

Published in final edited form as:

Circ Cardiovasc Genet. 2012 February 1; 5(1): 81–90. doi:10.1161/CIRCGENETICS.111.959817.

Common Genetic Variation in the 3-BCL11B Gene Desert Is Associated With Carotid-Femoral Pulse Wave Velocity and Excess Cardiovascular Disease Risk The AortaGen Consortium

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Abstract

Background—Carotid-femoral pulse wave velocity (CFPWV) is a heritable measure of aortic stiffness that is strongly associated with increased risk for major cardiovascular disease events.

Methods and Results—We conducted a meta-analysis of genome-wide association data in 9 community-based European ancestry cohorts consisting of 20,634 participants. Results were replicated in 2 additional European ancestry cohorts involving 5,306 participants. Based on a preliminary analysis of 6 cohorts, we identified a locus on chromosome 14 in the 3'-BCL11B gene

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Conflict of Interest Disclosures: G.F.M. is owner of Cardiovascular Engineering, Inc, a company that designs and manufactures devices that measure vascular stiffness. The company uses these devices in clinical trials that evaluate the effects of diseases and interventions on vascular stiffness. The remaining authors report no conflicts.

desert that is associated with CFPWV (rs7152623, minor allele frequency = 0.42, beta = -0.075 ± 0.012 SD/allele, $P = 2.8 \times 10^{-10}$; replication beta = -0.086 ± 0.020 SD/allele, $P = 1.4 \times 10^{-6}$). Combined results for rs7152623 from 11 cohorts gave beta = -0.076 ± 0.010 SD/allele, $P = 3.1 \times 10^{-15}$. The association persisted when adjusted for mean arterial pressure (beta = -0.060 ± 0.009 SD/allele, $P = 1.0 \times 10^{-11}$). Results were consistent in younger (<55 years, 6 cohorts, N=13,914, beta = -0.081 ± 0.014 SD/allele, $P = 2.3 \times 10^{-9}$) and older (9 cohorts, N=12,026, beta = -0.061 ± 0.014 SD/allele, $P = 9.4 \times 10^{-6}$) participants. In separate meta-analyses, the locus was associated with increased risk for coronary artery disease (hazard ratio [HR]=1.05, confidence interval [CI]=1.02 to 1.08, $P=0.0013$) and heart failure (HR=1.10, CI=1.03 to 1.16, $P=0.004$).

Conclusions—Common genetic variation in a locus in the *BCL11B* gene desert that is thought to harbor one or more gene enhancers is associated with higher CFPWV and increased risk for cardiovascular disease. Elucidation of the role this novel locus plays in aortic stiffness may facilitate development of therapeutic interventions that limit aortic stiffening and related cardiovascular disease events.

Keywords

aorta; arterial stiffness; pulse wave velocity; genetics; cardiovascular disease

Several recent studies have demonstrated that carotid-femoral pulse wave velocity (CFPWV), an important indicator of stiffness of the wall of the thoracic and abdominal aorta, is associated with increased risk for major cardiovascular disease (CVD) events.¹⁻⁴ Various risk factors for abnormal CFPWV have been identified, including standard CVD risk factors such as age, glucose intolerance, lipid disorders, and hypertension.⁵ In addition, CFPWV is a moderately heritable trait with an estimated residual heritability (h^2) of approximately 0.40,⁶ although molecular mechanisms contributing to aortic stiffness remain largely undefined. In order to evaluate associations of common genetic variants with CFPWV, we performed a meta-analysis of genome-wide association study (GWAS) data from 9 community based cohorts, with replication genotyping in 2 additional cohorts. In addition, in light of the association between CFPWV and CVD risk, we interrogated existing clinical endpoint GWAS data to determine whether variants associated with CFPWV are associated with CVD risk.

Methods

Consortium Organization

The AortaGen Consortium includes 9 cohort studies that completed genome-wide genotyping and had measured CFPWV, plus 2 cohort studies that had measured CFPWV and collected DNA for replication genotyping. Each study adopted collaboration guidelines and the consortium established a consensus on phenotype harmonization, covariate selection, and an analytical plan for within-study genome-wide association and prospective meta-analysis of results across studies. Each study received institutional review board approval of its consent procedures, examination and surveillance components, data security measures, and DNA collection and its use for genetic research. All participants in each study gave written informed consent for participation in the study and the conduct of genetic research. Details of study cohort, CFPWV measurement protocols and inclusion and exclusion criteria are provided in the Supplementary Methods and Table 1.

Phenotyping

Only cohorts that measured CFPWV based on the carotid-to-femoral transit time and distance were included in the meta-analysis. CFPWV increases nonlinearly and exhibits marked variance inflation with advancing age, resulting in a strongly right skewed

distribution. In addition, differences in the method used to ascertain transit distance can alter values by up to 30% and the amount of error may be influenced by sex and other anthropomorphic factors such as height and weight. Thus, genetic association analyses were performed using a sex-specific standardized residual that was based on the inverse of CFPWV, which normalizes the distribution, and that was further adjusted for age, age², height and weight. As a result of these transformations, the cohorts had a highly comparable distribution of the phenotype (mean of 0 and standard deviation of 1 with a normal distribution).

