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## A $\beta$ (39–42) Modulates A $\beta$ Oligomerization but Not Fibril Formation

Megan Murray Gessel<sup>†,a</sup>, Chun Wu<sup>†,a</sup>, Huiyuan Li<sup>‡,a</sup>, Gal Bitan<sup>‡,§,¶</sup>, Joan-Emma Shea<sup>†,□</sup>, and Michael T. Bowers<sup>†,\*</sup>

<sup>†</sup>Department of Chemistry and Biochemistry, University of California, Santa Barbara, California 93106

<sup>□</sup>Department of Physics, University of California, Santa Barbara, California 93106

<sup>‡</sup>Department of Neurology, David Geffen School of Medicine, University of California at Los Angeles, Los Angeles, CA 90095

<sup>§</sup>Brain Research Institute, University of California at Los Angeles, Los Angeles, CA 90095

<sup>¶</sup>Molecular Biology Institute, University of California at Los Angeles, Los Angeles, CA 90095

### Abstract

Recently, certain C-terminal fragments (CTFs) of A $\beta$ 42 have been shown to be effective inhibitors of A $\beta$ 42 toxicity. Here, we examine the interactions between the shortest CTF in the original series, A $\beta$ (39–42) and full-length A $\beta$ . Mass spectrometry results indicate that A $\beta$ (39–42) binds directly to A $\beta$  monomers and to the n=2,4, and 6 oligomers. The A $\beta$ 42:A $\beta$ (39–42) complex is further probed using in molecular dynamics simulations. Although the CTF was expected to bind to the hydrophobic C-terminus of A $\beta$ 42, the simulations show that A $\beta$ (39–42) binds at several locations on A $\beta$ 42, including the C-terminus, other hydrophobic regions, and preferentially in the N-terminus. Ion mobility-mass spectrometry (IM-MS) and electron microscopy experiments indicate that A $\beta$ (39–42) disrupts the early assembly of full-length A $\beta$ . Specifically, the ion-mobility results show that A $\beta$ (39–42) prevents the formation of large decamer/dodecamer A $\beta$ 42 species and, moreover, can remove these structures from solution. At the same time, thioflavin T fluorescence and electron microscopy results show that the CTF does not inhibit fibril formation, lending strong support to the hypothesis that oligomers and not amyloid fibrils are the A $\beta$  form responsible for toxicity. The results emphasize the role of small, soluble assemblies in A $\beta$ -induced toxicity and suggest that A $\beta$ (39–42) inhibits A $\beta$ -induced toxicity by a unique mechanism, modulating early assembly into non-toxic heterooligomers, without preventing fibril formation.

### Keywords

Alzheimer's Disease; Amyloid; Ion Mobility; Molecular Dynamics

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Numerous studies have shown that amyloid  $\beta$ -protein (A $\beta$ ) plays a significant etiologic role in Alzheimer's disease (AD)(1). A $\beta$  forms by proteolytic cleavage of the amyloid  $\beta$ -protein precursor and exists *in vivo* primarily as 40- or 42-residue peptides (A $\beta$ 40 and A $\beta$ 42,

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\*To whom correspondence should be addressed: Michael T. Bowers, Department of Chemistry and Biochemistry, University of California, Santa Barbara, California 93106, Phone: 805-893-2893. Fax: 805-893-8703. bowers@chem.ucsb.edu..

<sup>a</sup>Authors contributed equally to this work

**Supplemental Information** Additional ion mobility data of A $\beta$ :CTF mixtures, starting structures for the MD simulations, and representative structures of the A $\beta$ :CTF complexes from the most populated structural families. This material may be accessed free of charge via the Internet at <http://pubs.acs.org>.

respectively). Both species aggregate and are neurotoxic, yet A $\beta$ 42 fibrillizes faster, forms distinct oligomers(2–4), and is significantly more toxic than A $\beta$ 40(5). These differences are attributed to the presence of two additional hydrophobic residues, Ile41 and Ala42, in the C-terminus of A $\beta$ 42:



The presence of these two amino acids renders the C-terminus of A $\beta$ 42 more rigid and structured(6–8).

As reported previously(9), several C-terminal fragments (CTFs) of A $\beta$ 42 were investigated for their potential to disrupt important interactions controlling A $\beta$ 42 oligomerization and thereby inhibit A $\beta$ 42-induced toxicity. CTFs ranging from A $\beta$ (29–42) to A $\beta$ (39–42) were found to inhibit A $\beta$ 42-induced neurotoxicity with different potencies. Interestingly, the smallest CTF in this series, A $\beta$ (39–42), was particularly effective, inhibiting A $\beta$ 42-induced cell death and rescuing disruption of synaptic activity by A $\beta$ 42 at low micromolar concentration. This inhibition was found to correlate with stabilization of A $\beta$ 42:A $\beta$ (39–42) heterooligomers with hydrodynamic radii ( $R_H$ ) of  $6\pm 3$  and  $30\pm 10$  nm, determined by dynamic light scattering (DLS). These two oligomer population were smaller than those formed in the absence of the CTF ( $R_H = 10\pm 2$  and  $40\pm 20$  nm). In addition, growth of these oligomer populations and formation of large aggregates, measured as intensity spikes in DLS experiments, were attenuated by A $\beta$ (39–42)(9–10). The results suggested that A $\beta$ (39–42) acted as an inhibitor by coassembling with A $\beta$ 42, stabilizing non-toxic oligomers, and decreasing A $\beta$  interaction with its cellular targets(10–11). Further intrinsic fluorescence investigation suggested that the interaction of A $\beta$ (39–42) with A $\beta$ 42 was not limited to the C-terminus, as previously thought(12). In addition, discrete molecular dynamic simulations suggested that multiple A $\beta$ (39–42) peptides bound to A $\beta$ 42(9, 11), though direct evidence for this mechanism has been difficult to obtain due to the limitations of conventional experimental techniques, such as X-ray crystallography and solution-state NMR.

Here, ion-mobility-based mass spectrometry(13) (IM-MS) and all-atom molecular dynamics (MD) simulations are used to investigate the interactions between full-length A $\beta$  and A $\beta$ (39–42). This combined approach already has been successfully employed to study A $\beta$  and several other aggregating peptides and proteins(2, 14–18), and is used here to study the interaction of A $\beta$ (39–42) with both A $\beta$ 40 and A $\beta$ 42. To explore the relationship between modulation of early oligomerization and later aggregation of A $\beta$  in the presence of A $\beta$ (39–42), IM-MS is used in conjunction with thioflavin T (ThT) fluorescence and electron microscopy (EM) measurements. Our results indicate that A $\beta$ (39–42) disrupts A $\beta$  oligomerization but not fibril formation.

## Methods

**Peptides and Sample Preparation**—Full-length A $\beta$ 40 and A $\beta$ 42, and A $\beta$ (39–42) were synthesized by *N*-(9-fluorenyl)methoxycarbonyl chemistry(9). The samples were purified by reverse-phase HPLC and their integrity validated by mass spectrometry and amino acid analysis.

**Ion Mobility-Mass Spectrometry Measurements**—Lyophilized peptides were dissolved in 10 mM ammonium acetate, pH 7.4. A $\beta$ 40 and A $\beta$ 42 concentrations were kept at 20  $\mu$ M for all experiments. Mass Spectra were recorded using an in-house built instrument(19), in which ions are generated continuously by a nanoelectrospray ionization source, guided through an ion funnel, pass through a 5-cm temperature-controlled drift cell filled with  $\sim 5$  Torr He, are mass-selected by a quadrupole mass filter, and are detected.

