

Published in final edited form as:

Hypertension. 2012 February ; 59(2): 248–255. doi:10.1161/HYPERTENSIONAHA.111.181990.

Genome-wide association study using a high-density SNP-array and case-control design identifies a novel essential hypertension susceptibility locus in the promoter region of *eNOS*

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Abstract

Essential hypertension is a multi-factorial disorder and is the main risk factor for renal and cardiovascular complications. The research on the genetics of hypertension has been frustrated by the small predictive value of the discovered genetic variants. The HYPERGENES Project investigated associations between genetic variants and essential hypertension pursuing a two-stage study by recruiting cases and controls from extensively characterized cohorts recruited over many years in different European regions.

The discovery phase consisted of 1,865 cases and 1,750 controls genotyped with 1M Illumina array. Best hits were followed up in a validation panel of 1,385 cases and 1,246 controls that were genotyped with a custom array of 14,055 markers. We identified a new hypertension susceptibility locus (rs3918226) in the promoter region of the endothelial nitric oxide synthase (eNOS) gene (odds ratio 1.54; 95% CI 1.37-1.73; combined $p=2.58 \cdot 10^{-13}$). A meta-analysis, using other *in-silico/de novo* genotyping data for a total of 21714 subjects, resulted in an overall odds ratio of 1.34 (95% CI 1.25-1.44, $p=1.032 \cdot 10^{-14}$). The quantitative analysis on a population-based sample revealed an effect size of 1.91 (95% CI 0.16-3.66) for systolic and 1.40 (95% CI 0.25-2.55) for diastolic blood pressure. We identified *in-silico* a potential binding site for ETS transcription-factors directly next to *rs3918226*, suggesting a potential modulation of eNOS expression. Biological evidence links eNOS with hypertension, as it is a critical mediator of cardiovascular homeostasis and blood pressure control via vascular tone regulation. This finding supports the hypothesis that there may be a causal genetic variation at this locus.

Keywords

genetic epidemiology; risk factors; genetics-association studies; nitric oxide; Essential Hypertension

Background

Essential hypertension (EH) is a clinical condition affecting a large proportion (25-30%) of the adult population and is a major risk factor for cardiovascular and renal diseases.^{1,2} It is a complex trait influenced by multiple susceptibility genes, environmental and lifestyle factors and their interactions.³ In the last years, huge efforts have been performed in recruiting and genotyping tens of thousands of individuals and meta-analysing dozens of cross-sectional population-based studies. In spite of this, the research on the genetics of EH has been frustrated by the small predictive value of the discovered genetic variants and by the fact that these variants explain a small proportion of the phenotypic variation.⁴⁻¹³ EH is a late-onset disease and therefore the small discovered effect sizes could in part be due to the effect of misclassification, sample selection bias and inappropriate phenotyping of cases and controls.^{9,14,15} The selection of cases and controls may have important effects on the results as misclassification bias can lead to loss of power. For common traits, such as EH, this bias can be remedied by defining more stringent selection criteria, by recruiting hyper-normal controls and adopting a more stringent case definition.^{14,15}

The HYPERGENES Project pursued a two-stage study to investigate novel genetic determinants of essential hypertension. Cases and controls were recruited from extensively characterized cohorts over many years in different European regions using standardized clinical ascertainment. Particular care was devoted to control selection. A large proportion of the sample has been followed for 5–10 years after DNA collection, allowing for the exclusion of controls that developed hypertension at a later age, thereby defining the hyper-normal controls.

Methods

Study Population

Cases and controls were recruited from extensively characterized cohorts using standardized clinical ascertainment, collected over many years in different European regions (balanced within North Europe, Continental Italy and Sardinia). The inclusion criteria are described in Methods S1 (available online at <http://hyper.ahajournals.org>). In order to perform a genetic association with continuous BP phenotypes, we considered two additional cohorts (FLEMENGHO-EPOGH, n=1514 and WHSS, n=306, see methods S2 (please see <http://hyper.ahajournals.org>) that provided population-based data. Description of the different samples is reported in the methods S2 (<http://hyper.ahajournals.org>).

