# Energy-sensing Factors Coactivator Peroxisome Proliferator-activated Receptor $\gamma$ Coactivator 1- $\alpha$ (PGC-1 $\alpha$ ) and AMP-activated Protein Kinase Control Expression of Inflammatory Mediators in Liver

INDUCTION OF INTERLEUKIN 1 RECEPTOR ANTAGONIST\*S

Received for publication, September 9, 2011, and in revised form, November 11, 2011 Published, JBC Papers in Press, November 23, 2011, DOI 10.1074/jbc.M111.302356

Marcin Buler<sup>‡1</sup>, Sanna-Mari Aatsinki<sup>‡1</sup>, Réka Skoumal<sup>‡§</sup>, Zsolt Komka<sup>§</sup>, Miklós Tóth<sup>§</sup>, Risto Kerkelä<sup>‡</sup>, Anastasia Georgiadi<sup>¶</sup>, Sander Kersten<sup>¶</sup>, and Jukka Hakkola<sup>‡2</sup>

From the <sup>‡</sup>Department of Pharmacology and Toxicology, Institute of Biomedicine, University of Oulu, POB 5000 (Aapistie 5B), 90014 Oulu, Finland, the <sup>§</sup>Department of Health Sciences and Sports Medicine, Faculty of Physical Education and Sport Sciences, Semmelweis University, H-1085 Budapest, Hungary, and the <sup>¶</sup>Nutrition, Metabolism, and Genomics Group, Division of Human Nutrition, Wageningen University, Wageningen 6703HD, The Netherlands

Background: Metabolic disorders are associated with chronic inflammation.

**Results:** Energy-sensing factor PGC-1 $\alpha$  regulates cytokine expression in hepatocytes. PGC-1 $\alpha$ , AMPK, and metformin induce expression of interleukin 1 receptor antagonist.

**Conclusion:** PGC-1 $\alpha$  and AMPK mediate effects of fasting, physical exercise, and antidiabetic drug metformin on hepatic inflammatory gene expression.

**Significance:** PGC-1 $\alpha$  and AMPK are regulatory interlinks between energy homeostasis and inflammation.

Obesity and insulin resistance are associated with chronic, low grade inflammation. Moreover, regulation of energy metabolism and immunity are highly integrated. We hypothesized that energy-sensitive coactivator peroxisome proliferator-activated receptor  $\gamma$  coactivator 1- $\alpha$  (PGC-1 $\alpha$ ) and AMP-activated protein kinase (AMPK) may modulate inflammatory gene expression in liver. Microarray analysis revealed that PGC-1 $\alpha$ up-regulated expression of several cytokines and cytokine receptors, including interleukin 15 receptor  $\alpha$  (IL15R $\alpha$ ) and, even more importantly, anti-inflammatory interleukin 1 receptor antagonist (IL1Rn). Overexpression of PGC-1 $\alpha$  and induction of PGC-1 $\alpha$  by fasting, physical exercise, glucagon, or cAMP was associated with increased IL1Rn mRNA and protein expression in hepatocytes. Knockdown of PGC-1 $\alpha$  by siRNA down-regulated cAMP-induced expression of IL1Rn in mouse hepatocytes. Furthermore, knockdown of peroxisome proliferator-activated receptor  $\alpha$  (PPAR $\alpha$ ) attenuated IL1Rn induction by PGC-1 $\alpha$ . Overexpression of PGC-1 $\alpha$ , at least partially through IL1Rn, suppressed interleukin 1β-induced expression of acute phase proteins, C-reactive protein, and haptoglobin. Fasting and exercise also induced IL15R $\alpha$  expression, whereas glucagon and cAMP resulted in reduction in IL15R $\alpha$  mRNA levels. Finally, AMPK activator metformin and adenoviral overexpression of AMPK up-regulated IL1Rn and down-regulated IL15R $\alpha$  in primary hepatocytes. We conclude that PGC-1 $\alpha$  and

AMPK alter inflammatory gene expression in liver and thus integrate energy homeostasis and inflammation. Induction of IL1Rn by PGC-1 $\alpha$  and AMPK may be involved in the beneficial effects of exercise and caloric restriction and putative anti-inflammatory effects of metformin.

The liver is a major regulator of energy and glucose homeostasis. Insulin resistance and dysregulation of hepatic glucose release are key events in the pathogenesis of type 2 diabetes. The exact mechanisms behind the development of insulin resistance and type 2 diabetes remain obscure, but numerous studies, both animal and human, point to the role of chronic inflammation and altered balance of proinflammatory and antiinflammatory signals regulated by diet and lifestyle factors, such as physical inactivity and obesity (1-4). Low grade inflammation precedes type 2 diabetes by several years and is manifested by increased blood levels of several proinflammatory cytokines, acute phase protein, and other inflammatory mediators (5). Adipose tissue is considered to be the major source of inflammatory factors in metabolic syndrome, whereas liver is both a major source and a target tissue (6). Development of hepatic insulin resistance by inflammation probably involves several molecular pathways, including JNK, NF-*k*B, and SOCS family members. In addition, endoplasmic reticulum stress and reactive oxygen species activation may contribute to the process (7, 8). Given the important links between metabolism and immunity, it comes as no surprise that the regulatory mechanisms that govern metabolism and immunity intersect at numerous levels.

Hepatic energy metabolism is controlled by the balance between insulin and glucagon. In the fasted state, insulin levels



<sup>\*</sup> This work was supported by grants from the European Union (Marie Curie RTN NucSys), the Academy of Finland (Contract 110591), the Sigrid Juselius Foundation, and the National Development Agency of Hungary (Grant TÁMOP 4.2.2-08/01/KMR-2008-004).

<sup>&</sup>lt;sup>S</sup> This article contains supplemental Table 1 and Figs. 1 and 2.

<sup>&</sup>lt;sup>1</sup> Both authors contributed equally to this work.

<sup>&</sup>lt;sup>2</sup> To whom correspondence should be addressed. Tel.: 358-8-5375235; Fax: 358-8-5375247; E-mail: jukka.hakkola@oulu.fi.

decrease, whereas glucagon secretion is up-regulated, leading to stimulation of glycogenolysis and gluconeogenesis. The transcriptional coactivator peroxisome proliferator-activated receptor  $\gamma$  coactivator  $1-\alpha$  (PGC- $1\alpha$ )<sup>3</sup> is a major regulator of hepatic energy metabolism. During fasting, hepatic PGC- $1\alpha$ expression increases markedly in response to glucagon's second messenger cAMP via cAMP-response element-binding protein, leading to induction of key gluconeogenetic enzymes, such as phosphoenolpyruvate carboxykinase 1 (PCK-1) and glucose-6-phosphatase (9, 10). Type 2 diabetes involves abnormal activation of these energy-releasing processes. PGC- $1\alpha$  has been implicated in the pathogenesis of diabetes, and both hepatic PGC- $1\alpha$  expression and gluconeogenesis are aberrantly induced in mouse models of insulin resistance and type 2 diabetes (10).

PGC-1 $\alpha$  does not bind DNA itself but serves as a coactivator for a number of nuclear receptors and other transcription factors, including peroxisome proliferator-activated receptors, hepatocyte nuclear factor  $4\alpha$ , glucocorticoid receptor, and liver X receptor (11).