For ion-mobility measurements, ions are stored in the ion funnel and pulsed into the drift cell. The injection energy of the ions can be varied from ~20 to ~150 eV. At low injection energies, the ions are rapidly thermalized by collisions with the He buffer gas in the cell. At high injection voltages, the ions initially are collisionally excited which can lead to either annealing or dissociation of large, non-covalent complexes. A full description of this process is given elsewhere<sup>13</sup>. The analyte passes through the cell under the influence of a weak electric field. The velocity of the ions in the drift cell,  $v_D$  is determined by equilibration of the force of the electric field and the frictional drag of the collisions with He. The velocity is proportional to the electric field,  $E$  with the proportionality constant,  $K$ , termed the ion mobility:

$$v_D = K \cdot E \quad (1)$$

After exiting the drift cell, the ions are mass-selected and continue to the detector, where their arrival times are recorded. The ion mobility is related to the ion-He collision cross-section  $\sigma$ , which in turn can be related to the ion's arrival time,  $t_A$ , at the detector (20):

$$\sigma = 1.3 \left( \frac{q^2 E^2 T}{\mu k_B P^2 N^2 \ell^2} \right)^{1/2} (t_A - t_0) \quad (2)$$

Here,  $q$  is the ion charge,  $k_B$  is the Boltzmann constant,  $T$  is the temperature,  $\mu$  is the reduced mass of the ion-He collision,  $N$  is the He number density at STP,  $\ell$  is the drift cell length (4.503 cm), and  $t_0$  is the time the ion spends outside of the drift cell. All of these quantities are either known constants or are measured for each experiment so that  $\sigma$  can be determined.

## Molecular Dynamics Simulations

**System preparation**—Our two binding simulation systems contained one A $\beta$  peptide (A $\beta$ 42 or A $\beta$ 40), one A $\beta$ (39–42) peptide, ~7000 water molecules, and three Na<sup>+</sup> ions to neutralize the system. The initial structures of three uncapped peptides were the most abundant ones from the previous study by Garcia and coworkers(21) for A $\beta$ 42 and A $\beta$ 40, and from our own previous study(22) for A $\beta$ (39–42) (Figure S5 of the supporting material). A $\beta$ (39–42) was initially placed ~15 Å away from the A $\beta$  surface. The solute was immersed in a truncated octahedral box ( $a = b = c = \sim 69$  Å,  $\alpha = \beta = \gamma = 109.47^\circ$ ) filled with water molecules. The solute was at least ~9 Å away from the water box surface and thus the minimum distance between the solute and its image under periodic conditions is ~18 Å.

The Duan *et al.* all-atom point-charge force field (AMBER ff03)(23) was used to represent the peptides. This force field has been successfully used to model the binding of zinc to A $\beta$ (24), A $\beta$  protofibrils(25), the binding between A $\beta$  protofibrils(26), and the binding of fluorescent dyes to A $\beta$  protofibrils(27). The water solvent was explicitly represented by the TIP3P(28) model. In order to validate our choice of force field, we have carried out an additional MD simulation of A $\beta$ 42 only using the same protocol as our binding simulations for comparison with the NMR data (Figure S6). The calculated J-coupling data show a moderate agreement with the experimental data, which is comparable to the performance by the OPLS force field, the best one among others (AMBER ff94, ff96, GROMOS) examined by Sgourakis et al(21). In addition, strong propensity to form helical structure was not observed. This is consistent with the recent study(29) that shows that both AMBER ff03 and ff99SB offer significant improvements in the balance between helix and  $\beta$ -sheet, compared to early versions (ff94, ff96 and ff99).

**Binding Simulations**—The AMBER 9 simulation suite(30) was used in molecular dynamics simulations and data analysis. Periodic boundary conditions were imposed on the system by imaging and discrete Fourier transform used in the Particle Mesh Ewald method(31). After an initial energy minimization, a total of eight simulations (four runs for each system) were performed with different initial random velocities. The random velocities of atoms were generated according to the Maxwell-Boltzmann distribution at 500 K. A 10 ps run at 500 K was used to randomize the orientations and positions of the two peptides. The production run (150 ns) was at 310 K, including a short, 1-ns molecular dynamics in the NPT ensemble mode (constant pressure and temperature) to equilibrate the solvent and 149-ns dynamics in the NVT ensemble mode (constant volume and temperature). The Particle Mesh Ewald method(31) was used to treat the long-range electrostatic interactions. SHAKE(32) was applied to constrain all bonds connecting hydrogen atoms, enabling a 2-fs time step used in the dynamics. To reduce computation time, non-bonded forces were calculated using a two-stage RESPA approach(33) where the short-range forces within a 10 Å radius were updated every step and the long range forces beyond 10 Å were updated every two steps. The Langevin dynamics was used to control the temperature (310K) using a collision frequency of  $1 \text{ ps}^{-1}$ . The center of mass translation and rotation were removed every 500 steps, which removes the “block of ice” problem(34–35). The trajectories were saved at 10-ps intervals for analysis. In total, 128 Opteron CPU cores (2.3 GHz) were used for ~50 days to complete the 8 binding simulations (a cumulative MD time of 1.2  $\mu\text{s}$  for the two systems).

**Clustering analysis**—To gain a better understanding of the binding interactions, the stable complexes (atom contacts >20, see Fig. S7–S8) were grouped into different structural families based on the C $\alpha$  Root Mean Square Deviation (RMSD) of the complex (cutoff of 5 Å) using the GROMACS protocol.(36) Representative structures (centroids) of the top abundant clusters (>2% of total stable complex snapshots) from the combined 4 runs of each system are shown in the Supplementary Material (Fig. S9–S10).

**Binding energy calculation**—The binding energy was evaluated on the centroid structure of a structural family using the Molecular Mechanics-Generalized Born/Surface Area (MM-GBSA) module in the AMBER package. The solvation energy is represented by the Generalized Born term (the polar part of the solvation) plus a Surface Area term (the hydrophobic part of the solvation free energy). Due to lack of solute entropy, the MM-GBSA binding energy tends to overestimate the absolute binding affinity. But when the solute entropies in different binding modes are comparable, the relative binding affinities can be estimated from the relative MMGBSA binding energies(37).

**Collision Cross Section Calculation**—The centroids of the top abundant clusters are also used to calculate their collision cross sections by a trajectory method(38–39). To correlate better with the solvent-free experiments, these solution-phase structures are converted to ‘dehydrated’ structures via a 500,000-step energy minimization in vacuum prior to cross-section calculations. This “dehydration” generally reduces the overall size of the structures, while maintaining their solution structural features and in this paper these structures are referred to as “dehydrated solution structures”.

**Thioflavin T (ThT) Fluorescence Assay**—Twenty  $\mu\text{M}$  A $\beta$ 40 or A $\beta$ 42 were incubated in 10 mM phosphate buffer, pH 7.4, at 37°C with agitation using an orbital shaker at 100 rpm, in the absence and presence of A $\beta$ (39–42) at 1:1 or 1:5 concentration ratios. Twenty five  $\mu\text{L}$  of these solutions were added to 300  $\mu\text{L}$  of 20  $\mu\text{M}$  ThT dissolved in the same buffer and then the mixture was vortexed briefly and incubated for additional 5 min. Fluorescence

was determined using a Hitachi F-4500 fluorometer as described previously(40–41). The data are presented as mean  $\pm$  SEM of at least 3 independent experiments.

**Electron microscopy (EM)**—Eight- $\mu$ L of each solution used for the ThT fluorescence experiments were spotted onto glow-discharged, carbon-coated Formvar grids (Electron Microscopy Sciences), fixed with 5  $\mu$ L of 2.5% glutaraldehyde, stained with 5  $\mu$ L of 1% uranyl acetate for 1 min (Electron Microscopy Sciences), and examined using a JEOL CX100 transmission electron microscope as described previously(40–41). Oligomer and fibril diameters were analyzed using ImageJ (available at <http://rsbweb.nih.gov/ij/>). Fifty separate measurements were averaged and the data reported as mean  $\pm$  SD.

**MTT Reduction Assay**—A $\beta$ (39–42) inhibition of A $\beta$ -induced toxicity was measured using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) cell-metabolism assay as described previously(9). Briefly, PC-12 cells were differentiated into a neuronal phenotype by incubation with nerve growth factor (100 ng/mL) for 48 h. Ten  $\mu$ M A $\beta$ 42 or 25  $\mu$ M A $\beta$ 40 in the absence or presence of different concentrations of A $\beta$ (39–42) were used and cell viability was determined using a CellTiter 96® kit (Promega, Madison, WI). At least 3 independent experiments with 6 replicates ( $n \geq 18$ ) were performed for each data point. The results were averaged and presented as mean  $\pm$  SEM.

