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### *Catechol-O-Methyltransferase (COMT)* **Single Nucleotide Polymorphisms and Haplotypes Are Not Major Risk Factors for Polycystic Ovary Syndrome**

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#### **Abstract**

Polycystic ovary syndrome (PCOS) is an endocrine disorder that affects 5–8% of reproductive age women. The primary features of PCOS are hyperandrogenemia, chronic anovulation and infertility. It has been suggested that defects in ovarian steroid metabolism contribute to the follicular growth arrest and abnormal production of ovarian steroid hormones that are characteristic of PCOS. 2-methoxyestradiol (2-ME) is formed by the action of catechol-Omethyltransferase (COMT) on 2-hydroxyestradiol. COMT expression is increased in the follicles and ovarian stroma of women with PCOS. Moreover, 2-ME decreases granulosa cell proliferation and steroidogenesis, raising the possibility that ovarian dysfunction associated with PCOS is due, in part, to increased synthesis of 2-ME resulting from increased COMT activity. Four singlenucleotide polymorphisms (SNPs) (rs6269, rs4633, rs4818, rs4680) in the *COMT* gene characterize haplotypes, which are associated with large variations in COMT enzymatic activity. The aim of this study was to determine whether individual *COMT* SNPs and the *COMT* haplotypes are associated with PCOS using a family-based test of association and linkage. Additionally, we examined the relationships between COMT SNPs and haplotypes with quantitative variables usually assessed in the evaluation of women with PCOS. There were no significant correlations between genotype and total testosterone, non-SHBG bound testosterone and BMI. However, we found that the prolactin level in women with PCOS varied significantly with *COMT* haplotype, and suggest that this association reflects a genetic factor influencing the stress response. Our findings suggest that common variants and haplotypes of the *COMT* gene are not major contributors to risk for PCOS, but that *COMT* genotype may influence prolactin levels.

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#### **Keywords**

Catechol-O-Methyltransferase; *COMT*; polycystic ovary syndrome; prolactin5

#### **1. INTRODUCTION**

Polycystic ovary syndrome (PCOS), which affects 5–8% of reproductive-age women, is characterized by chronic anovulation due to follicular growth arrest and hyperandrogenism of ovarian origin (Knochenhauer et al., 1998; Azziz et al., 2004). PCOS is considered to be a complex disorder with multiple genes, as well as, social and environmental factors contributing to disease (Legro et al., 1998; Urbanek et al., 1999).

Salih et al. (Salih et al., 2007; 2008) suggested that one possible mechanism for follicular growth arrest in PCOS is increased production of the estrogen metabolite, 2 methoxyestradiol (2-ME), which inhibits granulosa cell proliferation and also reduces steroidogenesis (Spicer and Hammond, 1988;1989). These authors demonstrated increased expression of catechol-O-methyltransferase (COMT), the enzyme that forms 2-ME from the catechol estrogen, 2-hydroxyestradiol in follicular tissue and ovarian stroma in women with PCOS. Salih et al. hypothesized that increased ovarian expression of COMT and the subsequent increase in 2-ME production leads to ovulatory dysfunction.

Allelic variation in the *COMT* gene has been associated with differences in COMT enzyme activity, which is involved in the metabolism of catecholamines, including dopamine, epinephrine, norepinephrine, as well as catechol estrogens (Mannisto and Kaakkola, 1999; Nackley et al., 2006). Past research has largely focused on a single nucleotide polymorphism (SNP), rs4680. The minor allele of rs4680 causes a valine to methionine substitution (Val158Met), which has been associated with a 4-fold decrease in COMT activity in the homozygous state (Mannisto and Kaakkola, 2000). Recently, haplotypes characterized by three additional SNPs (rs6269, rs4633, and rs4818) have been identified, and these haplotypes have been shown to account for larger variation in COMT activity (Nackley et al., 2006). Nackley et al. (2006) demonstrated in a mammalian expression system that *COMT* haplotypes could be ordered in a progression of enzyme activity with the ACCG haplotype showing a 18–25 fold decrease in activity and the ATCA haplotype showing a 2.5–3 fold decrease in activity compared to the GCGG high activity haplotype (Nackley et al., 2006). Thus, allelic variation in the COMT gene could influence the level of ovarian 2- ME production and, based on the work of Salih et al., (2007; 2008) contribute to risk of PCOS.

