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# G<sub>i</sub>-Biased β<sub>2</sub>AR Signaling Links GRK2 Upregulation to Heart Failure

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### Abstract

**Rationale**—Phosphorylation of  $\beta_2$ -adrenergic receptor ( $\beta_2AR$ ) by a family of serine/threonine kinases known as G protein-coupled receptor kinase (GRK) and protein kinase A (PKA) is a critical determinant of cardiac function. Upregulation of G protein-coupled receptor kinase 2 (GRK2) is a well-established causal factor of heart failure, but the underlying mechanism is poorly understood.

**Objective**—We seek to determine the relative contribution of PKA- and GRK-mediated phosphorylation of  $\beta_2AR$  to the receptor coupling to G<sub>i</sub> signaling that attenuates cardiac reserve and contributes to the pathogenesis of heart failure in response to pressure overload.

**Methods and Results**—Overexpression of GRK2 led to a  $G_i$ -dependent decrease of contractile response to  $\beta$ AR stimulation in cultured mouse cardiomyocytes and *in vivo*. Importantly, cardiac-specific transgenic overexpression of a mutant  $\beta_2$ AR lacking PKA phosphorylation sites (PKA-TG), but not the wild type  $\beta_2$ AR (WT TG) or a mutant  $\beta_2$ AR lacking GRK sites (GRK-TG), led to exaggerated cardiac response to pressure overload, as manifested by markedly exacerbated cardiac maladaptive remodeling and failure, and early mortality. Furthermore, inhibition of  $G_i$  signaling with pertussis toxin restores cardiac function in heart failure associated with increased  $\beta_2$ AR to  $G_i$  coupling induced by removing PKA phosphorylation of the receptor and in GRK2

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transgenic mice, indicating that enhanced phosphorylation of  $\beta_2AR$  by GRK and resultant increase in G<sub>i</sub>-biased  $\beta_2AR$  signaling play an important role in the development of heart failure.

**Conclusions**—Our data show that enhanced  $\beta_2AR$  phosphorylation by GRK, in addition to PKA, leads the receptor to G<sub>i</sub>-biased signaling which, in turn, contributes to the pathogenesis of heart failure, marking G<sub>i</sub>-biased  $\beta_2AR$  signaling as a primary event linking upregulation of GRK to cardiac maladaptive remodeling, failure and cardiodepression.

### Keywords

β<sub>2</sub>-adrenergic receptor; G protein-coupled receptor kinase; Heart failure; hypertrophy

### Introduction

Despite major developments in both diagnosis and treatment, heart failure (HF) continues to be a leading cause of death and disability in western countries and will become the number one killer worldwide in 2020<sup>1</sup>. It has been controversial as to whether increased cAMP-PKA signaling is beneficial or detrimental in the context of heart failure. Patients with HF exhibit chronically enhanced PKA signaling,<sup>2, 3</sup> and transgenic mouse models with cardiac specific overexpression of  $\beta_1 AR$ ,<sup>3</sup> the a-subunit of G<sub>s</sub>,<sup>4</sup> and the catalytic subunit of PKA<sup>5</sup> display HF phenotypes, suggesting overtly enhanced PKA signaling is cardiac detrimental. Over the past two decades, compelling evidence indicates that phosphorylation of  $\beta$ ARs by another family of serine/threonine kinases known as GPCR kinases (GRKs) in the heart is a critical determinant of cardiac function and has been implicated in many pathological conditions including HF.<sup>6</sup> In humans or animal models with HF, chronic catecholamine elevation causes marked dysregulation of βARs, resulting in various molecular abnormalities, including upregulation of GRK2 and PTX-sensitive G<sub>i</sub> proteins. Upregulation of both of these proteins have been implicated as causal factors in the development of HF. In particular, GRK2 is the most abundant and best-characterized GRK in the heart.<sup>7</sup> GRK2 expression and activity are markedly elevated and play a central role in the HF-associated defect in βAR signaling and cardiac dysfunction. Myocardial ischemia and hypertension in humans and animal models have also been associated with elevated GRK2 expression and activity.<sup>6</sup> These previous studies have defined GRK2 upregulation as an early common event in cardiac maladaptive remodeling and HF.

It has been shown that phosphorylation of  $\beta_2AR$  plays a crucial role in regulating differential G protein coupling of the receptor. Specifically,  $\beta b_2AR$  phosphorylation by PKA mediates the switch of coupling from G<sub>s</sub> to G<sub>i</sub>.<sup>8, 9</sup> Targeted transgenesis reveals discrete attenuator functions of GRK and PKA in airway  $\beta_2AR$  physiologic signaling.<sup>10</sup> Further studies have demonstrated that  $\beta_2AR$  coupling to G<sub>i</sub> may be also dependent on the receptor internalization and recycling.<sup>11–13</sup> However, it is unclear whether GRK-mediated phosphorylation of  $\beta_2AR$  is involved in the regulation of  $\beta_2AR$ -coupled G<sub>i</sub> signaling in heart. Because both GRK2 and G<sub>i</sub> proteins are significantly elevated in HF caused by a multitude of etiologies,<sup>14–19</sup> we hypothesize that the well-documented detrimental effects of GRK2 in the failing heart may causatively link to enhanced  $\beta_2AR$ -coupled G<sub>i</sub> signaling.