Genotyping and Imputation

Genotyping details are shown in methods S3-S6 (please see <http://hyper.ahajournals.org>). Briefly, in the Discovery phase, the samples were genotyped using the Illumina 1M-duo array and the imputation was performed with MACH¹⁶ using as reference the 1000 Genomes haplotypes (release June 2010) (method S3, please see <http://hyper.ahajournals.org>). To validate and fine map the genes found associated with EH in discovery phase an Illumina custom chip of 14,055 markers was created starting from the list of best-associated and of candidate SNPs based on *a priori* biological knowledge (methods S4-S5, please see <http://hyper.ahajournals.org>). For the replication stage, we used

the in-silico data of rs3918226 from ASCOT/AIBIII/NBS, BRIGHT, EPIC Turin, HYPEST and NORDIL/MDC studies (methods S6, please see <http://hyper.ahajournals.org>).

Statistical analysis

All quality controls and statistical analyses were performed in accordance with the protocols written by C.A Anderson¹⁷ and G.M. Clarke¹⁸ (methods S7-S9, <http://hyper.ahajournals.org>). We tested each SNP for association with hypertension using a logistic regression under an additive model with adjustment for sex and for the first 10 principal components. Combined analysis for discovery, validation and replication results was conducted using METAL.¹⁹ The quantitative effect of rs3918226 on SBP and DBP was tested on two additional population-based cohorts (methods S2, please see <http://hyper.ahajournals.org>). Moreover, we tested for multiplicative interaction between rs3918226 and the most plausible interactive partners of eNOS gene: actin genes and Heat Shock Protein-90 genes (methods S9, please see <http://hyper.ahajournals.org>). The quantitative effect of rs3918226 on SBP and DBP has been tested on two additional population-based cohorts (EPOGH-FLEMENGO and WHSS, see methods S2 <http://hyper.ahajournals.org>).

The recognition sequences for transcription factors (TFs) in eNOS region were searched using TRANSFAC^{20,21} and TFSEARCH database²² (methods S10, please see <http://hyper.ahajournals.org>).

Results

A classical two-stage case-control strategy was employed with a discovery phase of 1,865 cases and 1,750 controls (2,294 males, 1,321 females), all genotyped on the Illumina 1M Duo chip. The sample consisted of an ethnically diverse population (25.06% North Europeans, 38.70 % Sardinians and 36.24% Continental Italy subjects). The discovery phase was followed by a validation phase of additional 1,385 cases and 1246 controls (1,417 males and 1,214 females). According to ethnicity, the validation sample was comprised of 1262 North Europeans (47.97%), 788 Sardinians (29.95 %) and 581 Continental Italians (22.08%). Tables S1 and S2 (please see <http://hyper.ahajournals.org>) show the demographic characteristics and baseline measures.

Principal Component Analysis (PCA) of the genotype data was carried out to find the major axes of variation used as covariates to correct for population stratification.²³ The discovery samples in the principal component map showed three (roughly) equal-sized distinct clusters corresponding to the three main ethnic groups, as expected from the study design (Figure S1, please see <http://hyper.ahajournals.org>). All association analyses were adjusted for the ancestry principal components and sex by including them as covariates in the logistic regression model. In addition genomic control (GC) correction was applied (since genomic inflation factor was 1.04). In the discovery phase, 90 SNPs (57% intragenic) with p-value < $1 \cdot 10^{-4}$ were identified after GC (Figure S2, Table S4, please see <http://hyper.ahajournals.org>). The most promising SNPs were genotyped in the validation samples using an Illumina Infinium Custom chip. The meta analysis of the discovery and validation data revealed SNP rs3918226 to be associated with EH in Caucasians, reaching a P_{combined} of $2.58 \cdot 10^{-13}$ and OR of 1.54 per T allele (95% CI, 1.37-1.73) under an additive model (Figure 1, Table 1 and Figure S4 at <http://hyper.ahajournals.org>). Estimated odds ratios in the Discovery and Validation samples were consistent across the different Caucasian populations of the HYPERGENES sample (Figure S5, please see <http://hyper.ahajournals.org>).