Genotyping and Imputation

Genotyping and imputation methods have been described previously and are summarized in Supplementary Table S1. For genome-wide SNP sets, genotyping was carried out using commercially available arrays. Prior to imputation, quality control measures were applied as outlined in Supplementary Table S1. MACH was used by all cohorts for imputation of genotypes to the HapMap set of approximately 2.5 million SNPs. For replication cohorts, genotyping was carried out on the platforms noted in Supplementary Table S1. All genetic coordinates in tables and figures refer to HapMap release 22 build 36.

Expression Methods

Details of expression studies, including RNA extraction, cDNA preparation, PCR amplification and sequencing are provided in the Supplementary Methods.

Statistical Analyses

The phenotype for meta-analysis was a sex-specific (in Framingham, cohort- and sex-specific) standardized regression residual for 1000/CFPWV, adjusted for age, age², height and weight. Genome-wide association analyses were conducted within each cohort using an additive gene-dose model. Linear mixed effects models were fitted to account for relatedness in pedigrees. Within-study associations were combined by prospective meta-analysis using inverse-variance weighting. Meta-analyses were performed using the software program MetABEL (<http://www.genabel.org/packages/MetABEL>). During meta-analysis, SNPs were excluded if weighted mean minor allele frequency was <1%, resulting in 2.41 million SNPs for analysis. The genomic control parameter was calculated to adjust each study and after meta-analysis, was recalculated to adjust for among-study heterogeneity. For the initial meta-analysis, a predetermined threshold of 4.0×10^{-7} (stage 1) was used to select SNPs for attempted replication.⁷ Based on a preliminary analysis of 6 cohorts, we selected SNPs from 2 loci (the SNP with the lowest P and 1 or 2 proxy SNPs to accommodate differing genotyping platforms) for attempted replication. SNPs were genotyped in 2 additional cohorts and analyzed within cohort using a similar analysis plan except that observed rather than imputed genotypes were used in the analyses. Results from the 2 replication cohorts were then combined by meta-analysis. We considered a $P < 0.025$ (0.05/2) and same direction of effect for the replication meta-analysis as indicative of successful replication.

To assess possible effect modification by age, we performed an age-stratified analysis based on the approximate overall median age of 55 years. For cohorts that spanned this age cutoff (FHS, ERF, Sardinia, ACCT), analyses were repeated in subgroups <55 and ≥55 years of age. Cohorts with predominantly older (AGES, BLSA, HABC, RS-I, RS-II) or younger (HAPI, Asklepios) participants were included in the older or younger group in their entirety to preserve adequate sample size. These groupings resulted in 9 sets of data consisting of predominantly older participants and 6 sets of data consisting of predominantly younger participants. In addition, because of known associations between CFPWV and clinical events,^{1-4,8} we performed lookups of the top result from our CFPWV GWAS in separate

GWAS meta-analyses for clinical endpoints thought to be related to arterial stiffness, including coronary artery disease, heart failure, stroke and kidney disease. We also performed a lookup of our top result in an ongoing pulse pressure GWAS meta-analysis in order to determine whether genetic effects on aortic stiffness were detectable as an increase in blood pressure pulsatility in additional cohorts (see Supplement for details of clinical GWAS meta-analyses).

Results

Characteristics of participants at the time of CFPWV measurement in the 11 (9 discovery, 2 replication) AortaGen Consortium cohorts are presented in Table 1. Cohort mean age varied from 34 to 75 years whereas cohort mean CFPWV varied from 5.5 to 13.6 m/s, corresponding to inverse CFPWV of 193 to 77 ms/m, respectively. Sample sizes varied from 618 to 6,033 participants, with an aggregate of 20,634 and 5,306 participants in the discovery and replication phases, respectively.

GWAS meta-analysis results from 9 cohorts are summarized in Figure 1. The quantile-quantile (Q-Q) plot shows minimal evidence of test statistic inflation ($\lambda_{gc} = 1.03$) and a sharp divergence from a slope near unity at a P-value of approximately 1×10^{-4} . The negative log P (Manhattan) plot reveals a region of genome-wide significant association on the distal long arm of chromosome 14 (14q32.2, rs1381289, $\beta = -0.073 \pm 0.011$ SD/allele, $P = 5.6 \times 10^{-11}$). Imputation quality for the genome-wide significant SNP's in this region was high with median expected/observed variance ratio of 0.99–1.00. In addition, there is a suggestive region of association on the short arm of chromosome 10 (10p12.32, rs10764094, $\beta = -0.057 \pm 0.011$ SD/allele, $P = 2.4 \times 10^{-7}$). A listing of top SNPs from the 9-cohort meta-analysis with a $P < 1 \times 10^{-5}$ is presented in Table 2. The table provides results for the top SNP from separate loci defined by LD structure ($r^2 < 0.80$). Results of analyses that further adjusted for mean arterial pressure at the time of CFPWV measurement are presented in Supplementary Table S3. Comparison of Tables 2 and S3 reveals that several associations were relatively stronger following adjustment for mean arterial pressure (*CFDP1*, *FGFR2*, *NMUR2*, *ADAMTS9*, *OCA2*, *VPS54*), others were unaffected (*C10orf112*, *EFTUD1*, *CKAP5*) and a few were weakened (*ELK3*, *SLCO5A1*, *MAFB*, *CADPS2*). For the locus on chromosome 14 (*C14orf64*), associations for some SNPs were weaker (rs1381289) while others were stronger (rs9323989) after adjustment for mean arterial pressure.