In the present study, we explored the mechanism which links pathological upregulation of GRK2 to the development of HF. We found both *in vivo* and *in vitro* that enhanced  $\beta_2AR$  phosphorylation by GRK2 leads the receptor to G<sub>i</sub>-biased signaling, and that inhibition of the G<sub>i</sub> signaling blocks heart failure in transgenic mice with cardiac-specific overexpression of GRK2 (GRK2-TG) or of a  $\beta_2AR$  mutant lacking all of the PKA phosphorylation sites (PKA- TG) subjected to pressure overload, marking G<sub>i</sub>-biased  $\beta_2AR$  signaling as a primary event linking upregulation of GRK2 to cardiac maladaptive remodeling and failure.

### **Methods and Materials**

#### **Generation of Transgenic Mice**

Flag-tagged human  $\beta_2AR$  mutants lacking either the putative GRK phosphorylation sites (GRK-) or the putative PKA phosphorylation sites (PKA-) (Fig. 2A&B) were subcloned into a pBluescript-based transgenic vector downstream of  $\alpha$ -myosin heavy chain ( $\alpha$ -MHC) gene promoter and upstream of the SV40 polyadenylation site. The detail sequences of the  $\beta_2AR$  PKA- and GRK- mutants were presented in Fig. 2B. Transgenic mice with cardiac-specific overexpression of wild type human  $\beta_2AR$  (WT TG) were imported from Dr. Gerald Dorn Lab.

#### Animal models

We used male non-transgenic mice (NTG), transgenic mice with cardiac-specific overexpression of wild type human  $\beta_2AR$  (WT TG), or PKA-phosphodeficient  $\beta_2AR$  (PKA- TG), or GRK-phosphodeficient  $\beta_2AR$  (GRK- TG), and their littermate controls at 12–16 weeks of age. In addition, male transgenic mice with cardiac-specific overexpression of GRK2 (GRK2 TG) and their littermate control mice (LC) were used in a subset of experiments. Pressure overload was produced by transverse aortic constriction (TAC) as previously described <sup>20</sup>.

#### **Supplemental Materials on Detailed Methods**

See the online supplemental materials for detailed methods regarding *in vivo* assessment of mouse cardiac contractility by echocardiography (ECHO) and Millar system, radioligand binding assay, western blot analysis, adult mouse cardiac myocyte culture and adenoviral gene transfer, cardiomyocyte contraction measurements, histological analysis, cAMP assay, terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL), and statistical analysis.

### Results

### Overexpression of GRK2 Causes $\beta$ AR Dysfunction by Enhancing G<sub>i</sub> Signaling in Cultured Cardiomyocytes And in Vivo

We have recently demonstrated that  $G_i$ -biased  $\beta_2AR$  signaling is dependent on agonist stimulation, and that prolonged absence of agonist stimulation leads to uncoupling of  $\beta_2 AR$ from the G<sub>i</sub> signaling, as is the case in adult mouse cardiomyocytes cultured for 24 hours.<sup>21</sup> Consistent with the previous notion, in adult mouse cardiomyocytes cultured and infected by Adv- $\beta$ -Gal for 24 hours,  $\beta_2$ AR stimulation with zinterol led to a full contractile response which was insensitive to pertussis toxin (PTX) treatment (Figure 1 A&B). Importantly, overexpression of GRK2 with adenoviral gene transfer suppressed B2AR-mediated contractile response and the inhibitory effect of GRK2 was fully abolished by disrupting G<sub>i</sub> signaling with PTX (Figure 1A & B). Prolonged stimulation of cardiomyocytes with isoproterenol (ISO, 1 nM) in the presence or absence of PTX did not change the expression of GRK2 (Supplemental material, online Figure I). These results demonstrate, for the first time, that overexpression of GRK2 enhances  $G_i$ -biased  $\beta_2AR$  signaling. To further determine whether in vivo overexpression of GRK2 in the heart can facilitate  $\beta_2$ AR-couled  $G_i$  signaling and, if so, whether the enhanced  $G_i$  signaling is involved in GRK2-mediated  $\beta$ AR dysfunction, we took advantage of transgenic mice with cardiac-specific overexpression of GRK2.<sup>22</sup> Consistent with our previous studies on these mice,<sup>22</sup> in vivo experiments revealed that BAR-induced increases in cardiac contractility and relaxation, as measured by left ventricular (LV) +dP/dt<sub>max</sub> and -dP/dt<sub>min</sub>, respectively, were markedly suppressed in mice overexpressing GRK2 (GRK2 TG mice) compared to wild type littermate controls (LC mice) (Figure 1C&D). Remarkably, disruption of G<sub>i</sub> signaling with

PTX fully restored cardiac contractile response to  $\beta$ AR stimulation with ISO in GRK2 TG mice without altering the effect of ISO in LC mice (Figure 1C&D), indicating that overexpression of GRK2-induced cardiac  $\beta$ AR dysfunction is mediated by enhanced G<sub>i</sub> signaling.