Nuclear receptors are major mediators linking inflammatory and metabolic gene networks (12, 13). Because PGC-1 $\alpha$  is involved in signaling by numerous nuclear receptors, we hypothesized that PGC-1 $\alpha$  could be among the key factors integrating regulation of energy homeostasis and inflammatory responses. Indeed, PGC-1 $\alpha$  is physiologically induced by caloric restriction and physical exercise that reduce systemic inflammation (14, 15). On the other hand, pathological, extended activation of PGC-1 $\alpha$  is observed in obesity and diabetes (10). We therefore aimed to characterize the role of PGC-1 $\alpha$  in hepatic regulation of inflammatory process. The results presented here suggest that PGC-1 $\alpha$  alters inflammatory gene expression in liver and thus links regulation of energy homeostasis and inflammation. Three novel PGC-1 $\alpha$ -regulated genes, belonging to the cytokine or cytokine receptor family, were identified. These included interleukin 1 receptor antagonist (*Il1rn*; also called *Il-1ra*), interleukin 15 receptor α (*Il15rα*), and tumor necrosis factor-like weak inducer of apoptosis (Tweak; systematic name, tumor necrosis factor (ligand) superfamily, member 12 (Tnfsf12)). Cytokines are small, cell-signaling protein molecules that regulate immunity and are mediators of inflammatory reactions. In addition, we show that up-regulation of IL1Rn by PGC-1 $\alpha$  restricts induction of hepatic acute phase proteins by interleukin 1 $\beta$ . Furthermore, we provide evidence that IL1Rn and IL15R $\alpha$  are regulated also by another key energy sensor, AMP-activated protein kinase (AMPK).

#### **EXPERIMENTAL PROCEDURES**

*Materials*—Dibutyryl-cAMP (Bt<sub>2</sub>cAMP), 8-bromo-cAMP (8-Br-cAMP), glucagon, and metformin were purchased from

Sigma-Aldrich, and recombinant human IL1 $\beta$  protein (ab9617) was from Abcam (Cambridge, UK).

Animals and Animal Treatment—The investigations were carried out according to the requirements of the European Union Guiding Principles for Care and Use of Animals and were approved by the local ethics committees for laboratory animal welfare at the University of Oulu and Semmelweis University. Rodents were handled daily for at least 5 days before beginning the experiment. All animals were housed in a temperature- and humidity-controlled room with a 12-h light/dark cycle. Standard rodent chow and water were provided *ad libitum*.

High Intensity Exercise—Rats were introduced to the motordriven treadmill the day before the experiment and allowed to get used to the pad for 10 min at a speed of 4 m/min, without incline. Each member of the experimental group ran simultaneously. Stainless steel grids at the end of the lines provided an electrical stimulus of 3.2 mA, 200 V at a frequency of 4 Hz, and brushes prevented the rats from pinching feet between grid and treadmill. The running speed was set to 8 m/min, on a 15% incline pad for 5 min and increased to 14 m/min by gradually changing it every 20 min (16). All experiments were performed during the beginning of the dark cycle. Animals were anesthetized with pentobarbital sodium (60 mg/kg body weight intraperitoneally), and livers were excised rapidly and frozen in liquid nitrogen and stored at -80 °C.

*Fasting*—Rats were deprived of food for 24 or 48 h and killed as described. Liver samples were collected and stored as above.

Preparation of Primary Culture Hepatocytes and Cell Treatment—Primary hepatocytes were isolated from male DBA/2 (OlaHsd) or C57BL/6 mice (Center for Experimental Animals, University of Oulu) aged 8–10 weeks and cultured as described previously (17). The cultures were maintained for 24 h before adenoviral infections or chemical treatments.

Recombinant adenoviruses expressing mouse PGC-1 $\alpha$  (PGC-1 $\alpha$ -Ad), green fluorescent protein (GFP-Ad), or human constitutively active AMPK $\alpha$ 1 subunit containing amino acids 1–321 (AMPK-Ad) have been described previously (17, 18). LacZ-Ad control virus was kindly provided by Dr. Heikki Ruskoaho (University of Oulu). PGC-1 $\alpha$ -L2L3M-Ad was constructed using the same adenoviral vector as PGC-1 $\alpha$ -Ad. Plasmid coding L2L3M PGC-1 $\alpha$  mutant was a generous gift from Prof. Donald P. McDonnell (19). Adenovirus infections and primary hepatocyte treatments were performed in serum-free Williams E medium.

siRNA Transfection—siIL1Rn (siGENOME SMARTpool) and appropriate control were purchased from Thermo Scientific Dharmacon, all other siRNAs were synthesized by Sigma-Aldrich. Mouse primary hepatocytes were transfected with Lipofectamine 2000 (Invitrogen) using the following siRNAs: siPGC-1 $\alpha$ , 5'-AAGACGGAUUGCCCU-CAUUUG(dT)(dT) (20); siPPAR $\alpha$ , 5'-GAUCGGAGCUGCA-AGAUUC(dT)(dT) (21); scramble, 5'-AAGCUUCAUAAGG-CGCAUAGC(dT)(dT). After a 5-h incubation in transfection mixture, cells were overlaid with serum-free Williams E medium complemented with 50  $\mu$ M 8-Br-cAMP and collected 48 and 72 h later (siPGC-1 $\alpha$ ) or transduced with PGC-1 $\alpha$ -Ad for

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<sup>&</sup>lt;sup>3</sup> The abbreviations used are: PGC-1α, peroxisome proliferator-activated receptor γ coactivator 1 α; Pck-1, phosphoenolpyruvate carboxykinase 1; IL1Rn, interleukin 1 receptor antagonist; IL15Rα, interleukin 15 receptor α; Tweak, tumor necrosis factor-like weak inducer of apoptosis; AMPK, AMP-activated protein kinase; PPARα, peroxisome proliferator-activated receptor α; CRP, C-reactive protein; Bt<sub>2</sub>cAMP, dibutyryl-cAMP; 8-Br-cAMP, 8-bromo-cyclic AMP; qPCR, quantitative PCR; Ad, adenovirus; MOI, multiplicity of infection.

TABLE 1
Primer sequences/assay numbers used for real-time PCR

Gene			
	SYBRGreen		
	Forward Primer	Reverse Primer	
PGC-1a	GCAGGTCGAACGAAACTGAC	CTCAGCCTGGGAACACGTTA	
Pck-1	GGTGTTTACTGGGAAGGCATC	CAATAATGGGGGCACTGGCTG	
Mouse IL15Ra	ACTCCAGGGAGAGGGTATGTCT	CCTGTAGTTCCTTTTGCAGAGG	
Human IL1Rn	GAAGATGTGCCTGTCCTGTGT	CGCTCAGGTCAGTGATGTTAA	
Mouse IL1Rn	GCTCATTGCTGGGTACTTACAA	CCAGACTTGGCACAAGACAGG	
Mouse Tweak	CCGCCAGATTGGGGGAATTTAC	AGTCCAAAGTAGGTTAGGAAGGG	
Mouse Ppara	AGAGCCCCATCTGTCCTCTC	ACTGGTAGTCTGCAAAACCAAA	
Mouse	GCTATGTGGAGCACTTGGTTC	CACCCATTGCTTCTCGTCGTT	
Haptoglobin			
Mouse Crp	ATGGAGAAGCTACTCTGGTGC	ACACACAGTAAAGGTGTTCAGTG	
185	CGCCGCTAGAGGTGAAATTC3	CCAGTCGGCATCGTTTATGG	
Rat IL15Ra	VRPS-2918 primer set (RealTimePrimers.com, Elkins Park, PA, USA)		
	TaqMan (Applied Biosystems, Carlsbad, CA, USA)		
Human IL15Ra	Hs_00542602_g1		
Mouse IL15Ra	Mm_01333387_m1		
Mouse IL1Rn	Mm00446187_m1		
Rat IL1Rn	Rn00672963_m1		
Mouse Tweak	Mm02583406_s1		
Rat Tweak	Rn01461586_g1		

48 h (siPPAR $\alpha$ ). Expression of genes of interest was measured with SYBR Green qPCR.