Based on a preliminary meta-analysis of early GWAS results from 6 cohorts (Table 1; AGES, FHS, ERF, RS-I, RS-II, and Sardinia; 17,854 participants), we selected rs7152623 on chromosome 14 (results from 6 cohorts: $\beta = -0.075 \pm 0.012$ SD/allele, $P = 2.8 \times 10^{-10}$) and rs17729837 on chromosome 10 (results from 6 cohorts: $\beta = 0.062 \pm 0.012$ SD/allele, $P = 3.6 \times 10^{-7}$) for attempted replication. Note that rs7152623, the SNP on chromosome 14 selected for replication, falls within the LD block that includes rs1381289 as the SNP with the lowest P-value in the block (Table 2). The two SNPs are closely linked ($R^2 = 0.93$ for rs1381289 and rs7152623). We successfully replicated the association with rs7152623 on chromosome 14 (replication $\beta = -0.086 \pm 0.020$ SD/allele, $P = 1.4 \times 10^{-6}$). Results for rs7152623 from the full set of 11 cohorts gave a combined $\beta = -0.076 \pm 0.010$ SD/allele, $P = 3.1 \times 10^{-15}$ (Figure 2). The effect was attenuated modestly and remained significant when we further adjusted for mean arterial pressure at the time of measurement of CFPWV ($\beta = -0.060 \pm 0.009$ SD/allele, $P = 1.0 \times 10^{-11}$). In addition, results were consistent when evaluated separately in subgroups defined by median age, remaining associated in both younger (<55 years of age, 6 cohorts, $N = 13,914$, $\beta = -0.081 \pm 0.014$ SD/allele, $P = 2.3 \times 10^{-9}$) and older (≥ 55 years of age, 9 cohorts, $N = 12,026$, $\beta = -0.061 \pm 0.014$ SD/allele, $P = 9.4 \times 10^{-6}$) participants. The association with rs17729837 on chromosome 10 did not replicate ($P = 0.97$).

Details of the region of significant association on chromosome 14 are presented in Figure 3. The closest known gene (*3' BCL11B*) is nearly 1 MB telomeric to this locus. The associated SNPs are located in a block of linkage disequilibrium (LD) spanning from approximately 97.60 to 97.74 MB, which corresponds closely with the location of a cluster of previously documented, overlapping, spliced expressed sequence tags (ESTs), including DB129663 and BP432414, which are on the minus and plus strand, respectively. One of our highly associated SNPs (rs710285, $P=5.1 \times 10^{-11}$) is located in exon 3 of DB129663. In addition, there is a conserved sequence near the center of the chromosome 14 locus (97.67 MB, Figure 3), in overlapping intronic regions of DB129663 and BP432414.

To assess potential functional implications of our findings, we used reverse transcriptase polymerase chain reaction (RT-PCR) to evaluate expression of DB129663 and BP432414 in human aortic samples and various cell lines. In light of the putative role of this region as a remote enhancer of *BCL11B*⁹ and relative proximity to *VRK1*, we also probed for expression of these genes (Supplementary Table S4). DB129663, BP432414, *BCL11B* and *VRK1* were detected in whole aortic rings (Supplementary Table S4). *VRK1* and DB129663 were expressed in cultured aortic smooth muscle cells, human umbilical vein endothelial cells (HUVECs) and adult cardiac fibroblasts. *BCL11B* was expressed in the same samples except cardiac fibroblasts. All transcripts were expressed in CD3+ cells.

To assess the potential clinical relevance of our finding of a locus on Chr14 strongly associated with CFPWV, we performed a lookup of our top SNP for association with CFPWV in the meta-analysis of 9 cohorts (rs1381289, Table 2) in results from separate clinical endpoint GWAS meta-analyses (see Supplement). We found an association with increased risk for coronary artery disease (hazard ratio [HR]=1.05, confidence interval [CI]=1.02 to 1.08 per allele, $P=0.0013$) and heart failure (HR=1.10, CI=1.03 to 1.16 per allele, $P=0.004$). To aid interpretation of these CVD endpoint associations, we used data from FHS to estimate the expected HR for a first major CVD event associated with presence of each allele of rs1381289, assuming that excess CVD risk was mediated by effects of the allele on CFPWV.⁴ In FHS, after adjusting for age and sex, CFPWV was associated with an excess CVD risk corresponding to a HR=1.65 per SD. Based on this estimate, and given that each minor allele of rs1381289 was associated with a 0.073 SD increase in CFPWV, the expected HR=1.047 per allele, which is comparable to the GWAS lookup results. In a separate meta-analysis that included 74,011 participants, rs1381289 was associated with higher pulse pressure (beta=0.18±0.06 mm Hg/allele, $P=0.002$), indicating that the increase in aortic stiffness associated with this SNP is detectable as a modest but significant increase in pressure pulsatility. The SNP was not associated with stroke ($P>0.7$), glomerular filtration rate estimated by using serum creatinine ($P>0.6$) or cystatin ($P>0.5$) or prevalent chronic kidney disease ($P>0.6$).

We also sought to replicate a previously reported association between CFPWV and a SNP (rs3742207) in *COL4A1*.¹⁰ After excluding 2 cohorts involved in the original report (Sardinia, HAPI), we found modest evidence of association for this SNP (rs3742207, beta=-0.025±0.011 SD/allele, $P=0.017$) (Supplementary Figure S1).