### Augmentation of GRK-mediated $\beta_2$ AR Phosphorylation Leads To Exacerbated Cardiac Hypertrophy, Heart Failure, and Early Mortality in Response to Pressure Overload

Since  $\beta_2 AR$  can be phosphorylated by at least two types of protein kinases, PKA and GRK (Figure 2A), we sought to distinguish the potential role of GRK- versus PKA-mediated  $\beta_2$ AR phosphorylation in the pathogenesis of HF *in vivo*. The experiments took advantage of three different transgenic mouse models we developed: mice cardiac-specifically overexpressed the WT human  $\beta_2 AR$  (WT TG) or  $\beta_2 AR$  mutants in which all of the PKA phosphorylation sites or all of the GRK phosphorylation sites were substituted by alanine (A) or glycine (G) (namely PKA-TG or GRK2-TG, respectively) (Figure 2 A&B) at a matched receptor density (Figure 2C). The receptor densities in hearts from WT TG, PKA-TG, and GRK- TG mice were detected by radioligand binding assay (856±45, 828±33, and 850±23 fmole/mg protein, n=3-4, respectively) (Figure 2C). As compared to non-transgenic (NTG) mice, overexpression of the WT  $\beta_2 AR$  led to profoundly increased phosphorylation of  $\beta_2AR$  at both GRK and PKA sites assayed by site-specific antibodies (Figure 2D). As expected, PKA- TG mice showed a clear increase in phosphorylation of β<sub>2</sub>AR by GRK but not PKA, whereas GRK- TG mice exhibited augmented phosphorylation of  $\beta_2AR$  by PKA but not GRK (Figure 2D). Thus, GRK- and PKA-mediated phosphorylation of  $\beta_2 AR$  was selectively enhanced in PKA- TG and GRK- TG mice, respectively.

To investigate whether  $\beta_2 AR$  phosphorylation by GRK and PKA is differentially involved in the regulation of cardiac structure and function, NTG or PKA- TG, GRK- TG, or WT TG mice were subjected to pressure overload by transverse aortic constriction (TAC). There was no obvious phenotypic difference in cardiac anatomy and function among the genotypes under resting conditions at 4-5 months old of age, as assessed by echocardiography (ECHO) (Figure 3A&B). However, after TAC for 5 weeks, PKA- TG mice developed severe left ventricular dilation and contractile dysfunction (Figure 3 A&B) and increased mortality rate (Figure 3C). Cardiac dysfunction occurred as early as one week after TAC and progressively worse as TAC continued only in PKA- TG mice (Figure 3B). In contrast, GRK- TG mice were not different from NTG or WT TG mice in terms of cardiac anatomy and function in response to TAC. Furthermore, PKA- TG mice displayed markedly exaggerated cardiac hypertrophic response to TAC, as manifested by significantly increased heart size (Figure 4A), heart/body ratio (Figure 4B), and cardiomycoyte size (supplemental material, online Figure II). It is also important to note that PKA- TG mice, but not NTG or WT TG or GRK-TG, showed increased fibrosis after TAC for 5 weeks (Figure 4C&D). Thus, pressure overload led to more severe ventricular dilation with increased end-diastolic and endsystolic dimensions, reduced fractional shortening (FS) (Figure 3), and exacerbated cardiac maladaptive remodeling (Figure 4) in PKA- TG mice but not in other groups including NTG, WT TG and GRK- TG mice.

### Accelerated Heart Failure of PKA- TG Mice Is Associated With Enhanced $\beta_2$ AR-coupled G<sub>i</sub> Signaling

More detailed examination of cardiac function was carried out by invasive pressure-volume analysis. Pressure-volume loops were measured before and during transient reduction of chamber preload to generate specific end-systolic (ESPVR) and end-diastolic (EDPVR) pressure volume relations (Figure 5). After TAC for 5 weeks, NTG hearts had enhanced effective arterial elastance (Ea; an index of total ventricular afterload) and slope of end-systolic pressure-volume relation with reduced ejection fraction (EF), characteristics of

hypertrophy induced by sustained pressure overload. Under resting conditions, PKA- TG, GRK- TG, and WT TG mice had similar increases in LV peak systolic pressure and basal systolic function with a slight upward and leftward shift of their ESPV compared to NTG mice. TAC for 5 weeks triggered distinct phenotypes between PKA- TG mice and GRK- TG or WT TG mice in terms of the progression of cardiac dysfunction. As shown by the representative examples, in the GRK-TG and WT TG mice, enhancements in resting Ea and slopes of ESPVR (before TAC) were slightly increased after 5 weeks of TAC, consistent with a functional response with feature of cardiac hypertrophy (Figure 5A). This did not occur in PKA- TG mice. Notably, PKA- TG mice displayed ventricular dilation, suppressed +dP/dt, reduced Ea, decreased EF associated with a rightward shift of pressure-volume relation, and a decrease in the slope of end systolic pressure-volume relation (Figure 5A&B). After 5 weeks of TAC, PKA- mice demonstrated a more significant decrease in maximal rate of pressure decline (-dP/dt), although a relaxation index tau was comparable in GRK- TG, and PKA- TG mice (Figure 5C).