Microarray Experiment-Primary hepatocytes were isolated from a male 9-week-old C57BL/6 mouse as described. Three parallel RNA samples were pooled. RNA was subsequently purified and DNase-treated using the SV Total RNA Isolation System (Promega, Madison, WI). RNA quality was measured on an Agilent 2100 Bioanalyzer (Agilent Technologies, Amsterdam, The Netherlands) using 6000 Nano Chips. 5  $\mu$ g of RNA were used for one-cycle cRNA synthesis (Affymetrix, Santa Clara, CA). Affymetrix Mouse Genome 430 2.0 arrays were used according to instructions from the manufacturer. Probe sets were redefined according to Dai et al. (22), using remapped CDF version 9, based on the Entrez Gene database (build 36, version 2). Expression estimates were obtained applying the multichip modified  $\gamma$  model for oligonucleotide signal (23). Differentially expressed probe sets were identified using probability of positive log ratio, which calculates the probability of differentially expressed genes in a Bayesian fashion instead of pvalues. A probability of positive log ratio and of negative log ratio was calculated for up-regulated and down-regulated genes, respectively (24).

RNA Preparation and Quantitative RT-PCR—Total RNA was isolated using TRI-Reagent (Sigma) according to the manufacturer's protocol and treated with DNase (Promega, Madison, WI). 1  $\mu$ g of RNA was reverse transcribed to produce cDNA using p(dN)6 random primers (Roche Applied Science) and Moloney murine leukemia virus reverse transcriptase (Promega, Madison, WI). The quantitative PCRs were performed using either SYBR Green or hydrolysis probes (TaqMan, Applied Bisosystems, Carlsbad, CA). The primers are indicated in Table 1. The fluorescence values of the qPCR products were corrected with the fluorescence signals of the passive reference dye (ROX<sup>TM</sup>). The RNA levels of target genes were normalized

against the 18 S control levels using the comparative  $C_T(\Delta\Delta C_T)$  method.

*Protein Isolation and Immunoblotting*—Whole cell lysate and cytosolic protein fractions were prepared as described previously (25). Soluble proteins were precipitated with ice-cold acetone from culture medium. The protein fractions were separated on SDS-polyacrylamide gel transferred to a polyvinylidene fluoride membrane (Millipore, Billerica, MA) and incubated with primary goat anti-IL1Rn antibody (sc-8482; 1:500) or goat anti-IL15Rα antibody (sc-1524; 1:500) in 5% skimmed milk, 0.1% Tris-buffered saline followed by HRP antigoat IgG (1:20,000). Antibodies were purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA). After washing, the immunoreactive bands were visualized with a chemiluminescent peroxidase substrate 1 reaction (Sigma-Aldrich) using Quantity One software (Bio-Rad). β-Actin (anti-β-actin antibody A1978; Sigma-Aldrich) was detected as loading control.

Transient Transfection—1900 bp of mouse *Il1rn* promoter fragment was inserted in front of the luciferase reporter gene in pGL3-Basic as described (26). Mouse PPAR $\alpha$  and PGC-1 $\alpha$  WT expression plasmids have been described previously (17, 26). PGC-1 $\alpha$  T177A/S538A mutant (AMPK phosphorylation sites mutated) was obtained from Addgene (Cambridge, MA) (Addgene plasmid 180903) (27). Mouse primary hepatocytes were transfected using Fugene HD reagent (Roche Applied Science) according to the manufacturer's protocol. pRL3-TK plasmid with *Renilla reniformis* luciferase reporter was cotransfected as an internal control. Luciferase activities were measured using the Dual Luciferase Reporter Assay System (Promega, Madison, WI), and firefly luciferase activities were normalized to *Renilla* luciferase signals.

#### RESULTS

Identification of PGC-1 $\alpha$ -regulated Hepatic Inflammatory *Genes*—To explore the role of PGC-1 $\alpha$  in hepatic regulation of inflammatory genes, mouse primary hepatocytes were transduced with PGC-1 $\alpha$  adenovirus (PGC-1 $\alpha$ -Ad) or GFP control adenovirus (GFP-Ad), and gene expression was analyzed by microarray. Genes up- or down-regulated at least 1.5-fold by PGC-1α-Ad compared with GFP-Ad were chosen for further analysis. Canonical pathway analysis identified several PGC- $1\alpha$ -regulated pathways from the Ingenuity Pathway Analysis library, and inflammation-related, PGC-1 $\alpha$ -regulated pathways were identified, including eicosanoid signaling and communication between innate and adaptive immune cells (supplemental Fig. 1). In order to include only genes with physiological significance, we compared the data with previous microarray data from fasting mice (GSE17865). The data were filtered to contain only genes up- or down-regulated at least 1.5-fold in the same direction by both PGC-1 $\alpha$ -Ad and fasting. To identify the genes involved in inflammatory processes, the data were analyzed with the Ingenuity software, and the genes falling into the categories of immunological disease and inflammatory disease were selected. The analysis yielded 58 genes, of which 24 were up-regulated and 34 were down-regulated (Fig. 1A) (supplemental Table 1). The genes regulated by PGC-1 $\alpha$  and fasting encode proteins with different basic molecular functions like enzymes, transcription factors, transporters, and signaling



molecules, including several cytokines and cytokine receptors. Remarkably, PGC-1 $\alpha$  down-regulated several inflammatory cytokines, including Cxcl1 (chemokine (CXC motif) ligand 1), Ccl9 (Chemokine (CC motif) ligand 9), and Tweak. Conversely, PGC-1 $\alpha$  up-regulated a key anti-inflammatory cytokine, IL1Rn, as well as IL15R $\alpha$ , a high affinity-specific receptor subunit for interleukin 15. Altogether, the PGC-1 $\alpha$ -regulated gene profile suggests that PGC-1 $\alpha$  influences inflammatory gene expression in liver.

*PGC-1*α *Modulates Expression of IL1Rn, IL15Rα, and Tweak in Hepatocytes*—We selected for further analysis three genes, *Il1rn, Il15rα*, and *Tweak*, that all appear to be connected to the regulation of insulin resistance and metabolic disorders (28 – 31). Mouse primary hepatocytes were transduced with PGC-1α-Ad or control virus GFP-Ad, and temporal changes of mRNA levels were measured up to 72 h by qPCR. The established PGC-1α target gene Pck-1 was induced as expected. Consistent with the microarray data, IL1Rn and IL15Rα were induced by PGC-1α, whereas Tweak was down-regulated (Fig. 1*B*). IL1Rn was most powerfully regulated by PGC-1α, showing a 26-fold increase at the 48 h time point compared with GFP-Ad. Similar treatment was performed for human hepatoma HepG2 cells, and IL1Rn and IL15Rα mRNA expression was induced about 2-fold after 24 h (data not shown).

