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#### J Menzel-Severing

# Emerging techniques to treat corneal neovascularisation

#### Abstract

Neovascularisation is a major cause of visual loss in a number of ophthalmic diseases. This review aims to outline the basic regulators of vessel growth in corneal neovascularisation. An understanding of the underlying principles of physiological and pathophysiological vascular development helps to appreciate current approaches to prevent or treat corneal neovascularisation. Options for future interventions will be discussed in the light of recent evidence provided by animal models of corneal neovascularisation.

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#### Introduction

Our ability to see is a highly specialised function, which relies on sophisticated architecture of the human eye. Each ocular structure or tissue has distinct properties and  $tasks$  - this pertains also to the vasculature. The perfectly organised vascular tree of the retinal circulation and the avascularity of the cornea serve as examples. Where the delicate homeostasis of vessel growth and inhibition is disturbed, neoformation of blood vessels in areas that were previously avascular can disrupt visual function and cause disease. Indeed, abnormal vascularisation underlies or accompanies some important ocular pathologies, including the neovascular form of age-related macular degeneration, proliferative diabetic retinopathy, retinopathy of prematurity, retinal vein occlusion, and corneal neovascularisation. The public health impact of ocular neovascularisation therefore is significant.[1](#page-7-0)

Michaelson<sup>[2,3](#page-7-0)</sup> was the first to suggest that a diffusible factor liberated by retinal or corneal tissue would stimulate vascular growth and development.<sup>2,3</sup> Subsequently, a number of factors to activate and guide healthy or pathological vascularisation were identified. This review intends to provide an overview of important factors and potential therapeutic targets in the context of corneal neovascularisation.

## Vascular growth during development entails vasculogenesis and angiogenesis

During ontogenesis, de novo formation of a capillary lattice occurs within each organ by a process referred to as vasculogenesis.[4,5](#page-7-0) This involves blood vessel precursor cells called angioblasts, sharing with haematopoietic cells a common progenitor of mesodermal origin, the haemangioblast.<sup>[6](#page-7-0)</sup> Aggregates of angioblasts differentiate into endothelial cells (ECs) that line a lumen containing blood precursor cells. Fusion of these 'blood islands' forms the so-called primary capillary plexus.

Subsequently, additional vessels are formed and the primitive network is remodelled through a process termed angiogenesis. It entails sprouting and intussusception (splitting), functional maturation of ECs, and recruitment of smooth muscle cells or pericytes. This also lends primitive vessels the distinct properties of arteries and veins.<sup>[5](#page-7-0)</sup>

To enable sprouting from pre-established vessels, cell–cell contacts between ECs are loosened, and the extracellular matrix (ECM) is degraded.<sup>7</sup> ECs can then extend filopodia, migrate, and lead vascular growth in response to gradients of environmental mitogens.<sup>[8](#page-7-0)</sup> Promotion and inhibition of vascularisation is orchestrated with the help of such pro- and antiangiogenic mediators, both during and after development[.9,10](#page-7-0) Vasculogenesis is seen

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Figure 1 Soluble angiogenic factors are released from tumour cells to induce and regulate key steps in angiogenesis. Many of these factors have also been found to have a role in ocular and, more specifically, corneal neovascularisation. Angiopoietin-1 binds to endothelial Tie-2 receptors to stabilise the established vasculature. Angiopoietin-2, however, which is secreted by tumour cells, and which competes with angiopoietin-1 for the Tie-2 receptor, increases vascular basal membrane degradation and EC migration. Vascular endothelial growth factor (VEGF), platelet-derived growth factor (PDGF), and basic fibroblast growth factor (bFGF) may also be secreted by tumour cells, and exert pro-angiogenic effects via their respective EC receptors (with VEGF-receptors requiring assistance from neuropilins). Tumours or ECs may also release matrix metalloproteinases (MMPs). These have some pro-angiogenic effects, but also cleave antiangiogenic endostatin from collagen XVIII of the extracellular matrix, and angiostatin from circulating plasminogen (not depicted; adapted from Folkman,<sup>100</sup> with permission from Macmillan Publishers Ltd).