Discussion

We performed a meta-analysis of GWAS results for CFPWV from 9 community-based cohorts involving 20,634 participants spanning a broad age range and identified a locus of genome-wide significant association in an apparent gene desert on 14q32.2. This finding was replicated in 2 additional cohorts involving 5,306 participants. We identified a conserved sequence within the region of significant association surrounded by a cluster of primate-specific, noncoding RNAs (ncRNAs). We evaluated 2 of these ncRNAs, which

have at least one associated SNP within an exon, and demonstrated that they are expressed in relevant human cardiac and vascular tissues and cell lines, including full thickness aortic rings, aortic smooth muscle cells, cardiac fibroblasts and HUVECs. In light of the putative role of the region of significant association as a gene enhancer,^{9;11;12} we also assayed for and demonstrated expression of flanking known genes, *BCL11B* and *VRK1*, in the same tissues and cell lines. Our findings indicate that the *VRK1-BCL11B* gene desert harbors a regulatory locus that modulates aortic stiffness. The association was consistent in younger and older participants, suggesting that the effects on CFPWV of genetic variation at this locus manifest early in life, prior to the marked increase in CFPWV that occurs from midlife onward. In addition, we demonstrated that the locus is associated with increased risk for cardiovascular disease, consistent with the hypothesis that increased aortic stiffness, as assessed by CFPWV, plays a causal role in the pathogenesis of cardiovascular disease. Further elucidation of potential mechanisms of aortic stiffening mediated through this locus may provide novel insights into the pathogenesis of aortic stiffening and could potentially offer insights into currently unavailable targeted interventions that prevent or attenuate aortic stiffening with advancing age and reduce the associated excess risk for major CVD events.

CFPWV has emerged recently as an important risk factor for various afflictions of aging, including CVD, cognitive dysfunction and chronic kidney disease. CFPWV is easily and reproducibly measured in a few minutes using relatively inexpensive technology and is widely considered the present gold standard noninvasive measure of aortic stiffness. Aside from age, with which it is strongly related, CFPWV has consistent but relatively modest relations with standard CVD risk factors and is moderately heritable, rendering the phenotype optimal for genetic studies.

A number of prior studies have evaluated potential genetic correlates of various measures of arterial stiffness including CFPWV. Family-based studies have identified several regions of potential linkage for stiffness measures using a microsatellite-based whole genome approach.⁶ Genetic association studies have found relations between measures of arterial stiffness and polymorphisms in various candidate genes, including genes for the angiotensin-II type 1 receptor,¹³ fibrillin-1,¹⁴ angiotensin converting enzyme,^{15;16} alpha adducin,¹⁵ aldosterone synthase,^{15;17} beta adrenergic receptors,¹⁸ endothelin A and B receptors,¹⁹ matrix metalloproteinases 3 and 9,^{20;21} endothelial nitric oxide synthase,²² the large conductance calcium-activated potassium channel,²³ estrogen genes²⁴ and various inflammatory genes.^{25;26} However small sample sizes, ascertainment bias (hypertensive, known coronary artery disease, etc.) and relatively weak associations may have limited the generalizability and consistency of findings. Notably, none of the aforementioned candidate genes are in the top hits of the present analysis (Tables 2 and S3). Two prior CFPWV GWAS publications^{10;27} were similarly based on relatively small sample sizes and employed less dense genotyping, which limited power to detect associations. A relative paucity of genome-wide significant findings remains a concern with our present publication involving 9 discovery and 2 replication cohorts and an aggregate sample size of nearly 26,000 individuals. Additional work and larger samples will be required in order to determine whether any additional loci in the group of excess low P-values below $\sim 1 \times 10^{-4}$ are true positive associations.

Prior studies provide evidence that the region of association with CFPWV that we have identified on 14q32.2 lies in the vicinity of one or more gene enhancers. The region encompasses various regulatory features, including several DNase-I hypersensitive sites and transcription factor binding sites and high levels of nuclear matrix attachment.^{9;11;12} Chromatin modifications in the region, including high levels of acetylation of histone 3 at lysine 27 (H3K27) and monomethylation at lysine 4 (H3K4) assessed in a lymphoblastoid

cell line, are consistent with enhancer function (<http://genome.ucsc.edu>).²⁸ Despite considerable genomic separation from the enhancer cluster (~1 MB telomeric), *BCL11B* is thought to be a target of one or more of the enhancers in this locus.^{9;11;12} *BCL11B* is located on the minus strand, positioning the enhancer cluster in the remote 3' region of the gene. The closest known gene in the opposite direction, *VRK1*, is ~1.1 MB centromeric to the enhancer cluster and is on the plus strand, again positioning the enhancer in the remote 3' region of *VRK1*, suggesting that one or both genes could potentially be targets of a remote 3' enhancer in this region.

In support of *BCL11B* as a target, numerous translocations have been described that insert fragments of 5q35 at various positions in a breakpoint cluster region that falls between the enhancer region and 3' *BCL11B*. These translocations interpose the homeobox genes *TLX3* or *NKX2-5* between the enhancer region and 3' *BCL11B* and result in ectopic activation of the inserted homeobox gene, dysregulated T-cell proliferation and acute T-cell lymphoblastic leukemia.^{9;11;12} T-cell regulatory signals directed at *BCL11B* may interact with the enhancer to drive ectopic activation of the interposed homeobox gene, leading to cell-specific malignant transformation. Su et al. used translocation data to map enhancer function to a 58 kB segment of the genome that corresponds to the telomeric shoulder of our locus of significant association with CFPWV.¹² Relative proximity of the enhancer to *BCL11B*, the important role that *BCL11B* plays in T-cell development and the T-cell specificity of malignant transformations involving translocations into the region support the hypothesis that *BCL11B* is a target of this enhancer.