To confirm the functional significance of IL1Rn and IL15R $\alpha$ regulation by PGC-1 $\alpha$ , we studied the effect of PGC-1 $\alpha$  on IL1RN and IL15R $\alpha$  protein levels. Adenoviral overexpression of PGC-1 $\alpha$  induced one major IL1RN protein band of about 20 kDa in the whole cell lysate fraction (Fig. 1C). Previous reports have indicated that hepatocytes express a soluble, secreted form of IL1RN, whereas expression of an intracellular form is negligible (26, 32). Therefore, the detected band appears to represent soluble IL1RN. To confirm induction of soluble IL1RN in primary hepatocytes, the culture medium was analyzed for IL1RN protein by immunoblotting. Two proteins corresponding in size with glycosylated and unglycosylated forms of IL1RN were detected and strongly up-regulated by PGC-1 $\alpha$  (Fig. 1*C*). Furthermore, overexpression of PGC-1 $\alpha$  induced a 3-fold increase of a 30-kDa protein corresponding in size to the predicted molecular weight of mouse IL15R $\alpha$  (Fig. 1*C*).

Effect of PGC-1α-up-regulating Hormonal Stimuli on IL1Rn, *IL15Rα, and Tweak Expression*—Fasting and exercise increase excretion of the pancreatic hormone glucagon, which is a major regulator of hepatic PGC-1 $\alpha$  expression and mediates its effects through the second messenger cAMP. We therefore studied whether glucagon and cAMP have similar effects as PGC-1 $\alpha$  on *Il1rn, Il15r\alpha,* and *Tweak* expression in cultured cells. Glucagon and cAMP induced PGC-1 $\alpha$  mRNA by 27- and 40-fold, respectively, already after 3 h of treatment. Furthermore, although the PGC-1 $\alpha$  induction declined after 3 h, PGC-1 $\alpha$  mRNA levels remained elevated until at least 72 h. As expected, Pck-1 was also induced by cAMP and glucagon. IL1Rn was induced after 48 h by both cAMP and glucagon, and similar to PGC-1 $\alpha$ , IL1Rn was induced more efficiently by cAMP than glucagon (Fig. 2, A and B). Tweak expression was down-regulated in cells exposed to glucagon or cAMP in concordance with the downregulation by PGC-1 $\alpha$  (Fig. 2, A and B). Unexpectedly, expression of IL15R $\alpha$  mRNA decreased after treatment with cAMP at

all time points. In addition, glucagon down-regulated IL15R $\alpha$  expression at the 24 and 48 h time points (Fig. 2, *A* and *B*). Induction of IL1Rn and suppression of Tweak by glucagon and cAMP are consistent with a potential role of PGC-1 $\alpha$ .

We next studied the involvement of PGC-1 $\alpha$  in regulation of IL1Rn and IL15R $\alpha$  by cAMP. Primary mouse hepatocytes were transfected with PGC-1 $\alpha$  siRNA or scramble control siRNA and treated with cAMP. cAMP-induced expression of PGC-1 $\alpha$  and IL1Rn was significantly attenuated by PGC-1 $\alpha$  siRNA (Fig. 2*C*). Also, IL15R $\alpha$  was slightly down-regulated by PGC-1 $\alpha$  siRNA at the 72 h time point, consistent with the observed up-regulation by PGC-1 $\alpha$  overexpression. In contrast, induction of Pck-1 by cAMP was not affected by PGC-1 $\alpha$  knockdown, and the effect on Tweak was minor.

Fasting and Physical Exercise Induce IL1Rn and IL15R $\alpha$  in *Rat Livers*—IL1Rn, IL15R $\alpha$ , and Tweak were among the genes regulated by fasting in mouse liver (microarray data, GSE17865). We investigated whether a similar response occurs also in another species and performed a fasting experiment on rats. Fasting has previously been shown to potently stimulate PGC-1 $\alpha$  in liver (9). We found that Pck-1 was significantly induced after 24 h of fasting, whereas PGC-1 $\alpha$  induction was not statistically significant. However, mRNA levels of PGC-1 $\alpha$ , Pck-1, IL1Rn, IL15R $\alpha$ , and Tweak were induced after 48 h of fasting (Fig. 3*A*). Although the fasting data of PGC-1 $\alpha$ , Pck-1, IL1Rn, and IL15R $\alpha$  are consistent with the previous mouse fasting array results, the Tweak results were opposite in mice and rats, indicating a species-specific fasting response. IL1RN protein expression was also measured in livers of fasting rats. The cytosolic protein fraction of whole liver tissue lysates revealed two anti-IL1RN immunoreactive proteins instead of one visualized in a control group. The fasting-induced band corresponded in size with the soluble form of IL1RN (Fig. 3B).

Besides fasting, exercise is another physiological condition requiring energy output by liver and is known to induce hepatic PGC-1 $\alpha$  expression. We therefore investigated if IL1Rn, IL15R $\alpha$ , and Tweak are regulated by exercise. Untrained animals were forced to run one or two times for 1 h (with a 24-h break), and livers were collected at different time intervals after the exercise period. PGC-1 $\alpha$  and IL1Rn were induced at 48 h after the first exercise in the animals that exercised twice, whereas there was a tendency toward up-regulation in the rats that exercised once (Fig. 3*C*). *Il15r* $\alpha$  gene expression was modestly but significantly induced in both exercise groups. Exercise had no effect on Tweak expression, and the exercise-induced increase in Pck-1 mRNA levels was not statistically significant.

Regulation of IL1Rn and IL15R $\alpha$  Expression by PGC-1 $\alpha$ Involves PPAR $\alpha$ —PGC-1 $\alpha$  coactivates several nuclear receptors but also other transcription factors. We transduced mouse primary hepatocytes with PGC-1 $\alpha$ -Ad wild type or L2L3M mutant that lacks a functional nuclear receptor interaction domain (19) or control virus GFP-Ad. As before, wild type PGC-1 $\alpha$ -Ad induced IL1Rn and IL15R $\alpha$  but down-regulated Tweak. In contrast, L2L3M mutant had a negligible effect or no effect at all compared with GFP-Ad, suggesting that nuclear receptor interaction is necessary for a PGC-1 $\alpha$ -Ad effect on the studied inflammatory factors (Fig. 4A). PPAR $\alpha$  has been described to directly regulate *Il1rn* (26). Furthermore, PPAR $\alpha$ 

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FIGURE 1. **Effect of PGC-1** $\alpha$  **and fasting on expression of immune system-related genes in liver.** Mouse primary hepatocytes were transduced with PGC-1 $\alpha$ -Ad or GFP-Ad (MOI = 1) or left untreated. *A*, microarray experiments were performed as described. Genes regulated by PGC-1 $\alpha$ -Ad in primary hepatocytes ( $\pm$ 1.5-fold) were compared with the set of genes from livers of fasting mice ( $\pm$ 1.5-fold). The common set of 397 genes was filtered to contain only genes regulated in the same direction both by fasting and PGC-1 $\alpha$ -Ad and categorized in Ingenuity Software, resulting in total of 58 genes belonging to the immunological disease or inflammatory disease categories (complete list in supplemental Table 1), of which 24 were up-regulated (including Tweak). *B*, cells were collected at the indicated time points, and isolated mRNA was used for cDNA synthesis and analysis with qPCR using TaqMan probes (IL1Rn, Tweak, and IL15R $\alpha$ ) and SYBR Green chemistry (PGC-1 $\alpha$  and Pck-1). Data are presented as -fold change compared with uninfected controls at a given time point. *Bars* representing uninfected samples (means equal 1) are not shown. Values represent means  $\pm$  S.D. (*error bars*), n = 3, \*\*\*, p < 0.001 statistical significance compared with GFP-Ad samples (Student's two-tailed *t* test). *C*, cells and culture medium were collected 72 h after transduction, and protein fractions were prepared as described under "Experimental Procedures" and used for immunoblotting. *Top*, IL1RN in whole cell lysate; *middle*, IL1RN in cell culture medium protein precipitate; *bottom*, IL15R $\alpha$  in whole cell lysate.  $\beta$ -Actin was detected as a loading control.