predominantly during embryogenesis, whereas angiogenesis occurs also in adults in the context of wound healing, pregnancy, and uterine cycling.<sup>[11](#page-7-0)</sup> However, angiogenesis has also been found to have a major role in pathological processes such as tumour growth and metastasis, as well as ocular neovascularisation (Figure 1).<sup>10,12</sup> Mechanisms and mediators of pathologic angiogenesis are thought to differ somewhat from physiological angiogenesis, exemplified by the fact that the latter does not usually carry an inflammatory component.<sup>[13](#page-7-0)</sup> In a rat model, angiogenesis has been identified as the underlying mechanism of corneal neovascularisation. Here, initial events are vasodilation of the limbal vessels and recruitment of leucocytes (which release additional pro-angiogenic mediators), followed by vascular sprouts, which emerge from pericorneal venules and capillaries.[14](#page-7-0)

## Corneal avascularity is the result of an active regulatory process

Although vascularisation is vital for the survival of most tissues, some structures require avascularity to ensure proper functioning. These include cartilage, heart valves, and in the eye cornea, vitreous and lens.<sup>15-18</sup> In these tissues, mechanisms are in place to inhibit ingrowth of blood vessels. To maintain what has been termed the 'angiogenic privilege' in the cornea, a delicate balance exists between pro- and antiangiogenic factors [\(Figure 2\)](#page-2-0). Pro-angiogenic factors include fibroblast growth factor (FGF), vascular endothelial growth factor (VEGF), platelet-derived growth factor (PDGF), and angiopoietin, among others. Factors with antiangiogenic properties include endostatin, angiostatin, thrombospondin, pigment epithelium-derived factor, and others.[19](#page-7-0) Their balance is actively maintained, as exemplified by

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Figure 2 The 'angiogenic switch' hypothesis. In health or mild disease, pro-angiogenic factors are counteracted by the inhibitors of angiogenesis. Quiescent vasculature is stimulated to cause neovascularisation, if increasing levels of activators of angiogenesis tilt the balance towards vessel growth. Likewise, increased presence of inhibiting factors or removal of activators can tilt it back towards maintaining avascularity. VEGF, vascular endothelial growth factor; bFGF, basic fibroblast growth factor; PDGF, platelet-derived growth factor; sVEGFR1, soluble VEGF receptor 1. (Adapted from Hanahan and Folkman,<sup>12</sup> with permission from Elsevier).

evidence, showing that after corneal injury, antiangiogenic factors are upregulated to maintain corneal avascularity.<sup>[20](#page-7-0)</sup> However, these mechanisms are not fail-proof, and numerous clinical conditions are known to involve ingrowth of vessels into the corneal tissue. Most pathological processes of the cornea that lead to vascularisation can be assigned to one of the three main categories: hypoxic (mainly contact lens wear), inflammatory (eg, infectious keratitis or corneal graft rejection), and loss of limbal barrier function (limbal stem cell deficiency, for instance, due to aniridia).<sup>21-23</sup>

Presence of aberrant vessels in turn increases corneal oedema and leads to lipid deposition, haemorrhage, and scarring, further compromising corneal transparency and visual acuity.[24](#page-7-0) Neovascularisation also increases the rate of failure and rejection of corneal grafts.[25](#page-7-0) This has been attributed, at least in part, to clinically invisible lymphatic vessels, which abrogate the immunological privilege of the cornea.<sup>[26,27](#page-7-0)</sup>

Although aetiologies of corneal neovascularisation vary, the common endpoint is a breakdown of the angiogenic privilege.[28](#page-7-0) The following sections briefly characterise a selection of prominent pro- and antiangiogenic mediators, which may threaten or maintain this privilege.