The aforementioned data clearly indicate that PKA- TG mice are more vulnerable to pressure overload, suggesting that selectively enhancing  $\beta_2AR$  phosphorylation by GRK, but not PKA, profoundly exacerbates pressure overload-induced cardiac maladaptive remodeling and dysfunction. Next, we sought to decipher the mechanism underlying the distinct phenotypes of PKA- TG mice versus those of GRK- TG mice. Western blotting revealed that the increases in GRK2 and G<sub>i</sub> protein abundance were significantly greater in hearts from PKA-TG mice relative to hearts from NTG or WT TG or GRK- TG mice, although both GRK2 and G<sub>i</sub> proteins were markedly elevated in all genotypes after 5 weeks TAC (Figure 6A&B). Concomitantly, hearts from PKA- TG mice failed to compensate pressure overload even one week after TAC, resulting in significantly diminished cardiac contractility in PKA- TG mice compared to that in other genotypes (NTG or WT TG or GRK2-TG) (Figure 6C). Importantly, disruption of the G<sub>i</sub> signaling with PTX treatment minimized the difference between PKA- TG mice and other groups (Figure 6C). In fact, in an early stage of heart failure (one week after TAC), PTX treatment fully restored cardiac function in PKA- TG mice, while in the later stage of heart failure (5 weeks after TAC), PTX substantially improved cardiac function in PKA- TG mice (Figure 6C), highlighting that enhanced GRK2 and subsequent enhancement of  $G_i$ -biased  $\beta_2$ AR signaling play a crucial role in the triggering and worsening TAC-induced cardiac maladaptive remodeling and failure.

In principle, the cardiac dysfunction in PKA- TG mice could be due to an enhancement in the receptor to  $G_i$  signaling for attenuation of tonic cAMP signaling or due to cardiac adaptive remodeling for structure changes in myocardium or both alterations. To further investigate this issue, we measured basal and ISO-induced cAMP formation in cardiomyocytes from NTG or TG mice expressing WT or mutant  $\beta_2AR$ . The present data demonstrated that spontaneous  $\beta_2AR$  activity is increased in all of the transgenic mice expressing WT or mutant  $\beta_2AR$ , as evidenced by their increased cAMP baselines (Figure 6D and supplementary data, online Figure III), consistent with the hemodynamic data (Figure 5). It is noteworthy that the decay of ISO-induced cAMP accumulation declines faster in cells from PKA- TG mice than that in cells from WT TG or GRK- TG mice. Since the decay of ISO-induced cAMP accumulation of PKA- TG mice is likely due to enhanced  $G_i$  signaling, which, in turn, contributes to cardiac adaptive remodeling and the progression of heart failure.

### Discussion

The present study has revealed three major findings. First, phosphorylation of  $\beta_2AR$  by GRK as well as PKA is a primary determinant of the receptor-coupled G<sub>i</sub> signaling. Second, overexpression of GRK2 enhances G<sub>i</sub>-biased  $\beta_2AR$  signaling, which subsequently negates cardiac contractile response to  $\beta AR$  stimulation in a PTX-sensitive manner in GRK2 transgenic mice and cultured mouse cardiomyocytes. Third, selective augmentation of GRK-mediated  $\beta_2AR$  phosphorylation in PKA- TG mice renders the heart more vulnerable to pressure overload and inhibition of G<sub>i</sub> signaling can restore cardiac function of PKA- TG mice. In contrast, a selective increase in PKA-mediated phosphorylation of  $\beta_2AR$  does not affect cardiac response to pressure overload in GRK- TG mice compared to NTG or WT TG mice. Therefore, we conclude that cardiac detrimental effects of GRK2 upregulation are mediated, at least in part, by enhanced  $\beta_2AR$ -coupled G<sub>i</sub> signaling which, in turn, contributes to the pathogenesis and progression of HF. Thus, both GRK2 and  $\beta_2AR$ -coupled G<sub>i</sub> signaling may offer novel therapeutic opportunities for the treatment of heart failure.

#### Role of GRK2 in Normal and Failing Hearts

In our previous studies, we have shown that cardiac-specific overexpression of GRK2 to the levels seen in human HF suppresses cardiac contractile response to  $\beta$ AR stimulation with ISO,<sup>22</sup> indicating that myocardial overexpression of GRK2 triggers  $\beta$ AR desensitization *in vivo*. In contrast, overexpression of the peptide inhibitor of GRK2, GRK2-ct, enhances cardiac contractility and relaxation.<sup>22</sup> Thus, GRK2 expression level has an important impact on cardiac performance under normal conditions. This perception has been further elucidated in recent studies on GRK2 knockout mouse models.<sup>32</sup>