is both induced and coactivated by PGC-1 $\alpha$ . We analyzed previous microarray data from wild type and PPAR $\alpha$  null fasting mice (GEO series GSE17865). Compared with fed animals, IL1Rn and IL15R $\alpha$  were induced in wild type but not in PPAR $\alpha$  null animals, indicating that PPAR $\alpha$  is necessary for the fasting response of IL1Rn and IL15R $\alpha$ . We next measured the effect of





FIGURE 2. *A* and *B*, effect of glucagon (5  $\mu$ g/ml porcine glucagon) (*A*) and cAMP (50  $\mu$ M 8-Br-cAMP) (*B*) on expression of selected genes in mouse primary hepatocytes. Cells were collected at the indicated time points, and relative mRNA levels were measured with qPCR using TaqMan probes or SYBR Green chemistry (PGC-1 $\alpha$  and Pck-1). Data are presented as -fold change compared with untreated controls. Values represent means  $\pm$  S.D. (*error bars*), n = 3-6/point. \*, p < 0.05; \*\*, p < 0.01; \*\*\*, p < 0.001; external with controls at a given time point (Student's two-tailed *t* test). C, effect of PGC-1 $\alpha$  siRNA on cAMP-induced expression of IL1Rn, IL15R $\alpha$ , and Tweak in mouse primary hepatocytes. Cells were transfected with 50 pmol/ $\mu$ l control (*Scramble*) or PGC-1 $\alpha$  siRNA before treatment with 50  $\mu$ M 8-Br-cAMP and collected at the indicated time points. mRNAs were measured with SYBR Green qPCR. Values are presented relative to the control (*Scramble*) sample at the 48 h time point and represent means  $\pm$  S.D. (n = 3). \*\*\*, p < 0.001 compared with the control (Student's two tailed *t* test).







FIGURE 3. Effect of fasting and exercise on IL1Rn, IL15Rα, and Tweak mRNA and IL1Rn protein expression in rat livers. *A*, animals were fasted for 24 or 48 h and sacrificed. Livers were isolated immediately and snap frozen in

A functional PPAR $\alpha$  element has been previously identified in the *Ilrn* promoter at about 700 bp upstream from the transcription start site (26). To evaluate the significance of the *Il1rn* gene proximal promoter for PGC-1 $\alpha$  response, we transfected mouse primary hepatocytes with a reporter construct under the control of 1900 bp of the *Il1rn* promoter. PGC-1 $\alpha$  cotransfection activated luciferase activity only 1.3-fold. However, cotransfection of PPAR $\alpha$  and PGC-1 $\alpha$  together activated transcription 2-fold, suggesting PPAR $\alpha$  coactivation by PGC-1 $\alpha$ (Fig. 4*C*). The modest response of *Il1rn* proximal promoter to PGC-1 $\alpha$ , compared with mRNA induction, suggests that other regulatory elements located outside the studied region are required for full response.

To confirm the role of PPAR $\alpha$  in PGC-1 $\alpha$ -mediated induction of IL1Rn, we performed a knockdown experiment. Primary mouse hepatocytes were transfected with PPAR $\alpha$  siRNA or scramble control siRNA and transduced with PGC-1 $\alpha$ -Ad. Induction of IL1Rn and also IL15R $\alpha$  by PGC-1 $\alpha$ -Ad was reduced by about 50% (Fig. 4*D*).

*PGC-1α Antagonizes Effects of IL1β in Hepatocytes*—IL1RN binds to IL1 receptors and functions as a naturally occurring antagonist for IL1. We therefore investigated if PGC-1α-mediated induction of IL1Rn affects induction of haptoglobin and C-reactive protein (CRP) by IL1β. Haptoglobin and CRP are acute phase proteins, and their plasma concentrations rise during inflammation. Mouse primary hepatocytes were transduced with PGC-1α-Ad or GFP-Ad and treated with two different doses of IL1β. As expected, IL1β induced IL1Rn; nevertheless, the PGC-1α-Ad effect was stronger. IL1β did not significantly affect IL15Rα or Tweak mRNA. Haptoglobin and CRP were induced by IL1β; however, this effect was abolished by PGC-1α-Ad (supplemental Fig. 2).

To further elucidate role of IL1Rn in anti-inflammatory response by PGC-1 $\alpha$ , we knocked down expression of IL1Rn in hepatocytes treated with IL1 $\beta$  and transduced with PGC-1 $\alpha$ -Ad. As expected, IL1Rn mRNA was induced by PGC-1 $\alpha$ -Ad and IL1 $\beta$  but reduced by IL1Rn siRNA (Fig. 5A). IL1 $\beta$  increased CRP mRNA 10-fold, whereas transduction with PGC-1 $\alpha$ -Ad reduced this effect by 85%. In IL1Rn siRNA-treated cells, PGC-1 $\alpha$ -Ad inhibited CRP expression by only 53%, indicating a contribution of IL1Rn to the PGC-1 $\alpha$ -Ad-mediated anti-inflammatory effect. Analogous results were observed for haptoglobin, although all of the -fold changes were smaller (Fig. 5A).



liquid nitrogen. Random liver sections of a minimum of 80 mg were used for mRNA isolation. mRNA expression was measured with SYBR Green qPCR or TaqMan probes (IL1Rn and Tweak). Values are presented relative to the mean of control sample (*Fed*) for each time point (Student's two-tailed t test; \*\*, p < 0.01; \*\*\*, p < 0.001). *B*, IL1RN was detected in cytosolic protein fraction of random rat liver sections of a minimum of 80 mg. Animals in the experimental group were fasted for 48 h. Proteins were separated in 15% SDS-PAGE gel, and  $\beta$ -actin was used as a loading control. Migration of molecular weight markers is indicated. *C*, animals were forced to run once or twice for 1 h each time and sacrificed as specified. mRNA was isolated and measured as stated above. Hours represent time after the first exercise period. Values are presented relative to the mean of corresponding control samples (*Not Exercised*) (Student's two-tailed t test; \*, p < 0.05; \*\*, p < 0.01). *Error bars*, S.D.