#### Pro-angiogenic factors in the cornea

VEGF has been shown to be a key mediator of vasculogenesis and angiogenesis.[29,30](#page-7-0) Its important contribution to vascular development is reflected in the fact that the deletion of a single VEGF allele is lethal in the mouse embryo.<sup>[31](#page-7-0)</sup> Members of the VEGF family promote a number of steps in the process of angiogenesis, including proteolytic activities, vascular EC proliferation and migration, inhibition of EC apoptosis, and recruitment of EC precursors.<sup>[28,32](#page-7-0)</sup>

Particularly VEGF-A is a potent survival factor and mitogen for ECs.<sup>[33](#page-8-0)</sup> It binds the tyrosine kinase receptors VEGFR-1 and VEGFR-2, with the pro-angiogenic signal being conveyed predominantly via VEGFR-2 in many tissues.[34](#page-8-0) Involvement of VEGF-A in corneal vessel growth was demonstrated in animal models of corneal neovascularisation, using VEGF-A blocking monoclonal antibodies; when implanted into the corneal stroma, these inhibit neovascularisation.[35,36](#page-8-0)

VEGF-C and VEGF-D, acting via VEGFR-3, make important contributions to growth and development of lymphatic vessels. Indeed, antibodies against VEGFR-3 specifically block lymphangiogenesis in the cornea.<sup>[37](#page-8-0)</sup>

Expression of VEGF is increased by hypoxia and inflammation.[38,39](#page-8-0) Hence, it is upregulated in the cornea following hypoxic injury, ocular wounding, and during acute inflammation in different animal models.<sup>[36,40,41](#page-8-0)</sup>

FGF is a heparin-binding peptide, which stimulates migration and proliferation of  $ECs$ .<sup>[42,43](#page-8-0)</sup> FGF binds to  $ECs$ of corneal blood and lymphatic vessels.<sup>[44](#page-8-0)</sup> Ellenberg et  $al^{19}$  $al^{19}$  $al^{19}$ demonstrated a role of FGF in promoting corneal angiogenesis, and suggested this to occur via upregulation of VEGF. Indeed, interplay between VEGF and FGF was proposed to occur at the receptoral and postreceptoral level.[45,46](#page-8-0) One factor involved in linking the two pathways may be membrane-type 1 matrix metalloproteinase (MMP). Membrane-type 1 MMP was shown to increase FGF-induced VEGF upregulation and corneal neovascularisation in a mouse model and in an in vitro model.<sup>[47](#page-8-0)</sup>

In fact, MMPs appear to be involved in angiogenesis in the most varied ways. For instance, apart from their general abilities to remodel the ECM and pave the way for growing vessels, MMP-9 releases VEGF from the ECM.[48](#page-8-0) However, antiangiogenic properties have also been detected for MMPs, as will be discussed below.

PDGF acts to stabilise vessels by attracting pericyte progenitor cells.<sup>[49,50](#page-8-0)</sup> It has been suggested that VEGF antagonists are more effective in vessels which lack pericytes.[51](#page-8-0) Hence, a combination of VEGF- and PDGFantagonists could be envisaged to inhibit neovascularisation. Indeed, blocking both VEGF and PDGF pathways was more effective in inhibiting corneal neovascularisation in rabbits than VEGF pathway blockade alone.<sup>[52](#page-8-0)</sup>

Angiopoietins are protein growth factors whose action (via the tyrosine kinase receptor Tie-2) is required for formation of mature blood vessels.[9](#page-7-0) Angiopoietin-1 and

angiopoietin-2 were found to modulate sensitivity to VEGF ([Figure 1\)](#page-1-0).<sup>[53](#page-8-0)</sup> In the cornea, inhibition of angiopoietin-2 suppressed angiogenesis; however, additional inhibition of angiopoietin-1 yielded no further suppression of angiogenesis.<sup>[54](#page-8-0)</sup>

# Antiangiogenic factors in the cornea

To counteract vasoproliferative effects of VEGF-A, soluble forms of VEGFR-1 are expressed by corneal epithelium.<sup>[55](#page-8-0)</sup> Ambati et  $al^{55}$  showed that in the absence of soluble VEGFR-1, mice develop corneal neovascularisation. Furthermore, VEGFR-1 is expressed in healthy human corneal epithelium, whereas in neovascularised human corneas, VEGFR-1 expression is significantly reduced.<sup>56</sup>

In addition, VEGFR-3 is ectopically expressed in corneal epithelium.[57](#page-8-0) This acts as a decoy mechanism to neutralise VEGF-C and VEGF-D, classically regarded as lymphangiogenic factors.

