# Emergence, hierarchy and top-down causation in evolutionary biology

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The concept of emergence and the related notion of 'downward causation' have arisen in numerous branches of science, and have also been extensively discussed in philosophy. Here, I examine emergence and downward causation in relation to evolutionary biology. I focus on the old, but ongoing discussion in evolutionary biology over the 'levels of selection' question: which level(s) of the biological hierarchy natural selection acts at, e.g. the gene, individual, group or species level? The concept of emergence has arisen in the levels-of-selection literature as a putative way of distinguishing between 'true' selection at a higher level from cases where selection acts solely at the lower level but has effects that percolate up the biological hierarchy, generating the appearance of higher level selection. At first blush, this problem seems to share a common structure with debates about emergence in other areas, but closer examination shows that it turns on issues that are sui generis to biology.

Keywords: emergence; hierarchical organization; evolutionary biology; levels of selection; causation; Price's equation

## 1. INTRODUCTION

The concept of emergence has featured in many branches of science, including physics, complex systems and neuroscience. There is also a large philosophical literature on the topic [[1\]](#page-4-0). I want to discuss emergence, and the closely related topics of hierarchical structure and 'top-down' causation, in relation to evolutionary biology. My concern is not with the whole of evolutionary biology, but rather with one particular debate within it—the ongoing discussion over 'levels of selection' [\[2](#page-5-0)–[4](#page-5-0)]. I start by offering a brief characterization of the levels-of-selection question in biology. I then outline a central conceptual problem within the levels-of-selection debate, and explore how the notions of emergent property and top-down causation have arisen in the biological literature as possible solutions to the problem.

My central claim is this. At first blush, the issue within evolutionary biology that I discuss *appears* to be a special case of the more general issue of emergence/top-down causation, examined in the abstract by authors like Jaegwon Kim [\[5\]](#page-5-0). However, closer examination reveals that this is not actually the case. In fact, the biological issue is largely sui generis, and turns on matters that are specific to evolutionary science, despite the appearance of a common structure with debates in other disciplines. This claim, if correct, dovetails nicely with an argument made in a different context by Larry Sklar [\[6](#page-5-0)], about the relation between philosophical issues as they arise within science and as they are treated in the abstract.

Some preliminary remarks about the concepts of emergence and top-down causation will help set the stage. Many branches of science, including biology, study systems that are hierarchically organized, i.e. smaller 'parts' are contained within larger 'wholes'. Think for example of electrons within atoms, neurons within brains, planets within solar systems or cells within an organism. It is a standard thought, among philosophers and scientists, that the properties of the parts usually determine those of the whole. Despite this, it is often argued that when the pattern of determination is extremely complex, the whole may exhibit 'emergent properties' that could not have been predicted from knowledge of the constituent parts. This emergence is sometimes thought to help explain why the principles and laws of science such as biology and psychology cannot be reduced to micro-physical principles and laws. But how exactly the concept of emergence should be understood, and its precise significance, is a controversial issue [\[1](#page-4-0)].

'Top-down' (or 'downward') causation is the idea that in a hierarchically structured system, causal influence may on occasion run from whole to part, i.e. down the hierarchy. This is quite a counterintuitive notion; ordinarily we are accustomed to think that neurons causally influence the brains they are in, and that electrons causally influence the atoms they are in, for example, but not vice versa. Indeed, many philosophers of science have doubted whether topdown causation is possible. However, this is presumably an empirical issue; and in any case, it seems indisputable that the behaviour of a part may causally depend on its relationship to, or position within, the whole. So in this fairly minimal sense, downward causation presumably does occur in nature. But as with emergence, how

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One contribution of 15 to a Theme Issue 'Top-down causation'.

exactly the concept should be understood, and what exactly it shows, are matters of ongoing controversy among philosophers of science.

#### 2. THE LEVELS-OF-SELECTION QUESTION

The levels-of-selection question asks which level or levels of the biological hierarchy does natural selection act. The question is a fundamental one for evolutionary biology, for it arises directly from the underlying logic of Darwinism. As Darwin himself realized, the principle of natural selection is entirely abstract: it tells us that if a population of 'entities' exhibits variation, differential reproduction and heredity, then its composition will change over time, as the 'fittest' variants gradually replace the less fit. In most discussions, including Darwin's own, these entities are taken to be individual organisms, but, in theory at least, there are other possibilities. For the biological world is hierarchically organized with organisms somewhere in the middle. Each organism is composed of organs and tissues, which are themselves made up of cells; each cell contains a number of organelles and a cell nucleus; each nucleus contains a number of chromosomes; and on each chromosome lies a number of genes. Above the level of the organism, we find entities such as kin groups, colonies, demes, species and whole ecosystems.