FIGURE 4. **Effect of PGC-1** $\alpha$ -**Ad on IL1Rn, IL15R** $\alpha$ , **and Tweak is mediated by a nuclear receptor.** *A*, mouse primary hepatocytes were transduced with wild type (W7) or L2L3M mutant PGC-1 $\alpha$ -Ad or GFP-Ad at MOI = 1. Cells were collected after 48 h, and mRNA expression was analyzed with SYBR Green qPCR. Data are presented as -fold change compared with GFP-Ad controls. Values represent means  $\pm$  S.D. (*error bars*) (n = 4). \*\*\*, p < 0.001 statistical significance compared with GFP-Ad samples. (Student's two-tailed *t* test). *B*, cells were treated as described (Fig. 1*B*), and expression of PPAR $\alpha$  was measured with qPCR. Data are presented as -fold change compared with uninfected controls at a given time point. Values represent means  $\pm$  S.D. (n = 3). \*\*\*, p < 0.001, statistical significance compared with GFP-Ad samples, Student's two-tailed *t* test. *C*, mouse primary hepatocytes were transfected with the *ll1rn* upstream promoter luciferase construct and expression vectors as indicated. Cells were collected 48 h later, and luciferase activity was measured. The values are presented relative to pcDNA3 control and represent means  $\pm$  S.D. \*, statistical significance compared with pCNA3 control samples (Student's two-tailed t test; \*, p < 0.05; \*\*, p < 0.01; #, <math>p < 0.05; n = 10-12/point). *D*, PGC-1 $\alpha$ -Ad effect involves PPAR $\alpha$ . Cells were transfected with 150 pmol/ $\mu$ l of control (*Scramble*) or PPAR $\alpha$  siRNA before transduction with PGC-1 $\alpha$ -Ad and collected after 48 h. mRNAs were measured with SYBR Green qPCR. Values are presented relative to the control (*Scramble*) and represent means  $\pm$  S.D. (n = 3). \*\*\*, p < 0.001; \*\*\*\*, p < 0.001; \*\*\*\*\*, p < 0.001; \*\*\*\*\*, p < 0.001; \*\*\*\*\*, p < 0.001; \*\*\*

IL1Rn siRNA was able to increase CRP and haptoglobin expression even in the absence of IL1 $\beta$  treatment. This is probably due to inflammatory response and up-regulation of IL1Rn induced by control adenovirus, as seen also in Fig. 1. IL1Rn siRNA did not have any effect on another PGC-1 $\alpha$  target gene, Pck-1, measured as a control (data not shown).

In addition, we studied whether cAMP affects expression of acute phase proteins induced by IL1 $\beta$ . Primary hepatocytes were first treated with cAMP for 24 h, after which IL1 $\beta$  was added, and the cells were incubated for an additional 24 h. IL1Rn was induced by both cAMP and IL1 $\beta$ , and the two compounds had an additive effect. Haptoglobin and CRP were induced by IL1 $\beta$ ; however, treatment with cAMP attenuated this response (Fig. 5*B*).

AMPK Modulates Expression of IL1Rn and IL15R $\alpha$ —Besides PGC-1 $\alpha$ , AMPK is another key cellular sensor of energy status. PGC-1 $\alpha$  and AMPK pathways are known to cross-talk, and AMPK may affect both PGC-1 $\alpha$  expression and function (27, 33). We therefore studied whether AMPK modulates the PGC-1 $\alpha$  effect on inflammatory signaling in hepatocytes. Metformin is a widely used antidiabetic drug that activates AMPK

and attenuates PGC-1 $\alpha$  induction by cAMP (34). First, we investigated the effect of metformin on glucagon-induced changes in PGC-1 $\alpha$ , Pck-1, IL1Rn, IL15R $\alpha$ , and Tweak expression in mouse primary hepatocytes. As expected, metformin attenuated the PGC-1 $\alpha$  induction by glucagon. Consistent with these data, metformin attenuated Pck-1 up-regulation and Tweak down-regulation by PGC-1 $\alpha$  (Fig. 6A). In contrast, metformin increased expression of IL1Rn compared with glucagon alone, suggesting that metformin has PGC-1 $\alpha$ -independent effects on IL1Rn. On the other hand, IL15R $\alpha$  was down-regulated by metformin (Fig. 6A). Because IL15R $\alpha$  is paradoxically down-regulated by glucagon (although induced by PGC-1 $\alpha$ ), it is difficult to determine how much of the observed change is related to metformin-mediated reduction of PGC-1 $\alpha$ .

Consequently, we investigated the effect of metformin alone or in combination with cAMP on expression of IL1Rn. IL1Rn was up-regulated by both cAMP and metformin, and the combination of the two had a synergistic effect (Fig. 6*B*).

Subsequently, we studied whether AMPK can directly regulate IL1Rn. Mouse primary hepatocytes were transduced with a constitutively active form of AMPK-Ad or GFP-Ad, and IL1Rn





FIGURE 5. **PGC-1** $\alpha$ -**Ad and cAMP attenuate expression of CRP and haptoglobin in response to IL1\beta in hepatocytes.** *A***, mouse primary hepatocytes were transfected with 100 pmol/\mul control (scramble) or IL1Rn siRNA before transduction with PGC-1\alpha-Ad or LacZ-Ad (MOI = 1). After 48 h, cells were treated with 0.5 ng/ml IL1\beta for an additional 24 h. Hepatocytes were collected, and mRNA was isolated and analyzed with SYBR Green qPCR. Data are presented as -fold change compared with LacZ-Ad + scramble siRNA sample without IL1\beta (normalized as 1). \*, statistical significance between scramble and silL1\beta and corresponding untreated samples. Values represent means \pm S.D. (n = 3). \*\*, p < 0.01; ##, p < 0.001 (Student's two-tailed** *t* **test).** *B***, mouse primary hepatocytes were collected, and mRNA was analyzed with 75 \muM Bt<sub>2</sub>cAMP, and controls were left networted. After an additional 24 h, samples were collected, and mRNA was analyzed with SYBR Green qPCR. Data are presented as -fold change compared with untreated controls without IL1\beta. Values represent means \pm S.D. (n = 3). \*, p < 0.01; ###, p < 0.001; ###, p < 0.001 (Student's two-tailed** *t* **test).** *B***, mouse primary hepatocytes were collected, and mRNA was analyzed with SYBR Green qPCR. Data are presented as -fold change compared with untreated controls without IL1\beta. Values represent means \pm S.D. (n = 3). \*, p < 0.05; \*\*, p < 0.01; \*\*\*, p < 0.001, statistical significance compared with control samples. ###, p < 0.001, controls without cAMP compared with 0 ng/ml IL1\beta sample (Student's two-tailed** *t* **test).** 

mRNA levels were measured up to 72 h. Similar to metformin, AMPK up-regulated IL1Rn (Fig. 6*C*). Consequently, we measured the effect of AMPK-Ad on IL1RN protein in mouse primary hepatocytes. AMPK-Ad treatment for 72 h strongly up-regulated IL1RN protein expression compared with untreated control cells (Fig. 6*D*).

In muscle cells, AMPK-mediated phosphorylation enhances PGC-1 $\alpha$  transcriptional activity (27). We therefore investigated if AMPK affects PGC-1 $\alpha$  function in the context of the *llrn* promoter. The Luciferase reporter construct regulated by the *ll1rn* promoter (1900 bp) was cotransfected with PGC-1 $\alpha$  expression plasmid to primary hepatocytes. As described

above, PGC-1 $\alpha$  activated luciferase activity 1.3-fold. When the cells were concomitantly transduced with AMPK-Ad, the luciferase activity was activated more than 2-fold (Fig. 6*E*). AMPK alone did not induce IL1Rn promoter activity (data not shown). PGC-1 $\alpha$  T177A/S538A mutant (sites directly phosphorylated by AMPK (27)) activated *Il1rn* promoter similarly to wild type PGC-1 $\alpha$ . However, mutation of the phosphorylation sites significantly attenuated the AMPK effect compared with the wild type PGC-1 $\alpha$  (Fig. 6*E*). These results suggest that AMPK modulates PGC-1 $\alpha$  function also in the context of the IL1Rn promoter in liver cells. Nevertheless, the fact that AMPK activation promotes IL1Rn expression while simultaneously attenuating