BCL11B codes for chicken ovalbumin upstream promoter transcription factor (COUP-TF) interacting protein 2 (CTIP2), which is a cofactor in the COUP-TF family of transcription factors²⁹ and a direct transcriptional repressor.³⁰ There are several potential mechanisms for an effect of *BCL11B* on aortic stiffness. COUP-TFII (*NR2F2*) modulates the angiotensin-1 and vascular endothelial growth factor pathways and plays a critical role in the development of the heart and great vessels.³¹ In addition, *BCL11B* is a C₂H₂ zinc finger protein that can directly bind DNA in a sequence specific manner. Acting in part through an interaction with *SIRT1*, *BCL11B* can effect transcriptional repression of various genes that may be relevant to aortic stiffness.³²⁻³⁵ In addition to direct effects of *BCL11B* on aortic function, there are potential indirect effects mediated through the known role that *BCL11B* plays in T-cell function. T-cell specific deletion of *BCL11B* at the CD4⁺ single positive stage is associated with increased numbers of proinflammatory T-cells that could potentially infiltrate the aorta and promote inflammation, fibrosis and stiffening.^{36;37} Additional work will be required to establish the potential role that genetic variation in the chromosome 14 locus may play in *BCL11B* expression and aortic function.

We demonstrated that two overlapping ESTs that fall completely within the region of highly significant association with CFPWV are expressed in aortic tissue and cell lines. These primate-specific, potentially regulatory ncRNAs are expressed in cDNA extracts from full thickness human aortic rings and various human cell lines, including aortic smooth muscle cells, HUVECs and cardiac fibroblasts. One of the highly associated SNPs in the region (rs710285) is located in an exon of DB129663, suggesting a possible functional effect. The enhancer core region mapped by Su et al. corresponds to the putative promoter region of DB129663. Thus, enhancer function at our chromosome 14 locus may target DB129663, which appears to be a ncRNA of unknown function. Additional work will be required to test this hypothesis and further define the function of DB129663 and other ncRNAs in the region.

Several additional SNPs with suggestive associations to CFPWV ($10^{-8} < P < 10^{-5}$) may merit further consideration and additional replication genotyping. The locus on chromosome

10 with the second lowest P-value in our GWAS meta-analysis lies in the vicinity of a putative protein coding gene that may represent a novel member of the low density lipoprotein receptor-related protein (LRP) family.³⁸ We found moderate evidence for association at the *LRP4* locus, which is also associated with stroke³⁹ and bone mineral density.^{40;41} The *LRP4* locus includes a nonsynonymous SNP (rs6485702) that has been related to bone mineral density,⁴⁰ although a separate report involving several of our cohorts positioned the region of highest association with bone mineral density in the promoter region of *ARHGAP1*.⁴¹ Bone density and arterial stiffness are related phenotypes⁴² that may share many common pathways. The recently observed inhibitory role that *LRP4* plays in Wnt signaling in bone⁴³ coupled with the adverse effects of Wnt signaling in the aorta⁴⁴ suggests that a mutation that impairs the ability of *LRP4* to modulate the Wnt signaling cascade could simultaneously contribute to osteopenia and aortic stiffening. The chromosome 11 locus that encompasses *LRP4* and additional potential candidates, including *ARHGAP1* and *F2*, represents a long LD block that was also associated with stroke in a prior meta-analysis that included several of the cohorts in our study.³⁹ The direction of effect in the prior study (higher risk for the minor allele) and ours (stiffer aorta with the minor allele) was consistent with the known association between increased CFPWV and increased risk for stroke. In addition, a prior family-based linkage analysis for myocardial infarction found a single significant linkage peak in the vicinity of our chromosome 14 locus.⁴⁵ These regions of overlap with prior results involving separate but related phenotypes support the clinical relevance of our associations and suggest that several genetic variants that impact CFPWV may eventually manifest as age-related morbidity and major cardiovascular events.

We also attempted to replicate a previously reported association of CFPWV with a SNP in the *COL4A1* locus in the only published GWAS that has evaluated CFPWV.¹⁰ The present results found modest evidence of association with some heterogeneity of effect, suggesting that additional work will be required to determine whether variation in LD patterns or other factors could potentially account for heterogeneous effects at this locus.

There are limitations of our study that should be considered. The cohorts comprised exclusively white participants of European descent. Thus, our findings may not generalize to other populations. Slightly different methods were used to assess CFPWV in the various cohorts. However, our use of standardized residuals generated within each cohort should have minimized the effects of these technical differences between studies. A major strength of our study is the use of data from 11 large community-based cohorts that routinely ascertained CFPWV, which should enhance generalizability of our findings.

