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## On the Mechanism of T cell receptor down-modulation and its physiological significance

David Escors<sup>1,\*</sup>, Christopher Bricogne<sup>1</sup>, Frederick Arce<sup>2</sup>, Grazyna Kochan<sup>3</sup>, and Katarzyna Karwacz<sup>4</sup>

<sup>1</sup>Division of Infection and Immunity, University College London, Rayne Institute, London, UK

<sup>2</sup>UCL Cancer Institute, University College London, London, UK

<sup>3</sup>Structural Genomics Consortium, University of Oxford, Oxford, UK

<sup>4</sup>Center for Neurologic Disease, Harvard Medical School, Boston, MA, USA

### Abstract

Effective, long-lasting immune responses largely depend upon T cell responses. Antigen-specific T lymphocytes are activated and differentiate into effector T cells after antigen presentation by professional antigen presenting cells (APCs). However, T cell responses are tightly regulated to prevent T cell hyperactivation which may end up in autoimmune pathology. One of these regulatory mechanisms is ligand-induced TCR down-modulation, a process by which TCRs are removed from the T cell surface shortly after engagement with their cognate antigenic peptide associated to MHC molecules on the APC. TCR down-modulation is a complicated process. Here we briefly describe the three main models that attempt to clarify this mechanism in the context of T cell activation and function.

### Keywords

TCR; Cbl; down-modulation; PD-L1; PD1

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One of the key roles of the immune system is to protect the organism against infectious diseases and cancer, while avoiding autoimmune damage. This relies on the discrimination between pathogenic and innocuous antigens. The induction of long-lasting, protective immunity largely relies on the activities of T lymphocytes. However, uncontrolled hyperactive T cells can cause significant tissue damage which could eventually lead to autoreactive disease. Thus, T cell activation and effector activities are regulated at several levels, especially during antigen presentation.

### T cell activation and ligand-induced TCR down-modulation

T cells recognise specific antigenic peptides in association with major histocompatibility complex molecules (p-MHC) on the surface of antigen presenting cells. This recognition is mediated through their specific T cell receptors (TCR), together with simultaneous engagement of a wide range of ligand-receptor interactions that provide either positive or negative signals to T cells (Figure 1). The integration of these signals will determine the extent and type of effector T cell responses [1]. A key co-stimulatory interaction is mediated by binding between CD80 on the APC surface with CD28 on the T cell surface. Antigen recognition by the TCR in combination with CD80-CD28 co-stimulation effectively

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\*Corresponding Author: David Escors (d.escors@ucl.ac.uk) .

activates T cells, which proliferate and acquire cytotoxic activities. These cytotoxic T cells expand, recognise their cognate antigens on the target cells and destroy them in a TCR-dependent recognition manner. Surprisingly, TCRs are removed from the T cell surface shortly after p-MHC engagement, by a process called ligand-induced T cell receptor down-modulation [2-7]. Although this phenomenon has been well studied for a relatively long time, its physiological role still remains elusive [8]. Some experimental evidence supports the theory that TCR down-modulation is required for effective T cell activation [9]. Other studies suggest that it limits signal transduction and prevents hyperactivation [7,8,10-12]. How and why T cells down-modulate their TCRs shortly after activation is a critical question in T cell physiology. To date, three models have been put forward attempting to provide plausible explanations; serial TCR triggering, TCR co-modulation, and regulation by extrinsic signalling.

### Serial triggering model of TCR down-modulation

The current view of ligand-induced TCR down-modulation is that intrinsic TCR/CD28 signalling is sufficient for TCR down-modulation. However, TCRs have usually low affinities for their cognate p-MHC complexes. Even so, T cells can be effectively activated by small numbers of p-MHC complexes [13]. In principle, this observation would implicate that only a small number of TCRs engages to p-MHCs in the immunological synapse. Surprisingly, this is difficult to reconcile with the experimental evidence which shows extensive TCR down-modulation in T cells following antigen presentation. Valitutti and cols. proposed the “serial triggering” model, which attempted to clarify this apparent contradiction [9]. In this model, T cells are activated by sequential monovalent binding of many TCR receptors by a small number of p-MHCs [9]. The supporting evidence was based on the specific down-modulation of many TCRs of a given specificity when presented to their cognate p-MHCs; TCRs with a different peptide specificity but in the same T cells did not down-modulate [9]. Therefore, assuming the conditions of this model, it was estimated that a single p-MHC complex can serially engage and trigger around 200 TCRs, and that the TCR engagement is proportional to T cell activation [9]. Importantly, according to serial triggering, non-engaged TCRs would not down-regulate.