In the present study, we employed a candidate gene approach to investigate whether allelic variation in the *COMT* gene is associated and linked with PCOS using a family-based method, the transmission disequilibrium test (TDT). We also tested for associations between *COMT* SNPs and haplotypes and quantitative parameters that we evaluated in the women with PCOS, including total testosterone, non-SHBG bound testosterone, and BMI. We also evaluated prolactin levels in the subjects to rule out the possibility that the anovulation that characterizes PCOS was caused by hyperprolactinemia (Filho et al., 2007), creating an opportunity to examine the relationship between prolactin levels and *COMT* SNPs and haplotypes.

#### **2.1 Diagnosis of PCOS and phenotyping**

Diagnostic criteria for PCOS have been described in detail elsewhere (Legro et al., 1998; Urbanek et al., 1999). All women included in this study (family-based analysis and quantitative trait analysis) were considered affected with PCOS if they had elevated total testosterone (T) (greater than 58 ng/dl) or non-SHBG bound testosterone (uT) (greater that 15 ng/dl) and six or fewer menses per year. Women with clinical or biochemical evidence of non-classical 21-hydroxylase deficiency, thyroid disease, androgen-secreting tumors, or prolactin level greater than 30 ng/ml were excluded (Dunaif et al., 1996). Women included in the study were either evaluated on site at one of four study centers (Brigham and Women's Hospital, Boston Massachusetts; Pennsylvania State University College of Medicine, Hershey Pennsylvania; University of Pennsylvania State University, Philadelphia Pennsylvania; Northwestern University Feinberg School of Medicine, Chicago Illinois) or off site at a local hospital as previously described (Dunaif et al., 1996).

Fasting venous blood samples were collected between 0800 and 1000 h for measurement of serum T, and uT at a central laboratory (Penn State Hershey Medical Center) as previously described (Legro et al., 1998; Urbanek et al., 1999). Prolactin was measured at one of three locations: Brigham and Women's Hospital  $(n = 131)$ , Northwestern University Feinberg School of Medicine (n = 132), or the Hershey Medical Center core laboratory (n = 435). At Brigham and Women's Hospital prolactin was measured using the Bayer, Technicon Immuno 1 System, according to the manufacturer's protocol (Bayer Corp.). At Northwestern University, prolactin was measured using the Access Immunoassay Systems, according to the manufacturer's protocol (Beckman Coulter). At the Hershey Medical Center core laboratory, prolactin was measured using a solid-phase immunoradiometric assay (IRMA) from Siemens Healthcare Diagnostics. All assays, were standardized to the WHO 3rd International Standard for Prolactin 84/500. Inter-assay coefficients of variation (CV) were <10% for all assays across the dynamic range of 0.25–200 ng/ml. The precision of all three assays ranged from 3.3–7.0%. T and uT levels were determined as previously described (Legro et al., 1998).

This study was approved by the institutional review boards of the University of Pennsylvania, Pennsylvania State University College of Medicine, Brigham and Women's Hospital, Northwestern University, the University of Alabama at Birmingham and Cedars-Sinai Medical Center. All subjects provided written informed consent for participation in this study.

#### **2.2 SNP genotyping**

Allelic discrimination for four *COMT* SNPs was performed using predesigned TaqMan Genotyping assays C<sub>\_\_\_2538746\_1</sub> for SNP rs6269, C\_\_\_2538747\_20 for SNP rs4633, C\_\_\_2538750\_10 for SNP rs4818, C\_\_25746809\_50 for SNP rs4680 (Applied Biosystems). Allelic PCR products were analyzed using the Applied Biosystems 7900 HT Sequence Detection System and SDS version 2.2 software. Genotypes were auto-called with the quality value set at 0.95. Three individuals from the Centre d'Etude du Polymorphisme Humain collection were genotyped on each 96-well plate, and no discrepancies were observed; genotypes were all in Hardy-Weinberg equilibrium.

Error-checking of genotypes in the family material was performed with Merlin software (version 1.1.2; [http://www.sph.umich.edu/csg/abecasis/merlin/index.html\)](http://www.sph.umich.edu/csg/abecasis/merlin/index.html) and families with one or more Mendelian discrepancies for a marker were excluded in the analysis of that marker.

