i> coagulase negative	21 (36%)	22 (38%)	0.83 (0.49–1.42)	0.50
<i>Streptococcus</i> species and miscellaneous	12 (21%)	21 (36%)	0.65 (0.35–1.24)	0.19
Methicillin-resistant organisms	21 (36%)	18 (31%)	1.14 (0.67–1.95)	0.64
Polymicrobial infection	2 (3%)	4 (7%)	0.58 (0.14–2.39)	0.45
Surgical factors				
Redebridement between stages	17 (29%)	9 (16%)	2.13 (1.20–3.76)	0.01
Primary or revision infected implant	25 (43%)	20 (35%)	1.37 (0.81–2.32)	0.24
Prior surgery for infection	36 (62%)	28 (48%)	1.46 (0.86–2.48)	0.16
Purulence present at resection	31 (55%)	42 (76%)	0.59 (0.35–1.00)	0.05
Tissue sample with acute inflammation	31 (76%)	32 (80%)	0.86 (0.42–1.76)	0.68
Allograft use at replant	7 (12%)	4 (7%)	1.88 (0.85–4.15)	0.12
Days between resection/replant (HR +30)	66 (44–499)	61 (35–358)	1.14 (1.01–1.28)	0.03
Laboratory parameters				
ESR prior to resection	42 (2–125)	46 (8–134)	1.00 (0.99–1.00)	0.24
ESR prior to replantation	15 (0–82)	14 (2–102)	1.00 (0.98–1.02)	0.97
CRP prior to resection	3.3 (0.2–39.5)	5.0 (0.2–44.4)	1.02 (0.98–1.05)	0.37
CRP prior to replant	0.5 (0.1–6.3)	0.5 (0.1–3.1)	1.22 (0.99–1.51)	0.06
ESR >29 mm/h before replant	9 (20%)	11 (26%)	0.97 (0.47–2.01)	0.93
CRP >0.8 mg/dl before replant	16 (36%)	11 (28%)	1.31 (0.71–2.42)	0.38

Continuous data are described by mean ± standard deviation or median (minimum, maximum) as appropriate, and categorical data as number (percent)
ESR erythrocyte sedimentation rate, *CRP* C-reactive protein

moderately compromised (category B) and one (2%) was severely compromised (category C). In our analysis, categories B and C were combined. According to the local extremity grade, 34 patients (59%) were classified as not being compromised (grade 1), 23 (40%) as compromised (grade 2) and one (2%) as significantly compromised (grade 3). In our analysis, grades 2 and 3 were combined. We found no statistically significant association between infection recurrence and the different staging categories (HR type III=1.29, $p=0.51$; HR categories 2/3=1.50, $p=0.13$; HR grade 2/3=1.41, $p=0.20$).

Serological markers

There were no statistically significant differences in mean values for C-reactive protein (CRP) or erythrocyte sedimentation rate (ESR) prior to resection or reimplantation when comparing the treatment failure group to the control group. Furthermore, there was no statistically significant difference in the risk of reinfection when CRP and ESR were elevated before reimplantation (HR CRP>0.8=1.3, $p=0.38$; HR ESR>29=0.97, $p=0.93$).

Results

In the 58 patients who developed reinfection, 38 (66%) were treated with another two-staged revision or surgical debridement and irrigation, nine (16%) had an arthrodesis or permanent resection and 11 (19%) were amputated. Thirty-nine of 116 patients (34%) were under chronic antibiotic suppression at the most recent follow-up. Of these, 34 were from the treatment failure group and five from the control group.

Discussion

Deep periprosthetic knee infection remains one of the most devastating complications encountered in TKA. In chronic infections, two-stage reimplantation is the commonly preferred treatment and seems to have the highest chance to both eradicate infection and provide patients with a functional and pain-free TKA. In our study, we identified 58 of 368 patients (15.8%) treated with two-stage reimplantation who developed recurrent infection. This is in accordance with previous studies that showed an incidence of reinfection after two-stage exchange of 10–25% [14, 18, 19]. The main purpose of this study was to evaluate variables for a possible association with recurrent infection and to investigate mid- and long-term results of two-stage reimplantation for TKA infection. The strengths of this study include the large number of patients, the long-term follow-up period and the relative uniformity of the infection-treatment protocol.