## Results

### A $\beta$ (39–42) shifts the oligomer size frequency distribution of A $\beta$ 42 towards small oligomers

To probe the effect of A $\beta$ (39–42) on the early oligomer distribution of full-length A $\beta$ , mixtures of A $\beta$ 40 or A $\beta$ 42 with the CTF were analyzed using ion mobility-mass spectrometry (IM-MS). A 1:1 A $\beta$ :CTF ratio showed no effect on A $\beta$  oligomerization in these experiments (see supplemental information). In contrast, at a 1:5 ratio the CTF modulated the oligomer size distributions and therefore this ratio was used in most experiments. Figure 1 shows the mass spectra of A $\beta$ 42 (a) and a 1:5 A $\beta$ 42:A $\beta$ (39–42) mixture (b). The mass spectrum of A $\beta$ 42 contains peaks for  $z/n = -4/1, -3/1, -5/2$  and  $-2/1$  (where  $z$  is the ion's charge and  $n$  is the oligomeric order) at  $m/z = 1128, 1504, 1805,$  and  $2257.5$ , respectively. The same peaks are present in the mass spectrum of the A $\beta$ 42:A $\beta$ (39–42) mixture (Fig 1b), as well as three additional peaks at  $m/z=1639, 1774, 1885$ , which correspond to  $z/n = -3$  with one and two A $\beta$ (39–42) peptides bound to A $\beta$ 42 and the  $z/n = -5/2$  peak of one CTF bound to at least a dimer of A $\beta$ 42.

Ion-mobility spectrometry was used to analyze A $\beta$ 42  $z/n = -5/2$  in each case (Figure 2). For the A $\beta$ 42 sample, the ATD shows several features, which we have previously shown correspond to dimer, tetramer, hexamer, decamer, and dodecamer(2, 17) (Cross sections of the features shown here may be found in the supplemental information). In the case of the A $\beta$ 42:A $\beta$ (39–42) mixture, the ATD has only three features, which may be assigned as the dimer, tetramer, and hexamer of A $\beta$ 42, based on their collision cross sections and an injection energy study (see supplemental information for cross sections and injection energy study). There are no features at shorter arrival times, indicating that the decamer and dodecamer of A $\beta$ 42 are not present in this mixture. Examination of the same samples three weeks following their preparation showed lower signal, suggesting that some of the peptide has aggregated and precipitated out of solution. Nonetheless, the ATD still showed only dimer through hexamer and no larger assemblies (Figure S2). Thus, the soluble fraction of A $\beta$ 42 in the presence of A $\beta$ (39–42) comprises an oligomer size distribution distinct from that of A $\beta$ 42 alone, even though aggregation still occurs. In agreement with previous observations, inhibition of formation of A $\beta$ 42 decamers and dodecamers requires excess A $\beta$ (39–42) and correlates with inhibition of A $\beta$ 42-induced toxicity, whereas at 1:1

A $\beta$ 42:A $\beta$ (39–42) concentration ratio, the oligomer size distribution is similar to that of A $\beta$ 42 alone (see SI for data of the 1:1 mixture) and little or no inhibition of toxicity was observed(9).

To test whether A $\beta$ (39–42) could reverse A $\beta$ 42 aggregation, a sample of A $\beta$ 42 was incubated at room temperature without agitation for 2 h and analyzed by IM-MS. The ATD of  $z/n = -5/2$  is given in Fig 3a with dodecamer, hexamer, and tetramer clearly evident (confirmed by cross section measurements). A $\beta$ (39–42) was added directly to this A $\beta$ 42 solution at a final A $\beta$ (39–42):A $\beta$ 42 concentration ratio of 5:1, (by using a concentrated A $\beta$ (39–42) stock solution, the concentration of A $\beta$ 42 remained at 20  $\mu$ M). Ion-mobility data was recorded ~20 min after preparing the mixture. An ATD of  $z/n = -5/2$  shows three features corresponding to the hexamer, tetramer and dimer of A $\beta$ 42 (Figure 3b) with no peaks at shorter arrival times, suggesting that A $\beta$ (39–42) disassembled the A $\beta$ 42 dodecamer into smaller oligomers.

An arrival time distribution was also recorded for the peak at  $m/z=1884$  in Figure 1 which represents a  $n[2A\beta42 + A\beta(39-42)]^{-5n}$  species (Figure 4). The signal for this ATD is lower, due to the weak intensity of this peak in the mass spectrum. However, three features are present with cross sections that, although slightly larger than those of A $\beta$ 42 alone, closely correspond to a dimer, tetramer, and hexamer of A $\beta$  (2847  $\text{\AA}^2$ , 2408  $\text{\AA}^2$ , 1313  $\text{\AA}^2$ , respectively). This result indicates that the CTF binds not only to the dimer, but to larger assemblies like the tetramer and hexamer of A $\beta$ 42, in addition to monomer.

### A $\beta$ (39–42) does not change the oligomer size distribution of A $\beta$ 40

A $\beta$ 40 has a nearly identical sequence to that of A $\beta$ 42, but exhibits very different aggregative(2–4) and pathological properties(5), which are attributed to the absence of the C-terminal residues Ile41 and Ala42. Consequently it is interesting to study how A $\beta$ (39–42) affects A $\beta$ 40 aggregation. The mass spectrum of an A $\beta$ (39–42):A $\beta$ 40 5:1 mixture is shown in Figure 5. Peaks at  $m/z=1081$ , 1442, 1623, 1776, and 2162 correspond to A $\beta$ 40  $z/n = -4$ ,  $-3$ ,  $-8/3$ ,  $-5/2$ , and  $-2$ . Additional peaks in the mass spectrum represent  $z/n = -4$  and  $-3$  with one and two A $\beta$ (39–42) peptides bound to A $\beta$ 40 and a peak at  $m/z = 1810$  represents a  $n[2A\beta40 + A\beta(39-42)]^{-5n}$  species. Past ion-mobility experiments using A $\beta$ 40 showed that the  $z/n = -5/2$  peak of A $\beta$ 40 contained both dimer and tetramer(2, 42). In the presence of A $\beta$ (39–42), the ATD of this peak contains a main peak at 675  $\mu$ s and a shoulder at 650 s (Figure 5, inset). From their measured cross sections, these features are assigned as A $\beta$ 40 dimer and tetramer, suggesting no change in the oligomer size distribution of A $\beta$ 40 in the presence of A $\beta$ (39–42). A nearly identical ATD with dimer and tetramer peaks results for  $n[2A\beta40 + A\beta(39-42)]^{-5n}$  (Figure S4), indicating that the CTF binds to oligomers of A $\beta$ 40, as well.

### A $\beta$ (39–42) does not inhibit A $\beta$ fibril formation

The observation that A $\beta$ (39–42) shifted the oligomer size distribution of A $\beta$ 42 towards smaller oligomers than those formed in the absence of the CTF, but at the same time did not prevent aggregation in samples incubated for 3 weeks, was intriguing and prompted us to examine whether A $\beta$ (39–42) disrupted A $\beta$  assembly into  $\beta$ -sheet-rich amyloid fibrils. We used the ThT fluorescence assay(43) to monitor temporal changes in  $\beta$ -sheet conformation in samples of A $\beta$ 40 and A $\beta$ 42 in the absence or presence of 1- or 5-equivalents of A $\beta$ (39–42).

In the absence of A $\beta$ (39–42), the fluorescence of A $\beta$ 42 increased steadily without an apparent lag phase, indicating  $\beta$ -sheet formation, and the reaction appeared to be complete by ~24 h (Figure 6A). The fluorescence of A $\beta$ 40 increased similarly following a lag phase

of ~8 h and then reached a plateau at ~36 h (Figure 6B). Addition of 1- or 5-fold excess A $\beta$ (39–42) had no apparent effect on  $\beta$ -sheet formation by either A $\beta$ 40 or A $\beta$ 42, suggesting that despite changing the oligomer size distribution of A $\beta$ 42, A $\beta$ (39–42) did not inhibit its later aggregation.