In conclusion, we performed the first large scale GWAS of CFPWV, which is a moderately heritable measure of aortic stiffness and important risk factor for cardiovascular events. We identified a highly significant locus of association at 14q32.2 in the *VRK1-BCL11B* gene desert in an LD block that harbors one or more gene enhancers. We have also shown that genetic variation at this locus is associated with increased risk for major CVD events, providing strong support for the hypothesis that increased CFPWV contributes to the pathogenesis of CVD. We have shown that 2 potentially regulatory ncRNAs as well as flanking genes, *BCL11B* and *VRK1*, are expressed in human aorta. Further work will be required to define precise mechanisms mediating the association between CFPWV and genetic variation in the *VRK1-BCL11B* gene desert. Elucidation of pathways affected by this locus will provide new insights into the process of aortic stiffening in humans and could yield potential targets for specific interventions that reverse or attenuate aortic stiffening and prevent the associated morbidity and mortality.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

Funding

The Age, Gene/Environment Susceptibility Reykjavik Study is funded by the National Institutes of Health, the National Institute on Aging Intramural Research Program, Hjartavernd (the Icelandic Heart Association), and the Althingi (the Icelandic Parliament). The Baltimore Longitudinal Study of Aging (BLSA) is supported in part by the Intramural Research Program of the NIH, National Institute on Aging. The ERF study was supported by grants from the Netherlands Organization for Scientific Research, Erasmus Medical Center and the Centre for Medical Systems Biology (CMSB) and the Netherlands Kidney Foundation. The Framingham Heart Study was partially supported by the National Heart, Lung, and Blood Institute's Framingham Heart Study and its contract with Affymetrix, Inc for genotyping services. Additional support was provided by the National Heart, Lung, and Blood Institute, the National Institutes on Aging, and a grant from the Donald W. Reynolds Foundation. The Amish studies are supported by grants and contracts from the NIH National Institute on Aging, National Heart, Lung, and Blood Institute, National Center for Research Resources, and the National Institute of Diabetes, Digestive, and Kidney Disease. The Dynamics of Health, Aging and Body Composition (Health ABC) Study was supported by contracts from the National Institutes on Aging. The Rotterdam Study is supported by the Erasmus Medical Center and Erasmus University Rotterdam; the Netherlands Organization for Scientific Research; the Netherlands Organization for Health Research and Development (ZonMw); the Research Institute for Diseases in the Elderly (RIDE); the Netherlands Heart Foundation; the Ministry of Education, Culture and Science; the Ministry of Health Welfare and Sports; the European Commission; and the Municipality of Rotterdam. Support for genotyping was provided by the Netherlands Organization for Scientific Research and Research Institute for Diseases in the Elderly. This study was supported by the Netherlands Genomics Initiative/Netherlands Organization for Scientific Research. The SardiNIA team is supported by contracts from the National Institute on Aging and, in part, by the Intramural Research Program of the NIH, National Institute on Aging and by research grants from the National Human Genome Research Institute and the National Heart, Lung, and Blood Institute. The Anglo-Cardiff Study was supported by grants and fellowships from the British Heart Foundation, the Cambridge BioMedical Research Centre Award, and the Addenbrooke's Charitable Trust. The Asklepios Study is supported by a Fonds voor Wetenschappelijk Onderzoek-Vlaanderen FWO research grant. A full list of funding sources appears in the online-only Data Supplement Note.

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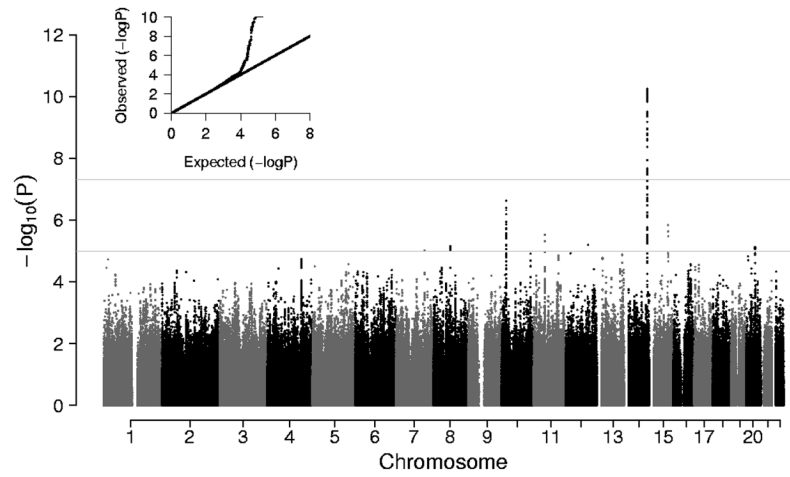


Figure 1.

Q-Q and signal intensity (Manhattan) plots of genome-wide association data for CFPWV. The upper horizontal line corresponds to $P = 5.0 \times 10^{-8}$, which was the threshold for genome-wide significance, whereas the lower line corresponds to $P = 1.0 \times 10^{-5}$, which was the threshold used to prepare Table 2.

