

Value of the Modified Hodge Test for Detection of Emerging Carbapenemases in *Enterobacteriaceae*

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The modified Hodge test has an excellent sensitivity for detecting enterobacterial isolates producing Ambler class A (KPC) and class D (OXA-48) carbapenemases. Its sensitivity is low for NDM-1 producers (50%) but is increased to 85.7% by adding ZnSO4 (100 g/ml) in the culture medium. However, this test has a low specificity and is time-consuming.

Carbapenemase producers are increasingly reported worldwide
in *Enterobacteriaceae*. Their identification is of primary importance since carbapenemase producers are resistant not only to most (if not all) β -lactams but also to other main classes of antibiotics. Mostly, three types of carbapenemases are now commonly identified in *Enterobacteriaceae*. They are the Ambler class A of the KPC type, class B of the NDM-1, IMP, and VIM types, and class D of the OXA-48 type [\(1,](#page-2-0) [14,](#page-2-1) [15,](#page-2-2) [20,](#page-2-3) [23\)](#page-2-4). Many techniques can be used for detecting production of carbapenemases, from phenotypic to advanced molecular-based techniques [\(13\)](#page-2-5). The cloverleaf technique, or modified Hodge test (MHT), has been extensively used as a phenotypic technique for detecting carbapenemase activity [\(12,](#page-2-6) [13,](#page-2-5) www.cdc.gov/ncidod/dhqp/pdf/ar /HodgeTest_Carbapenemase_Enterobacteriaceae.pdf) since it is available in clinical microbiology routine settings and recommended by the CLSI [\(5\)](#page-2-7). It is based on the inactivation of a carbapenem by carbapenemase-producing strains that enables a carbapenem-susceptible indicator strain to extend growth toward a carbapenem-containing disk, along the streak of inoculum of the tested strain.

Since the value of MHT for detecting the currently widespread carbapenemase producers (KPC, NDM-1, OXA-48) has been poorly documented, we have initiated a study using a collection of carbapenemase and noncarbapenemase producers with well-characterized mechanisms of resistance. Enterobacterial isolates included in our study were either resistant or of reduced susceptibility to ertapenem, according to the updated breakpoints of the CLSI guidelines (i.e., with a MIC of ertapenem of \geq 0.5 μ g/ml) [\(5\)](#page-2-7) [\(Table 1\)](#page-0-0). The isolates produced either Ambler class A (KPC-2), class B (NDM-1, VIM-1, IMP-1), or class D (OXA-48) carbapenemases. Noncarbapenemase producers were AmpC overproducers with permeability defect or clavulanic-acid inhibited extended-spectrum β -lactamase (ESBL) producers (mostly of the CTX-M type) with permea-bility defect [\(Table 1\)](#page-0-0). Ertapenem (10 μ g disk, Bio-Rad, Marnes-la-Coquette, France) and indicator strains *Escherichia coli* JM109 (Promega, Charbonnières-Les-Bains, France) and *E. coli* ATCC 25922 were used.

Among the 35 carbapenemase producers, 24 gave positive results, 7 gave negative results, and 4 gave noninterpretable results [\(Table 1\)](#page-0-0). Class A and class D carbapenemase producers were detected by the MHT. False-negative results were obtained for 7 out of 14 NDM-1 producing *Enterobacteriaceae* [\(Table 1;](#page-0-0) [Fig. 1A](#page-2-8)), which is in accordance with what had been

previously observed for NDM-1 producers [\(4\)](#page-2-9). The overall sensitivity and specificity of the MHT was low (77.4% and 38.9%, respectively). Those noninterpretable results could correspond to isolates producing a substance, such as colicin, that may inhibit the growth of *E. coli* JM109 [\(Table 1\)](#page-0-0). False detection of carbapenemase production was observed for 11 out of 20 isolates [\(Table 1\)](#page-0-0). This result was in accordance with those from previous studies [\(3,](#page-2-10) [10,](#page-2-11) [13,](#page-2-5) [22\)](#page-2-12).

Taking into account the high rate of false negatives among NDM producers, we tried to modify this MHT technique for improving its detection limits. Although Lee et al. suggested that a bile compound contained in MacConkey agar may improve the sensitivity of the MHT for detecting metallo- β lactamase (MBL) producers [\(11\)](#page-2-13), we did not observe changes in the sensitivity detection of the NDM producers by using this medium (data not shown). As MBLs are zinc dependent [\(23\)](#page-2-4), zinc sulfate was added to Mueller-Hinton agar (MHA) (BBL, Le Pont-de-Claix, France) at different concentrations (from 25 to 100 μ g/ml). Previous studies showed that commercially available MHA media contained concentrations of zinc varying from 1- to 15-fold, depending on the manufacturer [\(7\)](#page-2-14). Cooper et al. determined zinc concentration as being 2.61 μ g/ml in MHA from BBL in 1993 [\(7\)](#page-2-14). The addition of 100 μ g/ml of zinc sulfate inhibited partially the growth of *E. coli* ATCC 25922, giving rise to difficult interpretations of the MHT. *E. coli* JM109 was then used instead of *E. coli* ATCC 25922 because growth of *E. coli* JM109 was homogeneous on $ZnSO₄$ -containing agar. The addition of zinc sulfate improved test sensitivity for 5 of the 7 false-negative results obtained with NDM producers using non-zinc-supplemented MHA [\(Table 1;](#page-0-0) [Fig. 1\)](#page-2-8). Notably, two false-negative NDM-producing *E. coli* isolates remained negative despite the addition of zinc sulfate [\(Table 1;](#page-0-0) [Fig. 1B](#page-2-8)). As suggested for detection of the IMP- or VIM-producing *Pseudomonas aeruginosa* and *Acinetobacter* sp. [\(12\)](#page-2-6), zinc addition improved the sensitivity of the MHT (from 77.4 to 94%),

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TABLE 1 Influence of ZnSO4 in Mueller-Hinton agar (MHA) on the modified Hodge test for 54 carbapenemase- and/or ESBL/AmpC-producing enterobacterial isolates

a Abbreviations: IMP, imipenem; ETP, ertapenem; MP, meropenem.

b Reduced susceptibility to ertapenem due to overexpressed AmpC.

c Reduced susceptibility to ertapenem due to porin deficiency.

d ND, not determinable, due to inhibition of growth of the *E. coli* JM109 strain along the tested isolate.

FIG 1 MHT on MHA (A) and on MHA added with zinc sulfate (100 g/ml) (B). Organisms tested: 1, *E. coli* JM109; 2, *K. pneumoniae* COO (CTX-M-15 porin loss); 3, *K. pneumoniae* BIC (OXA-48); 4, *K. pneumoniae* POZ (KPC-2); 5, *E. coli* GEN (NDM-1); 6, *E. coli* RIC (NDM-1); 7, *E. coli* ALL (NDM-1). Zinc sulfate improved the MHT for *E. coli* RIC and not for *E. coli* ALL.

in particular with NDM-1-producing *Enterobacteriaceae* [\(Ta](#page-0-0)[ble 1\)](#page-0-0). The effect of zinc might be multiplied by increasing the stability of the enzyme and/or by modifying porin expression [\(6\)](#page-2-23). The addition of zinc sulfate did not modify the specificity of the test (38.9% with or without zinc sulfate).

This study showed that the MHT technique is highly sensitive for detecting class A, B, and D carbapenemases after addition of zinc in the culture medium. However, the limitations of the MHT in terms of clinical performance remain its lack of specificity and the delay in obtaining the results (24 to 48 h) after isolation of a bacterial colony.

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