A protein showing structural relationship to hypoxiainducible transcription factors (HIF) has been reported to impair HIF1 $\alpha$ -mediated expression of VEGF.<sup>[58](#page-8-0)</sup> Mouse corneal epithelial cells strongly expressed this protein in vitro, particularly under hypoxic conditions. In these cells, expression of VEGF was low even under hypoxic conditions, but increased when the HIF-related protein was antagonised. In vivo, antagonisation induced neovascularisation already at normal levels of oxygen, suggesting an important role in maintaining corneal avascularity.

Pigment epithelium-derived factor has been identified as an important factor opposing ocular angiogenesis.<sup>[59](#page-8-0)</sup> It is expressed in the corneal tissue, $60$  and was detected in human tear fluid.<sup>[61](#page-8-0)</sup>

The antiangiogenic properties of angiostatin, a fragment of plasminogen, were first shown in the context of tumour growth and metastasis.<sup>[62](#page-8-0)</sup> Presence of angiostatin was demonstrated in human corneal epithelium, $63$  and in mouse corneas during wound healing[.20](#page-7-0) It was found to inhibit corneal neovascularisation in different rodent models.<sup>[64](#page-8-0)</sup>

Endostatin is a fragment of collagen XVIII, which induces EC apoptosis,<sup>[65](#page-9-0)</sup> and which is present in human cornea.[66](#page-9-0) MMPs were reported to be involved in generating endostatin via cleavage of collagen;<sup>[67](#page-9-0)</sup> together with pro-angiogenic properties of these proteolytic enzymes (vide supra), this exemplifies their ambiguous role in angiogenesis.

Thrombospondins are matricellular proteins able to inhibit migration and survival of vascular ECs.<sup>[68](#page-9-0)</sup> They are expressed in the normal cornea, and both thrombospondin-1 and thrombospondin-2 were found to suppress the inflammation-induced corneal neovascularisation in rodents.<sup>[69,70](#page-9-0)</sup>

# Current therapeutic approaches towards corneal neovascularisation

The method of choice to treat corneal neovascularisation depends on the state of maturation of these vessels. Mature vessels often no longer rely on angiogenic mediators.[71,72](#page-9-0) Here, surgical interventions such as fine-needle cauterisation, first reported by Pillai et al,<sup>[73](#page-9-0)</sup> may constitute the most effective treatment. However, during active vessel growth, pharmacological manipulation of molecular cues for vascular ECs suggests itself as a therapeutic approach. It has been suggested from ultrastructural and immunohistochemical analysis of vascularised human corneas that vessel maturation by pericyte recruitment may occur within less than 2 weeks after clinical diagnosis of corneal neovascularisation.<sup>[74](#page-9-0)</sup> This is likely to limit the time-frame available for successful antiangiogenic therapy. However, blockade of angiogenic growth factors may still be beneficial to prevent further sprouting of vascular ECs in cases in which the angiogenic stimulus persists.

Table 1 provides an overview of current indications for antiangiogenic therapy at the cornea. Anti-inflammatory agents (eg, steroids, cyclosporine A) are a classic means to suppress corneal inflammation and corneal neovascularisation.[75](#page-9-0) On top of their anti-inflammatory properties, steroids have been shown to inhibit proliferation and migration of vascular ECs[.19](#page-7-0) Using a rodent model to compare anti-lymphangiogenic effects of different topically applied corticosteroids, the strongest effect was measured for prednisolone, which may therefore render this substance particularly suitable to

Table 1 Current indications for antiangiogenic therapy<sup>a</sup> at the cornea (adapted from Cursiefen et  $al^{23}$ )

Infectious keratitis	Herpetic Bacterial Fungal Parasitic
Inflammatory conditions	Mucous membrane pemphigoid
	Atopic conjunctivitis
	Rosacea
	Lyell's syndrome
	Stevens-Johnson syndrome
Corneal graft	Preoperative conditioning
	Postoperative prevention of graft rejection/failure
Loss of limbal barrier function	Limbal stem cell deficiency
	Corneal burns or other injury

<sup>a</sup>Note that antiangiogenic therapy does not exclude or replace treating the cause of the underlying condition, where applicable.<sup>8</sup>

prevent rejection of corneal allografts[.76](#page-9-0) However, side effects of steroids are an important cause of ocular complications, whereas efficacy in cases of noninflammatory-mediated corneal neovascularisation is limited. Hence, it appears desirable to target molecular factors of corneal angiogenesis more selectively, as occurs already in cancer treatment outside the eye and in macular disease. This field is currently emerging; important milestones are pointed out in the following section.