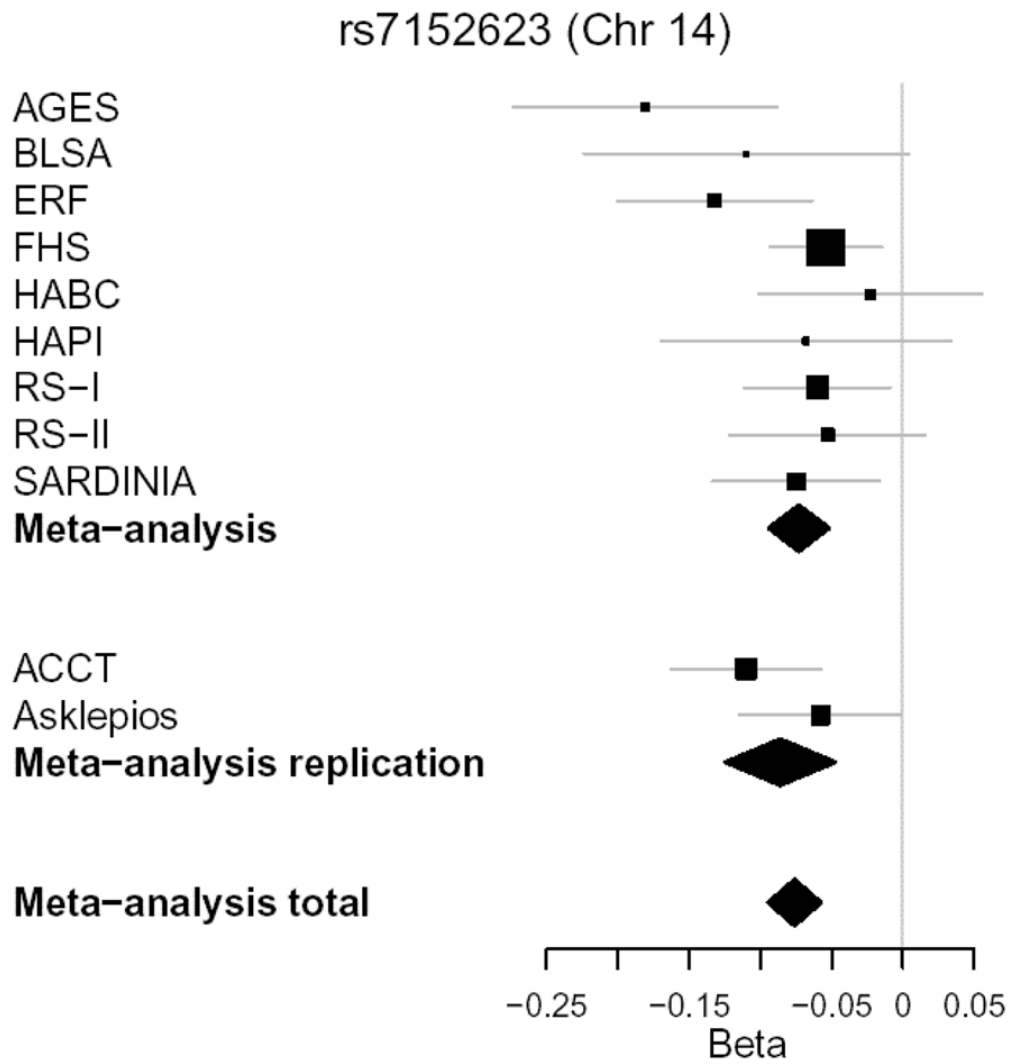


Figure 2. Forest plot of association results for rs7152623 on chromosome 14. Results for individual cohorts are plotted against the cohort effect size (beta coefficient). The size of the box is proportional to the study's weight in the meta-analysis (inversely proportional to estimated variance of the effect-size estimator). Horizontal lines are the 95% confidence intervals. Diamonds represent the results of meta-analyses; the center denotes overall estimate and the width denotes 95% confidence interval.

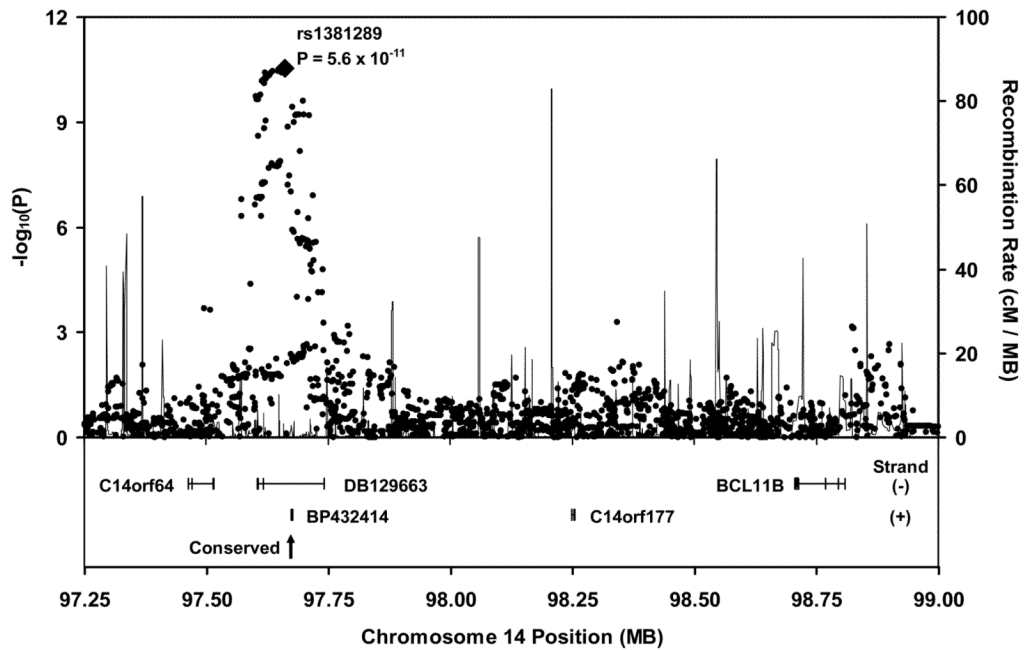


Figure 3.

Regional association plot and surrounding genomic neighborhood for the locus on chromosome 14. P-values are based on the meta-analysis of 9 cohorts. The SNP with the lowest overall P-value in the meta-analysis (rs1381289) is highlighted. The LD block of highest associations spans from approximately 97.6 to 97.7 MB, corresponding to the length of DB129663. A conserved sequence (arrow) spanning approximately 550 bases lies in an intron common to DB129663 and BP432414.