### Co-modulation model of TCR down-modulation

The serial triggering model could successfully explain the paradox of low-affinity TCR-pMHC binding with effective T cell activation. However, some key experimental evidence suggested that ligand-induced TCR down-modulation was extensive and included non-engaged TCRs, a process called co-modulation [14,15]. These observations were in clear conflict with the serial triggering model. In a very elegant work, San Jose and cols provided compelling evidence for co-modulation of both engaged and non-engaged TCRs [6]. To solve this issue, the authors constructed a chimeric protein consisting of the extracellular and transmembrane domain of CD25 fused to the cytoplasmic domain of CD3 $\zeta$ . This chimeric protein behaved as a simplified TCR version for which p-MHC engagement could not be possible. Engagement of the TCR effectively co-modulated CD25-CD3 $\zeta$ . Conversely, antibody-mediated crosslinking of this chimeric protein could also induce down-modulation of *bona fide* TCRs. Moreover, the authors demonstrated that engaged and non-engaged TCRs seemed to follow at least two distinct mechanisms for down-modulation. While engaged TCRs were quickly endocytosed, non-engaged TCRs down-modulated following signal transduction from the engaged TCRs (Figure 2B).

### Extrinsic signal model of TCR down-modulation

Both the serial triggering and co-modulation models rely exclusively on intrinsic TCR/CD28 signalling as the main driving force for TCR down-modulation. However, this view was

inconsistent with some relatively recent experimental observations. E3 ubiquitin ligases of the casitas-B lymphoma family (Cbl) are important negative regulators of T cell activation [16]. Intriguingly, T cells from Cbl-b knockout (KO) mice are hyperactive and show a remarkable inhibition of TCR down-modulation following antigen presentation [16-18]. Therefore, this experimental evidence indicated that TCR/CD28 signalling *per se* is not the only cause for TCR down-modulation. Although Cbl-b KO T cells showed persistent TCR signal transduction, their ligand-induced TCR down-modulation was clearly inhibited [18].

So, can Cbl-b expression shed light on the mechanism of ligand-induced TCR down-modulation? Cbl proteins are quickly up-regulated after TCR/CD28 signalling, but their transcriptional up-regulation in T cells requires programmed death 1 (PD-1) engagement with its ligand PD-L1 on the APC surface [1]. PD-L1 belongs to the B7 family of co-stimulatory/inhibitory molecules, expressed in a wide range of cells including APCs. PD-1 is transiently up-regulated in activated T cells during antigen presentation [19]. Recently, our group provided compelling evidence on the role of PD-L1 co-stimulation in ligand-induced TCR down-modulation [10]. CD8 T cells exhibited decreased TCR down-modulation when PD-L1 was silenced in antigen-presenting cells, or when PD-L1/PD-1 interaction was blocked by antibodies. This was caused by a block in Cbl expression, particularly Cbl-b [10]. Interference with PD-L1 co-stimulation during antigen presentation resulted in hyperactive pro-inflammatory TCR<sup>high</sup> CD8 T cells. Accordingly, we proposed the following model for TCR down-modulation (Figure 2C); first, p-MHC is engaged by specific TCRs which deliver activatory signalling to T cells. After T cell activation, PD-1 is expressed on the surface of T cells, where it engages with PD-L1 on the APC's surface. PD-1 engagement results in Cbl-b up-regulation, which in turn stops signal transduction and contributes to TCR down-modulation. Our data demonstrated the participation of at least one extrinsic signal in the immunological synapse on TCR down-modulation.