FIGURE 6. Effect of AMPK on expression of IL1Rn and IL15Ra in mouse primary hepatocytes. A, mouse primary hepatocytes were treated with 5 µg/ml porcine glucagon alone or together with 1 mM metformin and compared with untreated control. Cells were collected at the indicated time points, and mRNA expression was measured with TaqMan or SYBR Green (PGC-1 a and Pck-1) qPCR. Data are presented as -fold change compared with untreated controls at a given time point. Values represent means  $\pm$  S.D. (*error bars*) (n = 3).\*, p < 0.05; \*\*, p < 0.01; \*\*\*, p < 0.001, statistical significance compared with glucagon alone (Student's two-tailed t test). *B*, mouse primary hepatocytes were treated with 25  $\mu$ MBt<sub>2</sub>cAMP, 1 mm metformin, or a combination of the two. Cells were collected at specified time points. mRNA expression was measured with SYBR Green qPCR. Data are represented as -fold change compared with untreated controls at a given time point. Values represent means  $\pm$  S.D. (n = 4). \*, statistical significance compared with untreated controls; #, statistically significant difference between Bt<sub>2</sub>cAMP alone and Bt<sub>2</sub>cAMP plus metformin (Student's two-tailed t test). \*\*, p < 0.01; \*\*\*, p < 0.001; ###, p < 0.001. C, mouse primary hepatocytes were infected with AMPK-Ad or GFP-Ad (MOI = 2). Cells were collected at the indicated time points, and mRNA expression was measured with SYBR Green qPCR. Values represent means ± S.D. (n = 4). Data represent -fold change compared with untreated controls at a given time point. \*, p < 0.05; \*\*, p < 0.01; \*\*\* p < 0.001, statistical significance compared with GFP-Ad (Student's two-tailed t test). D, detection of IL1RN protein by immunoblotting in whole cell lysates of mouse primary hepatocytes 72 h after infection with AMPK-Ad (MOI = 2). Control samples were uninfected.  $\beta$ -Actin was detected as a loading control.  $\hat{E}$ , mouse primary hepatocytes were transfected with *ll1rn* promoter luciferase construct and cotransfected with PGC-1a or PGC-1a T177A/S538A mutant expression vectors or empty pCDNA3 plasmid. After 24 h, cells were transduced with LacZ-Ad or AMPK-Ad at MOI = 1 and collected after an additional 24 h, and luciferase activity was measured. Values are presented as -fold change compared with pcDNA3 control samples and represent means ± S.D.\*, statistical significance compared with LacZ-Ad samples. #, statistical significance compared with PGC-1 $\alpha$  WT (Student's two-tailed t test). \*, p < 0.05; \*\*\*, p < 0.001; ##, p < 0.01 (n = 1000) 14-16/point). Results are representative of two independent experiments.



PGC-1 $\alpha$  induction by glucagon (or cAMP) suggests that PGC-1 $\alpha$  does not play a major role in induction of IL1Rn by AMPK.

IL15R $\alpha$  was down-regulated by the combination of metformin and cAMP but also by metformin alone (Fig. 6*B*), indicating an AMPK-related mechanism involved in regulation of the gene. Consequently, AMPK-Ad reduced expression of IL15R $\alpha$  mRNA (Fig. 6*C*).

In the previous experiments, we showed that PPAR $\alpha$  is involved in induction of IL1Rn and IL15R $\alpha$  by PGC-1 $\alpha$ . Therefore, we investigated if AMPK and metformin affects PPAR $\alpha$ expression. Metformin down-regulated PPAR $\alpha$  mRNA 2–5fold (depending on the time point), whereas AMPK-Ad had no effect (data not shown), suggesting that PPAR $\alpha$  is not involved in regulation of IL1Rn and IL15R $\alpha$  by AMPK.

#### DISCUSSION

Growing evidence supports the importance of inflammation in the metabolic syndrome, a combination of risk factors for cardiovascular diseases and diabetes. Factors that integrate nutrient- and pathogen-sensing pathways are of great interest in understanding the mechanisms of chronic metabolic pathologies. PGC-1 $\alpha$  is a powerful regulator of energy metabolism in key tissues, including liver, adipose tissue, and skeletal muscle. In skeletal muscle, PGC-1 $\alpha$  suppresses the production of inflammatory cytokines, such as TNF $\alpha$  and IL6 (35), suggesting that PGC-1 $\alpha$  is one of the interlinks between regulation of energy homeostasis and inflammation and that activation of PGC-1 $\alpha$  in muscle may have beneficial anti-inflammatory effects.

In the current study, we investigated the role of PGC-1 $\alpha$  in cross-talk of energy metabolism and inflammation in liver. PGC-1 $\alpha$  overexpression down-regulated several inflammatory cytokines, including Tweak as well as CxCl1 and Ccl9 chemo-kines. Simultaneously, PGC-1 $\alpha$  up-regulated anti-inflammatory signals, especially IL1Rn, and also the more pleiotropic IL15R $\alpha$ . These results suggest that, similar to muscle, hepatic PGC-1 $\alpha$  restrains inflammatory response.

IL1Rn was found to be consistently up-regulated by PGC-1 $\alpha$ overexpression, fasting, and physical exercise (the physiological conditions up-regulating PGC-1 $\alpha$ ) as well as by PGC-1 $\alpha$ -regulating hormonal stimulus (glucagon and cAMP). Furthermore, PGC-1α siRNA down-regulated cAMP-stimulated expression of both PGC-1 $\alpha$  and IL1Rn. These findings strongly suggest that *Il1Rn* gene expression is under strict control of PGC-1 $\alpha$ . Analysis of public microarray data revealed that IL1Rn induction by fasting is absent in PPAR $\alpha$ -null animals. PGC-1 $\alpha$  induction by fasting is not affected by PPAR $\alpha$  knock-out (36). Therefore, PGC-1 $\alpha$  appears to be upstream of PPAR $\alpha$  in the signal cascade, resulting in IL1Rn induction. Indeed, PPAR $\alpha$  has been described to directly regulate IL1Rn (26). PPAR $\alpha$  is both induced and coactivated by PGC-1 $\alpha$ , making this pathway very robust. Finally, we showed that knockdown of PPAR $\alpha$  in hepatocytes suppressed PGC-1 $\alpha$ -mediated up-regulation of IL1Rn. These data indicate that IL1Rn induction by PGC-1 $\alpha$  involves PPAR $\alpha$ . Our model of IL1Rn regulation by PGC-1 $\alpha$  is summarized in Fig. 7.



FIGURE 7. Model of PGC-1 $\alpha$ - and AMPK-mediated regulation of IL1Rn expression in hepatocytes. Fasting and physical exercise increase blood concentration of glucagon, leading to increased cAMP level in hepatocytes. cAMP induces PGC-1 $\alpha$ , which in turn triggers expression of PPAR $\alpha$  and IL1RN in a PPAR $\alpha$ -dependent manner. Consequently, IL1RN interferes with IL1 $\beta$ -mediated inflammation and inhibits expression of acute phase proteins (CRP and haptoglobin) in hepatocytes. Fasting, physical exercise, and antidiabetic drug metformin also activate AMPK. AMPK phosphorylates PGC-1 $\alpha$  and increases its transcriptional activity in the context of the *Il1rn* promoter. In addition, AMPK and metformin affect IL1RN expression in a mechanism independent of the PGC-1 $\alpha$  and PPAR $\alpha$  pathway.