#### **2.3 PCOS family-based study**

Four *COMT* SNPs were genotyped in 440 families with PCOS: 46 multiplex families (two or more affected daughters and parents) and 394 simplex families (one affected daughter and parents). The total number of offspring with PCOS was 489. The self-identified ethnicities of probands in the families were: 87% white, 4% Hispanic, 1% black and 7% other or unknown.

Linkage and association between SNPs and PCOS was tested with the TDT (Spielman et al., 1993).

Genetic Power Calculator software [\(http://pngu.mgh.harvard.edu/~purcell/gpc/](http://pngu.mgh.harvard.edu/~purcell/gpc/)) (Purcell et al., 2003) was used to determine that with the sample size there was approximately 80% power ( $P = 0.05$ ) to detect a relative risk ratio of 3.0.

#### **2.4 Quantitative trait analysis of women with PCOS**

The quantitative TDT (QTDT) program (version 2.6.0) in Merlin was used to test for association between the SNPs and haplotypes and quantitative measures (prolactin, body mass index (BMI), non-SHBG bound testosterone (uT), total testosterone (T) using the orthogonal association model and the environmental, polygenic, and additive variance components [\(http://www.sph.umich.edu/csg/abecasis/QTDT/\)](http://www.sph.umich.edu/csg/abecasis/QTDT/) (Abecasis et al., 2000) in the family study. We corrected for multiple testing using Bonferroni adjustment based on testing of 4 SNPs: the adjusted p-value of  $0.0125$  corresponded to a nominal P=0.05.

A separate quantitative trait analysis was performed with a total of 698 unrelated women diagnosed with PCOS were studied, which included the PCOS women from the familybased analysis with the exception that women with ethnicities known to be other than white (Hispanic, Black, or other) were excluded from the study. The self-identified ethnicities of subjects were 561 White and 137 unknown. The ethnic profile of the general patient population in the study areas is greater than 85% white with the remaining ethnicities (Hispanic, Black, and other) representing the minority of cases. Therefore, the 698 subjects were composed of whites and individuals of unknown ethnicity, who were assumed to be mostly white in accordance with the general population.

Linear regression in PLINK was used to test for associations between each of the 4 SNPs and quantitative measures. Inter-SNP linkage disequilibrium calculations for *COMT* were performed in PLINK (Hill et al., 2011). Haplotype frequencies were generated in PLINK based on the four *COMT* SNPs, with a haplotype exclusion threshold of < 0.01. Linear regression (lm) in PLINK was used to test for associations between *COMT* haplotype and prolactin level. In this analysis each haplotype was included as a separate predictor in the lm model and coded as an additive term (1) vs. all other haplotypes (0). Associations were further investigated in PLINK to condition by covariates.

Based on published haplotype-specific COMT activity level and work showing that ordering haplotypes according to reported activity provided functionally relevant information (Hill et al., 2011), we also coded *COMT* haplotypes to reflect enzymatic activity. Haplotypes were assigned to subjects in PLINK and then imputed into R for analysis. Haplotypes were assigned based on the most likely phase reconstructed haplotypes generated by the expectation-maximization algorithm implemented in PLINK. R was used for the activity analysis because it allowed for the activity term to be a factor with six progressive levels. *COMT* haplotypes were sequentially ordered 1 through 6 where 1 was ACCG/ACCG, 2 was ACCG/ATCA, 3 was ACCG/GCGG, 4 was ATCA/ATCA, 5 was ATCA/GCGG, and 6 was GCGG/GCGG. The activity of ACCG/GCGG was predicted to be at the midpoint of GCGG and ACCG (half of the 18–25 fold difference reported by Nackley et al. (2006), whereas

ATCA/ATCA was predicted to be closer to GCGG/ATCA because the ATCA haplotype only shows 2.5–3 fold decreased activity [10]. Linear regression in R was used to test for an association between increasing enzyme activity and prolactin level. P-value and Beta coefficients were calculated after adjusting for age, body mass index, unbound testosterone, and total testosterone.

#### **3. RESULTS**

#### **3.1** *COMT* **SNPs and haplotypes are not associated with PCOS in a family-based test**

Haplotype analysis showed the four *COMT* SNPs (rs6269, rs4633, rs4818, and rs4680) to be in very high linkage disequilibrium (LD), with  $D' \ge 0.972$  for each pair wise analysis. Three main haplotypes of *COMT* were identified in the study population: ACCG, ATCA, and GCGG. The haplotype frequencies were 0.101, 0.503, and 0.369, respectively. This haplotype structure and the haplotype frequencies are in agreement with previously published data [10,16]. A fourth haplotype, GCCG, was identified by PLINK, but only represented 1% of the *COMT* alleles. Since the GCCG haplotype was at the exclusion threshold for haplotype frequencies, it was removed from analysis.