### E3 ubiquitin ligases of the Cbl family as central regulators of TCR down-modulation

All the recent evidence including our own research highlights Cbl E3 ubiquitin ligases, namely c-Cbl and Cbl-b, as key regulators of TCR down-modulation. Both c-Cbl and Cbl-b participate in regulating TCR levels in activated T cells, with Cbl-b playing a prominent role [10,17,18,20]. However, what is the precise role of ubiquitylation in the regulation of TCR levels? It is well established that monoubiquitylation and K63 polyubiquitylation modulate signal transduction, receptor-mediated endocytosis and intracellular transport [20-24]. Moreover, CD3 $\zeta$  and CD38 intracellular chains are ubiquitylated after T cell activation [25]. Overall, all this evidence points out to a key role for ubiquitylation in the regulation of TCR surface levels and signal transduction. On the other hand, it is yet unclear how Cbl-b may actually regulate TCR trafficking after antigen presentation. Interestingly, in an elegant work, Wang and cols have described a ubiquitin-dependent mechanism of TCR down-modulation in immature CD4<sup>+</sup> CD8<sup>+</sup> (double-positive, DP) thymocytes, which could point out the direction [26]. DP thymocytes exhibit low TCR surface levels in contrast to single positive thymocytes. The authors of this recent paper demonstrated that constitutive Lck activity present in DP thymocytes results in CD3 and c-Cbl phosphorylation. Subsequently, c-Cbl leads to CD3 $\zeta$  ubiquitylation, TCR endocytosis and transport to lysosomes in a dynamin-dependent mechanism [26]. Although this process is not *per se* ligand-induced TCR down-modulation, it would be tempting to speculate that Cbl-b could play a similar role in mature, TCR-activated lymphocytes. Therefore, the precise mechanism of PD-1-dependent Cbl-b transcriptional up-regulation and its activation is a key question in T cell physiology.

## Integrating the models for TCR down-modulation

So far, there is evidence supporting all of the three mechanisms. Differences in interpretation and the specific experimental conditions (use of primary T cells, T cell clones, hybridomas, the type of TCR stimulation) may account for the apparent contradictions. Here we propose an integrative model that would include serial triggering, co-modulation and extrinsic signalling. Serial triggering could take place during the early stages of TCR down-modulation, soon after antigen recognition (Figure 2A). This would lead to internalisation of a significant number of engaged TCRs. Signal transduction from these engaged TCRs would follow and eventually lead to down-modulation of non-engaged TCRs (co-modulation) (Figure 2B). Signal transduction will also result in PD-1 expression, and the extrinsic signal model could explain a prolonged, reinforced TCR down-modulation (Figure 2C).

## Physiological relevance of ligand-induced TCR down-modulation

Even though TCR down-modulation has been extensively studied, its physiological importance is yet unclear [8]. According to most of the experimental evidence TCR down-modulation seems to act at different levels to prevent autoimmunity during the onset of immune responses. Firstly, at the immunological synapse, where PD-1 is strongly up-regulated and engages with PD-L1 on the surface of antigen-presenting cells. The role of a suppressive interaction during antigen presentation possibly resides on the necessity for an early control of T cell activation [10]. PD-L1 co-stimulation would contribute to the removal of TCRs shortly after T cell activation, limiting signal transduction and avoiding excessive responses [6-8,10-12]. Accordingly, the elimination/inhibition of any component of the PD-L1/PD-1/TCR down-modulation pathway such as Cbl-b, PD-L1, PD-1 or Rab5 ends up with enhanced T cell responses and spontaneous development of autoimmune disorders [4,16,17,27,28].