How exactly the biological hierarchy should be characterized, that is, which levels should be recognized and why, is a non-trivial issue. But one point is clear from the outset. Entities at various hierarchical levels, above and below that of the organism, can satisfy the conditions required for evolution by natural selection. For just as organisms gives rise to other organisms by reproduction, so cells give rise to other cells by cell division, genes to other genes by DNA replication, groups to other groups by fission (among other ways), species to other species by speciation, and so on. Thus the Darwinian concept of fitness, i.e. expected number of offspring, applies to entities of each of these types. So, in principle, these entities could form populations that evolve by natural selection.

Historically, the levels-of-selection question has been closely linked with the problem of altruism. In biology, altruism refers to behaviours that reduce the fitness of the organism performing them, but boost the fitness of others, e.g. sharing food. Selection at the level of the individual organism should disfavour altruism, for altruists suffer a fitness disadvantage relative to their selfish counterparts, yet such behaviour is quite common in nature. One possible explanation, first canvassed by Darwin himself, is that altruism may have evolved by selection at higher levels of organization, for example, the group or colony level. Groups containing a high proportion of altruists might have a selective advantage over groups containing mostly selfish types, thus allowing altruism to prosper. The idea that group selection might explain the evolution of altruism is still discussed today.

For many years, the idea of selection operating at levels other than that of the individual organism was seen as a theoretical curiosity, unlikely to be important in practice.

Recently, there has been a significant change of opinion among (some) biologists, and a resurgence of interest in hierarchical or 'multi-level' approaches to natural selection. This is for two main reasons. Firstly, theorists concerned with explaining the 'major evolutionary transitions' have realized that selection acting at multiple hierarchical levels (multi-level selection) may have played a major role [\[3](#page-5-0),[4,7](#page-5-0)–[9\]](#page-5-0). Such transitions occur when a number of lower level units, capable of surviving and reproducing alone, aggregate into a single larger unit, which eventually becomes a new higher level individual. Many such transitions have occurred in the history of life (e.g. from single-celled to multi-celled organisms), giving rise to the modern biological hierarchy. For an evolutionary transition to occur, it is generally necessary for selection at the higher level to 'trump' selection at the lower level, to ensure that the lower level units work for the good of the whole. From this perspective, we see that multi-level selection, far from being a theoretical curiosity, is in fact implicated in some of the most important evolutionary events on the Earth.

The second reason behind the resurgence of multi-level selection stems from a theoretical advance made by George Price in the 1970s, whose full significance has only recently been fully appreciated [\[10\]](#page-5-0). Price showed how the overall evolutionary change, in a population with hierarchical structure, could be partitioned into a number of components, one corresponding to each level of the hierarchy. Thus, for example, if the two levels are individuals and groups, then applying Price's technique allows us to express the total evolutionary change as the sum of two components—one reflecting selection acting on individuals within groups and the other reflecting selection acting between the groups themselves. (For an 'altruistic' trait these two components will be opposite in sign, i.e. group selection will favour the trait, individual selection will oppose it.) As well as being a useful modelling technique, Price's analysis also provides a key conceptual insight: natural selection, at any hierarchical level, requires a covariance between some trait and the fitness of entities at that level. Moreover, the component of the total change owing to selection at any level is directly proportional to the magnitude of the trait-fitness covariance at that level. I have provided a fuller account of Price's analysis of multi-level selection in previous work [\[2](#page-5-0)], as have other authors [\[3](#page-5-0)].

#### 3. EMERGENCE AND THE LEVELS OF SELECTION

What has all this got to do with emergence and topdown causation? Interestingly, these notions have arisen in both the biological and the philosophical literature on levels of selection. In some ways this is not surprising, as the concept of emergence is potentially applicable wherever there is hierarchical structure, and as we have seen, the hierarchical nature of the biotic world is part of what gives rise to the levels-ofselection question. Moreover, causation is also central to the levels question. Darwinian explanations are usually understood as causal: to attribute the spread of a trait to natural selection is to say what caused it

to spread. (This causal dimension to Darwinian explanations is not always made explicit, but it is generally intended.) If this is right, then in a multi-level scenario, where natural selection is operating at two (or more) levels of the biological hierarchy, it follows that two distinct causal processes are occurring at different hierarchical levels; in principle, the higher level process could impinge on entities at the lower level. And this is precisely the sort of situation for which the notion of top-down causation was tailored. So it is easy to see, in general terms, why emergence and top-down causation should feature in discussions of the levels of selection in biology.