The polymorphism rs3918226 maps to the promoter region of the eNOS gene (−665 C>T, NOS3).^{24,25} The T allele frequencies in the present study are 13.8% in cases and 8.9% in controls. SNP rs3918226 is monomorphic in the non-Caucasian HYPERGENES samples (Wandsworth Heart & Stroke Study cohort, WHSS) and African and Asian HapMap samples. The second best hit chr7:150,314,954 (G/A SNP, MAF of A allele= 3%) with P value $2.46 \cdot 10^{-6}$ and OR 2.25 was imputed based on the 1000 Genomes haplotypes (release June 2010), its imputation quality was very high (r^2 -hat = 0.94). Unfortunately we couldn't replicate the observation in validation due to low imputation quality. Further 7 SNPs within eNOS gene showed significant p-values ($1 \cdot 10^{-3} < p$ -values $< 1 \cdot 10^{-5}$): *rs2853792* (intronic, $P_{\text{combined}} = 7.76 \cdot 10^{-5}$), *rs1549758* (coding, $P_{\text{combined}} = 3.32 \cdot 10^{-4}$), *rs1800779* (intronic, $P_{\text{combined}} = 1.16 \cdot 10^{-3}$), *rs6951150* (intergenic, $P_{\text{combined}} = 1.64 \cdot 10^{-3}$), *rs743507* (intronic, $P_{\text{combined}} = 1.76 \cdot 10^{-3}$), *rs1800780* (intronic, $P_{\text{combined}} = 1.96 \cdot 10^{-3}$), *rs1800783* (intronic, $P_{\text{combined}} = 2.89 \cdot 10^{-3}$) (Figure 1).

Table 1 shows also other significant SNPs with p-values between $1 \cdot 10^{-3}$ and $1 \cdot 10^{-5}$ mapping different genes as calcium-activated potassium channel subunit alpha-1 (*KCNMA1*), plasminogen (*PLG*), retinoid-related orphan receptor alpha (*RORA*) and WW domain-containing protein 1 (*WWCI*).

Moreover, the signals of SNPs previously presented in literature are in our study in the same direction as the original studies^{5,6,8} showing evidence of a marginally significant association in HYPERGENES (Table S5, please see <http://hyper.ahajournals.org>).

We meta-analyzed rs3918226 using in silico data from ASCOT/AIBIII/NBS, BRIGHT, EPIC-Turin, HYPEST and NORDIL/MDC samples (methods S2, S6, please see <http://hyper.ahajournals.org>) resulting in an overall OR of 1.34 per T allele (95% CI 1.25-1.44, $P_{\text{combined}} = 1.032 \cdot 10^{-14}$) (Table 2 and Figure 2) for a total of 21,714 subjects. Since case and control definitions differed between HYPERGENES and the *in-silico* replication samples, the ORs are not directly comparable. In our study, the p value of heterogeneity calculated for HYPERGENES samples is 0.13. It decreased slightly, but remained non-significant, as expected, when also EPIC-Turin was considered together in the meta-analysis (p=0.092) since the recruitment criteria for cases and controls were identical. Conversely, the heterogeneity increased significantly (p=0.005) when HYPERGENES samples were meta-analyzed with all the other samples (ASCOT/AIBIII/NBS, BRIGHT, HYPEST and NORDIL/MDC).

Moreover we tested for epistatic multiplicative interactions between *eNOS rs3918226* and all available polymorphisms in genes known to be involved in targeting and regulating the overall availability of eNOS at the cell membrane^{26,27,28} actin genes (*ACTA1*, *ACTA2*, *ACTB*, *ACTG1*, *ACTG2*)^{29,30} and HSP90 genes (*HSP90AA1*, *HSP90AA2*, *HSP90AB1*).²⁶ Nominally significant interactions were observed between *rs3918226* and *rs13447427* (p-value = $1.34 \cdot 10^{-3}$) in actin beta gene (*ACTB*), *rs7503750* (p-value = $1.57 \cdot 10^{-3}$) in actin gamma 1 (*ACTG1*) and *rs4922796* and *rs17309979* (p-value = $3.47 \cdot 10^{-3}$, p-value = $4.88 \cdot 10^{-3}$) in heat shock protein alpha 2 (*HSP90AA2*) (Table S6, please see <http://hyper.ahajournals.org>). When controlling for multiple testing these interactions remained significant at a False Discovery Rate of 20%.