Table 1

Clinical characteristics of study participants.

Cohort	N	Percent women	Age (yrs)	Percent <55 yrs of age	Height (cm)	Weight (kg)	CFPWV (m/s)	Inverse CFPWV (ms/m)	Years of CFPWV assessment	Years of DNA collection
AGES	967	58	75±5	0	168±9	75±14	13.1±4.3	83±24	2005	2002–2006
BLSA	618	49	62±18	34	170±10	75±16	7.2±2.5	154±49	1989–2008	1995–2006
ERF	1970	57	48±14	55	167±9	75±15	9.5±2.1	110±21	2002–2005	2002–2005
FHS	6033	54	49±15	68	169±10	77±17	8.5±3.5	131±35	1999–2001* 1998–2001†	1996–1999* 1996–1999†
HABC	1354	49	74±3	0	166±9	74±14	8.8±3.7	131±47	2002–2005‡	2002–2005‡
HAPI	808	46	46±15	67	167±9	74±13	5.5±1.4	193±42	1997–1998	1997–1998
RS-I	3011	57	72±7	0	167±9	74±12	13.6±3.0	77±17	2003–2008	2000–2008
RS-II	1657	54	64±8	0	169±9	77±13	12.6±3.2	84±18	1997–1999	1990–1993
SARDINIA	4216	56	43±17	78	160±9	65±13	6.7±2.1	163±44	2000–2001	2000–2001
Replication Cohorts										
ACCT	2932	52	34±19	77	171±10	72±14	6.7±2.2	161±40	2001–2009	2001–2009
Asklepios	2374	52	46±6	93	169±9	74±14	6.6±1.5	157±29	2002–2004	2002–2004

Mean values ± SD except as noted;

* Original cohort;

† Offspring cohort;

‡ Third Generation cohort;

AGES, Age, Gene/Environment Susceptibility-Reykjavik Study; BLSA, Baltimore Longitudinal Study of Aging; ERF, Erasmus Rucphen Family Study; FHS, Framingham Heart Study; HABC, Health, Aging and Body Composition; HAPI, Heredity and Phenotype Intervention; RS, Rotterdam Study; ACCT, Anglo Cardiff Collaborative Trial.

Table 2

Genome wide association results for CFPWV in 9 cohorts.

SNP	Chromosome		Allele		Meta-analysis*			Closest Gene
	Number	Position	Coded	Freq	Beta	SE	P	
rs1381289 [†]	14	97,662,117	T	0.436	-0.073	0.011	5.6 x 10 ⁻¹¹	<i>C14orf64</i>
rs987514	14	97,698,696	T	0.436	-0.069	0.011	4.5 x 10 ⁻¹⁰	<i>C14orf64</i>
rs10782490	14	97,619,136	C	0.471	-0.066	0.011	2.7 x 10 ⁻⁹	<i>C14orf64</i>
rs22225442	14	97,692,347	C	0.323	-0.071	0.012	1.2 x 10 ⁻⁸	<i>C14orf64</i>
rs17773233	14	97,652,412	T	0.225	-0.074	0.013	2.1 x 10 ⁻⁸	<i>C14orf64</i>
rs1461587	14	97,673,604	G	0.256	-0.070	0.013	1.5 x 10 ⁻⁷	<i>C14orf64</i>
rs1381273	14	97,718,813	T	0.469	-0.059	0.011	1.9 x 10 ⁻⁷	<i>C14orf64</i>
rs10764094	10	19,950,544	C	0.473	0.057	0.011	2.4 x 10 ⁻⁷	<i>C10orf112</i>
rs8015529	14	97,571,972	G	0.359	-0.066	0.013	2.5 x 10 ⁻⁷	<i>C14orf64</i>
rs4778983	15	80,290,133	C	0.301	0.057	0.012	1.5 x 10 ⁻⁶	<i>EFTUD1</i>
rs7161307	14	97,677,436	T	0.215	-0.065	0.013	1.7 x 10 ⁻⁶	<i>C14orf64</i>
rs6485690	11	46,755,207	A	0.308	-0.056	0.012	3.0 x 10 ⁻⁶	<i>CKAP5[‡]</i>
rs10740923	10	19,907,637	G	0.464	-0.052	0.011	3.9 x 10 ⁻⁶	<i>C10orf112</i>
rs7959220	12	95,117,079	G	0.027	0.266	0.059	6.3 x 10 ⁻⁶	<i>ELK3</i>
rs6472483	8	70,791,920	T	0.452	-0.050	0.011	7.1 x 10 ⁻⁶	<i>SLCO5A1</i>
rs6101837	20	38,155,981	C	0.416	-0.050	0.011	7.5 x 10 ⁻⁶	<i>MAFB</i>
rs10827649	10	19,949,776	G	0.436	-0.049	0.011	8.6 x 10 ⁻⁶	<i>C10orf112</i>
rs6947805	7	121,844,471	T	0.050	0.117	0.026	9.5 x 10 ⁻⁶	<i>CADPS2</i>

* Individual analyses were adjusted for age, age², sex, height and weight.

[†] R² = 0.93 for rs1381289 and rs7152623.

[‡] LD block includes *ARHGAP1*, *ZNF408*, *F2*, *CKAP5* and *LRP4*.