To make this more concrete, consider a well-known distinction introduced by Williams in his famous book Adaptation and natural selection [[11](#page-5-0)]. Williams argued that group adaptations must be sharply distinguished from what he called 'fortuitous group benefits'. A group adaptation is a feature of a group that benefits it, and that evolved by selection at the group level. For example, some insect colonies have a sophisticated division-of-labour among workers, which probably evolved because of the advantage it confers on the whole colony; if so, this is a group adaptation. A fortuitous group benefit, by contrast, is a feature of a group that benefits it, but is not the result of group-level selection, rather it is an 'unintended side effect' of some other process. For example, if a particular deer herd contains deer that can run especially fast, then the average running speed of the herd will be high higher than that of other herds. But 'average running speed' is not an adaptation of the deer herd. Rather, running fast is an adaptation of the individual deer within the herd; there is an individual-level selection story to be told about why they evolved to run fast. The fact that the herd they live in has a high average running speed is simply a side effect of the adaptations of the individual deer. No group-level selection process need be invoked to explain this fact.

One natural thought is that Williams' distinction between group adaptation and fortuitous group benefit lines up with the distinction between emergent and non-emergent (or 'aggregate') properties; this has been argued by a number of authors including Elizabeth Vrba [[12\]](#page-5-0). Division-of-labour among the workers in an insect colony is arguably an emergent property of the whole colony, for it 'emerges' from the different activities and morphologies of many insects. But the average running speed of a deer herd is not like this—rather, it is a mere statistical aggregate of the running speeds of the individual deer. How exactly this emergent/aggregate distinction should be drawn, in biology and elsewhere, is a rather tricky question—for in both cases, the group property is presumably determined by individual properties. But if we grant that the distinction makes sense, and that we have at least a rough idea of how to apply it, then the hypothesis that emergent/aggregate coincides with the group adaptation/fortuitous group benefit distinction can at least be entertained. The hypothesis is prima facie quite plausible, for convincing examples of biological adaptations, at any level, are usually complex traits and a hallmark of a complex trait is precisely that it



Figure 1. Particles nested within a collective.

is not a simple aggregation of lower level traits, in the way that the herd's average running speed is a simple aggregation of the traits of the individual deer.

#### 4. CAUSATION AND CROSS-LEVEL BYPRODUCTS

Closely related to emergent properties is the issue of causation as it relates to levels of selection. To focus the issue, consider a two-level scenario, where lower level 'particles' are nested within higher level 'collectives', as shown in figure 1. This figure could represent individual organisms within social groups, or cells within multi-celled organisms, or genes within genomes, or species within ecosystems. In principle, natural selection could operate on particles within collectives, or on whole collectives, or at both levels simultaneously. Price's analysis teaches us that for selection to act at a level, there must be a trait-fitness covariance at that level. So for collective-level selection to occur, it is necessary that the fitness of a collective depends systematically on the traits of that collective. (Note that the 'traits' of a collective may include both aggregate properties—such as the proportion of particles of a given type it contains—or emergent properties.) But covariance is of course a statistical notion and not a causal one. If a given collective trait covaries with a collective's fitness, this may be because of a causal influence of that trait on fitness, or it may be for some other reason. Another possibility is that the trait-fitness covariance at the collective level is a side effect, or byproduct, of natural selection acting at the lower level. If so, then there is a 'cross-level product' running from the particle to the collective level [\[2](#page-5-0)].

This conceptualization helps us to isolate the core of the levels-of-selection problem. The key question becomes: when is a given trait-fitness covariance indicative of selection at the level in question, and when is it a byproduct of selection at some other hierarchical level? In previous work, I argue that this is the question actually at stake in many debates over the levels of selection, though they are rarely formulated in precisely this way [\[2](#page-5-0)]. In essence, the levels-of-selection problem is about how to determine the hierarchical level(s) at which there is a causal, rather than merely a statistical, link between traits and fitness.

To illustrate the idea of a cross-level byproduct, recall Williams' example of a herd of fleet deer. Let us elaborate somewhat on the example. Suppose there are two sorts of deer, fast and slow, and that the former are on average fitter than the latter, as they can escape predators more easily. The deer live in herds of size *n*. Suppose that the fitness of any individual deer depends only on its own running speed, and not

on which group it lives in. Suppose that fast and slow deer are distributed among herds at random, so by chance, the proportion of fast deer (e.g.) varies from herd to herd. In this situation, there will clearly be a positive covariance between a herd's fitness (which can be defined as the total fitness of the deer within it), and the proportion of fast deer in the herd. Herds in which this proportion is high will be fitter than ones in which it is low. However, this covariance does not reflect a causal relationship of trait on fitness at the herd level; rather, it is a side effect of the fact that at the individual level there is a causal link between running fast and being fit. So the causal action of natural selection is taking place at the lower level, producing effects that 'filter up' the biological hierarchy, leading to the appearance of a causal process of selection at the higher level.