The quantitative analysis confirmed the qualitative observation. In fact, the β coefficient of the regression between SBP or DBP with rs3918226 is respectively 1.91 (95% CI 0.16-3.66) and 1.40 (95% CI 0.25-2.55) per T allele. The coefficient is the effect size on blood pressure in mm Hg per coded allele based on an additive genetic model. The BP distribution according to rs3918226 genotype is shown in Table S7 (please see <http://hyper.ahajournals.org>).

Since *rs3918226* maps to the promoter region of *eNOS*, we tested whether it may fall into a regulatory binding site. Using the PATCH algorithm of TRANSFAC database²¹ we characterized a putative binding site for transcription-factors of ETS family directly next to *rs3918226*. The ETS family members are present in endothelial cells and participated in activation of the eNOS promoter.³¹ Using the TFSEARCH tool²² we confirmed this finding with a score of 87.3.

We also tested the degree of evolutionary conservation of *rs3918226* locus in primates and placental mammals using the conservation track of UCSC genome browser. Figure S6 (please see <http://hyper.ahajournals.org>) shows that the region in which *rs3918226* lies is conserved from placental mammals to primates.

Discussion

Essential hypertension (EH) is a complex clinical condition representing the main risk factor responsible for renal and cardiovascular complications. The HYPERGENES Project investigated undiscovered associations between genetic variants and EH pursuing a two-stage study by recruiting cases and controls from extensively characterized cohorts recruited in different European regions.

We discovered *rs3918226* in the promoter region of the eNOS gene (endothelial nitric oxide synthase) to be significantly associated with hypertension (OR, 1.54; 95% CI, 1.37 to 1.73; p-value = $2.58 \cdot 10^{-13}$). The result was confirmed by meta-analyzing *in-silico data* for a total of 21714 subjects (OR, 1.34; 95% CI 1.25-1.44; p-value = $1.032 \cdot 10^{-14}$). We observed heterogeneity in the findings of meta-analysis (p=0.005 for Q-test of heterogeneity) that could be due to both different sample sizes and recruitment criteria not directly comparable between HYPERGENES and the *in-silico* replication samples (Figure 2).

The quantitative effect of *rs3918226* was also estimated in continuous BP phenotypes, resulting in a β coefficient of 1.91 for SBP and 1.40 for DBP, despite the low p-values of the regression probably due to the low sample size. This finding reinforces the observation on the qualitative phenotype.

We identified a potential transcription-factor binding site for the ETS-family domain directly next to *rs3918226*. The members of ETS family, as ETS-1 and ELF-1, are essential factors for the activation of eNOS promoter.³¹ This suggests that, by affecting transcription factor-binding affinity, *rs3918226* might modulate the transcription of *eNOS gene*.

It is also worth noting that the region in which *rs3918226* lies is conserved from placental mammals to primates.

We propose *rs3918226* as a novel susceptibility SNP since among the GWASs so far published this is the first that points to eNOS: the novelty of the *rs3918226* finding is that the association between eNOS and Hypertension has been found in Caucasians using a GWAS approach.

The use of the Illumina 1M array and Human CVD BeadArray was crucial in detecting the association since *rs3918226* is not present on other commercial arrays.³² Besides being poorly covered by other genotyping platforms, the region has a relatively high recombination rate towards the coding region (Figure 1). This has resulted in low linkage disequilibrium (LD) with markers present on older platforms (e.g. $r^2 < 0.2$ for Affy500K platform). These facts largely limited the potential to replicate our finding using data from other GWAS samples, almost all of which relied on older platforms.