In the failing heart, adrenergic overdriving occurs early in the progression to HF, as evidenced by increased catecholamine levels before the onset of HF.<sup>33</sup> As a result, the expression and activity of GRK2 are elevated in the failing heart. Previous studies have shown upregulation of GRK2 is essentially involved in the pathogenesis of HF by further diminishing adrenergic responsiveness. Indeed, two recent clinical studies indicate that lymphocyte GRK2 decreases with angiotensin-converting enzyme (ACE) inhibitor therapy in class II HF,<sup>34</sup> and that lymphocyte and myocardial GRK2 levels decrease, while bAR responsiveness increases, after mechanical left ventricular support in end-stage HF.<sup>26</sup> Using heterozygous GRK2 knockouts with 50% diminished GRK2 expression, recent studies have established a dose-response between GRK2 levels and suppression of cardiac contractile function in HF.<sup>27, 28</sup> Indeed, in various experimental models of HF, inhibition of GRK2 with GRK2-ct improves cardiac function by restoring  $\beta$ AR signaling (for review see refs <sup>6, 35</sup>). Thus, upregulation of GRK2 and resultant  $\beta$ AR desensitization are initially adaptive compensation of the heart, but when exaggerated, causes cardiac maladaptive remodeling and HF.

The beneficial effect of restoration of  $\beta$ AR signaling through inhibiting GRK2 activity appears to contradict clinical convention that -blockade is widely used to treat patients with HF and chronic  $\beta$ -agonist (i.e., catecholamine) stimulation leads to deleterious effects. However, a close inspection reveals that the detrimental effects of catecholamines are mainly mediated by stimulation of  $\beta_1$ ARs, which triggers myocyte apoptosis and arrhythmogenic events. In contrast, the present study has shown that inhibition of GRK2mediated  $\beta_2$ AR-coupled G<sub>i</sub> signaling can normalize cardiac contractile response and ameliorate maladaptive remodeling. In this regard, our recent *in vivo* studies on a rat ischemic HF model have demonstrated that selective activation of  $\beta_2$ AR can, indeed, improve cardiac function and reduce maladaptive remodeling as well as arrhythmogenic events.<sup>36</sup> Taken together, we propose that a combination of GRK2 inhibition and  $\beta_2$ AR

activation with  $\beta_1$ -blocker therapy may provide a more effective therapy for the treatment of HF.

### Role of GRK-mediated $\beta_2$ AR Phosphorylation in Promoting G<sub>i</sub>-biased signaling and Its Implications in Heart Failure

While  $\beta$ AR is classically viewed as a prototypical G<sub>s</sub>-coupled receptor, compelling evidence indicates that  $\beta_2 AR$  couples dually to G<sub>s</sub> and G<sub>i</sub> proteins.<sup>37</sup> We and others have previously shown that G<sub>i</sub>-biased β<sub>2</sub>AR signaling may protect cardiomyocytes against various insulting stimuli induced apoptosis.<sup>38, 39</sup> In addition, it has been shown that inhibition of G<sub>i</sub> signaling worsens cardiac outcomes in response to ischemia/reperfusion injury and myocardial infarction,<sup>40</sup> and that GRK inhibition with the peptide inhibitor, GRK2-ct, is cardioprotective, at least in part, due to increasing G<sub>i</sub>-biased β<sub>2</sub>AR signaling.<sup>41</sup> Furthermore, recent studies have shown that ablation of  $\beta_2 AR$ , indeed, worsens pressure overload-induced cardiac hypertrophy and remodeling in mice.<sup>42</sup> These previous studies seem to contradictory to the present conclusion that an augmentation in GRK-mediated  $\beta_2$ AR-G<sub>i</sub> signaling contributes to cardiac maladaptive remodeling and failure under TAC in PKA- TG mice. To address this question, we have examined the potential effect of TAC on myocardial cell apoptosis in all four groups of mice (NTG, WT-TG, GRK-TG, PKA-TG) and found no genotype-related difference in TAC-triggered myocardial apoptosis (supplemental material, online Figure IV). In addition, we have shown that PTX enhances ISO-induced cardiomyocyte death, whereas  $\beta_2AR$  stimulation with zinterol protects cardiomyocytes in PTX-sensitive manner (supplemental material, online Figure V), consistent with the previous notion that  $\beta_2$ AR-G<sub>i</sub> signaling is cardiac protective. However, cardiomyocytes from PKA- TG mice are more vulnerable than those from other groups (supplementary data, online Figure V), although  $\beta_2$ AR-G<sub>i</sub> signaling is markedly enhanced in PKA- TG mice. Thus, it merits future investigation to elucidate the exact mechanism underlying cardiac maladaptive remodeling and failure associated with enhanced GRK-mediated  $\beta_2$ AR/G<sub>i</sub> signaling in PKA- TG mice under TAC.

During prolonged agonist stimulation, GRK2 plays a predominant role in desensitizing  $\beta$ ARs and has been implicated as a causal factor of HF, but the underlying etiological mechanism is unknown until now. Traditionally, it has been shown that GRK-mediated phosphorylation of  $\beta$ AR inhibits the interaction between activated receptor and G proteins via recruiting  $\beta$ -arrestins, which bind to phosphorylated  $\beta$ AR and sterically block the receptor coupling to the  $\beta$  subunit of G<sub>s</sub> protein.<sup>43</sup> In this study, however, we have provided multiple lines of evidence to show that increased phosphorylation of  $\beta_2$ AR by GRK facilitates the receptor to G<sub>i</sub> signaling which, in turn, results in cardiac contractile dysfunction and maladaptive remodeling. The present findings have also unraveled a novel function of the prototypical GRK, GRK2, in switching G<sub>s</sub>- to G<sub>i</sub>-biased  $\beta_2$ AR signaling. Thus, in addition to PKA, GRK plays an important role in sorting  $\beta_2$ AR to G<sub>i</sub>-biased signaling pathway in response to enhanced catecholamine stimulation, as is the case in the failing heart.