# Translational aspects of corneal angiogenesis and clinical experience with novel therapies

In 1971, Folkman<sup>[77](#page-9-0)</sup> published a seminal article in which he suggested that tumour growth depended on angiogenesis, making it a suitable target for therapeutic interventions. Some of the work leading to this hypothesis, and much of the work undertaken since, used the cornea as an experimental model. Because of its angiogenic privilege, the cornea is suitable to show vessel-inducing effects of tumour cells or putative pro- or antiangiogenic factors *in vivo.*<sup>[78](#page-9-0)</sup>

It is worth stressing that despite similarities, vascular growth may slightly differ between distinct anatomic locations.[79,80](#page-9-0) For instance, VEGFR-1 acts as a decoy receptor in the cornea, but induces neovascularisation in the retina, as shown by reduction of retinal neovascularisation upon experimental disruption of VEGFR-1.[81](#page-9-0) Overall, the natural avascularity of the cornea makes it quite an atypical environment to study vascular development.<sup>[82](#page-9-0)</sup>

Nevertheless, experimental data from corneal angiogenesis assays contributed to the development of antiangiogenic drugs such as VEGF-inhibitors, which have been formally approved for cancer treatment, and form the mainstay for treating neovascular age-related macular degeneration.[75](#page-9-0)

Curiously, development of specific antiangiogenic agents for clinical use in the anterior ocular segment remains at a less advanced stage, and use of available agents occurs 'off-label'. Actively growing vascular sprouts can be targeted using topical application of VEGF-inhibitors such as the humanised monoclonal antibody bevacizumab, initially approved for the treatment of metastatic colorectal cancer.<sup>[72](#page-9-0)</sup> The use of this and structurally related anti-VEGF antibodies have shown clinical effects in the anterior segment of the eye. A Medline search identifies a number of case series reporting the clinical use of bevacizumab in corneal neovascularisation [\(Table 2\)](#page-5-0). At large, these studies suggest regression of neovascularisation following anti-VEGF treatment. This is despite the considerable variability in the treatment regimens used, and in the

nature and severity of the conditions treated. Although most reports conclude that topical anti-VEGF therapy for corneal neovascularisation appears safe, adverse effects such as corneal thinning and reduced epithelial healing have also been acknowledged.<sup>[83](#page-9-0)</sup> These may be due to neurotrophic effects of VEGF, leading to reduction of the numerous corneal nerves when VEGF is inhibited.<sup>[84](#page-9-0)</sup> Currently, no data from randomised controlled clinical trials is available. Such studies are warranted to confirm safety and efficacy of these anti-VEGF treatment for corneal neovascularisation, with inhibition of corneal neovascularisation having been proposed as a clinically relevant endpoint.<sup>[23](#page-7-0)</sup>

The only antiangiogenic compound for corneal neovascular disease, which has reached a controlled clinical testing, is an antisense oligonucleotide, designed to inhibit the expression of insulin receptor substrate-1 (IRS-1).[85](#page-9-0) IRSs are cytosolic adaptor proteins involved in the organisation of growth hormone and cytokine receptor signalling. Pre-clinical studies had shown targeting IRS-1 to inhibit corneal neovascularisation in rats, possibly mediated via downregulation of interleukin- $1\beta$ .<sup>[86](#page-9-0)</sup> Currently, this antisense oligonucleotide against IRS-1 is being investigated in a phase III clinical trial to determine its clinical value for topical inhibition of corneal neovascularisation.<sup>[85,87](#page-9-0)</sup>

This example points out that, apart from administration of neutralising antibodies, targeting gene expression has now received some attention as a potential means to control corneal angiogenic and antiangiogenic mediators. Recent evidence from this field of study will be discussed next.