Supporting the ThT fluorescence data, morphological examination of A $\beta$ 40 and A $\beta$ 42 in the absence or presence of 1- or 5-equivalents of A $\beta$ (39–42) showed that following 72 h of incubation, both A $\beta$  alloforms formed abundant fibrils (Figure 6C and D), regardless of the presence of the CTF. Interestingly, however, A $\beta$ (39–42) did change the initial morphology in the solutions of A $\beta$ 40 and A $\beta$ 42. The morphology of A $\beta$ 42 at  $t = 0$  consisted of a mixture of small globular assemblies and protofibrils with an average diameter =  $8 \pm 2$  nm. In the presence of 1- or 5-equivalents of A $\beta$ (39–42), the relative contribution of protofibrillar structures increased and the average diameters observed were  $10 \pm 2$  and  $10 \pm 2$  nm, respectively (Figure 6C). In the absence of A $\beta$ (39–42), the morphology of A $\beta$ 40 at  $t = 0$  was amorphous, consistent with previous reports(3), whereas in the presence of equimolar concentration of A $\beta$ (39–42) globular structures with average diameter =  $7 \pm 1$  nm were observed (Figure 6D), and in the presence of 5-fold excess A $\beta$ (39–42) two distinct structure sizes were observed with diameters of  $12 \pm 4$  and  $22 \pm 5$  nm (Figure 6D).

### A $\beta$ (39–42) inhibits A $\beta$ 40-induced toxicity

The previous observation that A $\beta$ (39–42) was a potent inhibitor of A $\beta$ 42-induced toxicity(9) suggested that the mechanism by which A $\beta$ (39–42) works is formation of heterooligomers with A $\beta$ 42, which are not grossly distinct from those of A $\beta$ 42 alone, yet are not toxic. Here, we asked whether A $\beta$ (39–42) could also inhibit the toxicity of A $\beta$ 40. To answer this question, we incubated differentiated PC-12 cells with A $\beta$ 40 (or A $\beta$ 42 as a positive control) in the absence or presence of increasing concentrations of A $\beta$ (39–42). Because A $\beta$ 40 is less toxic than A $\beta$ 42, 25  $\mu$ M A $\beta$ 40 were required to achieve the same level of toxicity as that induced by 10  $\mu$ M A $\beta$ 42. Addition of increasing concentrations of A $\beta$ (39–42) resulted in dose-dependent inhibition of the toxicity induced by A $\beta$ 42 (Figure 7), as observed previously(9). Similarly, A $\beta$ (39–42) showed dose-dependent inhibition of A $\beta$ 40-induced toxicity. The half-maximal value (IC<sub>50</sub>) of inhibition of A $\beta$ 40-induced toxicity by A $\beta$ (39–42) was  $17 \pm 5$   $\mu$ M whereas inhibition of A $\beta$ 42-induced toxicity was obtained with IC<sub>50</sub> =  $7 \pm 10$   $\mu$ M. The difference between the IC<sub>50</sub> values was not statistically significant ( $p = 0.83$ , student's t-test).

### Modeling the A $\beta$ (39–42)-A $\beta$ interaction

To probe the interaction between A $\beta$ (39–42) and full-length A $\beta$  at an atomic level, we constructed a system consisting of one A $\beta$ (39–42) and one A $\beta$ 40 or A $\beta$ 42 molecule for all-atom molecular dynamics (MD) binding simulations. The most populated conformations of the peptides from previous studies(21–22) were used as the initial conformations in our simulations. This enabled sampling the most important conformations efficiently. The convergence of the binding simulations at 310 K was confirmed by many reversible binding events of A $\beta$ (39–42) to A $\beta$ 40/A $\beta$ 42 (Figures S7–S8 of the supporting material).

To visualize the overall binding, we superimposed the stable complexes (those with atom contacts  $>20$ ) identified from the trajectories in Figure 8. Both A $\beta$  peptides in the complexes show great flexibility, as indicated by a widespread cloud of the overall backbones. This result is expected, as both A $\beta$  alloforms are natively disordered. Although A $\beta$ (39–42) is a C-terminal fragment of A $\beta$ 42, its binding (cyan balls) to both A $\beta$  alloforms is not limited to their C-termini (small red balls). In fact, it binds to multiple sites on each A $\beta$  alloform. Nonetheless, the binding of A $\beta$ (39–42) to A $\beta$ 42 appears to be more specific than its binding to A $\beta$ 40. Figure 8 shows three abundant clusters of A $\beta$ (39–42) on A $\beta$ 42 whereas the

distribution of A $\beta$ (39–42) binding sites on A $\beta$ 40 is more disperse. Another apparent difference between A $\beta$ 42 and A $\beta$ 40 is that A $\beta$ 42 in the A $\beta$ :CTF complex is slightly more rigid and extended than A $\beta$ 40. These subtle differences highlight the importance of the C-terminus of A $\beta$ 42 and the role it plays in determining the peptide's conformation and interaction with the CTF.

To gain further insight into the different binding modes, the stable complexes were classified into different structural families. Given the large structural fluctuations, we used a large C $\alpha$  RMSD cutoff of 5 Å to capture the major complex folds. The centroids of the top structural families (>2% of the population) for both A $\beta$  alloforms are shown in Supplementary Figures S7 and S8, and selected ones are shown in Figure 9. The collision cross section of each centroid structure was calculated and listed together with the structures. For A $\beta$ 42, the top 8 structural families (panels a–h in Figure S10) comprise 85% of the total stable complex snapshots. Some important features are summarized as follows: I) A $\beta$ (39–42) mainly adopts an extended conformation (~67%; families a–b, d–e and g–h) rather than a turn conformation (~18%, families c and f); II) The C-terminal  $\beta$ -hairpin of A $\beta$ 42 is persistent in all eight structural families and an additional short  $\beta$ -hairpin forms in the middle of A $\beta$ 42 in families a and c. A short 3–10 or  $\alpha$ -helix forms in the middle A $\beta$ 42 in families b–e and g–h and A $\beta$ 42 becomes more extended in families e, g, and h, which comprise 14% of total complex snapshots. III) The intramolecular salt bridge between K28 and E22/D23 only forms in family a (29%, data not shown). IV) A $\beta$ (39–42) binds to the C-terminal region (22%, c, f and g), the middle region (26%, b, d and h) and the N-terminal region (37%, a and e) of A $\beta$ 42. V) There is a moderate preference for A $\beta$ (39–42) to insert into the inside of A $\beta$ 42 (as in the cases of families a, b, c, g and h, 63%) compared to the surface (families d, e and f, 22%) of A $\beta$ 42. VI) A $\beta$ (39–42) interacts with the  $\beta$ -strands of A $\beta$ 42 either by forming cross-strand, main-chain hydrogen bonds (family a) or by hydrophobic interactions (families c, h, and g). One or two intermolecular salt bridges form in families b–e.

For A $\beta$ 40, the top six structural families (panels A–F of Figure S10) contain 94% of total stable complex snapshots. Again, important features of these complexes are summarized as follows: I) A $\beta$ (39–42) mainly adapted an extended conformation (~76%) rather than a turn conformation (~18%). II) The central  $\beta$ -hairpin is not persistent except in family E. The initial two short 3–10 helices at the N-terminus and in the middle region of the peptide are persistent or converted into  $\alpha$ -helix in most families except for D and E. A $\beta$ 40 is overall compact in all families. III) The intramolecular salt bridge between K28 and E22/D23 forms only in family E (11%, data not shown). IV) A $\beta$ (39–42) binds to the C-terminal region (~16%, C and F), the middle region (~29%, B and E), and the N-terminal region (~49%, A and D) of A $\beta$ 40. V) There is a moderate preference for A $\beta$ (39–42) to bind to the surface (families B–F, 56%), compared to the inside of A $\beta$ 40 (family A, 38%); VI) A $\beta$ (39–42) interacts with the  $\beta$ -strand of A $\beta$ 40 by forming cross-strand main-chain hydrogen-bonds and by a salt bridge between the N-terminus of A $\beta$ 40 and its C-terminus (family A). One or two intermolecular salt bridges form in families B and F.