One important consequence of this is that Price's equation is a potentially misleading guide to the levels of selection, if 'selection' is understood causally. A positive covariance between collective trait and collective fitness may reflect the causal action of natural selection at the collective level, or it may instead arise as a crosslevel byproduct, in the matter described above. It is not possible to tell by inspection of Price's equation which of these possibilities obtains; so the equation can at best be a partial guide to understanding the causal forces at work in multi-level selection. This point has been made in the literature by a number of authors [\[2,13](#page-5-0),[14\]](#page-5-0) but is not widely appreciated. In part, this is because evolutionary biologists tend to slide easily from using 'selection' in a purely correlational and in a causal sense.

How exactly should the distinction between 'genuine' natural selection at level and cross-level byproducts be drawn? Some authors have suggested that emergent properties can help distinguish the two. Where the collective trait is aggregate rather than emergent, then any covariance between that trait and fitness can only be a side effect of lower level selection, on this view; while if the collective trait is emergent, then it is capable of causally influencing fitness. This has been called the 'emergent property requirement' on genuine higher level selection [[2\]](#page-5-0). The requirement has a certain plausibility, and certainly tallies with our intuitions in some cases, but it faces two problems. Firstly, as noted above, the aggregate/emergent distinction, though intuitive, is hard to characterize precisely. Secondly, it represents a substantial metaphysical thesis whose truth one would like some explanation of. However, we exactly distinguish emergent from nonemergent properties of collectives, why should it be that only the former are capable of causally influencing the fitness of a collective? Proponents of the emergent property requirement have not answered this question.

Another idea that has surfaced in this debate, though rarely made fully explicit, is that genuine collective-level selection, which cannot be reduced to selection at lower levels, is in fact impossible. (Both Vrba [[12\]](#page-5-0) and Eldredge [\[15](#page-5-0)] flirt with an argument which, if taken to its logical conclusion, would have this consequence.) On this view, any trait-fitness covariance at the collective level can ultimately be explained



Figure 2. The supervenience argument against higher level selection.

from below; so there cannot be a causal link between trait and fitness at the collective level as opposed to a cross-level byproduct. One possible argument for this reductionistic conclusion is as follows.

In general, properties of collectives are likely to depend systematically on properties of their constituent particles—this is what philosophers sometimes refer to as the principle of 'part –whole supervenience' [\[5](#page-5-0)]. So any collective trait Z will be 'realized' by some complex of underlying particle traits; the same is true of collective fitness Y. Therefore, there cannot be a direct causal influence of Z on Y. Any apparent causal link between Z and Y is actually a side effect of causal connections between the respective particle-level traits that realize Z and Y. So genuine collective-level selection, which is irreducible to causal processes acting at the particle level, is impossible; it flies in the face of the determination of collective properties by particle properties. This argument is depicted graphically in figure 2. The solid arrows and dotted lines represent causation and correlation, respectively; the thick vertical lines represent the relation of determination, or supervenience. Let us call this the 'supervenience argument' against the possibility of genuine higher level selection.

What should we make of the supervenience argument? Clearly, it threatens to make cross-level byproducts ubiquitous, for it challenges the very idea of higher level causation in a hierarchical system. (The argument is analogous to Jaegwon Kim's well-known argument against 'non-reductive physicalism' in philosophy of mind [[5\]](#page-5-0).) However, note that the supervenience argument, if correct, shows only that a trait-fitness covariance at the higher level must be a byproduct of some lower level causal processes or other, but not necessarily lower level selection. For the underlying particle characters on which Y supervenes will not necessarily be particle fitnesses; they may be characters of any sort. So it does not follow from the supervenience argument that the trait-fitness covariance at the collective level is reducible to particle-level selection.