IL1RN belongs to the interleukin 1 family and binds to IL1 receptors without signal transduction, serving as a naturally occurring antagonist. Accordingly, the balance between IL1 and IL1RN controls the inflammatory effect of IL1 (37). Indeed, we could demonstrate that PGC-1 $\alpha$  suppresses the IL1 $\beta$ -mediated response of acute phase proteins in hepatocytes, and at least in part, this is due to increased expression of IL1RN. A number of studies have previously shown a close connection of IL1RN and metabolic disorders. IL1RN serum levels are increased in obese and type II prediabetic patients (28, 29). However, treatment with recombinant IL1RN (anakinra) has been shown to be antidiabetic, improving both insulin sensitivity and beta cell function (38, 39), suggesting that the increase in IL1RN may represent a compensatory change to proinflammatory signals. The liver is a major source of circulating ILRN (40). PGC-1 $\alpha$  is induced in liver by caloric restriction and exercise (both conditions improving insulin sensitivity and glucose tolerance (41)). Thus, PGC-1 $\alpha$ -induced IL1RN expression may contribute to the beneficial effects of these physiological stimuli.

Fasting and physical exercise, as well as PGC-1 $\alpha$  overexpression, induced IL15R $\alpha$  in liver. However, cAMP and glucagon had a mild opposite effect. These conflicting results emphasize the complexity of IL15R $\alpha$  regulation and suggest the existence of inhibitory signals activated by identical hormonal stimuli. One of the possible explanations is activation of the AMPK pathway because AMPK-Ad reduced expression of the IL15R $\alpha$ , and AMPK is activated in glucagon-treated hepatocytes and livers of fasted mice (42, 43). However, the *in vivo* experiments indicate that in physiological context, the net effect is induction.



IL15 is a potent proinflammatory cytokine. Its aberrant expression is characteristic for several autoimmune disorders, including type 1 diabetes mellitus (44). The complete IL15 receptor is a  $\alpha/\beta/\gamma$  heterotrimer (45). Although all three elements are expressed by hepatocytes, fasting and PGC1 $\alpha$ -Ad induced only the  $\alpha$  subunit. IL15R $\alpha$  is fully capable of perpetuating signal alone, although the composition of the receptor might affect the type of activated pathways (45). IL15R $\alpha$  is primarily a membrane-bound receptor, yet it exists also in a soluble form, due to proteolytic shedding from the surface (50). Soluble IL15R $\alpha$  (sIL15R $\alpha$ ) retains the ability to bind IL15 and functions as its antagonist (46-48). In line with these studies, treatment with sIL15R $\alpha$  reduced hyperglycemia in autoimmune diabetes in mice (30). However, the fusion IL15-IL15R $\alpha$ protein and certain forms of sIL15R $\alpha$  have been shown to have potent agonist properties, emphasizing the pleiotropic nature of IL15R $\alpha$  (49). Interestingly, IL15 is secreted by muscle, and its circulating levels increase after exercise (50, 51). According to our results, physical activity induces expression of IL15R $\alpha$  in liver. It is tempting to speculate that hepatic IL15R $\alpha$  removes muscle-derived IL15 from systemic circulation or, in the case of sIL15R $\alpha$ , renders it inactive. Clearly, this subject requires more study.

PGC-1 $\alpha$  down-regulated several inflammatory cytokines, including Tweak. In mouse hepatocytes, Tweak was down-regulated by fasting, by PGC-1 $\alpha$  overexpression, and consistently also by PGC-1 $\alpha$ -regulating hormonal stimuli, glucagon and cAMP. TWEAK is a member of the TNF ligand family with proinflammatory, proliferative, apoptotic, and angiogenic effects, depending upon cell type. In hepatocytes, TWEAK induces insulin resistance (31). Therefore, down-regulation of Tweak by PGC-1 $\alpha$  can be assumed to have a beneficial effect on glucose tolerance. However, in rat livers, fasting actually induced Tweak expression. This species difference suggests that Tweak does not play a fundamental role in cross-talk of metabolism and inflammation. Mechanisms of PGC-1 $\alpha$ -mediated down-regulation are still poorly understood. Recently, heme-regulated transcription repressor Rev-Erb $\alpha$  was found to mediate negative regulation of FGF21 by PGC-1 $\alpha$  (52). Most likely, there are several other pathways similarly mediating repressive effects of PGC-1 $\alpha$ . Furthermore, inflammation could be regulated through alteration of cellular reactive oxygen species by PGC-1 $\alpha$  (35). It will be an important future task to identify the molecular mechanisms involved in PGC-1 $\alpha$ -mediated down-regulation of inflammatory signaling pathways.

AMPK is a cellular energy sensor regulated by the ATP/AMP ratio. In muscle, AMPK increases PGC-1 $\alpha$  expression and also directly phosphorylates PGC-1 $\alpha$ , increasing its transcriptional activity (33). However, in liver, AMPK activator metformin prevents TORC2-mediated up-regulation of PGC-1 $\alpha$  (34). Thus, AMPK and PGC-1 $\alpha$  signals appear to be closely integrated. To elucidate possible interaction of AMPK and PGC-1 $\alpha$  pathways in the regulation of IL1Rn, IL15R $\alpha$ , and Tweak, we analyzed the effect of the AMPK-activating drug metformin on the response of these factors to glucagon. As expected, metformin attenuated PGC-1 $\alpha$  induction by glucagon. In analogy, the effect of glucagon on Tweak expression was decreased by metformin. In contrast, metformin alone or in combination with glucacon or cAMP induced IL1Rn expression. Furthermore, AMPK-Ad upregulated IL1Rn in hepatocytes. AMPK phosphorylates and regulates the function of numerous transcription factors and coactivators (53). We showed that in hepatocytes, AMPK potentiated PGC-1 $\alpha$ -mediated transactivation of the *Il1rn* promoter. Nevertheless, AMPK promoted IL1Rn expression but at the same time attenuated PGC-1 $\alpha$  induction by glucagon. This suggests that AMPK regulation of IL1Rn is predominantly mediated by a transcription factor other than PGC-1 $\alpha$  (Fig. 7). Metformin has been for many years suggested to have an antiinflammatory effect, but the mechanisms have remained elusive (54). Our findings indicate that induction of IL1RN expression by AMPK is a novel mechanism mediating antiinflammatory effects of metformin.

Expression of IL15R $\alpha$  is attenuated by AMPK, which at least in part could be explained by reduced PGC-1 $\alpha$  levels. However, we cannot exclude contributions of other factors. Nevertheless, the AMPK-related mechanism appears to be independent of PPAR $\alpha$ . Taken together, our data indicate that AMPK is another, energy-sensing pathway regulating hepatic expression of IL1Rn and IL15R $\alpha$ .

In summary, our study presents two major findings. (i) We describe a novel function of PGC-1 $\alpha$  as an immunomodulating factor and a regulatory interlink between energy homeostasis and the hepatic immune system. More specifically, we show that PGC-1 $\alpha$  induces IL1Rn and represses expression of acute phase proteins in response to IL1 $\beta$ . This suggests that PGC-1 $\alpha$  is involved in beneficial, anti-inflammatory effects of physical exercise and caloric restriction. (ii) In addition we show that another energy-sensing factor, AMPK, regulates IL1Rn and IL15R $\alpha$ . Induction of IL1RN by AMPK is a novel pathway mediating anti-inflammatory effects of metformin.

Acknowledgments—The skillful technical assistance of Ritva Tauriainen and Päivi Tyni is gratefully acknowledged.

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