To compare the experimental data with the MD simulations, experimental collision cross sections of  $z/n = -3$  of A $\beta$ 42 or A $\beta$ 40 bound with one or two A $\beta$ (39–42) peptides were measured and are listed in Table S1 (ATDs shown in Figure S11). The  $z/n = -3$  was chosen because  $z/n = -3$  it is the natural charge state for the monomer ( $n=1$ ) in solution. A comparison of the experimental cross sections (Table S1) with the cross sections of the dehydrated MD structures (Figure 9) demonstrates good agreement for some of the calculated structural families (family c for A $\beta$ 42 and family B for A $\beta$ 40). MD simulations were not performed for two A $\beta$ (39–42) peptides binding to A $\beta$ 42, although experimental cross sections were recorded. Cross sections of A $\beta$ 40 and A $\beta$ 42 with two CTFs bound show



no significant increase in size, beyond that for adding the small CTF, suggesting that no large structural change occurs when two CTFs are bound to A $\beta$  (See supplemental information for more discussion of the ATDs and cross sections of the A $\beta$ :CTF complexes).

To gain a quantitative understanding of the interaction between A $\beta$ (39–42) and A $\beta$ 42/A $\beta$ 40, we averaged the binding energies over the top binding modes (see Table 1). The overall binding energy ( $-22.2 \pm 13.6$  kcal/mol) of A $\beta$ (39–42) to A $\beta$ 42 is comparable to its binding to A $\beta$ 40 ( $-22.5 \pm 20.7$  kcal/mol). Decomposition of the total binding energy (see Table 1) reveals that the van der Waals (vdW) interaction between A $\beta$ (39–42) and A $\beta$ 42 is stronger than that between A $\beta$ (39–42) and A $\beta$ 40 by  $-9.7$  kcal/mol, whereas the electrostatic contributions (Generalized Born desolvation + gas phase electrostatics) are stronger for A $\beta$ 40 than for A $\beta$ 42 by  $10.7$  kcal/mol. These differences may reflect that A $\beta$ (39–42) tends to insert inside A $\beta$ 42 to form favorable vdW interactions, but binds to the surface of A $\beta$ 40 to have favorable electrostatic interactions.

## Discussion and Conclusions

A $\beta$ (39–42) has been shown to be a potent inhibitor of A $\beta$ 42 toxicity(9–10). To develop this peptide further as an effective drug candidate, it is important to understand the mechanism of inhibition. Due to the apparent relationship between A $\beta$ 42 toxicity and aggregation, we sought to understand if the effectiveness of A $\beta$ (39–42) as an inhibitor of A $\beta$ 42 toxicity corresponds to inhibition of A $\beta$ 42 aggregation. We predicted that A $\beta$ (39–42) might interact with full-length A $\beta$ 42 and form non-toxic heterooligomers, thus disrupting the protein's self-assembly and inhibiting the toxicity of A $\beta$ 42 oligomers(9–10).

Our MS data demonstrate that A $\beta$ (39–42) interacts directly with both monomeric and oligomeric ( $n=2, 4, 6$ ) A $\beta$ 42 and that at least two CTF molecules bind to monomer A $\beta$ 42 (Fig 1). It is also possible that more than two CTFs bind simultaneously to A $\beta$  in solution, as suggested by prior discrete molecular dynamics simulations(9, 11), but dissociate during the ionization and dehydration steps of the MS experiments. The MD simulations show that A $\beta$ (39–42) does not bind extensively to the C-terminus of A $\beta$ 42. Instead, it primarily binds in three locations along the full-length protein: the C-terminal region (22%), the middle region (26%), and the N-terminal region (37%). These results are consistent with recent tyrosine fluorescence experiments, which suggested that A $\beta$ (39–42) binds primarily at the N-terminus of A $\beta$ 42(12). In addition, the binding of the CTF to areas other than the C-terminus of full-length A $\beta$ 42 is supported by the finding that A $\beta$ (39–42) also binds to A $\beta$ 40 (Figure 5). A $\beta$ 40 shares most of its primary sequence with A $\beta$ 42 but lacks the C-terminal Ile<sup>41</sup> and Ala<sup>42</sup> residues and the C-terminal turn stabilized by the presence of these residues. Although the overall binding energy of A $\beta$ (39–42) to A $\beta$ 42 is very similar to its binding affinity to A $\beta$ 40, important differences are observed in the MD simulations. First, the interaction of A $\beta$ (39–42) with A $\beta$ 42 is mediated predominantly via vdW interactions and is characterized by penetration of the tetrapeptide into A $\beta$ 42 oligomers, whereas binding to A $\beta$ 40 occurs mainly on the oligomer surface and involves mainly electrostatic interactions. Second, the binding of A $\beta$ (39–42) to A $\beta$ 42 appears to be more specific than its binding to A $\beta$ 40, as indicated by three populated binding sites on A $\beta$ 42 in contrast to a more even distribution along the A $\beta$ 40 sequence (Figure 8).

The IM-MS and EM data show differences in the early oligomerization of A $\beta$ 42 in the presence of A $\beta$ (39–42), where the CTF disrupts the formation of larger oligomers. Neat A $\beta$ 42, which normally forms multiple oligomers in IM-MS experiments, from dimers to dodecamers(2), but does not form the latter species in the presence of 5-fold excess A $\beta$ (39–42) (Figure 2). Over time, this distribution of small, soluble A $\beta$ 42 oligomers does not change. These data are consistent with DLS results showing attenuation of A $\beta$ 42

aggregation in the presence of A $\beta$ (39–42)(10). The results are interesting, as CTF addition also results in inhibition of toxicity. Importantly, the CTF does not inhibit formation of amyloid fibrils by A $\beta$ 40 or A $\beta$ 42, as shown by EM, lending strong support to the hypothesis that oligomers, and not amyloid fibrils are the A $\beta$  form responsible for toxicity. This finding also has important implications both for our understanding of the mechanisms underlying A $\beta$ -related neuropathology in AD and for screening campaigns based on assays that measure inhibition of  $\beta$ -sheet/fibril formation. Such assays may produce false positive and/or false negative results simply because they use the wrong outcome measure.

Notably, the IM-MS data suggest that A $\beta$ (39–42) can dissociate pre-formed dodecamers, which presumably are toxic(44–45), into smaller, putatively non-toxic heterooligomers (Figure 3). This disaggregation may be due to an equilibrium effect: the CTF may sequester A $\beta$ 42 in A $\beta$ :CTF heterooligomers, thereby reducing the amount of these small A $\beta$ 42 species in solution and shifting the steady-state distribution of large and small aggregates towards the latter, effectively disaggregating large, toxic A $\beta$ 42 oligomers (Le Chatlier principle).

The EM data suggest that in the presence of A $\beta$ (39–42), A $\beta$ 42 forms protofibril-like assemblies, relative to globular oligomers, and that the protofibrils have larger diameters than those formed by A $\beta$ 42 in the absence of CTF, suggesting a possible structural rearrangement or reorganization of these large assemblies. Protofibril-like heterooligomers were observed in a recent discrete molecular dynamics study of A $\beta$ 42:A $\beta$ (39–42) complexes(11), consistent with the morphologic data observed here.