# Future therapies may rely on local gene therapy to influence (anti-)angiogenic factors

With more knowledge now available regarding mediators of angiogenesis, targeting these pathways by gene therapy emerges as a promising means of fighting neovascularisation in the eye.<sup>28</sup> This approach has been taken into clinical testing for subfoveal choroidal neovascularisation, $80$  with the anterior segment now striving to follow suit. Here, injection of an adenovirus vector encoding a soluble Tie-2 receptor inhibited neovascularisation in a mouse model of corneal injury.<sup>[88](#page-9-0)</sup> In a similar vein, ex vivo transduction of corneal tissue with a lentivirus containing the human endostatin gene has been proposed as a viable method to prevent corneal graft neovascularisation and subsequent rejection in high-risk corneal transplants.<sup>[89](#page-9-0)</sup> Adenovirus-mediated transduction of corneal ECs with soluble VEGFR-1 successfully inhibited corneal neovascularisation in a rodent model.<sup>[90](#page-9-0)</sup> The same group also used adenoassociated virus to reduce the development of

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**Table 2** Clinical reports of the use of bevacizumab in corneal neovascularisation Table 2 Clinical reports of the use of bevacizumab in corneal neovascularisation Corneal neovascularisation: emerging treatments J Menzel-Severing

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experimental corneal neovascularisation.<sup>[91](#page-9-0)</sup> A somewhat different approach uses intracorneal gene therapy to express VEGFR-1 intracellularly, leading to disruption of autocrine feedback loops, decreased VEGF secretion, and inhibition of neovascularisation. $92$  This group was also able to show viability gene transfer for the same receptor using a non-viral vector.<sup>[93](#page-9-0)</sup> Another non-viral method employed experimentally for corneal antiangiogenic gene therapy was electroporation.<sup>[94](#page-9-0)</sup> Small interfering RNA (siRNA) constitutes another promising technique, which can be used locally in the eye to silence relevant genes.[95](#page-9-0) Here, difficulties may arise when it comes to determining an effective target sequence. Despite the help of online tools, the best siRNA sequence currently needs to be selected empirically.<sup>[28](#page-7-0)</sup> Nevertheless, siRNA targeting VEGF-A and/or its receptors was successfully shown to inhibit inflammation-induced corneal neovascularisation in mice.<sup>[96](#page-9-0)</sup>

Interestingly, amidst all the efforts to counteract corneal neovascularisation, some authors have chosen to use gene transfer to promote corneal angiogenesis.<sup>97-99</sup> Here, induced corneal neovascularisation serves as an assay to investigate the efficacy of gene transfer to the cornea or indeed the impact of the transfected proangiogenic gene on corneal angiogenic privilege. Through these efforts, data obtained in the cornea may  $-$  once again  $-$  support the endeavour to promote angiogenesis as a therapeutic approach towards ischaemic disorders elsewhere.

## Conclusions

Corneal neovascularisation is one out of a multitude of angiogenesis-dependent diseases.[100](#page-10-0) Although many of the early studies on tumour angiogenesis were carried out using the angiogenic privilege of the cornea as a model system,[101,102](#page-10-0) anticancer drugs such as bevacizumab are now proving to be of benefit for the treatment of corneal disease.<sup>103</sup> However, clinical data on safety and efficacy of bevacizumab is currently limited to non-randomised, largely non-comparative case series, and antiangiogenic agents developed and approved specifically for corneal neovascularisation are not yet available.

The relative accessibility and segregation of the ocular compartment makes it a good candidate for local gene therapy.<sup>[80](#page-9-0)</sup> A plethora of in vivo studies to test this approach have been carried out in recent years, so far yielding at least one multicenter trial that aims to bring a specific corneal angiogenesis inhibitor into the ophthalmic clinic.[85](#page-9-0) Future challenges include the achievement of successful delivery and stable expression of therapeutic genes.[104](#page-10-0)

<span id="page-7-0"></span>In summary, increased understanding of molecules relevant in vascular development is on the cusp of translating into specific therapeutic agents, which will be useful in the ophthalmic clinic to specifically target angiogenesis, and treat or prevent corneal neovascularisation. In this context, randomised controlled trials to establish safe and effective treatment regimens for these agents are obligatory.

## Conflict of interest

The author declares no conflict of interest.

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