Indeed eNos has been found inconsistently associated to hypertension with several underpowered candidate gene studies, many of which only focused on a few variants with relatively small numbers of cases and controls, compared to the large sample sizes of GWAS. Positive studies were substantially on Asian cohorts^{33,34,35}, whereas the majority were negative in Caucasians, as summarised in a recent meta-analysis.³⁶ The polymorphisms studied in our Caucasian sample, G894T (rs1799983) and T-786C (rs2070744) did not reach genome-wide significant association with hypertension. If looked with candidate gene threshold, the p-value and the sample size of the present study by far outnumber all the other published so far. rs1799983 was associated with EH with a p value = 2.63×10^{-3} (OR = 1.038) and rs2070744 with a p value = 6.42×10^{-4} (OR = 1.04), as shown in Table S8 (please see <http://hyper.ahajournals.org>). To summarize, the ORs are clinically irrelevant. We would like to underline the low LD between rs3918226 and rs1799983 ($R^2=0.16$) and rs2070744 ($R^2=0.17$) suggesting that these two SNPs are independent from rs3918226 and do not have any additional effect on the phenotype.

There is considerable biological evidence linking eNOS with hypertension and hypertension-associated cardiovascular target organ damage.³⁷ eNOS, which catalyses the synthesis of nitric oxide (NO) by vascular endothelium, is responsible for the vasodilator tone that is fundamental for the regulation of blood pressure. Furthermore, eNOS is a critical mediator of cardiovascular homeostasis through regulation of blood vessels diameter and of the maintenance of an anti-proliferative and anti-apoptotic environment.

As NO is highly active, it cannot be stored inside producing cells. Indeed, eNOS signalling capacity must be controlled, at least in part, by regulating its targeting from Golgi apparatus to plasma membrane, by its compartmentalization within the plasma membrane and by its later internalization from the plasma membrane to the cytoplasm. eNOS is a dually acylated peripheral membrane protein that is targeted to endothelial plasmalemmal caveolae through an interaction with the caveolae structural protein, Caveolin-1 (*Cav1*).^{26,27} Cav1 inhibition of eNOS is lessened by Calmodulin (*Calm*) causing dissociation of eNOS from Caveolin. This regulatory mechanism is further altered by Heat Shock Protein-90 (HSP90)²⁷ which binds to eNOS and facilitates displacement of Cav1 by Calm. Moreover, eNOS directly interacts with actin cytoskeleton.²⁹ Recently, Kondrikov added that beta-actin is associated with eNOS oxygenase domain increasing eNOS activity and NO production.³⁰ To explore such pathway we tested the interaction between the discovered eNOS SNP and its most plausible interactive partners. We observed nominally significant interactions between *rs3918226* and *rs13447427* in actin beta (*ACTB*), *rs7503750* in actin gamma 1 (*ACTG1*) and *rs4922796* and *rs17309979* in Heat Shock Protein-90 alpha 2 (*HSP90AA2*) gene.

In conclusion, with a stringent case-control design and a population based study, we identified a novel hypertension susceptibility locus in the promoter region of *eNOS* with a relatively high effect size. Our finding could provide new insights into the mechanism of vascular regulation and could help in better understanding the genetics of EH. Furthermore, we believe that this indication can be useful to guide fine-mapping or sequencing efforts to single out causal variants.

Perspectives

Further investigations and high-throughput sequencing of region of interest will help to identify the real causal variant and to clarify the functional role of eNOS in essential hypertension.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

The complete list is reported in supplemental material.

Sources of Funding This work was supported by the HYPERGENES project (European Network for Genetic-Epidemiological Studies: building a method to dissect complex genetic traits, using essential hypertension as a disease model), grant HEALTH-2007-201550, funded by EU within the FP7.

Disclosures Toby Johnson was supported by the Wellcome Trust (grant number 093078/Z/10/Z). John Chalmers has received research grants from Servier International and from the NHMRC (Australia), administered through the University of Sydney, for the PROGRESS and ADVANCE Trials and for the ADVANCE-Post-trial follow-up study. He has also received honoraria for speaking about these studies at scientific meetings.

Mark Caulfield was supported by British Heart Foundation grant for developing CVD BeadArray and KASPA assay.