Similar to A $\beta$ 42, at least two CTFs bind directly to A $\beta$ 40, according to the MS data. This is consistent with previous experiments with this CTF that demonstrated a preference for the N-terminus of A $\beta$ 42(12). However, the IM-MS data shows no changes in the oligomeric distribution of A $\beta$ 40 in the presence of A $\beta$ (39–42), suggesting that either the CTF does not interfere with the aggregation of A $\beta$ 40 or, if it does disrupt A $\beta$ 40 aggregation, this event occurs at a later assembly step that is not detected in our experiments. Nonetheless, A $\beta$ (39–42) inhibits A $\beta$ 40-induced toxicity. As this inhibition presumably occurs neither by modulating the oligomer size distribution nor by inhibiting fibril formation, and because A $\beta$ (39–42) binds predominantly on the surface of A $\beta$ 40 oligomers, we speculate that the mechanism of inhibition involves prevention of interactions of the oligomers with their cellular targets, presumably the plasma membrane.

The binding of A $\beta$ (39–42) to both A $\beta$ 40 and A $\beta$ 42 and its ability to inhibit the toxicity of each isoform is intriguing and suggests similarities in the pathogenic properties of these two proteins. Specifically, it suggests that the C-terminus of A $\beta$ 42 may not be as important in the toxic effects of this protein as previously thought. Rather, the N-terminus may play a more important role in A $\beta$ 's toxicity to cells than previously thought. Moreover, the inhibition of toxicity may be due to disruption of electrostatic interactions between the N-termini of oligomeric A $\beta$  and charged cellular targets, such as the plasma membrane.

In this study we sought to connect the inhibition of A $\beta$ 42-induced toxicity by A $\beta$ (39–42) to potential changes in the assembly of the full-length protein. The absence of the decamer and dodecamer species in the ion-mobility results and differences in the early morphology of aggregates demonstrate that the CTF modulates the formation of early, soluble aggregates. Intriguingly, at later assembly stages, the putative A $\beta$ 42:A $\beta$ (39–42) heterooligomers transform into amyloid fibrils that are indistinguishable from those of A $\beta$ 42, yet this alternative assembly pathway appears not to involve formation of toxic species, while the kinetics of  $\beta$ -sheet and fibril formation is not affected by the presence of A $\beta$ (39–42). Taken together, our findings suggest that in the presence of the CTF, A $\beta$  follows alternative aggregation pathways, which allow bypassing formation of toxic assemblies (Scheme 1).

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

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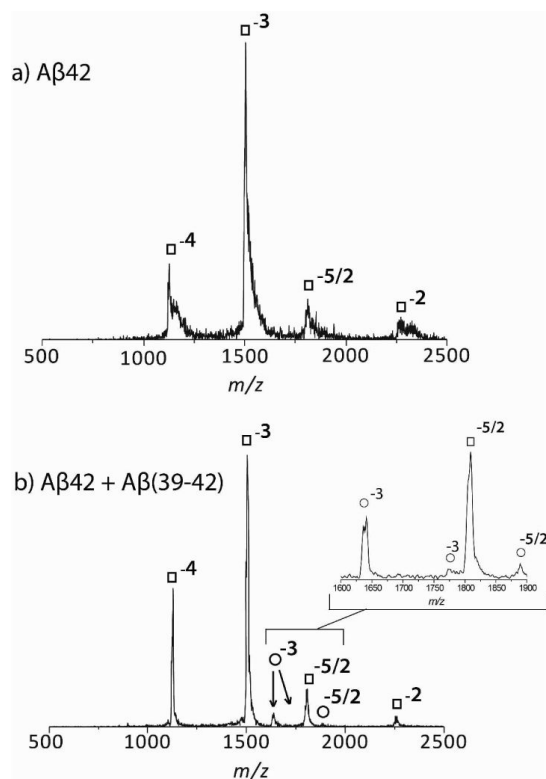
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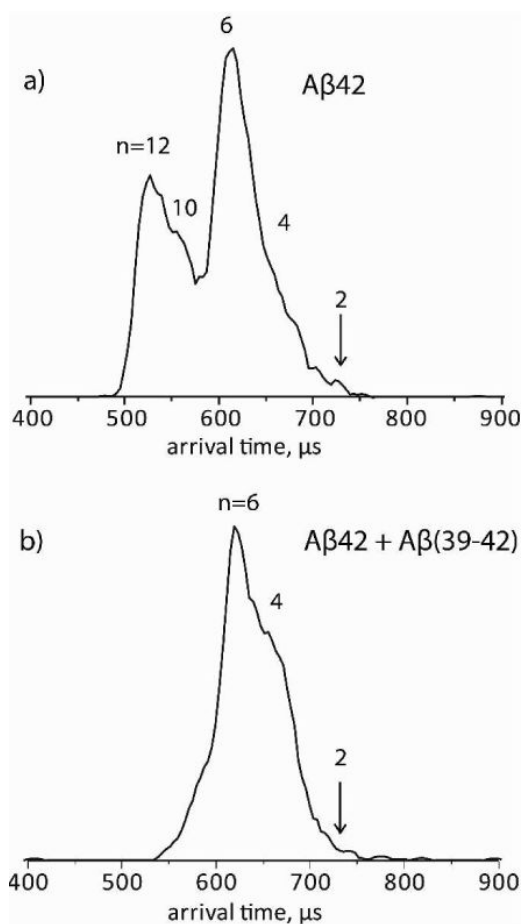
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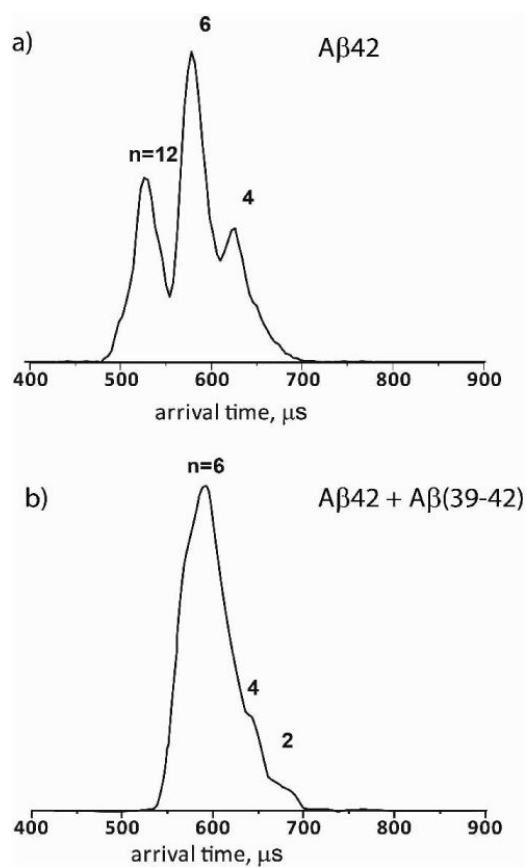
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**Figure 1.** Mass Spectra of  $A\beta_{42}$  (a) and a 1:5 mixture of  $A\beta_{42}$  and  $A\beta(39-42)$  (b).  $A\beta_{42}$  peaks are noted with the symbol,  $\square$  and  $A\beta_{42}$ -CTF peaks with the symbol,  $\circ$ . Note the increased signal to noise in the bottom spectrum indicating less aggregation is occurring.