Whereas previous studies showed successful infection eradication after two-stage reimplantation following previous surgical treatment,[18, 20, 21] it was not clear whether a previous debridement with component retention or a previous two-stage procedure was associated with a lower success rate for a second surgical attempt to cure the infection. In our cohort, previous surgical attempts to cure the infection did not increase the risk for reinfection. Furthermore, treatment with antibiotics prior to resection did not affect reinfection rate. Our results demonstrate that a two-stage revision protocol can be a successful treatment option, even after previously failed surgical and medical attempts to clear an infection around a knee arthroplasty. To facilitate comparison of patients treated for infected joint replacements, a staging system has been described [12, 15]. In our cohort, the staging system as a whole could not be used to stratify patients with respect to their risk for treatment failure.

We found a highly significant increase in the rate of recurrent infection when patients presented with chronic lymphoedema of the affected extremity at the time of diagnosis of the periprosthetic joint infection. However, we did not differentiate between bilateral or unilateral chronic venous insufficiency.

Infection with a resistant organism may impair the successful eradication of an infection. Earlier studies suggest a higher failure rate in periprosthetic infection treatment when methicillin-resistant bacteria are present [1, 5, 22]. However, those studies included patients with infected hip arthroplasties. In addition, several different treatment modalities were used. Therefore, comparison with those studies is difficult. Based on criteria in our study, we could not detect a statistically significant difference in recurrence rate between patients with a confirmed infection with methicillin-sensitive and methicillin-resistant organisms. If methicillin-resistant organisms were suspected or verified with cultures, then patients were predominantly treated with a four to six week course of intravenously administered vancomycin. Interestingly, patients in that group had a highly significant increase in the risk of reinfection. In contrast, patients who received intravenously administered cefazolin had a significantly lower risk of recurrent infection. Based on those findings, one might speculate that vancomycin has a lower efficacy in eradicating infection after resection arthroplasty, and our results demonstrate the need for the development and evaluation of new treatment strategies. The timing of reimplantation has varied from direct exchange to longer intervals between reimplantation. Despite the numerous disadvantages of the delay in reimplantation, this treatment method had the best success rates [23]. When persistent infection was suspected after an interval of six to eight weeks after resection, reimplantation was delayed and antibiotic treatment repeated. This was often combined with further debridement and cement-spacer exchange. In this

study, when definitive reimplantation was delayed, the success rate dropped significantly. This is in accordance with previous studies that showed no benefit of prolonged antibiotic therapy [24]. In contrast, other authors favour prophylactic oral antibiotics following two-stage revision [25]. To date, the optimum medical treatment regimen is difficult to establish due to the lack of prospective randomised trials. CRP and ESR are commonly used as diagnostic markers for periprosthetic joint infection. However, the usefulness of these markers as prognostic factors for patients undergoing a two-stage reimplantation has not been demonstrated. In our study, total values and CRP and ESR levels could not be reliably used to predict risk of reinfection after reimplantation. This is in accordance with a previous study that demonstrated a limited role for serological markers in staged revision for infected TKA [26, 27]. To support the clinician in the decision to proceed with reimplantation, more reliable diagnostic tests are needed.

We note some limitations of this study. Its retrospective design may introduce bias when data is not accurately reported in the medical records. Furthermore, our institution is a tertiary-care referral centre, and most patients in the study had prior treatment at different institutions. This raises the potential for selection biases among subgroups. The reader should also keep in mind that the sample size might still be too small to detect differences among subsets of patients. Therefore, it is possible that additional risk factors for reinfection after two-stage reimplantation may have been found if the number of patients had been even larger. However, being the largest reported cohort to date, we believe our study provides important information about variables that may be associated with infection recurrence after staged treatment of an infected TKA.

In summary, our results demonstrate that a two-staged revision protocol has a high success rate in treating TKA infection. Previous failed attempts to treat the infection did not adversely affect outcome. Our results suggest that a two-stage reimplantation should be considered in these patients to avoid salvage procedures that incur obvious disadvantages, such as above-knee amputation and arthrodesis. In addition, our study identified several factors associated with treatment failure. These results should aid surgeons in counselling patients regarding their prognosis when faced with two-stage exchange for infected TKA and provide a basis for future comparisons.

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