However, reducibility to lower level selection is what matters for evolutionary biologists. For the crucial question is: should we invoke the notion of Darwinian adaptation at the collective level, or only at the particle level? Should we recognize collectives as adapted units, with properties fashioned by natural selection, or not? In the context of the levels-of-selection debate, this is the issue that matters. So the mere fact, if it is one, that there will always be some lower level ('micro-causal') explanation of a given higher level trait-fitness covariance is not to the point; what we

<span id="page-4-0"></span>are interested in is whether or not there is a lower level selective explanation. For this latter question is what determines the legitimacy, or otherwise, of treating the collectives as adapted units in their own right, rather than as groups of adapted individuals. And this is precisely the bone of contention in the levels-ofselection controversy.

An example may help illustrate the importance of the distinction in question. Suppose that a process of colony-level selection is operating in a species of social insects, favouring those colonies in which workers' reproduction is suppressed. So there is a positive covariance between a colony's fitness and its success at suppressing worker reproduction. Plausibly, this is a case of genuine (or irreducible) higher level selection. The covariance in question is not a side effect of selection at a lower level, as in Williams' deer herd example. So there is a prima facie case for regarding the colonies themselves as adapted units. But, presumably, there must be some lower level explanation of the covariance in question: it is not a brute fact about the world. For example, perhaps suppressing worker reproduction reduces the potential for wasteful conflict among the workers, thus boosting the colony's chance of survival. Fully elaborated, this explanation would amount to a lower level explanation, in terms of individual events and processes, of why the covariance in question obtains. But it would in no way show that the covariance is a side effect of lower level selection, so would not invalidate the idea that the colonies themselves, rather than their constituent individuals, are the adapted units.

This does not show that the supervenience argument is incorrect, but only that it is not quite to the point, given the question that evolutionary biologists are interested in. This also helps us diagnose the mistake made by proponents of the emergent property requirement on higher level selection. The appeal to emergent properties makes some sense as a way of trying to resuscitate 'genuine' higher level selection from the clutches of the supervenience argument. Indeed, this is a standard role played by the emergent property notion in other areas—helping to explain (supposedly) how causation at the higher level can coexist with part–whole supervenience. It is highly debatable whether emergent properties can succeed in this role, but in the biological context it does not matter. To repeat, the question we are interested in is not whether some particle-level causal processes or other bear the causal responsibility, but whether particle-level selection bears the causal responsibility. It seems probable that these two questions have been conflated by defenders of the emergent property requirement on higher level selection.

This does not mean that the distinction between 'emergent' and 'aggregate' properties is unreal, or is of no biological importance. It may well be that the notion of an emergent property is a useful way of characterizing the distinction between a honeybee colony, for example, which bears the hallmarks of functional organization at the group level, and an aphid colony, which does not. And it may be that there is a robust correlation between the occurrence of group-level selection, and the possession by groups of emergent properties; though of course, we should not ignore the possibility that lower level processes, including individual selection, may also explain the existence of emergent properties. This is an empirical question. The point I am making here is that there is no conceptual link between a group having emergent properties, and the existence of an autonomous group-level selection process that is irreducible to lower level selection.

## 5. CONCLUSION

What does this leave us? The upshot, I think, is that the debate over causation, hierarchy and emergence, in this particular area of evolutionary biology, raises issues that are fairly sui generis to biology, despite the appearance of a common structure with issues discussed in philosophy of mind, metaphysics and other branches of science. One interesting question is whether this moral generalizes. Are the issues surrounding emergence and top-down causation, in, say, neuroscience, importantly different from the similar-sounding issues that arise in complex systems theory or in statistical mechanics, for example? There is a perennial temptation in philosophy of science to see a common structure in debates with widely different subject matters, and thus to seek an abstract characterization of the issues, applicable across the board. This can be illuminating, but it can also blind us to the subtleties and idiosyncrasies of particular cases.

In a recent book on the philosophy of physics, Larry Sklar [\[6](#page-5-0)] makes an interesting observation about the relationship between philosophical issues as they arise in actual science, and as they are treated in the abstract. Sklar notes that many issues in philosophy of science, such as the opposition between 'realists' who think that science is trying to describe the ultimate structure of reality and 'instrumentalists' who think that science is just about predictive accuracy, tend to be debated in highly general terms, without reference to a scientific context. However, similar debates have frequently arisen within science, e.g. among quantum physicists. Sklar argues that by treating the issues in the abstract, philosophers risk losing sight of the specific reasons, internal to a particular science, which have motivated scientists to endorse realist or instrumentalist viewpoints of the case in question. Sklar's observation is an important one and also applies to the issues in evolutionary biology discussed above; the problem I have discussed of how to understand causation in relation to multi-level selection can be characterized in a way that makes salient the analogy with debates about emergence, reductionism and causation in metaphysics and philosophy of mind, but doing so threatens to obscure the biological issues that are at stake.

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