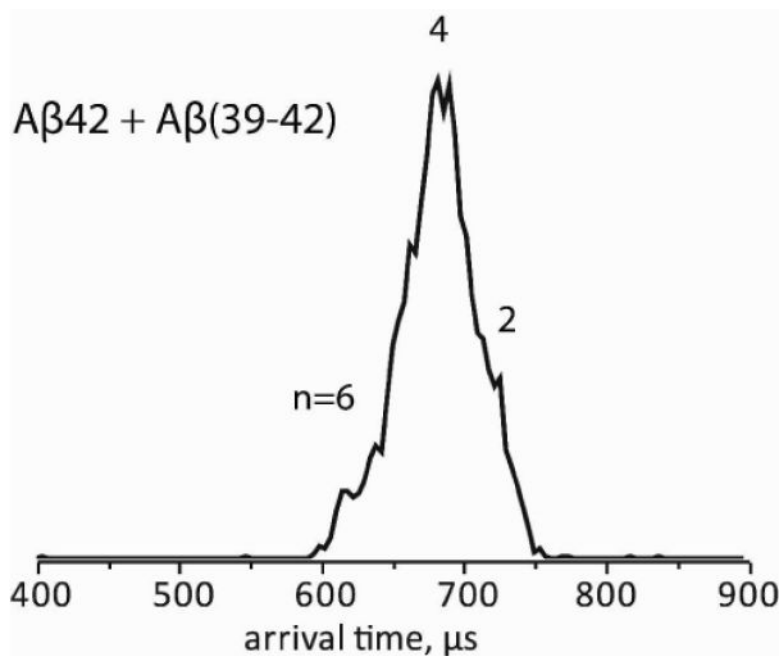


**Figure 2.** ATDs of the  $z/n = -5/2$  charge state for A $\beta$ 42 (a) and a 1:5 mixture of A $\beta$ 42 and A $\beta$ (39–42) (b). For A $\beta$ 42, features corresponding to the dimer through dodecamer are present ( $n=12$ , 10, 6, 4, 2), in contrast, for the mixture of A $\beta$ 42 and A $\beta$ (39–42) only peaks corresponding to the dimer through hexamer are present.

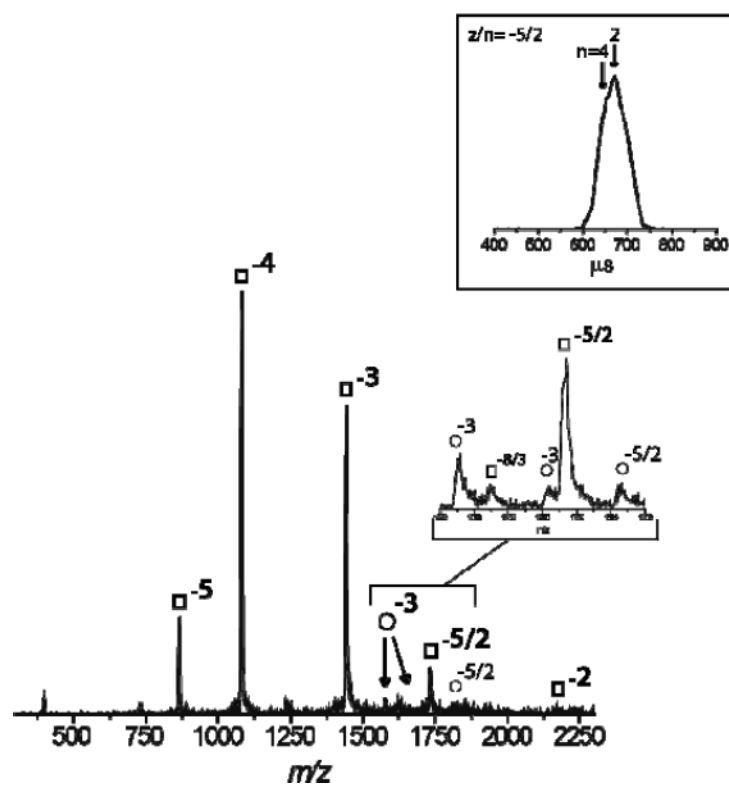


**Figure 3.** Dissaggregation of Aβ42 by Aβ(39–42). The ATD of the  $z/n=-5/2$  charge state of Aβ42, after two hours of incubation at room temperature (a) and the ATD of the  $z/n=-5/2$  charge state of the same Aβ42 sample, after addition of Aβ(39–42) (b).

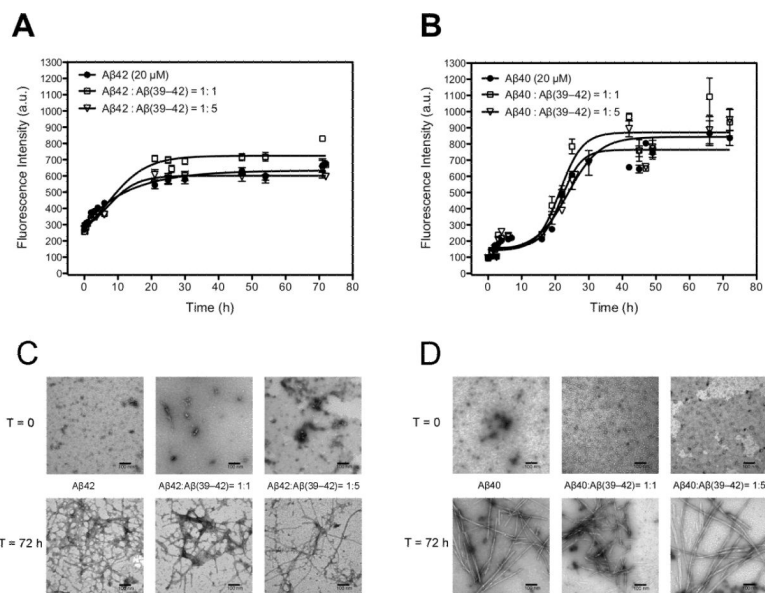




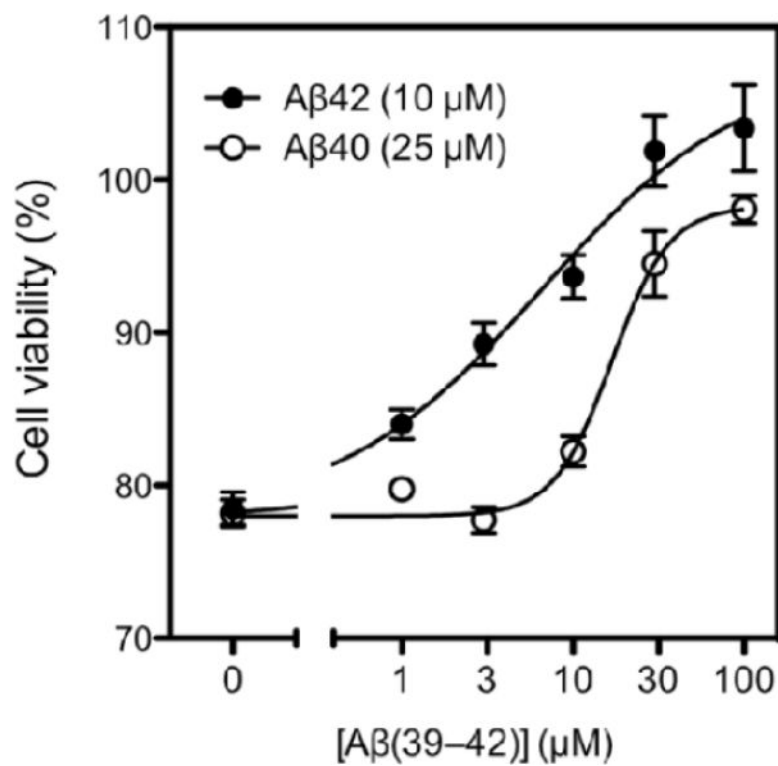
**Figure 4.** ATDs of  $z/n = -5/2$  for  $n[2A\beta_{42} + A\beta(39-42)]^{-5n}$ . Features corresponding to the dimer ( $n=2$ ) through hexamer ( $n=6$ ) are present, as determined by cross section measurements. The ATD indicates that the tetramer with 2 CTFs attached is most prominent, with smaller contributions from the dimer with 1 CTF and the hexamer with CTF under the conditions of the experiment.