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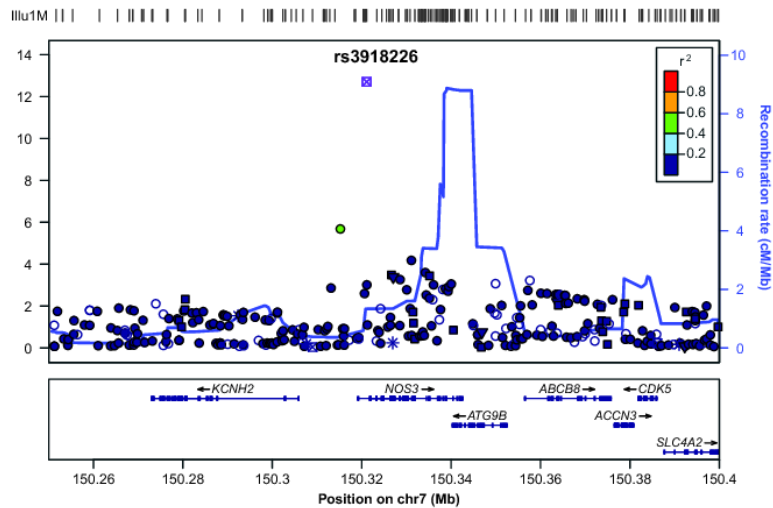


Figure 1. Local Manhattan plot for the NOS3 (endothelial NOS) region

Each circle represents a SNP, its y-coordinate is the $-\log_{10}$ association P value for hypertension, the x-coordinate represents the physical position on the chromosome (on build 36, hg18). When replication data was available the combined P value was used, otherwise the discovery P value. Circles are filled with colours according to the LD (r^2) between the given SNP and the lead SNP (rs3918266, violet square). Blue line indicates the recombination rate. The second best hit with P value $2.46E-6$ in discovery stage (named chr7:150,314,954 according to 1000 genome project) was imputed based on the 1000 Genomes haplotypes (release June 2010), its imputation quality was very high ($r^2\text{-hat} = 0.94$). In validation stage the imputation quality was very low ($r^2\text{-hat} = 0.17$).

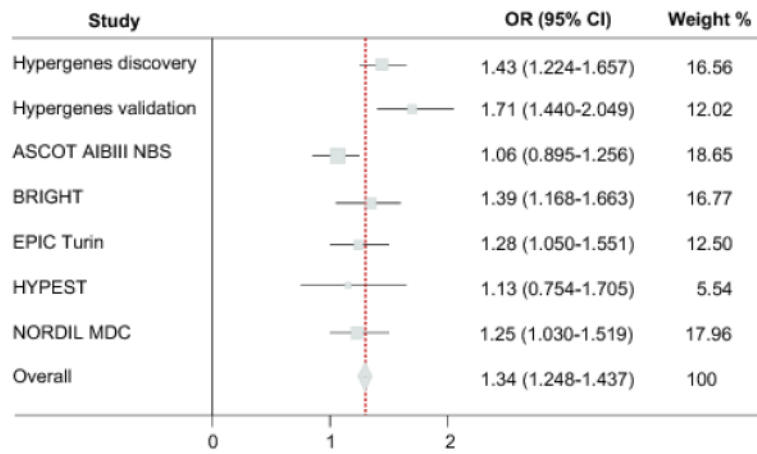


Figure 2. Forest plot of meta-analysis between Hypergenes Discovery, Hypergenes Validation, ASCOT/AIBIII/NBS, BRIGHT, EPIC Turin, HYPEST and NORDIL/MDC studies
 The squares and the horizontal lines correspond to the OR and 95% CI of each study, the size of squares is proportional to weights (also shown as percentage), the dotted red line and the diamond represent the overall combined OR and 95% CI.

Table 1
Meta-analysis results for the top SNPs in the HYPERGENES study

The table shows association results (OR and p-values) for Discovery and for Validation samples, and for the combined analysis (both inverse variance weighting and Z-score meta-analysis). P values and ORs with the associated 95% CI have been calculated under an additive model using logistic regression adjusted for gender and PCs. To retrieve information about SNPs and their genomic context (the nearest gene) we used the hg18 (NCBI 36) assembly.