In the family-based analysis, no significant association was found between any of the four SNPs or the three haplotypes and PCOS in the TDT analysis (Table 2).

#### **3.2 Assessment of quantitative traits and allelic variation in the** *COMT*

No significant association was identified in the family-based study between COMT SNPs and haplotypes and any of the other quantitative traits, except prolactin. QTDT analysis suggested a nominally significant association between prolactin levels and two SNPs (rs6269 and rs4818), and with the GCGG haplotype, although none of these associations were significant after correction for multiple testing.

We carried out a separate quantitative trait analysis with a larger cohort of PCOS women (White or unknown ethnicity), which included the PCOS subjects from the family-based study. These additional women were initially enrolled for the family-based study but could not be included because parental DNA was not available. Clinical characteristics for all the subjects are presented in Table 1. Consistent with diagnostic criteria, the mean total and free testosterone levels of the women were elevated at 79.5 ng/ul and 26.4 ng/ul, respectively. The average plasma prolactin level of women was 8.4 ng/ml, with values ranging from 0.6 to 25.0 ng/ml. Mean prolactin level was not significantly different between assay sites at an alpha level of 0.05. Women with PCOS were obese with a mean BMI of 35.6 (kg/m2). Allele frequencies and haplotype frequencies were not significantly different between the three recruitment sites at an alpha level of 0.05. No differences in either genotype frequency or prolactin levels between sites justified combining all subjects into a single study population for further analysis.

We found no significant associations between *COMT* individual SNPs or haplotypes with T, uT, and BMI in the PCOS women. However there were significant associations between *COMT* SNPs and haplotypes and prolactin levels, consistent with the observation of a nominally significant association from the QTDT analysis. This significant association remained after adjusting for age BMI, T, and uT as covariates. After adjusting for these covariates, rs6269, rs4818, and the haplotypes ACCG and GCGG all remained nominally significantly associated with prolactin level ( $P = 0.021$ ,  $P = 0.011$ ,  $P < 0.0001$ , and  $P =$ 0.005, respectively), and the haplotype association was significant after correction for multiple testing (Table 3). The ACCG haplotype, which is correlated with low COMT activity [10], was associated with higher prolactin levels ( $\beta$  = 1.490), and the GCGG

haplotype, which is associated with high COMT activity (9), was associated with lower neither individual SNPs nor haplotypes are associated prolactin levels ( $β = -0.619$ ).

Figure 1 reveals declining mean prolactin levels in women with PCOS as a function of haplotypes progressing from those associated with low to high COMT enzymatic activity as described by Nackley et al. (2006). This relationship was tested in the current study, and results of a linear regression model that included a term to reflect enzymatic activity of the *COMT* haplotype (*I,e.,* coded as an ordinal variable), age, BMI, T, and uT are shown in Table 4. A significant negative relationship between increasing enzymatic activity related to *COMT* haplotype and prolactin was observed ( $P = 0.0002$ ,  $\beta = -0.525$ ). Prolactin levels also significantly decreased with age ( $P = 0.028$ ,  $\beta = -0.065$ ).

#### **4. DISCUSSION**

2-ME is known to be produced in the ovarian follicle and to influence granulosa cell metabolism, proliferation and angiogenesis (Spicer and Hammond, 1988; 1989; Basini et al., 2006; 2007; Eichenlaub-Ritter et al., 2007; Shang et al., 2001; Spicer et al., 1987). Studies on ovarian tissue in the context of PCOS suggest that increased local production of 2-ME could contribute to the development of the characteristic morphological ovarian abnormality of follicular maturation arrest. The aim of this study was to determine if allelic variation in *COMT* is associated with PCOS and PCOS-related quantitative traits, based on the hypothesis that the resulting differences in COMT activity alter ovarian production of 2-ME, which influences follicular growth and function. Our family-based analysis of association and linkage to the four COMT individual SNPs and the haplotypes, did not support the hypothesis since there was no evidence for significant association. However, these negative findings are not definitive since the sample size in our study had a power to detect a relative risk ratio of 3.0, and, therefore, significant associations with a relative ratio below 3.0 may indeed exist. In addition, genetic variants that were not evaluated in our study might contribute to PCOS risk. Finally, genetic variation is not the only possible explanation for the findings of Salih et al. (2007; 2008). The increased COMT expression in the PCOS ovary could have resulted from differences in COMT protein turnover, or the increased volume of stromal tissue expressing COMT in the PCOS ovary.