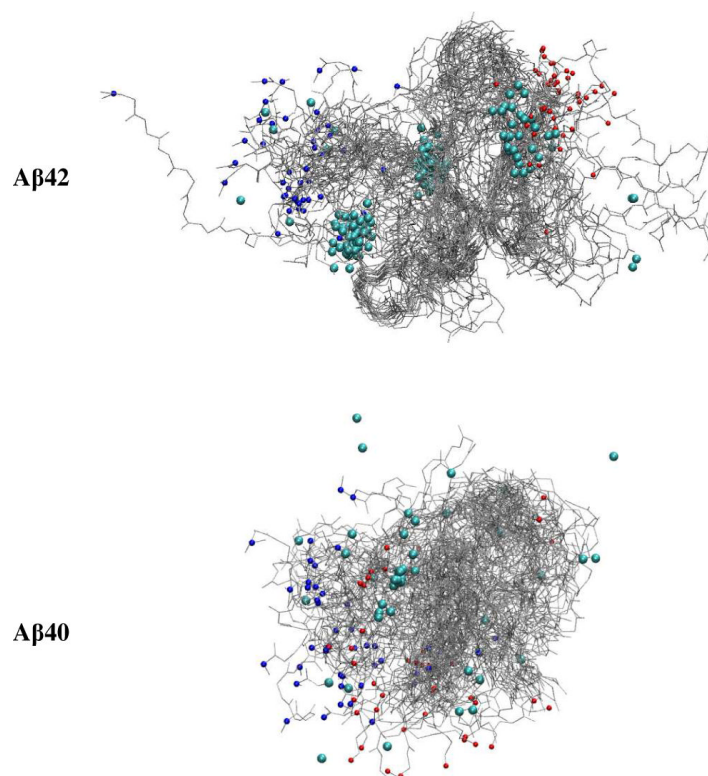
**Figure 5.** Mass Spectra of a 1:5 mixture of A $\beta$ 40 and A $\beta$ (39–42). A $\beta$ 40 peaks are noted with the symbol,  $\square$  and A $\beta$ 40-CTF peaks with the symbol,  $\circ$ . Inset: ATD of the  $z/n = -5/2$  peak of A $\beta$ 40. Peaks corresponding to the dimer and tetramer are present ( $n = -2, 4$ ).



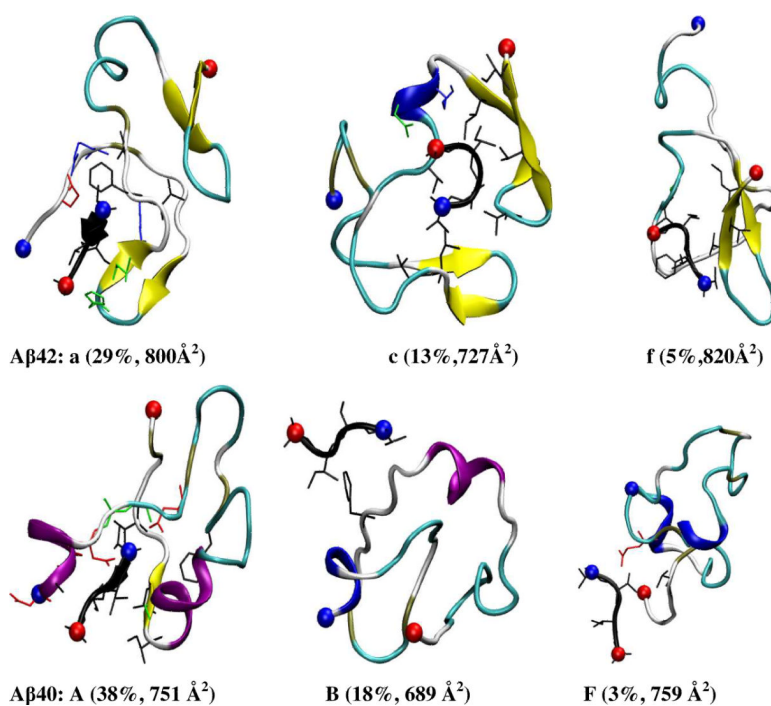
**Figure 6.** The interference of fibril formation of Aβ42 and Aβ40 in the absence and presence of Aβ(39-42). A) Aβ42 (20 μM), 1:1 and 1:5 mixtures of Aβ42 and Aβ(39-42) and B) Aβ40 (20 μM), 1:1 and 1:5 mixtures of Aβ40 and Aβ(39-42) were incubated at 37 degree with agitation. β-sheet structure was monitored using ThT fluorescence C) and D) Electron microscopy photos of all samples mentioned above at time 0 and at 72 hours incubation. The scale bar represents 100 nm.



**Figure 7.** Aβ(39-42) inhibited both Aβ42- and Aβ40- induced toxicity dose-dependently. Aβ42 10 μM or Aβ40 25 μM with addition of different concentration of Aβ(39-42) were incubated with differentiated PC-12 cells and cell viability were determined by MTT assay.

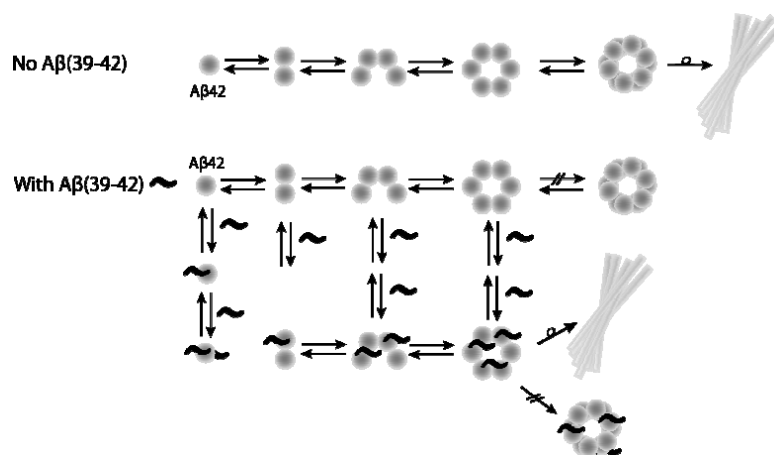


**Figure 8.** Binding of  $A\beta(39-42)$  to  $A\beta_{42}$  and to  $A\beta_{40}$ . The positively charged N-termini and negatively charged C-termini are indicated by small blue and red balls, respectively. The CTF is noted by the larger cyan balls.



**Figure 9.**

Selected representative structures of Aβ-Aβ(39–42) complexes from the populated structural families (see Figure S9–S10 for structures from all families, a–f for Aβ42 and A–F for Aβ40). The abundance and collision cross section are noted below each structure. Only the side-chains in contact with Aβ(39–42) are shown (blue positively charged; red, negatively charged and black, hydrophobic). α-helical, 3–10-helical, β-extended, β-bridged, turn and coiled conformation are colored in purple, blue, yellow, tan, cyan and white, respectively. The positively charged N-termini and negatively charged C-termini are indicated by blue and red balls, respectively.

**Scheme 1.**

Aggregation mechanism of Aβ42 in the absence or presence of Aβ(39–42), consistent with the results presented here. Normally Aβ42 forms soluble, neurotoxic oligomers before forming larger, fibrillar structures. Aβ(39–42), binds directly to Aβ42 monomer and oligomeric species (n=2, 4, 6), and eliminates the formation of large Aβ42 oligomers, driving the formation of non-toxic oligomeric species which also eventually form fibrils.

**Table 1**Binding energies of A $\beta$ (39–42) to A $\beta$ 42 and A $\beta$ 40.

Unit (kcal/mol)	$\Delta E_{VDW}$	$\Delta E_{SUR}$	$\Delta E_{GEBELE}$	$\Delta E_{TOT}$
A $\beta$ 42	-23.1 $\pm$ 9.9	-3.2 $\pm$ 1.1	4.1 $\pm$ 6.4	-22.2 $\pm$ 13.6
A $\beta$ 40	-13.4 $\pm$ 8.6	-2.5 $\pm$ 1.6	-6.6 $\pm$ 13.3	-22.5 $\pm$ 20.7
Change ( $\Delta\Delta E$ )	-9.7	-0.7	10.7	0.3

$\Delta E_{VDW}$  The change of Van der Waals energy in gas phase upon complex formation.

$\Delta E_{SUR}$  The change of energy due to surface area change upon complex formation.

$\Delta E_{GEBELE}$  The change of GB reaction field energy + gas phase Elec. energy upon complex formation.

$\Delta E_{TOT} = \Delta E_{VDW} + \Delta E_{SUR} + \Delta E_{GEBELE}$  The change of potential energy in water upon complex formation.