Interestingly, TCR down-modulation could also protect the organism from autoreactive disease at another level. While most of the studies address TCR down-modulation during short intervals, we observed that it proceeds steadily up to 3-4 days after antigen presentation [10]. After that, TCR surface levels recover progressively [10]. If this is the case *in vivo*, TCR down-modulation would take place during the exponential phase of clonal expansion. It is tempting to speculate that TCR removal from the surface of highly proliferating activated T cells could prevent their untimely cytotoxic activity until a “critical mass” is reached, approximately one week after antigen presentation. Then, TCR surface expression would recover, “arming” the effector T cells after they have reached their destination (the infection site, or tumour). Thus, ligand-induced TCR down-modulation could well be a temporal/spatial regulatory mechanism of T cell functions. In support of this idea, we observed that T cell-mediated anti-tumour activities started significantly earlier using PD-L1-silenced dendritic cells (DCs) as antigen presenting cells [10].

## Exploiting PD-L1 co-stimulation and TCR down-modulation for cancer immunotherapy

The exacerbated CD8 T cell responses observed experimentally upon PD-L1/PD-1 interference or Cbl-b abrogation could be exploited to achieve effective anti-tumour immunotherapy. In fact, one of the major problems for cancer immunotherapy is to break tolerance towards tumour associated antigens (TAAs). TAAs are frequently self-proteins or quasi-self-proteins to which there is existing systemic tolerance. In fact, interference with PD-L1/PD-1 signalling has already been attempted as an anti-cancer therapy, either with blocking antibodies or small-interfering RNA (siRNA). Surprisingly, these strategies were not as effective as anticipated. To achieve significant therapeutic activities, they had to be

combined with other immune-stimulatory treatments [10,29-31]. Our own experience confirms all these observations. We delivered a PD-L1-targeted shRNA to DCs using lentivectors [10] taking advantage of their efficacy to transduce antigen-presenting DCs [32-34]. Abrogation of PD-L1 co-stimulation differentiated TCR<sup>high</sup> CD8 T cells with a hyperactivated, pro-inflammatory phenotype. Interestingly, these effector T cells significantly increased the lifespan of tumour-bearing mice by accelerating immune responses [10]. However, to achieve significant therapeutic efficacy, PD-L1 interference had to be combined with selected molecular DC activators [10]. More specifically, a constitutive activator of mitogen activated protein kinase (MAPK) p38 [35], and an inhibitor of MAPK extracellularly-regulated protein kinase (ERK) [36].

Why is PD-L1/PD-1 blockade relatively inefficient for anti-tumour immunotherapy? A very plausible explanation may reside on the fact that in many cases tumour cells up-regulate PD-L1 to inhibit cytotoxic PD-1<sup>+</sup> T cells [37]. Therefore, while PD-1 expression occurs as a physiological regulatory mechanism during antigen presentation, it can also become an obstacle as it is still expressed in activated T cells [10,38]. Although inhibition of PD-L1 co-stimulation results in high TCR surface levels and sustained activating signalling, it might not be sufficient to improve T cell effector capacities.

## CONCLUSIONS

Ligand-induced T cell receptor down-modulation depends on many factors. Firstly, it relies on direct TCR engagement with its cognate p-MHC on the surface of antigen presenting cells. Secondly, TCR signal transduction reinforces down-modulation of non-engaged TCRs. Thirdly, extrinsic signalling pathways between T cells and APCs at the immunological synapse contribute to TCR down-modulation. While we have shown that PD-L1/PD-1 co-stimulation is one of these extrinsic pathways, we cannot discard the contribution of other regulatory interactions during antigen presentation that may regulate TCR down-modulation. However, the physiological role of ligand-induced TCR down-modulation is still unclear, although most of the experimental evidence suggests that it prevents T cell hyperactivation. Interference with PD-L1/PD-1 co-stimulation is not as effective therapeutically as previously expected. Thus, more insight into the detailed regulatory mechanisms of this key process is necessary in order to exploit it for immunotherapy.