It is noteworthy that, while the  $\beta_1AR$  subtype does not couple to  $G_i$  under normal conditions,  $\beta_1AR$ -mediated contractile response is cross-inhibited by enhanced  $G_i$ -biased  $\beta_2AR$  signaling in the failing heart.<sup>29, 44</sup> The reinforced GRK-dependent  $G_i$ -biased  $\beta_2AR$  signaling is likely also responsible for GRK2 overexpression-induced dysfunction of  $\beta_1AR$  in addition to the defect of  $\beta_2AR$  contractile response in these transgenic mice. This idea is, indeed, corroborated by the fact that disruption of  $G_i$  signaling fully, rather than partially, restores the nonselective  $\beta AR$  agonist, ISO, induced positive inotropic effect in transgenic mice overexpressing cardiac GRK2 (Fig. 1C&D). Thus, similar to the situation of the failing heart,<sup>14, 44, 45</sup> enhanced  $\beta_2AR$ -coupled  $G_i$  signaling is responsible for the defects of both  $\beta_1AR$  and  $\beta_2AR$  signaling in the GRK2 TG mice, and that the previously reported beneficial

It is known that overexpression of  $\beta$ ARs may alter their signaling behavior and G protein coupling properties.46 Overexpression of the PKA-phosphodeficient  $\beta_2$ AR mutant in cells and in transgenic mice may complicate our conclusion on the functional consequence of GRK-mediated phosphorylation of  $\beta_2$ AR in facilitating G<sub>i</sub>-biased  $\beta_2$ AR signaling because of possible disruptions of signaling events mediated by other molecules such as G<sub>s</sub>,  $\beta$ -arrestins, and receptor trafficking,<sup>13</sup> although the present study has used WT TG and GRK2- TG for comparison. This technical limitation should be taken into consideration, when the present data is interpreted.

In summary, we have revealed a novel function of GRK in promoting  $G_i$ -biased  $\beta_2AR$  signaling that compromises cardiac reserve and contributes to the pathogenesis of HF. In the failing heart, enhanced expression and activity of GRK2 and  $G_i$  proteins further promote  $G_i$ -biased  $\beta_2AR$  signaling, thus negating  $\beta_1AR$ - and  $\beta_2AR$ -mediated cardiac reserve function, resulting in cardiac maladaptive remodeling and failure. These *in vitro* and *in vivo* results have not only revealed a fundamental function and new mechanism of action of GRK2, the best characterized GRKs, in facilitating  $G_i$ -biased  $\beta_2AR$  signaling, but also defined the  $\beta_2AR$ - $G_i$  signaling as an essential link between pathologic upregulation of GRK and the development of heart failure. As a well-established pathogenic factor of heart failure, GRK2 and resultant  $G_i$ -biased  $\beta_2AR$  signaling may present important therapeutic targets for the treatment of heart failure caused by various etiologies.

### **Novelty and Significance**

### What is Known?

- Phosphorylation of G-protein coupled receptor alters the selectivity of the receptor for G protein coupling.
- β<sub>2</sub>-adrenergic receptor (β<sub>2</sub>-AR) phosphorylation by protein kinase A (PKA) is a critical determinant in its signaling to distinct G proteins such as G<sub>s</sub> versus G<sub>i</sub>.
- $\beta_2$ -AR mediated G<sub>i</sub> signaling elicits cardiac protective effects.
- Upregulation of G protein-coupled receptor kinase (GRK) is a wellestablished causal factor of heart failure.

What New Information Does This Article Contribute?

- Overexpression of GRK2 profoundly enhances G<sub>i</sub>-biased β<sub>2</sub>AR G<sub>i</sub> signaling in vivo and in vitro, whereas inhibition of GRK2 markedly suppresses the β<sub>2</sub>AR-coupled G<sub>i</sub> signaling.
- Phosphorylation of  $\beta_2 AR$  by GRK as well as PKA is an important determinant for the  $G_i$ -biased  $\beta_2 AR$  signaling.
- In transgenic mice with cardiac-specific overexpression of a  $\beta_2AR$  mutant lacking PKA phosphorylation sites (PKA- TG), augmentation of  $\beta_2AR$ phosphorylation by GRK leads to exaggerated cardiac response to pressure overload, resulting in increased G<sub>i</sub>-biased  $\beta_2AR$ , markedly exacerbated cardiac maladaptive remodeling and failure, leading to early mortality.
- In contrast, enhancement of PKA-mediated phosphorylation of β<sub>2</sub>AR in mice overexpressing a β<sub>2</sub>AR mutant lacking GRK phosphorylation sites (GRK-TG) does not alter cardiac anatomy or function when compared with non-

transgenic mice (NTG) or transgenic mice overexpressing the wild type  $\beta_2 AR$  (WT TG) at a matched receptor density, indicating that phosphorylation of  $\beta_2 AR$  by GRK, but not by PKA, contributes to the pathogenesis of heart failure.