We also examined quantitative traits related to PCOS and found no associations of the individual *COMT* SNPs and haplotypes with T, uT or BMI. However, a significant association was found with prolactin levels. We included prolactin in our quantitative trait analysis because COMT metabolizes multiple catecholamines that participate in the regulation of prolactin, but it is not clear how variation in this enzyme affects prolactin level in humans. One of the main catecholamines that is metabolized by COMT is dopamine, the primary inhibitor of prolactin secretion. We, therefore, expected that haplotypes associated with decreased COMT activity would be associated with decreased prolactin level. However, our results show that haplotypes linked with decreased COMT activity are associated with increased serum prolactin. However, COMT inhibitors administered to humans cause inconsistent, or no change in prolactin levels (Keranen et al., 1996), which suggests that prolactin secretion is not directly regulated by COMT metabolism of dopamine.

Estrogen also influences prolactin by stimulating secretion, but the association between *COMT* and prolactin appears to be independent of this relationship. Women with PCOS have increased extraglandular aromatization of estrogen. After adjusting for parameters linked to extraglandular estrogen production, the associations remained significant and the estimates were relatively unchanged. This suggests that the observed associations are unlikely to be related to increased estrogen. COMT also metabolizes catechol-estrogens by

converting 2-hydroxyestrogens (2-OH) to 2-methoxyestrogens (2-ME). Both 2-OH and 2- ME are biologically active, but neither has been shown to effect prolactin level in humans (Lamberts and Oosterom, 1983; Merriam et al., 1983). Thus, it is unlikely that the association between *COMT* haplotype and prolactin level reflects alterations in estrogen metabolism. Prolactin levels are negatively correlated with age (Yasui-Furukori et al., 2008), but our analysis compensated for any effect of age on the associations with *COMT* genotypes.

With COMT action on dopamine and estrogen metabolism not likely to account for the relationship between *COMT* haplotypes and prolactin level, central catecholamine metabolism is left as a potential mechanism by which *COMT* might be influencing prolactin levels. Monoamine oxidase inhibitors (MAOI), which increase central catecholamines, have been shown to increase prolactin levels (Torre and Falorni, 2007). These findings suggest that decreased COMT activity mimics the action of MAOIs, and that extra-hypothalamic regulation of the HPA axis is important in determining serum prolactin level in PCOS.

It is of note that *COMT* genotype has been associated with the endocrine response to psychological stress (Alexander et al., 2011; Jabbi et al., 2007; Walder et al., 2010). Homozygosity for the minor allele (G) of rs4680, which reduced COMT activity, has been correlated with increased cortisol secretion in several studies. Prolactin secretion is also increased by stress (Torre and Falorni, 2007).. In our study, homozygosity for the low COMT activity ACCG haplotype (where rs4680 is the 4<sup>th</sup> SNP in the sequence) is associated with the highest prolactin levels. This observation, taken together with the evidence noted above for COMT involvement in modulating the hypothalamic-pituitaryadrenal axis, is consistent with the notion that variation in the *COMT* gene and COMT activity have a role in governing the endocrine response to stress.

There are several caveats surrounding our findings of an association between *COMT* haplotypes, prolactin and PCOS. First, prolactin assays were performed as a screening test in subject phenotyping to exclude subjects whose amenorrhea might be caused by hyperprolactinemia (Filho et al., 2007; Murdoch et al., 1986; Schmidt et al., 2011). Consequently, individuals who had abnormally elevated prolactin levels would have been excluded. There is no known pathophysiological link between prolactin and PCOS, so the significant association between *COMT* haplotypes and prolactin do not indicate a direct or indirect role for COMT in PCOS. Second, prolactin assays were performed at three different sites rather than a central laboratory. Thus, assay variation might confound our findings. However, when incorporated into our analysis, the assay site did not affect the significant associations, mitigating concerns about site-to-site assay variability. Third, it is not known whether the associations between *COMT* haplotypes and prolactin are specific to PCOS, or whether the association is relevant to neuroendocrine function in the general population.