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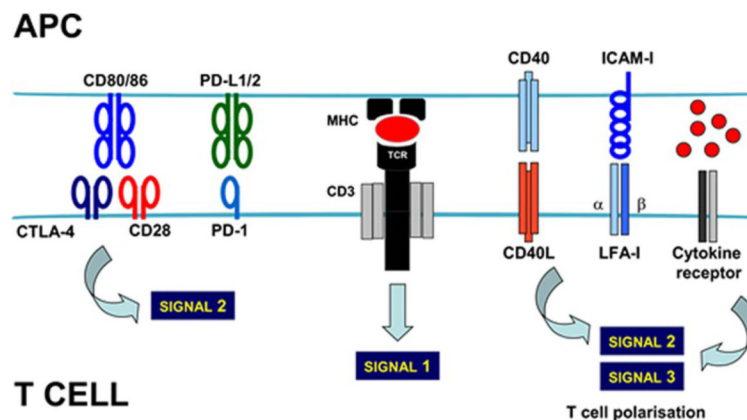
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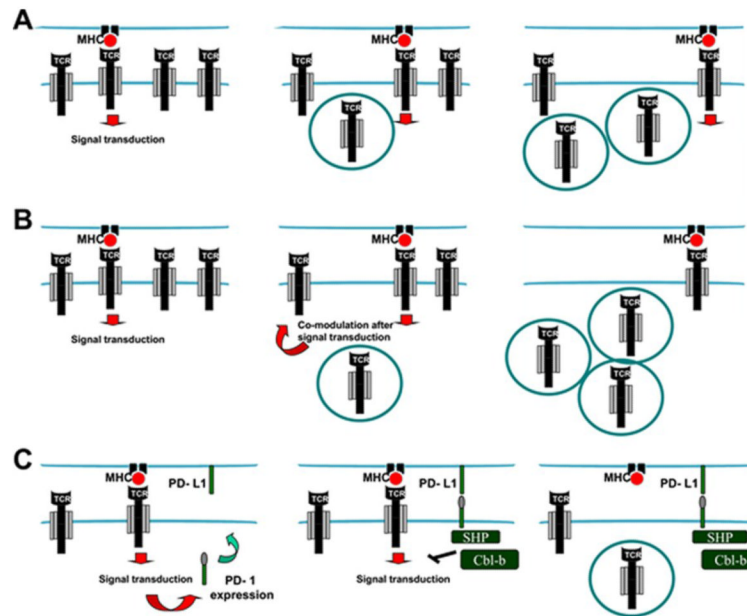
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**Figure 1. Antigen recognition by T cells at the immunological synapse**

On top, the membrane of the antigen presenting cell (APC) containing the peptide (red ovoid) associated to the MHC as indicated, binds to the TCR-CD3 complex in the membrane of the T cell. This interaction delivers signal 1. A wide range of receptor-ligand interactions between the APC and the T cell takes place simultaneously. In the figure, the most well studied interactions are shown. The integration of all the signalling from these interactions within the T cell will lead to signal 2, which will determine the level of T cell activation. Other signals such as cytokines (red spheres associated to the cytokine receptor, as indicated) will polarise T cell responses (signal 3) towards cytotoxic, Th2 or regulatory responses. CTLA4, cytotoxic T lymphocyte antigen 4; PD-1, programmed death 1; PD-L1/2, programmed death 1 ligand 1/2; CD40L, CD40 ligand; LFA-1, lymphocyte function-associated antigen 1; ICAM, intercellular adhesion molecule





### Figure 2. Models for ligand-induced T cell receptor down-modulation

(A) Serial triggering model. In the scheme, p-MHC interactions with TCRs trigger TCR signal transduction (left), leading to endocytosis of the triggered TCR (center). Then, the same p-MHC complex triggers a second and third receptor, leading to their subsequent internalisation (right). (B) Co-modulation model. As in (A), but signal transduction from the triggered and endocytosed TCR induces internalisation of non-engaged TCRs (Center), which amplifies TCR down-modulation (right). (C) Extrinsic signal model. In addition to down-modulation following the two previous models, signal transduction from engaged TCRs leads to PD-1 surface expression (left). PD-1 engages with PD-L1 on the surface of the APC, recruits SHP phosphatases and leads to Cbl-b expression (center). Both SHP and Cbl-b terminate TCR signal transduction and lead to TCR internalisation (right). Red arrows indicate activatory signal transduction; SHP, anti-Src homology phosphatases.