- Inhibition of G<sub>i</sub> signaling with pertussis toxin restores cardiac function in PKA- TG mice with pressure overload-induced heart failure and in GRK transgenic mice.
- Enhanced  $\beta_2 AR$  coupling to  $G_i$  signaling may induce cardiac protective or detrimental effects.

Our *in vitro* and *in vivo* results reveal a fundamental function and new mechanism of action of GRK in facilitating  $G_i$ -biased  $\beta_2AR$  signaling by phosphorylation of  $\beta_2AR$ . We found that define  $\beta_2AR$ - $G_i$  signaling is an essential linker between pathologic upregulation of GRK and the development of heart failure. As a well-established pathogenic factor of heart failure, GRK and resultant  $G_i$ -biased  $\beta_2AR$  signaling may be important therapeutic targets for the treatment of heart failure.

### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

### Non-standard Abbreviations and Acronyms

Adv	adenovirus
GPCR	G protein-coupled receptor
β-AR	β-adrenergic receptor
ISO	isoproterenol
FBS	fetal bovine serum
CGP	CGP20712A
ICI	ICI 118,551
MEM	minimal essential medium
[ <sup>125</sup> I]-ICYP	[ <sup>125</sup> I]-iodocyanopindolol
m.o.i.	multiplicity of infection
РКА	protein kinase A
PBS	phosphate buffered saline
РКІ	protein Kinase inhibitor
РТХ	pertussis toxin
NTG	non-transgenic mice
WT TG	transgenic mice overexpressing wild type human $\beta_2$ -AR
GRK- TG	transgenic mice expressing a $\beta_2 AR$ mutant lacking GRK phosphorylation sites
PKA- TG	transgenic mice expressing a $\beta_2 AR$ mutant lacking PKA phosphorylation sites

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(A) A representative Western blot (top panel) of GRK2 in cultured adult mouse cardiomyocytes infected with adenovirus expressing GRK2 (Adv-GRK2) or β-Gal (Adv-β-Gal) at m.o.i. 100 for 24 h and quantified data (bottom panel) (n=4; \*p<0.01 v.s.  $\beta$ -Gal). (B) Increased GRK2 expression enhances  $\beta_2AR$  to G<sub>i</sub> signaling in adult mouse cardiomyocytes cultured for 24 h. In cultured cardiomyocytes infected with Adv-GRK2 or Adv-β-Gal (m.o.i. 100), overexpression of GRK2 enhances the receptor to G<sub>i</sub> signaling, as evidenced by PTXinduced augmentation of  $\beta_2 AR$  contractile response. \*P<0.001 v.s. other three groups with a two-way repeated measures analysis of variance (ANOVA); (C, D) Disruption of  $G_i$ signaling with PTX abolishes GRK2-induced dysfunction of βAR contractile response in GRK2 TG mice. In vivo assessment of left ventricular (LV) function of GRK2 TG mice and littermate control (LC) mice (n=6-7 in each group; \*P<0.001 v.s. GRK2 TG mice without PTX with a two-way repeated measures analysis of variance (ANOVA); †p<0.05 GRK2 TG v.s. LC in the absence of PTX with post hoc testing and Bonferroni's F test). For single cell experiments (panel B), cells were pretreated with PTX ( $1.5 \mu g/ml$ ) 3 hours before agonist stimulation. For in vivo studies in panels C&D, one dose of PTX was administered i.p. 72 hours before hemodynamic measurements.

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### Figure 2. Transgenic mice with cardiac-specific overexpression of wild type (WT) human β<sub>2</sub>AR or its mutants lacking PKA or GRK phosphorylation sites

(A) Schematic presentation showing  $\beta_2 AR$  phosphorylation sites for PKA or GRK. (B) The specific sequences of WT β<sub>2</sub>AR or its mutants lacking PKA (PKA-) or GRK (GRK-) phosphorylation sites. (C) The  $\beta_2 AR$  density was 9.6 ± 1.3 fmol/ mg protein and total  $\beta AR$ density was 28.6  $\pm$  3.4 fmol/ mg protein in NTG mice (n=6). In transgenic mice,  $\beta_2$ AR density was  $856 \pm 45$ ,  $828 \pm 33$  and  $850 \pm 23$  fmol/mg protein for WT TG, PKA- TG, and GRK- TG mice, respectively, (n=6 for each group). (D) Phosphorylation of  $\beta_2 AR$  in PKA or GRK sites were assayed by Western blot using a site-specific antibody reacting with phosphorylated  $\beta_2$ AR at a PKA site (aa262) or GRK sites (aa355 and aa366). The antibodies were raised against the peptides CDRTGHGLRRSpSKF-NH2 for the anti-pSer262 PKA site (clone 2G3) and CKAYGNGYpSpSNGN-NH2 for the anti-pS (Ser355, 356) (clone 5C3). Total expression of  $\beta_2 AR$  in transgenic mouse hearts was detected by Western blot using an antibody reacting with  $\beta_2$ ARs.