In conclusion, the allelic variants of *COMT* examined in this study do not have a major influence on risk of PCOS, but they do appear to have a relationship to prolactin levels in women with PCOS.

#### **Highlights**

**•** Examination of single nucleotide polymorphisms and haplotypes in the *catechol-O-methyltransferase (COMT*) gene, which encodes an enzyme that is involved in estrogen and monoamine metabolism, revealed that allelic variation is not a major risk factor for polycystic ovary syndrome (PCOS).

- **•** Quantitative trait analysis demonstrated that *COMT* haplotypes were significantly associated with prolactin levels in PCOS women, but not with total terstosterone, non-SHBG-bound testosterone and BMI.
- **•** *COMT* haplotypes associated with low COMT activity were associated with higher prolactin levels.
- **•** *C*OMT involvement in central catecholamine metabolism may explain the haplotype relationships with prolactin levels.

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#### **Figure 1.**

Mean (± SE) serum prolactin according to ascending COMT enzymatic activity level in women with PCOS. COMT relative activity was ordered, based on the two *COMT* haplotypes of each subject, from 1 (low activity) to 6 (high activity) in accordance with reported information on enzyme activity (Nackley et al., 2006). Ordered *COMT* haplotypes: 1=ACCG/ACCG, 2=ACCG/ATCA, 3= ACCG/GCGG, 4= ATCA/ATCA, 5=ATCA/GCGG, 6=GCGG/GCGG. Mean prolactin level decreased linearly from low to high activity (*P* < 0.0002).

Clinical and metabolic characteristics of women with PCOS (N=698)

<b>Characteristic</b>	$Mean \pm SE(S.I.)$	Range
Prolactin (ng/ml)	$8.4 \pm 0.1$ (365.2 pmol/L)	$0.6 - 25.0$
Age (years)	$28.4 + 0.2$	$13 - 53$
BMI $(kg/m2)$	$35.6 + 0.3$	$165 - 645$
$T$ (ng/dl)	$79.5 \pm 1.2$ (2.8 nmol/L)	$28 - 337$
$uT$ (ng/dl)	$26.4 \pm 0.6$ (0.9 nmol/L)	$129 - 211$

SE, standard error; S.I., International System of Units; BMI, body mass index; T, total testosterone; uT, unbound testosterone.

Family-based linkage and association between COMT polymorphisms and PCOS and quantitative measures associated with PCOS. Family-based linkage and association between COMT polymorphisms and PCOS and quantitative measures associated with PCOS.



<sup>\*</sup> SNP allele which is over-transmitted in the TDT; major allele in parental population in bold. SNP allele which is over-transmitted in the TDT; major allele in parental population in bold.

nominal P-values: \*\* =0.034, nominal P-values: \*\* =0.034,

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*§*0.027, *¶*0.024.

Linear regression analysis for association between prolactin and COMT in women with PCOS. Linear regression analysis for association between prolactin and *COMT* in women with PCOS.



SNP frequency (minor allele). COMT haplotype SNP order: rs6269, rs4633, rs4618, rs4680. *adjusted*, P-value and Beta coefficients after adjusting for age, body mass index, unbound testosterone, and total<br>testosterone. SNP, SNP frequency (minor allele). *COMT* haplotype SNP order: rs6269, rs4633, rs4818, rs4680. *adjusted*, P-value and Beta coefficients after adjusting for age, body mass index, unbound testosterone, and total testosterone. SNP, single nucleotide polymorphism.

Linear regression model of prolactin level in women with PCOS including *COMT* haplotype specified according to reported enzymatic activity.



*COMT* haplotype SNP order: rs6269, rs4633, rs4818, rs4680. Ordered *COMT* haplotypes: 1=ACCG/ACCG, 2=ACCG/ATCA, 3= ACCG/GCGG, 4= ATCA/ATCA, 5=ATCA/GCGG, 6=GCGG/GCGG. Haplotypes were ordered from 1 (low activity) to 6 (high activity) in accordance with reported information on enzyme activity (9). Haplotypes showed decreasing prolactin level as haplotypes moved from low to high activity alleles. S.E., standard error; BMI, body mass index.