Marker Name	Chr	Position	Effect/ other allele	Gene	OR Discovery	P Discovery	OR Validation	P Validation	OR combined	P combined	CI combined	Inverse variance weighted P combined	Z-score P combined
rs3918226	7	150321109	T/C	NOS3	1.425	4.81E-06	1.71	2.55E-09	1.538	2.55E-09	1.372-1.726	1.98E-13	2.58E-13
rs341408	15	58928982	G/A	RORA	0.786	1.74E-06	0.956	4.29E-01	0.856	4.29E-01	0.79-0.92	3.98E-05	2.79E-05
rs4976593	5	167710021	G/A	WWC1	1.27	3.75E-06	1.045	4.60E-01	1.169	4.60E-01	1.08-1.26	6.64E-05	5.29E-05
rs631208	16	9307225	G/A	RP11-473H.1	0.798	8.09E-06	0.951	3.84E-01	0.862	3.84E-01	0.80-0.93	8.89E-05	6.36E-05
rs7907270	10	78550949	G/A	KCNMA1	1.27	2.35E-06	0.989	8.53E-01	1.141	8.53E-01	1.06-1.23	5.75E-04	4.25E-04
rs10519080	15	58925751	G/A	RORA	1.369	5.79E-06	0.979	7.95E-01	1.187	7.95E-01	1.07-1.31	1.09E-03	8.49E-04
rs1406891	6	161107070	G/A	PLG	1.251	3.99E-06	0.949	3.50E-01	1.112	3.50E-01	1.03-1.19	3.87E-03	2.97E-03
rs783182	6	161088538	G/A	PLG	0.797	2.95E-06	1.068	2.42E-01	0.902	2.42E-01	0.84-0.97	5.31E-03	4.15E-03
rs1084656	6	161101282	C/A	PLG	1.243	6.67E-06	0.936	2.39E-01	1.103	2.39E-01	1.03-1.18	7.66E-03	6.35E-03
rs783145	6	161072439	G/A	PLG	0.788	8.53E-07	1.102	8.45E-02	0.909	8.45E-02	0.84-0.98	9.27E-03	6.85E-03
rs1247558	6	161110189	G/A	PLG	1.24	8.30E-06	0.932	2.14E-01	1.100	2.14E-01	1.02-1.18	9.42E-03	7.93E-03

Table 2
***In silico* meta-analysis results for rs3918226 (T/C, effect allele/other allele)**

Top: association results (Odds Ratios, Standard Errors, Confidence Intervals and p-values) for Discovery, Validation and combined analysis of the HYPERGENES samples. Middle: results for ASCOT/AIBIII/NBS, BRIGHT, Epic Turin, HYPEST and NORDIL/MDC studies and combined analysis of replication *in silico* samples. Bottom: Meta-analysis results for all samples using both the z-score and inverse variance weighted p-value methods.

Study	Sample Size	OR	SE	95% CI	P-value
HYPERGENES_DISCOVERY	3596	1.43	0.11	1.224-1.657	4.81E-06
HYPERGENES_VALIDATION	2610	1.71	0.155	1.440-2.049	2.55E-09
Combined Analysis HYPERGENES	6206	1.54	0.038	1.372-1.726	2.58E-13
ASCOT_AIBIII_NBS	4049	1.06	0.092	0.895-1.256	4.97E-01
BRIGHT	3641	1.39	0.126	1.168-1.663	2.32E-04
EPIC Turin	2714	1.28	0.126	1.050-1.551	1.44E-02
HYPEST	1204	1.13	0.236	0.754-1.705	5.45E-01
NORDIL_MDC	3900	1.25	0.124	1.030-1.519	2.40E-02
Combined Analysis of Replication Samples	15508	1.23	0.056	1.125-1.344	6.50E-06
META-ANALYSIS	Sample Size	OR (combined)	95% CI (combined)	Combined P (Z-score)	Combined P (Inverse variance weighted)
	21714	1.34	1.248-1.437	1.032E-14	6.198E-16