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Figure 3. Overexpression of  $\beta_2AR$  mutant lacking PKA phosphorylation sites increases adverse pressure overload-induced ventricular remodeling

(A) Representative serial M-mode echocardiography in conscious NTG, WT TG, PKA- TG or GRK2- TG mice measured before and 5 weeks after TAC. (B) Summary data of Left Ventricular Internal Dimension-Diastole (LVIDd), Left Ventricular Internal Dimension-Systole (LVIDs), Left Ventricular Posterior Wall Dimensions-diastole (LVPWd), Left Ventricular Posterior Wall Dimensions-Systole (LVPWDs), Ejection Fraction (EF), and Fractional Shorting (FS). Data are presented as means  $\pm$  SE (n = 8–12 in each group) and data was analyzed with a two-way repeated measures analysis of variance (ANOVA). Bonferroni correction was applied for multiple comparisons. \*p<0.05 PKA- TG *v.s.* other four groups. (C) Survival curves. Kaplan-Meier Survival Analysis, \*P<0.05 PKA- TG v.s. other three groups (GRK2- TG, WT TG, and NTG) (n=28, 25, 24 and 25 for PKA- TG, WT TG, GRK2- TG, and NTG, respectively).

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Figure 4. Overexpression of  $\beta_2 AR$  mutant lacking PKA phosophorylation sites exaggerated cardiac maladaptive remodeling after pressure overload

(A) Cross sections of hearts subjected to Sham operation (Sham) or TAC for 5 weeks (5w TAC); (B) The ratio of heart/body weight (n= 8–12, \*p<0.01 *v.s.* Sham; †p<0.01 *v.s.* other three groups with TAC). (C) Representative examples of myocardial connective tissue staining (E.P.S. R.) to show cardiac fibrosis (top) and average data of fibrosis area (bottom) (n=5 for each group, \*p<0.01 *v.s.* Sham; †p<0.01 *v.s.* other three groups with TAC).

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Figure 5. In vivo cardiac pressure-volume relations in mice with sham operation or 5 weeks after  ${\rm TAC}$ 

(A) Left-ventricular pressure-volume loops show TAC-induced increase in systolic load. In NTG-, WT TG, GRK- TG mice, TAC leads to rightward shift of the loops and end-systolic pressure-volume relation, marking hypertrophy remodeling. But in PKA- TG mice, TAC induces hear failure (HF). (**B**, **C**) Summary data on systolic function (B) and diastolic function (C). LVSP, left ventricle systolic pressure. SV, stroke volume. Ea, arterial elastance (measure of ventricular afterload). EF, ejection fraction. +dp/dt, maximum dP/dt. Ees, endsystolic pressure-volume relationship (ESPVR), Eed, end-diastolic pressure-volume relationship (ESDPVR). EDP, end-diastolic pressure. Tau, Regression of Log (pressure) *vs* time (Weiss method). All values present means  $\pm$  SE (n=8–13 for each group, \*P<0.05, \*\*P<0.01 *v.s.* respective Sham; †P<0.05, ‡P<0.01 *v.s.* respective TAC).

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Figure 6. TAC-induced heart failure is associated with greater increases in  $G_i$  and GRK2 expression and inhibition of  $G_i$  signaling with PTX restores cardiac contractility and blocks the decay of cAMP accumulation by ISO in PKA- TG mouse hearts

(A, B) Panel A shows representative Western bolts using a specific antibody reacting with GRK2 or  $G_{i\alpha3}$  to assay GRK2 and  $G_{i\alpha3}$  protein levels in hearts from NTG, WT TG, PKA-TG or GRK2- TG mice.  $\beta$ -actin was used as a control for protein loading. Panel B displays the average data (n=4-6 for each group, \*p<0.01 v.s. respective Sham; †p<0.05 v.s. other three groups with TAC. (C) PTX restored the blunted cardiac contractility in PKA-TG mice subjected to 1 week or 5 weeks TAC (n=5-13, \*p<0.05 v.s. respective Sham; †P<0.05 v.s.respective TAC). Note that PTX treatment fully restored contractile response in the early stage heart failure in PKA- TG mice subjected to 1 week TAC and significantly improved cardiac contractility even in the later stage heart failure in PKA- TG mice after 5 weeks TAC. (D) The decay of cAMP accumulation evoked by ISO (left panel) is prevented by PTX treatment (right panel). Cardiomyocytes from NTG, WT-, PKA-, GRK- TG mice were stimulated with isoproterenol (ISO,  $10 \,\mu$ M). At each indicated time point, cells were treated with 200 µM of IBMX (3-isobutyl-1-methylxanthine) for 5 minutes before stopping reaction to accumulate cAMP. Note that the decay of cAMP response is accelerated in cardiomyocytes from PKA- TG mice compared to that of other groups, and that this genotype-specific difference is prevented by PTX treatment. \*P<0.05 v.s. other three strains.